# SKIN CANCER PREVENTION

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#### Summer weather!

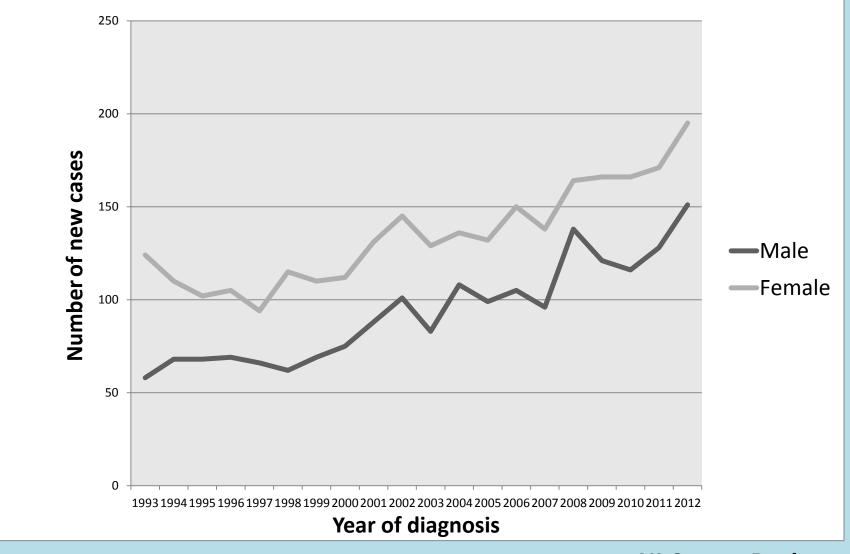


#### Belfast, June 2012



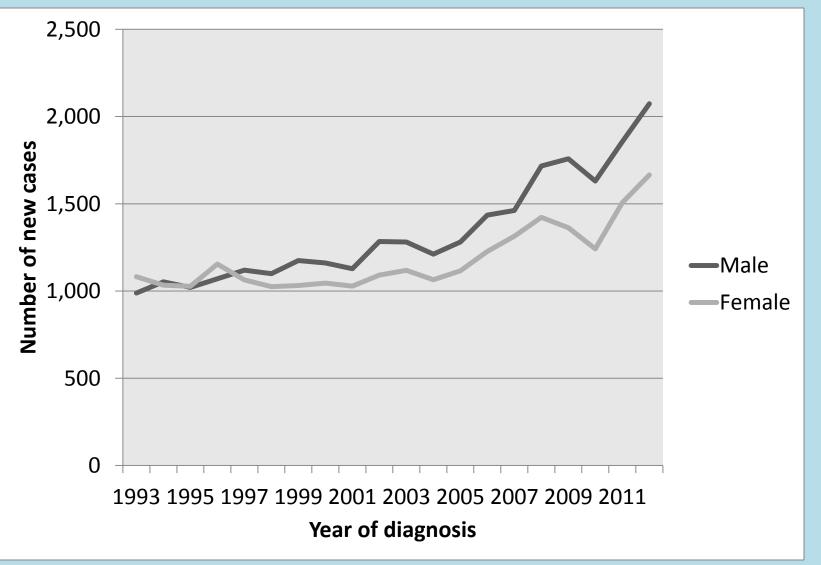
#### Belfast, June 2013

### Malignant melanoma



#### **NI Cancer Registry data**

### Non melanoma skin cancer



**NI Cancer Registry data** 

# Skin cancer prevention strategy



#### SKIN CANCER PREVENTION STRATEGY AND ACTION PLAN 2011-2021

**JULY 2011** 

# **Strategy Aim**

Overall long-term aim is to reduce the incidence of skin cancer and deaths from it among people in Northern Ireland

# **Strategy Targets**

#### By 2016

- • ↑ by 10% the proportion of men who take protective measures in the sun
- 1 by 5% the proportion of population who check their skin regularly for signs of skin cancer
- ↓ by 30% the proportion of 16-25 year olds using sunbeds

# **Strategy Objectives**

- Raise public awareness regarding the dangers of overexposure to UV radiation
- Reduce overall use of artificial tanning devices.
- Increase individual and organisation-wide practice of sun safety behaviours
- Increase awareness about the early signs of skin cancer and the need for prompt attention.
- Encourage earlier detection and treatment of malignant melanomas
- Promote further research into knowledge, attitudes and behaviour and the epidemiology of skin cancer

# Priority groups

- children and young adults
- people who spend a significant amount of time outdoors





# Raising public awareness



Sun safe school sports day

- Co-ordinated media activity calendar
- Website: <u>www.careinthesun.org</u>
- Information talks & stands
- Conference

# Influencing attitudes & behaviours

- Schools
- Outdoor workers
- Sports organisations
- Leisure, tourism industries
- Outdoor events



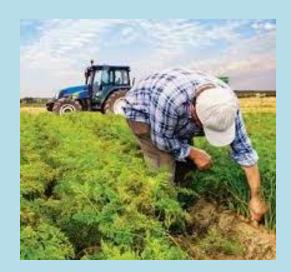


# **Outdoor workers**

- Key priority group for 2014/15
- Stakeholder engagement event
- Working group to develop policy template & information resources

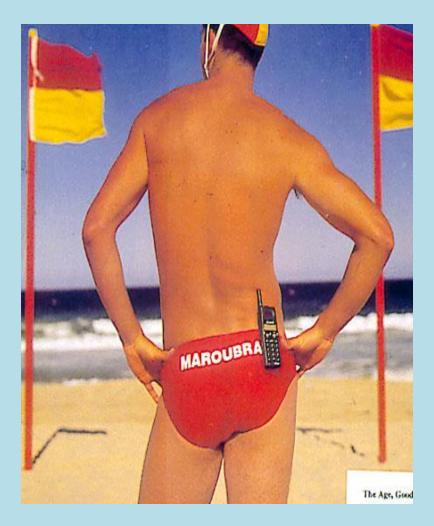








### **Behaviour change**





### Sun safety – striking a balance



# Education for professional groups

- Scoping exercise
- GP dermoscopy
- Training sessions for
  - Community Pharmacy staff
  - School Nurse Teams
  - Sure Start staff
  - Health Visitors
- Workshop & teaching resource for Beauty Therapy Tutors

#### Research

Local attitudes & behaviours:

#### - HEALTH SURVEY NORTHERN IRELAND

- YOUNG PERSONS BEHAVIOUR & ATTITUDE SURVEY



# Making it happen

