

NICE Collaborating Centre for Social Care

Transition from children's to adult services

Guideline Development Group meeting 5

Thursday 27th November 2014

10.30am – 4.15pm

SCIE Offices, Shared Meeting Space, 206 Marylebone Rd, London NW1 6AQ

Minutes

| <i>Guideline Development Group Members</i> | |
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| Name | Role |
| Swaran Singh (SS) | GDG Chair |
| Alun Williams (AW) | Paediatrician |
| Bryony Beresford (BB) | Topic Adviser |
| Caroline Bennett (CB) | Transition Lead |
| Carrie Wilson (CW) | Care Leaver and Carer |
| Charlotte Gatherer (CG) | Service User |
| Clare Lamb (CL) | Child and Adolescent Psychiatrist |
| Julie Turner (JT) | Social Worker |
| Kathie Drinan (KD) | Physiotherapist |
| Theresa Culverwell (TC) | Carer |
| Helena Gleeson (HG) | Consultant Endocrinologist |

The NCCSC is a collaboration led by SCIE



| Other invitees | | |
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| Name | Role | Organisation |
| Beth Anderson (BA) | Senior lead | NCCSC (SCIE) |
| Palida Teelucknavan (PT) | Project manager | NCCSC (SCIE) |
| Kristin Liabo (KL) | Lead systematic reviewer | NCCSC (EPPI) |
| Nadira Sharif (NS) | Systematic reviewer | NCCSC (SCIE) |
| Marija Trachtenberg (MT) | Economist | NCCSC (PSSRU) |
| Isabel Quilter (IQ) | Research assistant | NCCSC (SCIE) |
| Nick Staples (NS) | Project Manager | NICE |
| Moni Choudhury (MC) | Research & Development (observer) | NICE |

| Apologies | |
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| Name | Organisation |
| Amanda Edwards (AE) | NCCSC |
| Amy Moore (AM) | GDG member (Commissioner) |
| Thines Ganeshamoorthy (TG) | GDG member (Service User) |
| Philippa Williams (PW) | GDG member (Carer) |
| Debbie Kinsella (DK) | GDG member (Transition Lead) |
| Eugenia Lee (EL) | GDG member (Clinical Commissioner & GP) |

| No | Agenda Item | Minutes for NICE website | Action/Owner |
|-----------|---|---|---------------------|
| 1. | Welcome, introductions and potential conflicts of interest | <p>The Chair welcomed the attendees to the meeting and also reminded the group of the ground rules.</p> <p>The GDG was then asked to declare any new or updated conflicts of interests:</p> <p>KL has been granted rapid response money from the Department of Health to conduct a participatory project with care leavers with long-term conditions, to explore their experiences and understandings of their transition into adulthood.</p> | |
| 2. | Minutes and matters arising | The GDG Chair accepted the minutes as an accurate record of the meeting. | |
| 3. | Revisiting the evidence on Effectiveness of support | KL reminded the GDG of the review questions and gave a brief overview of which review question will be presented at each meeting. | |

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| | <p>models, frameworks and interventions to improve transition from children's to adult services (Q 4.5.5 & 4.5.6)</p> | <p>At the last meeting the GDG agreed that the evidence for questions 4.5.5 and 4.5.6 should be revisited with the search criteria broadened to include research post 2006.</p> <p>KL presented the number of studies found post 2006. KL then presented 3 evidence statements from the presented evidence for the GDG to consider.</p> <p>KL also informed the GDG of the forthcoming Cochrane review on 'Interventions to improve transition of care for adolescents from paediatrics services to adult services' which will be highly significant to this guideline.</p> <p>HG informed the GDG that Fiona Campbell will also be presenting at a conference on Transition in London in the next week or so and will forward details of the event to members.</p> | |
| <p>4.</p> | <p>Economic evidence</p> | <p>MT highlighted the main areas of the economic evaluation and highlighted the tasks that the GDG needed to consider for the economic modelling work:</p> <ul style="list-style-type: none"> • Prioritise areas • Feasibility of cost intervention • Equity impact <p>MT presented economic evidence reviews from 2 studies and provided some suggestions for the economic modelling. The GDG agreed that economic evaluations should be carried out on the studies that were presented by MT, however the GDG needed to decide which studies should be prioritised.</p> <p>It was therefore agreed that MT will email the GDG a summary and rationale of the work that will be carried out.</p> | <p>Action 1: MT to email GDG a summary and rationale of the work that will be carried out.</p> |
| <p>5.</p> | <p>Review of the evidence on: What transition training is available for health and social care professionals in children's and adult services? What is the effectiveness of transition training? (Q4.5.9)</p> | <p>IQ presented the evidence on training and concluded that there were no studies that met the inclusion criteria. The options for addressing this would therefore be to invite an expert witness to provide a testimony or to use the expertise of the GDG to make consensus recommendations.</p> | |
| <p>6.</p> | <p>Drafting recommendations</p> | <p>The GDG were divided into 2 groups to draft recommendations based on their</p> | |

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| | for Q4.5.9 | own expertise and experience. Each group facilitator then fed back the key points. | |
| 7. | Review of the evidence on: How can adult services support effective transition for young people in transition? (Q4.5.10) | <p>IQ presented the evidence on adult services and found very little evidence, most of which was also of poor quality.</p> <p>The GDG discussed suggested an expert witness to provide a testimony on this specific area. Despite the lack of good quality evidence the group discussed some possible draft recommendations based on their expertise and experience.</p> <p>NS reminded the GDG that they can also make research recommendations.</p> | |
| 8. | Drafting recommendations for Q4.5.10 | The GDG were divided into 2 groups to draft recommendations based on their own expertise and experience. Each group facilitator then fed back the key points. | |
| | Expert witnesses: Follow-up discussion | <p>The GDG discussed the gaps in research evidence and some options in dealing with these gaps:</p> <ul style="list-style-type: none"> • Models of transition care • How social care and education work together to support young people with social care (and/or health) needs through transition <p>The GDG suggested that the experts should address the following key issues in their presentation:</p> <ul style="list-style-type: none"> • Good models of transition • Training • Barriers and facilitators of transition | |
| | D&A issues emerging from today's discussion | This will be carried forward to the next meeting. | |
| | AOB | There was no any other business. | |

Appendix A: Register of declaration of interests

| Name | Personal pecuniary interest | Personal family interest | Non-personal pecuniary interest | Personal non-pecuniary interest |
|-----------------------|---|--|---|--|
| Swaran P Singh | Have received lecture Honoraria from Janssen, Otsuka and Roche Pharmaceuticals. None of the lectures were related to any healthcare product or promotion of any healthcare product. | None | Member of NHS England CAMHS Transition Group, Commissioner for the Equality and Human Rights Commission, Mental Health Lead for the South Warwickshire CLRN, Joint Mental Health Speciality Lead for the West Midlands Clinical Research Network, member of an expert group advising a pharmaceutical company on how outcomes of young people with early psychosis can be improved. | Have led and currently lead several transition related research projects funded by NIHR, West Midlands SHA and EU. |
| Bryony Beresford | None | None | None | None |
| Jane Green | None | None | None | None |
| Caroline Bennett | None | None | None | None |
| Teresa Culverwell | None | None | None | None |
| Kathie Drinan | None | None | None | None |
| Thines Ganeshamoorthy | None | None | None | Member of the Royal College of Paediatrics and Child Health Youth Advisory |
| Charlotte Gatherer | None | Dr A Gatherer (Aunt) is a Director of Psychologist Services, Birmingham and Solihull Mental Health Foundation Trust. | None | Presented at an international conference (with other members from GIFT) on young people's experiences moving from CAMHS to AMHS. |
| Debbie Kinsella | None | None | None | None |
| Clare Lamb | None | None | None | None |

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| Eugenia Lee | GP Partner - Thamesmead Medical associates, GP Appraiser - NHS England, GP Clinical Commissioner - NHS Greenwich, Clinical Governance Lead - Grabadoc. | None | None | Trustee - Christian Medical Associates, Trustee - Volunteer Centre Greenwich |
| Amy Moore | None | None | None | None |
| Julie Turner | None | None | None | None |
| Alun Williams | None | None | Forthcoming 250 Euro fee from Springer for publication on transitional urology (co-editing a textbook). Previous and forthcoming honoraria for speaking on neuropathic urology at sponsored meetings by Coloplast. | Co-editing a textbook as above |
| Philippa Williams | None | None | None | None |
| Carrie Wilson | None | None | None | None |
| Helena Gleeson | None | None | None | None |