Section A: Developer to complete	
Name:	Peter Clarke
Role:	Director
Institution/Organisation (where applicable):	Glebe House
Contact information:	
Guideline title:	Harmful Sexual Behaviour
Guideline Committee:	Public Health Advisory Committee F
Subject of expert testimony:	Harmful Sexual Behaviour – the development of standardised assessment tools and intervention resources for girls who have engaged in harmful sexual behaviour.
Evidence gaps or uncertainties:	[Please list the research questions or evidence uncertainties that the testimony should address]
<ol> <li>The voice of children</li> <li>Residential issues re</li> <li>Cross cutting theme committee:</li> </ol>	the Glebe House model and learning to date. In and young people as service users. Elevant to this group of children and young people. Is that may be relevant to this area and of interest to the populations
<ul><li>Young w</li><li>Learning</li><li>Autism</li></ul>	and carers

Section B: Expert to complete	
Summary testimony:	[Please use the space below to summarise your testimony in 250–1000 words. Continue over page if necessary ]
(based on Rapoport's Four	<ul> <li>model is supported by a clear theoretical framework</li> <li>Cornerstones model). Participation and partnership lie at</li> <li>In 'Unit Ideology' Rapoport identified four categories</li> </ul>

the heart of the interventions. In 'Unit Ideology' Rapoport identified four categories that offered a self-definition of the therapeutic community ward he was studying. This concept has been developed at Glebe House to assist the Community's ability to self-define and our ability to focus efforts on the therapeutic task.

The Cornerstones as they currently stand are:

Democracy – the idea that all Community Members have an expertise to bring to Community decisions. The decision-making process uses consensus rather than voting.

Glebe House is a residential Therapeutic Community specialising in work with older teenagers with a history including sexually harmful behaviour. The service is accredited as a Therapeutic Community by the Royal College of Psychiatry, is a registered Children's Home (OFSTED) and the treatment of disorder and disease registered with CQC through the pathway of treatment od . It works across a range of ability from mainstream to mild or moderate learning difficulty. Young people may come as an alternative to custody, or post custody or from a non-judicial safeguarding route. Young people are placed for 2-3 years and the majority of the intervention is offered on site by an integrated team of practitioners.

Reality Confrontation – the idea that the Therapeutic Community should remain cognisant of the wider community and prepare members for that world. In addition, the idea that all behaviour has meaning and that all members of the Therapeutic Community have the right to speculate about the meaning of any behaviour within the safety of the daily Community Meetings. These Community Meetings are held three times a day and are Chaired by Resident Chairmen.

Tolerance – previously Permissiveness, this Cornerstone acknowledges that (within reason) there needs to be a culture of tolerating challenging behaviour. If the Community is working to heal severe trauma then there will be times when behaviour becomes challenging. The group's ability to tolerate these times often has long-term positive effects.

Communalism – the idea that the process of living together as a group managing conflict and establishing boundaries for the group is itself a healing tool.

The work of the Community has been extensively evaluated by an independent 10 year longitudinal research project. This project tracked a 'completers' group of over 40 young people for between 2 and 10 years. The research also tracked a subgroup of 'non-completers' and significantly a 'comparison' group. The comparison group was identified by a paper referral that broke down pre-assessment (usually due to funding issues). This group gives a context to the detailed analysis of the outcomes for the completers group through analysis of Ministry of Justice data. The use of a comparison group is the closest the researchers could manage to a control group. They were matched demographically to the completers group.

The analysis of conviction/reconviction data for the three groups researched reflected established research patterns in that the highest risk group was the non-completers. In addition, the highest risk to all groups was of non-sexual criminal convictions. This has significance in the plotting of future intervention programmes.

When the completers data is looked at with the context of the matched comparison group there is a notable reduction of sexual and non-sexual events. In addition, the severity of the criminal behaviours in the completers group is reduced.

The research highlighted a number of positive outcomes for the completers group that relate to problem solving, quality of life and engagement with local communities. The experience of completing the Glebe House programme has often been carried by those young people into their adulthood. There is a strong sense of the relationships that were formed during those placements creating a positive sense of the potential for future relationships, and a connection to others that had previously not been experienced. These lessons learned mirror the findings of their outcome research projects for this group. Professionals spend a lot of time and energy devising, and debating the best intervention models while service –users remember the relationships and people years after.

The research also highlighted deficits. The three core areas researchers felt needed consideration were:

• Managing long-term transition out of the service. This has been a concern for our service for some time. With the shift in the economic landscape what were patchy services are now even more depleted. This is a great challenge and as a response Glebe House is piloting a Circles of Support and Accountability service (and a parallel 18 month enhanced transitions service). These transition options are free at point of delivery.

• Employment issues for leavers. Youth unemployment is a challenge, care leavers unemployment a greater challenge and employment for young people with a history of sexually harmful behaviour (and potentially convictions and continued state monitoring) makes the situation even bleaker. We have an enhanced education programme to give the best potential available and have started a 'Social Enterprise' project (linking with a homelessness charity) as a way of encouraging creative thinking related to employment.

• Consideration for improved access to mental health diagnosis. The traits for a both the completer and non-completer groups includes a significantly high proportion of emerging mental health issues (particularly PTSD and dissociative tendencies). The non-completers were reported with significantly higher prevalence that the completers.

In conclusion the intervention process needs: a strong theory model that can be understood at all levels of the organisation, a stable staff team who are supported, and a commitment to self-evaluation and reflection. Treatment works but also needs to be supported by longer-term support and commitment. We do not expect our own children to be fully independent at 18 or even 25 – why should we expect those with such early year disadvantages to manage without difficulty.

References to other work or publications to support your testimony' (if applicable):

Re: Research Project Methodology

Boswell, G.R. and Wedge, P. (2002) Evaluation of a residential therapeutic treatment facility for adolescent male sexual abusers. Community and Criminal Justice Monographs: DeMontford University, Leicester.

Boswell, G.R. and Wedge, P. (2003) 'A Pilot evaluation of a Therapeutic Community for Adolescent Male Abusers', International Journal of Therapeutic Communities 24 (4) 259-76

Re: Glebe House as a Therapeutic Community

Clarke, P. (2002) 'Therapeutic Communities: A Model for Effective Intervention with Teenagers Known to have Perpetrated Sexual Abuse'. In Calder, M. [Ed] Young People who sexually abuse: building the evidence base for your practice. Lyme Regis. Russell House Publishing.

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Hockley, T. (2009) 'Experts by Experience: A Community Chair Model Managed by Residents of 'Glebe House' Therapeutic Community, Therapeutic Communities: The International Journal of Therapeutic Communities. 30 (3): 313-324.

Re: Four Cornerstone Model

Rapoport, R.N. (1960) Community as Doctor. London. Tavistock.

Re: Outcome Studies

Hackett, S. and Masson, H. (2011) 'Recidivism, desistance and life course trajectories of young sexual abusers. An in-depth follow-up study, 10 years on. ESRC Impact Report, RES-062-23-0850. Swindon: Economic and Social Research Council.

Boswell, G., Wedge, P., Mosley, A., Dominey, J. and Poland, F. (2014) Treating Sexually Harmful Teenage Males: a longitudinal evaluation of a therapeutic community. Full paper and Summary Report available to download: http://www.ftctrust.org.uk/research.php

Section A: Developer to complete	
Name:	Emma Belton
Role:	Senior Evaluation Officer
Institution/Organisation (where applicable):	NSPCC
Contact information:	
Guideline title:	Harmful Sexual Behaviour
Guideline Committee:	PHAC F
Subject of expert testimony:	Harmful Sexual Behaviour – Presentation of preliminary results of evaluation study into harmful sexual behaviour
Evidence gaps or uncertainties:	[Research questions or evidence uncertainties that the testimony should address are summarised below]

Presentation of results to date on NSPCC evaluation study of harmful sexual behaviour Cross cutting themes that may be relevant to this area and of interest to the committee: • Minority populations Learning difficulties Autism • Parents and carers Section B: Expert to complete Summary testimony: [Please use the space below to summarise your testimony in 250-1000 words. Continue over page if necessary] This presentation covers the interim findings from the quantitative evaluation of the NSPCC Turn the Page Service. Turn the Page works with children aged 5 to 18 years with harmful sexual behaviour (HSB). This evaluation focuses on the service offered to young males aged 12-18 years without a learning difficulty. This part of the service uses the Change for Good manual developed by Eamon McCrory (2011). A qualitative evaluation of the programme has already been published and is available on the NSPCC Impact and Evidence hub. The quantitative evaluation comprises standardised measures administered pre and post programme, matched to the main treatment areas of the manual. A programme integrity checklist is completed by practitioners after each session of the manual to record how the manual has been used. A reconviction study is planned three and five years post programme. Numbers of completed pre and post standardised measures are quite low due to attrition from both the programme and the evaluation. Data collection will continue until March 2016 to boost the number of completed post programme measures. This presentation is based on interim findings reported in January 2015. The results showed that there had been improvements on some of the areas covered by the manual, but not all. The appeared to be more change on the areas of the manual covering positive . Progress was more limited for the domains covering insights of HSB on . There appeared to be less progress on the offence focused measures, particularly for young people involved in The programme integrity checklists showed that the material in the manual was viewed as useful, but some improvements could be made. Practitioners felt that it was important to have the flexibility to adapt the material in the manual to meet individual need. It could also take much longer than anticipated to complete the material for each individual session. This led to wide variations in the length of time taken to complete the programme.

The qualitative evaluation showed that many of the young people on the programme

were facing difficult personal circumstance which could affect their engagement in the programme and the length of time taken to complete the material. Not all young people were getting support from their parents or carers or other professionals and this may lessen any potential impact of the programme.

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McCrory, E. (2011) A Treatment Manual for Adolescents Displaying Harmful Sexual Behaviour: Change for Good. London: Jessica Kingsley Publishers.

Section A: Developer to complete	
Name:	Rowena Rossiter
Role:	Consultant Clinical Psychologist
Institution/Organisation (where applicable):	Tizard Centre University of Canterbury
Contact information:	
Guideline title:	Harmful Sexual Behaviour
Guideline Committee:	Public Health Advisory Committee F
Subject of expert testimony:	Harmful Sexual Behaviour – children and young people with learning difficulties who display harmful sexual behaviour
Evidence gaps or uncertainties:	[Please list the research questions or evidence uncertainties that the testimony should address]
1. Are there specific features	relevant to this population group
<ol><li>What are the differences b autism</li></ol>	etween those who have learning difficulties and those with
<ol><li>What are the similarities an difficulty and who display h</li></ol>	nd differences compared to those without a learning narmful sexual behaviour.
	ness of interventions for children and young people directly transferrable to children and young people with
<ol><li>Cross cutting themes that committee:</li></ol>	may be relevant to this area and of interest to the
Minority popula	
<ul><li>Young women/</li><li>Parents and ca</li></ul>	-

Section B: Expert to complet	e
Summary testimony:	[Please use the space below to summarise your testimony in 250–1000 words. Continue over page if necessary ]
Murphy, (Tizard Centre and CHS Stephen Barry, (Be Safe); Emma	Aida Malovic, Clare Melvin PhD Students and Glynis S, University of Kent); Keep Safe Development Group: Marks, (St Andrews); Jack Kennedy, (NTW); Oliver Aida, Glyn, Rowena; ySOTSEC-ID members, see sec/ySOTSEC/ySOTSEC.html
Introduction:	
3 recent PhD searches (AM's sys assessments and ID/HSB, CM's s	udson,2005; Fyson, 2007; Hackett,2014); gaps reflected in tematic review returned no evidence regarding systematic review on ASC and offender treatments Ill number of case series/case studies (echoes Higgs & on ASC and HSB, CYP/adults)
	of different models/tools in assessing the level of /, and address the needs of children and young people who ?
in Peer Reviewed journals that ar projects with adapted knowledge	tools that have been psychometrically tested and published e devised for CYP-LD/HSB cohort. Current doctoral and attitude measures, not complete or published yet. ing LD (n=46, Griffin & Vettor 2012).
	ucity of evidence regarding CYP-LD/ASC who display each the RCT/GRADE standards of NICE.
Scene setting/context: Policy/Leg	islative/NICE
inequalities/inequities; acc	responsibility, attention to this to reduce health essible services/reasonable adjustments across protected ilities, needs, socioeconomic, culture, age, gender, etc) is quality Act 2010, NICE)
· · ·	ion/reduce health inequalities: "proportionate al Report, 2013, Our Children Deserve Better: Prevention 13)
Specific features of population gro	oup?
disabilities (DH imp functioning, 2% ML disabilities/neurode inconsistencies/lac	logy: learning difficulties (20% SEN, education)/learning pairments in intelligence, IQ>70, and adaptive/social _D, less than 1% SLD)/developmental disabilities/neuro- evelopmental disorders (ASC/ADHD) etc; ck of clarity in services/agencies/research overall labels and (mild/moderate etc); diagnostic systems and thresholds;

availability/non-availability of good quality assessments

- □ Heterogeneous: cognitive wide ranging impairments in intellectual ability, verbal/performance skills, memory, problem solving, executive functioning, communication, physical, social, emotional and self-regulation, sensory abilities; comorbidities (ASC, ADHD, mental health); as ASC is a spectrum-high heterogeneity within this. Implications for assessment and intervention (individually tailored), and for research methodology (within group variance greater than between group, ? more robust single case design see Heyvaert et al.
- Health/social inequalities: higher experience/rates of poverty, bullying, emotional, physical and sexual abuse, mental and physical health, behavioural difficulties and less access to services and support (Foundation for People with Learning Disabilities, 2002; Emerson and Hatton, 2007, Public Health England, 2015)
- Numbers? .. with Complex Learning Difficulties and Disabilities is increasing: Carpenter et al., 2011; Blackburn et al., 2010; DCFS, 2010; http://complexld.ssatrust.org.uk (survival low birth wt babies, FASD, etc); higher rates of learning difficulties/disabilities/neurodevelopmental/communication difficulties are found in "vulnerable" populations (e.g. C&YP in care, EBD/mental health (Emerson & Hatton, 2007) & criminal justice system (Talbot 2007, DH & Bradley 2009a, 2009b, Bryan 2012);
- Frequently go unrecognised in schools, mental health, care, criminal justice settings including services for CYP with HSB: Simonoff et al. 2006, Emerson & Baines 2010; Talbot 2007, Calderbank et al.,2013, Joint Inspectorate Report of n=24 YP/HSB, disability n= 10 (42%), but only 2 had a Statement of Special Educational Needs (8%).
- Denial: "too often subject to disbelief, minimisation and denial by professionals as well as families..... "Calderbank et al. (2013, p8)

Differences between those who have learning difficulties and those with autism?

Learning disabilities- see above

Features of Autistic Spectrum Disorder (ASD)/Condition (ASC):

- a lifelong developmental disability that affects how a person communicates with, and relates to, other people, how a person makes sense of the world around them.
- The three main areas of difficulty, which all people with autism share, are known as the 'triad of impairments':
  - 1. social communication (e.g. problems using and understanding verbal and nonverbal language, such as gestures, facial expressions and tone of voice)
  - 2. social interaction (e.g. problems in recognising and understanding other people's feelings and managing their own)
  - 3. social imagination (e.g. problems in understanding and predicting other people's intentions and behaviour and imagining situations outside their own routine)

Many people with autism may experience some form of sensory sensitivity or undersensitivity, for example to sounds, touch, tastes, smells, light or colours. People with autism often prefer to have a fixed routine and can find change incredibly difficult to cope with. Some people with autism may have reasonably strong measured IQ, and be severely impaired by features of their autism Implications: black and white thinking; inflexible thinking; concrete and rule-bound; high anxiety, poor theory of mind, limited empathy, social impairments, unusual sensory interests/dislikes AND...... coexistence of Learning Disabilities & ASC (Turk 2012):

- 70% of children with ASC have a non-verbal IQ below 70
- 50% of children with ASC have a non-verbal IQ below 50
- only 5% of children with ASC have an IQ above 100 (high functioning autism)
- degree of intellectual disability related to likelihood of having ASC & severity of autistic features
- up to 50% of individuals with "severe learning difficulties" have an autistic spectrum condition

Similarities and differences to those without a learning difficulty and who display harmful sexual behaviour?

Similarities

- systemic, safeguarding context (Vizard, 2012)
- strengths based/holistic
- need individualised assessment, formulation and intervention, attention to cultural and gender issues (including diversity of gender and sexuality expression)

#### Differences

- greater heterogeneity, so assessment, formulation and intervention needs to consider more carefully cognitive ability and social & adaptive functioning, and possible ASC
- Behaviour appears more repetitive and habitual in terms of victim choice, location and frequency.
- May show greater impulsivity.
- May have difficulty understanding abusive nature of behaviour (perspective taking, sequencing).

Evidence of effectiveness of interventions for CYP without learning difficulties directly transferrable to children and young people with learning difficulties? and ASC?

Look to evidence in:

- practice-based evidence with CYP- LD & HSB: O'Callaghan & G-Map (1999, 2004, 2006); Good Way Model, (Ayland and West 2006, Weedon, 2015 n-12, single case design); adapted CBT, (Wiggins et al. 2013), adapted Good Lives Model, (Print et al. 2014, Wylie & Griffin 2013;) practitioner/research networks ySOTSEC-ID, Learning Disability Working Group; use of frameworks- eg Hackett, 2010-continuum, RNR -Risk, Needs, Responsivity, the Draft Operational Framework, 2015
- developmentally younger eg: Group CBT -effective intervention for young children (6-12 years) with problematic sexual behaviour (Carpentier et al 2006). "Turtle programme" basis for Be Safe, Bristol, Children's Programme (Big Lottery evaluation)
- any LD eg: with adults with LD & HSB, (for the LD adaptations- clear that CYP interventions must be CYP developed) eg effectiveness of SOTSEC-ID,

group adapted CBT, Murphy et al.; Rose et al., Sakdalan, CBT and DBT, 2013 ) Murphy et al. 2010, 2014

- n=46, ASD diagnoses: 23%; personality disorders 28%; mood disorders 23%; mental illness 9%; offences: stalking, sexual assault, exposure; rape; victims children and adults, male / female; most have long history of similar behaviour (35 with 3 or more such behaviours known), 55% were sexually abused themselves in past.
- Far slower offence disclosure; more on sex education; more pictorial material & less cognitive load/cognitive elements to intervention.
- 6 mths follow-up: 41 men NO further sexually abusive behaviour; 5 men DID show non-contact 'offences' or sexual touch through clothing.
- Re-offending: No relationship with pre- or post- group scores; IQ, presence of mental health problems, personality disorder, living in secure setting, being victim of sexual abuse, history of offending.
- $\circ$  Poorer prognosis: Need for concurrent therapy & diagnosis of ASD
- Now data on n=109, 96% of men who agreed to join research completed ttmt, Process measures: - all p<0.001 for changes pregroup to post-group - all p<0.01 for changes pre-group to 6 mth followup
- □ any related practice-based evidence with CYP- LD eg: CBT adapted & used successfully in emotions groups (Andrews et al, 2010; Rossiter et al, 2011)

#### ASC/LD and HSB

- Research finds a proportion of juveniles who sexually offend display autistic traits/have ASC diagnosis (Hart-Kerkhoffs, Vermeiren & Hartman, 2009; Sutton et al., 2013).
- Suggestion that individuals with ASC may be at risk of displaying HSB as a result of associated vulnerability factors, including social naivety, reduced empathy and special interests/'obsession (Dein & Woodbury-Smith, 2010).
- Also, features of ASC may create barriers to interventions for HSB -such as the group setting of typical CBT programmes, inflexible thinking styles and theory of mind difficulties (Howlin, 2004; Dein & Woodbury-Smith, 2010).
- This is yet to be investigated in any controlled or systematic fashion.
- No systematic investigation into the treatment differences between CYP-LD and CYP-ASC who display HSB has been undertaken.
- Above adult -LD research found poorer treatment outcomes for individuals with ASC compared to individuals with LD.
- A small number of case studies have highlighted the complexities of addressing HSB in individuals with ASC, including adolescents, using different approaches (e.g. Griffin-Shelley, 2010; Kohn et al., 1998; Milton et al., 2002).
- Studies specifically investigating the different treatment needs of sexual offenders (either adult or adolescent) with ASC (compared to LD) has not been undertaken, research investigating the efficacy of current adapted sex offender treatment programmes for individuals diagnosed with ASC is yet to be completed.
- Schools and CYP services have identified the lack of available ASC programmes and support services in their areas. Evaluation difficulties arise from lack of appropriate measures to assess impact apart from observing the child's behaviour (MB current

#### PhD).

Practice-based consensus- interventions need to address:

- shorter attention spans
- more experiential styles of learning
- Careful/matched use of language/communication/cognitive profile (concrete language)
- repetition of messages
- use of visual aids such as story boarding and pictures
- Beware of leading questions, may lead to answers more about pleasing the "adult", than reality or based on misunderstanding.
- Build skills, confidence, social connections
- High involvement of parent/carers and networks (complex parental needs including poverty, LD)

More research urgently needed-?

Not just specialist interventions at complex end- need stepped matrix strategy approach to prevention CYP-LD and HSB: a comprehensive continuum - prevention to complex intervention (Disability Services, Victoria Department of Human Services 2002)

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Wiggins, J., Hepburn, S. & Rossiter, R. (2013) Reducing Harmful Sexual Behaviour in Adolescents. Learning Disability Practice, October, 16 (8) pp. 16-23.

Wylie, L; Griffin, H. (2013). G-map's application of the Good Lives Model to adolescent males who sexually harm: A case study. Journal of Sexual Aggression, 19, 3, 345-356.

Section A: Developer to complete	
Name:	Julie Henniker
Role:	Manager
Institution/Organisation (where applicable):	AIM Project Manchester
Contact information:	
Guideline title:	Harmful Sexual Behaviour
Guideline Committee:	Public Health Advisory Committee F
Subject of expert testimony:	Harmful Sexual Behaviour – AIM project
Evidence gaps or uncertainties:	[Research questions or evidence uncertainties that the testimony should address are summarised below]
1. The development of	the AIM approach and learning to date.
committee: Minority Young w Learning Autism	s that may be relevant to this area and of interest to the populations romen/gender issues difficulties and carers

Section B: Expert to cor	nplete
Summary testimony:	[Please use the space below to summarise your testimony in 250–1000 words. Continue over page if necessary ]
Title: Building a comprehensive inter-agency assessment and intervention system f children and young people who display Harmful Sexual Behaviours The issue of children and young people who sexually harm first emerged in the earl 1990's (Ref 1) where it was recognised that multi-agency responses were required but the development of such responses were uncertain and geographically patchy (Ref 2). Remain so to date and the issue is critical in terms of the development of a strategic response. (Ref 3)	
As a consequence a multi-a Manchester, committed to d group. As a first step, they c across the 10 local authoritie (Assessment Intervention an services for children and you	
*Common models of assess	ency networking and service partnerships; ment idential units and foster carers
connected to individual ager	vas a clear vision of strategic partnership objectives that ncies, legislative requirements and core business, to shild protection issue and enhance existing roles and
young people for assessme specialist service would not unhelpful delays to service p front line agencies directly in assessment and intervention	vice provider to which agencies can refer children and nt and intervention. Focusing responses around a only fail to address the level of demand but also result in provision. The advantage of promoting the involvement of the work with this group is earlier recognition, n, thus increasing the chances of prompt engagement. t in a more holistic assessment, reduced denial and the
Summary of policies and pro	ocedures in Greater Manchester and their adaption and

Summary of policies and procedures in Greater Manchester and their adaption and adoption to other Local Authorities (Ref 4)

Outline of AIM Project models of assessment and Intervention (Ref 4)	
So what does it take to improve practice? Lessons learnt along our way *The journey is as important as the destination *Establish a core and highly committed driver group *Appoint a 'change agent' – co-ordinator to keep the issue 'live' *Engage with front line staff *Integrate new policies and practices within existing bodies of values, knowledge and good practice *Develop a common model of assessment *Recognise the importance of a multi-disciplinary training programme *Engage and equip front line managers *Use specialist resources strategically * Plan evaluation from the outset	
Conclusion Locate the understanding of a child/ young person's sexual behaviour within an ecological view and pay particular attention to their parents and cares Ref 5)	
References to other work or publications to support your testimony' (if applicable):	
<ol> <li>National Children's Home Report 1992</li> <li>Exercising constant vigilance Thematic Inspection 1998</li> <li>Ongoing development work AIM and NSPCC</li> <li>www.aimproject.org.uk</li> <li>AIM2 Assessment model</li> </ol>	