

List of review questions for Non-alcoholic fatty liver disease (NAFLD)

1. Which risk factors for NAFLD or severe NAFLD (NASH, fibrosis) aid in the identification of people who should be investigated further?
2. What is (are) the appropriate investigation(s) for diagnosing NAFLD in adults, young people and children?
3. Which assessment tool is most accurate in identifying the severity or stage of NAFLD?
4. How often should we monitor adults, young people and children with NAFLD or NASH (with or without fibrosis) to determine risk of disease progression?
5. Should a diagnosis of NAFLD in adults, young people and children prompt assessment for additional extra-hepatic conditions and, if so, which?
6. What is the clinical and cost effectiveness of dietary interventions for weight reduction for adults, young people and children with NAFLD compared with standard care?
7. What is the clinical and cost effectiveness of dietary modifications or supplements for adults, young people and children with NAFLD compared with standard care?
8. What is the clinical and cost effectiveness of exercise programmes for adults, young people and children with NAFLD compared with standard care?
9. What is the clinical and cost effectiveness of lifestyle modification programmes for diet and exercise interventions for adults, young people and children with NAFLD compared with diet alone, exercise alone or standard care?
10. Should people with NAFLD restrict their consumption of alcohol to below national recommended levels?
11. Should people with NAFLD restrict their consumption of fructose or sugar?
12. Should people with NAFLD modify their consumption of caffeine from coffee?
13. What is the clinical and cost effectiveness of pharmacological interventions for adults, young people and children with NAFLD?