## **National Clinical Guideline Centre**

**Final** 

# Fractures (complex): assessment and management

Complex fractures: assessment and management of complex fractures

NICE Guideline NG37

Appendices G - H

February 2016

**Final** 

Commissioned by the National Institute for Health and Care Excellence











Complex fractures: Appendices G - H

#### Disclaimer

Healthcare professionals are expected to take NICE clinical guidelines fully into account when exercising their clinical judgement. However, the guidance does not override the responsibility of healthcare professionals to make decisions appropriate to the circumstances of each patient, in consultation with the patient and/or their guardian or carer.

#### Copyright

National Clinical Guideline Centre, 2016

#### **Funding**

National Institute for Health and Care Excellence

## **Contents**

Appendices	5
Appendix G: Clinical evidence tables	6
Appendix H: GRADE tables	131
References	157

## **Appendices**

## **Appendix G: Clinical evidence tables**

### **G.1** Open fractures

#### G.1.1 Limb salvage

**Table 1:** Kumar 2007<sup>36</sup>

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
Kumar et al. Salvage versus	Retrospectiv e and	25 lower limbs in	All 'patients of either sex and	Mangled extremity	Actual clinical decision to	MESS (all patients)		None reported	Included primary amputation but
amputation:	prospective	retrospective	any age, who	severity	amputate.	TP	10		not unreconstructable
utility of mangled	prognostic accuracy	study and 36 lower limbs in	had presented in emergency'.	scale(MESS), with threshold	Amputation decision:	FN	1		cases. Amputation
extremity	studies	prospective	Inclusion	set at a score	'salvage	FP	1		decision appears to
severity score		study.	criteria:	of 7. MESS <u>&gt;</u> 7	protocol was	TN	49		be based on
in severely injured lower limbs. Indian J			Mangled lower limb; Gustilo	taken as indicator of amputation	abandoned if the general condition of the	Sensitivity	0.91(0.59 -0.99)		reasons other than the MESS score (though no blinding
Orthop 2007; 41: 183-187			type IIA femur and tibial fractures with	and <7 as indicator of	patient deteriorated or	Specificity	0.98(0.89 -0.99)		was reported) and to be one that is
			hospital stay >4 days, severe muscle damage,	salvage.	once the severe infection of injured limb was	MESS (prospective patients)			indicative that amputation would have been the
			associated		observed or renal failure set	TP	5		correct decision. However it is
			nerve injury and major blood		in making	FN	1		unclear if this was
			loss or bone		amputation	FP	1		used in the
			injury;		inevitable'.	TN	29		retrospective arm
			associated with a fibular		However it is unclear if this	Sensitivity	0.83(0.36 -0.97)		of the study, so only prospective

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
			fracture and displacement of		was used in the retrospective	Specificity	0.97(0.83 -0.99)		results have been used in the review.
			>50% and comminuted and segmental fracture; Gustilo		arm of the study.	MESS (retrospecti ve patients)	·		
			type IIB or C			TP	5		
			femur and tibial			FN	0		
			fractures; Gustilo Type III			FP	0		
			open pilon			TN	20		
			fractures; vascular injuries			Sensitivity	1.0(0.48- 1.0)		
			of lower limb except foot.			Specificity	1.0(0.83- 100)		
			Exclusion criteria: Injured limbs were near- amputation with only a thin bridge of skin remaining and therefore not reconstructible; unreconstructa ble feet; traumatic limb avulsions; isolated foot/digit injuries;						

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
			patients dying <1 week from admission. Mean age 34.5 years						

Table 2: Sheehan 2014<sup>58</sup>

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
Sheehan et al. Evaluation of	Retrospective	155	Inclusion criteria: People with	Mangled extremity	Actual clinical decision to	MESS (all patients)		None reported	No distinction made between
the mangled extremity			combat-related	severity scale(MESS),	amputate. Amputation	TP	14		primary and secondary
severity score			type III open tibia fractures treated	with threshold	decision: it was	FN	26		amputation.
in combat-			definitively in a	set at a score of	unclear on	FP	14		Basis of
related type III			US military	7. MESS >7 taken	what basis the	TN	101		amputation
open tibia fracture. J Orthop			hospital.	as indicator of amputation and <7 as indicator of	decision was made. However it may	Sensitivity	0.35 (0.21- 0.52)		decision unclear.  Appears to be based on reasons
Trauma 2014; 0:1-4			Exclusion criteria:	salvage.	not have been made in	Specificity	0.88(0.80- 0.93)		other than the MESS score
			None reported	The MESS scores were generated	response to a MESS score, as				(though no blinding was
			Median age 23 (range 19-34);	post-hoc from the data, using	the pre- calculated				reported).
			mostly blast injuries	the Gustilo-	MESS score was not				
			injunes	Anderson open fracture	amongst the				
				classification,	clinical data				
				age, systolic bp,	collected.				
				injured extremity					

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
				vascular status and extremity soft tissue injury.					

Table 3: Fagelman 2002<sup>18</sup>

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
Fagelman et al. Mangled extremity severity score in children. J	Retrospective cohort	36 injured limbs in unclear number of children	Inclusion criteria: All children from two	Mangled extremity severity scale(MESS),	Actual clinical decision to amputate. Amputation decision:	MESS (all patients) TP FN	5	None reported	Included primary amputations. Poor reporting of results, with 2x2 table data having
Paediatric Orthop 2002;		(possibly 34).	paediatric trauma centres presenting with	with unreported threshold.	Amputation decision: it was	FP TN	0 26		to be extracted from the text,
22: 182-184			open lower extremity long		unclear on what basis the decision was	Sensitivity	0.50(0.19- 0.81)		and the author's rating of accuracy being incorrect.
			bone fractures between 1885 and 1995;		made. However it may not have	Specificity	1.0(0.87-1.0)		No threshold for MESS given.
			grade IIIB or IIIC open fractures or traumatic		been made in response to a MESS score, as				Amputation decision appears to be based on
			amputations		the pre- calculated MESS score was not				reasons other than the MESS score (though no
			Exclusion criteria:		amongst the clinical data				blinding was reported).

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
			Amputations below the ankle  All skeletally immature.  Main mechanisms of injury were pedestrian versus MVA, motorcycle versus MVA, machinery, and trains. Mean age was 9.5 years.		collected. The researchers admitted that MESS scores could not be excluded as a reason for amputation. The authors also reported that 'no attempt was made to salvage limbs that could possibly have survived. Finally the authors stated that the study omitted 'additional procedures or late amputations performed at outside institutions or in adulthood'.				However possibility that the amputations could have been avoided and that some reportedly salvaged limbs may have gone on to need later, but unrecorded, amputations. Overall, the data is prone to serious bias.

Table 4: Bonanni 1993<sup>3</sup>

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
Bonanni et al.	Retrospective	58	Inclusion	Mangled	Actual clinical	MESS		None	Only secondary

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
The futility of	cohort study.	included.	criteria:	extremity	decision to			reported	amputations
predictive	conort study.	iliciaaca.	Patients in a	severity	amputate.	TP	4	Теропси	included.
scoring of			level I trauma	scale(MESS),	Amputation	FN	14		Amputation
mangled lower			centre treated	mangled	decision:	FP	19		decision appears
extremities. The Journal of			for mangled	extremity syndrome index	•		index probably ast		to be based on
Trauma 1993; 34: 99-104			limbs, defined as one of the	(MESI), predictive	made in	Sensitivity	0.22(0.06- 0.48)		reasons other than the
34: 99-104			Severe injury to salvage ind three of the following – integument, bone, nerve and vessel; salvage index(LSI).	salvage index	response to the actual scores as the scores were	Specificity	0.53(0.36- 0.68)		predictive scores (though no blinding was
				, ,	calculated	MESI			reported) and to
				index(LSI). No	retrospectively	TP	1		be one that is
				thresholds given	from the	FN	17		indicative that amputation would have been the correct
				for any of these.	patient data.	FP	4		
			severe injury of two of four			TN	36		
			organ systems where the area			Sensitivity	0.06(0.01- 0.27)		decision.
			of lost muscle and skin is > the largest			Specificity	0.90(0.76- 0.97)		
			circumference			PSI			
			of the extremity			TP	6		
			and required			FN	12		
			free muscle			FP	12		
			transfer; severe injury of two of four organ systems that require surgical intervention; severe injury of two of four			TN	28		
						Sensitivity	0.33(0.13- 0.59)		
						Specificity	0.70(0.53- 0.83)		
						LSI			

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
			organ systems			TP	11		
			when bone loss is >5cm and			FN	7		
			periosteal			FP	23		
			stripping has			TN	17		
			occurred.			Sensitivity	0.61(0.36- 0.83)		
			Exclusion criteria:			Specificity	0.43(0.27- 0.59)		
			Primary amputations –						
			where						
			amputation was						
			never considered as						
			an option;						
			traumatic amputations;						
			isolated foot or						
			digit injury; all						
			dying <1 week from admission.						
			Mean age						
			32(15); ISS 16; mostly MVAs						
			mostly with 3						

Table 5: Slauterbeck 1994<sup>59</sup>

Table 5: Slaut	terbeck 1994 <sup>ss</sup>								
Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
Slauterbeck et		37	Inclusion	Mangled	Actual clinical	MESS	Lifect Sizes	None	Unclear if
al. Mangled	Retrospective study	patients	criteria:	extremity	decision to		0	reported	secondary or
Extremity	study	with 43	Patients	severity	amputate.	TP	9	reported	primary;
Severity Score:		open	sustaining open	scale(MESS),	Amputation	FN	0		Amputation
an accurate		fractures	humerus,	with threshold	decision: this	FP	0		decision appears
guide to treatment of			radius or ulna	set at a score of 7. MESS >7	was 'based on the surgeon's	TN	34		to be based on reasons other
the severely injured upper			fractures, as well as any other mangles	taken as indicator of	clinical judgement. The	Sensitivity	1.0 (0.66- 1.0)		than the MESS score and to be
extremity. Journal of			upper extremity injuries	amputation and <7 as indicator	MESS was not applied to these	Specificity	1.0 (0.909- 1.0)		one that is indicative that
Orthopaedic Trauma; 1994; 8:282-285			proximal to the hand where limb viability was in question.  Exclusion criteria:  None reported Age not given; no other details on population	of salvage.  This was slightly adjusted to accommodate limbs without ischaemia- a score of zero was added for no limb ischaemia rather than the standard lowest score of 1 for this.  MESS was calculated retrospectively for each injury without knowledge of	patients during the course of their treatment.				amputation would have been the correct decision.

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
				the treatment outcome.					

Table 6: Durham 1996<sup>15</sup>

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
Durham et al.	Retrospective	23 UL and	Inclusion	Threshold	Actual clinical	MESS - UL		None	Primary
Outcome and	study	51 LL	criteria:	Mangled	decision to	TP	3	reported	amputations not
utility of			Patients with	extremity	amputate.	FN	0		included in
scoring systems in the			severe UL and LL injuries;	severity scale(MESS),	Amputation decision:	FP	1		accuracy data.
management			significant	with threshold	'amputations	TN	8		Not explicitly
of the mangled extremity. Am			injury to at least 3 of the 4	set at a score of 7. MESS >7 taken	were necessary because of soft	Sensitivity	1.0(0.30- 1.0)		stated that amputation

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
J Surg 1996; 172:569-574			major tissue groups.	as indicator of amputation and	tissue injury and poor arterial	Specificity	0.89(0.52- 0.98)		decision was not based on the
				<7 as indicator of salvage. Note	outflow.' For UL injuries. For LL	MESI - UL			prediction score. However the
			Exclusion criteria:	this is different	injuries	TP	2		reasons for
			Not reported	to normal	secondary	FN	1		amputation
			,	threshold.	amputations were for sepsis,	FP	0		appear to be purely clinically
				Mangled	arterial	TN	9		based and
			All had Gustilo type IIIB or IIIC	extremity Syndrome Index	thrombosis, insensate limb,	Sensitivity	0.67(0.12- 0.95)		indicate that amputation was
			fractures, a severe	(MESI) (>20 amputation)	and nerve transection and	Specificity	1.0(0.66- 1.0)		probably the correct decision.
			degloving injury, or a		contusion.	MESS - LL			
			injury, or a fracture in association with	Predictive		TP	5		
				Salvage index (PSI) (>8		FN	1		
			a major nerve injury. 57 males	amputation)		FP	5		
			and 12 females;			TN	19		
			mean age 35(14) years.	Limb Salvage Index (LPI) (>6		Sensitivity	0.83(0.36 – 0.97)		
			Most injuries were after MVA or motorcycle	amputation)		Specificity	0.79(0.58- 0.93)		
			collisions; mean			MESI - LL			
			ISS 17(11).			TP	3		
			Mean follow-up was 54 (36) months			FN	3		
						FP	0		
						TN	24		
						Sensitivity	0.50(0.12- 0.88)		

Outcomes	Effect sizes	funding	Comments
Specificity	0.89(0.52- 0.98)		decision was not based on the
MESI - UL			prediction score. However the
TP	2		reasons for
FN	1		amputation
FP	0		appear to be
TN	9		purely clinically based and
Sensitivity	0.67(0.12- 0.95)		indicate that amputation was
Specificity	1.0(0.66- 1.0)		probably the correct decision.
MESS - LL			
TP	5		
FN	1		
FP	5		
TN	19		
Sensitivity	0.83(0.36 – 0.97)		
Specificity	0.79(0.58- 0.93)		
MESI - LL			
TP	3		
FN	3		

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
						Specificity	1.0(0.86- 1.0)		
						PSI - LL			
						TP	3		
						FN	3		
						FP	1		
						TN	23		
						Sensitivity	0.50(0.12- 0.88)		
						Specificity	0.96(0.79- 0.99)		
						LSI - LL			
						TP	5		
						FN	1		
						FP	4		
						TN	20		
						Sensitivity	0.83(0.36- 0.97)		
						Specificity	0.83(0.58- 0.93)		

Table 7: El Sharawy 2005<sup>16</sup>

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
El Sharawary et al. Arterial reconstruction	Prospective study	62	Inclusion criteria: Non iatrogenic	Mangled extremity severity	Actual clinical decision to amputate.	MESS (both UL and LLs)		None reported	Primary amputations not included in
after mangled			upper and	scale(MESS),	Amputation	TP	4		accuracy data.

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
extremity:			lower arterial	with threshold	decision: severe	FN	0		
injury severity scoring			injuries admitted to a	set at a score of 7. MESS >7 taken	secondary haemorrhage, or	FP	42		Not explicitly
systems are			vascular unit in	as indicator of	massive limb	TN	16		stated that amputation
not predictive of limb			Egypt.	amputation and <7 as indicator of	injuries complicated by	Sensitivity	1.0(0.40- 1.0)		decision was not based on the
salvage. Vascular 2005;			Exclusion criteria:	salvage.	sepsis	Specificity	0.28(0.17- 0.41)		prediction score. However the
13: 114-119			Primary amputations; non-mangled	MESI (threshold was 20)		MESI (both UL and LLs)			reasons for amputation appear to be
			extremity; death within			TP	4		purely clinically based and
			one week of			FN	0		indicate that
			admission			FP	38		amputation was
						TN	20		probably the correct decision.
			Mean age 29(12.5);			Sensitivity	1.0(0.40- 1.0)		
			mostly RTAs			Specificity	0.34(0.23- 0.48)		

Table 8: Johansen 1990 and Helfet 1990<sup>25,32</sup>

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
Johansen et al. Objective	Prospective study (There	26	Inclusion criteria:	Mangled extremity	Actual clinical decision to	MESS (all patients)		None reported	Unclear if primary or
criteria accurately	was also a retrospective		Not reported	severity scale(MESS),	amputate. Amputation	TP FN	12 0		secondary amputations;
predict amputation	study, but that was		Exclusion criteria:	with threshold set at a score of	decision: Not reported	FP	0		Very poorly reported. Unclear
following	effectively the		Citteria.	7. MESS <a>7 taken</a>		TN	14		if amputation

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
lower extremity	development al study. The		Not reported	as indicator of amputation and		Sensitivity	1.0(0.73- 1.0)		decision based on reasons other
trauma. The Journal of Trauma 1990; 30: 568-573	prospective arm is the validation study)		No population details given.	<7 as indicator of salvage.		Specificity	1.0(0.77- 1.0)		than the MESS score
SAME RESULTS IN:									
Helfet et al. Limb salvage									
versus amputation.									
Clinical orthopaedics and related research 1990;									
256: 80-86									

Table 9: Kjorstad 2007<sup>56</sup>

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
Kjorstad et al. Application of	Retrospective study	60 extremitie	Inclusion criteria:	Mangled extremity	Actual clinical decision to	MESS (all patients)		None reported	Amputation decision appears
the mangled		s in 49	All patients	severity	amputate.	TP	6		to be based on
extremity severity score		patients	with extremity injuries	scale(MESS), with threshold	Amputation decision: based	FN	2		reasons other than the MESS
in a combat			injuries	set at a score of	on 'the	FP	1		score (though no
setting.			Exclusion	7. MESS <u>&gt;</u> 7 taken	experience of the	TN	49		blinding was
Military				as indicator of	military surgeon	Sensitivity	0.75(0.59-		reported) and to

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
medicine			criteria:	amputation and	(based on extent		0.99)		be one that is
2007; 172: 777-781			Deceased patients	<7 as indicator of salvage.	of injury, time from evacuation from the battlefield to treatment, and estimated evacuation time and distance to a higher level of care) and not the MESS'	Specificity	0.98(0.89- 1.0)		indicative that amputation would have been the correct decision.

Table 10: Robertson 1991<sup>55</sup>

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
Robertson et al. Prediction of amputation after severe lower limb	Retrospective study	164 lower extremitie s in 152 patients	Inclusion criteria: All patients with severe lower extremity	Mangled extremity severity scale(MESS), with threshold	Actual clinical decision to amputate. Amputation decision: for	MESS (secondary amputation only)	16	None reported	Amputation decision appears to be based on reasons other than the MESS
trauma. The Journal of Bone and Joint			injuries; required either	set at a score of 7. MESS >7 taken as indicator of	secondary amputation based on necrosis	FP FP	49		score (though no blinding was reported) and to
Surgery 1991;			vascular reconstruction,	amputation and	or ischaemia in	TN	43		be one that is
73-B: 816-818			soft tissue reconstruction by plastic	<7 as indicator of salvage.	first month and infection and uselessness of limb after two	Sensitivity	0.24(0. 15- 0.37)		indicative that amputation would have been the correct
			surgeons, or had had major open fractures		months. For those with	Specificity	1.0(0.9 2-1.0)		decision.
			combined with		primary	MESS (primary and			

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
			other serious injuries;		amputation, decision to	secondary amputation)			
					amputate based	TP	41		
			Exclusion		on 'severity of the trauma'.	FN	54		
			criteria: Deceased		the tradina.	FP	0		
			patients			TN	43		
						Sensitivity	0.43(0. 33- 0.54)		
						Specificity	1.0(0.9 2-1.0)		

Table 11: Stewart 2012<sup>62</sup>

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
Stewart et al.	Retrospective	24 children	Inclusion	Mangled	Actual clinical	MESS		Academic	Includes primary
Application of lower	study	patients	criteria:	extremity severity	decision to amputate.	TP	2	funding	amputations – no secondary
extremity			All patients with lower limb	scale(MESS),	Amputation	FN	1		amputations
injury severity			trauma;	with threshold	decision: not	FP	3		were performed.
scores in			traumatic	set at a score of	clearly reported	TN	18		Very poorly
children. J Child Orthop 2012; 6: 427- 431			amputations of the LL; Gustilo IIIB and C compound	7. MESS ≥7 taken as indicator of amputation and <7 as indicator of		Sensitivity	0.66(0. 12- 0.95)		reported. Unclear if amputation decision based on reasons other
.51			fractures; Gustilo IIIA compound	salvage.		Specificity	0.86(0. 64- 0.97)		than the MESS score
			tibial fractures	Salvage index		LSI			
			with >2	(PSI) (>8		TP	2		

Effect

sizes

**Outcomes** 

Specificity

0.81(0.

Source of

Comments

funding

Reference

No. of

patients

Study type

Patient

characteristics

	procedures,	amputation)	FN	1	
	severe bone loss, major		FP	4	
	nerve injury;	Limb Salvage	TN	17	
	dysvascular injuries; major soft tissue	Index (LPI) (>6 amputation) Nerve injury,	Sensitivity	0.66(0. 12- 0.95)	
	injuries; severe foot injuries	ischaemia, soft tissue injury, skeletal injury,	Specificity	0.81(0. 58- 0.94)	
	Exclusion	shock, age	PSI		
	criteria: Age>16 years or	system (NISSSA)	TP	3	
	had fused	(≥11 amputation)	FN	0	
	growth plates;	Hanover fracture	FP	2	
	impaired GCS; SCI;	scale (HF-98)	TN	19	
	developmental delay	( <u>&gt;</u> 11 amputation)	Sensitivity	1.0(0.3 0-1.0)	
	2 female and 22 male patients;		Specificity	0.90(0. 70- 0.99)	
	mean age 8.72		NISSSA		
	years		TP	2	
			FN	1	
			FP	4	
			TN	17	
			Sensitivity	0.66(0. 12- 0.95)	

Reference test

Risk tool(s)

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
							58- 0.94)		
						HFS-98			
						TP	3		
						FN	0		
						FP	5		
						TN	16		
						Sensitivity	1.0(0.3 0-1.0)		
						Specificity	0.76(0. 53- 0.92)		

Table 12: Mommsen 2010<sup>44</sup>

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
Mommsen et	Retrospective	44 children	Inclusion	Mangled	Actual clinical	MESS (UL)		None	Includes primary
al. Traumatic	study		criteria:	extremity	decision to	TP	0	reported	and secondary
extremity arterial injury			Traumatic	severity scale(MESS),	amputate. Amputation	FN	0		amputation. Very poorly reported.
in children:			extremity arterial injuries	with threshold	decision: not	FP	0		Unclear if
epidemiology,			admitted to a	set at a score of	clearly reported	TN	17		amputation
diagnostics,			level 1 trauma	7. MESS <u>&gt;</u> 7 taken		Sensitivity	-		decision based
treatment and prognostic value of mangled			centre; complete documentation required for	as indicator of amputation and <7 as indicator of salvage.		Specificity	1.0 (0.80- 1.0)		on reasons other than the MESS score
extremity			calculation of			MESS (LL)			
severity score			severity scores			TP	8		
						FN	0		

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
Reference	Study type	patients	Exclusion criteria: Age>14 years; venous and iatrogenic vascular lesions  Mean age 9 (3.2) years;	Risk tool(s)	Reference test	Outcomes  FP  TN  Sensitivity  Specificity	sizes 4 15 1.0(0.6 3-1.0) 0.79(0. 54- 0.94)	funding	Comments
			79.6% male; average follow-up 1.7 years; mostly penetrating injuries, blunt extremity trauma and multiple trauma; LL injuries 61.4%.						

**Table 13:** Brown 2009<sup>5</sup>

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
Brown et al. Predicting the need for early amputation in ballistic mangled extremity injuries. J	Retrospective study	77 patients with 85 limb injuries	Inclusion criteria: Military patients with an abbreviated injury score >1 for lower limb injury;	Mangled extremity severity scale(MESS), with threshold set at a score of 7. MESS ≥7 taken as indicator of	Actual clinical decision to amputate. Amputation decision: not reported	MESS (secondary only) TP FN FP	4 3 9 54	None reported	Primary and secondary amputations included. Very poorly reported. Unclear if amputation decision based

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
Trauma 2009; 66: S93-S98			Exclusion criteria:	amputation and <7 as indicator of salvage.		Sensitivity	0.57(0. 19- 0.90)		on reasons other than the MESS score
			Non-body injuries; non-ballistic injuries;	MESS was calculated		Specificity	0.86(0. 75- 0.93)		
			closed injuries; traumatic amputation	retrospectively for each injury from database		MESS (primary and secondary)			
			Median age 25(18-42); 53%			TP	19		
			blast injuries			FN	3		
			and 47%			FP	9		
			penetrating			TN	54		
			fragment injuries; Median ISS 10(4-59)			Sensitivity	0.86(0. 65- 0.97)		
			, ,			Specificity	0.86(0. 75- 0.93)		

Table 14: Behdad 2012<sup>1</sup>

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect s	izes	Source of funding	Comments
Behdada et al. Evaluation of mangled	Retrospective study	extremitie s in 49	Inclusion criteria: All children	Mangled extremity severity	Actual clinical decision to amputate.	M Threshold(am putate if <u>&gt;</u> )	ESS Sensit ivity	Spec	None reported	No raw data available. Only secondary
extremity severity score (MESS) as a		patients	with lower extremity long	scale(MESS). No threshold set, so ROC	Amputation decision: based on the	2	1	0 0.133		amputations included. Amputation

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect s	izes	Source of funding	Comments
predictor of			bone fractures;	analysis done.	paediatric	5.5	0.867	0.333		decision
lower limb amputation in			children consecutively		surgeon's clinical	6.5	0.733	0.533		appears to be based on
children with			admitted to the		judgement.	7.5	0.533	0.666		reasons other than the MESS score (though
trauma. Eur J			unit; grade I,IIB		, 0	8.5	0.267	0.867		
Pediatric Surg			and IIIC open			9.5	0.133	0.933		
2012; 22: 465- 469			Exclusion criteria: Traumatic amputation; primary amputation  Mean age 12.3 amputation group and 11.4 salvage group.			11	0	1.0		no blinding was explicitly reported, there is a suggestion of it by reference to the MESS scores being calculated by the research physicians) and to be one that is indicative that amputation would have been the correct decision.

Table 15: McNamara 1994<sup>42</sup>

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect siz	es	Source of funding	Comments
McNamara et	Retrospective	24	Inclusion	Mangled	Actual clinical		MESS		None	Primary and
al. Severe open fractures	study	fractured tibias from	criteria:	extremity severity	decision to amputate.	Threshold (amputate	Sensiti	Spec	reported	secondary amputations

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect siz	zes	Source of funding	Comments
of the lower		14 patients	All patients	scale(MESS),	Amputation	if <u>&gt;</u> )	vity			included. Amputation
extremity: a			with type IIIB	with varying	decision:	4	1.0	0.46		
retrospective evaluation of			and C open tibial fractures	thresholds.	based on surgeon's	5	0.82	0.69	OI	decision based
the mangled			tibiai iractures	NISSA with	decision, who was blinded	6	0.55	0.92		on reasons other than the
extremity			Exclusion	varying		7	0.55	1.0		MESS or NISSA
severity score. Journal of			criteria:	criteria: thresholds from proceeds of the standard processed of the standard processed of the standard processed of the standard processed of the standard processes of the st	thresholds from • • •	from prediction		score (blinding		
Orthopaedic			Deceased		scores. Basis of this decision not		NISSA			of the surgeons from actual
Trauma 1994; 8: 81-87			patients Ages 3-76;	calculated retrospectively		Threshold( amputate if >)	Sensiti vity	Spec		prediction scores was reported).  Unclear, however, if the decision to amputate was
			mostly MVSa	from raw data.		4		0		
						5		0.08		
						6		0.46		
						7	1.0	0.46		
						8	0.91	0.69		one likely to
						9	0.81	0.92		lead to a
				1		10	0.54	0.92		correct
					11	0.36	1.0		decision.	
						11 12	12	0.27		

Table 16: Rajasekaran 2006<sup>51</sup>

rabic zor majac	cital all 2000								
Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
Rajasekeran et al. A score for	Type of study unclear but	109	Inclusion criteria:	Mangled extremity	Actual clinical decision to	MESS (all patients)		None reported	Primary and secondary
predicting	possible		All patients	severity	amputate.	TP	3		amputations
salvage and	prospective		with type IIIA	scale(MESS),	Amputation	FN	4		included.

Reference	Study type	No. of	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of	Comments
outcome in	Study type	patients	and B injuries	with threshold	decision: 'The	FP		funding	Amputation
Gustilo type-			referred to a	set at a score	decision to	TN	1		decision
IIIA and type-			tertiary trauma	of 7. MESS <u>&gt;</u> 7	amputate or		101		appears to be
IIIB open tibial			centre; tibial	taken as	undertake	Sensitivity	0.42(0.10-0.81)		based on
fractures. J			open fractures;	indicator of	salvage was	Specificity	0.99(0.95-1.0)		reasons other
Bone Joint Surg (Br) 2006;			within 24 hours of injury	amputation and <7 as	taken independently	Ganga (all patients)			than the MESS score (though
88-B:1351-60				indicator of salvage.	by a consensus of	TP	7		no blinding was reported) and
			Exclusion criteria:	Jaivage.	the senior	FN	0		to be one that
			Debridement or	Ganga scale.	members of	FP	3		is indicative
			initial	Threshold for	the plastic and	TN	99		that
			procedure at	amputation	orthopaedic teams without	Sensitivity	1.0(0.59-1.0)		amputation
			another	set at >14.	any bias or	Specificity	0.97(0.92-0.99)		would have been the
			hospital;		consideration	Specificity	0.97(0.92-0.99)		correct
			complete traumatic		of any score	ALICNATIC			decision.
			amputations;			AUC MESS	0.998		The paper had
			vascular injury requiring vascular reconstruction;			AUC GANGA	0.988		incorrectly calculated one value.
			severe						The study also
			associated						reported AUC
			injuries to the foot/ankle						to account for accuracy at
			100t/ arrikie						other
									thresholds but
			42 Type IIIA and						the AUC values
			67 type IIIB;						reported
			107 males and						appear far too
			2 females;						high given the sensitivity and
			mean age 34.97						scrisitivity and

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
			years; mostly RTAs and fall from height.						specificity values at the thresholds

Table 17: Doucet 2011<sup>14</sup>

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
Reference  Doucet et al.  Combat versus civilian open tibia fractures: the effect of blast mechanism on limb salvage. The journal of Trauma — Injury, Infection and Critical Care. 2011; 70:1241- 1247	Study type Retrospective study	patients 850 military fractures in 850 people and 115 civilian fractures in 103 people	characteristics Inclusion criteria: Open tibia fractures; abbreviated injury score >1  Exclusion criteria: Civilian: age 35; 5.9% penetrating; ISS 6.8; 77% male; mostly RTA  Military: age 24; 97% penetrating; ISS 15.2; 100% male; mostly explosive injuries	Risk tool(s)  Mangled extremity severity scale(MESS), with threshold set at a score of 7. MESS >7 taken as indicator of amputation and <7 as indicator of salvage.  MESS score calculated retrospectively from data.	Actual clinical decision to amputate. Amputation decision: not reported	Outcomes  MESS (MILITARY  - primary and secondary)  TP  FN  FP  TN  Sensitivity Specificity  MESS (MILITARY  - secondary only)  TP  FN  FP  TN	15 6 8 74 0.71(0.48-0.89) 0.90(0.82-0.96)	funding None reported	Primary and secondary amputations included. Very poorly reported. Unclear if amputation decision based on reasons other than the MESS score
						Sensitivity	0.50(0.16-0.84)		
						Specificity			
						Specificity	0.90(0.82-0.96)		

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
						MESS (CIVILIAN – primary and secondary)		Ü	
						TP	16		
						FN	29		
						FP	42		
						TN	599		
						Sensitivity	0.35(0.22-0.51)		
						Specificity	0.93(0.91-0.95)		
						MESS (CIVILIAN - secondary only)			
						TP	9		
						FN	18		
						FP	42		
						TN	599		
						Sensitivity	0.33(0.17-0.54)		
						Specificity	0.93(0.91-0.95)		

**Table 18:** Dagum 1999<sup>9</sup>

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
Dagum et al. Salvage after severe lower-	Retrospective study	40 severe open fractures	Inclusion criteria:	Mangled extremity severity	Actual clinical decision to amputate.	MESS (secondary amputatio		None reported	Primary and secondary amputations

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
extremity trauma: are the outcomes		in 40 patients	Gustilo type IIIB and IIIC open tibial fractures;	scale(MESS), with threshold set at	Amputation decision: 'standard	ns) TP	2		included. Amputation decision
worth the means? Plast			Requiring soft- tissue coverage	unreported level	indications for amputation in	FN FP	3		appears to be based on
Reconstr Surg 1999; 103: 1212-1220			by either local muscle or free flap, vascular	Mangled	severe open tibial fractures were used;	TN Sensitivity	31 0.40(0.06-0.85)		reasons other than the prediction
1212 1220			repair, or both, by the plastic	extremity Syndrome Index (MESI)	otherwise an attempt at leg	Specificity  MESI	0.89(0.73-0.97)		score (though no blinding
			surgery service; Requiring bone fixation, bone	(threshold set at unreported level)	salvage was undertaken. The absolute	(secondary amputations)			was reported) and to be one that is
			grafting or both	ievei)	indications for	TP	0		indicative
			by orthopaedic surgeons, for	Predictive	a primary amputation	FN	5		that amputation
			leg salvage	Salvage index	were total or	FP	2		would have
				(PSI) (threshold set	near total leg	TN	33		been the
			Exclusion	at unreported	amputation or complete	Sensitivity	0.0(0.0-0.52)		correct decision.
			criteria: Insufficient data	level)	tibial or sciatic	Specificity	0.94(0.81-0.99)		0.00.0.0
			to calculate the amputation risk tools	Limb Salvage Index (LPI) (threshold set at unreported	nerve transection. Relative indications were 2 or	PSI (secondary amputations)			
			Mean follow-up	level)	more of the	TP	3		
			7-147 months;	,	following:	FN	2		
			mean age	All were	concurrent	FP	2		
			37(15) years; ISS 13(6.6); mostly	calculated	severe ipsilateral foot	TN	33		
			MVAs	retrospectivel y from the	injury, large	Sensitivity	0.6(0.15-0.94)		
				patient data.	intercalary	Specificity	0.94(0.81-0.99)		
					soft tissue or	LSI			

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
					bone loss, warm ischaemia	(secondary amputatio ns)			
					time>6 hours	TP	3		
					and severe concurrent	FN	2		
					multiple	FP	6		
					injuries.	TN	29		
						Sensitivity	0.6(0.15-0.94)		
						Specificity	0.83(0.66-0.93)		

Table 19: Madhuchandra 2015<sup>40</sup>

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
Madhunchand ra et al. Predictability of salvage and outcome of Gustilo and Anderson type-IIIA and type IIIB open tibial fractures using Ganga Hospital Scoring system. Injury, Int J Care Injured 2015; 46: 282-287	Prospective study	40 patients included from an original 44, 3 of which were lost to follow up and one transferre d to another hopsitla.	Inclusion criteria: >17 years old; open fractures of the tibia irrespective of fracture site; presenting within 24 hours of injury; Class IIA or IIIB.  Exclusion criteria: Class IIIC injuries, complete traumatic	Ganga Open Injury Severity Score (threshold 14). Scored by consultant doing original debridement.	Actual clinical decision to amputate. Amputation decision: persistent infection and non-union of the fracture	Ganga (threshold for amputatio n >14) TP FN FP TN Sensitivity Specificity	1 0 0 39 1.0(0.17-1.0) 1.0(0.91-1.0)	None reported	The decision to amputate in the single patient appears to be valid as an attempt at salvage had been made after consensus of senior surgeons despite a Ganga score above the threshold — thus bias

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
			amputations; initial debridement at another hospital.  38 females and 2 males; 11 type IIIA and 29 type IIIB. RTA in 36 patients, industrial in 3 and farmyard in 1.						resulting from the Ganga score influencing the decision to amputate seems unlikely.  Data in paper described in text and the diagnostic accuracy results do not tally. Data in text has been used to derive accuracy data.

**Table 20:** Krettek 2001<sup>35</sup>

0	Effect disc	Source of	C
Outcomes	Effect sizes	tunding	Comments
HFS '98		None	Retrospective
(primary		reported	study used to
and			determine
secondary)			HFS '98
TP	14		threshold
FN	2		through ROC
1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	(primary and secondary)	HFS '98 (primary and secondary) TP 14	Outcomes Effect sizes funding  HFS '98 (primary and secondary)  TP 14

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
perspectives of	Study type	patients	admitted between 1994 and 1996  Prospective: all open long bone fractures of the UL and LL admitted	unreported level  Hannover Fracture Scale '98 (HFS '98) — threshold set at >11 Hannover	was not influenced by the HFS '98 score as no information about the value of this score was available at	FP	1		analysis. However discrete results based on a threshold are given for all 4 tools in retrospective analysis. Prospective analysis aimed to measure sensitivity and specificity of each tool at optimal threshold. Only prospective
an established extremity						TN	69		
						Sensitivity	0.82(0.57-0.96)		
salvage score. Injury. Int J						Specificity	0.99(0.92-1.0)		
Care Injured 2001; 32: 317-328						HFS (primary and secondary)	0.53(0.52 1.0)		
			between 1996	Fracture Scale	that time of the study.'	TP	15		
			and 1997  Exclusion criteria:	(HFS) with	However this only applied to HFS '98 in the retrospective review and does not apply to any of the tests in the prospective review.	FN	2	analysis aimed to measure sensitivi and specifici each too optimal threshol Only prospec results a given in review.	
				threshold set at unreported		FP	3		
				Nerve injury, ischaemia, soft tissue injury, skeletal injury, shock, age system (NISSSA) with		TN	67		
						Sensitivity	0.88(0.64-0.98)		
						Specificity	0.96(0.88-0.99)		
						MESS(prim ary and secondary)			
						TP	14		
						FN	3		results are
				threshold set at unreported		FP	1		given in this
				level	that patients	TN	69		Both primary
					were involved in the clinical	Sensitivity	0.82(0.57-0.96)		· ·
				Scoring performed in the OR after debridement by surgeon in	decision making process, which indicates that the risk tool	Specificity	0.99(0.92-1.0)		secondary
						NISSSA(pri mary and secondary)			amputations included. Unclear if the risk tool
						TP	12		

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
				both retrospective	was probably not a major influence on the decision.	FN	5		accuracies
						FP	1		were confounded
				and prospective		TN	69		by the risk
				arms. As the		Sensitivity	0.71 (0.44-0.90)		tool scores.
				surgeon may also have been involved in the later decision to amputate this implies that knowledge of the scores could have affected the decision.		Specificity	0.99(0.92-1.0)		

**Table 21:** Bosse 2001<sup>4</sup>

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
Bosse et al. A prospective	Prospective study	556 extremitie	Inclusion criteria:	Mangled extremity	Actual clinical decision to	HFS '97 (secondary)		None reported	Included both primary and
evaluation of the clinical		s in 539 patients	High energy	severity scale(MESS) –	amputate. Amputation	TP	6		secondary amputations
utility of the		patients	tradina or the	threshold set	decision: all	FN	49		(within 6
lower			extremity,	at <u>≥</u> 7	decisions	FP	5		months after
extremity			defined as		were meant to	TN	252		injury but
injury-severity scores. The			injuries leading	predictive	be made by the attending	Sensitivity	0.11(0.04-0.22)		after some other
Journal of			to traumatic amputation	salvage index (PSI) –	surgeons. At	Specificity	0.98(0.96-0.99)		treatment
Bone and Joint Surgery 2001;			below the distal aspect of the	threshold set	no point, however,	PSI (secondary)			associated with

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
83A: 3-14			femur or as	at ≥8  Limb salvage index(LSI) –	were criteria for amputation described.	TP	20		attempted salvage).
			injuries associated with			FN	35		
			some risk of			FP	42		Unclear if amputations were clinically unavoidable but unlikely decisions were affected by the index scores.
			amputation,	threshold set		TN	215		
			including	at <u>&gt;</u> 6	It was stated	Sensitivity	0.36(0.24-0.50)		
			Gustilo type IIIB and C tibial		that: 'The overall scores	Specificity	0.84(0.79-0.88)		
			fractures, selected type A	Hannover Fracture Scale	for each	MESS (secondary)			
			fractures,	'97 (HFS '97) – threshold set	extremity	TP	12		
			dysvascular limbs, major	at <u>≥</u> 9	injury severity scoring system were not tabulated in	FN	43		
			soft tissue			FP	19		
			injuries to the	Nerve injury,		TN	238		
			tibia; severe injuries to the	ischaemia, soft tissue injury,	the study data	Sensitivity	0.22(0.12-0.35)		
			distal tibia or	skeletal injury,	books, nor were	Specificity	0.93(0.89-0.95)		
			foot.	shock, age system	individual patient scores	NISSSA (secondary)			
			Exclusion criteria: <16 years old; >69 years old;	(NISSSA) – threshold set	ever revealed	TP	7		
				at 11	to the surgeon.'	FN	48		
					surgeon.	FP	4		
			psychiatric	All were		TN	253		
			injury; 3 <sup>rd</sup> degree burns to injured limb > 1 hand breadth; prior limb	graded at the time of at the initial surgical procedure and then again at final closure or secondary		Sensitivity	0.13(0.05-0.24)		
						Specificity	0.98(0.96-0.99)		
						LSI (secondary)			
						TP	16		
						FN	39		

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
		non-	amputation.	utation.	FP	7			
			ambulatory		TN 250  Sensitivity 0.29(0.18-0.43)  Specificity 0.97(0.94-0.99)  HFS '97 (primary and secondary)	TN	250		
			before the injury; primary			Sensitivity	0.29(0.18-0.43)		
			treatment			Specificity	0.97(0.94-0.99)		
		received to admis a partici	received prior to admission to a participating trauma centre;						
			no English or Spanish; unable			TP 37			
			to attend	able	FI	FN	63		
		follow-ups			FP	5			
			because lived too far away.			TN	252		
	1001	too iai away.	too lal away.		Sensitivity	0.37(0.38-0.47)			
						Specificity	0.98(0.96-0.99)		
		Age 16-69; 77% male; 64% MVA-related; mean ISS 11.			PSI(primary and secondary)				
			mean ISS 11.		TP	47			
					FN	53			
					FP	42			
					TN	215			
						Sensitivity	0.47(0.37-0.57)		
					Specificity	0.84(0.79-0.88)			
					MESS(prima ry and secondary)				
						TP	45		

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
	1.11					FN	55		
						FP	19		
						TN	238		
						Sensitivity	0.45(0.35-0.55)		
						Specificity	0.93(0.89-0.95)		
						NISSSA(prim ary and secondary)			
						TP	33		
						FN	67		
						FP	4		
						TN	253		
						Sensitivity	0.33(0.24- 0.434)		
						Specificity	0.98(0.96-0.99)		
						LSI(primary and secondary)			
						TP	51		
						FN	49		
						FP	7		
						TN	250		
						Sensitivity	0.51(0.41-0.61)		
						Specificity	0.97(0.94-0.99)		

Complex fractures: Appendices G - H
Clinical evidence tables

Table 22: Ramasamy 2013A<sup>52</sup>

Reference	Study type	No. of patients	Patient characteristics	Risk tool(s)	Reference test	Outcomes	Effect sizes	Source of funding	Comments
Ramamsamy et al. FASS is a better predictor of poor outcome in lower limb blast injury than AIA: implications for blast research. J Orthop trauma 2012; 0:1-7	Retrospective	63 people (89 limbs)	Inclusion criteria: Lower leg injury from a military vehicle explosion, leading to either amputation or salvage  Exclusion criteria: Blast amputations	Foot and ankle severity score (FASS)  Abbreviated injury score (AIS)  No thresholds pre-specified so AUC approach was used in analysis.	Actual clinical decision to amputate. Amputation decision: not reported	AUC for FASS (primary and secondary amputations)  AUC for AIS (primary and secondary	0.891(0.807- 0.947)  FSS threshold of ≥5 found to give optimum balance of sensitivity and specificity  0.783 (0.683 to 0.863)	None reported	Primary and secondary amputations included. Unclear if decisions influenced by the scoring systems, and also unclear if amputation was truly clinically indicated.
			Mean age 26 (5.75) years			amputations)	AIS threshold of 3 found to give optimum balance of sensitivity and specificity		

# **G.1.2** Antibiotics

Table 23: Enninghorst 2011<sup>17</sup>

Table 25. Liminghol 3. 2011				
Study	Enninghorst 2011 <sup>17</sup>			
Study type	Prospective Cohort			
Number of studies (number of participants)	(n=89 blunt trauma patients with open tibial shaft fractures)			
Countries and setting	Conducted at the John Hunter Hospital (University of Newcastle affiliated Level 1 trauma center) in New South Wales,			

	Australia
Line of therapy	First-line First-line
Duration of study	12-month follow-up
Method of assessment of guideline condition	Orthopedic Trauma Association coding for the fractures
Stratum	
Subgroup analysis within study	Not applicable. Controlled for by multivariate analysis.
Inclusion criteria	Consecutive adult (>18 years) blunt trauma patients with open tibia shaft fractures (Orthopedic Trauma Association code 42A, B and C)
Exclusion criteria	None described
Recruitment/selection of patients	Between 1 <sup>st</sup> January 2007 and 29 <sup>th</sup> December 2009.
Age, gender and ethnicity	For the deep infected group and those that did not have a deep infection respectively: Age – 43.9 (SD 16.3) and 40.9 (SD18.2) years. Gender (M: F) 11:4 and 55:19 .Ethnicity: Not reported. Age and Gender were not given by debridement timing groups.
Indirectness of population	No indirectness
Interventions	A specific protocol was not listed. The papers describes that all patients had an initial washout in the emergency department and antibiotic cover and tetanus prophylaxis. The type of antibiotics and dosing was not described. Patients received their antibiotics at a mean of 1.2 hours (SD 0.3).
	Timing of antibiotics (time point taken from): Not described.
	Type of antibiotics used: Not described  Duration of antibiotic use: Not described.
	Duration of antibiotic use. Not described.
	No intervention timings reported. In the methods section of the paper it describes that the timing to antibiotics was prospectively recorded.
Funding	None described
RESULTS (NUMBERS ANALYSED) AND RISK OF B	IAS FOR COMPARISON: Groups not described.

Complex fractures: Appendices G - H
Clinical evidence tables

Covariates in the MVA unclear. It is described in the papers that 18 variables examined in this paper were taken into account in the MVA. Variables listed in the univariate logistic regression table: Sex, age, smoking status, ISS, NISS, Trauma team activation, high energy mechanism, contamination (non, mild, heavy), Time from injury to operating room, time from admission to operating room, grade of fracture, initial stabilisation (none, or internal fixation), in hours (8-8) or not, attending surgeon in the operating room, ICU admission and number of procedures. The time to antibiotic treatment and type of fracture were later listed as confounding factors that they had been adjusted for in the MVA.

Protocol outcome 1: Deep surgical site infection. (n=89)

- Actual outcome: Number of patients with a deep infection; 15 patients (17%) got a deep infection, 4 of which required a late amputation. The paper states that "all patients got their antibiotic prophylaxis in a timely fashion (1.2 hours +/- 0.3 hours) without statistical difference between infected and non-infected cases. No data was given in the univariate logistic regression analysis table. No data was given for the multivariate analysis for the deep infection outcome but the paper describes there to have been 'no identifiable predictors for infection'.

Risk of bias: High; Indirectness of outcome: No indirectness.

Protocol outcomes not reported by the study	Mortality up to 12 months, Health related quality of life, Return to normal activities, Re-operation (unplanned),			
	Amputation, Functional outcomes and length of stay.			

#### Narrative text and additional information:

The mechanism of injury was primarily road and traffic injuries (n=55, motor vehicle and motor bike crashes and pedestrians struck by vehicles). Thirty-three (37%) patients had multiple injuries. The grade of injuries were grade 1 (n=21), grade 2 (n=27), grade 3a (n=18), grade 3b (n=21) and grade 3c (n=1). The initial fixation of the fractures consisted of intramedullary nailing (n=70), external fixation (n=12), closed reduction and application of plaster (n=3) and percutaneous plating (n=4).

Table 24: Weber 2014<sup>67</sup>

Study	Weber 2014 <sup>67</sup>
Study type	Prospective Cohort
Number of studies (number of participants)	1 (n=686 patients with 737 fractures)
Countries and setting	Conducted in Canada
Line of therapy	First-line First-line
Duration of study	Followed up >90 days after the original injury.

Method of assessment of guideline condition	Observation of injury
Stratum	-
Subgroup analysis within study	Not applicable. Controlled for by multivariate analysis.
Inclusion criteria	Skeletal maturity, long bone open fractures, requiring initial surgical debridement.
Exclusion criteria	Pathologic fractures, penetrating injury, unsalvageable limb injuries, other medical conditions precluding surgical management.
Recruitment/selection of patients	Patients at 3 level 1 trauma centres in Canada
Age, gender and ethnicity	Median (IQR) age: 39.6 (26.5-52.8); 72% male; Ethnicity: Not reported
Indirectness of population	No indirectness
Interventions	Established principles of open fracture management used, including initial surgical debridement and fracture fixation with copious irrigation (3 L or more) and debridement of soft tissues and contaminated bone. Surgical fixation was at the surgeon's discretion. This was repeated at intervals of 48 hours until tissues were clean, all non-viable tissue had been removed, and delayed wound closure could occur. Timing of debridement or timing of prophylactic antibiotics was at the discretion of the surgeon, and the effects of timing of antibiotics was evaluated using a multivariable regression adjusting for timing of surgery, transfusion, fracture location, and Gustilo grade. Age and gender were not included in the model.
Funding	None described

## RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON:

Protocol outcome 1: Deep surgical site infection. (n=89)

- Actual outcome: Time to antibiotics: OR 1.0 (95% CI: 0.95-1.05) per increased hour of time to surgery after adjustment for: time to surgery, transfusion, fracture location, and Gustilo grade; Risk of bias: High; Indirectness of outcome: No indirectness.

·	Nortality up to 12 months, Health related quality of life, Return to normal activities, Re-operation (unplanned), mputation, Functional outcomes and length of stay.
---	--

Table 25: Hull 2014<sup>29</sup>

Study	Hull 2014 <sup>29</sup>
Study type	Retrospective Cohort
Number of studies (number of participants)	1 (n=364 patients with 459 open fractures)
Countries and setting	Conducted in Canada
Line of therapy	First-line
Duration of study	Followed up up to one year after the original injury, or uncomplicated healing.
Method of assessment of guideline condition	Observation of injury
Stratum	
Subgroup analysis within study	Not applicable. Controlled for by multivariate analysis.
Inclusion criteria	Open fractures.
Exclusion criteria	Hand injuries
Recruitment/selection of patients	Consecutive patients presenting with an open fracture between 2003 and 2007.
Age, gender and ethnicity	Age range 16-85. Mean age similar between those with non-infected and infected fractures (40.1 vs 39.7); 70% male in non-infected and 84.7% male in infected; ethnicity not reported.
Indirectness of population	No indirectness
Interventions	Intravenous antibiotics administered on presentation and continued until the wound is covered definitively, or for at least 24 hours post-operatively in patients with a Gustillo-Anderson G1 fracture. Patients not allergic to penicillin received cefuroxime, and patients with a higher grade fracture received gentamycin and metronidazole/penicillin. Patients allergic to penicillin were given clindamycin or vancomycin rather than cefuroxime. Debridement was undertaken urgently based on the availability of an operating theater. Delays of > 6 hours were often encountered due to the lack of availability and/or the physiological instability of the patient. The timing of wound closure and the method of fixation were left to the discretion of the surgeon.
Funding	Internal academic funding; no commercial funding

# RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON:

Protocol outcome 1: Deep surgical site infection

- Actual outcome: Time of antibiotic administration: non-significant effect per increased hour delay after adjustment for gross contamination, existence of tibial fracture,

time to debridement and grade of fracture (low versus high). Age, gender, mechanism of penetration, ASA class, and ISS score had a non-significant association with the outcome.; Risk of bias: Very high; Indirectness of outcome: No indirectness.

Protocol outcomes not reported by the study	Mortality up to 12 months, Health related quality of life, Return to normal activities, Re-operation (unplanned),
	Amputation, Functional outcomes and length of stay.

Table 26: Lack 2015<sup>38</sup>

Study	Lack 2015 <sup>38</sup>
Study type	Retrospective Cohort
Number of studies (number of participants)	1 (n=137 patients)
Countries and setting	Conducted in USA
Line of therapy	First-line
Duration of study	Followed up up to 90 days after the original injury.
Method of assessment of guideline condition	Observation of injury
Stratum	
Subgroup analysis within study	Not applicable. Controlled for by multivariate analysis.
Inclusion criteria	Open fractures with Gustillo Anderson Grade III.
Exclusion criteria	Missing data; non-reconstructible limbs
Recruitment/selection of patients	Consecutive patients presenting with an open fracture in 2013.
Age, gender and ethnicity	Mean age similar between those with non-infected and infected fractures (40 vs 40.5); gender and ethnicity not reported.
Indirectness of population	No indirectness
Interventions	Definitive fracture fixation and wound management followed basic standard principles. Diaphyseal fractures were treated with intramedullary fixation. Those with intra-articular extension or at the very distal or proximal metaphysis were usually treated with plate and screw fixation. Those with intra-articular extension or at the very distal or proximal metaphysis were usually treated with plate and screw fixation. The standard regimen for antibiotic prophylaxis was Cefazolin (128/137). Other antibiotics used were clindamycin or vancomycin. Temporizing external fixation was used

	when necessary and definitive fixation was performed as soon as the patient and wound were amenable. Wounds were closed when possible and those not able to be closed were treated with negative pressure dressings pending definitive wound coverage.
Funding	Internal academic funding; no commercial funding
14.11), compared to ≤66 minutes to antibiot	AS FOR COMPARISON:  on: For patients with >66 minutes to antibiotics the adjusted OR for deep infection was 3.78 (95% Cls: 1.26 to cics. Adjustment was made for for age, Gustillo-Anderson classification, smoking, presence of diabetes, time to deep infection was 3.78 (95% Cls: 1.26 to cics. Adjustment was made for for age, Gustillo-Anderson classification, smoking, presence of diabetes, time to deep infection was 3.78 (95% Cls: 1.26 to cics. Adjustment was made for for age, Gustillo-Anderson classification, smoking, presence of diabetes, time to deep infection was 3.78 (95% Cls: 1.26 to cics. Adjustment was made for for age, Gustillo-Anderson classification, smoking, presence of diabetes, time to deep infection was 3.78 (95% Cls: 1.26 to cics. Adjustment was made for for age, Gustillo-Anderson classification, smoking, presence of diabetes, time to deep infection was 3.78 (95% Cls: 1.26 to cics. Adjustment was made for for age, Gustillo-Anderson classification, smoking, presence of diabetes, time to deep infections.

Amputation, Functional outcomes and length of stay.

Mortality up to 12 months, Health related quality of life, Return to normal activities, Re-operation (unplanned),

# **G.1.3** Arterial shunts

Table 27: Desai 2012<sup>13</sup>

Protocol outcomes not reported by the study

Study	Desai 2012 <sup>13</sup>
Study type	Retrospective cohort study
Number of studies (number of participants)	1 (n=26)
Countries and setting	Conducted in USA; Setting: Level I trauma centre in USA
Line of therapy	First-line
Duration of study	Not clear: certainly extended to length of stay, up to 1 month or more
Method of assessment of guideline condition	Adequate method of assessment/diagnosis

Stratum	Overall
Subgroup analysis within study	Not applicable
Inclusion criteria	patients at a level I trauma centre with combined lower extremity traumatic injuries requiring both orthopaedic and vascular surgical repair
Exclusion criteria	Traumatic amputations (immediate); death within 24 hours of arrival; did not undergo a revascularisation procedure; insufficient medical records
Recruitment/selection of patients	Retrospective review of patient data
Age, gender and ethnicity	Age - Median (range): 33 (6-80). Gender (M:F): Not reported. Ethnicity: Not reported
Further population details	
Extra comments	Mechanism of injury MVC (n=3), motorcycle collision (n=7), crush (n=3), pedestrian struck by vehicle (n=7), gunshot (n=7), bike struck by vehicle (n=1). Mean GCS score 13.8, mean ISS 15.4, mean MESS 5.6.
Indirectness of population	No indirectness
Interventions	(n=5) Intervention 1: Repair - Shunt, definitive skeletal stabilisation, definitive vascular repair. Temporary shunt to address the vascular injury before definitive vascular repair or orthopaedic stabilisation. Duration Not reported. Concurrent medication/care: Very poorly reported  (n=17) Intervention 2: Repair - definitive vascular repair, definitive skeletal stabilisation. Definitive vascular procedure as initial surgical intervention, followed by orthopaedic intervention. Duration Not reported. Concurrent medication/care: Very poorly reported
Funding	No funding

RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON: SHUNT, DEFINITIVE SKELETAL STABILISATION, DEFINITIVE VASCULAR REPAIR versus DEFINITIVE VASCULAR REPAIR, DEFINITIVE SKELETAL STABILISATION

Protocol outcome 1: Mortality at Define

- Actual outcome: mortality; Group 1: 0/5, Group 2: 1/17; Risk of bias: Very high; Indirectness of outcome: No indirectness

Protocol outcome 2: Amputation at Define

- Actual outcome: Amputation ; Group 1: 1/5, Group 2: 5/17; Risk of bias: Very high; Indirectness of outcome: No indirectness

Protocol outcome 3: Compartment decompression at Define

- Actual outcome: compartment syndrome; Group 1: 0/5, Group 2: 2/17; Risk of bias: Very high; Indirectness of outcome: No indirectness

Protocol outcome 4: Unplanned re-operation at Define

- Actual outcome: vascular reoperation; Group 1: 1/5, Group 2: 7/17; Risk of bias: Very high; Indirectness of outcome: No indirectness

Protocol outcomes not reported by the study Quality of life; Hospitalisation; Deep infection; Length of stay

### **G.1.4** MDT

# **Table 28: Naique 2006**<sup>45</sup>

Study	Naique 2006 <sup>45</sup>
Study type	Retrospective cohort study
Number of studies (number of participants)	1 (n=72)
Countries and setting	Conducted in United Kingdom; Setting: UK teaching hospital
Line of therapy	First-line
Duration of study	Follow up (post intervention): 14 months mean follow up
Method of assessment of guideline condition	Adequate method of assessment/diagnosis: Gustilo and Anderson classification
Inclusion criteria	Grade IIIB tibial open fractures
Exclusion criteria	Non-grade IIIB; open #s of tibial plateau and ankle
Recruitment/selection of patients	All eligible patients consecutively
Age, gender and ethnicity	Age - Mean (range): 42 (19 to 94). Gender (M:F): 60:12. Ethnicity: Not reported
Further population details	<ol> <li>Age: 18-65 years.</li> <li>Gustillo Anderson grade: IIIB and worse.</li> <li>Isolated injury: Not applicable / Not stated / Unclear.</li> <li>Wound contamination: Not applicable / Not stated / Unclear.</li> </ol>

Extra comments	Grade IIIB tibial open fractures only; cause of injury: RTA (70%), falls from heights (20%), sports (5%), industrial crush injuries (4%) and gunshot injuries (1%).
Indirectness of population	No indirectness
Interventions	(n=25) COMBINED: Combined orthoplastic and plastic teams physically present at initial procedure - Combined in physical realm. Dose/quantity, brand name, extra details. Duration not applicable. Concurrent medication/care: None reported Further details: 1. Grade of surgeon:  (n=47) non-combined: Orthopaedic surgeon only involved at initial procedure - Not combined. Initial orthopaedic treatment at another centre before transfer for definitive combined orthopaedic and plastic surgical management. Duration NA. Concurrent medication/care: None reported Further details: 1. Grade of surgeon: Not applicable / Not stated / Unclear
Funding	No funding

RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON: COMBINED IN PHYSICAL REALM versus NOT COMBINED

Protocol outcome 1: Patient outcomes - return to normal activities at Define

- Actual outcome: Enneking limb score; Combined: mean 75 points (SD 15.9); n=25, Non-combined: mean 74 points (SD 15.9); n=47

Risk of bias: Very high; Indirectness of outcome: No indirectness

Protocol outcome 2: Amputation at Define

- Actual outcome: Delayed amputations at up to 19 months; Combined: 1/25, Non-combined: 2/47;

Risk of bias: Very high; Indirectness of outcome: No indirectness

Protocol outcome 3: Flap failure at Define

- Actual outcome: Flap failures; Combined: 0/25, Non-combined: 6/47;

Risk of bias: Very high; Indirectness of outcome: No indirectness

Protocol outcome 4: AE - Deep surgical site bone infection at Define

- Actual outcome: Deep infection; Combined: 1/25, Non-combined: 5/47;

Risk of bias: Very high; Indirectness of outcome: No indirectness

Protocol outcomes not reported by the study

Quality of life at Define; Mortality at Define; Time to definitive cover at Define; length of hospital stay at Define; Further unplanned surgery at Define; Unplanned complexity of soft tissue cover at Define

# Optimal timing of debridement **G.1.5**National Clinical Guideline Centre, 2016

Table 29: CHARALAMBOUS2005A<sup>7</sup>

Study	Charalambous 2005A <sup>7</sup>
Study type	Retrospective Cohort
Number of studies (number of participants)	(n=383 open tibial fractures)
Countries and setting	Conducted in the North West of England, 7 hospitals
Line of therapy	First-line
Duration of study	Followed until there was clinical and radiological evidence of complete bony union or to the time of secondary surgical procedure to promote union.
Method of assessment of guideline condition	Identified through the hospitals' information system via a computer search. Two authors reviewed medical records +/-radiographs using a pre-designed form.
Stratum	-
Subgroup analysis within study	Not applicable. Controlled for by multivariate analysis.
Inclusion criteria	Open tibial fractures
Exclusion criteria	Grade 3C injuries (due to vascular injuries needing emergency treatment), patients requiring a limb amputation (as the primary outcome was infection and secondary procedure to promote bony union), isolated medial malleolar fractures
Recruitment/selection of patients	Hospital information system/medical records between January 1992-January 2001
Age, gender and ethnicity	For the early (<6 hours) and the delayed (>6 hours) groups respectively: Age – 31 (range 4-87) and 30 (range 3-88) years. Gender (M: F) 68:32 and 70:30 .Ethnicity: Not reported
Indirectness of population	No indirectness
Interventions	Framework: intention to operate as soon as possible, essential antibiotic prophylaxis. Case management was by the surgeon's discretion. Thorough wound cleaning and debridement for all patients.  Note: there was no pre-defined protocol.  Note: if the injury had been clearly under graded, the grade was adjusted.
	Timing of surgery definition: Time (in hours) from presentation to A&E to initial surgery. Patients were not included if they had been transferred from outside the local area, so it was estimated that patients arrived within 1 hour of their injury. Note: one patient arrived 24 hours after injury and in this case time of injury rather than the presentation to A&E

	was considered.  Intervention 1 (n=184): <6 hours to debridement Intervention 2 (n=199): >6 hours to debridement
Funding	None described

RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON: Early versus delayed debridement (Group 1 <6 hours to debridement, Group 2 >6 hours to debridement)

Deep infection definition used: development of osteomyelitis diagnosed clinically (development of chronic discharging sinus) or radiologically, that required surgical bone debridement. A positive microbiological culture was not considered essential for the diagnosis of superficial or deep infection. Pin site infections were excluded due them being a complication of external fixator devices

Re-operation (unplanned) definition used: secondary surgical procedures (those performed for inadequate radiological and clinical bony union and included bone grafting with or without change in the means of fracture stabilization or fibula osteotomy, or exchange intra-medullary nailing with reaming. Dynamisation of internal or external fixation devices was excluded.

Covariates in the MVA - It is not clear. It is described in the papers that all the variables examined in this paper were taken into account in the MVA. Variables listed in the paper include: Sex, age, mechanism of injury, fracture site, fracture pattern, Gustilo grade, average time to initial antibiotics, length of antibiotic administration, most senior surgeon present at initial surgery, primary surgical procedure and definitive surgical procedure.

Protocol outcome 1: Deep surgical site infection. (n=383)

- Actual outcome: Number of patients with a deep infection; Group 1: n=8/184 Group 2: 8/199; Risk of bias: High; Indirectness of outcome: No indirectness. Note: No MVA was carried out for the deep infection outcome as it was not possible due to the small complication rate in the series. Bivariate analysis: p=1.0, Fisher exact test)

Protocol outcome 2: Re-operation (unplanned) n=383), operated at a median of 180 days (range 41-750 days)

-Actual outcome: Number of patients having secondary procedures; Group 1: n=24/184, Group 2: 20/199; Risk of bias: High; Indirectness of outcome: No indirectness. Bivariate analysis p=0.42, Chi-squared test. MVA p=0.53, no significant difference between the two groups.

Protocol outcomes not reported by the study Mortality up to 12 months, Health related quality of life, Return to normal activities, Amputation, Functional outcomes and length of stay.

#### Narrative text/additional information:

The Gustilo grading for the two groups, were as follows: Grade 1 7.6%, Grade 2 10.3%, Grade 3A 59.3% and Grade 3B 22.8% in the early debridement group and Grade 1 9.5%, Grade 2 9.5%, Grade 3A 69.8% and Grade 3B 11.2% for the delayed debridement group. Out of the patients who had delayed debridement the timings were 128 at 6-12 hours, 52 at 12-18 hours, 9 at 18-24hours and 10 at more than 24 hours. The primary surgical procedures consisted of 120 manipulation and cast immobilisation with or without traction, 116 external fixation, 147 internal fixation (75 reamed nails, 53 unreamed nails, 15 screws +/- plate and 4 K wires). The deep infections were found in patients in the less than 6 hours group (n=8), 6-12 hours (n=7) and 1 at 20 hours and 20 minutes. They were all grade 3 fractures apart from 2, grade 2 fractures. Note: one patient died 2 months after injury and was excluded from the further surgical analysis as it was prior to complete bone healing.

Table 30: Davissears 2012<sup>11</sup>

Study	Davissears 2012 <sup>11</sup>
Study type	Retrospective Cohort
Number of studies (number of participants)	(n=7560 open tibial fractures with no missing data)
Countries and setting	Conducted in the United States of America, 200 hospitals
Line of therapy	First-line
Duration of study	Does not specify follow-up time.
Method of assessment of guideline condition	International Classification of Diseases, Ninth Revision Clinical Modification diagnosis codes for open tibia fractures. Patients were wanted to be admitted near to the time of injury (not transferred), with acute primary injury of an open tibia fracture where immediate amputation was not required.  Note: Codes for operative procedures (arterial repair, vein repair, nerve repair, placement of an external fixator, open reduction and internal fixation and amputation) where debridement had not been coded for were used for timing of debridement as it was thought to be unlikely a patient would undergo a surgical procedure without adequate debridement of the wound. Debridement codes proximal to the knee and distal to the ankle were also included on the assumption that the tibia fracture would also be debrided at the same time. It was due to reimbursement issues that debridement coding may have been missing.
Stratum	-
Subgroup analysis within study	Not applicable. Controlled for by multivariate analysis.
Inclusion criteria	Adults (18 years and older)
Exclusion criteria	Patients having an immediate amputation on day 0 or 1 of being hospital or the timing was not specified, patients with more than one amputation, transfers from other hospitals, patients who discharged against medical advice, patients

	who did not receive an emergency procedure during admission, patients with procedures performed prior to admission (readmissions).
Recruitment/selection of patients	Health Care Utilization Project Nationwide Inpatient Sample administrative database from 2003-2009 (annual stratified probability sample of   20% of all US nonfederal hospital admission from the majority of states (44 in 2009). It is the largest all-payer inpatient care database.
Age, gender and ethnicity	For the amputation and salvage groups respectively: Age – 46.0 (SD 16.3) and 40.3 (SD 15.7) years. Gender (M: F) 84:15 and 5610:1851 .Ethnicity: White (61.6%, 49.5%), Black (11.1%, 13.6%), Hispanic (11.1%, 12.3%), Other (4%, 3.9%), Unspecified (12.1%, 20.7%)
Indirectness of population	No indirectness
Interventions	No protocols described.  Timing of surgery definition: Use codes for first emergency procedure whether debridement was specified or not. Days since admission.  Intervention 1 (n=3093): Debridement (first surgical procedure) on day 0 Intervention 2 (n=882): Debridement (first surgical procedure) on day 1 Intervention 3 (n=401): Debridement (first surgical procedure) on day 2 Intervention 4 (n=394): Debridement (first surgical procedure) on days 3-4 Intervention 5 (n=600): Debridement (first surgical procedure) on day 5 or greater Intervention 6 (n=2190): Debridement (first surgical procedure) timing unspecified
Funding	None described

RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON: Reference group is Hospital day 0 versus hospital day 1 versus hospital day 2 versus hospital day 3 versus hospital day 5 or greater to the first emergency procedure (debridement)

Amputation: amputation occurring at or below the knee and up to the ankle was identified.

Covariates in the MVA- The paper describes on the control variables (p<0.05) from the bivariate associations with amputation were included in the final multiple logistic regression model, robustly adjusted for clustered sampling at the hospital level. Model findings were then used to produce adjusted probabilities of amputation as the outcome. Variables inputted into the MVA were: age, sex, race, economic characteristics (insurance types), Injury severity scale score, comorbidities, associated injuries/procedure (arterial injury, tibial nerve injury, complicated open wound, fasciotomy, dislocation (knee or ankle)), admission type (trauma center, non-trauma center, unspecified), location (rural, urban), bed size (small, medium, large), hospital teaching status, hospital volume open tibial fractures per year (in quartiles), median

#### household income, mechanism of injury.

**Note:** Gustilo grading was unable to be captured by the ICD coding. Arterial injury, nerve injury and the presence of a complex wound based on the ICD codes were, but the extent of the soft tissue injury was not able to be recorded.

Protocol outcome 1: Amputation. (n=99/7560)

- Actual outcome: Number of patients with an amputation; Group 1: n=16/3093, Group 2: n=19/882, Group 3 n=9/401, Group 4 n=10/394, Group 5 n=38/600, Group 6 n=7/2190; Risk of bias: High; Indirectness of outcome: No indirectness.

Group 1 as reference in the MVA.

Group 2: OR 3.814 (95%CI 1.801-8.074), p<0.001

Group 3: OR 3.816 (95%CI 1.511-9.638), p=0.005

Group 4: OR 4.023 (95%CI 1.832-8.832), p=0.001

Group 5: OR 11.417 (95% CI 5.928-21.991), p<0.001

Group 6: OR 0.611 (95%CI 0.251-1.484), p=0.276

Protocol outcomes not reported by the study Mortality up to 12 months, Health related quality of life, Return to normal activities, Deep surgical site infection, Functional outcomes and length of stay.

# Narrative text/additional information:

81.5% had blunt trauma.

Table 31: Enninghorst 2011<sup>17</sup>

Tubic 31. Liminghold 2011	
Study	Enninghorst 2011 <sup>17</sup>
Study type	Prospective Cohort
Number of studies (number of participants)	(n=89 blunt trauma patients with open tibial shaft fractures)
Countries and setting	Conducted at the John Hunter Hospital (University of Newcastle affiliated Level 1 trauma center) in New South Wales, Australia
Line of therapy	First-line
Duration of study	12-month follow-up
Method of assessment of guideline condition	Orthopedic Trauma Association coding of the fracture

Stratum	-
Subgroup analysis within study	Not applicable. Controlled for by multivariate analysis.
Inclusion criteria	Consecutive adult (>18 years) blunt trauma patients with open tibia shaft fractures (Orthopedic Trauma Association code 42A, B and C)
Exclusion criteria	None described
Recruitment/selection of patients	Between 1 <sup>st</sup> January 2007 and 29 <sup>th</sup> December 2009.
Age, gender and ethnicity	For the deep infected group and those that did not have a deep infection respectively: Age $-43.9$ (SD 16.3) and 40.9 (SD18.2) years. Gender (M: F) 11:4 and 55:19 .Ethnicity: Not reported. Age and Gender were not given by debridement timing groups.
Indirectness of population	No indirectness
Interventions	A specific protocol was not listed. The papers describes that all patients had an initial washout in the emergency department and antibiotic cover and tetanus prophylaxis. The type of antibiotics and dosing was not described. Patients received their antibiotics at a mean of 1.2 hours (SD 0.3).
	Timing of surgery definition: Time between the injury and the commencement of surgical treatment.
	Intervention 1 (n=46): <6hours to debridement Intervention 2 (n=45): >6 hours to debridement
	In the univariate logistic regression and multivariate analysis time to debridement (time to surgery) is inputted as a continuous variable.
Funding	None described

RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON: Early versus delayed debridement (Group 1 <6 hours to debridement, Group 2 >6 hours to debridement)

Deep infection definition used: If the infection required surgical debridement and long-term IV antibiotics based on infectious disease and service consultation.

Covariates in the MVA - It is not clear. It is described in the papers that 18 variables examined in this paper were taken into account in the MVA. Variables listed in the univariate logistic regression table or described in the paper were: Sex, age, smoking status, ISS, NISS, Trauma team activation, high energy mechanism, contamination (none, mild, heavy), Time from injury to operating room, time from admission to operating room, grade of fracture, initial stabilization (none, or internal fixation), in hours

(8-8) or not, attending surgeon in the operating room, ICU admission, number of procedures, antibiotic timing and type of fracture.

Protocol outcome 1: Deep surgical site infection. (n=89)

- Actual outcome: Number of patients with a deep infection; 15 patients (17%) got a deep infection, 4 of which required a late amputation. It is unclear how many there were in each group. Time to surgery was presented as a continuous variable and in the univariate logistic regression there was no significant difference between those who developed a deep infection and those that did not (7.87 hours SD 4.7 and 7.95 hours SD 4.5 respectively). The OR was 1 (95% CI 0.88, 1.13) with a p value of 0.9543. There was also no statistically significant different between the infected (deep infection) and non-infected groups for the confounders of age (0.5417) and grade of injury (p=0.9821).

No data was given for the multivariate analysis for the deep infection outcome but the paper describes there to have been 'no identifiable predictors for infection'. Risk of bias: High; Indirectness of outcome: No indirectness.

Protocol outcomes not reported by the study	Mortality up to 12 months, Health related quality of life, Return to normal activities, Re-operation (unplanned),
	Amputation, Functional outcomes and length of stay.

#### Narrative text/additional information:

The mechanism of injury was primarily road and traffic injuries (n=55, motor vehicle and motor bike crashes and pedestrians struck by vehicles). 33 (37%) patients had multiple injuries. The grade of injuries were Grade 1 (n=21), Grade 2 (n=27), Grade 3a (n=18), Grade 3b (n=21) and Grade 3c (n=1). The initial fixation of the fractures consisted of intramedullary nailing (n=70), external fixation (n=12), closed reduction and application of plaster (n=3) and percutaneous plating (n=4).

**Table 32:** Harley 2002<sup>22</sup>

Study	Harley 2002 <sup>22</sup>
Study type	Retrospective Cohort
Number of studies (number of participants)	(n=215 open long bone fractures)
Countries and setting	Conducted in Canada, a major teaching hospital and referral trauma centre with transport times often >8 hours from the time of injury
Line of therapy	First-line First-line
Duration of study	Minimum of 12 months post injury, until a definitive procedure for non-union or deep infection was carried out.
Method of assessment of guideline condition	Medical charts, data extraction using a standardized data collection form. Records and radiograph reports were reviewed.

Stratum	-
Subgroup analysis within study	Not applicable. Controlled for by multivariate analysis.
Inclusion criteria	Open fracture of a major long bone (femur, tibia/fibula, humerus and forearm)
Exclusion criteria	Patients younger than 14 years, fractures that results from penetrating trauma.
Recruitment/selection of patients	Hospital records between January 1996 and December 1998. 247 fractures in 233 patients were identified but on 215 were included due to mortality related to the trauma (n=5), below the knee amputation due to non-viable foot (n=1) and inadequate follow-up (n=26).
Age, gender and ethnicity	For the early (≤8 hours) and the delayed (>8 hours) groups respectively: Age – 38.7 (SD 17) and 41.3 (SD 20) years, p=0.12. Gender (M) 82 (71%) and 74 (74%). Ethnicity: Not reported
Indirectness of population	No indirectness
Interventions	No formal protocol but the following process was carried out: Arrival to the study hospital – soft tissue and bone debridement, pulsed irrigation with a minimum of 3L of sterile saline and skeletal stabilization performed on an emergent basis. All Grade 3 fractures/lower grade fractures based on surgeon preference and wound characteristics may have repeated operative debridements. Antibiotics given: cephalosporin IV, minimum of 48 hours after all operative procedures. Aminoglycoside for all grade 3 injuries, or if a definitive treatment was carried out >8 hours. Penicillin was added based on wound characteristics. Type of fixation was decided by the surgeon.  Time of definitive fracture treatment definition (debridement time): Time point was defined as the operative start time of irrigation and surgical debridement, followed by fracture stabilization, by an orthopaedic surgeon in an operating room at this regional trauma referral center.
	Intervention 1 (n=115): ≤8 hours to debridement/fracture fixation Intervention 2 (n=100): >8 hours to debridement/fracture fixation
Funding	None described

RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON: Early versus delayed debridement (Group 1 ≤8 hours to debridement, Group 2 >8 hours to debridement)

Deep infection definition used: Purulent drainage or osteomyelitis presenting after definitive wound closure and were diagnosed by the responsible surgeon based on clinical suspicion and subsequent deep cultures. For the purposes of our analyses, cellulitis during the course of the primary hospitalization was not considered deep infection.

Covariates in the MVA- Male gender, Age (<25 years, 25-35 years, 35-50 years, >50 years), time (time to definitive management/debridement time), Gustilo grade (1, 2, 3). Antibiotic duration was removed from the final regression model because it was not significant in the presence of the other factors. Injury mechanism, wound closure and ICU stay were not included in the MVA as they were not significant in the univariate analysis. Fracture location and fixation method were not included in the MVA due to having a 0 in the cells for upper extremity and cast/PP.

Mean time to definitive treatment was 8 hours 29 minutes (+/- 2 hours 47 minutes). Group 1 mean time to definitive treatment was 5 hours 51 minutes (+/- 1 hour 25 minutes). Group 2 mean time to definitive treatment was 11 hours 15 minutes (+/- 3 hours 45 minutes).

Protocol outcome 1: Deep surgical site infection. (n=215)

- Actual outcome: Number of patients with a deep infection; Group 1: n=10/115 Group 2: 10/100; MVA Odds ratio 0.95 (95% CI 0.36, 2.51). Risk of bias: High; Indirectness of outcome: No indirectness. There were 9 deep infections in tibia/fibula fractures and 1 in the femur in the ≤8 hours to fracture fixation/debridement group and 7 tibia/fibula and 3 femur deep infections in the >8 hours group.

Protocol outcomes not reported by the study	Mortality up to 12 months, Health related quality of life, Return to normal activities, Re-operation (unplanned),
	Amputation, Functional outcomes and length of stay.

#### Narrative text/additional information

For fewer than or equal 8 hours and more than8 hours respectively, the grade of fractures were; grade 1 (n=33, n=27), grade 2 (n=51, n=39), grade 3 (n=31, n=34). The fractures were located in the tibia/fibula (n=61, n=48), femur (n=11, n=17), and upper extremity (n=43, n=35). The fixation methods used to treat the fractures were IM nail (n=39, n=39), ORIF (n=49, n=28), ExFix (n=20, n=24) and other/PP (n=7, n=9). The mechanism of injury was primarily motorcycle, motor vehicle and motorcycle/car/pedestrian injuries (n=109, 51%). 37% (n=81) were due to falls or assaults and 12% (n=25) due to crushing injuries. The reasons why times to definitive treatment were longer was due to long extrication times, extended transportation time, patient instability requiring either neurosurgical or general surgical intervention and operating room delays as a result of a triage system to treat life threatening cases first.

Table 33: Malhotra 2014<sup>41</sup>

Study	Malhotra 2014 <sup>41</sup>
Study type	Retrospective Cohort
Number of studies (number of participants)	(404 patients with n=415 blunt trauma open extremity fractures)
Countries and setting	Conducted in Virginia
Line of therapy	First-line First-line

Duration of study	72-month study
Method of assessment of guideline condition	List from the trauma registry of all the open blunt trauma extremity fractures from the American College of Surgeons, verified level 1 trauma center
Stratum	
Subgroup analysis within study	Not applicable. Controlled for by multivariate analysis.
Inclusion criteria	Blunt open extremity fractures
Exclusion criteria	Patients transferred from another hospital, patients with isolated fractures of the wrist and/or ankle, patients whose first debridement and irrigation was delayed beyond 24 hours,
Recruitment/selection of patients	Chart review
Age, gender and ethnicity	For the early (<8 hours) and the delayed (>8 hours) groups respectively: Age – 40 years (SD 1.0) and 35 (SD 1.6) years. Gender (M: F) not reported .Ethnicity: Not reported
Indirectness of population	No indirectness
Interventions	Only an antibiotic protocol was listed in the paper.  Antibiotic protocol used: Grade 1; first generation cephalosporin, grade 2 and 3; first generation cephalosporin and an aminoglycoside. Extensive contamination (decision made by the surgeon) penicillin would also be given or clindamycin if allergic to penicillin. Antibiotics were continued until 48 hours after wound closure or if the surgeon thought the wound was clean enough not to require further debridement and irrigation.
	Time to debridement: Not defined.
	Intervention 1 (n=328): <8hours to debridement, mean 4 hours and 58 minutes, IQR 3 hours 53 minutes - 6 hours 9 minutes)
	Intervention 2 (n=87): >8 hours to debridement, mean 11 hours and 4 minutes, IQR 8 hours 41 minutes -11 hours 39 minutes)
Funding	None described

RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON: Early versus delayed debridement (Group 1 <8 hours to debridement, Group 2 >8 hours to debridement)

Deep infection definition used: Infections were defined as those requiring parenteral antimicrobial therapy with or without surgical therapy. Superficial wound infections

requiring only outpatient oral antimicrobial therapy were excluded.

Baseline characteristic differences- younger age and a higher ISS (Injury Severity Score) in the >8 hours debridement group.

Covariates in the MVA - The entire data set was used. Assuming this includes all the variables in the baseline characteristics table, it would have included; age, ISS, RTS, SBP, lactate and Gustilo grade.

Protocol outcome 1: Deep surgical site infection. (n=415)

- Actual outcome: Number of patients with a deep infection; Group 1: n=35/328 Group 2: 17/87; Risk of bias: High; Indirectness of outcome: No indirectness.

MVA: Delay of >8 hours RR 2.035 (95%CI 1.022-4.4054), P<0.05

Protocol outcomes not reported by the study	Mortality up to 12 months, Health related quality of life, Return to normal activities, Reoperation (unplanned),
	Amputation, Functional outcomes and length of stay.

### Narrative/additional information:

There were 129 upper and 286 lower extremity fractures. The grading of the fractures for the less than 8 hours and more than 8 hours until debridement were as follows: grade 1 (n=64, n=22), grade 2 (n=128, n=34), grade 3a (n=90, n=22), grade 3b (n=38, n=9) and grade 3c (n=8, n=0). The mechanisms of injury and fixation used were not described.

Table 34: Noumi 2005<sup>46</sup>

Table 54. Noutili 2005	
Noumi 2005 <sup>46</sup>	
Retrospective Cohort	
(n=88 patients with 89 open femoral shaft fractures)	
Conducted in Kitsato University Hospital, Japan	
First-line First-line	
Followed up between 2-12 years after the original injury.	
Medical records. Roentgenograms were available for 85 fractures. Deep infection rate assessed by use of clinical charts and radiographs.	
-	
Not applicable. Controlled for by multivariate analysis.	

Inclusion criteria	Open femoral shaft fractures treated with locked IMN
Exclusion criteria	None described.
Recruitment/selection of patients	Patients were treated at the Department of Orthopedic Surgery and Trauma Centre between 1988 and 2001.
Age, gender and ethnicity	Not reported by debridement time, but age and gender were controlled for in the MVA. Mean age – 24.8 years (range 15-62). Gender (M: F) 72:16.Ethnicity: Not reported
Indirectness of population	No indirectness
Interventions	No protocol was used for the type of fixation used; they were based on decisions by the orthopaedic staff, interval since injury, degree of contamination, extent of injury to the soft tissue and degree of associated vital organ injuries.
	The patients received one of three different treatments; immediate IMN at the time of initial debridement (n=36), delayed IMN following non-operative treatment such as skeletal traction or splint (n=44) or delayed IMN following external fixation (n=9). Patients were also divided into reamed (n=67) and unreamed (n=22) IMN. Kitasat cylinder nails (reamed IMN) and AO/ASIF unreamed Femoral Nails were used.
	Antibiotics: IV cephalosporin (sometimes combined with an aminoglycoside for type 3 fractures) started in emergency room and continued for 72 hours.
	Post resuscitation, and required emergency surgical procedures completed, irrigation and debridement of the open wound was carried out. Debridement repetition at 48 hour intervals until the wound was clean and devitalized tissue resected.
	Timing of debridement definition: Not described.
	Intervention 1 (n=76): ≤6hours to debridement Intervention 2 (n=13): >6 hours to debridement
Funding	None described

RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON: Early versus delayed debridement (Group 1 ≤6 hours to debridement, Group 2 >6 hours to debridement)

Deep infection definition used: Infection involving tissue below the muscular fascia (according to Delinger1988<sup>12</sup>).

Covariates in the MVA- age (numerical data), sex (male or female), Gustilo type (I+II or III), fracture grade by AO type (A or B+C), fracture site (proximal site + distal site or middle site), reamed versus unreamed nailing, debridement time (≤6 hours or >6 hours), existence of multiple trauma (ISS<18 or ISS≥18), and existence of floating knee injury (+ or -). Note: although the authors felt that skin closure (immediate versus delayed) was important for deep infection rates, they thought it was concomitant with Gustilo type or debridement time so not included.

Protocol outcome 1: Deep surgical site infection. (n=89)

- Actual outcome: Number of patients with a deep infection; Group 1: n=4/76 Group 2: 1/13. Regression coefficient -0.563, OR 0.569, probability 0.789; Risk of bias: High; Indirectness of outcome: No indirectness.

Deep infection organisms: 2 staphylococcus aureus and MRSA, 2 MRSA alone and 1 staphylococcus aureus alone. They occurred in one Gustilo grade 2 (1/43) and four in grade 3 (4/24).

Predictive logistic regression equation for deep infection:  $log (1-p)/p=0.101 \times age - 11.253 \times sex - 4.402 \times Gustilo type+2.146 \times fracture grade by AO type +0.128 \times fractures site - 1.330 \times treatment type 1+ 0.901 \times R versus UR -0.563 \times debridement time - 0.426 \times existence of multiple trauma + 1.725 \times existence of floating knee injury - 5.070 (p<0.05)$ 

Protocol outcomes not reported by the study	Mortality up to 12 months, Health related quality of life, Return to normal activities, Re-operation (unplanned),
	Amputation, Functional outcomes and length of stay.

## Narrative text/additional information

Mechanism of injury was primarily due to motor vehicle accidents (n=81), of which 59 were motorcycle, 16 passengers or drivers in cars and 6 were pedestrians stuck by the vehicles. Seven patients fell from a height. The grade of fractures were grade 1 (n=22), grade 2 (n=43), grade 3a (n=12), grade 3b (n=7) and grade 3c (n=5). The fractures were located in the proximal third for 15 fractures, middle third for 60 fractures and distal third for 14.

Table 35: Hull 2014<sup>29</sup>

14510 551 11411 2021	
Study	Hull 2014 <sup>29</sup>
Study type	Retrospective Cohort
Number of studies (number of participants)	1 (n=364 patients with 459 open fractures)
Countries and setting	Conducted in Canada
Line of therapy	First-line

National
Clinical
Guideline
Centre,
2016

5 (	
Duration of study	Followed up up to one year after the original injury, or uncomplicated healing.
Method of assessment of guideline condition	Observation of injury
Stratum	-
Subgroup analysis within study	Not applicable. Controlled for by multivariate analysis.
Inclusion criteria	Open fractures.
Exclusion criteria	Hand injuries
Recruitment/selection of patients	Consecutive patients presenting with an open fracture between 2003 and 2007.
Age, gender and ethnicity	Age range 16-85. Mean age similar between those with non-infected and infected fractures (40.1 vs 39.7); 70% male in non-infected and 84.7% male in infected; ethnicity not reported.
Indirectness of population	No indirectness
Interventions	Intravenous antibiotics administered on presentation and continued until the wound is covered definitively, or for at least 24 hours post-operatively in patients with a Gustillo-Anderson G1 fracture. Patients not allergic to penicillin received cefuroxime, and patients with a higher grade fracture received gentamycin and metronidazole/penicillin. Patients allergic to penicillin were given clindamycin or vancomycin rather than cefuroxime. Debridement was undertaken urgently based on the availability of an operating theater. Delays of > 6 hours were often encountered due to the lack of availability and/or the physiological instability of the patient. The timing of wound closure and the method of fixation were left to the discretion of the surgeon.
Funding	Internal academic funding; no commercial funding

#### RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON:

#### Protocol outcome 1: Deep surgical site infection

- Actual outcome: Time to debridement: OR 1.033 (95% CI: 1.01-1.057) per increased hour of time to surgery after adjustment for gross contamination, existence of tibial fracture and grade of fracture (low versus high). Age, gender, mechanism of penetration, ASA class, ISS score and time of antibiotic administration were not included in the final model as they had a non-significant association with the outcome.; Risk of bias: Very high; Indirectness of outcome: No indirectness.

When the analysis was stratified by the grade/contamination status of tibial fractures, the effect of delay on deep infection increased with the grade and contamination.

Protocol outcomes not reported by the study	Mortality up to 12 months, Health related quality of life, Return to normal activities, Re-operation (unplanned),
	Amputation, Functional outcomes and length of stay.

Table 36: Weber 2014<sup>67</sup>

Study	Weber 2014 <sup>67</sup>
Study type	Prospective Cohort
Number of studies (number of participants)	1 (n=686 patients with 737 fractures)
Countries and setting	Conducted in Canada
Line of therapy	First-line
Duration of study	Followed up >90 days after the original injury.
Method of assessment of guideline condition	Observation of injury
Stratum	-
Subgroup analysis within study	Not applicable. Controlled for by multivariate analysis.
Inclusion criteria	Skeletal maturity, long bone open fractures, requiring initial surgical debridement.
Exclusion criteria	Pathologic fractures, penetrating injury, unsalvageable limb injuries, other medical conditions precluding surgical management.
Recruitment/selection of patients	Patients at 3 level 1 trauma centres in Canada
Age, gender and ethnicity	Median (IQR) age: 39.6 (26.5-52.8); 72% male; Ethnicity: Not reported
Indirectness of population	No indirectness
Interventions	Established principles of open fracture management used, including initial surgical debridement and fracture fixation with copious irrigation (3 L or more) and debridement of soft tissues and contaminated bone. Surgical fixation was at the surgeon's discretion. This was repeated at intervals of 48 hours until tissues were clean, all non-viable tissue had been removed, and delayed wound closure could occur. Timing of debridement or timing of prophylactic antibiotics was at the discretion of the surgeon, and the effects of each of these primary factors was evaluated using a multivariable regression adjusting for each other, transfusion, fracture location, and Gustillo grade. Age and gender were not included in the model.
Funding	None described

RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON:

Protocol outcome 1: Deep surgical site infection. (n=89)

- Actual outcome: Time to surgery: OR 0.97 (95% CI: 0.9-1.06) per increased hour of time to surgery after adjustment for time to antibiotics, transfusion, fracture location,

and Gustillo grade; Risk of bias: High; Indirectne	ss of outcome: No indirectness.
Protocol outcomes not reported by the study	Mortality up to 12 months, Health related quality of life, Return to normal activities, Re-operation (unplanned), Amputation, Functional outcomes and length of stay.

Lack 2015<sup>38</sup>

Table 37: Lack 2015<sup>38</sup>

Study

Study type	Retrospective Cohort
Number of studies (number of participants)	1 (n=137 patients)
Countries and setting	Conducted in USA
Line of therapy	First-line First-line
Duration of study	Followed up up to 90 days after the original injury.
Method of assessment of guideline condition	Observation of injury
Stratum	
Subgroup analysis within study	Not applicable. Controlled for by multivariate analysis.
Inclusion criteria	Open fractures with Gustillo Anderson Grade III.
Exclusion criteria	Missing data; non-reconstructible limbs
Recruitment/selection of patients	Consecutive patients presenting with an open fracture in 2013.
Age, gender and ethnicity	Mean age similar between those with non-infected and infected fractures (40 vs 40.5); gender and ethnicity not reported.
Indirectness of population	No indirectness
Interventions	Definitive fracture fixation and wound management followed basic standard principles. Diaphyseal fractures were treated with intramedullary fixation. Those with intra-articular extension or at the very distal or proximal metaphysis were usually treated with plate and screw fixation. Those with intra-articular extension or at the very distal or proximal metaphysis were usually treated with plate and screw fixation. The standard regimen for antibiotic prophylaxis was Cefazolin (128/137). Other antibiotics used were clindamycin or vancomycin. Temporizing external fixation was used when necessary and definitive fixation was performed as soon as the patient and wound were amenable. Wounds were closed when possible and those not able to be closed were treated with negative pressure dressings pending definitive

	wound coverage.
Funding	Internal academic funding; no commercial funding

### RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON:

Protocol outcome 1: Deep surgical site infection

- Actual outcome: Time of debridement: A non-significant effect of debridement time was found after adjustment for confounders. Adjustment was made for for age, Gustillo-Anderson classification, smoking, presence of diabetes, time to antibiotics and time to cover Risk of bias: Very high; Indirectness of outcome: No indirectness.

Protocol outcomes not reported by the study	Mortality up to 12 months, Health related quality of life, Return to normal activities, Re-operation (unplanned),
	Amputation, Functional outcomes and length of stay.

## G.1.6 Fixation

#### **RCT**

#### Table 38: Benson 1983

Study	Benson 1983 <sup>2</sup>
Study type	RCT (Patient randomised; random selection of numbers, double blind)
Number of studies (number of participants)	(n=78 patients with n=82 open fractures)
Countries and setting	Conducted in America; Setting: University of California, Davis Medical Center
Line of therapy	First-line
Duration of study	Followed until the wound and fracture was healed. No time given.
Method of assessment of guideline condition	Adequate method of assessment/diagnosis
Stratum	Adults 18 years or over
Inclusion criteria	None described

Exclusion criteria	Wounds which were open for (>24 hours), wounds contaminated by river or lake water, lawnmower injuries, high velocity gunshot wounds (previous study showed these wounds to have high infection rate when closed primarily), if closure of the wound was deemed physically impossible
Recruitment/selection of patients	Patients had to be able to supply written consent prior to involvement.
Age, gender and ethnicity	Age – mean 30.4±14.7 years. Gender (M: F) 69:9 .Ethnicity: Not reported
Indirectness of population	No indirectness
Interventions	Four groups of patients. Two received IV 5 day course of cefazolin, the other two groups received clindamycin. One of each group was left open for a delayed primary closure and the other was closed immediately.  Cefazolin or clindamycin dose was diluted in 100ml of sterile saline and infused every 6 hours over a 10-16 minute period.  Protocol: 1-5g traumatized tissue excided, put in sterile tube which is loosely capped, then put into a miniature anaerobic jar (kept at room temp). They were processed within 24 hours. Once debridement started antimicrobics were commenced. Degree of contamination assessed by orthoplastic surgeon or senior orthoplastic resident at debridement. Irrigation with normal saline. Multiple extremity wounds were treated in the same way. Open wounds returned to theatre in 4-6 days for wound evaluation, further debridement and delayed primary closure. Fractures of extremity wounds were treated as per principles of the University of California, Davis, Department of Orthopaedic Surgery.
Funding	Cefazolin provided by Smith Kline and French Laboratories, Clindamycin by Upjohn Company. Grants from all three companies

RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON: Primary versus delayed closure (Group 1 Cefazolin primary closure, Group 2 Cefazolin delayed closure, Group 3 Clindamycin primary closure, Group 4 Clindamycin delayed closure)

Note: time from injury to debridement was: 5.38±3.50 hours for the primary closures, 5.53±3.1 hours for the delayed closures. Delayed primaries from injury to closure were 5.9±4.6 days.

2 patients were excluded as they only took oral cephalexin postoperatively.

Protocol outcome 1: Deep surgical site infection (infection involving the bone) (n=76)

- Actual outcome for Adults 18 years or over: Number of patients with a deep infection; Group 1: n=0/22 Group 2: 1/20 Group 3: 0/18, Group 4: 1/16; Risk of bias: Very high; Indirectness of outcome: No indirectness.

Protocol outcomes not reported by the study Mortality at 1,12 months, health-related quality of life, amputation, flap failure, length of hospital stay, further

# unplanned surgery and return to normal activities

# **Cohort studies**

## Table 39: Liu 2012<sup>39</sup>

Study	Liu 2012 <sup>39</sup>
Study type	Retrospective cohort study
Number of studies (number of participants)	1 (n=103 patients with open limb fractures, n=105 free-flap constructions of which 42 had exposed metalware)
Countries and setting	Conducted in Australia; Setting: Plastics and Reconstructive Surgery Unit (PRSU) at the Royal Melbourne Hospital
Line of therapy	First-line
Duration of study	One year follow-up
Method of assessment of guideline condition	Clinical information from patient records cross-referenced with the RMH Trauma Registry and the Victorian Orthopaedic Trauma Outcomes Registry.
Stratum	Duration of exposed metalware prior to free-flap coverage (Group 1: within 1 day, Group 2: 2-7 days and Group 3: >7 days)
Subgroup analysis within study	Not applicable. Controlled for by multivariate analysis
Inclusion criteria	Consecutive patients who underwent free-flap construction between June 2002 and July 2009 for open lower limb trauma. They were identified from the PRSU free-flap database.
Exclusion criteria	None stated
Recruitment/selection of patients	Consecutive, June 2002- July 2009 on the PRSU free flap database
Age, gender and ethnicity	Age -Mean (SD): Group 1; 37.7 (2.9) years, Group 2; 41.2 (2.4) years, Group 3: 45.7 (2.5) years. Gender (M:F): Group 1 20:4, Group 2: 33:6, Group 3: 38:4 . Ethnicity: Not described.
Interventions	(n=14) Intervention 1: ≤1 day of exposed metalware to free-flap reconstruction.
	(n=14) Intervention 2: 2-7 days of exposed metalware to free-flap reconstruction.  (n=14) Intervention 3: >7 days of exposed metalware to free-flap reconstruction.
	Process: Resuscitation, debridement and fracture stabilisation in theatre, NPWT (vacuum assisted closure) or moist

	gauze dressing applied to open fractures. Serial debridement in theatre until wound vitality was adequate, then free-flap transfer. Use of NPWT, timing and method of skeletal fixation and soft tissue reconstruction was at the discretion of the surgeon. IV antibiotics given from presentation to at least 72 hours post wound closure.  The exposed metalware group consisted of patients who had undergo staged fixation (external then internal fixation, n=15) and internal fixation (n=27). The other patients had either external fixation alone or no fixation.
Funding	None described

#### **Definitions:**

Soft tissue and deep metal infection: presence of clinical signs of infection (increasing erythema and/or suppurative discharge from the wound as assessed by a PRSU surgeon, orthopaedic surgeon or infectious diseases physician, with positive cultures from soft tissues and fixation hardware. Osteomyelitis was identified acutely by clinical evidence with positive cultures from bone and chronically by x-ray MRI or CT imaging.

Partial flap loss: debridement occurred for partial flap necrosis.

Total flap loss: required complete removal of the free-flap.

Covariates in the MVA: age, gender, smoking, ISS (injury severity score), GA (Gustilo and Anderson score) and ASA (American Society of Anaesthesiology) scores, injury location, flap type, method of fracture fixation and use of NPWT.

RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON: ≤1 days versus >7 days of exposed metalware to free flap reconstruction

Protocol outcome 1: Flap failure (total or partial)

- Actual outcome: Flap failure (total or partial); Group 1: 0/14, Group 2: 5/14, Group 3; 7/14. MVA: Delay of >7 days (compared with  $\leq 1$  day) independently predicted higher flap take-backs and flap failure OR 10.8 (95%CI 1.69-68.94). Risk of bias: Very high; Indirectness of outcome: Serious indirectness

The following were not MVA adjusted:

Deep surgical site infection (infection involving the bone)

- Actual outcome: Osteomyelitis; Group 1: 1/ 14, Group 2: 2/14, Group 3; 9/14

Length of hospital stay

- Actual outcome: Length of stay, days (SEM); Group 1: 26.6 (2.8), Group 2: 30.0 (4.8), Group 3; 49.0 (5.4).

Further unplanned surgery

- Actual outcome: Post flap operations, mean (SEM); Group 1: 0.9 (0.4), Group 2: 1.4 (0.7), Group 3; 2.5 (0.5)

Protocol outcomes not reported by the study Mortality at 1,12 months, health-related quality of life, amputation and return to normal activities

## Narrative text/ additional information:

Overall, injury mechanisms included RTAs (64.3%, 57.1% and 64.3% for groups 1, 2 and 3, respectively), work accidents (21.4%, 14.3% and 14.3%), recreational accidents (14.3%, 14.3% and 14.3%), and other (0%, 14.3% and 7.1%). All of the injuries were Gustilo and Anderson grade III (a, b and c). Injuries were in the proximal 1/3, middle 1/3 and distal 1/3 of the tibia/fibular or the foot.

Grade: Operative reports for the patients were independently reviewed by two PRU surgeons who were blinded to the timing of the free-flap reconstruction.

Table 40: Schemitsch 2012<sup>57</sup>

Study	Schemitsch 2012 <sup>57</sup>
Study type	Retrospective cohort study based on data from a prospective RCT
Number of studies (number of participants)	1 (n=1226 patients with tibial shaft fractures, n=392 open fractures)
Countries and setting	Data from the SPRINT trial which involved 29 clinical centres in Canada, United States and the Netherlands.
Line of therapy	1st line
Duration of study	One year follow-up post injury
Method of assessment of guideline condition	Clinical assessment
Stratum	Primary closure, delayed closure (staged)
Subgroup analysis within study	Not applicable. Controlled for by multivariate analysis
Inclusion criteria	Skeletal maturity, an open or closed tibial shaft fracture (Tscherne Type 0 to 3, Gustilo-Anderson Type I to IIIB), amenability of the fracture to surgical repair with an intramedullary nail, and informed consent.
Exclusion criteria	Tibial shaft fractures not amenable to reamed or undreamed nailing, pathologic fractures, patients likely to be lost before completing adequate follow-up, patients who were not skeletally mature, and patients who had not provided consent.
Recruitment/selection of patients	Sprint RCT trial recruitment: Randomization by a 24 hour toll free telephone system. Randomization was stratified by the center and the severity of soft-tissue injury (open, closed, or both open and closed) in randomly permuted blocks of 2 and 4. Double blinded. Patients with a bilateral fracture were assigned the same treatment for both fractures. Patients were randomised to reamed or unreamed IMN. All patients had the same postoperative care protocol.
Age, gender and ethnicity	Only given overall, not by closure group. Age -Mean (SD): 39.5 (16.0) years, Gender (M:F): 904:322 Ethnicity: White

	n=986, Black n=109, Hispanic n=46, Asian n=33, Native n=23, Other n=29.
Interventions	(n=239) Intervention 1: Primary closure: Performed at the time of the intramedullary nailing (n=100) Intervention 2: Delayed closure: Open wound with repeat irrigation and debridement and no other documented wound procedures, although they may have had negative pressure wound therapy (NPWT). There was also a third group, additional soft-tissue reconstruction (n=61); they had documentation of a delayed wound closure procedure, including split thickness skin grafts, fasciocutaneous flaps, rotational muscle flaps or free flaps.  Note: It is unclear the time from injury to primary and delayed closure, as this was not reported in the paper.  Process: Patients were randomized to receive a reamed intramedullary nail or an undreamed intramedullary nail. Two investigators independently identified a number of variables from the SPRINT trial data. Factors included in the model needed to have at least 30 occurrences to be included. There were 219 events in the trial, so the MVA was adapted using the most highly ranked variables of importance, to ensure a stable model (at least 10 events per variable). See below for MVA variables that were included. A second model was also performed which only included the open fractures to enable the wound closure variable to be investigated (thought to confound with open/ closed fractures). Antibiotic protocol: Pre-op IV cephalosporin and an aminoglycoside (continued 72 hours post op). Surgeon decided on any specific antibiotics. Recommended antibiotics were: Gustilo grade I and II: IV cephalosporin, Grade III (as per Grade I and II) plus aminoglycoside (gentamicin). Badly contaminated wounds would have the addition of penicillin to a cephalosporin and aminoglycoside.  Irrigation and debridement repeated as necessary.  Delayed wound closure, split-thickness skin-grafting, or reconstruction with muscle flaps (for Type-IIIB injuries only) was performed by seven days following the initial surgery.
Funding	Research grants from: Canadian Institutes of Health Research, National Institutes of Health, Orthopaedic Research and Education Foundation of the American Academy of Orthopaedic Surgeons, Orthopaedic Trauma Association, Hamilton Health Sciences Research Grant, Zimmer, and in part by a Canada Research Chair in Musculoskeletal Trauma at McMaster University. The funding sources had no role in influencing the trail or the manuscript.

The mechanism of injury which were of a high energy were; motor vehicle accidents (n=256), pedestrian/motor vehicle accidents (n=248), motorcycle accident (n=143), direct blunt trauma (n=84), crush injury (n=64) and snowmobile accident (n=1). The low energy injuries were primarily due to falls (n=355). There were 22 bilateral fractures (1.8%). The AO/OTA fracture classification of the fractures were grade A (n=687), grade B (n=362), and grade C (n=177). There were 206 of the open fractures that were treated with reamed nailing, and 194 unreamed. The time from injury to surgery was <6 hours for 207 patients, 6-24 hours for 606 and >24 hours for 405 patients (there was some missing data for this variable).

Composite primary outcome (further unplanned surgery: Bone-grafting, implant exchange or removal, debridement of bone and soft tissue because of deep infection, fracture dynamisation (due to locking screw removal), removal of locking screws because of screw breakage or loosening, autodynamisation (breaking of a locking screw

that resulted in the fracture collapsing), fasciotomy, failure of the construct (broken nail), and hematoma drainage.

Covariates in the MVA: smoking status, open fracture, fracture gap, mechanism of injury, reamed intramedullary nailing, age, location of fracture, isolated fracture, type of wound coverage, NSAID use, AO/OTA fracture classification, number of locking screws, postoperative weight bearing status, time from injury to surgery and nail material. Total 15 covariates.

RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON: Primary closure versus delayed closure

Protocol outcome 1: Further unplanned surgery

- Actual outcome: Composite measure (see definition above); adjusted OR 0.62 (95% CI 0.23-1.70) See below for calculation. Risk of bias: High; Indirectness of outcome: None

Note: the adjusted OR for primary versus delayed primary coverage has been calculated indirectly from the following comparisons reported in the paper:

Primary versus additional soft tissue reconstruction adjusted OR 0.18 (95%CI 0.09-0.35), p<0.001

Delayed primary versus additional soft tissue reconstruction adjusted OR 0.29 (95% CI 0.14-0.62), p=0.001

Calculation of the Primary versus delayed value by indirect treatment comparisons method:

Converting the above results to natural logs:

Primary versus additional soft tissue reconstruction adjusted In OR (SE): -1.7148 (0.3537)

Delayed primary versus additional soft tissue reconstruction adjusted In OR (SE): -1.2379 (0.3716)

Primary versus delayed In OR = -1.7148 minus -1.2379 = -0.4769

Therefore Primary versus delayed OR = exp -0.4769 = 0.6207

The variance of the In OR primary versus delayed would be the sum of the variances of the two constituent comparisons

As variance = SE squared, then

Variance In OR primary versus delayed = 0.3537 squared + 0.3716 squared = 0.26318

Therefore SE of In OR primary versus delayed = SQRT 0.26318 = 0.513017

The values for In OR (SE) primary versus delayed are therefore -0.4769 (0.513017), which were input into RevMan using the Generic inverse Variance method.

Protocol outcomes not reported by the study

Mortality at 1,12 months, health-related quality of life, deep surgical site infection (infection involving the bone) amputation, flap failure (total or partial), length of hospital stay and return to normal activities

Table 41: Jenkinson 2014<sup>31</sup>

Study Jenkinson 2014
----------------------

Study type	Retrospective cohort study using propensity matching
Number of studies (number of participants)	1 (n=146 patients with open fractures, n=66 tibial fractures)
Countries and setting	Canada
Line of therapy	First-line
Duration of study	One year follow-up post injury
Method of assessment of guideline condition	Clinical assessment
Stratum	Primary closure, delayed closure (staged)
Subgroup analysis within study	Not applicable.
Inclusion criteria	Open extremity fracture
Exclusion criteria	Hand and pelvic fractures; grade IIIb and IIIc fractures
Recruitment/selection of patients	Consecutive patients treated for an open extremity fracture from 2003-2007 at a level I trauma centre in Canada.
Age, gender and ethnicity	Only given overall, not by closure group. Age: Mean 40.7 years, Gender: 68.8% male
Interventions	(n=73) Intervention 1: Primary closure. Second look debridement done on discretion of surgeon based on impression of adequacy of the debridement (n=73) Intervention 2: Delayed closure. Second look debridement after 48 hours was performed routinely Both groups had IV antibiotics on arrival until at least 24 hours post closure. Sefazolin was used, or clindamycin if necessary. Gentamicin was added if it was a Grade III open fracture. Debridements were done urgently. Fixation method and time of closure were at the discretion of the treating physicians.  To adjust for confounding by indication a propensity score matched cohort study was developed from the original dataset of 262 with primary closure and 87 with delayed closure. Injury characteristics were used in a logistic regression to predict the likelihood of the need for treatment with delayed wound closure. Factors included in the propensity scoring were: age, sex, debridement delay, grade of fracture, contamination, site of fracture and ASA class.
Funding	None
RESULTS (NUMBERS ANALYSED) AND RISK OF B	IAS FOR COMPARISON: Primary closure versus delayed closure

Protocol outcome 1: Deep infection Primary closure 3/73, delayed closure 13/73	
Protocol outcomes not reported by the study	Mortality at 1,12 months, health-related quality of life, further unplanned surgery, amputation, flap failure (total or partial), length of hospital stay and return to normal activities

Table 42: Gopal 2004<sup>20</sup>

Study	Gopal 2004 <sup>20</sup>
Study type	Retrospective cohort study
Number of studies (number of participants)	1 (n=33 patients with open tibial fractures 29 adults and 4 children)
Countries and setting	UK
Line of therapy	First-line
Duration of study	Mean: 46 months
Method of assessment of guideline condition	Clinical assessment
Stratum	Primary closure, delayed closure (staged)
Subgroup analysis within study	Not applicable.
Inclusion criteria	Severe open tibial fractures of grade IIIb or IIIc
Exclusion criteria	Severe head injuries
Recruitment/selection of patients	Consecutive patients undergoing a fix and flap protocol between 1996 and 2000.
Age, gender and ethnicity	Age: adults – 48 years, children – 13 years; Gender: 25 men/4 women and 2 boys and 2 girls
Interventions	ADULTS (n=29, 30 fractures): (n=12 fractures) Intervention 1: Primary closure in a single fix and flap procedure, comprising radical debridement, skeletal stabilisation (normally internal) with a muscle flap.

	(n=18 fractures) Intervention 2: Immediate debridement and internal fixation with soft tissue cover between 48-72 hours. For 8 subjects cover was only attempted at 72 hours+ because of severe head injury  No multivariable analysis but both groups were adequately similar for age and grade of fracture. The high head injury prevalence in the delayed group could be a serious confounder.  CHILDREN: Unclear
Funding	None

RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON: Primary closure versus delayed closure Only adult results given as results for children by group were not reported

Protocol outcome 1: deep infection

Primary closure 0/12, delayed closure 2/18

Functional results were reported but the immediate group was changed to include people having cover up to 72 hours, so these results have not been reported.

Protocol outcomes not reported by the study	Mortality at 1,12 months, hospital stay, further unplanned surgery, amputation, flap failure (total or partial), and return
	to normal activities

**Table 43: Hertel 1999**<sup>26</sup>

Study	Hertel 1999 <sup>26</sup>
Study type	Prospective cohort study
Number of studies (number of participants)	1 (n=29 patients with open lower leg fractures)
Countries and setting	Switzerland
Line of therapy	First-line
Duration of study	Mean: 47 months
Method of assessment of guideline condition	Clinical assessment
Stratum	Primary closure, delayed closure (staged)
Subgroup analysis within study	Not applicable.

Inclusion criteria	Open lower leg fractures of grade IIIb or IIIc
Exclusion criteria	Not reported
Recruitment/selection of patients	Consecutive patients between 1988 and 1995.
Age, gender and ethnicity	Age: 28/27; male79%/80%
Interventions	(n=14) Intervention 1: Immediate reconstruction - adequate debridement, definitive skeletal stabilisation in 11 and preliminary external stabilisation in 3. Immediate soft tissue coverage was done with a local muscle flap in 8 and a free muscle flap in 7. In 5 a primary cancellous bone graft was added.  (n=15) Intervention 2: Delayed reconstruction – primary debridement, mostly preliminary stabilisation with an external fixator and soft tissue reconstruction between days 1 and 9 after injury. Soft tissue coverage was achieved with a local muscle flap in 7 and a free muscle flap in 8. Definitive skeletal stabilisation was obtained immediately in 3, at the time of cover in 1 and at a 3 <sup>rd</sup> intervention in 12 patients. No cancellous bone graft was used.  No multivariable analysis but both groups were adequately similar for age and grade of fracture. They were also similar for sex, type of trauma, associated general injuries, type of fracture, arterial lesions, tendon ruptures and soft tissue reconstruction.  CHILDREN: Unclear
Funding	None

RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON: Primary closure versus delayed closure Only adult results given as results for children by group were not reported

Deep infection
Primary closure 0/14, delayed closure 4/15
Return to weight bearing (mean (range)
Primary closure 5(3-8 months), delayed closure 3.9(2-7) months
Number of operations (mean (range)
Primary closure 1.6(1-3), delayed closure 3.9(2-7)

Flap failure
Primary closure 0/14, delayed closure 0/15

Amputation	
Primary closure 0/14, delayed closure 0/15	
Protocol outcomes not reported by the study	Mortality at 1,12 months, hospital stay, further unplanned surgery, amputation, flap failure (total or partial), and return to normal activities

Table 44: Wei 2014<sup>68</sup>

Study	Wei 2014 <sup>68</sup>
Study type	Retrospective cohort study
Number of studies (number of participants)	1 (n=80 patients with open tibial fractures)
Countries and setting	China
Line of therapy	First-line First-line
Duration of study	Mean: 33-38 months
Method of assessment of guideline condition	Clinical assessment
Stratum	Primary closure, delayed closure (staged)
Subgroup analysis within study	Not applicable.
Inclusion criteria	Open tibial fractures of grade IIIa or IIIb; age >18; soft tissue wounds treated with VAC; fractures treated with IF and EF methods
Exclusion criteria	Immediate amputation; PVD, diabetes, immune dysfunction.
Recruitment/selection of patients	Consecutive patients between 2005 and 2011.
Age, gender and ethnicity	Age: 36/43; male67%/73%
Interventions	(n=27) Intervention 1: Primary wound closure – One stage debridement, internal fixation and cover, using NPT. (n=22) Intervention 2: Delayed wound closure – primary debridement at same time as internal fixation, with direct cover of wound with non-adherent sponge and intermittent suction via a vacuum assisted colure. Final wound coverage

	about 7 days later depending on soft tissue status.
	No multivariable analysis but both groups were adequately similar for age and grade of fracture. They were also similar for sex, type of trauma, time to debridement and fixation methods.  CHILDREN: Unclear
Funding	None

RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON: Primary closure versus delayed closure Only adult results given as results for children by group were not reported

Deep infection
Primary closure 5/27, delayed closure 6/22
Amputation
Primary closure 1/27, delayed closure 3/22
Osteomyelitis

Primary closure 3/27, delayed closure 4/22

Protocol outcomes not reported by the study	Mortality at 1,12 months, hospital stay, further unplanned surgery, flap failure (total or partial), and return to normal
	activities

# G.1.7 Cover

# **RCT**

Table 45: Benson 1983

Study	Benson 1983 <sup>2</sup>
Study type	RCT (Patient randomised; random selection of numbers, double blind)
Number of studies (number of participants)	(n=78 patients with n=82 open fractures)

Countries and setting	Conducted in America; Setting: University of California, Davis Medical Center
Line of therapy	First-line
Duration of study	Followed until the wound and fracture was healed. No time given.
Method of assessment of guideline condition	Adequate method of assessment/diagnosis
Stratum	Adults 18 years or over
Inclusion criteria	None described
Exclusion criteria	Wounds which were open for (>24 hours), wounds contaminated by river or lake water, lawnmower injuries, high velocity gunshot wounds (previous study showed these wounds to have high infection rate when closed primarily), if closure of the wound was deemed physically impossible
Recruitment/selection of patients	Patients had to be able to supply written consent prior to involvement.
Age, gender and ethnicity	Age – mean 30.4 +/-14.7 years. Gender (M: F) 69:9 .Ethnicity: Not reported
Indirectness of population	No indirectness
Interventions	Four groups of patients. Two received IV 5 day course of cefazolin, the other two groups received clindamycin. One of each group was left open for a delayed primary closure and the other was closed immediately.  Cefazolin or clindamycin dose was diluted in 100ml of sterile saline and infused every 6 hours over a 10-16 minute period.  Protocol: 1-5g traumatized tissue excided, put in sterile tube which is loosely capped, then put into a miniature anaerobic jar (kept at room temp). They were processed within 24 hours. Once debridement started antimicrobics were commenced. Degree of contamination assessed by orthopaedic surgeon or senior orthopaedic resident at debridement. Irrigation with normal saline. Multiple extremity wounds were treated in the same way. Open wounds returned to theatre in 4-6 days for wound evaluation, further debridement and delayed primary closure. Fractures of extremity wounds were treated as per principles of the University of California, Davis, Department of Orthopaedic Surgery.
Funding	Cefazolin provided by Smith Kline and French Laboratories, Clindamycin by Upjohn Company. Grants from all three companies
closure, Group 3 Clindamycin primary closure, G	
Note: time from injury to debridement was: 5.3	8 +/-3.50 hours for the primary closures, 5.53 +/-3.1 hours for the delayed closures. Delayed primaries from injury to

closure was 5.9 +/-4.6 days.

2 patients were excluded as they only took oral cephalexin postoperatively.

Protocol outcome 1: Deep surgical site infection (infection involving the bone) (n=76)

- Actual outcome for Adults 18 years or over: Number of patients with a deep infection; Group 1: n=0/22 Group 2: 1/20 Group 3: 0/18, Group 4: 1/16; Risk of bias: Very high; Indirectness of outcome: No indirectness.

Protocol outcomes not reported by the study

Mortality at 1,12 months, health-related quality of life, amputation, flap failure, length of hospital stay, further unplanned surgery and return to normal activities

### **Cohort studies**

### Table 46: Hohmann 2007

Study	Hohmann 2007 <sup>27</sup>
Study type	Retrospective cohort study
Number of studies (number of participants)	1 (n=95 patients with open tibial fractures)
Countries and setting	South Africa
Line of therapy	First-line
Duration of study	One year follow-up post injury
Method of assessment of guideline condition	Clinical assessment
Stratum	Primary closure, delayed closure (staged)
Subgroup analysis within study	Not applicable.
Inclusion criteria	Isolated open tibial fractures (Grade 1,2 and 3A) treated at two different hospitals
Exclusion criteria	Grade IIIb and IIIc fractures, polytrauma and associated injuries, significant unrelated co-morbid conditions, history of surgery in past 6 months, delayed presentation > 24 hours, admission to ICU.

Recruitment/selection of patients	Consecutive patients fulfilling inclusion at two major trauma referral centres in Greater Johannesburg area.
Age, gender and ethnicity	Age: 33.4/30.2; Gender: 72%/83% male
Interventions	(n=46) Intervention 1: Primary closure (mean 7.2 hours), done at Helen Josef Hospital by a single surgeon. Fracture stabilised with unreamed AO nail after early initial debridement and primary wound closure. IV antibiotics on arrival until 72 hours post-surgery
	(n=49) Intervention 2: Delayed closure, done at Johannesburg hospital by one surgeon. Early surgical debridement and stabilisation in a plaster splint. IV antibiotics (cefazolin 1 g three times a day). Repeat debridement at 48 hours with closure if possible (but mean closure was at 9.3 days) and unreamed AO nail inserted for fracture stabilisation. No multivariable analysis, but both groups were adequately similar for age and grade of fracture.
Funding	None

RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON: Primary closure versus delayed closure

Protocol outcome 1: Hospital stay

Primary closure mean(range): 8.6 (3-20) days, delayed closure 15.4 (4-52) days

Infection: immediate 2/46 and delayed 1/49

Protocol outcomes not reported by the study Mortality at 1,12 months, deep infection health-related quality of life, further unplanned surgery, amputation, flap failure (total or partial), and return to normal activities

**Table 47: Gopal 2004** 

· · · · · · · · · · · · · · · · · · ·	
Study	Gopal 2004 <sup>20</sup>
Study type	Retrospective cohort study
Number of studies (number of participants)	1 (n=33 patients with open tibial fractures 29 adults and 4 children)
Countries and setting	UK
Line of therapy	First-line
Duration of study	Mean: 46 months

Method of assessment of guideline condition	Clinical assessment
Stratum	Primary closure, delayed closure (staged)
Subgroup analysis within study	Not applicable.
Inclusion criteria	Severe open tibial fractures of grade IIIb or IIIc
Exclusion criteria	Severe head injuries
Recruitment/selection of patients	Consecutive patients undergoing a fix and flap protocol between 1996 and 2000.
Age, gender and ethnicity	Age: adults – 48 years, children – 13 years; Gender: 25 men/4 women and 2 boys and 2 girls
Interventions	ADULTS (n=29, 30 fractures): (n=12 fractures) Intervention 1: Primary closure in a single fix and flap procedure, comprising radical debridement, skeletal stabilisation (normally internal) with a muscle flap. (n=18 fractures) Intervention 2: Immediate debridement and internal fixation with soft tissue cover between 48-72 hours. For 8 subjects cover was only attempted at 72 hours+ because of severe head injury No multivariable analysis, but both groups were adequately similar for age and grade of fracture. The high head injury prevalence in the delayed group could be a serious confounder. CHILDREN: Unclear
Funding	None

RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON: Primary closure versus delayed closure

Only adult results given as results for children by group were not reported

Protocol outcome 1: deep infection

Primary closure 0/12, delayed closure 2/18

Functional results were reported but the immediate group was changed to include people having cover up to 72 hours, so these results have not been reported.

Protocol outcomes not reported by the study Mortality at 1,12 months, hospital stay, further unplanned surgery, amputation, flap failure (total or partial), and return to normal activities

**Table 48: Hertel 1999** 

Study	Hertel 1999 <sup>26</sup>
Study type	Prospective cohort study
Number of studies (number of participants)	1 (n=29 patients with open lower leg fractures)
Countries and setting	Switzerland
Line of therapy	First-line
Duration of study	Mean: 47 months
Method of assessment of guideline condition	Clinical assessment
Stratum	Primary closure, delayed closure (staged)
Subgroup analysis within study	Not applicable.
Inclusion criteria	Open lower leg fractures of grade IIIb or IIIc
Exclusion criteria	Not reported
Recruitment/selection of patients	Consecutive patients between 1988 and 1995.
Age, gender and ethnicity	Age: 28/27; male79%/80%
Interventions	(n=14) Intervention 1: Immediate reconstruction - adequate debridement, definitive skeletal stabilisation in 11 and preliminary external stabilisation in 3. Immediate soft tissue coverage was done with a local muscle flap in 8 and a free muscle flap in 7. In 5 a primary cancellous bone graft was added.  (n=15) Intervention 2: Delayed reconstruction – primary debridement, mostly preliminary stabilisation with an external fixator and soft tissue reconstruction between days 1 and 9 after injury. Soft tissue coverage was achieved with a local muscle flap in 7 and a free muscle flap in 8. Definitive skeletal stabilisation was obtained immediately in 3, at the time of cover in 1 and at a 3 <sup>rd</sup> intervention in 12 patients. No cancellous bone graft was used.  No multivariable analysis, but both groups were adequately similar for age and grade of fracture. They were also similar for sex, type of trauma, associated general injuries, type of fracture, arterial lesions, tendon ruptures and soft tissue reconstruction.  CHILDREN: Unclear
Funding	None

RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON: Primary closure versus delayed closure Only adult results given as results for children by group were not reported

Deep infection

Primary closure 0/14, delayed closure 4/15

Return to weight bearing (mean (range)

Primary closure 5(3-8 months), delayed closure 3.9(2-7) months

Number of operations (mean (range)

Primary closure 1.6(1-3), delayed closure 3.9(2-7)

Flap failure

Primary closure 0/14, delayed closure 0/15

Amputation

Primary closure 0/14, delayed closure 0/15

Protocol outcomes not reported by the study	Mortality at 1,12 months, hospital stay, further unplanned surgery, amputation, flap failure (total or partial), and return
	to normal activities

Table 49: Liu 2012<sup>39</sup>

Study	Liu 2012 <sup>39</sup>
Study type	Retrospective cohort study
Number of studies (number of participants)	1 (n=103 patients with open limb fractures, n=105 free-flap constructions)
Countries and setting	Conducted in Australia; Setting: Plastics and Reconstructive Surgery Unit (PRSU) at the Royal Melbourne Hospital
Line of therapy	First-line
Duration of study	One year follow-up
Method of assessment of guideline condition	Clinical information from patient records cross-referenced with the RMH Trauma Registry and the Victorian Orthopaedic

	Trauma Outcomes Registry.
Stratum	Adults
Subgroup analysis within study	Not applicable. Controlled for by multivariate analysis
Inclusion criteria	Consecutive patients who underwent free-flap construction between June 2002 and July 2009 for open lower limb trauma. They were identified from the PRSU free-flap database.
Exclusion criteria	None stated
Recruitment/selection of patients	Consecutive, June 2002- July 2009 on the PRSU free flap database
Age, gender and ethnicity	Age -Mean (SD): Group 1(≤3days to cover); 37.7 (2.9) years, Group 2 (4-7 days to cover); 41.2 (2.4) years, Group 3 (>7 days to cover): 45.7 (2.5) years. Gender (M:F): Group 1 20:4, Group 2: 33:6, Group 3: 38:4. Ethnicity: Not described.
Interventions	<ul> <li>(n=24) Intervention 1: ≤3 days to free flap reconstruction cover.</li> <li>(n=39) Intervention 2: 4-7 days to free flap reconstruction cover</li> <li>(n=42) Intervention 3: &gt;7 days to free flap reconstruction cover</li> <li>Process: Resuscitation, debridement and fracture stabilisation in theatre, NPWT (vacuum assisted closure) or moist gauze dressing applied to open fractures. Serial debridement in theatre until wound vitality was adequate, then free-flap transfer. Use of NPWT, timing and method of skeletal fixation and soft tissue reconstruction was at the discretion of the surgeon. IV antibiotics given from presentation to at least 72 hours post wound closure.</li> </ul>
Funding	None described

### Definitions:

Soft tissue and deep metal infection: presence of clinical signs of infection (increasing erythema and/or suppurative discharge from the wound as assessed by a PRSU surgeon, orthopaedic surgeon or infectious diseases physician, with positive cultures from soft tissues and fixation hardware. Osteomyelitis was identified acutely by clinical evidence with positive cultures from bone and chronically by x-ray MRI or CT imaging.

Partial flap loss: debridement occurred for partial flap necrosis.

Total flap loss: required complete removal of the free-flap.

Covariates in the MVA: age, gender, smoking, ISS (injury severity score), GA (Gustilo and Anderson score) and ASA (American Society of Anaesthesiology) scores, injury location, flap type, method of fracture fixation and use of NPWT.

RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON: ≤3 days versus 4-7 days versus >7 days of exposed metalware to free flap reconstruction MVA results (note the potential outcome reporting bias, where because the original grouping of >7 days did not show significant differences to <3 days, the researchers

opted to present the results of a >14 days compared with <3 days analysis.

Flap failure (total or partial)

- Actual outcome: Flap failure (total or partial); Group 1: 3/24, Group 2: 12/39, Group 3; 15/42. MVA: Delay of >14 days (compared with < 1 day) independently predicted higher flap take-backs OR 7.41 (95%CI 1.56-35.18). Risk of bias: Very high; Indirectness of outcome: Serious indirectness

Deep surgical site infection (infection involving the bone)

- Actual outcome: deep infection Group 1: 1/24, Group 2: 6/39, Group 3; 12/42. MVA: Delay of >14 days (compared with < 3 days) independently predicted higher rates of deep infection OR 10.53 (95%CI 1.11-99.83). Risk of bias: Very high; Indirectness of outcome: Serious indirectness

Osteomyelitis Group 1: 1/24, Group 2: 3/39, Group 3; 9/42. MVA: Delay of >14 days (compared with < 3 days) independently predicted higher rates of deep infection OR 11.50 (95%CI 1.19-111.51). Risk of bias: Very high; Indirectness of outcome: Serious indirectness

The following were not analysed with an MVA (or it was unclear) and these are not included in the review because of large differences in age at baseline (up to 8 years):

Mean (SEM) number of post-flap operations were Group 1: 0.5(0.2), Group 2: 1.1(0.3), Group 3; 1.6(0.3).

Mean (SEM) length of stay (days) was Group 1: 20(1.6), Group 2: 24.8(1.6), Group 3; 36.2(3.0).

Length of hospital stay

- Actual outcome: Length of stay, days (SEM); Group 1: 26.6 (2.8), Group 2: 30.0 (4.8), Group 3; 49.0 (5.4).

Further unplanned surgery

- Actual outcome: Post flap operations, mean (SEM); Group 1: 0.9 (0.4), Group 2: 1.4 (0.7), Group 3; 2.5 (0.5)

Protocol outcomes not reported by the study Mortality at 1,12 months, health-related quality of life, amputation and return to normal activities

Table 50: Webb 2007<sup>66</sup>

Study	Webb 2007 <sup>66</sup>
Study type	Retrospective cohort study
Number of studies (number of participants)	1 (n=105 patients with Gustilo type-IIIA-C tibial open fractures, who underwent limb salvage). 85 Gustilo IIIB, 17 Gustilo IIIA and 4 Gustilo IIIC.
Countries and setting	Probably USA; setting unclear but patients were enrolled in the Lower extremity Assessment Project (LEAP).
Line of therapy	First-line
Duration of study	2-7 year follow-up

Method of assessment of guideline condition	Gustilo grading
Stratum	Adults
Subgroup analysis within study	Not applicable. Controlled for by multivariate analysis
Inclusion criteria	Gustilo type III A,B or C
Exclusion criteria	Co-existing limb-threatening foot, ankle, pilon or knee injuries; segmental fractures of proximal or distal tibia; <2 years of follow-up; delayed amputation
Recruitment/selection of patients	All eligible patients from the LEAP database
Age, gender and ethnicity	Not described; however an MVA was reported to have been carried out
Interventions	Intervention 1: ≤3 days to soft tissue cover.  Intervention 2: >3 days to soft tissue cover.  Most cover was performed with free or rotational muscle flaps; only 3 were performed with fasciocutaneous flap but group make-up unclear  Process: No other details of care given in the paper
Funding	Academic funding but no commercial conflicts of interest

Covariates in the MVA: Not well reported but included time to debridement, sociodemographic variables, injury characteristics and severity (all available injury descriptors). Hence all likely confounders were almost certainly well-covered. However, the requirement of 10 events per variable in the MVA was clearly not met.

No data were presented for relevant outcomes, but paper reported that: "timing of soft-tissue coverage (3 days or less after the injury as compared with more than three days after the injury had no apparent effect on clinical or functional outcome". Outcomes included days in hospital and total number of surgical procedures.

Protocol outcomes not reported by the study Mortality at 1,12 months, health-related quality of life, amputation and return to normal a	ctivities
---	-----------

Table 51: Dallevrand2014 2007<sup>8</sup>

Study	Dalleyrand, 2014 <sup>8</sup>
Study type	Retrospective cohort study

Number of studies (number of participants)	1 (n=69 patients with tibial (n=45), plateau (n=17) and pilon (n=12) open fractures
Countries and setting	Probably USA; academic trauma centre
Line of therapy	First-line
Duration of study	More than 3 months follow-up. Median 14 months (range 3-59 months).
Method of assessment of guideline condition	Clinical assessment
Stratum	Mixed ages (15-76 years)
Subgroup analysis within study	Not applicable. Controlled for by multivariate analysis
Inclusion criteria	Acute open tibial fracture (including shaft, plateau and pilon) requiring flap for initial soft-tissue coverage.
Exclusion criteria	Treatment for breakdown of previously closed wound; follow-up < 3 months.
Recruitment/selection of patients	All eligible patients from the medical records in a single trauma centre in a 4 year time span
Age, gender and ethnicity	No group data for the timing of coverage 'groups' but a propensity analysis performed covering all likely confounders. Overall age 36 (range 15-76); 53:21 gender ratio.
Interventions	Intervention 1: 1-7 days to soft tissue cover. Intervention 2: >7 days to soft tissue cover.
	Process: No other details of care given in the paper
Funding	Academic funding but no commercial conflicts of interest
Consists in the DAYA consists assets	

Covariates in the MVA: propensity scores calculated for propensity to go into each of the two soft tissue cover groups. It included: gender, age, ISS, zone of injury, mechanism of injury, use of negative wound pressure therapy, use of antibiotic bead pouch and rotational nature of the flap. Further analysis using logistic regression included fracture classification.

Infection: After MVA adjustment, the effect of **one day of flap delay** on the odds of infection<sup>a</sup> was not significant between 1 and 7 days: OR: 0.94(0.65-1.36)[p=0.73] but was significant after 7 days: OR: 1.155(1.03-1.29)[p=0.011].

Protocol outcomes not reported by the study Mortality at 1,12 months, health-related quality of life, amputation and return to normal activities

(a) Not specified if deep or superficial, so taken as superficial.

Table 52: Pollak2010<sup>49</sup>

Study	Pollak2010 <sup>49</sup>
Study type	Retrospective cohort study
Number of studies (number of participants)	1 (n=315 patients with high energy lower extremity injury and open fracture)
Countries and setting	Probably USA; setting unclear but patients were enrolled in the Lower extremity Assessment Project (LEAP).
Line of therapy	First-line
Duration of study	More than 3 months follow-up.
Method of assessment of guideline condition	Clinical assessment
Stratum	Mixed ages (16-69 years)
Subgroup analysis within study	Not applicable. Controlled for by multivariate analysis
Inclusion criteria	16-69 years; admitted to one of 8 participating level 1 trauma centres for the treatment of limb-threatening lower extremity trauma distal to the femur; Gustilo type IIIA-C open tibial, ankle, pilon and foot fractures.
Exclusion criteria	GCS<15 at 21 days after hospitalisation or discharge; spinal cord deficit; previous amputation; third degree burns; transferred to treatment centre . 24 hours post injury; No English/Spanish; psychiatric disorder; active military duty
Recruitment/selection of patients	A sub-set of the LEAP database.
Age, gender and ethnicity	No group or overall age/gender or ethnicity data for the timing of coverage 'groups' but a multivariable analysis performed covering all likely confounders.
Interventions	The time to soft tissue cover was one of the covariates in the MVA.  All patients were managed by a protocol that included aggressive fracture debridement, antibiotic coverage, fracture stabilisation, repeat debridement and early soft-tissue coverage
Funding	Academic funding but no commercial conflicts of interest

Covariates in the MVA: Not well reported but included time to debridement, sociodemographic variables, health habits and fracture classification. However, the requirement of 10 events per variable in the MVA was possibly not met.

Infection: After MVA adjustment, the effect of timing of cover was not an independent predictor of the development of serious infection requiring rehospitalisation. The mean time from debridement to cover of those with major infection was 4.4(3.3) days and 5.7(4.9) for those without major infection.

Protocol outcomes not reported by the study Mortality	at 1,12 months, health-related quality of life, amputation and return to normal activities
---	--

Table 53: Wei 2014<sup>68</sup>

Study	Wei 2014 <sup>68</sup>
Study type	Retrospective cohort study
Number of studies (number of participants)	1 (n=80 patients with open tibial fractures)
Countries and setting	China
Line of therapy	First-line
Duration of study	Mean: 33-38 months
Method of assessment of guideline condition	Clinical assessment
Stratum	Primary closure, delayed closure (staged)
Subgroup analysis within study	Not applicable.
Inclusion criteria	Open tibial fractures of grade IIIa or IIIb; age >18; soft tissue wounds treated with VAC; fractures treated with IF and EF methods
Exclusion criteria	Immediate amputation; PVD, diabetes, immune dysfunction.
Recruitment/selection of patients	Consecutive patients between 2005 and 2011.
Age, gender and ethnicity	Age: 36/43; male67%/73%
Interventions	(n=27) Intervention 1: Primary wound closure – One stage debridement, internal fixation and cover, using NPT. (n=22) Intervention 2: Delayed wound closure – primary debridement at same time as internal fixation, with direct cover of wound with non-adherent sponge and intermittent suction via a vacuum assisted colure. Final wound coverage about 7 days later depending on soft tissue status.
	No multivariable analysis but both groups were adequately similar for age and grade of fracture. They were also similar for sex, type of trauma, time to debridement and fixation methods.  CHILDREN: Unclear

Complex fractures: Appendices G - H
Clinical evidence tables

Funding	None	
RESULTS (NUMBERS ANALYSED) AND RISK OF BI	AS FOR COMPARISON: Primary closure versus delayed closure	
Only adult results given as results for children by group were not reported		
Deep infection		
Primary closure 5/27, delayed closure 6/22		
Amputation		
Primary closure 1/27, delayed closure 3/22		
Osteomyelitis		
Primary closure 3/27, delayed closure 4/22		
Protocol outcomes not reported by the study	Mortality at 1,12 months, hospital stay, further unplanned surgery, flap failure (total or partial), and return to normal	

activities

Table 54: Lack 2015<sup>38</sup>

Study	Lack 2015 <sup>38</sup>
Study type	Retrospective Cohort
Number of studies (number of participants)	1 (n=137 patients)
Countries and setting	Conducted in USA
Line of therapy	First-line
Duration of study	Followed up up to 90 days after the original injury.
Method of assessment of guideline condition	Observation of injury
Stratum	-
Subgroup analysis within study	Not applicable. Controlled for by multivariate analysis.
Inclusion criteria	Open fractures with Gustillo Anderson Grade III.
Exclusion criteria	Missing data; non-reconstructible limbs

	_	_	-	
1	Ċ		5	
			2	
į	ē	ī	j	
1	ľ			)
			2	
1			:	٠
1	ř	١	ì	
			_	
	1			)
1	ř		_	,
	_			,
1			2	
1	٢	Ī	)	
			5	
1	٢	Ī	2	
	,	_		
1	۶	,		J
1			7	
1			4	
			Ś	
- 1	r	Ī	)	
1	•			
	ľ	•		
1				)

Recruitment/selection of patients	Consecutive patients presenting with an open fracture in 2013.
Age, gender and ethnicity	Mean age similar between those with non-infected and infected fractures (40 vs 40.5); gender and ethnicity not reported.
Indirectness of population	No indirectness
Interventions	Definitive fracture fixation and wound management followed basic standard principles. Diaphyseal fractures were treated with intramedullary fixation. Those with intra-articular extension or at the very distal or proximal metaphysis were usually treated with plate and screw fixation. Those with intra-articular extension or at the very distal or proximal metaphysis were usually treated with plate and screw fixation. The standard regimen for antibiotic prophylaxis was Cefazolin (128/137). Other antibiotics used were clindamycin or vancomycin. Temporizing external fixation was used when necessary and definitive fixation was performed as soon as the patient and wound were amenable. Wounds were closed when possible and those not able to be closed were treated with negative pressure dressings pending definitive wound coverage.
Funding	Internal academic funding; no commercial funding

# RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON:

Protocol outcome 1: Deep surgical site infection

- Actual outcome: Time of antibiotic administration: For patients with >5 days to cover the adjusted OR for deep infection was 7.39 (95% CIs: 2.54 to 27.04), compared to ≤5 days to cover. Adjustment was made for for age, Gustillo-Anderson classification, smoking, presence of diabetes, time to debridement and time to antibiotics Risk of bias: Very high; Indirectness of outcome: No indirectness.

Protocol outcomes not reported by the study	Mortality up to 12 months, Health related quality of life, Return to normal activities, Re-operation (unplanned),
	Amputation, Functional outcomes and length of stay.

# **G.1.8** Definitive dressings after debridement

**Table 55:** Rasool **2013**<sup>53</sup>

Study	Rasool 2013 <sup>53</sup>
Study type	RCT (Patient randomised; Parallel)

Study	Rasool 2013 <sup>53</sup>
Number of studies (number of participants)	(n=50)
Countries and setting	Conducted in Pakistan; Setting: Hospital
Line of therapy	First-line
Duration of study	Intervention time: Up to 40 days
Method of assessment of guideline condition	Adequate method of assessment/diagnosis
Stratum	Overall
Subgroup analysis within study	Not applicable
Inclusion criteria	Grade II, IIIA, IIIB open tibial fractures
Exclusion criteria	Gustilo type I, IIIC, gunshot injuries, and contraindications for wound VAC use
Recruitment/selection of patients	Recruited from March 2010 until March 2012
Age, gender and ethnicity	Age - Range: 10-40 years. Gender (M:F): 35/15. Ethnicity:
Further population details	1. Age: Not applicable/Not stated/Unclear (Mixed). 2. Grade of fracture: Not applicable/Not stated/Unclear (Mixed).
Indirectness of population	No indirectness
Interventions	(n=25) Intervention 1: Dressings - Negative pressure dressing. VAC therapy. Continuous negative pressure of 125 mm of mercury was applied to the wound Duration Until appearance of 100% granulation tissue over the wound. Concurrent medication/care: All patients received irrigation, sharp debridement, tetanus prophylaxis and empirical systemic antibiotics against staphylococci. Dressings were changed 3 times a week. Further details: 1. Setting: Acute care  (n=25) Intervention 2: Dressings - Standard dry/saline/antiseptic dressing. Saline soaked dressing. Duration Until appearance of 100% granulation tissue over the wound. Concurrent medication/care: All patients received irrigation, sharp debridement, tetanus prophylaxis and empirical systemic antibiotics against staphylococci. Dressings were changed 3 times a week.  Further details: 1. Setting: Acute care
Funding	Funding not stated
RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON: NEGATIVE PRESSURE DRESSING versus STANDARD DRY/SALINE/ANTISEPTIC DRESSING  Protocol outcome 1: Wound healing at 6 weeks	

Study	Rasool 2013 <sup>53</sup>
- Actual outcome: Wound healed within 30 days	at .; Group 1: 25/25, Group 2: 13/25; Risk of bias: ; Indirectness of outcome: No indirectness
Protocol outcomes not reported by the study	Quality of life at .; Re-operation (unplanned)/amputation at .; Function at .; Deep infection (bone) at .; Wound infection at .; Tissue necrosis at .; Return to normal activities at .

Table 56: Stannard 2009<sup>61</sup>

Study	Stannard 2009 <sup>61</sup>
Study type	RCT (Patient randomised; Parallel)
Number of studies (number of participants)	(n=58 (with 62 open fractures))
Countries and setting	Conducted in United Kingdom; Setting: Level 1 trauma centre
Line of therapy	First-line
Duration of study	Follow-up (post intervention): 14-67 months
Method of assessment of guideline condition	Adequate method of assessment/diagnosis
Stratum	Overall
Subgroup analysis within study	Not applicable
Inclusion criteria	Severe open fracture (heavily contaminated type II/IIIA, severe soft tissue injury type IIIA, all types IIIB and IIIC). Over 18 years of age, consent
Exclusion criteria	Open fractures that could be closed after initial surgery and did not require serial debridements, infected open fractures, a surgical incision that cannot be treated with NPWT, prisoners, pregnancy, did not consent, unable to complete protocol.
Recruitment/selection of patients	Recruited from June 2001 until August 2006
Age, gender and ethnicity	Age - Other: Not reported. Gender (M:F): 39/19. Ethnicity:
Further population details	1. Age: Adults (18-65 years) 2. Grade of fracture: Not applicable/Not stated/Unclear (Mixed).
Extra comments	Intervention groups: well matched for time to wound closure. Grade of fracture was similar between groups though the NPWT group. Mean age of the groups was not reported.
Indirectness of population	No indirectness
Interventions	(n=35) Intervention 1: Dressings - Negative pressure dressing. Vacuum-assisted closure (VAC) system. Duration Until wound closure or coverage. Concurrent medication/care: Patients had irrigation and debridement every 46 to 72 hours followed by dressing replacement. This was continued until the wound was ready for closure or coverage. All

Study	Stannard 2009 <sup>61</sup>
	patients were given prophylactic IV antibiotics until 24 hours after closure or coverage. Patients were given either a broad spectrum cephalosporin or an aminoglycoside plus a first generation cephalosporin as prophylaxis. Patients who developed infections received antibiotics based on the sensitivity of their culture. Mean time to initial debridement was 5.9 hours.  Further details: 1. Setting: Acute care  (n=23) Intervention 2: Dressings - Standard dry/saline/antiseptic dressing. Saline wet to moist dressing. Duration Until wound closure. Concurrent medication/care: Patients had irrigation and debridement every 46 to 72 hours followed by dressing replacement. This was continued until the wound was ready for closure or coverage. All patients were given prophylactic IV antibiotics until 24 hours after closure or coverage. Patients were given either a broad spectrum cephalosporin or an aminoglycoside plus a first generation cephalosporin as prophylaxis. Patients who developed infections received antibiotics based on the sensitivity of their culture. Mean time to initial debridement was 7.7 hours.  Further details: 1. Setting: Acute care
Funding	Principal author funded by industry (Grant from Kinetics Concepts Inc.)

RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON: NEGATIVE PRESSURE DRESSING versus STANDARD DRY/SALINE/ANTISEPTIC DRESSING

Protocol outcome 1: Quality of life at .

- Actual outcome: SF36 mental component score at 3 months; Risk of bias: Very high; Indirectness of outcome: No indirectness
- Actual outcome: SF36 mental component score at 12 months; Risk of bias: Very high; Indirectness of outcome: No indirectness
- Actual outcome: SF36 physical component score at 3 months; Risk of bias: Very high; Indirectness of outcome: No indirectness
- Actual outcome: SF36 physical component score at 12 months; Risk of bias: Very high; Indirectness of outcome: No indirectness

Protocol outcome 2: Deep infection (bone) at .

- Actual outcome: Deep infection at 11 weeks; Group 1: 2/35, Group 2: 7/23; Risk of bias: Very high; Indirectness of outcome: No indirectness

Protocol outcome 4: Wound healing at 6 weeks

- Actual outcome: Wound healed ready for closure at .; Risk of bias: Very high; Indirectness of outcome: No indirectness

Protocol outcome 5: Return to normal activities at .

- Actual outcome: Length of stay in hospital at .; Risk of bias: Very high; Indirectness of outcome: No indirectness

Study	Stannard 2009 <sup>61</sup>
Protocol outcomes not reported by the study	Re-operation (unplanned)/amputation at .; Function at .; Tissue necrosis at .

# **G.2** Pelvic fractures

# **G.2.1** Decision for pelvic binders

Table 57: Gross 2005<sup>21</sup>

Reference	Study type	No. of patients	Patient characteristics	Index test	Reference test	Time between tests	Outcomes (Index/Ref)	Effect sizes	Source of funding	Comments
Gross EA and Niedens BA. Validation of a decision instrument to limit pelvic	Diagnostic	973	'Level one' trauma patients, defined as people brought in by the emergency	This tool involved 5 criteria: • GCS <14 • Complaint of pelvic pain	Antero- posterior X- ray	Not stated	Risk tool versus (all fractures) TP FN FP	<b>X-ray</b> 60 2 477	Maricopa medical foundatio n	Blinding not reported.
radiography in blunt trauma. The Journal of Emergency Medicine 2005; 28: 263-266			services. USA	<ul> <li>Pelvic tenderness on examination</li> <li>Distracting injury</li> <li>Clinical intoxication</li> <li>If one or more were present the test was positive</li> </ul>			TN Sensitivity Specificity Positive predictive Negative predictive	0.97 0.48 0.11		
				for pelvic fracture. In this study the tool was used to predict who should be sent for X-ray.			Risk tool versus (clinically impor fractures) TP	_		

# **G.2.2** Pelvic imaging

Table 58: 37

Reference	Study type	No. of patients	Patient characteristics	Index test	Reference test	Time between tests	Outcome measures (Index/Ref)	Effect sizes	Source of funding	Comments
37	Prospective	451	All identified with pelvic fractures of	Plain film X- ray	Review of all medical records,	Not reported	Pelvic fracture X-ray in all chi	-	Not reported	Decision to X ray made at
			dislocations. 14% of these underwent operative intervention. GCS 15, MVA in 39%, hit	interpreted by board radiologists.	including CT scans. Also appears X rays were included, which may have		sensitivity	0.78 (0.73 to 0.82)		discretion of physicians – thus possible that
			by vehicle in 41%		increased		Pelvic fracture	es .		some fractures
					concordance		X-ray in childr	en 0-12		were not
			Inclusion: <18 years; presenting <24 hours after blunt torso trauma;		between index and reference tests. Telephone follow up also			0.73 (0.66 to 0.79)		included, which may have affected

95

Reference	Study type	No. of patients	Patient characteristics	Index test	Reference test	Time between tests	Outcome measures (Index/Ref)	Effect sizes	Source of funding	Comments
Reference	Study type			Index test	Reference test used			sizes es		results, if there was an association between clinical suspicion and X-ray detection.

Table 59: 64

Reference	Study type	No. of patients	Patient characteristics	Index test	Reference test	Time between tests	Outcome measures (Index/Ref)	Effect sizes	Source of funding	Comments
64	Retrospective	17	Patients (8 women,	Plain film X-	A musculoskeletal	Not	Area under RO	oc	Not	Only the
			9 men; age range,	ray including	radiologist	reported	X-ray	0.92	reported	area under

Reference Stud	No. o	Index test	Reference test	Time between tests	Outcome measures (Index/Ref)	Effect sizes	Source of funding	Comments
Reference Stud		Index test anterior- posterior pelvis and frog-leg lateral views (if available) of the hips. Not available for all cases (27 out of 33 hips). Radiographs selected to be as near to time of injury as possible.	Reference test reviewed all images (X-ray, CT, 3DCT), clinical history, and follow-up examinations. In 'many' cases the follow-up included plain- films.					the ROC was reported for all pelvic fractures. Sensitivity and specificity was provided for comminuted fractures only

# **G.2.3** Pelvic cystourethrogram

Table 60: Chan 2006<sup>6</sup>

			Patient	Index test(s) and reference		
Reference	Study type	Number of patients	characteristics	standard + target condition	Statistical measures and 2x2 tables	Comments

Reference	Study type	Number of patients	Patient characteristics	Index test(s) and reference standard + target condition	Statistical measur	es and 2x2 tables	Comments
Chan 2006 <sup>6</sup>	Retrospective cohort study  Data source: Patient records  Setting: Level 1 Trauma Center  Country: USA  Recruitment: January 1st 2000 until December 31st 2004	Inclusion criteria: Trauma patients with suspected bladder rupture after an initial CT with contrast, who consequently underwent CT cystography  Exclusion criteria: None	Male: Female 142:92  Mean (range): 42 years (3-94)  163 (70%) patients had pelvic fractures	Index test CT with contrast followed by CT cystography. Bladder refilled between initial CT and CT cystography  4-MDCT and 16-MDCT used  Reference standard Operative findings and the progress of the patient's clinical condition during hospital stay and subsequent clinical follow-up (length of follow-up not stated).  Target conditions Bladder injury: extraperitoneal rupture, intraperitoneal rupture, combined rupture.	Specificity PPV	18 0 206^ 0 1 (0.81-1) 1 (0.98-1) 1 1 11 0 212^ 1 0.92 (0.62-1.0) 1 (0.98-1.0) 1 1 5 1 218^ 0 1 (0.48-1.0) 1 (0.98-1.0) 0 (0.62-1.0)	Source of funding: No funding stated  Limitations: Unreliable reference standard

Complex fractures: Appendices G - H
Clinical evidence tables

(b) 216 patients had negative tests but 10 died and were lost to follow-up. They have been removed from the analysis.

Table 61: Horstman 1991<sup>28</sup>

Reference	Study type	Number of patients	Patient characteristics	Index test(s) and reference standard + target condition	Statistic	al measur	es and 2x	2 tables	Comments
Reference Horstman 1991 <sup>28</sup>	Study type: retrospective cohort study  Data source: Medical records  Setting: Hospital	n=25  Inclusion criteria: People who had both CT and conventional cystography as initial evaluation of blunt trauma.  No details as to why patients had both CT		Index test Conventional cystography. Unclear if any other imaging was carried out beforehand.  All patients had CT cystography as well but radiographers interpreting conventional cystography were blinded to those results.  Reference standard	Index test + Index test - Total Sensitivi Specifici PPV	Ref std + 5 0 5	Ref std - 1 19 20 1 (0.48-1 0.95 (0.7 0.83	Total 6 19 1.0)	Source of funding: No funding stated  Limitations: Unreliable reference standard Selection bias: no
	Country: USA Recruitment: Approximatel y 1985-1990.	cystography and conventional cystography  Exclusion criteria: None detailed		Operative findings, later imaging for 5 positive (conventional cystography 10-12 days later) and clinical follow-up (negatives). Length of follow-up not stated.  Target condition Bladder rupture	NPV		1		explanation of why these patients received both CT cystography and conventional cystography.

Table 62: Quagliano 2006<sup>50</sup>

	~B =					
			Patient	Index test(s) and reference		
Reference	Study type	Number of patients	characteristics	standard + target condition	Statistical measures and 2x2 tables	Comments

Comments

Source of

inconclusive

Reference

Study type

Quagliano Study type:

20065	Prospective	consecutive)	Not detailed	Abdominal/pelvic CT	TP	18	funding:
	cohort study	,		(single/dual/quadruple) followed	FP	0	Funding not
	•	Inclusion criteria:	Mean age:	by conventional retrograde	TN	193	stated
	Setting:	Haemodynamically	Not detailed	cystogram. Bladder refilled	FN	1	
	Trauma	stable people with		between initial CT and	Sensitivity	0.95 (0.74-1.0)	Limitations:
	centre	blunt torso trauma	Unclear how	conventional cystography	Specificity	1 (0.98-1.0)	<ul> <li>Unreliable</li> </ul>
		who were considered	many patients		PPV	1	reference
	Country:	at risk for bladder	had pelvic	Patients also received a CT	NPV	0.995	standard
	USA	injury (gross	fracture	cystogram in between initial CT	Extraperitoneal		• Index test:
		haematuria, pelvic fracture, high clinical		and conventional cystogram. Results not reported here because	rupture		radiologist
	Recruitment:	suspicion) after		not all scans were done using	TP	13	not blinded
	October	abdominal/pelvic CT.		MDCT. Radiologist interpreting	FP	0	to CT
	1994-March	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		conventional cystogram was not	TN	1	cystography results
	2003	Exclusion criteria:		blinded to CT cystogram results.	FN	198	• Selection
		None detailed.			Sensitivity	0.93 (0.66-1.0)	bias: non-
				Reference standard	Specificity	1 (0.98-1.0)	consecutive
				Surgical findings, later imaging	PPV	1	patients and
				(conventional cystography) and	NPV	0.995	towards end
				clinical follow-up were used as the	Intraperitoneal		of study
				reference standard. Length of	rupture		conventional
				follow-up not stated.	TP	5	cystograms
					FP	0	were only
				Target condition	TN	0	ordered
				Bladder injury: extraperitoneal	FN	207	when CT results were
				rupture, intraperitoneal rupture,	Sensitivity	1 (0.48-1.0)	inconclusive

combined rupture.

Index test(s) and reference

standard + target condition

Index test

Statistical measures and 2x2 tables

Bladder injury

Specificity

PPV

NPV

1 (0.98-1.0)

1

1

Patient

characteristics

Male: Female

**Number of patients** 

n=212 (non-

# Pelvic haemorrhage control **G.2.4**National Clinical Guideline Centre, 2016

Table 63: Katsura 2013<sup>33</sup>

Study	Nationwide observational study from the Japan Trauma Data Bank trial: Katsura 2013 <sup>33</sup>
Study type	Retrospective cohort study
Number of studies (number of participants)	1 (n=317)
Countries and setting	Conducted in Japan; Setting: Data from patients that met the inclusion criteria from 87 emergency hospitals in Japan.
Line of therapy	Unclear
Duration of study	Intervention + follow-up: 6 years
Method of assessment of guideline condition	Adequate method of assessment/diagnosis: Adjusted comparison between the two groups using 3 different models
Stratum	Overall
Subgroup analysis within study	Not applicable
Inclusion criteria	Blunt Trauma patients who had both pelvic fractures and positive FAST results. Eligible patients included those who underwent either Laparotomy or TAE as the initial therapeutic intervention
Exclusion criteria	1) penetrating trauma patients, 2) unsalvageable severe head injury (head AIS >5), 3) patients who underwent a different initial therapeutic intervention, 4) patients who were dead on arrival, 5)unknown hospital discharge disposition
Recruitment/selection of patients	Patients who met inclusion criteria
Age, gender and ethnicity	Age - Mean (SD): Lap: 48.7 and TAE 48.9. Gender (M:F): M:F 185:132. Ethnicity: Japanese
Further population details	
Extra comments	Retrospective cohort study using data derived from the prospectively maintained Japan Trauma Data Bank (JTDB) from 2004 to 2010. Total of 317 patients from 87 institutions that submitted data were analysed
	Concurrent medication/care: M:F ratio= 86:37 . LAP group had a higher proportion of men, a higher mean ISS and a higher mean abdominal AIS score than the TAE group. The LAP group had a lower mean GCS score and was more likely to present with a lower mean systolic blood pressure (SBP)
	Concurrent medication/care: M:F ratio= 99: 95. TAE group had a higher mean pelvic AIS score and showed better probability of survival than the LAP group. Approximately 50% of the patients who were hypotensive in the ED underwent TAE as the initial therapeutic intervention
Indirectness of population	No indirectness
Interventions	(n=123) Intervention 1: Other - any other treatment. Group of patients that had Laparotomy as the first therapeutic

Study	Nationwide observational study from the Japan Trauma Data Bank trial: Katsura 2013 <sup>33</sup>
	intervention after presentation with a pelvic fracture and positive FAST result. Duration 6 years.
	(n=194) Intervention 2: Arterial embolization (interventional radiology) - arterial embolization. Group of patients that had trans-arterial embolization as the first therapeutic intervention after presentation with a pelvic fracture and positive FAST result. Duration 6 years
Funding	Academic or government funding
Protocol outcome 1: Mortality at Define - Actual outcome: In-hospital mortality at 6 year	rs; Group 1: 50/102, Group 2: 52/102; Risk of bias: Very high; Indirectness of outcome: No indirectness
Protocol outcomes not reported by the study	Quality of life at Define; Re-bleeding rates at Define; Need for further intervention at Define; Volume of blood lost/Number of transfusions required at Define; Time to definitive control of haemorrhage at Define; Need for rescanning at Define; Adverse effects at Define; Pain/Discomfort at Define; return to normal activities at Define; Length of stay at Define

# **G.3** Pilon fractures

# **G.3.1** Pilon early fixation

Table 64: Davidovitch 2011<sup>10</sup>

Study	Davidovitch 2011 <sup>10</sup>
Study type	Non-randomised study
Number of studies (number of participants)	1 (n=46)
Countries and setting	Conducted in USA; Setting: ED or tertiary care centre receiving ED referrals
Line of therapy	First-line First-line
Duration of study	Follow-up (post intervention): 18-22 months

Method of assessment of guideline condition	Adequate method of assessment/diagnosis
Stratum	Overall
Subgroup analysis within study	Not applicable
Inclusion criteria	acute fractures of the distal tibial plafond (OTA type 43 C fracture)
Exclusion criteria	Type A or B OTA type 43 fractures; incomplete chart/ X ray data;
Recruitment/selection of patients	Retrospective analysis of patient notes
Age, gender and ethnicity	Age - Mean (SD): 42.5. Gender (M:F): 30:16. Ethnicity: Not stated
Further population details	None
Indirectness of population	No indirectness
Interventions	(n=20) Intervention 1: repair - definitive fixation within 24 hours. Possible that definitive fixation may have not been until a mean of 4.6 days but reporting was very unclear and it's possible that the 4.6 days may relate only to fibular repair. Definitive fixation was external fixation that consisted of angle ankle joint spanning, single hinged device and limited internal fixation with or without fibular fixation. Following reduction, cannulated screws were placed across fracture lines for compression. Surgeon was fellowship trained  (n=26) Intervention 2: repair - temporary fixation and then definitive fixation at >7 days. Definitive fixation at mean of 13.3 days after temporary external fixation. Temporary fixation was done with a spanning external fixator (n-18) with or without fixation of the fibular fracture or done with in a splint (n=8).
Funding	Funding not stated

RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON: DEFINITIVE FIXATION WITHIN 24 HOURS versus TEMPORARY FIXATION AND THEN DEFINITIVE FIXATION AT >7 DAYS

Protocol outcome 1: Deep infection

- Actual outcome: Deep infection; Group 1: 2/20, Group 2: 3/26; Risk of bias: Very high; Indirectness of outcome: No indirectness

Protocol outcome 2: Unplanned surgery

- Actual outcome: Number of surgeries; Group 1: mean 1.5 number of surgeries (SD 0.738); n=20, Group 2: mean 2.1 number of surgeries (SD 0.738); n=26; Risk of bias:

Very high; Indirectness of outcome: No indirectness

Protocol outcome 3: Function

- Actual outcome: AOFAS total score; Group 1: mean 77.1 (SD 14.4); n=20, Group 2: mean 72.4 (SD 21); n=26; AOFAS 0-100 Top=High is good outcome; Risk of bias: Very high; Indirectness of outcome: No indirectness
- Actual outcome: SMFA function index; Group 1: mean 25.8 (SD 15.2); n=20, Group 2: mean 34.3 (SD 19.1); n=26; SMFA function index 0-100 Top=High is poor outcome; Risk of bias: Very high; Indirectness of outcome: No indirectness

Protocol outcomes not reported by the study Quality of life; Hospitalisation; Mortality; Amputation; Pain; Return to normal activities; Length of stay

**Table 65:** Harris 2006<sup>23</sup>

Study	Harris 2006 <sup>23</sup>
Study type	Non-randomised study
Number of studies (number of participants)	1 (n=79)
Countries and setting	Conducted in USA; Setting: level one trauma centre in Ohio, USA
Line of therapy	First-line First-line
Duration of study	Follow-up (post intervention): 26 months
Method of assessment of guideline condition	Adequate method of assessment/diagnosis
Stratum	Overall
Subgroup analysis within study	Not applicable
Inclusion criteria	Fractures of the tibial plafond
Exclusion criteria	None reported
Recruitment/selection of patients	Retrospective review of patient data
Age, gender and ethnicity	Age - Mean (range): 25 (17 to 81). Gender (M:F): 45:31. Ethnicity: Not reported
Further population details	None
Indirectness of population	No indirectness

Interventions	(n=16) Intervention 1: Closed reduction and splinting, followed by definitive fixation at mean of 7.6 days. Definitive treatment consisted of limited open articular reduction and wire ring external fixation.  (n=63) Intervention 2: Closed reduction and splinting, followed by definitive repair (ORIF) at a mean of 11.2 days. Out of
	the 63 patients, fibular fixation and temporary external fixation or splinting was applied before the definitive ORIF in 56.
Funding	Funding not stated

RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON: POP AND THEN DEFINITIVE FIXATION FROM >24 HOURS TO 7 DAYS versus POP AND THEN DEFINITIVE FIXATION AT > 7 DAYS

Protocol outcome 1: Deep infection

- Actual outcome: Deep infection; Group 1: 1/16, Group 2: 0/63; Risk of bias: Very high; Indirectness of outcome: No indirectness

Protocol outcome 2: Unplanned surgery

- Actual outcome: secondary procedures; Group 1: 4/16, Group 2: 4/63; Risk of bias: Very high; Indirectness of outcome: No indirectness

Protocol outcome 3: Function

- Actual outcome: Foot function Index subscale total score at 98 weeks; Group 1: mean 0.4 (SD 0.305); n=16, Group 2: mean 0.23 (SD 0.305); n=63; Foot Function Index Subscale 0-1 Top=High is poor outcome; Risk of bias: Very high; Indirectness of outcome: No indirectness
- Actual outcome: Musculoskeletal function assessment scores at 98 weeks; Group 1: mean 34 (SD 23.5); n=16, Group 2: mean 20.9 (SD 23.5); n=63; Musculoskeletal Function assessment 0-100 Top=High is poor outcome; Risk of bias: Very high; Indirectness of outcome: No indirectness

Protocol outcomes not reported by the study Quality of life; Hospitalisation; Mortality; Amputation; Pain; Return to normal activities; Length of stay

# Table 66: Koulouvaris 2007<sup>34</sup>

Study	Koulouvaris 2007 <sup>34</sup>
Study type	Non-randomised study
Number of studies (number of participants)	1 (n=55)
Countries and setting	Conducted in Greece
ine of therapy	1st line

Duration of study	Follow-up (post intervention): up to 11 years
Method of assessment of guideline condition	Not reported
Stratum	Overall
Subgroup analysis within study	Not applicable
Inclusion criteria	Define
Exclusion criteria	Define
Age, gender and ethnicity	Age: . Gender (M:F): Define. Ethnicity:
Further population details	None
Indirectness of population	None
Interventions	(n=42) Intervention 1: definitive fixation within 24 hours. Immediate definitive external fixation. In 20 patients a half pin external fixator with ankle spanning was fitted. In 22 patients a single ankle sparring ring hybrid external fixator with tensioned wires was fitted. After primary reduction and plating of the fibula, reconstruction of the articular surface of the tibia was performed through a small arthrotomy. After surgery patients used a splint for 2 weeks  (n=13) Intervention 2: fibular fixation and placement of a medial spanning external fixator in all 13 patients. After an average of 12 days, the external fixator was removed and internal fixation of the fractures was carried out. Via a short distal skin incision, the plate was introduced subcutaneously, pushed proximally and fixed by screws inserted via stab incisions. Hardware was removed 2 years after the primary surgery
Funding	Funding not stated

RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON: DEFINITIVE FIXATION WITHIN 24 HOURS versus TEMPORARY FIXATION AND THEN DEFINITIVE FIXATION AT >7 DAYS

Protocol outcome 1: Unplanned surgery

- Actual outcome: Further surgery; Group 1: 0/42, Group 2: 1/13; Risk of bias: Very high; Indirectness of outcome: No indirectness

Protocol outcome 2: Return to normal activities

- Actual outcome: Return to leisure activities; Group 1: 35/42, Group 2: 12/13; Risk of bias: Very high; Indirectness of outcome: No indirectness

Protocol outcomes not reported by the study	Quality of life; Hospitalisation; Mortality; Amputation; Deep infection; Function; Pain; Length of stay

Complex fractures: Appendices G - H
Clinical evidence tables

Table 67: Tang 2014<sup>63</sup>

Study	Tang 2014 <sup>63</sup>
Study type	Non-randomised study
Number of studies (number of participants)	1 (n=46}
Countries and setting	Conducted in China
Line of therapy	1st line
Duration of study	Follow-up (post intervention): mean 25.8 months
Method of assessment of guideline condition	Not reported
Stratum	Closed
Subgroup analysis within study	Not applicable
Inclusion criteria	Unilateral AO/OTA type C closed pilon fractures, age 18-65 years; ORIF treatment and folwo up for >1 year
Exclusion criteria	Open fracture, pathological fracture, other fractures affecting the target ankle rehabilitation, AO soft tissue injuries grade 4 or above, compartment syndrome, neurovascular insufficiency, no follow up data, cancer, diabetes and immunodeficiency.
Age, gender and ethnicity	Age 45.11/44.26 . Gender (M:F): 17.6:1 Ethnicity: Chinese
Further population details	None
Indirectness of population	None
Interventions	(n=42) Intervention 1: definitive fixation within 36 hours. Immediate definitive ORIF
	(n=13) Intervention 2: Delayed ORIF fixation until 1-2 weeks after temporary external fixation.
Funding	Funding not stated

# RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON: DEFINITIVE FIXATION WITHIN 24 HOURS versus TEMPORARY FIXATION AND THEN DEFINITIVE FIXATION AT >7 DAYS

Protocol outcome 1: Deep infection

- Actual outcome: Deep infection; Group 1: 0/23, Group 2: 1/23; Risk of bias: Very high; Indirectness of outcome: No indirectness

Protocol outcome 2: Hospital stay

- Actual outcome: Hospital stay; Group 1: 7.6(2.6) days, Group 2: 15.2 (4.2) days; Risk of bias: Very high; Indirectness of outcome: No indirectness

Protocol outcome 3: Function (fair/poor)

- Actual outcome: Deep infection; Group 1: 0/23, Group 2: 0/23; Risk of bias: Very high; Indirectness of outcome: No indirectness

Protocol outcomes not reported by the study Quality of life; Hospitalisation; Mortality; Amputation; Deep infection; Function; Pain; Length of stay

# **G.3.2** Pilon fixation

# Staged internal fixation versus external fixation – RCT

# Table 68: Wang2010

Table 66: Waligzutu	
Study	Wang2010 <sup>65</sup>
Study type	Randomised controlled trial
Number of studies (number of participants)	n=60 fractures in 60 patients. 56 were successfully followed up and included in the study.
Countries and setting	Unclear, assumed to be the hospital that the author is from; Traumatology Department, Peking, China.
Line of therapy	First-line
Duration of study	Two-year follow-up
Method of assessment of guideline condition	Diagnosis and classification of tibial plafond fractures by 2 senior surgeons looking at radiographic and CT images. These surgeons were not involved in the patients surgery.
Stratum	Staged ORIF versus external fixation. NOTE: staging used calcaneal skeletal traction rather than external fixation.
Subgroup analysis within study	None

Inclusion criteria	Adults older than 18 years, closed type B3 and C Pilon fractures based on AO/OTA classification, both two staged ORIF and LIFEF were suitable for the fracture, no episodes of compartment syndrome.
Exclusion criteria	Ages at or younger than 18 years, type A or B1 or B2 Pilon fracture, history of peripheral angiopathy and/or arthritis in the injured leg, concomitant injuries to the brain, chest and/or abdomen, only one or none of the techniques was suitable for the fracture, AO soft tissue grade 4 or above injuries, open fractures, compartment syndrome was relieved by fasciotomy, associated with diabetes and pathologic fractures.
Recruitment/selection of patients	Patients were recruited from January 2005- June 2007
Age, gender and ethnicity	For the staged ORIF and external fixation groups respectively: Age – mean 40.1 SD 10.7 (range 22-62), mean 37.2 SD 10.9 (range 18-57) years. Gender (M: F) 25:2 and 26:3 .Ethnicity: Not reported
Indirectness of population	No indirectness
Interventions	Randomised (patients randomly allocated a number using a Statistical Package for Social Sciences (SPSS). No allocation concealment as the odd numbers were allocated to group 1 and even to group 2. Unblinded.
	First stage: Calcaneal skeletal traction (transverse Steinmann pin) was carried out on all patients.  Staged ORIF: 10-14 days post injury  External fixation: 11-15 days after injury.  Both groups had fibula fracture stabilisation with a plate or Kirschner wire carried out first. The Steinmann pin was then removed.
	ORIF group: anteromedial approach, complete replacement of articular surface (internal fixation (locking compression plates combined with screws or Kirschner wires). Allografting carried out in 8 cases.
	External fixation group: Standard dynamic axial fixator (Orthofix Srl) system with 4 external pins. Intra operative fluoroscopy was used for pin insertion guidance. Positioning template used to find centre of talar dome, Kirschner wire inserting to fix template and axis of template handle to be parallel to the tibia. Two further Kirschner wires inserted to calcaneus and talar, external frame installed. Pre- drilling technique and non-HA coated pins used. Lag screws or Kirschner wire were used for additional stabilisation and articular reconstruction once tibia length restored. 12 allografts.
	Antibiotic protocol: Cefotiam (IV), 30 mg/kg every 12 hours for 3 days after calcaneal skeletal traction and fracture fixations. Iodophor treatment of pin tracts twice a week (in hospital), saline post discharge.
	Monthly radiographs until fracture healed. 6 monthly follow-up until 2 yrs.  Weight bearing: partial from callus formation on radiograph (external fixation group also had dynamisation then,

Complex fractures: Appendices G - H
Clinical evidence tables

	loosening of bolts), full weight bearing on bone union (external fixator removed).
	Intervention 1 (n=27): Open reduction and internal fixation (ORIF) Intervention 2 (n=29): External fixation
Funding	None described

RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON: Staged ORIF versus external fixation

**Definitions:** 

Wound infection: Signs and symptoms of infection around the wound.

Chronic osteomyelitis: presence of chronic drainage from sinuses, fistulas, ulcers or X-ray evidence.

Protocol outcome 1: Surgical site infection. (n=56)

- Actual outcome: Number of patients with wound infections; Group 1: n=2/27 Group 2: n=0/29. Risk of bias: High; Indirectness of outcome: No indirectness.
- Actual outcome: Osteomyelitis; Group 1: n=1/27 Group 2: n=0/29. Risk of bias: High; Indirectness of outcome: No indirectness.

Group 1: 2 wound infections (Staph aureus in one wound), 1 pin site infection.

Group 2: 0 wound infections. 12 pin site infections.

All pin site infections occurred in the calcaneus and talus. Bacteria positive in 9 cases: Staph aureus n=5, Staphylococcus epidermidis n=2, Haemophilus influenza n=1, Pseudomonas aeruginosa n=1. All infections were treated by IV antibiotics.

Patient with wound infection developed chronic osteomyelitis (required additional surgery, 15 days of antibiotic treatment). No patient needed the metalwork removing.

Protocol outcomes not reported by the study Health-related quality of life, ankle fusion, unplanned further surgery, wound breakdown, patient reported outcome (return to normal activities)

# Table 69: Wyrsch 1996

Study	Wyrsch 1996 <sup>65</sup>
Study type	Randomised controlled trial
Number of studies (number of participants)	n=39 patients.
Countries and setting	Department of orthopaedics and rehabilitation, Vanderbilt University Medical Centre, Nashville
Line of therapy	First-line First-line
Duration of study	3 years + follow-up (Average 3 years)

Method of assessment of guideline condition	Unclear
Subgroup analysis within study	None
Inclusion criteria	Patients who had sustained an intra-articular fracture of the tibial plafond, which was classified with the system of Ruedi and Allgower. The indications for an operation included an open fracture and unacceptable alignment of the fracture (defined as a joint space or incongruity of the articular surface of more than two millimeters) or malreduction (greater than 10 degrees in any plane), or both, of the tibia and fibula.
Exclusion criteria	Patients who had an acceptable reduction of the fracture, sever osteoporosis, an inability to walk, or neuropathic joint, transfemoral amputation secondary to compartment syndrome.
Recruitment/selection of patients	Patients were recruited from January 1990 – December 1992
Age, gender and ethnicity	For the staged ORIF and external fixation groups respectively: Age – mean 38.84 SD 13.5, mean 37.65 SD 10.9.709. Gender (M: F) 2:1 and 2:1.Ethnicity: Not reported
Indirectness of population	No indirectness
Interventions	All patients with an open fracture underwent initial debridement, followed by immediate stabilisation (unclear exact method) at an average of 3 hours after injury.  Closed fractures were treated with reduction and application of a splint, followed by operative treatment within 48 hours unless severe swelling or fracture blisters were present. If the operation was delayed for more than 48 hours, the patient was placed in skeletal traction or was elevated in a Bohler-Braun frame. Average time from injury to operative procedure was 5 days.  Antibiotics were administered pre and post-operatively, antibiotics were administered parenterally to all patients. Patients with a closed fracture received cephalexin, 1 gram every 8 hours. Gentamicin was added to the regime for patients with open fractures.
	Group 1 - ORIF group: 2 separate incisions were made to stabilise the tibia and fibula. The fracture of the fibula was reduced through a lateral incision and stabilised with a plate or IM rod. After open reduction of the distal articular surface of the tibia and inspection of the talar dome, a buttress plate was applied to stabilise the fracture (type varied with surgeon including Dynamic compression plate, cloverleaf plate, mini-fragment T-plate).Post-operatively the lower extremity was immobilised for 2-3 weeks in a plaster splint  Group 2 - External fixation group: A limited internal fixation combined with external fixation; an Orthofix fixator (EBI Medical, Parsippany, New Jersey) or a Synthes AO fixator (Paoli, Pennsylvania. The fixator was kept in place for an average of 10 weeks and removed once evidence of bone callus formation was found.

	Intervention 1 (n=19): Open reduction and internal fixation (ORIF) Intervention 2 (n=20): External fixation
Funding	None described

RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON: Staged ORIF versus external fixation

**Definitions:** 

Wound infection: Signs and symptoms of infection around the wound.

Chronic osteomyelitis: presence of chronic drainage from sinuses, fistulas, ulcers or X-ray evidence.

Protocol outcome 1: Surgical site infection (n=39)

- Actual outcome: Number of patients with wound infections; Group 1: n=5/19 Group 2: n=6/20. Risk of bias: Very high; Indirectness of outcome: No indirectness.
- Actual outcome: Osteomyelitis; Group 1: n=3/19 Group 2: n=0/20. Risk of bias: Very high; Indirectness of outcome: No indirectness.

Protocol outcome 2: Unplanned Surgery (n=39)

- Actual outcome: Number of additional unplanned surgeries (n per patients; Group 1: mean (SD) 1.47 (2.12), n=19; Group 2: mean (SD) 0.3 (0.57), n=20. Risk of bias: Very high; Indirectness of outcome: No indirectness.
- Actual outcome: Number of additional unplanned surgeries; Group 1: n=9/19 Group 2: n=4/20. Risk of bias: Very high; Indirectness of outcome: No indirectness.

Protocol outcome 3: Wound breakdown (n=39)

- Actual outcome: Wound breakdown; Group 1: n=6/19 Group 2: n=0/20. Risk of bias: Very high; Indirectness of outcome: No indirectness.

Protocol outcome 4: Ankle fusion (n=39)

- Actual outcome: Wound breakdown; Group 1: n=0/19 Group 2: n=1/20. Risk of bias: Very high; Indirectness of outcome: No indirectness.

Protocol outcome 5: Amputation (n=39)

- Actual outcome: Wound breakdown; Group 1: n=3/19 Group 2: n=0/20. Risk of bias: Very high; Indirectness of outcome: No indirectness.

Protocol outcomes not reported by the study

Health-related quality of life, ankle fusion, , wound breakdown, patient reported outcome (return to normal activities)

# Staged internal fixation versus external fixation – Cohort

Table 70: Richards 2012

Study	Richards2012 <sup>54</sup>
Study type	Prospective Cohort (initially was designed as an RCT but changed due to low accrual (strict inclusion criteria of isolated fractures, patient and surgeon concerns about changing surgeons)
Number of studies (number of participants)	n=45
Countries and setting	Level 1 Trauma centre, United States of America
Line of therapy	First-line
Duration of study	Follow-up was for 12months. 18 (69%) in the external fixation group had 12 month follow-up, 27 (79%) in the staged ORIF group.
Method of assessment of guideline condition	Not specifically listed. Presumed to be clinical and radiographic examination by the surgeons
Stratum	Staged ORIF versus external fixation
Subgroup analysis within study	None
Inclusion criteria	Aged 18 years or older, had sustained an isolated unilateral open or closed plafond fracture, independently ambulatory prior to injury, English competent, granted consent
Exclusion criteria	Pathologic fractures, prolonged steroid use, renal failure, pre-existing symptomatic ankle arthritis, Paget's disease, ankle injuries that precluded ORIF or external fixation, decreased mental status type IIIC open tibia plafond fractures, transient patients without a fixed address, patients not living in the immediate vicinity, prisoners.
Recruitment/selection of patients	Patients who were treated at the Trauma center between June 2002 and June 2006. Initially randomised by sealed opaque envelopes after initial external fixation to receive definitive ORIF or definitive external fixation by a surgeon who felt comfortable with that method. This was changed to a prospective cohort design due to low accrual (see reasons above in study type section).
Age, gender and ethnicity	For the staged ORIF and external fixation groups respectively: Age – 46.9 (13.1)years, 40.6 (13.3)years. Gender (M: F) Not described .Ethnicity: Not described.  No significant difference was found between the groups for open fractures (%) or fracture classification (C1-3).
Indirectness of population	No indirectness
Interventions	Initial external fixation, followed by definitive ORIF (and removal of external fixator) or reduction via limited ORIF and external fixation until union.

	Staged ORIF: initial bridging external fixation with delayed joint fixation via minimal incisions at approximately 2 weeks post injury. Limited exposure of distal tibia articular surface; percutaneous plating and screw fixation was used. Immediate or delayed bone grafting with allograft or autograft at surgeons discretion.  Definitive external fixation: 2 weeks post injury visualisation of the joint by an incision. Screws were used for restabilisation of the articular surface. Length of time of external fixation use was up to the surgeon. Elective removal of fixator once healed. After 2 weeks, posterior splint removal with active and passive movement, with as tolerated weight bearing.  Intervention 1 (n=27): Staged Open reduction and internal fixation (ORIF) Intervention 2 (n=18): External fixation
Funding	Funded in part by a grant from the Orthopaedic Trauma Association and an EBI Educational Grant.

RESULTS (NUMBERS ANALYSED) AND RISK OF BIAS FOR COMPARISON: Staged ORIF versus external fixation

Protocol outcome 1: Health-related quality of life (n=45)

-Actual outcomes: SF-36 (Physical Function) at 6 months; Group 1: mean 49.7 (30.1), Group 2: mean 25.5 (18.0). Reported to be no significant difference at 3 and 12 months, but data was not given. Risk of bias: High; Indirectness of outcome: No indirectness

Protocol outcomes not reported by the study Ankle fusion, unplanned further surgery, wound breakdown, patient reported outcome (return to normal activities)

# G.4 Other

# **G.4.1** Identifying vascular compromise

Table 71: Busquets2004

Reference	Study type	Number of patients	Patient characteristics	Index test	Reference test	Time betwee n tests	Outcomes (Index/Ref)	Effect sizes	Source of funding	Comments
Busquets et al. Helical Computed	Retrosp ective	N=97 CTAs carried out on 95	Inclusion: Patients older than 16 years who	CTA (Computed Tomographic	CA (standard cathether	Unclear	CT angiography versus mixed		Not reported	Indirect population (36% with

Reference	Study type	Number of patients	Patient characteristics	Index test	Reference test	Time betwee n tests	Outcomes (Index/Ref)	Effect sizes	Source of funding	Comments
Tomographic Angiography for the Diagnosis of	cohort  Patients listed on	patients  Adults	underwent a CTA for evaluation of suspected vascular injury to	Angiography)  GE CTI helical scanner (GE	angiography) Or Surgery Or		procedures for the detection of arterial injury			fractures)  No specific gold
Traumatic	the		the upper or	Medical Systems),	CA & surgery		TP	25		standard
Arterial Injuries of the	Trauma		lower extremities (July 1998-	120ml of non-ionic	for those with		FN	0		comparison
Extremities.	registry, America		April2001). They	Optiray 320 contrast, using an	abnormal		FP	0		
The Journal	n		were identified	18 gauge catheter	CTAs And		TN	72		No blinding reported
of TRAUMA Injury,	College		through medical records, ICD	into the	Clinical follow		sens	100%		Теропси
Infection and	of Surgeon		coding, and	antecubital vein (injection rate 3-4	<b>up</b> for those		spec	100%		Adult and
Critical Care.	S,		trauma registry.	ml/sec using a	with normal		+ve pred	100%		young
2004; 56: 625-628.	Chicago		70% due to blunt trauma. Diminished pulse n=20, unilateral combined femur and tibia fracture (floating knee) n=34, nerve deficit or proximity wounds to vascular structures n=32, hard signs of arterial injury (ischemia, expanding hematoma or significant	power injector).  Transverse views, collimation of 2-3mm with a scan delay to target the area of interest.  Image reconstruction: 1-1.5mm (50% collimation width) intervals. Standard shaded surface displays, maximum intensity projection, curved planor reformation and volume	No information on the methodology of the CA or what surgery was performed		-ve pred	100%		person population

Complex fractures: Appendices G - H
Clinical evidence tables

Reference	Study type	Number of patients	Patient characteristics	Index test	Reference test	Time betwee n tests	Outcomes (Index/Ref)	Effect sizes	Source of funding	Comments
			bleeding) n=9.  86% male.  Mean ISS 11.4 +/- 2.4.  Mean age 31 +/- 5.6 years  Lower extremity injuries: 81%  Upper extremity injuries: 19%  No ankle brachial indices were performed.	rendring techniques were used to make 2D and 3D images of the arteries.  Note: patients with arterial spasm were considered to have a normal study if no other abnormality was detected.						

#### Additional narrative information:

Out of the penetrating wounds, the reasons for the injuries were: gunshot wounds (79%) and stab wounds (21%).

The 25 abnormal CTA results were found to be 21 arterial occlusions, 2 intimal defects, and 2 pseudoaneurysm. These were shown by arteriography, surgery or a combination of the two procedures. 10 normal CTAs had normal arteriography. The paper describes that the remaining 62 normal CTAs, had no further radiographic evaluation and that there were no missed or delayed diagnosis of arterial injuries in the group. The follow up was for a mean of 8 +/-3.1 months and was available for 84% of the cohort.

There were two deaths (caused by associated injuries) and 5 below the knee amputations (post-surgical arterial repair). The reasons for the amputations were delay in arrival to the emergency department resulting in prolonged limb ischemia (n=3), necrotizing fasciitis after repair of popliteal artery injury secondary to multiple fracture (n=1) and non-functional limb secondary to an associated nerve injury (n=1).

**Table 72: Lynch1991** 

Reference	Study type	Number of patients	Patient characteristics	Index test	Reference test	Time betwee n tests	Outcomes (Index/Ref)	Effect sizes	Source of funding	Comments
Lynch et al. Can Doppler Pressure	Prospec tive cohort	N=100 injured limbs in 93	Inclusion: Trauma victims with blunt or penetrating	<ul><li>1. Doppler (ABPI)</li><li>– Arterial pressure index was</li></ul>	1. Arteriography	Unclear	Doppler (ABPI) versus arteriography		Not reported	Indirect population (22% with
Measuremen t Replace	_	patients	extremity trauma (including all	calculated (API)  Doppler device	Transfemoral		TP	20		fractures or dislocations)
"Exclusion"	Emerge ncy	All	injuries between	was a Medasonics	approach, the Seldinger		FN	3		aisiocations,
Arteriography	depart	patients	the neck and the	brand.	technique, an		FP	2*		No blinding
in the Diagnosis of	ment,	underwent	wrist and between the inguinal		automated		TN	75		reported
Occult	Seattle, United	: a history, examinati	ligament and the		dye injector and biplane		sens	87%		
Extremity	States	on,	ankle)		images. No		spec	97%		Note: mixed
Arterial	of	baseline			further		+ve pred	91%		adult and child
Trauma? 1991. Ann.	America	laboratory	Exclusion: Patients		information		-ve pred	96%		population
Surg. 214 (6): 737-741.		examinati ons, measurem ent of	who underwent contrast arteriography solely to localize		Arterial pressure >0.9		Doppler (ABPI) versus later clinical outcome			and majority male (86%)
		Doppler	the site of an		was classed as		TP	20		
		systolic arterial	obvious arterial injury.		normal.		FN	1**		
		blood	, , .				FP	2		
		pressure	Baseline		2. Later		TN	77		
		at the ankle or	characteristics:		Clinical		sens	95%		
		wrist,	Male/ female:		outcome		spec	97%		
		distal to an	86/7				+ve pred	91%		
		injury	Age range (11-62),		94% returned		-ve pred	99%		
		thought to threaten the extremity'	mean 26.2 years. Injuries: gunshot wound (n=58),		to the vascular clinic for examination and repeat		Contrast arteriography versus later clinical			

Reference	Study type	Number of patients	Patient characteristics	Index test	Reference test	Time betwee n tests	Outcomes (Index/Ref)	Effect sizes	Source of funding	Comments
		s artery. They then underwent contrast arteriogra phy.	stab wounds (n=16), fractures/dislocati ons (n=22) and other (n=4).		Doppler measurement follow up.		outcome Sens Spec +ve pred -ve pred *Two of the positive API with abnormal arteriography turned out to be false positives, and on surgical exploration there was no vessel injury. **Small profunda femoris artery pseudoaneurys	100% 97.5% 91% 100%		
							m			

# **Additional narrative information:**

Patients either had immediate or delayed operation or inpatient observation depending on their clinical outcome and arteriographic findings with a follow up appointment at the vascular clinic for all. Fourteen patients had an intervention; 9 arterial reconstructions, 2 fasiotomies, 1 therapeutic embolization. 86 arteriograms resulted in observation only (normal or minimally abnormal arteriograms).

Table 73: Mills2004

Reference	Study type	Number of patients	Patient characteristics	Index test	Reference test	Time betwee n tests	Outcomes (Index/Ref)	Effect sizes	Source of funding	Comments
Mills et al. The Value of the Ankle- Brachial Index for Diagnosing Arterial Injury After Knee Dislocation: A Prospective Study. 2004. 56 (6): 1261- 1265.	Prospec tive cohort	N=52 admitted to the author's level 1 Trauma centre (October 1998- February 2002)  38 patients with knee dislocation to evaluate for potential arterial injury met the inclusion	Inclusion: Age: 15-74 years Knee dislocation  Exclusion: Presented to the authors' institution >24 hours after injury (n=7), bilateral upper extremity injuries precluding adequate brachial pressure measurements (n=1), vascular injury treated at an outside institution before transfer (n=5).  Mechanism of	1.Doppler (ABPI)  Systolic blood pressures were taken for all extremities using the Doppler and a standardized blood pressure cuff.  ABI was calculated.  ABI <0.9 was the cut off used for arterial injury.  2. Clinical assessment (pulse examination)	Conventional angiography (ABI <0.9) or clinical follow up or arterial duplex ultrasonograp hy (ABI>0.9)  11 patients had an ABI <0.9; 9 underwent emergency arteriography and consequent surgical intervention, 2 had expansile knee haematomas and underwent		Doppler (ABPI) versus conventional angiography and later clinical outcomes/ duplex ultrasonograp hy  TP FN FP TN sens spec +ve pred -ve pred Pulse examination (clinical assessment)	11 0 0 27 100% 100% 100%		Indirect population (5/11 fractures, 45%). All knee dislocations  No blinding  No specific gold standard reference
		criteria.	injury: motor vehicle accident (n=19), pedestrian struck by vehicle (n=11), industrial accidents (n=2), fall from		surgical exploration and revascularisati on with reverse saphenous		versus later clinical outcomes/ duplex ultrasonograp hy	10		

Reference	Study type	Number of patients	Patient characteristics	Index test	Reference test	Time betwee n tests	Outcomes (Index/Ref)	Effect sizes	Source of funding	Comments
			significant height		vein grafting		FN	1*		
			(n=3), sport athletics injury		for a transected		FP	3		
			(n=2), morbidly		popliteal		TN	24		
			obese patient who		artery.		sens	91%		
			sustained a dislocation				spec	89%		
			stepping from bed				+ve pred	77%		
			(n=1).				-ve pred	96%		
							* This patient had palpable pulses but an ABI of 0.74. They had chronic 90% stenotic lesion of the superficial femoral artery and an intimal flap limiting popliteal artery flow.			

#### Additional narrative information:

Arterial injuries included: six popliteal artery occlusions, one popliteal artery transection, one common femoral artery thrombosis with peroneal artery thrombosis and one superficial femoral artery high grade chronic stenosis with an intimal flap that altered the popliteal artery flow. They all had surgical revascularization and reverse saphenous vein grafting and one patient angioplasty (superficial femoral artery stenosis). Average follow up for those with arterial damage was 12 months, range 8-24 months. One patient who had an amputation had an ABI of 0.25 with a popliteal artery occlusion. The 27

patients with normal ABI (>0.9), had no evidence of vascular injury detected on daily serial clinical examination or arterial duplex ultrasonography. They had an average follow up of 19 months with a range of 4-36 months.

There was no significant difference (p=0.94) in the ages between the patients with and without vascular injury (35.5 +/- 4.64, range 16-74 years and 35.9 +/-3.13, range 15-74 years respectively).

Out of the patients with fractures (tibial plateau or supracondylar femur fracture), there were 3 (3/5, 60%) patients with a vascular injury.

Table 74: Soto 1999

Reference	Study type	Number of patients	Patient characteristics	Index test	Reference test	Time betwee n tests	Outcomes (Index/Ref)	Effect sizes	Source of funding	Comments
Soto JA et al. Diagnostic performance of helical CT Angiography in trauma to large Arteries of the Extremities. Journal of Computer Assisted Tomography 1999; 23: 188-196	Prospec tive cohort	N=43 45 fulfilled the inclusion criteria but 2 were excluded as the index test was not of diagnostic standard.	Inclusion: Age: people aged 16-60 years with suspected arterial injury to limbs; haemodynamicall y stable and one or more of pulse deficit, expanding haematoma, pulsatile bleeding, major neurological deficit, ischaemic extremity and bruit/thrill over wound.  Exclusion: Suspected arterial injury below	Helical CTA with iodized contrast injected through 18 gauge catheter. 3mm slices for axilla and 5mm slices for other area.  Carried out by 2 fellowship-trained radiologists blinded to reference test result	Conventional angiography. Selective catheterisatio n and serial imaging with cut-film techniques. Minimum of 2 orthogonal planes obtained on every patient. Done by one radiologist, but not stated clearly if this was before the index (though stated that "helical CTAwas completed	Within 6 hours	CTA angiography versus conventional angiography – reader one TP FN FP TN sens spec +ve pred -ve pred CTA angiography versus conventional angiography – reader two TP	17 2 0 24 90% 100% 100% 92%	Quimica Schering, Bogota, Colombia. Thus possible outcome reporting bias.	Indirect population (7/43 fractures, 16.3%). Unclear blinding

Reference	Study type	Number of patients	Patient characteristics	Index test	Reference test	Time betwee n tests	Outcomes (Index/Ref)	Effect sizes	Source of funding	Comments
			elbows or ankle; >1 extremity injured; orthopaedic hardware in situ; previous history of AEs to contrast, diabetes, hypertension, cardiac, peripheral		within 6 hours of conventional angiography " which suggests it was); however still possible it could have been after the index took that		FN FP TN sens spec +ve pred -ve pred	0 0 24 100% 100% 100%		
			vascular or renal disease.  Mechanism of injury: gunshot (n=28), stabbing (n=10); open fracture (n=7).  Injuries in axilla (n=5), arm (n=8), thigh (n=16) and lower leg (n=16).		index test, the lack of reporting of blinding of the reference tester to index test findings is a limitation.					

# **G.4.2** Detecting compartment syndrome

**Table 75:** Harris 2006<sup>24</sup>

145.675. 114111	J <b></b>								
	Study	Number of	Patient			Length of	Outcome	Effect	
Reference	type	patients	characteristics	Intervention	Comparison	follow-up	measures	sizes	Comments
Harris IA et al.	RCT	●197 people	<ul> <li>Conducted in the</li> </ul>	Continuous	No continuous	Average	Sensory loss	5/71	<ul><li>Sensory loss</li></ul>
Continuous		with 200	UK	compartment	compartment	follow-up	(neurological	5/84	at very high
compartment				pressure monitoring	pressure	8 months	dysfunction)		

Reference	Study type	Number of patients	Patient characteristics	Intervention	Comparison	Length of follow-up	Outcome measures	Effect sizes	Comments
pressure monitoring for tibia fractures: does it influence outcome?	7,75	fractures  • n=100 fractures in each arm Inclusion criteria: • 10 years and over • Extra- articular fracture of tibia • Presenting within 24 hours of injury	<ul> <li>Recruited between June 2000 and August 2003</li> <li>18 people classified at major trauma (ISS&gt;15)</li> <li>Monitored group:</li> <li>Mean age: 37</li> <li>M:F - 83:17</li> <li>Unconscious: 6</li> <li>Unmonitored group:</li> <li>Mean age: 31</li> <li>M:F - 82:18</li> <li>Unconscious: 3</li> </ul>	<ul> <li>(hourly for 36 hours)</li> <li>Surgical team was called if difference between diastolic blood pressure and compartment pressure (ΔP)</li> <li>30 mmHg.</li> <li>Compartment syndrome then diagnosed by clinical examination</li> </ul>	monitoring (for 36 hours)  • Routine post-operative examination • Compartment syndrome then diagnosed by clinical examination  Unconscious patients in both groups diagnosed by ΔP <30	(3-24).  Follow-up rate was 89%. (9 lost in monitored and 14 lost in unmonitor ed	Contracture (muscle/joint contracture) Length of stay (median days) O fasciotomies performed in monitored group and 5 in unmonitored group	1/71 3/84 8 6	risk of bias due to performance, attrition and detection bias • Contracture at high risk of bias due to attrition • Length of stay at very high risk of bias due to performance and attrition bias  Funding not stated

Table 76: Janzing 2001<sup>30</sup>

Reference	Study type	Number of patients	Patient characteristics	Index test(s) and reference standard + target condition	Statistical meas	sures and 2x2 tables	Comments
Janzing 2001 <sup>30</sup>	Study type: Prospectiv e diagnostic accuracy study  Setting: Hospital	n=100 (104 fractures)  Inclusion criteria: Children, young people and adults with tibial fractures (including polytrauma)	Male: Female 64:33  Mean age: 33 years  Attrition 2 patients died and 3 moved and were lost to	Index test Compartment pressure monitoring (anterior compartment) using Stryker or Kordiag portable pressure monitors. Monitored for 24 hours and at least 24 hours post- operatively for surgical patients. Compartment pressure checked every hour for 6 hours and then	Clinical symptoms ICP>30 mmHg DBP-ICP<30 mmHg DBP-CP<20 mmHg	Sensitivity: 0.67 Specificity: 0.89 Sensitivity: 0.83 Specificity: 0.42 Sensitivity: 0.89 Specificity: 0.65 Sensitivity: 0.61	Source of funding: Monitors lent by Stryker-Howmedica  Limitations: High risk of bid due to the reference

Country: Belgium  Recruitme nt: Consecutiv e patients. August 1996 to November 1997.	Exclusion criteria:  Monitoring equipment not available, people unwilling to enter study  ICP = intracompartmental pressure DBP = diastolic blood pressure MAP = mean arterial pressure	follow-up. Full outcome data available for 95 patients (with 97 fractures).	Reference standard Those patients who underwent fasciotomy or had residual symptoms (sequelae) consistent with compartment syndrome were considered to have had compartment syndrome. The decision to do a fasciotomy appeared to have been taken on the basis of clinical symptoms and compartment pressure but no details were given in the paper. Follow-up for residual symptoms - mean days: 393 (range 365-810) Target condition Compartment syndrome	MAP-ICP<30 mmHg  MAP-ICP<30 mmHg  more than 1 hour  Symptoms and DBP-ICP<30 mmHg  Symptoms and MAP-ICP<30 mmHg	Specificity: 0.81  Sensitivity: 0.39 Specificity: 0.92  Sensitivity: 0.33 Specificity: 0.99  Sensitivity: 0.61 Specificity: 0.97  Sensitivity: 0.28 Specificity: 0.99	standard. No clear criteria for when fasciotomies were carried out
--	---	---	---	--	---	---

Table 77: McQueen 2013<sup>43</sup>

Reference	Study type	Number of patients	Patient characteristics	Index test(s) and reference standard + target condition	Statistica	l measu	res and 2x	2 tables	Comments
McQueen 2013 <sup>43</sup>	Study type: Retrospective	n=979 (850 analysed)	Male: Female 598:252	Index test Compartment pressure monitoring		Ref std +	Ref std -	Total	Source of funding:
	diagnostic accuracy study	129 patients excluded (127 lost	Mean age: 38	(anterior compartment). Measured by transducer through a static	Index test +	141	11	152	No biomedical funding
	Data source:	to follow-up and 2 due to early	years old (range: 12 to	column of saline for at least 24 hours. A positive test was diastolic	Index test -	9	689	698	Limitations:
	Trauma unit	amputation unrelated to	94)	blood pressure minus intracompartmental pressure	Total	150	700		Very high risk of

Reference	Study type	Number of patients	Patient characteristics	Index test(s) and reference standard + target condition	Statistical meas	ures and 2x2 tables	Comments
	Setting: Orthopaedic trauma unit  Country: UK  Recruitment: Consecutive. From 1998 to 2007	compartment syndrome)  Inclusion criteria: Children, young people and adults with tibial diaphyseal fractures	152 patients had a fasciotomy, 698 patients did not.	<30 mmHg for 2 hours. Reference standard People were considered to have compartment syndrome if: <ul> <li>The escape of muscles at fasciotomy was seen along with colour change in the muscles or muscle necrosis was documented by the operating surgeon. (It was considered incorrect if it was possible to close the fasciotomy wounds primarily at 48 hours).</li> <li>Those who did not undergo fasciotomy had sequelae consistent with compartment syndrome during the follow-up period (mean 59 weeks)</li> </ul> Target condition Compartment syndrome	Sensitivity Specificity (with 95% confidence intervals)  PPV NPV PLR NLR (with 95% confidence intervals)	0.94 (0.89 to 0.97) 0.98 (0.97 to 0.99)  0.93 (0.88 to 0.96) 0.99 (0.98 to 0.99) 60 (33 to 108) 0.06 (0.03 to 0.12)	bias due to reference test (confirming compartment syndrome after fasciotomy is unreliable) and attrition (129 patients lost to follow-up)

# **G.4.3** Information and support

Table 78: Forsberg 2014<sup>19</sup>

100.0701 101000	9
Study	Forsberg 2014 <sup>19</sup>
Aim	To describe people's experiences of suffering a lower limb fracture and undergoing surgery.
Population	People with a lower limb fracture who had surgery and spent time in a hospital in Northern Sweden. Five women and four men; aged 24–72 years; 6 employed and 3 pensioners; 6 with children; causes: a car accident and different fall traumas relating to work or leisure; femur fractures (n=2), tibia/fibula fractures (n=4), ankle fractures (n=4); 7 had surgery with regional anaesthesia, 2 had general anaesthesia.

Study	Forsberg 2014 <sup>19</sup>
Methods	Purposive sampling: 9/30 agreed to participate.
	Personal semi-structured interviews, held between 1 month and 1 year after surgery. Held at home (n=6), the university (n=2) or workplace (n=1). Interviews lasted 30–60 minutes, transcribed verbatim by the paper author, and analysed using qualitative content analysis. There was no mention of triangulation, member checking or any other methods to measure trustworthiness of findings.  Very high risks of bias due to lack of methods to ensure trustworthiness and long duration after surgery for some.
Themes with	Information desired whilst waiting for surgery
findings	Worry while waiting for surgery 'depended on what they did not know would happen'. Most participants 'lacked information about time intervals, routines in the ward and the medical care of a fracture'. Participants agreed that 'an approximate time schedule would have been desirable'. Some 'participants wished that they could have gotten written information: "I lacked information/what is the planwanted a document to readan ordinary fracturethen this and this will happened"
	Information desired during surgery
	During surgery, those with regional anaesthesia reported 'feelings of curiosity and desired to know what was occurringthey appreciated when the staff narrated what they were doing and why: "I heard them banging and I felt when I wasI said what are you doing and they said [orthopaedic] now we are spiking the long nail in".  When 'staff promised to give sedative drugs if the sense of being awake became unbearable, participants could see a possible way out of a situation they had not chosen'.
	Information desired post-surgery
	Awake patients 'said it was a comfortable feeling to arrive at the PACU, often having already been informed about the outcome of the surgery. Patients who had had a GA 'expressed great need for orientation in time and space and a desire to know the outcome of the surgery'. Patients felt it was professional when staff behaviours included 'explaining which kind of drug was being administered when giving pain relief, why an apparatus was sounding or how long the stay would be'.
	Some 'participants stated that laying there not knowing how long they would stay in the PACU was a real strain'.
	Participants wished to know about the metalwork inserted into their body. Being shown 'a similar material or an X-raywas describedas helpful for understanding what had been done and remembering the information they had been given. Participants described the importance of being treated as a person and not as 'the fracture'. They wanted staff members to speak directly to them and not about them and their diagnosis'.
	When staff offered 'suggestions of solutions like repositioning the fractured limb to relieve the pain, or informing participants that they could decide when they wanted pain relief, this contributed to a sense of involvement.'
	Information prior to discharge
	Patients were insecure about being able to do post-discharge tasks, such as using their mobility device or blood thinners, after discharge. 'Participants remembered learning best when staff in the ward gradually explained things while participants were doing them

Study	Forsberg 2014 <sup>19</sup>
	Information post-discharge
	Patients felt that it 'was difficult to assess for themselves what was normal during recovery, although they received much verbal information from various professionals. Some participants received conflicting information, but stated that it also was difficult to remember. They emphasised the importance of getting individual coherent written information in connection with discharge from the hospital'.

Table 79: Sleney 2014<sup>60</sup>

Study	Sleney 2014 <sup>60</sup>
Aim	To explore experiences of patients after injury and identify implications for clinical care and support within the hospital setting and primary care
Population	This was an indirect population as not all had fractures; however, although there was no detailed breakdown on the injury types, the results section appeared to be mainly consisting of themes relating to people with fractures. The population was: people aged >5 years attending an emergency department or admitted to hospital following a wide range of injuries.
Methods	Purposive sampling: 89 included out of 140. The study aimed to get participants from 3 centres in Bristol, Surrey and Swansea, with quotas in each centre and within the following age ranges: 5–24,25–59 and 60+. There were also attempts to ensure an equal gender ratio and a cross-section of injury types.  Individual semi-structured interviews with thematic qualitative analysis. The topic guide in the interviews was guided by the research aims and also 5 pilot interviews. For children aged <12 (n=8) a parent or carer was interviewed.
	Interviews were transcribed verbatim and imported into the computer-assisted qualitative data analysis software NVivo7 to allow in-depth thematic content analysis. One researcher carried out all data analysis. Triangulation of researcher interpretations was used.
Themes with findings	Information 'they had been given about treatment or aftercare' was viewed positively by inpatients. What was very valued were the efforts of particular members of staff who 'had taken time to explain the treatment that they were to receive or had received and to answer questions and this was much valued'.  Some patients 'received conflicting information from different hospital departments over whether or not they should receive physiotherapy. This was confusing for patients and unsettling in what was already a stressful situation'.  For many participants, the information that they received in relation to their injury met their needs. Information from consultants and other health professionals about procedures and likely outcomes inspired confidence for many of the participants: "the consultant he was absolutely on the ball and that's one thing I have to say, he instilled confidence, you know he kept me fully informed and made sure that I knew what was going on"  In one or two cases, the language used by healthcare professionals was reported to be too technical for the participant to fully understand although this was not necessarily regarded as problematic: "I had a letter sent to the doctor with everything stating on it and a copy given to me so I could read it as well. Not that I could fully understand all the terms, but I got the gist of it."

 $_{\perp}$ 

# Study Sleney 2014<sup>60</sup>

More significantly many participants had received some information but would have welcomed more. In the majority of cases, this related to treatment or aftercare. Participants wanted answers to questions such as when improvements would be noticeable, when they could or should use an injured limb as normal and whether mobility and strength would improve with time. Such questions may be complex to answer from a clinical perspective but are central to the patient's desire to return to normal life and their ability to manage their injury in the interim: "The hardest thing I thought was not any feedback because there was no one there saying like now you can start lifting light weights, now you can do this. Just after they straightened my arm out they just left me. I was ringing them up and they were just saying 'Just take your time it is a big injury (...) back on track. The only thing that has got me back on track is my ambition not so much push myself but made sure I was doing things and made sure my arm was all right and trained it up really. Some guidance might have...If I had some feedback from the doctors I might have been recovered quicker maybe, I don't know."

With regard to surgery, some participants reported that whilst information was provided beforehand to gain consent if an operation was required, they were not necessarily in a fit state to take this in. Some participants would have liked to have also seen a member of the surgical team after the operation: "...I must admit maybe it is just norm but the follow up from the operation was pretty non-existent, in other words I don't know what do you expect? Do you expect the surgeon to come round, sit down and have a long chat with you? I guess he's rather busy. But I must admit he was conspicuous by his absence".

Some participants had been given written information, for example about caring for plaster casts or danger signs to look for in the case of a head injury, and this was felt to be useful. More verbal information would also have been welcomed by some, whilst a few participants said that written information was useful to take home because they had found it difficult to take in verbal information from staff while they were in the hospital. Social support after discharge

In the vast majority of cases, participants did have at least one person to support them on discharge from hospital. This was usually a family member, friend or neighbour. In one particular case, however, a participant with a dislocated knee had no family and no friends that lived close by. She had moved into her flat a week previously, did not know anyone in the area and her telephone was not yet connected. The discharge process took no account of these circumstances: "I had nothing, no particular food or anything, my car was left at [name of hospital] Hospital, so and I live four miles from a local shop, I live in a very rural area on my own. There was no questions about that aspect; you know it's all very well discharging people but what are you discharging them to particularly with a massive injury, which it was. In fact it was so debilitating that it – an arm is quite different, you can walk around with your arm – but with a leg, particularly as I had steps to negotiate to my flat as well. I was totally bed bound, absolutely bed bound, massive pain. [...] I had really minimal support and I think that what is worrying is that the patient is not really looked at as a whole but only, in my respect, I was 'a knee' but you know that knee inhabits a person and that person needs to have some sort of support, whether it's food, just being kept in touch with."

In some cases where participants were older and their children had left home, it was mainly their partner who helped them and this could be problematic if the partner was unwell at the time or in hospital themselves. The quote below is an extreme but not isolated example of the lengths people might have to go to in order to cope: "So then I had my leg in plaster and my wife had a severe chest infection and was in bed so I then had to, we are in a ground floor flat, so I had to then take food into her on my crutches [...] In one pocket I had a mug and in the other pocket I had a thermos flask and in my mouth I was holding a bag with things like boiled eggs, bread and butter and so on and then at one point we noticed that the bag had on it "Help the Aged". (laughing) We are quite versatile you know in our family."

# Sleney 2014<sup>60</sup> Study Rehabilitation Participants who had received no physiotherapy said that they were unsure what to do to improve the strength and mobility of their injured limb or what to expect in terms of the likely completeness or speed of recovery. They were also unsure how much they should use the injured limb or when they would be able to put pressure on it, for example start playing sport again or resume a physically demanding job: "You don't really know how much you know you have to push it yourself, how much you can bend things and force things to get it going. It was only my daughter mainly because she's got a sports science degree and has been involved with injuries herself and it was only from that experience and her experience that we knew basically what we needed to do anyway." A number of participants reported that it was a physiotherapist that had helped them most in their recovery and provided the most useful information or advice. These participants all had fractures.

# **Table 80: Okonta 2011**<sup>48</sup>

Study	Okonta 2011 <sup>48</sup>
Aim	To explore the experience of patients with traumatic fractures treated for more than 6 months at a Doctors On Call for Service (DOCS) hospital in The Republic of Congo.
Population	Patients with fractures treated for more than 6 months at a Doctors On Call for Service (DOCS) hospital in The Republic of Congo.
Methods	Purposive sampling: details not given.  'Free-attitude' interviews transcribed verbatim in French and evaluated using content analysis. Interviews lasted 50-90 minutes. Data saturation reached after the 6 <sup>th</sup> interview. For each interview a separate relative, who was the main caregiver, was interviewed to 'validate' the information given by the patient. However this failed to validate researcher's analytical interpretations. Another researcher independently listened to all the tapes and transcribed the texts for agreement on the categories used in identification of themes. It is unclear if this person triangulated the data or was the sole person analysing the data.
Themes with findings	'Most of the participants were not informed about their condition and the management plan and were therefore not part of decision making: "they did not inform me how long the nail will stay in my bone"; "if I was informed about the duration of my hospital stay I would manage my financial resources accordingly".'  'Most patients disclosed their needs and their expectations of caregivers: "we need to get information about the steps of treatment"; "we need reassurance by doctors".

Table 81: O'Brien 2010<sup>47</sup>

Study	O'Brien 2010 <sup>47</sup>
Aim	To describe patients' experience of distraction splinting and to identify key issues in patient adherence to their splint wear and exercise
	programme.

Study	O'Brien 2010 <sup>47</sup>
Population	People who had sustained an intra-articular finger fracture within the previous eight years that was treated with distraction splinting at the research hospital, and who were on the database of a previous quantitative study. 18 were identified as eligible and 12 agreed to participate. 6 were women; age 24–50; 11 PIP#, 1DIP#;0.2–7.8 years post-injury; 5 ball sport, 3 fall, 2 bicycle accident, 1 crush, 1 stub.
Methods	Personal semi-structured interview conducted by first author of study; interviews completed in hand department (n=10), home (n=1) or by phone (n=1). Interviews transcribed verbatim. Two parallel analytical strategies were used for all analysis of interview transcripts. The first author conducted a manual analysis and developed preliminary findings. Transcripts were also entered into a computer data management program (nVIVO Version 2.0; QSR International, Melbourne, VIC, Australia) and were independently analysed by the second author. For the phenomenological component of this study, a systematic process for coding data was used in which specific statements were analysed and categorized into clusters of meaning that represented a phenomenon of interest. To develop an explanatory framework for predicting treatment adherence, grounded theory's method of comparison using three stages of coding was used. The first stage involved open coding: examining and comparing data, then developing coding categories that reflected the content of the data collected. The data were then reassembled into groupings based on patterns and relationships between the categories and patient report of adherence to treatment (axial coding). Finally, the central or core category was identified and described. The themes, patterns, categories, descriptive examples, and quotations identified through the analysis formed the basis of the interpretation of the findings.  For both analyses, the authors compared emergent themes and categories to review thematic and conceptual consistency, and any disagreements were resolved by consensus moderation. To ensure trustworthiness of the results, the researchers also "member checked" the emerging themes and categories with two of the interviewees to ensure that the interpretation of the findings were an accurate representation of the participants' accounts of their experience.
Themes with findings	One participant was relieved to find that her splint was not as big as the "banjo" style splint that she was expecting: I was told that I would have a distraction splint. I didn't really understand what that involved so I looked it up online and the picture was some huge enormous thing and my big concern was how on earth would I manage with that, and when I learned that the splint I was going to have was a lot more compact I was relieved. Although most found the explanation of the treatment and its rationale clear and logical at the time it was given, it is worth noting how easily the individual's belief in the legitimacy of the treatment approach could be undermined by the contrary opinions of others.  There were also some patients who believed that their treatment was "experimental" and that they were not given any other option. This appeared to be underpinned by the belief that they should have received a much simpler treatment, such as an operation to pin the fracture. "I was expecting that firstly they would put some plaster on it They didn't explain anything [in the Emergency Department]. They were experimenting, I believe, on that day It seemed like quite a new thing that they were going through, and I didn't really know what the reason was and why they were doing it and all that. That said, obviously they explained to an extent, but I didn't really know the technicalities of this and what other options are available and that sort of thing.

# 131

# **Appendix H: GRADE tables**

# **H.1** Open fractures

# H.1.1 Arterial shunts

Table 82: Clinical evidence profile: Shunt, definitive skeletal stabilisation, definitive vascular repair versus definitive vascular repair and definitive skeletal stabilisation

Quality as	ssessment						No of pa	tients	Effect			
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other	Shunt	Immediate repair	Relative (95% CI)	Absolute	Quality	Importance
Mortality												
1	Observational	,	No serious inconsistency	No serious indirectness	Very serious imprecision <sup>b</sup>	none	0/5 (0%)	1/17 (5.9%)	OR 0.27 (0 to 29.45)	42 fewer per 1000 (from 59 fewer to 589 more)	VERY LOW	CRITICAL
Quality of	life											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Deep infe	ction											
0	_	-	-	-	-	-	-	-	-	-	-	CRITICAL
Amputati	on											
1	Observational	,	No serious inconsistency	No serious indirectness	Very serious imprecision <sup>b</sup>	none	1/5 (20%)	5/17 (29.4%)		94 fewer per 1000 (from 265 fewer to 1000 more)		CRITICAL
Compartr	nent syndrome											
1	Observational		No serious inconsistency	No serious indirectness	Very serious imprecision <sup>b</sup>	none	0/5 (0%)	2/17 (11.8%)	OR 0.26 (0.01 to 7.61)	84 fewer per 1000 (from 116 fewer to 386 more)		CRITICAL
Other vas	Other vascular surgery											
1	Observational	Very	No serious	No serious	Very serious	none	1/5	7/17	RR 0.49 (0.08 to	210 fewer per 1000	VERY	CRITICAL

		serious <sup>a</sup>	inconsistency	indirectness	imprecision <sup>b</sup>		(20%)	(41.2%)	3.07)	(from 379 fewer to 852 more)	LOW	
Length of	stay											
0	-	-	-	-	-	-	-	-	-	-	-	IMPORTAN T
Hospitalisa	ation											
0	-	-	-	-	-	-	-	-	-	-	-	IMPORTAN T

<sup>(</sup>a) Non-randomised study. Reasonable matching for key and other main confounders but some residual confounding very likely

# National Clinical Guideline Centre, 2016 Lengtl 0 Hospit 0 (a) Nor (b) 95%

Table 83: Clinical evidence profile: Combined orthoplastic versus non-combined

Quality	assessment				Proportion (%) with an event or mean(SD) (n)		Effect					
No of studi	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other	Combined	Not combined	Relative (95% CI)	Absolute	Quality	Importance
Quality	of life											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Mortali	ty											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Amputa	itions											
1 Naiqu e 2006	Retrospective cohort	Very serious risk of bias <sup>a</sup>	No serious inconsistency	No serious indirectness	Very serious imprecision <sup>b</sup>	None	1/25 (4%)	2/47 (4.3%)	RR 0.94 (0.09 to 9.87)	3 fewer per 1000 (from 39 fewer to 377 more)	VERY LOW	CRITICAL
Flap fail	ure											
1 Naiqu e 2006	Retrospective cohort	Very serious risk of bias <sup>a</sup>	No serious inconsistency	No serious indirectness	Serious imprecision <sup>b</sup>	None	0/25 (0%)	6/47 (12.8%)	Peto OR 0.19 (0.03 to 1.1)	130 fewer per 1000 (from 240 fewer to 20 less)	VERY LOW	CRITICAL

<sup>(</sup>b) 95% CIs crossed both MIDs, making the point estimate very imprecise

Quality	assessment				Proportion (%) with an event or mean(SD) (n)		Effect					
No of studi	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other	Combined	Not combined	Relative (95% CI)	Absolute	Quality	Importance
Deep in	fection											
1 Naiqu e 2006	Retrospective cohort	Very serious risk of bias <sup>a</sup>	No serious inconsistency	No serious indirectness	Very serious imprecision	None	1/25 (4%)	5/47 (10.6%)	RR 0.38 (0.05 to 3.04)	66 fewer per 1000 (from 101 fewer to 216 more)	VERY LOW	CRITICAL
Ennekin	ng limb score (Bett	er indicated by	lower values)									
1 Naiqu e 2006	Retrospective cohort	Very serious risk of bias <sup>a</sup>	No serious inconsistency	No serious indirectness	Serious imprecision <sup>b</sup>	None	75(15.9) (25)	74(15.9) (47)	-	MD 1 higher (6.71 lower to 8.71 higher)	VERY LOW	CRITICAL
Time to	definitive cover											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Unplant	ned complexity of	soft tissue cove	er									
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Length	of stay											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Further	unplanned surge	ry										
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Return	to normal activitie	es .										
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL

<sup>(</sup>a) Outcomes were downgraded by one increment if the weighted average number of serious methodological limitations across studies was one, and downgraded by two increments if the weighted average number of serious methodological limitation across studies were two or more. Methodological limitations in this non-randomised study were likely selection bias, performance bias, and detection bias.

<sup>(</sup>b) Outcomes were downgraded by one increment if the upper or lower 95% CI crossed the lower MID or the upper or lower 95% CI crossed the upper MID. Outcomes were downgraded by two increments if both MIDs were crossed by one or both of the 95% CIs. Default MIDs were set at RRs of 0.75 and 1.25.

# **Optimal timing of debridement H.1.3**National Clinical Guideline Centre, 2016

Table 84: Clinical evidence profile: Early versus delayed debridement in open fractures (all ORs are MVA-adjusted)

Quality as	ssessment						No of patients		Effect			
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other	Early debridement	Delayed debridement	Relative (95% CI)	Absolute	Quality	Importance
Mortality												
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Quality of	life											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Deep surg	gical site infection	(OR) ≤ 6 ho	urs versus > 6 hou	ırs								
1	Observational studies	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	Very serious <sup>b</sup>	None	4/76 (5.3%)	1/35 (2.9%)	OR 1.76 (0.03 to 109.26)	21 more per 1000 (from 28 fewer to 734 more)	VERY LOW	CRITICAL
Deep surg	gical site infection	(OR) ≤ 8 ho	urs versus >8 hou	rs								
1	Observational studies	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	Very serious <sup>b</sup>	None	10/115 (8.7%)	10/100 (10%)	OR 0.95 (0.36 to 2.51)	5 fewer per 1000 (from 62 fewer to 118 more)	VERY LOW	CRITICAL
Deep surg	gical site infection	(RR) < 8 ho	urs versus > 8 hou	urs								
1	Observational studies	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	Serious <sup>b</sup>	None	35/328 (10.7%)	17/87 (19.5%)	RR 0.49 (0.25 to 0.98)	100 fewer per 1000 (from 4 fewer to 147 fewer)	VERY LOW	CRITICAL
Deep surg	gical site infection	(OR) later v	versus earlier deb	ridement								
1	Observational studies	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	No serious imprecision	None	NA	NA	OR 0.97 (0.90 to 1.06)	Not estimable	VERY LOW	CRITICAL
Amputati	on - Day 0 versus I	Day 1										
1	Observational studies	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	No serious imprecision	None	16/3093 (0.52%)	19/882 (2.2%)	OR 0.26 (0.12 to	16 fewer per 1000 (from 9	VERY LOW	CRITICAL

Quality a	ssessment						No of patients		Effect			
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other	Early debridement	Delayed debridement	Relative (95% CI)	Absolute	Quality	Importance
									0.56)	fewer to 19 fewer)		
Amputati	on - Day 0 versus	Day 2										
1	Observational studies	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	No serious imprecision	None	16/3093 (0.52%)	9/401 (2.2%)	OR 0.26 (0.10 to 0.66)	17 fewer per 1000 (from 8 fewer to 20 fewer)	VERY LOW	CRITICAL
Amputati	on - Day 0 versus	Days 3 and	4									
1	Observational studies	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	No serious imprecision	None	16/3093 (0.52%)	10/394 (2.5%)	OR 0.25 (0.11 to 0.55)	19 fewer per 1000 (from 11 fewer to 23 fewer)	VERY LOW	CRITICAL
Amputati	on - Day 0 versus	Day 5 or gre	eater									
1	Observational studies	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	No serious imprecision	None	16/3093 (0.52%)	38/600 (6.3%)	OR 0.09 (0.05 to 0.17)	57 fewer per 1000 (from 52 fewer to 60 fewer)	VERY LOW	CRITICAL
Amputati	on - Day 0 versus	timing not s	pecified									
1	Observational studies	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	Very serious <sup>b</sup>	None	16/3093 (0.52%)	7/2190 (0.32%)	OR 1.64 (0.67 to 3.98)	2 more per 1000 (from 1 fewer to 9 more)	VERY LOW	CRITICAL
Return to	normal activities											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Unplanne	d reoperation											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Functiona	l outcomes											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Length of	stay											

Complex fractures: Appendices G - H
GRADE tables

Quality as	ssessment						No of patients		Effect			
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other	Early debridement	Delayed debridement	Relative (95% CI)	Absolute	Quality	Importance
0	-	-	-	-	-	-	-	-	-	-	-	IMPORTAN T

- (a) Outcomes were downgraded by one increment if the weighted average number of serious methodological limitations across studies was one, and downgraded by two increments in the weighted average number of serious methodological limitation across studies were two or more. Methodological limitations in this non-randomised study were likely selection bias, performance bias, and detection bias.
- (b) Outcomes were downgraded by one increment if the upper or lower 95% CI crossed the lower MID or the upper or lower 95% CI crossed the upper MID. Outcomes were downgraded by two increments if both MIDs were crossed by one or both of the 95% CIs. Defaults MIDs were set at RRs/ORs of 0.75 and 1.25.

# 2016 **H.1.4** Fixation

Definitive fixation and immediate cover versus definitive fixation and staged cover

Table 85: Clinical evidence profile: RCT – definitive fixation and immediate cover (primary) versus definitive fixation and staged cover (delayed) of open fractures

Quality a	ssessment						No of pat	ients	Effect			
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other	Primary cover	Delayed cover	Relative (95% CI)	Absolute	Quality	Importance
Deep infe	ection- all antibio	otics										
1	Randomised trials	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	Very serious <sup>b</sup>	None	0/40 (0%)	2/36 (5.6%)	Peto OR 0.12 (0.01 to 1.94)	49 fewer per 1000 (from 55 fewer to 47 more)	VERY LOW	CRITICAL

<sup>(</sup>a) Very serious risk of selection bias, due to no reporting of allocation sequence and limited reporting of baseline characteristics in each group, higher attrition than event rates and no blinding for patients, health care professionals and outcome assessors in terms of the early/delayed grouping.

Table 86: Clinical evidence profile: cohort studies –immediate cover (primary) versus staged cover (delayed) of open fractures

Quality assessment	Raw data	Adjusted effects	Quality	Importance

<sup>(</sup>b) Outcomes were downgraded by one increment if the upper or lower 95% CI crossed the lower MID or the upper or lower 95% CI crossed the upper MID. Outcomes were downgraded by two increments if both MIDs were crossed by one or both of the 95% CIs. Default MIDs were set at 0.75 and 1.25.

No of studie s	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other	Primary cover	Delayed cover	Relative (95% CI)	Absolute		
Mortalit	.y											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Quality	of life											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Deep in	fection											
3	Cohort	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	Serious <sup>b</sup>	None	8/112	21/113	RR: 0.37 (0.18 to 0.74)	112 fewer per 1000 (from 36 fewer to 146fewer)	VERY LOW	CRITICAL
Amputa	tion											
1	Cohort	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	Very serious <sup>b</sup>	None	1/27	3/22	RR: 0.27 (0.03 to 2.43)	99 fewer per 1000 (from 132 fewer to 194 more)	VERY LOW	CRITICAL
Flap fail	ure											
1	Cohort	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	None	None	0/28	7/29	Adjusted OR (95% CIs): 0.09 (0.01 to 0.59).	-	VERY LOW	CRITICAL
Length o	of stay											
0	-	-	-	-	-	-	-	-	-	-	-	IMPORTANT
Return t	o normal a	ctivities										
0	-	-	-	-	-	-	-	-	-	-	-	IMPORTANT
Further	unplanned	surgery										
1	Cohort	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	Very serious <sup>b</sup>	None	-	-	Adjusted OR (95% CIs) [estimated from indirect treatment comparisons methods]: 0.62 (0.23 to 1.70)	-	VERY LOW	IMPORTANT

Complex fractures: Appendices G - H GRADE tables

- (a) Very serious risk of selection bias, due non-randomisation, with inevitable residual confounding. Although multivariable analysis was carried out, there were insufficient events per variable for validity of analyses in two of the cohorts. Performance bias was also present.
- (b) Outcomes were downgraded by one increment if the upper or lower 95% CI crossed the lower MID or the upper or lower 95% CI crossed the upper MID. Outcomes were downgraded by two increments if both MIDs were crossed by one or both of the 95% CIs. Default MIDs were set at 0.75 and 1.25.

# Definitive fixation and immediate cover versus staged fixation and staged cover

Table 87: Clinical evidence profile: cohort studies -immediate cover (primary) versus staged cover (delayed) of open fractures

Quality a	ssessment						Raw data		Adjusted effects			
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other	Primary cover	Delayed cover	Relative (95% CI)	Absolute	Quality	Importance
Mortality	,											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Quality o	f life											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Deep infe	ection											
1	Cohort	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	None	None	0/14	4/15	Peto OR 0.11 (0.01 to 0.91)	270 fewer per 1000 (from 500 fewer to 30 fewer)	VERY LOW	CRITICAL
Flap failu	re											
1	Cohort	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	Not estimable	None	0/14	0/14	Not estimable	-	VERY LOW	CRITICAL
Number o	of further o	perations (	mean and range g	given)								
1	Cohort	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	Unclear	None	1.6 (1-3)	3.9 (2-7)	-	-2.3 (CIs not estimable)	VERY LOW	IMPORTAN T
Return to	weight be	aring (mont	ths) (mean and ra	nge given)								
1	Cohort	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	Unclear	None	5 (3-8)	9.6 (3.5 to 17))	-	-4.6 (CIs not estimable)	VERY LOW	IMORTANT
Amputati	on											
1	Cohort	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	Not estimable	None	0/14	0/15	Not estimable	Not estimable	VERY LOW	CRITICAL

工

Quality a	ssessment						Raw data		Adjusted effects			
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other	Primary cover	Delayed cover	Relative (95% CI)	Absolute	Quality	Importance
0	-	-	-	-	-	-	-	-	-	-	-	IMPORTAN T

- (a) Very serious risk of selection bias, due non-randomisation, with inevitable residual confounding. Although multivariable analysis was carried out, there were insufficient events per variable for validity of analyses in two of the cohorts. Performance bias was also present.
- (b) Outcomes were downgraded by one increment if the upper or lower 95% CI crossed the lower MID or the upper or lower 95% CI crossed the upper MID. Outcomes were downgraded by two increments if both MIDs were crossed by one or both of the 95% CIs. Default MIDs were set at 0.75 and 1.25.

#### H.1.5 Cover

# Immediate versus 3 days

Table 88: Clinical evidence profile: immediate versus 3 days

			·									
Quality as	sessmei	nt					Raw data		Adjusted effe	ects		
No of		Risk of							Relative			
studies	Design	bias	Inconsistency	Indirectness	Imprecision	Other	Primary cover	Delayed cover	(95% CI)	Absolute	Quality	Importance
Mortality												
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Quality of	life											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Deep infe	ction											
2	Cohort	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	None	Very serious	0/26	5/25		200 fewer per 1000 (from 380 fewer to 10 fewer)	VERY LOW	CRITICAL
Flap failur	e											
1	Cohort	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	Not estimable	None	0/14	0/14	Not estimable	-	VERY LOW	CRITICAL
Number o	f further	operation	ns (mean and ran	ige given)								
1	Cohort	Very	No serious	No serious	Unclear	None	1.6 (1-3)	3.9 (2-7)	-	-2.3 (CIs not estimable)	VERY LOW	CRITICAL

		serious <sup>a</sup>	inconsistency	indirectness								
Amputatio	on											
1	Cohort	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	Not estimable	None	0/14	0/15	Not estimable	Not estimable	VERY LOW	CRITICAL
Length of	stay											
0	-	-	-	-	-	-	-	-	-	-	-	IMPORTANT
Superficia	I wound	infection										
0	-	-	-	-	-	-	-	-	-	-	-	IMPORTANT
Return to	weight	bearing (m	onths) (mean ar	nd range given	)							
1	Cohort	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	Unclear	None	5 (3-8)	9.6 (3.5 to 17))	-	-4.6 (CIs not estimable)	VERY LOW	IMORTANT

<sup>(</sup>a) Very serious risk of selection bias, due non randomisation, with inevitable residual confounding. Although multivariable analysis was carried out, there were insufficient events per variable for validity of analyses in two of the cohorts. Performance bias was also present.

# **Immediate versus 7 days**

Table 89: Clinical evidence profile: immediate versus 7 days

Quality as	uality assessment								Effect			
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other	Primary cover	Delayed cover	Relative (95% CI)	Absolute	Quality	Importance
Mortality												
0	-	-	-	-	-	_	-	-	-	-	-	CRITICAL
Quality of	life											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Deep infe	ction (RCT)											
1	Randomised trials	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	Very serious <sup>b</sup>	None	0/40 (0%)	2/36 (5.6%)	Peto OR 0.12 (0.01 to 1.94)	49 fewer per 1000 (from 55 fewer to 47 more)	VERY LOW	CRITICAL
Deep infe	ction (cohort)											
1	Cohort	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	Very serious <sup>b</sup>	None	5/27	6/22 (27.3%)	RR: 0.68 (0.24 to 1.93)	87 fewer per 1000 (from 207 fewer to 254 more)	VERY LOW	CRITICAL

<sup>(</sup>b) Outcomes were downgraded by one increment if the upper or lower 95% CI crossed the lower MID or the upper or lower 95% CI crossed the upper MID. Outcomes were downgraded by two increments if both MIDs were crossed by one or both of the 95% CIs. Default MIDs were set at 0.75 and 1.25.

Amputati	on (cohort)											
1	Cohort	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	Very serious <sup>b</sup>	None	1/27	3/22 (13.6%)	RR: 0.27 (0.03 to 2.43)	99 fewer per 1000 (from 132 fewer to 194 more)	VERY LOW	CRITICAL
reoperati	on											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
function												
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Flap failur	re e											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Length of	stay											
0	-	-	-	-	-	-	-	-	-	-	-	IMPORTANT
Superficia	l wound infect	ion										
0	-	-	-	-	-	-	-	-	-	-	-	IMPORTANT
Return to	normal activit	ies										
0	-	-	-	-	-	-	-	-	-	-	-	IMPORTANT

- (a) Very serious risk of selection bias, due to no reporting of allocation sequence and limited reporting of baseline characteristics in each group, higher attrition than event rates and no blinding for patients, health care professionals and outcome assessors in terms of the early/delayed grouping.
- (b) Outcomes were downgraded by one increment if the upper or lower 95% CI crossed the lower MID or the upper or lower 95% CI crossed the upper MID. Outcomes were downgraded by two increments if both MIDs were crossed by one or both of the 95% CIs. Default MIDs were set at 0.75 and 1.25.

# Immediate versus more than 7 days

Table 90: Clinical evidence profile: immediate versus more than 7 days

Quality as	uality assessment						Raw data		Adjusted eff	ects		
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other	Primary cover	Delayed cover	Relative (95% CI)	Absolute	Quality	Importance
Mortality												
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Quality of	life											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Deep infed	ction											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL

amputatio	n											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
function												
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Flap failur	e											
0	-	-	-	-	÷	-	-	-	-	-	÷	CRITICAL
Return to	normal	activities										
0	-	-	-	-	÷	-	-	-	-	-	÷	IMPORTANT
Hospital s	tay (day	s) (mean ar	nd range given)									
1	Cohort		No serious inconsistency	No serious indirectness	Unclear	None	8.6(3-20)	15.4 (4-52)	-	-6.8 (CIs not estimable)	VERY LOW	IMPORTANT
Infection (	not spe	cified as de	ep)									
1	Cohort	, ,	No serious inconsistency	No serious indirectness	Very serious imprecision	None	2/46	1/49	2.13 (0.2 to 22.71)	23 more per 1000 (from 16 fewer to 443 more)	VERY LOW	IMPORTANT

<sup>(</sup>a) Very serious risk of selection bias, due to no reporting of allocation sequence and limited reporting of baseline characteristics in each group, higher attrition than event rates and no blinding for patients, health care professionals and outcome assessors in terms of the early/delayed grouping.

# More than 14 days versus less than 3 days

Table 91: Clinical evidence profile: more than 14 days versus less than 3 days

Quality assessment							Raw data		Adjusted effects			
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other	Primary cover	Delayed cover	Relative (95% CI)	Absolute	Quality	Importance
Mortality												
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Quality of	life											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Deep infe	ction											
1	Cohort	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	None	None	-	-	Adjusted OR 7.41 (1.56 to 35.18)	-	VERY LOW	CRITICAL
Osteomye	litis											
1	Cohort	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	Serious imprecision <sup>B</sup>	None	-	-	Adjusted OR 10.53 (1.11 to 99.83)	-	VERY LOW	CRITICAL

Flap take-b	oacks											
1	Cohort	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	Serious imprecision <sup>E</sup>	None	-	-	Adjusted OR 11.5 (1.19 to 111.51)	-	VERY LOW	CRITICAL
amputation												
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
function												
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Flap failure	2											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Length of I	hospital	stay										
0	-	-	-	-	-	-	-	-	-	-	-	IMPORTANT
Superficial	wound	infection										
0	-	-	-	-	-	-	-	-	-	-	-	IMPORTANT
Return to i	normal a	ctivities										
0	-	-	-	-	-	-	-	-	-	-	-	IMPORTANT

- (a) Very serious risk of selection bias, due non randomisation, with inevitable residual confounding. Although multivariable analysis was carried out, there were insufficient events per variable for validity of analyses.
- (b) Outcomes were downgraded by one increment if the upper or lower 95% CI crossed the lower MID or the upper or lower 95% CI crossed the upper MID. Outcomes were downgraded by two increments if both MIDs were crossed by one or both of the 95% CIs. Default MIDs were set at 0.75 and 1.25.

# More than 5 days versus less than 5 days

Table 92: Clinical evidence profile: more than 5 days versus less than 5 days

Quality assessment							Raw data		Adjusted effects			
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other	Primary cover	Delayed cover	Relative (95% CI)	Absolute	Quality	Importance
Mortality												
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Quality of	life											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Deep infe	ction											
1	Cohort	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	None	None	-	-	Adjusted OR 7.39 (2.54 to 27.04)	-	VERY LOW	CRITICAL

function	1												
0	-	-	-	-	-	- 1-	-	-	-	-	-	CRITICAL	
Flap fail	Flap failure												
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL	
amputat	amputation												
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL	
Length o	of hospit	tal stay	·	·		·	,	·		·	·		
0	-	-	-	-	-	-	-	-	-	-	-	IMPORTANT	
Superfic	ial wour	nd infection	n										
0	-	-	-	-	-	-	-	-	-	-	-	IMPORTANT	
Return t	o norma	al activities											
0	-	-	-	-	-	-	-	-	-	-	-	IMPORTANT	

# Timing as a continuous outcome

Table 93: Clinical evidence profile: effects of delay on outcomes in two discrete sub-groups defined by time of cover

Quality assessment							Raw data		Adjusted effects			
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other	Primary cover	Delayed cover	Relative (95% CI) Odds of increment (day) rise in cover delay	Absolute	Quality	Importance
Mortality												
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Quality of	life											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Deep infed	ction in th	ose with	cover from 1-7 da	ys								
1	Cohort	, ,	No serious inconsistency	No serious indirectness	None	None	-	-	Adjusted OR 0.94 (0.65 to 1.36)		VERY LOW	CRITICAL
Deep infed	ction in th	ose with o	cover >7 days									
1	Cohort	, ,	No serious inconsistency		Serious imprecision <sup>B</sup>	TTOTIC	-	-	Adjusted OR 1.155 (1.03 to 1.29)		VERY LOW	CRITICAL
Amputatio	n											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
reoperation	n											

0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
function												
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Falp failu	re											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Length o	stay											
0	-	-	-	-	-	-	-	-	-	-	-	IMPORTANT
Superfici	al wound	infection										
0	-	-	-	-	-	-	-	-	-	-	-	IMPORTANT
Return to	normal a	ctivities				·				·	·	
0	-	-	-	-	-	<u> </u> -	-	-	-	-	-	IMPORTANT
(a) Vary	rious rick	of coloctic	n hias due non re	andomication u	iith inquitable	rocidua	Loonfounding					

<sup>(</sup>a) Very serious risk of selection bias, due non randomisation, with inevitable residual confounding.

### H.1.6 Definitive dressings after debridement

Table 94: Clinical evidence profile: NPWT versus standard dressing

Quality a	ssessment						No. of p	atients	Effect			
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other	NPWT	Standard dressing	Relative (95% CI)	Absolute	Quality	Importance
Mortality												
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Quality o	f life at 3 months	s (measured	with: SF36 physic	cal component;	range of scores:	0-100; Be	etter indic	ated by highe	r values)			
1	Randomised trials	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	Serious <sup>b</sup>	None	35	23	-	MD 11.4 higher (2.67 to 20.13 higher)	VERY LOW	CRITICAL
Deep infe	ection at 11 weel	ks										
1	Randomised trials	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	Serious <sup>b</sup>	None	2/35 (5.7%)	30.4%	RR 0.19 (0.04 to 0.83)	246 fewer per 1000 (from 52 fewer to 292 fewer)	VERY LOW	CRITICAL

<sup>(</sup>b) Outcomes were downgraded by one increment if the upper or lower 95% CI crossed the lower MID or the upper or lower 95% CI crossed the upper MID. Outcomes were downgraded by two increments if both MIDs were crossed by one or both of the 95% CIs. Default MIDs were set at 0.75 and 1.25.

Quality a	ıssessment						No. of p	atients	Effect			
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other	NPWT	Standard dressing	Relative (95% CI)	Absolute	Quality	Importance
1	Randomised trials	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	No serious imprecision	None	25/25 (100% )	52%	RR 1.89 (1.3 to 2.74)	463 more per 1000 (from 156 more to 905 more)	LOW	CRITICAL
function												
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Wound in	nfection											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Reoperat	tion / amputatio	า										
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Wound h	ealing											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Tissue ne	ecrosis											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Return to	normal activitie	es										
0	-	-	-	-	-	-	-	-	-	-	-	IMPORTAN T

<sup>(</sup>a) The majority of evidence was from studies at very high risk of bias(b) Confidence interval crossed one MID

# **H.2** Pelvic fractures

### H.2.1 Pelvic haemorrhage control

Table 95: Clinical evidence profile: TAE versus LAP

Quality assessment	No of patients	Effect	Quality	Importance

<sup>(</sup>c) Confidence interval crossed both MIDs

No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other	LAP	TAE	Relative (95% CI)	Absolute		
Mortality-O	odds Ratio (follow	v-up 6 years	s; assessed with: J	apan Trauma Dat	a Bank)							
	Observational studies	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	Very serious <sup>b</sup>	None	50/123	52/194	OR 1.13 (0.63 to 2.03) <sup>c</sup>	NA	VERY LOW	CRITICAL
Quality of lif	ife											
0 -	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Re-bleeding	g											
0 -	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Further inte	ervention											
0 -	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Volume of b	blood lost / numl	per of trans	fusions									
0 -	-	-	-	-	-	-	-	-	•	-	-	CRITICAL
Time to defi	finitive control											
0 -	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Need for res	scanning											
0 -	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Adverse eve	ents											
0 -	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
pain												
0 -	-	-	<b></b>	-	-	-	-	-	-	-	-	IMPORTANT
Return to no	ormal activities											
0 -	-	-	-	-	-	-	-	-	-	-	-	IMPORTANT
Length of st	tay											
0 -	-	-	-	-	-	-	-	-	-	-	-	IMPORTANT

Complex fractures: Appendices G - GRADE tables

<sup>(</sup>a) Downgraded for selection and attrition bias

<sup>(</sup>b) Downgraded by 1 increment if the confidence interval crossed one MID or by 2 increments if the confidence interval crossed both MID's.

<sup>(</sup>c) Adjusted for age, gender, number of co-morbidities, systolic blood pressure (SBP), Glasgow coma scale (GCS), injury Severity Score (ISS) and abbreviated injury scale (AIS)

# **Pilon fractures** H.3.1 H.3.1 National Clinical Guideline Centre, 2016

## Pilon early fixation

### MIXED OPEN/CLOSED STRATUM

Table 96: Clinical evidence profile: Definitive fixation within 24 hours versus temp fixation plus definitive fixation at more than 7 days

Quality assessme	nt						No. of patients		Effect			
No. of studies		Risk of bias	Inconsistency	Indirectness	Imprecision	Other	Definitive fixation within 24 hours	Temporary fixation plus definitive fixation at >7 days	Relative (95% CI)	Absolute	Quality	Importance
Mortality												
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Quality of life												
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Number of surger	ies (Better indi	cated by	lower values)									
1	Observational	,	No serious inconsistency	Serious indirectness <sup>b</sup>	Serious <sup>c</sup>	None	1.5(0.738)[20]	2.1(0.738)[26]	-	MD 0.6 lower (1.03 to 0.17 lower)	VERY LOW	CRITICAL
Function - AOFAS	(Better indicate	ed by hig	her values)									
1	Observational	,	No serious inconsistency	Serious indirectness <sup>b</sup>	Serious <sup>c</sup>	None	77.1(14.4)[20]	72.4(21)[26]	-	MD 4.7 higher (5.55 lower to 14.95 higher)	VERY LOW	CRITICAL
Function - SMFA (	Better indicate	d by low	er values)									
1	Observational	,	No serious inconsistency	Serious indirectness <sup>b</sup>	Serious <sup>c</sup>	None	25.8(14.4)[20]	2.1(0.738)[26]	-	MD 8.5 lower (18.41 lower to 1.41 higher)	VERY LOW	CRITICAL
People with unpla	nned surgery											
1	Observational	,	No serious inconsistency	No serious indirectness	Very serious <sup>c</sup>	None	0/42 (0%)	1/13 (7.7%)	OR 0.01 (0 to 1.47)	76 fewer per 1000 (from 77	VERY LOW	CRITICAL

										fewer to 32 more	)	
Amputation												
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Deep infection												
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Pain												
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Return to normal	activities											
0	-	-	_	-	-	-	-	-	-	_	-	IMPORTAN T
Return to normal	activities											
1	Observational			No serious indirectness	Serious <sup>c</sup>	None	35/42 (83.3%)	12/13 (92.3%)	RR 0.9 (0.73 to 1.11)	92 fewer per 1000 (from 249 fewer to 102 more)	VERY LOW	IMPORTAN T
Hospitalisation												
0	-	-	-	-	-	-	_	-	-	-	-	IMPORTAN T

<sup>(</sup>a) Risk of bias very serious because of non-randomised design and a lack of adjustment for important confounders.

Table 97: Clinical evidence profile: temporary fixation plus definite fixation at more than 24 hours to 7 days versus temporary fixation and definitive fixation at more than 7 days

	iixatioii a		ciiaii / aays									
Quality as	sessment						No. of patients		Effect			
No. of		Risk of					Temporary fixation plus definitive fixation at >24 hrs to 7 days versus temporary fixation		Relative			Importanc
studies	Design	bias	Inconsistency	Indirectness	Imprecision	Other	and definitive fixation at >7 days	Control	(95% CI)	Absolute	Quality	е
Deep infe	ction											

<sup>(</sup>b) Indirectness serious because intervention may have been given at a later time than specified in the protocol.

<sup>(</sup>c) Imprecision serious if CIs crossed one MID and very serious if CIs crossed both MIDs

			No serious inconsistency		Serious <sup>b</sup>	None	1/16 (6.3%)	0/63 (0%)	OR 139.42 (1.06 to 18295.53)	60 more per 1000 (from 70 less to 200 more)	VERY LOW	CRITICAL
Unplanned	d surgery											
1	Observational studies		No serious inconsistency	No serious indirectness	Serious <sup>b</sup>	None	4/16 (25%)	4/63 (6.3%)	RR 3.94 (1.1 to 14.06)	187 more per 1000 (from 6 more to 829 more)	VERY LOW	CRITICAL
Foot funct	ion index (Bette	er indicat	ed by lower val	ues)								
	Observational studies		No serious inconsistency	No serious indirectness	Serious <sup>b</sup>	None	0.4(0.305)[16]	0.23 (0. 305)[63]	-	MD 0.17 higher (0 to 0.34 higher)	VERY LOW	CRITICAL
Musculosk	celetal function	assessme	ent score (Bette	r indicated by lo	ower values)							
1	Observational studies		No serious inconsistency		Serious <sup>b</sup>	None	34(23.5)[16]	20.9(23. 5)[63]	-	MD 13.1 higher (0.21 to 25.99 higher)	VERY LOW	CRITICAL
Mortality												
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Quality of	life											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
amputatio	n											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
function												
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
pain												
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
hospitalisa	ation											
0	-	-	-	-	-	-	-	-	-	_	-	IMPORTA NT
Return to	normal activitie	S										

0	-	-	-	-	-	-	-	-	-	-	-	IMPORTA NT
Length of	f stay											
0	-	-	-	-	-	-	_	-	-	-	-	IMPORTA NT

<sup>(</sup>a) Risk of bias very serious because of non-randomised design and a lack of adjustment for important confounders.

### **CLOSED STRATUM**

Table 98: Clinical evidence profile: temporary fixation plus definite fixation at more than 24 hours to 7 days versus temporary fixation and definitive fixation at more than 7 days

Quality as	sessment						No. of patients			Effect			
No. of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other	Temporary fixation plus definitive fixation at >24 hrs to 7 days	temporary and definit fixation at	ive	Relative (95% CI)	Absolute	Quality	Importanc e
Mortality													
0	-	-	-	-	-	-	-		-	-	-	-	CRITICAL
Quality of	life												
0	-	-	-	-	-	-	-		-	-	-	-	CRITICAL
Deep infe	ction												
1	Observational studies		No serious inconsistency	No serious indirectness	Serious <sup>b</sup>	None	0/23 (0%)		1/23 (4.4%)	OR 0.14 (0 to 6.82)	38 fewer per 1000 (from 44 less to 195 more)	VERY LOW	CRITICAL
Function													
1	Observational studies	, ,	No serious inconsistency	No serious indirectness	Not estimable	None	0/23 (0%)		0/23 (0%)	Not estimable	Not estimable	VERY LOW	CRITICAL

<sup>(</sup>b) Imprecision serious as CIs crossed one MID

0	-	-	-	-	-	-	-	-	-	_	-	CRITICAL
function												
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
pain												
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
hospitalis	ation											
0	-	-	-	-	-	-		-	-	-	-	IMPORTA NT
Return to	normal activitie	es										
0	_	-	-	-	-	-	-	-	-	-	-	IMPORTA NT
Hospital s	tay											
1	Observational studies		No serious inconsistency		Serious <sup>b</sup>	None	7.6(2.6)[23]	15.2 (4. 2)[23]	-	MD 7.6 lower (9.62 to 5.58 lower)	VERY LOW	IMPORTA NT

<sup>(</sup>c) Risk of bias very serious because of non-randomised design

### H.3.2 Pilon fixation

amputation

Table 99: Clinical evidence profile: Staged ORIF versus external fixation

abic 3	J. Cillincal	CVIGCIIC	c prome. st	agea Oitii V	CI 3U3 CALCI	mai m	ation						
Quality assessment							No. of patients		Effect				
No. of		Risk of						External	Relative				
studies	Design	bias	Inconsistency	Indirectness	Imprecision	Other	Staged ORIF	fixation	(95% CI)	Absolute		Quality	Importance
Quality of life													
0	-	-	-	-	-	-	-	-	-	-		-	CRITICAL

<sup>(</sup>d) Imprecision serious if CIs crossed one MID and very serious if CIs crossed 2 MIDs

 $_{\perp}$ 

National Clinical Guideline Centre, 2016

Table 100: Clinical evidence profile: Staged (temporary external fixation) ORIF versus external fixation

							Proportion (% event or mean	•	Effect			
No of	Daniere	Risk of				Other	Channel ODIE	External	Relative	0 h a a lasta	0	
studies	Design	bias	Inconsistency	Indirectness	Imprecision	Other	Staged ORIF	fixation	(95% CI)	Absolute	Quality	Importance

<sup>(</sup>a) Outcomes were downgraded by one increment if the weighted average number of serious methodological limitations across studies was one, and downgraded by two increments if the weighted average number of serious methodological limitations across studies were two or more.

<sup>(</sup>b) Outcomes were downgraded by one increment if the upper or lower 95% CI crossed the lower MID or the upper or lower 95% CI crossed the upper MID. Outcomes were downgraded by two increments if both MIDs were crossed by one or both of the 95% CIs. Default MIDs were set at RRs of 0.75 and 1.25.

<sup>(</sup>c) Peto odds ratio.

				h								
1	Observational studies	Very seriousa	No serious inconsistency	Serious <sup>b</sup>	Serious <sup>c</sup>	None	49.7 (30.1) [27]	25.5 (18) [18]	-	MD 24.2 higher (10.13 to 38.27 higher)	VERY LOW	CRITICAL
Surgical site infection												
0	-	_	-	-	-	-	-	-	-	_	-	CRITICAL
Ankle fusion												
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Unplann	ed further surgery	,										
0	-	-	-	-	-	-	-	-	=	-	-	CRITICAL
Wound k	reakdown											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Return to	normal activities											
0	_	_	_	_	_	_	_	_	_	_	L	IMPORTAN <sup>*</sup>

<sup>(</sup>a) Outcomes were downgraded by one increment if the weighted average number of serious methodological limitations across studies was one, and downgraded by two increments if the weighted average number of serious methodological limitations across studies were two or more. Methodological limitations in these non-randomised studies were likely selection bias, performance bias and detection bias.

<sup>(</sup>b) Staged ORIF rather than ORIF as per the protocol. Temporary external fixation was used to wait for the soft tissue swelling to decrease.

<sup>(</sup>c) Outcomes were downgraded by one increment if the upper or lower 95% CI crossed the lower MID or the upper or lower 95% CI crossed the upper MID. Outcomes were downgraded by two increments if both MIDs were crossed by one or both of the 95% CIs. Default MIDs were set at RRs of 0.75 and 1.25.

## H.4.1 Detecting compartment syndrome

Table 101: Clinical evidence profile: continuous compartment pressure monitoring versus no compartment pressure monitoring

					•			•				
Quality assessment								i	Effect			
No of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other	Monitored	Unmonitored	Relative (95% CI)	Absolute	Quality	Importance
Mortality												
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Quality of	flife											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Sensory lo	oss (follow-up i	mean 8 m	onths)									
1	Randomised trials	Very serious <sup>a</sup>	No serious inconsistency	No serious indirectness	Very serious <sup>b</sup>	None	5/71 (7%)	6%	RR 1.18 (0.36 to 3.92)	11 more per 1000 (from 38 fewer to 175 more)	VERY LOW	CRITICAL
Contractu	ıre (follow-up r	mean 8 mo	onths)		·		,		<u>'</u>		,	·
1	Randomised trials	Serious <sup>c</sup>	No serious inconsistency	No serious indirectness	Very serious <sup>b</sup>	None	1/71 (1.4%)	3.6%	RR 0.39 (0.04 to 3.71)	22 fewer per 1000 (from 35 fewer to 98 more)	VERY LOW	CRITICAL
Neurolog	ical dysfunction	า										
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
Muscle/jo	oint contracture	e										
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL
amputatio	on											
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL

function	function												
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL	
Deep info	Deep infection												
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL	
Neuropa	Neuropathic ulcers												
0	-	-	-	-	-	-	-	-	-	-	-	CRITICAL	
Un`planr	ed surgery												
0	-	-	-	-	-	-	-	-	-	-	-	IMPORTANT	
Missed c	Missed compartment syndrome												
0	-	-	-	-	-	-	-	-	-	-	-	IMPORTANT	
Length o	stay												
0	-	-	-	-	-	-	-	-	-	-	-	IMPORTANT	

<sup>(</sup>a) The majority of evidence was from studies at very high risk of bias

<sup>(</sup>b) Confidence interval crossed both MIDs(c) The majority of evidence was from studies at high risk of bias

# References

- Behdad S, Rafiei MH, Taheri H, Behdad S, Mohammadzadeh M, Kiani G et al. Evaluation of Mangled Extremity Severity Score (MESS) as a predictor of lower limb amputation in children with trauma. European Journal of Pediatric Surgery. 2012; 22(6):465-469
- 2 Benson DR, Riggins RS, Lawrence RM, Hoeprich PD, Huston AC, Harrison JA. Treatment of open fractures: a prospective study. Journal of Trauma. 1983; 23(1):25-30
- 3 Bonanni F, Rhodes M, Lucke JF. The futility of predictive scoring of mangled lower extremities. Journal of Trauma. 1993; 34(1):99-104
- 4 Bosse MJ, MacKenzie EJ, Kellam JF, Burgess AR, Webb LX, Swiontkowski MF et al. A prospective evaluation of the clinical utility of the lower-extremity injury-severity scores. Journal of Bone and Joint Surgery American Volume. 2001; 83-A(1):3-14
- 5 Brown KV, Ramasamy A, McLeod J, Stapley S, Clasper JC. Predicting the need for early amputation in ballistic mangled extremity injuries. Journal of Trauma. 2009; 66(4 Suppl):S93-S98
- 6 Chan DPN, Abujudeh HH, Cushing GLJ, Novelline RA. CT cystography with multiplanar reformation for suspected bladder rupture: experience in 234 cases. AJR American Journal of Roentgenology. 2006; 187(5):1296-1302
- 7 Charalambous CP, Siddique I, Zenios M, Roberts S, Samarji R, Paul A et al. Early versus delayed surgical treatment of open tibial fractures: effect on the rates of infection and need of secondary surgical procedures to promote bone union. Injury. 2005; 36(5):656-661
- 8 D'Alleyrand JC, Manson TT, Dancy L, Castillo RC, Bertumen JB, Meskey T et al. Is time to flap coverage of open tibial fractures an independent predictor of flap-related complications? Journal of Orthopaedic Trauma. 2014; 28(5):288-293
- 9 Dagum AB, Best AK, Schemitsch EH, Mahoney JL, Mahomed MN, Blight KR. Salvage after severe lower-extremity trauma: are the outcomes worth the means? Plastic and Reconstructive Surgery. 1999; 103(4):1212-1220
- 10 Davidovitch RI, Elkhechen RJ, Romo S, Walsh M, Egol KA. Open reduction with internal fixation versus limited internal fixation and external fixation for high grade pilon fractures (OTA type 43C). Foot and Ankle International. 2011; 32(10):955-961
- 11 Davis Sears E, Davis MM, Chung KC. Relationship between timing of emergency procedures and limb amputation in patients with open tibia fracture in the United States, 2003 to 2009. Plastic and Reconstructive Surgery. 2012; 130(2):369-378
- 12 Dellinger EP, Miller SD, Wertz MJ, Grypma M, Droppert B, Anderson PA. Risk of infection after open fracture of the arm or leg. Archives of Surgery. 1988; 123(11):1320-1327
- 13 Desai P, Audige L, Suk M. Combined orthopedic and vascular lower extremity injuries: sequence of care and outcomes. American Journal of Orthopedics. 2012; 41(4):182-186
- 14 Doucet JJ, Galarneau MR, Potenza BM, Bansal V, Lee JG, Schwartz AK et al. Combat versus civilian open tibia fractures: the effect of blast mechanism on limb salvage. Journal of Trauma. 2011; 70(5):1241-1247

- 15 Durham RM, Mistry BM, Mazuski JE, Shapiro M, Jacobs D. Outcome and utility of scoring systems in the management of the mangled extremity. American Journal of Surgery. 1996; 172(5):569-4
- 16 Elsharawy MA. Arterial reconstruction after mangled extremity: injury severity scoring systems are not predictive of limb salvage. Vascular. 2005; 13(2):114-119
- 17 Enninghorst N, McDougall D, Hunt JJ, Balogh ZJ. Open tibia fractures: timely debridement leaves injury severity as the only determinant of poor outcome. Journal of Trauma. 2011; 70(2):352-357
- 18 Fagelman MF, Epps HR, Rang M. Mangled extremity severity score in children. Journal of Pediatric Orthopedics. 2002; 22(2):182-184
- 19 Forsberg A, Soderberg S, Engstrom A. People's experiences of suffering a lower limb fracture and undergoing surgery. Journal of Clinical Nursing. 2014; 23(1-2):191-200
- 20 Gopal S, Giannoudis PV, Murray A, Matthews SJ, Smith RM. The functional outcome of severe, open tibial fractures managed with early fixation and flap coverage. Journal of Bone and Joint Surgery British Volume. 2004; 86(6):861-867
- 21 Gross EA, Niedens BA. Validation of a decision instrument to limit pelvic radiography in blunt trauma. Journal of Emergency Medicine. 2005; 28(3):263-266
- 22 Harley BJ, Beaupre LA, Jones CA, Dulai SK, Weber DW. The effect of time to definitive treatment on the rate of nonunion and infection in open fractures. Journal of Orthopaedic Trauma. 2002; 16(7):484-490
- 23 Harris AM, Patterson BM, Sontich JK, Vallier HA. Results and outcomes after operative treatment of high-energy tibial plafond fractures. Foot and Ankle International. 2006; 27(4):256-265
- 24 Harris IA, Kadir A, Donald G. Continuous compartment pressure monitoring for tibia fractures: does it influence outcome? Journal of Trauma. 2006; 60(6):1330-1335
- 25 Helfet DL, Howey T, Sanders R, Johansen K. Limb salvage versus amputation. Preliminary results of the Mangled Extremity Severity Score. Clinical Orthopaedics and Related Research. 1990;(256):80-86
- 26 Hertel R, Lambert SM, Muller S, Ballmer FT, Ganz R. On the timing of soft-tissue reconstruction for open fractures of the lower leg. Archives of Orthopaedic and Trauma Surgery. 1999; 119(1-2):7-12
- 27 Hohmann E, Tetsworth K, Radziejowski MJ, Wiesniewski TF. Comparison of delayed and primary wound closure in the treatment of open tibial fractures. Archives of Orthopaedic and Trauma Surgery. 2007; 127(2):131-136
- 28 Horstman WG, McClennan BL, Heiken JP. Comparison of computed tomography and conventional cystography for detection of traumatic bladder rupture. Urologic Radiology. 1991; 12(4):188-193
- 29 Hull PD, Johnson SC FAU, Stephen DJ FAU, Kreder HJ FAU, Jenkinson RJ. Delayed debridement of severe open fractures is associated with a higher rate of deep infection. Bone and Joint Journal. 2014; 96B(3):379-384
- 30 Janzing HM, Broos PL. Routine monitoring of compartment pressure in patients with tibial fractures: Beware of overtreatment! Injury. 2001; 32(5):415-421

- 31 Jenkinson RJ, Kiss A, Johnson S, Stephen DJG, Kreder HJ. Delayed wound closure increases deepinfection rate associated with lower-grade open fractures: a propensity-matched cohort study. Journal of Bone and Joint Surgery - American Volume. 2014; 96(5):380-386
- 32 Johansen K, Daines M, Howey T, Helfet D, Hansen STJ. Objective criteria accurately predict amputation following lower extremity trauma. Journal of Trauma. 1990; 30(5):568-3
- 33 Katsura M, Yamazaki S, Fukuma S, Matsushima K, Yamashiro T, Fukuhara S. Comparison between laparotomy first versus angiographic embolization first in patients with pelvic fracture and hemoperitoneum: a nationwide observational study from the Japan Trauma Data Bank. Scandinavian Journal of Trauma, Resuscitation and Emergency Medicine. 2013; 21:82
- 34 Koulouvaris P, Stafylas K, Mitsionis G, Vekris M, Mavrodontidis A, Xenakis T. Long-term results of various therapy concepts in severe pilon fractures. Archives of Orthopaedic and Trauma Surgery. 2007; 127(5):313-320
- 35 Krettek C, Seekamp A, Kontopp H, Tscherne H. Hannover Fracture Scale '98--re-evaluation and new perspectives of an established extremity salvage score. Injury. 2001; 32(4):317-328
- 36 Kumar MK, Badole C, Patond K. Salvage versus amputation: Utility of mangled extremity severity score in severely injured lower limbs. Indian Journal of Orthopaedics. 2007; 41(3):183-187
- 37 Kwok MY, Yen K, Atabaki S, Adelgais K, Garcia M, Quayle K et al. Sensitivity of plain pelvis radiography in children with blunt torso trauma. Annals of Emergency Medicine. 2015; 65(1):63-71
- 38 Lack WD, Karunakar MA, Angerame MR, Seymour RB, Sims S, Kellam JF et al. Type III open tibia fractures: immediate antibiotic prophylaxis minimizes infection. Journal of Orthopaedic Trauma. 2015; 29(1):1-6
- 39 Liu DSH, Sofiadellis F, Ashton M, MacGill K, Webb A. Early soft tissue coverage and negative pressure wound therapy optimises patient outcomes in lower limb trauma. Injury. 2012; 43(6):772-778
- 40 Madhuchandra P, Rafi M, Devadoss S, Devadoss A. Predictability of salvage and outcome of Gustilo and Anderson type-IIIA and type-IIIB open tibial fractures using Ganga Hospital Scoring system. Injury. 2015; 46(2):282-287
- 41 Malhotra AK, Goldberg S, Graham J, Malhotra NR, Willis MC, Mounasamy V et al. Open extremity fractures: impact of delay in operative debridement and irrigation. Journal of Trauma and Acute Care Surgery. 2014; 76(5):1201-1207
- 42 McNamara MG, Heckman JD, Corley FG. Severe open fractures of the lower extremity: a retrospective evaluation of the Mangled Extremity Severity Score (MESS). Journal of Orthopaedic Trauma. 1994; 8(2):81-87
- 43 McQueen MM, Duckworth AD, Aitken SA, Court-Brown C. The estimated sensitivity and specificity of compartment pressure monitoring for acute compartment syndrome. Journal of Bone and Joint Surgery American Volume. 2013; 95(8):673-677
- 44 Mommsen P, Zeckey C, Hildebrand F, Frink M, Khaladj N, Lange N et al. Traumatic extremity arterial injury in children: epidemiology, diagnostics, treatment and prognostic value of Mangled Extremity Severity Score. Journal of Orthopaedic Surgery and Research. 2010; 5:25

- 45 Naique SB, Pearse M, Nanchahal J. Management of severe open tibial fractures: the need for combined orthopaedic and plastic surgical treatment in specialist centres. Journal of Bone and Joint Surgery British Volume. 2006; 88(3):351-357
- 46 Noumi T, Yokoyama K, Ohtsuka H, Nakamura K, Itoman M. Intramedullary nailing for open fractures of the femoral shaft: evaluation of contributing factors on deep infection and nonunion using multivariate analysis. Injury. 2005; 36(9):1085-1093
- 47 O'Brien L, Presnell S. Patient experience of distraction splinting for complex finger fracture dislocations. Journal of Hand Therapy. 2010; 23(3):249-260
- 48 Okonta HI, Malemo KL, Ogunbanjo GA. The experience and psychosocial needs of patients with traumatic fractures treated for more than six months at doctors on call for service hospital, Goma, Democratic republic of Congo. South African Family Practice. 2011; 53(2):189-192
- 49 Pollak AN, Jones AL, Castillo RC, Bosse MJ, MacKenzie EJ, LEAP Study Group. The relationship between time to surgical debridement and incidence of infection after open high-energy lower extremity trauma. Journal of Bone and Joint Surgery American Volume. 2010; 92(1):7-15
- 50 Quagliano PV, Delair SM, Malhotra AK. Diagnosis of blunt bladder injury: A prospective comparative study of computed tomography cystography and conventional retrograde cystography. Journal of Trauma. 2006; 61(2):410-412
- 51 Rajasekaran S, Naresh Babu J, Dheenadhayalan J, Shetty AP, Sundararajan SR, Kumar M et al. A score for predicting salvage and outcome in Gustilo type-IIIA and type-IIIB open tibial fractures. Journal of Bone and Joint Surgery British Volume. 2006; 88(10):1351-1360
- 52 Ramasamy MA, Hill AM, Phillip R, Gibb I, Bull AMJ, Clasper JC. FASS is a better predictor of poor outcome in lower limb blast injury than AIS: implications for blast research. Journal of Orthopaedic Trauma. 2013; 27(1):49-55
- 53 Rasool G, Ahmed MU, Iqbal M, Khwaja Z. Vacuum assited wound closure and normal saline dressing in treatment of Gustilo type II, type IIIa and IIIb open fracture of tibia. Rawal Medical Journal. 2013; 38(4):382-384
- Richards JE, Magill M, Tressler MA, Shuler FD, Kregor PJ, Obremskey WT et al. External fixation versus ORIF for distal intra-articular tibia fractures. Orthopedics. 2012; 35(6):e862-e867
- 55 Robertson PA. Prediction of amputation after severe lower limb trauma. Journal of Bone and Joint Surgery British Volume. 1991; 73(5):816-818
- 56 Rush RM, Kjorstad R, Starnes BW, Arrington E, Devine JD, Andersen CA. Application of the Mangled Extremity Severity Score in a combat setting. Military Medicine. 2007; 172(7):777-781
- 57 Schemitsch EH, Bhandari M, Guyatt G, Sanders DW, Swiontkowski M, Tornetta P et al. Prognostic factors for predicting outcomes after intramedullary nailing of the tibia. Journal of Bone and Joint Surgery American Volume. 2012; 94(19):1786-1793
- 58 Sheean AJ, Krueger CA, Napierala MA, Stinner DJ, Hsu JR, Skeletal Trauma and Research Consortium (STReC). Evaluation of the mangled extremity severity score in combat-related type III open tibia fracture. Journal of Orthopaedic Trauma. 2014; 28(9):523-526

- 59 Slauterbeck JR, Britton C, Moneim MS, Clevenger FW. Mangled extremity severity score: an accurate guide to treatment of the severely injured upper extremity. Journal of Orthopaedic Trauma. 1994; 8(4):282-285
- 60 Sleney J, Christie N, Earthy S, Lyons RA, Kendrick D, Towner E. Improving recovery Learning from patients' experiences after injury: A qualitative study. Injury. 2014; 45(1):312-319
- 61 Stannard JP, Volgas DA, Stewart R, McGwin J, Alonso JE. Negative pressure wound therapy after severe open fractures: A prospective randomized study. Journal of Orthopaedic Trauma. 2009; 23(8):552-557
- 62 Stewart DA, Coombs CJ, Graham HK. Application of lower extremity injury severity scores in children. Journal of Children's Orthopaedics. 2012; 6(5):427-431
- 63 Tang X, Liu L, Tu CQ, Li J, Li Q, Pei FX. Comparison of early and delayed open reduction and internal fixation for treating closed tibial pilon fractures. Foot and Ankle International. 2014; 35(7):657-664
- 64 Vannier MW, Hildebolt CF, Gilula LA, Pilgram TK, Mann F, Monsees BS et al. Calcaneal and pelvic fractures: diagnostic evaluation by three-dimensional computed tomography scans. Journal of Digital Imaging. 1991; 4(3):143-152
- 65 Wang C, Li Y, Huang L, Wang M. Comparison of two-staged ORIF and limited internal fixation with external fixator for closed tibial plafond fractures. Archives of Orthopaedic and Trauma Surgery. 2010; 130(10):1289-1297
- 66 Webb LX, Bosse MJ, Castillo RC, MacKenzie EJ, Kellam JE, Travison TG et al. Analysis of surgeon-controlled variables in the treatment of limb-threatening type-III open tibial diaphyseal fracture. Journal of Bone and Joint Surgery American Volume. 2007; 89(5):923-928
- 67 Weber D, Dulai SK FAU Bergman J, Bergman JF, Buckley RF, Beaupre LA. Time to initial operative treatment following open fracture does not impact development of deep infection: a prospective cohort study of 736 subjects. Journal of Orthopaedic Trauma.: 1531-2291 (Electronic). 2014; 28(11):613-619
- 68 Wei Sj, Cai Xh, Wang Hs, Qi Bw, Yu Ax. A comparison of primary and delayed wound closure in severe open tibial fractures initially treated with internal fixation and vacuum-assisted wound coverage: a case-controlled study. International Journal of Surgery. 2014; 12(7):688-694