Appendix C1 Economic evidence

Transition from children's to adults' services for young people using health or social care services

Completed methodology checklists: economic evaluations

Review Question 4

What is the effectiveness of support models and frameworks to improve transition from children's to adults' services?

COMPLETED METHODOLOGY CHECKLISTS: ECONOMIC EVALUATIONS

	ED METHODOLOGY CHECKLISTS: ECONOMIC EVALUATIONS					
Study identific						
	ey C (2012) Evaluaton of the Staying Put: 18 Plus Family Placement Program: final report. UK Government Department for Edu	cation				
	: Transition from children's to adults' services for young people using health or social care services.					
	rity area: What is the effectiveness of support models and frameworks to improve transition from children's to adults'	Q : 4				
services?						
Checklist: Sec						
Yes/No/Partly/	Detail					
Not applicable						
	ly population appropriate for the review question?					
Yes	Care leavers with an established familial relationship, although not strictly defined, was considered to include 'young people w	ho have lived				
	with their current foster carers for some time and thus had an opportunity to develop an attachment to them'.					
	Exclusions: 'those with placement instability and change as they approach adulthood, as well as those who are placed with pa					
	secure units, children's homes or hostels. These groups may be more vulnerable and have more complex needs than those w	vho are eligible				
	to stay put' (Munro et al. 2011a; Sinclair et al. 2007) (p25).					
	erventions appropriate for the review question?					
Yes	'Staying Put 18+ Programme'. Young people with 'established familial relationships' are able to choose to stay with foster carers until age					
	21.					
	ent social care system in which the study was conducted sufficiently similar to the current UK social care context?					
Unclear	Conducted between July 2008 and March 2011.					
	spectives clearly stated and what are they?					
No	Cost case studies take perspective of public sector (p94).					
1.5 Are all dire	ct effects on individuals included?					
No	There were significant limitations in collection of outcomes and costs, which meant that no analysis could be done.					
	Outcomes measured included engagement in education, training, employment, or not in education, training or employment (N					
	ability to measure impact of the intervention is limited in that these are also requirements for being in the programme. Qualitative data is					
	available on a smaller sample for health and social care outcomes, experience and processes of care.					
	In relation to costs, it was originally planned to collect information on the use of local authority services, but collecting this info	rmation was				
404 114	not possible. Instead, authors provided cost case studies to understand the intervention's impact (p24).					
	re costs and outcomes discounted appropriately?	<u> </u>				
No	See above – in relation to cost case studies, these were measured costs over a 5-year time horizon but do not appear to be d	iscounted.				
	value of effects expressed?					
Natural units	Measured as engagement in education, training, and employment, or NEET over a 2-year period.					

1.8 Are costs and outcomes from other sectors (including the value of unpaid care, where relevant) fully and appropriately measured and valued?

Partially Impact on outcomes and costs on families is assessed through qualitative interviews on a sub-set of the sample.

General conclusion

Not applicable due to the lack of a robust comparison group and lack of information on impact of the intervention on outcomes and on health and social care service use. No conclusions can be drawn about the intervention's cost-effectiveness as there were significant limitations in the study design, i.e. that there was no comparison group and the lack of information on the effect of the intervention on individual's outcomes and on health and social care service use.

Transition from children's to adults' services for young people using health or social care services

Completed methodology checklists: economic evaluations

Review Question 5

What is the effectiveness of interventions designed to improve transition from children's to adults' services?

COMPLETED METHODOLOGY CHECKLISTS: ECONOMIC EVALUATIONS

	METHODOLOGY CHECKLISTS: ECONOMIC EVALUATIONS
Study identification	
Prestidge C, R	comann A, Djurdjev O, Matsuda-Abedini M (2012) Utility and cost of a renal transplant transition clinic.
Pediatric Neph	rology 27: 295–302
	ransition from children's to adults' services for young people using health or social care services.
	varea: What is the effectiveness of support models and frameworks to improve transition from children's to adults' services? Q: 4
Checklist: Section	<u>11</u>
,	Detail
ot applicable	
	opulation appropriate for the review question?
Yes	Adolescents undergoing transition usually referred at 16.
1.4 Are the interv	ventions appropriate for the review question?
Yes	Tertiary children's hospital with multidisciplinary transition clinic and transition team.
1.3 Is the current	social care system in which the study was conducted sufficiently similar to the current UK social care context?
Unclear	Study was conducted in Canada and covers a period from 2000 to 2007.
1.4 Are the perspe	ectives clearly stated and what are they?
	Not stated explicitly. It includes the cost of the intervention. Individual patient-level data was not available, therefore, costs were estimated
	only on the basis of outcomes – those requiring dialysis or transplant. Costs associated with dialysis or transplant were taken from
	published sources which included hospitalization, inpatient and outpatient physician care, laboratory and diagnostic testing and
	medications (p297).
	effects on individuals included?
Partially	Focuses on clinical outcomes: death, allograft loss, biopsy-proven acute rejection, serum creatinine levels. No social care outcomes or
	other individual-level outcomes but this is due to the nature of the study design (matched comparison, using prospective design for
	intervention and using retrospective case notes for control group) and due to the aims of the intervention, which was to test impact on
	clinically important outcomes.
	costs and outcomes discounted appropriately? Not clearly stated.
	ue of effects expressed?
	Clinical outcomes are expressed in natural units however the changes in resource use are based on outcomes of dialysis and transplant, but this is reported in monetary units.
	outcomes from other sectors (including the value of unpaid care, where relevant) fully and appropriately measured and valued?
	Impact on carers is not included.
General conclusion	
Ceneral conclusion	yn

The study is applicable but has some limitations. The perspective of the analysis, while not explicitly stated, includes a very limited range of healthcare costs and focuses very specifically on key clinical outcomes. This may be appropriate given that the aims of the study are to reduce adverse health consequences, which are captured through outcomes of mortality and those needing dialysis and transplants. However, it is important to note that the study is limited in that it does not measure all-important changes in health and social care service use. The study also does not consider other outcomes such as wellbeing or social care related outcomes; however, this may be a minor point given the objectives of the study.

Section 2: Study limitations (the level of methodological quality) This checklist should be used once it has been decided that the study is sufficiently applicable to the context of the social care guidance [a]. 2.1 Does the model structure adequately reflect the nature of the topic under evaluation? NA Not a model. This is a cost-consequence analysis. 2.2 Is the time horizon sufficiently long to reflect all-important differences in costs and outcomes? Yes Two-year time horizon. 2.3 Are all important and relevant outcomes included? Partially See Sections 1.4 and 1.5 2.4 Are the estimates of baseline outcomes from the best available source? Yes Trial data. 2.5 Are the estimates of relative intervention effects from the best available source? Yes Trial data. 2.6 Are all important and relevant costs included? No See Section 1.4. 2.7 Are the estimates of resource use from the best available source? Partially See Section 1.4. 2.8 Are the unit costs of resources from the best available source?				
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No See Section 1.4. 2.7 Are the estimates of resource use from the best available source? Partially See Section 1.4.				
2.7 Are the estimates of resource use from the best available source? Partially See Section 1.4.				
Partially See Section 1.4.				
2.8 Are the unit costs of resources from the best available source?				
Unclear The authors rely on published studies to estimate costs.				
2.9 Is an appropriate incremental analysis presented or can it be calculated from the data?				
Partially An incremental analysis can be calculated on the basis of outcomes measured – number of deaths or allograft losses averted.				
2.10 Are all-important parameters whose values are uncertain subjected to appropriate sensitivity analysis?				
Yes Standard statistical analyses were carried out.				
2.11 Is there any potential conflict of interest?				
No No financial or ethical conflicts of interest. No funding was used for this study.				
2.12 Overall assessment				

It is not possible to say whether the intervention is or is not cost-effective, as it would require further analysis to take into account differences in institutional context and unit costs between Canadian and UK settings. But more than that, given that there was not a comprehensive collection of healthcare resource use nor does social care resource use require that an assumption be made about likely impacts on these services when drawing conclusions about cost-effectiveness alongside reported outcomes.

Transition from children's to adults' services for young people using health or social care services

Completed methodology checklists: economic evaluations

Review Question 7

How can the transition process (including preparing the young person, making the transfer and supporting them after the move) be managed effectively for those receiving a combination of different services?

COMPLETED METHODOLOGY CHECKLISTS: ECONOMIC EVALUATIONS

COMPLETED METHODOLOGY CHECKLISTS: ECONOMIC EVALUATIONS					
Study identification:					
Bent N, Tennant A, Swift T, Posnett J, Scuffham P, Chamberlain M (2002) Team approach versus ad hoc health					
services for young people with physical disabilities: a retrospective cohort study. The Lancet 360: 1280–86					
Guideline topic: Transition from children's to adults' services for young people using health or social care services.					
Economic priority area: What is the effectiveness of support models and frameworks to improve Q: 4					
transition from children's to adults' services?					
Checklist: Section 1					
Yes/No/Partly/ Detail					
Not applicable					
1.5 Is the study population appropriate for the review question?					
Yes Young adults with physical and complex disabilities (in the target diagnostic groups of cerebral palsy, spina bifida, traumatic brain injury or					
degenerative neuromuscular disease) with mild or no learning disability.					
1.6 Are the interventions appropriate for the review question? Yes Young adult team approach (coordinated multidisciplinary teams).					
Yes Young adult team approach (coordinated multidisciplinary teams). 1.3 Is the current social care system in which the study was conducted sufficiently similar to the current UK social care context?					
Unclear Study conducted between 1999 and 2000.					
1.4 Are the perspectives clearly stated and what are they?					
Partially Perspective not clearly stated but takes view of NHS and social services.					
Only community health and social care costs are measured. Excludes respite care and acute care services. It is unclear why these aren't					
included and no explanation is given so as to understand the appropriateness of excluding these categories.					
1.5 Are all direct effects on individuals included?					
Partially Social care-related quality of life measures somewhat captured through participation and psychosocial measures.					
1. Participation restriction (London Handicap Scale – measuring mobility, self-care, work and leisure, getting on with people,					
awareness of surroundings, and being able to afford the things they require).					
2. <u>Body function impairment</u> (Nottingham Health Profile sub-scales – pain, energy, sleep).					
3. Activity limitation (Barthel).					
4. <u>Health status</u> (Euroqol Visual Analogue Scale).					
5. Psychosocial measures (self-esteem, self-efficacy, proactive attitude, stress).					
1.6 Are all future costs and outcomes discounted appropriately?					
Not necessary Six-month time horizon.					
1.7 How is the value of effects expressed?					

Natural units	Natural units Resource use is expressed in natural units.				
1.8 Are costs a	and outcomes from other sectors (including the value of unpaid care, where relevant) fully and appropriately measured and valued?				
No	No Carer outcomes and costs not measured.				
General conclusion					

The study is applicable although has potentially minor limitations. The perspective of the analysis is that of the NHS and social care services, although limited to the perspective of community health and social care. Acute care and respite social care services were not measured and the rationale for this is not provided. Resource use was measured over a 6-month period based on self-report retrospective resource use and unit costs were appropriately based on national unit cost publications. The authors conducted a cost-consequence analysis that included health outcomes and aspects of social care-related outcomes such as participation restriction and psychosocial measures. The study does not include impact on carers, which would be very relevant for this population group. The authors do not mention issues with the time horizon and therefore it is assumed that it is sufficient to capture important differences.

Section 2: Stud	ly limitations (the level of methodological quality)			
	nould be used once it has been decided that the study is sufficiently applicable to the context of the social care guidance [a].			
2.1 Does the m	odel structure adequately reflect the nature of the topic under evaluation?			
Not applicable	This is not a model. It is a cost-consequence analysis.			
2.2 Is the time	horizon sufficiently long to reflect all-important differences in costs and outcomes?			
Yes	Study is measured over a 6-month time horizon. The aims of the study were to increase individual participation in the community and the hypothesis was that community health and social care costs would not be different.			
2.3 Are all impo	ortant and relevant outcomes included?			
Partially	See Sections 1.4 and 1.5.			
2.4 Are the esti	mates of baseline outcomes from the best available source?			
No	Baseline measures not taken.			
2.5 Are the esti	mates of relative intervention effects from the best available source?			
Yes	From the trial.			
2.6 Are all impo	ortant and relevant costs included?			
Partially	See Section 1.4.			
2.7 Are the estimates of resource use from the best available source?				
Partially	Self-report, retrospective over 6 months.			
2.8 Are the unit costs of resources from the best available source?				
Yes	National unit costs from PSSRU unit costs compendium.			
2.9 Is an appropriate incremental analysis presented or can it be calculated from the data?				
Partially	It can be calculated from the data but it is not presented.			

2.10 Are all-important parameters whose values are uncertain subjected to appropriate sensitivity analysis?				
Partially	Sensitivity analyses were carried out only via scenario analysis on total costs by increasing intervention costs under the assumption of			
	longer team meetings per week as opposed to using bootstrapping techniques on service use and costs more generally.			
2.11 Is there any potential conflict of interest?				
None declared				
2.12 Overall assessment				

2.12 Overall assessment

A formal cost-effectiveness analysis was not undertaken but the intervention improves outcomes with no differences in costs to the NHS and social care services although this is restricted to the use of community health and social care services and it is unclear how the intervention impacts on the use of acute and respite social care services. The study is limited to some extent by the absence of baseline measurements of costs and effects and the fact that there was no bootstrapping of cost estimates. Only scenario sensitivity analyses were conducted on total costs by increasing intervention costs under the assumption of longer hours per team meeting per week.

Economic evidence tables

Transition from children's to adults' services for young people using health or social care services

Completed evidence tables: economic evaluations

Review Question 4

What is the effectiveness of support models and frameworks to improve transition from children's to adults' services?

Munro E, Lushey C (2012) Evaluation of the Staying Put: 18 Plus Family Placement Programme: final report. UK Government Department for Education

details	Study population, design and data sources	Outcomes, resource use	Results: cost- effectiveness, costs	Summary
Country: UK	Population	Primary Outcomes	Findings on	Applicable
(Care leavers with an established familial	Significant limitation in collection of	cost-	Not applicable as
	relationship, although not strictly defined.	outcomes as outcomes being measured	effectiveness	this was not a full
	Was considered to include 'young people	were also requirements for eligibility in the		economic evaluation
	who have lived with their current foster	programme in most intervention sites.	Not possible to	(no comparison
	carers for some time and thus had an		determine due	group).
I - I	opportunity to develop an attachment to	Outcomes included:	to limitations of	
(-/-) t	them'.	Education, employment, training (relates to	study design.	Quality
		self-efficacy).		Moderate reporting
· • •	Exclusions: 'those with placement instability		Costs	unclear in relation to
	and change as they approach adulthood, as	Qualitative data is available on a smaller		unit costs and
	well as those who are placed with parents,	sample for health and social care outcomes,	Intervention	sample size.
•	or in secure units, children's homes or	experience and processes of care.	costs were	
l l	hostels.		reported but it	Summary
	These groups may be more vulnerable and	Resource use	is not possible	No conclusions can
,	have more complex needs than those who	Significant limitations in collection of	to examine	be drawn about the
	are eligible to stay put (Munro et al. 2011a;	outcomes and costs, which meant that no	impact of the	intervention's cost-
evaluation.	Sinclair et al. 2007)' (p25).	analysis could be done. However, the	intervention on changes in	effectiveness as
Intervention (Cturdu do alore	authors conducted cost case studies in an	health and	there were
	Study design	effort to provide some information of the	social care	significant limitations
	Case study.	intervention's impact (p24).	resource use	in the study design, i.e. that there was no
	Total n=not clear (see p62).	Case studies supplied following information, where relevant	due to	
young people (YP) w. 'established familial	Source effectiveness data		limitations of	comparison group and the lack of
	Trial data.	 Local authority social care services and YP's use of psychologist, housing, 	the study.	information on the
to choose to stay with	Thai data.	education and benefits.	the study.	effect of the
	Source of resource use data			intervention on
· · · · · · · · · · · · · · · · · · ·	Trial data.	- I abile decici via capporting i copie		individuals'
-1.	Thai data.	grants (where applicable). • Private costs to YP.		outcomes and on
Model type 1:	Implementation cost = local authorities'	Intervention costs		health and social
	Management Information System data			care service use.
	(MIS) (p24).	measured asing sometim up approach		34.3 301 1100 400.
(5 = 1, p=5)	(based on time-use survey and following standard costing approaches.		

Model type 2:	YP's care pathway cost = qualitative in-		
'Hybrid'. Removes the	depth interviews + findings from CCFR's	RESULTS	
condition that YP must	research programme (p23) to create 'cost	Significant limitations in collection of	
have had an	case studies' (p24) as a result of pilot sites	outcomes and costs, which meant that no	
established relationship	not recording data in MIS or not recording	analysis could be done.	
w. their carer prior to	data properly.		
age 18 to be entitled to			
'stay put' (3 LA, p26).	Source of unit costs		
	Not clearly stated.		

Prestidge C, Romann A, Djurdjev O, Matsuda-Abedini M (2012). Utility and cost of a renal transplant transition clinic. Pediatric Nephrology 27, 295–302

Country, study type and intervention details	Study population, design and data	Outcomes, resource use	Results: cost- effectiveness, costs	Summary
intervention details	sources			
Country: Canada	Population	Primary outcomes	Findings on cost-	Applicable
	Adolescents	Death, allograft loss, biopsy-	effectiveness	Applicable with some limitations.
Internal/external validity:	undergoing transition	proven acute rejection, serum		
(-/++)	usually referred at 16.	creatinine levels.	Apart from limitations in	Quality
			the study design, the	Good quality reporting.
Date:	Study design	Resource use	intervention is associated	
Intervention = 2007	Prospective collection	Individual patient-level data	with improvements in	Summary
Comparison = 2000–6	of intervention group	was not available, therefore	outcomes.	Prestidge et al. (2012 -/++) is a
	and retrospective	costs were estimated only on		Canadian study that also
Follow-up period:	matched control group	the basis of outcomes – those	The intervention costs less	conducted an economic evaluation.
Two-year period.	n=45,	requiring dialysis or transplant.	than the comparator	It was rated as having good
	intervention, n=12,	These covered: hospitalisation,	group, inclusive of	applicability to the UK with some
Study type:	control, n=33.	inpatient and outpatient	programme costs. Lower	limitations with respect to economic
Cost-consequence analysis.		physician care, laboratory and	costs are driven by fewer	methodological quality.
	Data sources	diagnostic testing and	but costly adverse events.	
Intervention:	Trial data.	medications (p297).		The economic analysis is an
Tertiary children's hospital with			Total costs	outcome-based model where
multidisciplinary transition clinic	Sources of	RESULTS	Price year	differences in costs are estimated
and transition team.	effectiveness data	<u>Deaths</u> :	Unclear, perhaps 2010/11.	based on the difference in the
One dedicated paediatric	Information taken	Intervention: 0.		proportion of individuals with key
nephrologist, renal nurse, youth	from computer	Control: 3 (9%).	Average yearly cost based	clinical outcomes: those needing
health specialist, renal	database (includes	Allograft losses	on 2 years post-transfer	dialysis and transplants. Only direct
pharmacist, renal dietician and	demographic and	Intervention: 0.	(low/upper cost	costs associated with dialysis and
social worker.	laboratory results).	Control: 7 (21%).	estimates).	transplants are included and cost
Goals include health and		Serum creatine level	Intervention	data are not taken from the study
medication education,	Sources of resource	Not provided for control and	\$11,380–\$34,312	directly but rather from the wider
behavioural strategies for self-	use data	intervention groups.	Control	literature. The economic analysis is
management.	Trial data but only	Biopsy-proven acute rejection	\$17,127- \$38,909	limited in that it takes a very limited
 Email, telephone and text 	measures resource	Not provided for control and		healthcare perspective and does
message between patient and	use as associated	intervention groups.	Cost of the intervention	not measure all-important changes
youth health, dietician and	with outcomes – those		\$6,650 per person.	in health and social care service
nursing staff.	requiring dialysis or			use. However, this type of analysis
Timing of transfer is made at	transplant (p297).			may be appropriate given that the

individual's discretion (generally before 20th birthday).

• Duration of TC is as long as necessary, can be as long as 3 hours. Meeting at TC, on average, 4 to 6 months.

Transition to adults' services

• Letter and verbal handover from nurse specialist, social worker, dietician to adult unit colleagues.

• No adult nephrologist involved in TC.

Control: People transferred to adults' services before the introduction of the transition team.

Sources of unit cost data

Published studies.

aims of the study are to reduce adverse health consequences.

However, it is likely that the analysis underestimates cost savings to the healthcare sector as individuals with dialysis or kidney transplant are likely to have greater healthcare needs and may have higher use of healthcare services than those without dialysis or kidney transplant.

Apart from limitations in the study design, the intervention is associated with improvements in outcomes for reduced cost (inclusive of programme costs). Lower costs are driven by costly adverse events.

Average intervention costs were estimated on 2 years' participation (Canadian \$6,650 per person). Inclusive of intervention costs, the total costs per person for the intervention group ranged between \$11,380 and \$34,312 versus the control group, between \$17,127 and \$38,909. The price year of costs is unclear but may be 2010/11.

It is not possible to say whether the intervention is or is not cost-effective in the UK setting, as it would require further analysis to take into account differences in institutional context and unit costs.

intervention to be cost-saving and			However, insofar as the intervention reduces adverse clinical outcomes that are costly,
			there is potential for the
			cost-effective.

Transition from children's to adults' services for young people using health or social care services

Completed evidence tables: economic evaluations

Review Question 5

What is the effectiveness of interventions designed to improve transition from children's to adults' services?

Bent N, Tennant A, Swift T, Posnett J, Scuffham P, Chamberlain M (2002). Team approach versus ad hoc health services for young people with physical disabilities: a retrospective cohort study. The Lancet, 360: 1280–6

Country of edit	Ctudy namulation	Outcomes recourse use	Deculto: cost	C
Country, study	Study population,	Outcomes, resource use	Results: cost-	Summary
type and	design and data		effectiveness, costs	
intervention details	sources			
Country: England	Population	Primary outcomes	Findings on cost-	Applicable
	Young adults with	6. Participation restriction (London	effectiveness	Applicable with minor limitations.
Internal / external	physical and complex	handicap scale – measuring	Improved outcomes with	
validity	disabilities (in the target	mobility, self-care, work and leisure,	no difference in costs from	Quality
(++/++)	diagnostic groups of	getting on with people, awareness	perspective of community	Moderate reporting quality.
	cerebral palsy, spina	of surroundings, and being able to	health and social care	
Date : 1999/2000	bifida, traumatic brain	afford the things they require).	services.	Summary
	injury or degenerative	7. Body function impairment		Bent et al. (2002 +/++) is rated as
Follow-up period	neuromuscular	(Nottingham Health Profile sub-	Costs	having good applicability with minor
Six months.	disease) and mild or no	scales – pain, energy, sleep).		limitations with respect to economic
	learning disability.	8. Activity limitation (Barthel).	Price year: 1999.	methodological quality.
Study type	• Age: 20 (17–28) years	9. Health status (Euroqol Visual		
Retrospective case-	• n=134 male; n=120	Analogue scale).	Total mean costs	The results were presented as a
control study, 4	female	10. Psychosocial measures (self-	(low/high estimate, 6	cost-consequence analysis
sites.	• 23% communication	esteem, self-efficacy, proactive	months)	(presenting changes in costs
	difficulties	attitude, stress).	Intervention group:	alongside changes in outcomes).
Intervention		·	Leeds: £678/£707	
Young adult team	Use of screening or	Resource use	Stoke-on-Trent:	The perspective of the analysis is
approach	targeting:	Excludes	£694/£738	that of the NHS and social care
(coordinated	Individuals were	 Acute care service use. 	Control group:	services, although it is limited to
multidisciplinary	selected by reviewing	- Respite care.	Leicester and Birmingham:	community services and does not
teams) = team	case notes. Excluded	Includes	£798	measure changes in acute
meetings held once	individuals who only	1. Intervention costs:		healthcare services and respite
per week between 1	had sensory or learning	- Full cost approach (salary, oncosts,	Community health and	social care services. It is not clear
to 2 hours attended	disability.	overheads, training, travel).	social care services	why they are not measured and the
by all professionals		2. Community health and social care:	Intervention: £650/6	authors do not provide any rationale.
in the team,	Sample size	 Family doctors, other doctors, 	months.	·
including secretarial	n=254	physiotherapists, occupational	Control: £798/6	The results indicate that the
support.	Intervention sites	therapists, physiotherapist,	months.	intervention improves outcomes with
	Leeds, n=74.	psychologist or counsellor, social	 Health and social care 	no differences in costs to the NHS
	Stoke-on-Trent, n=45.	workers, speech therapists, and	service use not	and social care services from the
Comparator	Matched control sites	other healthcare professionals.	different between	perspective of community services.
Standard ad hoc	Leicester, N=76		groups (using Mantel-	Findings of no difference in costs
	LCICCSIGI, IN-10			

service approach
with respect to
individual
professionals
working in isolation
(consultant in
rehabilitation
medicine,
psychologist,
therapist, social
workers), and links
between them being
of an ad hoc nature.

Birmingham, N=59

Data sources

Sources of effectiveness data Trial, interviews.

Sources of resource use data

Trial, based on interview information, healthcare service use and cost in the previous 6 months.

Sources of unit cost data

National unit costs provided by PSSRU.

RESULTS

Improvements favouring intervention

- 1. Participation in society: Intervention = 2.54 times more likely to participate in society than those faced with ad hoc services (95% CI 1.30–4.98), after adjusting for variables as specified in the conceptual model (pain, energy, health status, independence, self-esteem, self-efficacy, stress, proactive attitude, age, sex, income).
- 2. Activity limitation Intervention=19 (16-20) vs control=17 (12.5–20) (p<0.013).

No differences

- 3. Body function impairment (although trending to improvement for pain, I=0 (0-12.1), C=5.8 (0-22.6) (p=0.066) and sleep, I=0 (0-34.4), C=12.6 (0-34.3) (p=0.062).
- 4. <u>Health status</u>, no difference, I=72.5 (50-90), C=70 (50-80), (p=0.078)
- 5. Psychosocial measures

Pain, fatigue, and stress also affected participation in society. Individuals with severe communication difficulties are less likely to participate than even those who report more pain.

Haenszel χ 2 statistic). *Costs were only slightly higher for the control group because of slightly higher mean contacts with professionals.

*Confidence intervals were not provided.

<u>Intervention costs per person</u>

- Leeds: £28 and £57 per client for the 6month duration.
- Stoke-on-Trent: £44 to £88 (higher because the cost of weekly meetings is spread among fewer clients than in Leeds).

depend on the assumption that the use of acute and respite care services is similar between groups.

The authors report costs using 1999 prices. Mean intervention costs are presented using low and high estimates although it is not clear how those low and high estimates were derived, but they are likely based on the varying team size. Mean intervention costs per person (for the 6-month period) ranged from £28 to £57 at one site and between £44 and £88 in another site. Mean cost associated with use of community health and social care services was similar between intervention and control groups (and was not statistically different) but it was marginally lower for the intervention group (£650 vs £798 over a 6-month period).

The evaluation is limited to some extent by the absence of baseline measurements of costs and effects and the fact that there was no bootstrapping of cost estimates. Bootstrapping is a method to estimate uncertainty associated with cost estimates (using a probability distribution). Even though the authors did not undertake bootstrapping methods they did undertake sensitivity analyses on intervention costs. They doubled the duration of team meetings (from 1 to 2 hours per week) and found that this did not change the finding that

the intervention was still marginally
cost-saving compared to the
comparison group.