National Institute for Health and Care Excellence

Final version

Low back pain and sciatica in over 16s: assessment and management

Low back pain and sciatica in over 16s

NICE guideline NG59 Appendices A – G November 2016

Final, 2016

Developed by the National Guideline Centre, Hosted by the Royal College of Physicians



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Appendices

Appendix A: Scope

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SCOPE

1 Guideline title

Low back pain and sciatica: management of non-specific low back pain and sciatica

1.1 Short title

Low back pain and sciatica

2 The remit

This is an update of <u>Low back pain: early management of persistent non-specific low back pain</u> (NICE clinical guideline 88).

- 2.1 The time cut-off point of 12 months and the restriction to pain that has persisted for 6 weeks specified in NICE clinical guideline 88 has been removed for the update of the guideline. There will be no restriction on duration of low back pain.
- 2.2 The population has been expanded to include people with sciatica.
- 2.3 The age of people covered by the guideline update has been expanded to include people aged 16 and older. This is an additional population not included in NICE clinical guideline 88.

3 Need for the guideline

3.1 Epidemiology

 Low back pain can present with different levels of severity – for example, some people may be able to continue to work and lead active lives, while others may be severely disabled or unable to

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work. Low back pain is common in working-age adults (particularly between the ages of 40 and 60 years). A UK survey reported that in 1998, 40% of adults had had low back pain lasting longer than 1 day in the previous 12 months. According to the <u>Health survey for England 2011</u>, back pain was responsible for 37% of all chronic pain in men and 44% in women. Treating all types of back pain costs the NHS more than £1000 million per year. In 1998 the direct healthcare costs of all back pain in the UK were estimated at £1623 million – approximately 35% of costs were related to services provided by the private sector. The costs of care for low back pain exceed £500 million per year. The total cost of low back pain to the economy is estimated at £12.3 billion per year.

b) Low back pain can cause many problems, including:

- · impaired quality of life
- poor mobility

C)

- higher risk of social exclusion through inability to work (and reduced income)
- depression and anxiety
- social isolation because of disability.
- Interventions and therapies are used to help people to manage and improve their back condition and to lessen the intensity, recurrence and/or duration of back pain. They aim to help people to remain more physically and socially active in their daily lives and to reduce absence from work. There are many therapeutic and rehabilitation strategies that can be used for low back pain. These include:
 - manual therapies (for example, massage and joint manipulation)
 - · pharmacological treatments (for example, analgesics)
 - psychological treatments (for example, cognitive behavioural pain management)
 - · complementary or alternative therapies

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- · orthotics and appliances (for example, supports and traction)
- exercise (general and specific)
- · patient education and 'back schools'
- invasive procedures (for example, facet joint or epidural injections)
- electrotherapy (for example, TENS)
- self-management strategies (including relaxation techniques)
- · occupational health and ergonomics
- surgery.
- Sciatica is a relatively common condition with a lifetime incidence ranging from 13 to 40%. The corresponding annual incidence of an episode of sciatica ranges from 1 to 5%.
- e) The incidence of sciatica is related to age. Rarely seen before the age of 20, incidence peaks in the fifth decade and then declines.

3.2 Current practice

- People with low back pain may go to their GP or other primary healthcare practitioners for initial treatment so, in most cases, their care will be managed in primary care.
- b) Managing persistent low back pain follows a stepped approach:
 - initial assessment identify specific aetiologies and any sinister pathology for example, cauda equina syndrome and other red flag symptoms
 - management (once specific pathologies have been excluded) a combination of lifestyle advice and conventional treatment such as pharmacological treatment, physical therapies or exercise programmes
 - if pain persists psychological therapies and invasive procedures such as acupuncture and surgical intervention may be offered.

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- c) Access to the care and uptake of the interventions recommended in NICE clinical guideline 88 has been poor. According to a Pulse survey of 127 primary care organisations in 2010, only half provided funding for acupuncture and 15% offered acupuncture in their practices. A recent study of people with low back pain attending a spinal outpatient clinic before and after the publication of the NICE guideline suggests that the guidance has not yet influenced management in primary care.
- d) People who have sciatica often present with similar symptoms to simple non-specific low back pain with referred leg pain. It is most commonly caused by herniated intervertebral disc, but there are other causes of impingement of nerve roots in the lower back.
- Treatment of sciatica depends on the cause of the nerve impingement as well as the severity of symptoms. In the majority of cases, symptoms caused by a herniated disc resolve with conventional management. If symptoms persist, injection treatments (for example, epidural or nerve root injections) or surgical treatment (for example, microdiscectomy) can be offered. In cases where progressive neurological deficit is diagnosed, urgent surgical treatment is needed. The potential for faster recovery with invasive interventions for sciatic pain is a consideration as well as the cost-effectiveness and increased complication rates of these procedures.
- f) This guideline update aims to improve targeting of treatment and as a result, improve the quality of life of people with low back and sciatica.

4 The guideline

The guideline development process is described in detail on the NICE website (see section 6, 'Further information').

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This scope defines what the guideline will (and will not) examine, and what the guideline developers will consider. The scope is based on the referral from the Department of Health.

The areas that will be addressed by the guideline are described in the following sections.

4.1 Population

4.1.1 Groups that will be covered

- People aged 16 or older presenting with symptoms of 'non-specific' low back pain. The pain may (or may not) radiate to the limbs and is not associated with progressive neurological deficit.
- b) People aged 16 or older with suspected sciatica.
- No subgroups have been identified as needing specific consideration.

4.1.2 Groups that will not be covered

- People who have low back pain or sciatica related to specific spinal pathologies, including:
 - · conditions of a non-mechanical nature, including;
 - inflammatory causes of back pain (for example, ankylosing spondylitis or diseases of the viscera)
 - serious spinal pathology (for example, neoplasms, infections or osteoporotic collapse)
 - neurological disorders (including cauda equina syndrome or mononeuritis)
 - adolescent scoliosis.
- b) People aged under 16 years.

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4.2 Setting

a) All settings in which NHS-funded care is received.

4.3 Management

4.3.1 Key issues that will be covered

- Assessment to identify 'non-specific' low back pain and sciatica and any prognostic factors that could guide management. This would include relevant clinical examination and assessment (for example, imaging, physiological testing and psychosocial assessment methods).
- b) Lifestyle interventions. For example:
 - · self-management strategies, including education and advice
 - workplace interventions and return-to-work interventions (for example, occupational and ergonomic interventions).
- c) Use of pharmacological treatments for low back pain:
 - analgesics
 - muscle relaxants
 - antidepressants
 - anticonvulsants
 - long-term antibiotics.

Note that guideline recommendations will normally fall within licensed indications; exceptionally, and only if clearly supported by evidence, use outside a licensed indication ('off-label use') may be recommended. The guideline will assume that prescribers will use a drug's summary of product characteristics to inform decisions made with individual patients.

d) Non-pharmacological interventions. These will include but are not limited to:

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- exercise and postural therapies (for example, general exercise to manage low back pain; specific exercises for the lower back; yoga, group-based and individualised exercise programmes and Alexander technique)
- · manual therapies including massage
- electrotherapy
- · orthotics and appliances
- acupuncture.
- e) Combined therapies.
- f) The use of invasive procedures. For example:
 - injection therapies
 - radiofrequency ablation procedures.
- g) Psychological interventions (for example, cognitive behavioural pain management).
- h) Surgery:
 - indications for referral for surgery.
 - surgical interventions (for example, fusion and disc replacement for low back pain and discectomy or laminectomy and decompression surgery for sciatica).

4.3.2 Key issues that will not be covered

a) Management of :

- conditions with a select and uniform pathology of a mechanical nature (for example, spondylolisthesis, scoliosis, vertebral fracture or congenital diseases)
- conditions of a non-mechanical nature (for example, ankylosing spondylitis or diseases of the viscera)

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- neurological disorders (including cauda equina syndrome), serious spinal pathology (for example, neoplasms, infections or osteoporotic collapse).
- b) Post-surgery care.
- c) Spinal cord stimulation.
- d) Pharmacological treatments for sciatica.

4.4 Main outcomes

- Pain severity (for example, visual analogue scale [VAS] or numeric rating scale [NRS]).
- b) Function measured by disability scores (for example, the Roland-Morris disability questionnaire or the Oswestry disability index).
- c) Health-related quality of life (for example, SF-12 or EQ-5D).
- d) Return to work.
- Adverse events.
- f) Healthcare utilisation.

4.5 Economic aspects

Developers will take into account both clinical and cost effectiveness when making recommendations involving a choice between alternative interventions. A review of the economic evidence will be conducted and analyses will be carried out as appropriate. The preferred unit of effectiveness is the quality-adjusted life year (QALY), and the costs considered will usually be only from an NHS and personal social services (PSS) perspective. Further detail on the methods can be found in <u>The quidelines manual</u>.

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4.6 Status

4.6.1 Scope

This is the final scope.

4.6.2 Timing

The development of the guideline recommendations will begin in January 2014.

5 Related NICE guidance

5.1 Published guidance

5.1.1 NICE guidance to be updated

This guideline will update and replace the following NICE guidance:

• Low back pain. NICE clinical guideline 88 (2009).

5.1.2 Other related NICE guidance

- <u>Neuropathic pain pharmacological management</u>. NICE clinical guideline 173 (2013).
- Percutaneous vertebroplasty and percutaneous balloon kyphoplasty for treating osteoporotic vertebral compression fractures. NICE technology appraisal guidance 279 (2013).
- <u>Peripheral nerve-field stimulation for chronic low back pain</u>. NICE interventional procedures guidance 451 (2013).
- <u>Patient experience in adult NHS services</u>. NICE clinical guideline 138 (2012).
- EOS 2D/3D imaging system. NICE diagnostics guidance 1 (2011).
- <u>Transaxial interbody lumbosacral fusion</u>. NICE interventional procedures guidance 387 (2011).
- <u>Non rigid stabilisation techniques for the treatment of low back pain</u>. NICE interventional procedures guidance 366 (2010).

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- Interspinous distraction procedures for lumbar spinal stenosis causing neurogenic claudication. NICE interventional procedures guidance 365 (2010).
- <u>Percutaneous intradiscal laser ablation in the lumbar spine</u>.NICE interventional procedures guidance 357 (2010).
- <u>Therapeutic endoscopic division of epidural adhesions</u>. NICE interventional procedures guidance 333 (2010).
- <u>Depression with a chronic physical health problem</u>. NICE clinical guideline 91 (2009).
- Depression in adults. NICE clinical guideline 90 (2009).
- Lateral (including extreme, extra and direct lateral) interbody fusion in the lumbar spine. NICE interventional procedures guidance 321 (2009).
- <u>Percutaneous intradiscal electrothermal therapy for low back pain</u>. NICE interventional procedures guidance 319 (2009).
- Prosthetic intervertebral disc replacement in the lumbar spine. NICE interventional procedures guidance 306 (2009).
- <u>Percutaneous endoscopic laser lumbar discectomy</u>. NICE interventional procedures guidance 300 (2009).
- Long-term sickness and incapacity for work. NICE public health guidance 19 (2009).
- Metastatic spinal cord compression. NICE clinical guidance 75 (2008).
- <u>Spinal cord stimulation for chronic pain of neuropathic or ischaemic origin</u>. NICE technology appraisal guidance 159 (2008).
- Osteoarthritis. NICE clinical guideline 59 (2008).
- <u>Percutaneous disc decompression using coblation for lower back pain</u>. NICE interventional procedures guidance 173 (2006).
- · Referral for suspected cancer. NICE clinical guidance 27 (2005).
- <u>Automated percutaneous mechanical lumbar discectomy</u>. NICE interventional procedures guidance 141 (2005).
- <u>Percutaneous intradiscal radiofrequency thermocoagulation for lower back</u> <u>pain</u>. NICE interventional procedures guidance 83 (2004).

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 <u>Endoscopic laser foraminoplasty</u>. NICE interventional procedures guidance 31 (2003).

5.2 Guidance under development

NICE is currently developing the following related guidance (details available from the NICE website):

- Osteoarthritis. NICE clinical guideline. Publication expected February 2014.
- Ankylosing spondylitis and axial spondyloarthritis (non-radiographic) adalimumab, etanercept infliximab and. NICE technology appraisal guidance. Publication expected January 2015.
- Insertion of an annular disc implant lumbar discectomy. NICE interventional procedure guidance. Publication date to be confirmed.
- Referral for suspected cancer. NICE clinical guideline. Publication date to be confirmed.
- Seronegative arthropathies. NICE clinical guideline. Publication date to be confirmed.

6 Further information

Information on the guideline development process is provided in the following documents, available from the NICE website:

- How NICE clinical guidelines are developed: an overview for stakeholders
 the public and the NHS: 5th edition
- The guidelines manual.

Information on the progress of the guideline will also be available from the <u>NICE website</u>.

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Appendix B: Declarations of interest

The May 2007 version (as updated October 2008) of the NICE code of practice for declaring and dealing with conflicts of interest policy was applied to this guideline.

Stephen Ward

Stephen ward			Action
Date	Declaration of interest	Classification	taken
Initial declaration 22/07/13	Director of Back@Work Ltd which provides a community pain management service for the residents of Mid Sussex	Personal pecuniary Interest	Declare and participate
	Board member of the Faculty of Pain Medicine and was a council member of the British Pain Society until 2011. Both groups publicly criticised CG88 (NICE Low Back Pain Guideline 2009)	Personal non- pecuniary interest	Declare and participate
	Paid to treat low back pain as a consultant in pain medicine in a NHS and private setting	Nil	Nil
21/02/14	GDG1: No new interest declared	Nil	Nil
01/04/14	GDG2: No new interest declared	Nil	Nil
09/05/14	GDG3: Presented a lecture at the American Society Of Interventional Pain Physicians annual meeting (New Orleans). Travel, subsistence and accommodation were provided.	Personal non- pecuniary interest	Declare and participate
09/06/14	GDG4: No new interest declared	Nil	Nil
16/07/14	GDG5: No new interest declared	Nil	Nil
11/09/14	GDG6: No new interest declared	Nil	Nil
12/09/14	GDG7: No new interest declared	Nil	Nil
16/10/14	GDG8: No new interest declared	Nil	Nil
25/11/14	GDG9: No new interest declared	Nil	Nil
14/01/15	GDG10: No new interest declared	Nil	Nil
15/01/15	GDG11: No new interest declared	Nil	Nil
24/02/15	GDG12: No new interest declared	Nil	Nil
07/04/15	GDG13: No new interest declared	Nil	Nil
12/05/15	GDG14: Was a member of the faculty for the Birmingham Pain Course for the week beginning 20th April 2015 – teaching injection procedures using cadavers. Accommodation was provided. There was no financial input from pharma or device companies other than the provision of equipment.	Personal non- pecuniary interest	Declare and participate
18/06/15	GDG15: No new interest declared	Nil	Nil
30/07/15	GDG16: Presented a talk on mechanisms of facet pain at St Thomas' Hospital in July 2015.	Personal non- pecuniary interest	Declare and participate
01/09/15	GDG17: Will be attending the Congress of the European Pain Federation on 4th September to moderate a discussion on epidurals.	Personal non- pecuniary non-specific interest	Declare and participate
02/09/15	GDG18: No new interest declared	Nil	Nil
05/10/15	GDG19: No new interest declared	Nil	Nil

Date	Declaration of interest	Classification	Action taken
06/11/15	GDG20: No new interest declared	Nil	Nil
02/12/15	GDG21: No new interest declared	Nil	Nil
03/12/15	GDG22: No new interest declared	Nil	Nil
12/01/16	GDG23: No new interest declared	Nil	Nil
19/05/16	GDG24: Invited to be a member of the evidence analysis committee for the Spinal Intervention Society.	Personal, non- pecuniary, non-specific interest	Declare and participate

Babak Arvin

Date	Item declared	Classification	Action taken
Initial	No interest declared	Nil	Nil
declaration 16/12/13	Paid for the treatment of low back pain as a neurosurgeon in a NHS and private setting	Nil	Nil
21/02/14	GDG1: No new interest declared	Nil	Nil
01/04/14	GDG2: No new interest declared	Nil	Nil
09/05/14	GDG3: No new interest declared	Nil	Nil
09/06/14	GDG4: No new interest declared	Nil	Nil
16/07/14	GDG5: No new interest declared	Nil	Nil
11/09/14	GDG6: No new interest declared	Nil	Nil
12/09/14	GDG7: No new interest declared	Nil	Nil
16/10/14	GDG8: Apologies sent	Nil	Nil
25/11/14	GDG9: Received a Mont Blanc pen from a private patient.	Personal pecuniary interest	Declare and participate
14/01/15	GDG10: No new interest declared	Nil	Nil
15/01/15	GDG11: No new interest declared	Nil	Nil
24/02/15	GDG12: No new interest declared	Nil	Nil
07/04/15	GDG13: No new interest declared	Nil	Nil
12/05/15	GDG14: No new interest declared	Nil	Nil
18/06/15	GDG15: No new interest declared	Nil	Nil
30/07/15	GDG16: Sponsored by Silony Medical company to attend European Spine Meeting on 2–4 September in Copenhagen. They are paying for flights, accommodation and registration fee only.	Personal non- pecuniary interest	Declare and participate
01/09/15	GDG17: No new interest declared	Nil	Nil
02/09/15	GDG18: Apologies sent	Nil	Nil
05/10/15	GDG19: 26th September 2015: Was a Coventry review neurosurgery course faculty member. Hotel overnight stay only paid by Coventry University.	Personal pecuniary interest	Declare and participate
	GDG19: 18th September 2015: Attended meeting in Monte Carlo on treatment of lumbar fractures, flight and hotel paid for by Vexim.	Personal pecuniary interest	Declare and participate
06/11/15	GDG20: No new interest declared	Nil	Nil
02/12/15	GDG21: No new interest declared	Nil	Nil
03/12/15	GDG22: No new interest declared	Nil	Nil
12/01/16	GDG23: Apologies sent	Nil	Nil
19/05/16	GDG24: No new interest declared	Nil	Nil

Ian Bernstein

Date	Item declared	Classification	Action taken
Initial declaration 06/01/13	Course organiser and lecturer at a musculoskeletal education workshop on 3 October 2013. The meeting was organised by NHS Ealing CCG. Receiving a payment of £600 as course organiser from NHS Ealing CCG. Pfizer sponsored the meeting and are making their contribution to NHS Ealing CCG.	Personal pecuniary interest	Declare and participate
	Lectured at the Association for Medical Osteopathy in October 2013. Presented the draft NICE osteoarthritis guideline. Subsistence was provided.	Personal non- pecuniary interest	Declare and participate
	Lectured and lead workshops at the Arthritis and Musculoskeletal Alliance seminar 'Delivering integrated care for people with musculoskeletal disorders' on 26 November 2013. Subsistence was provided. The meeting was sponsored by Roche.	Personal non- pecuniary interest	Declare and participate
	Lectured at the NHS Alliance Conference 'Breaking Boundaries' on 28th November 2013. The topic was "Redesigning local services. Enabling the shift from secondary to primary care. How can clinical commissioners and GP practices achieve this?" Refreshments were provided.	Personal non- pecuniary interest	Declare and participate
	Lectured at the British Institute of Musculoskeletal Medicine annual symposium in London on 7 December 2013. The title was "Closer to Home or Too Close for Comfort?" The drivers and barriers to moving musculoskeletal care 'closer to home'. Refreshments were provided. The meeting was sponsored by TRB Chemedica (UK) Ltd. No payment received.	Personal non- pecuniary interest	Declare and participate
21/02/14	GDG1: No new declarations	Nil	Nil
23/03/14	Receives payment as an NHS healthcare professional to assess and treat back pain. Receives locum expenses for work as an NHS clinical commissioning advisor regarding musculoskeletal service design and delivery. Receives payment as an NHS healthcare professional for teaching about musculoskeletal disorders.	Personal pecuniary interest	Declare and participate
	Attending the British Society for Rheumatology conference as a speaker at the Arthritis and Musculoskeletal Alliance session on 30 April 2014: "MSk Clinical Networks." Transport and accommodation were provided by the organiser.	Personal non- pecuniary interest	Declare and participate
01/04/14	GDG2: Commissioned by Pulse magazine to write an article on osteoarthritis. Payment of £150 was received.	Personal pecuniary interest	Declare and participate
09/05/14	GDG3: Lectured at the British Society of Rheumatology. Travel and accommodation was	Personal non- pecuniary interest	Declare and participate

Date	Item declared	Classification	Action taken
	provided.		
09/06/14	GDG4: Worked as venue medical officer at Eton Dorney (rowing venue) on 31 May 2014 and 1 June 2014 as honorary medical officer at a domestic regatta. Received light refreshments and replenishment of medical supplies.	Personal pecuniary interest	Declare and participate
	GDG4: Appointed to the NICE Quality Standards Advisory Committee for osteoarthritis quality standard as a specialist member.	Personal non- pecuniary interest	Declare and participate
16/07/14	GDG5: No new interests were declared	Nil	Nil
11/09/14	GDG6: Appointed at the Clinical Lead for musculoskeletal services for NHS Ealing CCG. This is employed work.	Personal pecuniary interest	Declare and participate
	GDG6: Seconded to the London Borough of Ealing Public Health department to write the chapter on musculoskeletal health for the Joint Strategic Needs Assessment. This work is paid by NHS Ealing CCG.	Personal pecuniary interest	Declare and participate
12/09/14	GDG7: No new interests were declared	Nil	Nil
16/10/14	GDG8: No new interests were declared	Nil	Nil
25/11/14	GDG9: Presented on "Hot Topics in Musculoskeletal Medicine", and "Transforming Musculoskeletal Services" at the Best Practice Conference, Birmingham on 22 October 2014. Travel, accommodation and locum costs were provided by the organiser Closerstill Media Healthcare Ltd.	Personal non- pecuniary interest	Declare and participate
	GDG9: Presented on "Transforming Musculoskeletal Services" at the Association for Medical Osteopathy on 25 October 2014. Subsistence was provided.	Personal non- pecuniary interest	Declare and participate
	GDG9: Chairing a session on "Skilling up the GP Workforce" at the British Institute of Musculoskeletal Medicine annual symposium on 6 December 2014. Refreshments will be provided.	Personal non- pecuniary interest	Declare and participate
	GDG9: Appointed to two national working groups convened by the Arthritis and Musculoskeletal Alliance, and the NHS Confederation. The workstreams are "Integrated Musculoskeletal Care" and "Workforce Training and Education".	Personal non- pecuniary interest	Declare and participate
14/01/15	GDG10: No new interests were declared	Nil	Nil
15/01/15	GDG11: No new interests were declared	Nil	Nil
24/02/15	GDG12: No new interests were declared	Nil	Nil
07/04/15	GDG13: Accepted an invitation to lecture at a Royal College of General Practitioners conference in London "City Health, safeguarding the future" on 2 May 2015. Refreshments and travel will be provided. The lecture is entitled "Hot topics in musculoskeletal medicine" and will cover recent NICE guidelines.	Personal non- pecuniary interest	Declare and participate
12/05/15	GDG14: No new interests were declared	Nil	Nil

Date	Item declared	Classification	Action taken
18/06/15	GDG15: Took part in a teleconference between Imperial College London and NHS North East region to develop a local back care pathway for the NHS North East region. A £50 gift voucher was received for attendance.	Personal pecuniary interest	Declare and participate
	GDG15: Co-author of a paper on service redesign, published in <i>Guidelines in Practice</i> . An honorarium of £250 was received.	Personal pecuniary interest	Declare and participate
30/07/15	GDG16: Delivered a lecture and interactive teaching session on the management of chronic pain in primary care to the Ealing GP Vocational Training Scheme on 25 June 2015. An honorarium from Ealing GP Vocational Training Scheme for £100 was received.	Personal pecuniary interest	Declare and participate
	GDG16: Appointed as a Clinical Advisor (MSk) to the Royal College of General Practitioners. This work includes research advice and responding to queries from the media department.	Personal non- pecuniary interest	Declare and participate
	GDG16: Appointed as a Clinical Advisor (MSk) to Arthritis Research UK. This work includes responding to queries from the media department, liaison with the press office, liaison directly with journalists.	Personal non- pecuniary interest	Declare and participate
	GDG16: Has had an article accepted for the online Royal College of General Practitioners newsletter reviewing the primary care management of osteoarthritis and meniscal degeneration of the knee.	Personal non- pecuniary interest	Declare and participate
03/08/15	Position as Clinical Advisor (MSk) to Arthritis Research UK ended.	Nil	Nil
01/09/15	GDG17: No new interests declared	Nil	Nil
02/09/15	GDG18: No new interests declared	Nil	Nil
05/10/15	GDG19: No new interests declared	Nil	Nil
06/11/15	GDG20: No new interests declared	Nil	Nil
02/12/15	GDG21: Appointed to the NICE Technology Appraisal Committee as a clinical advisory member, with effect from February 2016, for 3 years.	Personal non- pecuniary interest	Declare and participate
	GDG21: Appointed as the clinical commissioning advisor to the NW London Collaborative of CCGs regarding musculoskeletal and orthopaedic service transformation.	Personal non- pecuniary interest	Declare and participate
	GDG21: Appointed as a clinical commissioning advisor to an NHS England steering group on workforce development for MSk conditions, within the Long Term Conditions Directorate.	Personal non- pecuniary interest	Declare and participate
	GDG21: Attended the 6th annual Arthritis and Musculoskeletal Alliance lecture on 24 November 2015. The organisers received an education grant from Roche.	Personal non- pecuniary interest	Declare and participate

Date	Item declared	Classification	Action taken
	GDG21: Course organiser for musculoskeletal training sessions for GPs in Ealing on 12 November 2015. An honorarium of £500 will be received from NHS Ealing CCG.	Personal pecuniary interest	Declare and participate
03/12/15	GDG22: No new interests declared	Nil	Nil
12/01/16	GDG23: No new interests declared	Nil	Nil
19/05/16	GDG24: Volunteering with a charity, Operation Wallacea, in Mexico on a biodiversity project as GP to a team of 60 scientists. Received a bursory towards travel and expenses.	Personal, non- pecuniary interest	Declare and participate

Suzanne Blowey

Suzanne Biov	•		
Date	Item declared	Classification	Action taken
Initial	None	Nil	Nil
declaration 11/11/14	No private practice	Nil	Nil
25/11/14	GDG9: No new interests were declared	Nil	Nil
14/01/15	GDG10: No new interests were declared	Nil	Nil
15/01/15	GDG11: No new interests were declared	Nil	Nil
24/02/15	GDG12: Apologies sent	Nil	Nil
07/04/15	GDG13: Apologies sent	Nil	Nil
12/05/15	GDG14: Apologies sent	Nil	Nil
18/06/15	GDG15: No new interests were declared	Nil	Nil
30/07/15	GDG16: Apologies sent	Nil	Nil
01/09/15	GDG17: No new interests were declared	Nil	Nil
02/09/15	GDG18: No new interests were declared	Nil	Nil
05/10/15	GDG19: No new interests were declared	Nil	Nil
06/11/15	GDG20: No new interests were declared	Nil	Nil
02/12/15	GDG21: No new interests were declared	Nil	Nil
03/12/15	GDG22: No new interests were declared	Nil	Nil
12/01/16	GDG23: No new interests were declared	Nil	Nil
19/05/16	GDG24: Attended the European Network for Neuropathic Pain as part of the guideline group for looking at European consensus. Sponsored for travel and accommodation.	Personal, non- pecuniary interest	Declare and participate

Jens Foell (co-opted expert)

Date	Declaration of interest	Classification	Action taken
Initial declaratio n 28/4/14	None	Nil	Nil
09/06/14	GDG4: No new interests were declared	Nil	Nil

Nadine Foster (co-opted expert)

Date Declaration of interest Classification Action taken	
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Date	Declaration of interest	Classification	Action taken
Initial declaratio n 17/2/15	A member of the research team that developed and tested a model of stratified care (subgrouping low back pain patients for targeted treatment), known as STarTBack.	Personal non- pecuniary interest	Declare and participate as co-opted expert
	Leading an NIHR HTA randomised trial testing a model of stratified care for patients with sciatica and suspected sciatica in primary care, as well as an NIHR programme grant developing and testing stratified primary care for patients with the five most common pain presentations consulting general practitioners.	Personal pecuniary interest	Declare and participate as co-opted expert
30/07/15	GDG16: No new interests were declared	Nil	Nil

Patrick Hill

Date	Item declared	Classification	Action taken
Initial declaration 03/01/14	Has a consultancy agreement with Spring Active Ltd.	Personal pecuniary interest	Declare and participate. (Consultancy agreement terminated on 23/01/2014. Final payment of fees received on 10/01/2014.)
	Appointed as Chair of the Psychology in Physical Health Task force, by the Professional Practice Board of the British Psychological Society for 2 years, as from 1 May 2013.	Personal non- pecuniary interest	Declare and participate
21/02/14	GDG1: No new interests were declared	Nil	Nil
01/04/14	GDG2: No new interests were declared	Nil	Nil
09/05/14	GDG3: No new interests were declared	Nil	Nil
09/06/14	GDG4: No new interests were declared	Nil	Nil
16/07/14	GDG5: Was paid £300 for article published in <i>Pain</i> <i>Europe</i> on Psycho-social aspects of Pain management.	Personal pecuniary interest	Declare and participate
11/09/14	GDG6: No new interests were declared	Nil	Nil
12/09/14	GDG7: No new interests were declared	Nil	Nil
16/10/14	GDG8: No new interests were declared	Nil	Nil
25/11/14	GDG9: No new interests were declared	Nil	Nil
14/01/15	GDG10: No new interests were declared	Nil	Nil
15/01/15	GDG11: No new interests were declared	Nil	Nil
16/02/15	Spoke at a lunchtime seminar on 'The challenge of engaging people in self-management' at the Noble Hospital on the Isle of Man on 6 February 2015. Received travel expenses and a speaker's fee of £350. The seminar was not sponsored by any external organisation.	Personal pecuniary interest	Declare and participate
24/02/15	GDG12: Apologies sent	Nil	Nil
07/04/15	GDG13: Apologies sent	Nil	Nil

Date	Item declared	Classification	Action taken
12/05/15	GDG14: No new interests were declared	Nil	Nil
18/06/15	GDG15: No new interests were declared	Nil	Nil
30/07/15	GDG16: No new interests were declared	Nil	Nil
01/09/15	GDG17: No new interests were declared	Nil	Nil
02/09/15	GDG18: No new interests were declared	Nil	Nil
05/10/15	GDG19: No new interests were declared	Nil	Nil
06/11/15	GDG20: No new interests were declared	Nil	Nil
02/12/15	GDG21: Apologies sent	Nil	Nil
03/12/15	GDG22: No new interests were declared	Nil	Nil
12/01/16	GDG23: No new interests were declared	Nil	Nil
19/05/16	GDG24: No new interest declared	Nil	Nil

Mark Mason

Date	Item declared	Classification	Action taken
Initial declaration 16/12/13	None	Nil	Nil
21/02/14	GDG1: No new interests were declared	Nil	Nil
01/04/14	GDG2: No new interests were declared	Nil	Nil
09/05/14	GDG3: No new interests were declared	Nil	Nil
09/06/14	GDG4: Apologies sent	Nil	Nil
16/07/14	GDG5: No new interests were declared	Nil	Nil
11/09/14	GDG6: No new interests were declared	Nil	Nil
12/09/14	GDG7: No new interests were declared	Nil	Nil
16/10/14	GDG8: No new interests were declared	Nil	Nil
25/11/14	GDG9: No new interests were declared	Nil	Nil
14/01/15	GDG10: No new interests were declared	Nil	Nil
15/01/15	GDG11: No new interests were declared	Nil	Nil
24/02/15	GDG12: No new interests were declared	Nil	Nil
07/04/15	GDG13: No new interests were declared	Nil	Nil
12/05/15	GDG14: Apologies sent	Nil	Nil
18/06/15	GDG15: Apologies sent	Nil	Nil
30/07/15	GDG16: No new interests were declared	Nil	Nil
01/09/15	GDG17: No new interests were declared	Nil	Nil
02/09/15	GDG18: No new interests were declared	Nil	Nil
05/10/15	GDG19: No new interests were declared	Nil	Nil
06/11/15	GDG20: Apologies sent	Nil	Nil
02/12/15	GDG21: Apologies sent	Nil	Nil
03/12/15	GDG22: Apologies sent	Nil	Nil
12/01/16	GDG23: Apologies sent	Nil	Nil
19/05/16	GDG24: No new interest declared	Nil	Nil

Wendy Menon

Date	Item declared	Classification	Action taken
Initial declaration 04/02/14	Husband is Professor and Head of Division of Anaesthesia, University of Cambridge Consultant, Neurosciences Critical Care Unit BOC Professor, Royal College of Anaesthetists Professorial Fellow, Queens' College, Cambridge Senior Investigator, National Institute for Health Research and a paid consultant for Ornim Medical.	Personal family interest	Declare and participate
	A trustee of Experts in Severe and Complex Obesity (ESCO)	Personal non- pecuniary interest	Declare and participate
21/02/14	GDG1: No new interests were declared	Nil	Nil
01/04/14	GDG2: No new interests were declared	Nil	Nil
09/05/14	GDG3: No new interests were declared	Nil	Nil
09/06/14	GDG4: No new interests were declared	Nil	Nil
16/07/14	GDG5: Apologies sent	Nil	Nil
11/09/14	GDG6: Apologies sent	Nil	Nil
12/09/14	GDG7: Apologies sent	Nil	Nil
16/10/14	GDG8: Apologies sent	Nil	Nil
25/11/14	GDG9: Apologies sent	Nil	Nil
14/01/15	GDG10: Apologies sent	Nil	Nil
15/01/15	GDG11: Apologies sent	Nil	Nil
21/1/15	Resigned from GDG		

Gary MacFarlane

Date	Item declared	Classification	Action taken
Initial declaratio n 09/06/14	Serves on the independent expert panel of the Inflammation Competitive Research Programme of Pfizer. This is a competitive grant programme organised and funded by Pfizer Ltd and review of the proposals is undertaken by the panel on which he sits.	Personal pecuniary interest	Declare and withdraw from discussion and recommendati on making for pharmacologic al treatments.
	Chief Investigator on an Investigator Initiated Proposal 'The Scotland and Ireland Registry for Ankylosing Spondylitis' which was funded by AbbVie and Pfizer (formerly Wyeth) 2008-13.	Non-personal pecuniary interest	Declare and withdraw from discussion and recommendati on making for pharmacologic al treatments.
	Chief Investigator on the British Society for Rheumatology (BSR) Biologics Register for Ankylosing Spondylitis. This grant is awarded and administered by the BSR but the BSR obtains funds from Abbvie and Pfizer towards the costs of the register.	Non-personal pecuniary interest	Declare and withdraw from discussion and recommendati on making for pharmacologic al treatments.

Date	Item declared	Classification	Action taken
21/02/14	GDG1: No new interests were declared	Nil	Nil
01/04/14	GDG2: No new interests were declared	Nil	Nil
09/05/14	GDG3: Apologies sent	Nil	Nil
09/06/14	GDG4: No new interests were declared	Nil	Nil
16/07/14	GDG5: No new interests were declared	Nil	Nil
11/09/14	GDG6: No new interests were declared	Nil	Nil
12/09/14	GDG7: Apologies sent	Nil	Nil
16/10/14	GDG8: No new interests were declared	Nil	Nil
25/11/14	GDG9: No new interests were declared	Nil	Nil
14/01/15	GDG10: No new interests were declared	Nil	Nil
15/01/15	GDG11: No new interests were declared	Nil	Nil
24/02/15	GDG12: No new interests were declared	Nil	Nil
07/04/15	GDG13: No new interests were declared	Nil	Nil
12/05/15	GDG14: No new interests were declared	Nil	Nil
18/06/15	GDG15: Apologies sent	Nil	Nil
30/07/15	GDG16: No new interests were declared	Nil	Nil
01/09/15	GDG17: Will be attending the Congress of the European Pain Federation (EFIC) on 3rd September. Travel and accommodation paid for by EFIC.	Personal non- pecuniary interest	Declare and participate
02/09/15	GDG18: Apologies sent	Nil	Nil
05/10/15	GDG19: No new interests were declared	Nil	Nil
06/11/15	GDG20: No new interests were declared	Nil	Nil
02/12/15	GDG21: No new interests were declared	Nil	Nil
03/12/15	GDG22: No new interests were declared	Nil	Nil
12/01/16	GDG23: Apologies sent	Nil	Nil
19/05/16	GDG24: Gave a lecture at Janssen 'Real World Evidence Meeting' in Madrid in April 2016. Transport and accommodation paid for and honoraria.	Personal. percuniary, non-specific interest	Declare and participate

Serena McCluskey (co-opted expert)

Date	Declaration of interest	Classification	Action taken
Initial declaratio n 17/11/13	None.	Nil	Nil
14/01/15	GDG10: Was asked to provide peer-review for a final report of a NIHR Public Health Research funded project on work and wellbeing in December 2014	Personal non- pecuniary interest	Declare and participate

Neil O'Connell

Date	Declaration of interest	Classification	Action taken
Initial declaratio n	Has published a number of manuscripts on this topic of chronic back pain. These include a debate paper that critiqued the assertion that poor performance of therapies in clinical trials may be due to	Personal non- pecuniary interest	Declare and participate

23/10/13 inadequate subgrouping of back pain patients. He has also published narrative reviews and original search papers relating to the evidence of attered central nervous system function in chronic non-search papers relating to the evidence of attered paginst the recommendation of acupuncture for treating low back pain, not the science blog www.bodyinmind.org where he presented critical summaries of contemporary back pain research for pars with the science blog www.bodyinmind.org where he presented critical summaries of contemporary back pain science with the science blog www.bodyinmind.org where he presented critical summaries of contemporary back pain research for a clinical and lay audience. Nil Nil 21/02/14 GDG1: No new interests were declared Nil Nil Nil 24/02/14 FOG1: No new interests were declared Nil Nil Nil 21/02/14 GDG2: Apologies sent Personal pecuniary interest Declare and participate 21/02/14 GDG2: Apologies sent Nil Nil Nil 01/04/14 GDG2: Apologies sent Nil Nil Nil 07/05/14 Receives payment as a healthcare educator to train interest Personal pecuniary interest Declare and participate 09/05/14 GDG3: No new interests were declared Nil Nil Nil 23/05/14 Amember of the editorial board of the Cochrane Collaboration Pain, Palliative and Supportive Care review gro	Date	Declaration of interest	Classification	Action taken
21/02/14GDG1: No new interests were declaredNilNil24/02/14Published a blog on 11 February 2014 that discussed a recent published meta-analysis of spinal manual therapy, which critically examines what the results might mean for the effectiveness of these treatments.Personal non- pecuniary interestDeclare and participate01/04/14GDG2: Apologies sentNilNilNil07/05/14Receives payment as a healthcare educator to train physiotherapists or assess and treat back pain.Personal pecuniary interestDeclare and participate01/04/14GDG2: Apologies sentNilNilNil07/05/14Receives payment as a healthcare educator to train physiotherapists to assess and treat back pain.Personal pecuniary interestDeclare and participate09/05/14GDG3: No new interests were declaredNilNilNil23/05/14A member of the editorial board of the Cochrane Collaboration Pain, Palliative and Supportive Care review group. This is an unpaid position which will involve editorial work on pain- related systematic reviews.NilNil23/05/14A member of the editorial board of the Cochrane Collaboration Pain, Palliative and Supportive Care review group and has just begun planning a Cochrane review that he will co-author, examining the effectiveness of TENS for neuropathic pain.Personal pecuniary pecuniary interestDeclare and participate09/05/14GDG4: Presenting at a conference on Pain and Physiotherapy in Seville, organised by the sociedad Espanola de Fisioterapauetas de Andaluca. Fights, accommodation and registration were prov	23/10/13	inadequate subgrouping of back pain patients. He has also published narrative reviews and original research papers relating to the evidence of altered central nervous system function in chronic non- specific low back pain. He has frequently argued against the recommendation of acupuncture for treating low back pain, and other painful disorders, but has always argued from an evidence-based position. He has made regular contributions relating to back pain to the science blog www.bodyinmind.org where he presented critical summaries of contemporary back pain research for a clinical and lay audience.		
24/02/14 24/02/14Published a blog on 11 February 2014 that discussed a recent published meta-analysis of spinal manual therapy, which critically examines what the results might mean for the effectiveness of these treatments.Personal non- pecuniary interestDeclare and participate01/04/14GDG2: Apologies sentNilNilNil07/05/14Receives payment as a healthcare educator to train physiotherapists to assess and treat back pain.Personal pecuniary interestDeclare and participate01/04/14GDG2: Apologies sentNilNilDeclare and participate07/05/14Receives payment as a healthcare educator to train physiotherapists to assess and treat back pain.Personal pecuniary interestDeclare and participate09/05/14GDG3: No new interests were declaredNilNilNil23/05/14GDG3: No new interests were declaredNilNilDeclare and personal non- pecuniary interest09/06/14GDG4: Presenting a workshop at World Congress in Pain in October in Buenos Aires. The International Association for the Study of Pain will fund flights, conference registration and pay a USS650 honorarium.Personal pecuniary interestDeclare and participate09/06/14GDG3: Presenting at a conference on Pain and Physiotherapi at a conference on Pain and participatePersonal pecuniary interestDeclare and participate09/06/14GDG3: Presenting at a conference	24/02/44			
courses.interestinterestparticipate01/04/14GDG2: Apologies sentNilNilNil07/05/14Receives payment as a healthcare educator to train physiotherapists to assess and treat back pain.Personal pecuniary interestDeclare and participate07/05/14Receives payment as a healthcare educator to train physiotherapists to assess and treat back pain.Personal pecuniary interestDeclare and participate07/05/14GDG3: No new interests were declaredNilNilDeclare and participate09/05/14GDG3: No new interests were declaredNilNil23/05/14A member of the editorial board of the Cochrane Collaboration Pain, Palliative and Supportive Care review group and has just begun planning a Cochrane review that the will co-author, examining the effectiveness of TENS for neuropathic pain.Personal non- pecuniary interest09/06/14GDG3: Presenting a conference on Pain and Physiotherapy in Seville, organised by the Sociedad Espanola de Fisioterapia y Dotor, a physio special interest group in pain management and Colfisio - Ilustre Colegio Profesional de Fisioterapia y Dotor, a physio special interest group in pain management and Colfisio - Ilustre Colegio Profesional de Fisioterapia y Dotor, a physio special interest collaboration and pegistration were provided by the organisers. In thanks for giving the talk (on evidence interpretation in chronic pain management) he was given the gift of a watch worth around £150.NilNil		Published a blog on 11 February 2014 that discussed a recent published meta-analysis of spinal manual therapy, which critically examines what the results might mean for the effectiveness of these	Personal non-	Declare and
07/05/14 Provide a series payment as a healthcare educator to train physiotherapists to assess and treat back pain.Personal pecuniary interestDeclare and participateHas accepted an invitation to the Editorial board of the Cochrane Collaboration Pain, Palliative and Supportive Care review group. This is an unpaid position which will involve editorial work on pain- related systematic reviews.Personal non- pecuniary interestDeclare and 				
physiotherapists to assess and treat back pain.interestparticipateHas accepted an invitation to the Editorial board of the Cochrane Collaboration Pain, Palliative and supportive Care review group. This is an unpaid position which will involve editorial work on pain- related systematic reviews.Personal non- pecuniary interestDeclare and participate09/05/14GDG3: No new interests were declaredNilNil23/05/14A member of the editorial board of the Cochrane Collaboration Pain, Palliative and Supportive Care review group and has just begun planning a Cochrane review that he will co-author, examining the effectiveness of TENS for neuropathic pain.Personal pecuniary pecuniary interestDeclare and participate09/06/14GDG4: Presenting a workshop at World Congress in Pain in October in Buenos Aires. The International Association for the Study of Pain will fund flights, conference registration and pay a US\$650 honorarium.Personal pecuniary interestDeclare and participate09/06/14GDG4: Presenting at a conference on Pain and Physiotherapy in Seville, organised by the Sociedad Espanola de Fisioterapia y Dotor, a physio special interest group in pain management and Colfisio - Ilustre Colegio Profesional de Fisioterapeutas de Andalucia. Flights, accommodation and registration were provided by the organisers. In thanks for giving the talk (on evidence interpretation in chronic pain management) he was given the gift of a watch worth around £150.NilNil	01/04/14	GDG2: Apologies sent	Nil	Nil
the Cochrane Collaboration Pain, Palliative and Supportive Care review group. This is an unpaid position which will involve editorial work on pain- related systematic reviews.pecuniary interestparticipate09/05/14GDG3: No new interests were declaredNilNilNil23/05/14A member of the editorial board of the Cochrane colaboration Pain, Palliative and Supportive Care review group and has just begun planning a Cochrane review that he will co-author, examining the effectiveness of TENS for neuropathic pain.Personal non- pecuniary interestDeclare and participate09/06/14GDG4: Presenting a workshop at World Congress in Pain in October in Buenos Aires. The International Association for the Study of Pain will fund flights, conference registration and pay a US\$650 honorarium.Personal pecuniary interestDeclare and participateGDG4: Presenting at a conference on Pain and Physiotherapy in Seville, organised by the Sociedad Espanola de Fisioterapia y Dotor, a physio special interest group in pain management and Colfisio - lustre Colegio Profesional de Fisioterapeutas de Andalucia. Flights, accommodation and registration were provided by the organisers. In thanks for giving the talk (on evidence interpretation in chronic pain management) he was given the gift of a watch worth around £150.NilNil	07/05/14			
23/05/14A member of the editorial board of the Cochrane Collaboration Pain, Palliative and Supportive Care review group and has just begun planning a Cochrane review that he will co-author, examining the effectiveness of TENS for neuropathic pain.Personal non- pecuniary interestDeclare and participate09/06/14GDG4: Presenting a workshop at World Congress in Pain in October in Buenos Aires. The International Association for the Study of Pain will fund flights, conference registration and pay a US\$650 honorarium.Personal pecuniary interestDeclare and participateGDG4: Presenting at a conference on Pain and Physiotherapy in Seville, organised by the Sociedad Espanola de Fisioterapia y Dotor, a physio special interest group in pain management and Colfisio - Ilustre Colegio Profesional de Fisioterapeutas de Andalucia. Flights, accommodation and registration management) he was given the gift of a watch worth around £150.Personal pecuniary interestDeclare and participate16/07/14GDG5: No new interests were declaredNilNilNil		the Cochrane Collaboration Pain, Palliative and Supportive Care review group. This is an unpaid position which will involve editorial work on pain-		
Collaboration Pain, Palliative and Supportive Care review group and has just begun planning a Cochrane review that he will co-author, examining the effectiveness of TENS for neuropathic pain.pecuniary interestparticipate09/06/14GDG4: Presenting a workshop at World Congress in Pain in October in Buenos Aires. The International Association for the Study of Pain will fund flights, conference registration and pay a US\$650 	09/05/14	GDG3: No new interests were declared	Nil	Nil
Pain in October in Buenos Aires. The International Association for the Study of Pain will fund flights, conference registration and pay a US\$650 honorarium.interestparticipateGDG4: Presenting at a conference on Pain and Physiotherapy in Seville, organised by the Sociedad Espanola de Fisioterapia y Dotor, a physio special interest group in pain management and Colfisio - Ilustre Colegio Profesional de Fisioterapeutas de Andalucia. Flights, accommodation and registration were provided by the organisers. In thanks for giving the talk (on evidence interpretation in chronic pain management) he was given the gift of a watch worth around £150.NilNil	23/05/14	Collaboration Pain, Palliative and Supportive Care review group and has just begun planning a Cochrane review that he will co-author, examining		
Physiotherapy in Seville, organised by the Sociedad Espanola de Fisioterapia y Dotor, a physio special interest group in pain management and Colfisio - Ilustre Colegio Profesional de Fisioterapeutas de Andalucia. Flights, accommodation and registration were provided by the organisers. In thanks for giving the talk (on evidence interpretation in chronic pain 	09/06/14	Pain in October in Buenos Aires. The International Association for the Study of Pain will fund flights, conference registration and pay a US\$650	· · ·	
		Physiotherapy in Seville, organised by the Sociedad Espanola de Fisioterapia y Dotor, a physio special interest group in pain management and Colfisio - Ilustre Colegio Profesional de Fisioterapeutas de Andalucia. Flights, accommodation and registration were provided by the organisers. In thanks for giving the talk (on evidence interpretation in chronic pain management) he was given the gift of a watch worth		
11/09/14 GDG6: No new interests were declared Nil Nil	16/07/14	GDG5: No new interests were declared	Nil	Nil
	11/09/14	GDG6: No new interests were declared	Nil	Nil

Date	Declaration of interest	Classification	Action taken
12/09/14	GDG7: No new interests were declared	Nil	Nil
16/10/14	GDG8: No new interests were declared	Nil	Nil
25/11/14	GDG9: Giving an invited talk for the Council for Allied Health Professions Research (on evidence interpretation in chronic pain management) on 26 November 2014. There is a speaker's fee of £300 plus transport costs covered.	Personal pecuniary interest	Declare and participate
14/01/15	GDG10: Has been invited to give a talk on evidence in chronic pain and a workshop on interpreting meta-analysis at the Belgian Manual Therapy Congress in September 2015. The congress is organized by the Manual Therapy Association of Belgium who will cover travel and accommodation and pay a €500 speakers fee.	Personal pecuniary interest	Declare and participate
15/01/15	GDG11: No new interests were declared	Nil	Nil
24/02/15	GDG12: No new interests were declared	Nil	Nil
07/04/15	GDG13: No new interests were declared	Nil	Nil
12/05/15	GDG14: Has accepted an invitation to speak at the conference of Le Comité Scientifque de la Société Française d'Evaluation et de Traitment de la Douleur (SFETD) in Nates, France in November on the management of complex regional pain syndrome. Flights, accommodation and conference registration costs will be covered by the organising committee.	Personal pecuniary interest	Declare and participate
	GDG14: Has accepted an invitation to sit on the editorial board for the Journal of Pain (Journal of the American Pain Society). This is an unpaid position.	Non-personal pecuniary interest	Declare and participate
18/06/15	GDG15: No new interests were declared	Nil	Nil
30/07/15	GDG16: Delivered a course on critical appraisal to therapists funded by a private physical therapy clinic in Chicago. Flights, accommodation and a teaching fee of US\$3,300 were provided.	Personal pecuniary interest	Declare and participate
01/09/15	GDG17: No new interests were declared	Nil	Nil
02/09/15	GDG18: No new interests were declared	Nil	Nil
5/10/15	GDG19: As previously declared he was a keynote speaker European Manual Therapy Congress in Belgium in September 2015. The congress is organised by the Manual Therapy Association of Belgium who covered travel and accommodation costs and paid a €500 speakers fee. In addition the congress organisers paid for two speakers' dinners.	Personal pecuniary interest	Declare and participate
06/11/15	GDG20: No new interests were declared	Nil	Nil
02/12/15	GDG21: No new interests were declared	Nil	Nil
03/12/15	GDG22: No new interests were declared	Nil	Nil
12/01/16	GDG23: No new interests were declared	Nil	Nil
19/05/16	GDG24: No new interests were declared	Nil	Nil

Diana Robins			
Date	Item declared	Classification	Action taken
Initial declaration 06/02/15	Has a small shareholding in Reckitt Benckiser and Indivior (yields <£1,000 per year)	Personal pecuniary interest	Declare and withdraw from discussion and recommendat ion making for pharmacologi cal treatments.
	Is currently or has previously taken part in patient involvement work for: National Institute for Health Research; PGfAR funding panel; National Cancer Research Institute; National Cancer Intelligence Network, NICE UK DUETs Steering Group. Health Research Authority; University of Leeds (IMPACCT study); Leeds Clinical Research Facility Executive; CQC; NHS England; Healthcare Quality Improvement Partnership - Service User Network; NICOR at UCL; SCIE (OPLTC Guidance Development Group) Cancer Research UK (including Research Involvement Coach); Royal College of Radiologists Academic Committee and Lay Network; Royal College of Physicians (CODA	Personal pecuniary interest	Declare and participate
	Guidance Development Group); British Heart Foundation. These may pay expenses and/or honoraria for meetings, workshops or conference attendance; and for reviewing research proposals.		
24/02/15	GDG12: Apologies sent	Nil	Nil
07/04/15	GDG13: No new interests were declared	Nil	Nil
12/05/15	GDG14: No new interests were declared	Nil	Nil
18/06/15	GDG15: Joined the NHS England New Care Models Team: Public Participation	Personal pecuniary interest	Declare and participate
30/07/15	GDG16: No new interests were declared	Nil	Nil
01/09/15	GDG17: No new interests were declared	Nil	Nil
02/09/15	GDG18: No new interests were declared	Nil	Nil
05/10/15	GDG19: No new interests were declared	Nil	Nil
06/11/15	GDG20: Attended a Quality Standards Advisory Committee for Referral for suspected cancer.	Personal pecuniary interest	Declare and participate
	GDG20: Attended a meeting on the potential harm of non-pharmacological treatment (unrelated to back pain), paid £30 by Queen Mary University.	Personal pecuniary interest	Declare and participate
02/12/15	GDG21: No new interests were declared	Nil	Nil
03/12/15	GDG22: No new interests were declared	Nil	Nil
12/01/16	GDG23: No new interests were declared	Nil	Nil
19/05/16	GDG24: No new interests were declared	Nil	Nil

Diana Robinson

Date	Declaration of interest	Classification	Action taken
Initial declaratio n 17/11/13	Does consultancy work for BMI (Esperance Hospital, Eastbourne) and Medica (UK reporting service) and Inhealth (Eastbourne DGH).	Personal pecuniary interest	Declare and participate as a co-opted expert
02/09/15	GDG18: No new interests were declared	Nil	Nil

Martin Sambrook (co-opted expert)

Philip Sell

Philip Sell	them declared	Cleasification	
Date	Item declared	Classification	Action taken
Initial declaration 19/01/14	President of EUROSPINE the Spine society of Europe. Previously held an executive role in the British Spine Societies, Society for Back Pain Research, British Scoliosis Society and the British Association of Spine Surgeons.	Personal non- pecuniary interest	Declare and participate
20/02/14	Paid NHS specialist, Spine specialist and Surgeon. Paid private spine specialist (now surgical).	Nil	Nil
21/02/14	GDG1: No new interests were declared	Nil	Nil
01/04/14	GDG2: No new interests were declared	Nil	Nil
09/05/14	GDG3: Apologies sent	Nil	Nil
09/05/14	GDG4: No new interests were declared	Nil	Nil
16/07/14	GDG5: No new interests were declared	Nil	Nil
11/09/14	GDG6: Invited to write an article for <i>Orthopedics</i> on antibiotics in back pain	Personal non- pecuniary interest	Declare and participate
12/09/14	GDG7: No new interests were declared	Nil	Nil
16/10/14	GDG8: As an executive for the Spine Society of Europe has been involved in stakeholder council negotiation with the medical technology industry on funding society activities. This is aimed at ensuring any funding from industry for education and meetings is fully transparent and compliant. Has no involvement in the sign-off of finances or expenditure.	Non-personal pecuniary interest	Declare and participate
25/11/14	GDG9: Past President of EUROSPINE. Liases with the Medtech industry on stakeholder issues.	Personal non- pecuniary interest	Declare and participate
14/01/15	GDG10: No new interests were declared	Nil	Nil
15/01/15	GDG11: Apologies sent	Nil	Nil
25/02/15	GDG12: No new interests were declared	Nil	Nil
07/04/15	GDG13: Invited to the Pan Arab spine conference talking on TB and safety on 11 and 12 April 2015, for which travel and accommodation will be paid for by the organisers.	Personal non- pecuniary interest	Declare and participate
	GDG13: Invited to the Turkish spine society 29 April-3 May 2015, talking on cervical fractures and evidence-based treatment surgical treatment of back pain. Travel and accommodation will be paid for by the organisers.	Personal non- pecuniary interest	Declare and participate
	GDG13: Authored a cohort paper on spine MICD in the JBJS British in March 2015.	Personal non- pecuniary interest	Declare and participate

Date	Item declared	Classification	Action taken
12/05/15	GDG14: No new interests were declared	Nil	Nil
18/06/15	GDG15: No new interests were declared	Nil	Nil
30/07/15	GDG16: Attendance at EUROSPINE Copenhagen 1-4 September 2015. Holds an Executive role for the Spine Society. Chaired a session titled: 'Rise and fall of new technologies'. Travel and accommodation will be provided by the society.	Personal non- pecuniary interest	Declare and participate
01/09/15	GDG17: Apologies sent	Nil	Nil
02/09/15	GDG18: Apologies sent	Nil	Nil
04/10/15	GDG19: Guest Speaker at Portuguese Spine Society meeting 1-3 October 2015. Accommodation provided by the organisers.	Personal non- pecuniary interest	Declare and participate
06/11/15	GDG20: No new interests were declared	Nil	Nil
02/12/15	GDG21: No new interests were declared	Nil	Nil
03/12/15	GDG22: No new interests were declared	Nil	Nil
12/01/16	GDG23: Apologies sent	Nil	Nil
19/05/16	GDG24: Apologies sent	NII	Nil

Simon Somerville

Date	Item declared	Classification	Action taken
Initial declaration 07/11/13	As part of role at the Arthritis Research UK Primary Care Centre, Keele University, he is part of a team that conducts research into low back pain. In particular, was involved in the STarT Back and IMPaCT Back studies, which focus on a stratified approach to back pain management.	Personal non- pecuniary interest	Declare and withdraw from discussion and recommendat ion making for risk assessment tools and risk stratification
21/02/14	GDG1: No new interests were declared	Nil	Nil
01/04/14	GDG2: No new interests were declared	Nil	Nil
01/05/14	Receives payment as a healthcare professional to assess and treat back pain.	Personal pecuniary interest	Nil
09/05/14	GDG3: Apologies sent	Nil	Nil
09/06/14	GDG4: No new interests were declared	Nil	Nil
16/07/14	GDG5: Apologies sent	Nil	Nil
11/09/14	GDG6: No new interests were declared	Nil	Nil
12/09/14	GDG7: No new interests were declared	Nil	Nil
16/10/14	GDG8: A film that he had made in previous years giving general advice to patients with back pain was published in a joint venture between Keele University and AXA/PPP. Not paid for his role in editing and presenting in the film.	Personal non- pecuniary interest	Declare and participate
25/11/14	GDG9: No new interests were declared	Nil	Nil
14/01/15	GDG10: No new interests were declared	Nil	Nil
15/01/15	GDG11: No new interests were declared	Nil	Nil
24/02/15	GDG12: Apologies sent	Nil	Nil
07/04/15	GDG13: Will co-host a BMJ master class webinar on	Personal pecuniary	Declare and

Date	Item declared	Classification	Action taken
	back pain on 9 April 2015. £350 will be shared between self and the other co-host.	interest	participate
12/05/15	GDG14: No new interests were declared	Nil	Nil
18/06/15	GDG15: No new interests were declared	Nil	Nil
30/07/15	GDG16: No new interests were declared	Nil	Nil
01/09/15	GDG17: No new interests were declared	Nil	Nil
02/09/15	GDG18: No new interests were declared	Nil	Nil
04/10/15	GDG19: No new interests were declared	Nil	Nil
06/11/15	GDG20: Edited content about back pain for a patient self-help App. Will be paid £80 for this work.	Personal pecuniary interest	Declare and participate
02/12/15	GDG21: Will be presenting at the Royal College of General Practicitioners' One Day Essentials Conference on 9 February 2016. The topic is primary care assessment/management of low back pain, including the use of STarT Back. Will be paid £150 for this.	Personal pecuniary interest	Declare and participate
03/12/15	GDG22: No new interests were declared	Nil	Nil
12/01/16	GDG23: No new interests were declared	Nil	Nil
19/05/16	GDG24: No new interests were declared	Nil	Nil

Helen Taylor

Date	Item declared	Classification	Action taken
Initial declaration 03/01/14	Employed by Pain Management Solutions who are an independent provider of community chronic pain services to the NHS. The provider has 20 contracts with Clinical Commissioning Groups and is registered on national Choose and Book. Patients with low back pain form a large part of the case load.	Non-personal pecuniary interest	Declare and participate
21/02/14	GDG1: No new interests were declared	Nil	Nil
01/04/14	GDG2: Apologies sent	Nil	Nil
09/05/14	GDG3: No new interests were declared	Nil	Nil
09/06/14	GDG4: No new interests were declared	Nil	Nil
16/07/14	GDG5: Gave a presentation of self-management strategies to the Royal College of Nursing congress on 16 June - MSK group, patient groups and GP groups in June. No honoraria received.	Personal non- pecuniary interest	Declare and participate
11/09/14	GDG6: Apologies sent	Nil	Nil
12/09/14	GDG7: Apologies sent	Nil	Nil
30/9/14	Resigned from GDG		

Steven Vogel

Date	Item declared	Classification	Action taken
Initial declaration 18/11/13	Was a GDG member on NICE CG88 Low back pain in adults: early management (published 2009). Was chosen to be one of the members of the GDG to do public dissemination of the guideline. This included performing some interviews for media organisations and advocating the content of the guideline.	Personal non- pecuniary interest	Declare and participate
	A member of the British Osteopathic Association and registered with the General Osteopathic Council. Sit	Personal non- pecuniary interest	Declare and participate

Date	Item declared	Classification	Action taken
	on NHS England's pathfinder project 'Low back pain and sciatica' as a nominee of the British Osteopathic Association.		
	Has led research into the safety (adverse events) of osteopathy/manual therapy in the UK and presented this work nationally and internationally. Publications in preparation.	Personal non- pecuniary interest	Declare and participate
	Treats people with low back pain in an NHS primary care setting. No private practice.	Nil	Nil
21/02/14	GDG1: No new interests were declared	Nil	Nil
01/04/14	GDG2: No new interests were declared	Nil	Nil
09/05/14	GDG3: No new interests were declared	Nil	Nil
09/06/14	GDG4: No new interests were declared	Nil	Nil
16/07/14	GDG5: Presented at a conference arranged by Health Education Seminar on Reassurance in back pain. A fee of £250 was received.	Personal pecuniary interest	Declare and participate
11/09/14	GDG6: No new interests were declared	Nil	Nil
12/09/14	GDG7: No new interests were declared	Nil	Nil
16/10/14	GDG8: No new interests were declared	Nil	Nil
25/11/14	GDG9: No new interests were declared	Nil	Nil
14/01/15	GDG10: No new interests were declared	Nil	Nil
15/01/15	GDG11: No new interests were declared	Nil	Nil
24/02/15	GDG12: No new interests were declared	Nil	Nil
07/04/15	GDG13: No new interests were declared	Nil	Nil
12/05/15	GDG14: No new interests were declared	Nil	Nil
01/06/15	Occasionally sees private patients	Nil	Nil
18/06/15	GDG15: No new interests were declared	Nil	Nil
30/07/15	GDG16: No new interests were declared	Nil	Nil
01/09/15	GDG17: No new interests were declared	Nil	Nil
02/09/15	GDG18: No new interests were declared	Nil	Nil
05/10/15	GDG19: Apologies sent	Nil	Nil
06/11/15	GDG20: No new interests were declared	Nil	Nil
02/12/15	GDG21: No new interests were declared	Nil	Nil
03/12/15	GDG22: No new interests were declared	Nil	Nil
12/01/16	GDG23: No new interests were declared	Nil	Nil
19/05/16	GDG24: No new interests were declared	Nil	Nil

David Walsh

Date	Item declared	Classification	Action taken
Initial declaration 11/11/13	Has a current consultancy agreement with Pfizer Ltd., but has not received any personal payment within the last 12 months.	Personal pecuniary Interest	Declare and withdraw from discussion and recommendat ion making for pharmacologi cal treatments.

Date	Item declared	Classification	Action taken
	Director of the Arthritis Research UK Pain Centre at Nottingham University, where his research receives specific research funding from Arthritis Research UK and the National Institute for Health Research. In addition, through the University of Nottingham, he holds a grant from Pfizer Ltd under their Inflammation Competitive Research Programme which supports research on pain in rheumatoid arthritis. He is Principle Investigator at Sherwood Forest Hospitals NHS Foundation Trust on industry- funded clinical trials in rheumatoid arthritis.	Non-personal pecuniary interest	Declare and withdraw from discussion and recommendat ion making for pharmacologi cal treatments.
	Has previously expressed opinions on the treatment of low back pain in research publications and reviews. Was a GDG member on NICE CG88 Low back pain in adults: early management (published 2009). In addition, I was co-author of a letter to the <i>BMJ</i> following the publication of the guideline, published correspondence in <i>Pain News</i> , the journal of the British Pain Society, and made presentations on the content of the guideline to national professional meetings.	Personal non- pecuniary interest	Declare and participate
	Member of the British Society for Rheumatology, British Pain Society, British Medical Association, International Association for the Study of Pain and American College of Rheumatology, each of which has an interest in Low Back Pain and its treatment, and in the professionals who deliver those treatments.	Personal non- pecuniary interest	Declare and participate
	NHS clinical practice for which he is paid involves the assessment and treatment of people with low back pain and sciatica, and may be affected by the outcome of these guidelines. Does not undertake private clinical practice. My academic practice for which he is paid by the University of Nottingham has a key aim to better understand arthritis pain, and research questions that arise from the guideline update may contribute to the direction taken by my developing research programme.	Personal non- pecuniary interest	Declare and participate
24/02/14	GDG1: No new interests were declared	Nil	Nil
01/04/14	GDG2: No new interests were declared	Nil	Nil
09/05/14	GDG3: No new interests were declared	Nil	Nil
09/06/14	GDG4: Apologies sent	Nil	Nil
16/07/14	GDG5: ICRP research grant for £79,255.00 over 18 months from Pfizer Ltd supporting research into pain in rheumatoid arthritis. Pfizer Ltd has no input into the design, execution or publication of the study.	Non-personal pecuniary interest	Declare and withdraw from discussion and recommendat ion making for pharmacologi cal treatments.
11/09/14	GDG6: Co-applicant in an NIHR grant for studying non-epidural treatments in sciatica. It is a prospective piece of research, using adalimumab.	Personal pecuniary interest	Declare and withdraw from

Date	Item declared	Classification	Action taken
	There is no financial, non-financial or academic involvement from the manufacturer.		discussion and recommendat ion making for pharmacologi cal treatments.
12/09/14	GDG7: Is a principle investigator on an upcoming study with Pfizer Ltd, but the contract has not yet been signed.	Non-personal pecuniary interest	Declare and withdraw from discussion and recommendat ion making for pharmacologi cal treatments.
15/09/14	Invited to attend an ICRP investigator meeting at the Grosvenor Hotel, London, 23 and 24 September 2014. Pfizer Ltd will provide travel and accommodation.	Personal non- pecuniary interest	Declare and withdraw from discussion and recommendat ion making for pharmacologi cal treatments.
16/10/14	GDG8: No new interests were declared	Nil	Nil
25/11/14	GDG9: No new interests were declared	Nil	Nil
14/01/15	GDG10: No new interests were declared	Nil	Nil
15/01/15	GDG11: No new interests were declared	Nil	Nil
24/02/15	GDG12: No new interests were declared	Nil	Nil
07/04/15	GDG13: Chaired a workshop session at the British Pain Society Annual Scientific Meeting, Glasgow, 23 April 2015. Workshop entitled: Researching the effectiveness of facet joint injections. As a member of the Scientific Organising Committee he received complementary registration.	Personal non- pecuniary interest	Declare and participate
12/05/15	GDG14: Apologies sent	Nil	Nil
18/06/15	GDG15: No new interests were declared	Nil	Nil
30/07/15	GDG16: No new interests were declared	Nil	Nil
01/09/15	GDG17: No new interests were declared	Nil	Nil
02/09/15	GDG18: No new interests were declared	Nil	Nil
04/10/15	GDG19: No new interests were declared	Nil	Nil
06/11/15	GDG20: Consultancy for Novartis Consumer Health S.A. – a GlaxoSmithKline Consumer Healthcare Company, by participation in Advisory Board on over-the-counter topical products currently in development for the treatment of pain, Montreal, Canada 14 and 15 October 2015. Has been offered travel expenses plus a consultancy fee in return for this consultancy.	Personal pecuniary interest	Declare and withdraw from discussion and recommendat ion making for pharmacologi cal treatments.
	GDG21: No new interests were declared	Nil	Nil
02/12/15			INII

Date	Item declared	Classification	Action taken
12/01/16	GDG23: No new interests were declared	Nil	Nil
19/05/16	GDG24: Is a co-applicant on an NIHR-funded facet injection study. The contract for this is between the NIHR and Warwick University, and not with the University of Nottingham nor my employing Trust. Funding is received by the University and not an individual.	Non-personal. financial interest	Declare and participate

Chris Wells

Date	Item declared	Classification	Action taken
Initial declaration 13/12/13	Paid as a healthcare professional to assess and treat back pain suffering. Speaks at industry-funded meetings and acts as a paid consultant on regular basis.	Personal non-specific pecuniary interest	Declare and participate. Declare each consultancy through development.
	President elect of the European Pain Federation (EFIC), which occasionally makes recommendations on back pain (last document September 2012). The organisation receives up to €500,000 sponsorship per year from the medical technology industry to allow its work and organise conferences. Finances are handled by Kenes (a professional conference organiser). Has no involvement in the sign-off of finances or expenditure.	Non-personal pecuniary interest	Declare and participate
21/02/14	GDG1: No new interests were declared	Nil	Nil
01/04/14	GDG2: No new interests were declared	Nil	Nil
09/05/14	GDG3: No new interests were declared	Nil	Nil
09/06/14	GDG4: President of the EFIC from June 2014 to September 2017	Personal non- pecuniary interest	Declare and participate
	GDG4: Acted as a consultant advisor to and speaker for Grunenthal.	Personal pecuniary interest	Declare and withdraw from discussion and recommendat ion making for pharmacologi cal treatments.
16/07/14	GDG5: No new interests were declared	Nil	Nil
11/09/14	GDG6: Acted as a consultant advisor to and speaker for Grunenthal.	Personal pecuniary interest	Declare and withdraw from discussion and recommendat ion making for pharmacologi cal treatments.
12/09/14	GDG7: Apologies sent	Nil	Nil
16/10/14	GDG8: Attended an IASP meeting in Buenos Aires on 7–11 October. Hospitality was provided by Pfizer,	Personal pecuniary interest	Declare and withdraw

Date	Item declared	Classification	Action taken
	Grunenthal and Mundipharm. Fee and hospitality was provided by Mallinckrodt.		from discussion and recommendat ion making for pharmacologi cal treatments.
25/11/14	GDG9: Apologies sent	Nil	Nil
14/01/15	GDG10: No new interests were declared	Nil	Nil
15/01/15	GDG11: Apologies sent	Nil	Nil
24/02/15	GDG12: No new interests were declared	Nil	Nil
07/04/15	GDG13: Gave talks for Grunenthal: three to GPs and one to pain management healthcare professionals for which he received a fee.	Personal pecuniary interest	Declare and withdraw from discussion and recommendat ion making for pharmacologi cal treatments
12/05/15	GDG14: Fees received for two talks: Grunenthal and Indivior.	Personal pecuniary interest	Declare and withdraw from discussion and recommendat ion making for pharmacologi cal treatments
	GDG14: Went on an EFIC-funded trip to Barcelona to committee on Pain Training and Certification 1–3 May 2015.	Personal non- pecuniary interest	Declare and participate
18/06/15	GDG15: Apologies sent	Nil	Nil
30/07/15	GDG16: No new interests were declared	Nil	Nil
01/09/15	GDG17: Apologies sent	Nil	Nil
02/09/15	GDG18: Apologies sent	Nil	Nil
04/10/15	GDG19: Attended an EFIC meeting, Pain in Europe 1– 5 September 2015, expenses provided by EFIC/Kenes.	Personal non- pecuniary interest	Declare and participate
	GDG19: Attended Pain School, Klagenfurt, Austria, 6–9 September 2015, expenses provided by EFIC.	Personal non- pecuniary interest	Declare and participate
	GDG19: Attended Pain meeting, Chisinau, Moldova, 9–12 September 2015, expenses provided by EFIC.	Personal non- pecuniary interest	Declare and participate
	GDG19: Gave talks for Grunenthal to GPs and hospital doctors, 15 September 2015, honoraria and meals were provided.	Personal pecuniary interest	Declare and withdraw from discussion and recommendat ion making for pharmacologi cal treatments
06/11/15	GDG20: Speaker at EFIC Pain School, Bergamo 6–7 October 2015. Travel, subsistence and accommodation provided by EFIC.	Personal non- pecuniary interest	Declare and participate

Date	Item declared	Classification	Action taken
	GDG20: Speaker at Slovakian/Czech Pain Meeting, Bratislava, 7–8 October 2015. Travel, subsistence and accommodation provided by EFIC.	Personal non- pecuniary interest	Declare and participate
	GDG20: Attended, as a delegate, EULAR meeting on EU cross-border treatment, Brussels, 12 October 2015 and meeting of Brain Mind and Pain action group in Brussels Parliament on 13 October 2015. Travel, subsistence and accommodation provided by the organisers.	Personal non- pecuniary interest	Declare and participate
	GDG20: Chaired meeting of EFIC Patient Liaison Committee, Brussels, 12 October 2015, followed by meal with delegates.	Personal non- pecuniary interest	Declare and participate
	GDG20: Will attend EFIC Executive Board Meeting in Brussels, 3–5 November 2015. Travel, subsistence and accommodation will be provided by EFIC.	Personal non- pecuniary interest	Declare and participate
02/12/15	GDG21: Expert panel meeting on 19 and 20 November 2015 on opioid analgesic dependence. It was organised by Reckitt Benckiser and Indivior. Travel, subsistence, accommodation and fee were provided.	Personal pecuniary interest	Declare and withdraw from discussion and recommendat ion making for pharmacologi cal treatments
	GDG21: Received a visit from a Hypogel representative regarding a machine for treating facet joints on 12 November. The machine is not yet licensed.	Personal non- pecuniary interest	Declare and participate
03/12/15	GDG22: 19–20 November, attended an open summit meeting on opioid analgesics dependence at Heathrow airport. Hospitality and honorarium provided by Invidior.	Personal pecuniary interest	Declare and withdraw from discussion and recommendat ion making for pharmacologi cal treatments
	GDG22: 24–26 November 2015, gave two talks (one to GPs and one to hospital doctors). Honorarium and accommodation funded by Grunenthal.	Personal pecuniary interest	Declare and withdraw from discussion and recommendat ion making for pharmacologi cal treatments
12/01/16	GDG23: 4 and 5 December 2015, gave four lectures at the University of Sao Joao, Porto on low back pain for the Portuguese Pain Society and University Diploma of Pain. Hospitality, travel paid and honorarium were provided.	Personal pecuniary interest	Declare and participate
	GDG23: 11 and 12 December 2015, gave a lecture on neuropathic pain at the European Headache Federation meeting in Athens. Chaired a session on energy therapies in migraine. Travel and accommodation provided by the organisers.	Personal non- pecuniary interest	Declare and participate

Date	Item declared	Classification	Action taken
19/05/16	GDG24: Received travel, subsidence and accommodation for British Pain Society meetings in between January and May.	Personal, non- pecuniary interest	Declare and participate
	GDG24: Gave industry talks for Grunenthal in January, February, March and April.	Personal pecuniary interest	Declare and withdraw from discussion and recommendat ion making for pharmacologi cal treatments

NGC team

Date	Item declared	Classification	Action taken
Initial declaration 18/11/13	In receipt of NICE commissions	N/A	N/A
21/02/14	GDG1: No new interests were declared	Nil	Nil
01/04/14	GDG2: No new interests were declared	Nil	Nil
09/05/14	GDG3: No new interests were declared	Nil	Nil
09/06/14	GDG4: No new interests were declared	Nil	Nil
16/07/14	GDG5: No new interests were declared	Nil	Nil
11/09/14	GDG6: No new interests were declared	Nil	Nil
12/09/14	GDG7: No new interests were declared	Nil	Nil
16/10/14	GDG8: No new interests were declared	Nil	Nil
25/11/14	GDG9: No new interests were declared	Nil	Nil
14/01/15	GDG10: No new interests were declared	Nil	Nil
15/01/15	GDG11: No new interests were declared	Nil	Nil
24/02/15	GDG12: No new interests were declared	Nil	Nil
07/04/15	GDG13: No new interests were declared	Nil	Nil
12/05/15	GDG14: No new interests were declared	Nil	Nil
18/06/15	GDG15: No new interests were declared	Nil	Nil
30/07/15	GDG16: No new interests were declared	Nil	Nil
01/09/15	GDG17: No new interests were declared	Nil	Nil
02/09/15	GDG18: No new interests were declared	Nil	Nil
05/10/15	GDG19: No new interests were declared	Nil	Nil
06/11/15	GDG20: No new interests were declared	Nil	Nil
02/12/15	GDG21: No new interests were declared	Nil	Nil
03/12/15	GDG22: No new interests were declared	Nil	Nil
12/01/16	GDG23: No new interests were declared	Nil	Nil
19/05/16	GDG24: No new interests were declared	Nil	Nil

NIHR team

Date	Item declared	Classification	Action taken
Initial declaration	In receipt of NICE commissions	N/A	N/A

Date	Item declared	Classification	Action taken
18/11/13			
21/02/14	GDG1: No new interests were declared	N::I	NU
21/02/14	GDG2: No new interests were declared	Nil	Nil
01/04/14		Nil	Nil
09/05/14	GDG3: No new interests were declared	Nil	Nil
09/06/14	GDG4: No new interests were declared	Nil	Nil
16/07/14	GDG5: No new interests were declared	Nil	Nil
11/09/14	GDG6: No new interests were declared	Nil	Nil
12/09/14	GDG7: No new interests were declared	Nil	Nil
16/10/14	GDG8: No new interests were declared	Nil	Nil
25/11/14	GDG9: No new interests were declared	Nil	Nil
14/01/15	GDG10: No new interests were declared	Nil	Nil
15/01/15	GDG11: No new interests were declared	Nil	Nil
24/02/15	GDG12: No new interests were declared	Nil	Nil
07/04/15	GDG13: No new interests were declared	Nil	Nil
12/05/15	GDG14: No new interests were declared	Nil	Nil
18/06/15	GDG15: No new interests were declared	Nil	Nil
30/07/15	GDG16: No new interests were declared	Nil	Nil
01/09/15	GDG17: No new interests were declared	Nil	Nil
02/09/15	GDG18: No new interests were declared	Nil	Nil
05/10/15	GDG19: No new interests were declared	Nil	Nil
06/11/15	GDG20: No new interests were declared	Nil	Nil
02/12/15	GDG21: No new interests were declared	Nil	Nil
03/12/15	GDG22: No new interests were declared	Nil	Nil
12/01/16	GDG23: No new interests were declared	Nil	Nil
19/05/16	GDG24: No new interests were declared	Nil	Nil

Appendix C: Clinical review protocols

C.1 Clinical examination

Review question	In people with suspected (or under investigation for) sciatica, what is the clinical and cost effectiveness of clinical examination compared to history alone or history with imaging, when each is followed by treatment for sciatica, in improving patient outcomes?
Objectives	To determine which means of clinical examination is best in terms of leading to improvements in patient outcomes in people with suspected (or under investigation for) sciatica
Review population	People with suspected (or under investigation for) sciatica People aged ≥16 years
Interventions and comparators: generic/class; specific/drug (All interventions will be compared with each other, unless otherwise stated)	Clinical tests (+ treatment); Straight leg raise (also called sciatic nerve stretch test) Clinical tests (+ treatment); Femoral nerve stretch test Clinical tests (+ treatment); Crossed straight leg raise Clinical tests (+ treatment); Motor muscle strength Clinical tests (+ treatment); Dermatome sensory loss Clinical tests (+ treatment); Reflex impairment Clinical tests (+ treatment); Reflex impairment Clinical tests (+ treatment); Slump test Clinical tests (+ treatment); Combination of 2 or more clinical tests History (+ treatment); History alone History (+ treatment); History with imaging *Note: treatment for sciatica can be anything reported in the study that is considered clinically relevant. The treatment given as the consequence of a positive test should be the same as for the index test.
Outcomes	 Quality of life at end of study (Continuous) CRITICAL Pain severity at end of study (Continuous) CRITICAL Function measured by disability score at end of study (Continuous) CRITICAL Psychological distress at end of study (Continuous) CRITICAL Responder criteria (>30% improvement in pain or function) at end of study (Dichotomous) IMPORTANT Adverse events (morbidity) at end of study (Dichotomous) IMPORTANT Healthcare utilisation at end of study (Dichotomous) IMPORTANT
Study design	RCT (test and treat studies)
Unit of randomisation	Patient
Crossover study	Not permitted
Minimum duration of study	No minimum duration
Other exclusions	 Non sciatica population Non-English language studies Conference abstracts will not automatically be excluded from the review but will be initially assessed against the inclusion criteria and then further processed only if no other full publication is available for that review question, in which case the authors of the selected abstracts will be contacted for further information. Unclear examination /no detail of examination given

Table 1: Review protocol: Clinical examination for sciatica

Review question	In people with suspected (or under investigation for) sciatica, what is the clinical and cost effectiveness of clinical examination compared to history alone or history with imaging, when each is followed by treatment for sciatica, in improving patient outcomes?
Other stratifications	None
Subgroup analyses if there is heterogeneity	Duration of symptoms (Acute ; Chronic); Duration of symptoms may affect performance
Search criteria	Databases: Medline, Embase, Cochrane Library Language: English

C.2 Risk assessment tools and stratification

C.2.1 Risk assessment tools

Review question	Which validated risk assessment tools are the most accurate for identifying people with low back pain or sciatica at risk of poor outcome/delayed improvement?
Objectives	To determine the accuracy of risk tools in predicting chronicity of pain in people with non-specific low back pain and sciatica
Population	Two strata: People aged 16 or above with non-specific low back pain People aged 16 or above with sciatica
Risk assessment tool(s)	Validated risk assessment/clinical prediction tools including: STarT Back DRAM ÖREBRO
Target condition	Risk of poor outcome/delayed improvement (as reported by study)
Outcomes (in terms of discrimination/calibratio n)	 Area under the ROC curve (c-index, c-statistic). Sensitivity, specificity, predictive values, likelihood ratio. Predicted risk versus observed risk (calibration). Other outcomes: e.g. D statistic, R² statistic and Brier score, Reclassification
Study design	RCTs Cohort studies Systematic reviews
Exclusions	Case-control studies Cross-sectional studies Mixed chronic pain (not just low back pain) Abstracts Non-English language.
How the information will be searched	Databases: Medline, Embase, Cochrane Library Language: English
Search terms	To be completed by information scientist
The review strategy	Data will be meta-analysed if possible

Table 2: Review protocol: Risk assessment tools

C.2.2 Risk stratification

Table 5. Review protocol. Risk stratification		
Review question	What is the clinical and cost effectiveness of stratifying management of non- specific low back pain or sciatica according to outcome of a risk assessment tool/questionnaire?	
Objectives	Long-term relief of symptoms and interventions for living with low back pain and/or sciatica	
Review population	People aged 16 or above with non-specific low back pain	
	People aged 16 or above with sciatica	
Interventions and comparators:	Risk assessment tools + treatment; STarT Back	
generic/class;	Risk assessment tools + treatment; DRAM Risk assessment tools + treatment; ÖREBRO	
specific/drug	Risk assessment tools + treatment; Gatchel	
	Risk assessment tools + treatment; Hicks/Delitto	
(All interventions will be	Risk assessment tools + treatment; Childs/Flynn	
compared with each	Risk assessment tools + treatment; Hancock	
other, unless otherwise stated)	Risk assessment tools + treatment; O'Sullivan	
statedy	Unstratified treatment; treatment without risk tool	
Outcomes	Quality of life at ≤ 4 months (Continuous) CRITICAL	
	Quality of life at >4 months (Dichotomous) CRITICAL	
	Pain severity at \leq 4 months (Continuous) CRITICAL	
	Pain severity at >4 months (Continuous) CRITICAL	
	Psychological distress (HADS/GHQ/BDI/STAI) at ≤ 4 months (Continuous) CRITICAL	
	Psychological distress (HADS/GHQ/BDI/STAI) at >4 months (Dichotomous) CRITICAL	
	Function (disability scores) at \leq 4 months (Continuous) CRITICAL	
	Function (disability scores) at >4 months (Dichotomous) CRITICAL	
	Healthcare utilisation (prescribing, investigations, hospitalisation or health professional visit) at \leq 4 months (Dichotomous) IMPORTANT	
	Healthcare utilisation (prescribing, investigations, hospitalisation or health professional visit) at >4 months (Dichotomous) IMPORTANT	
	Responder criteria (>30% improvement in pain or function) at \leq 4 months (Dichotomous) IMPORTANT	
	Responder criteria (>30% improvement in pain or function) at >4 months (Dichotomous) IMPORTANT	
	Adverse events (morbidity) at \leq 4 months (Dichotomous) IMPORTANT	
	Adverse events (morbidity) at >4 months (Dichotomous) IMPORTANT	
Study design	RCT	
	Systematic Review	
	Prospective cohort study	
	Retrospective cohort study	
Unit of randomisation	Patient	
Crossover study	Not permitted	
Minimum duration of study	Not defined	
Other exclusions	 Mixed chronic pain (not just low back pain) 	
	Abstracts	
	Non-English language.	

Table 3: Review protocol: Risk stratification

Review question	What is the clinical and cost effectiveness of stratifying management of non- specific low back pain or sciatica according to outcome of a risk assessment tool/questionnaire?
Population stratification	Overall (acute, chronic) with sciatica
	Overall (acute, chronic) without sciatica
Reasons for stratification	People with low back pain alone may respond differently to treatment than people with low back pain and sciatica
Subgroup analyses if there is heterogeneity	Validated and non-validated risk tools (New onset; Recurrent episode); Validated risk tools may stratify with more accuracy
Search criteria	Databases: Medline, Embase, Cochrane Library Language: restrict to English only

C.3 Imaging

Review question	What is the clinical and cost effectiveness of performing imaging (X-ray or MRI) compared with no investigation to improve functional disability, pain or psychological distress in people with low back pain and/or sciatica?
Objectives	To determine the clinical and cost effectiveness of imaging techniques in the management of non-specific low back pain and sciatica
Review population	 People aged 16 or above with non-specific low back pain with or without sciatica People aged 16 or above with sciatica
Interventions and comparators: generic/class; specific/drug (All interventions will be compared with each other, unless otherwise stated)	 Imaging for low back pain; MRI, CT or X-ray Imaging for sciatica; MRI No imaging Deferred imaging
Outcomes	 Quality of life at ≤4 months (Continuous) CRITICAL Quality of life at >4 months (Continuous) CRITICAL Pain severity at ≤4 months (Continuous) CRITICAL Pain severity at >4 months (Continuous) CRITICAL Function at ≤4 months (Continuous) CRITICAL Function at >4 months (Continuous) CRITICAL Function at >4 months (Continuous) CRITICAL Psychological distress at ≤4 months (Continuous) CRITICAL Psychological distress at >4 months (Continuous) CRITICAL Responder criteria (> 30% improvement in pain) at ≤4 months (Dichotomous) IMPORTANT Responder criteria (> 30% improvement in function) at ≤4 months (Dichotomous) IMPORTANT Responder criteria (> 30% improvement in function) at >4 months (Dichotomous) IMPORTANT Responder criteria (> 30% improvement in function) at >4 months (Dichotomous) IMPORTANT Responder criteria (> 30% improvement in function) at >4 months (Dichotomous) IMPORTANT Responder criteria (> 30% improvement in function) at >4 months (Dichotomous) IMPORTANT Responder criteria (> 30% improvement in function) at >4 months (Dichotomous) IMPORTANT Responder criteria (> 30% improvement in function) at >4 months (Dichotomous) IMPORTANT

Table 4: Review protocol: Imaging

 $\ensuremath{\mathbb{C}}$ National Institute for Health and Care Excellence 2016.

Review question	What is the clinical and cost effectiveness of performing imaging (X-ray or MRI) compared with no investigation to improve functional disability, pain or psychological distress in people with low back pain and/or sciatica?
	 Adverse events (morbidity) at >4 months (Dichotomous) IMPORTANT Healthcare utilisation at ≤4 months (Dichotomous) IMPORTANT
	Healthcare utilisation at >4 months (Dichotomous) IMPORTANT
Study design	RCT Prospective cohort study Retrospective cohort study
Unit of randomisation	
Crossover study	Not permitted
Minimum duration of study	Not defined
Other exclusions	 People referred for image guided injections People referred for surgery (already planned) Post-operative imaging Emergency referrals to surgeons Mixed chronic pain (not just low back pain) Abstracts Non-English language.
Population stratification	Low back pain with/without sciatica Sciatica
Reasons for stratification	People with sciatica may respond differently to those with non-specific low back pain only.
Subgroup analyses if there is heterogeneity	• Chronicity (Acute pain; Chronic pain); People with acute pain may respond differently to those with chronic pain
Search criteria	Databases: Medline, Embase, Cochrane Library Language: English

C.4 Self-management

Table 5: Review protocol: Self-management

Review question	What is the clinical and cost effectiveness of self-management in the management of non-specific low back pain and sciatica?	
Objectives	To assess the clinical and cost effectiveness of self-management in the management of people with non-specific low back pain and sciatica	
Review population	 People aged 16 or above with non-specific low back pain People aged 16 or above with sciatica 	
Interventions and comparators: generic/class; specific/drug (All interventions will be compared with each other, unless otherwise stated)	 Self-management Self-management programmes (including education, advice and reassurance) Advice to stay active Advice to bed rest Unsupervised exercise (including exercise prescription, advice to exercise at home) Any other non-invasive intervention included in the guideline 	

	 Combination of interventions: any combination of the non-invasive interventions Placebo/Sham/Attention control 		
	Usual care/waiting list		
Outcomes	 Quality of life at ≤ 4 months (continuous) CRITICAL Quality of life at > 4 months (continuous) CRITICAL Pain severity at ≤ 4 months (continuous) CRITICAL Pain severity at >4 months (continuous) CRITICAL Function (disability scores) at ≤ 4 months (continuous) CRITICAL Function (disability scores) at ≤ 4 months (continuous) CRITICAL Function (disability scores) at ≤ 4 months (continuous) CRITICAL Psychological distress at ≤ 4 months (continuous) CRITICAL Psychological distress at >4 months (continuous) CRITICAL Healthcare utilisation (prescribing, investigations, hospitalisation or health professional visit) at ≤ 4 months (dichotomous) IMPORTANT Healthcare utilisation (prescribing, investigations, hospitalisation or health professional visit) at > 4 months (dichotomous) IMPORTANT Adverse events (morbidity) at ≤ 4 months (dichotomous) IMPORTANT Adverse events (morbidity) at > 4 months (dichotomous) IMPORTANT Responder criteria (> 30% improvement in pain or function) at ≤ 4 months (dichotomous) IMPORTANT Responder criteria (> 30% improvement in pain or function) at ≤ 4 months (dichotomous) IMPORTANT 		
Study design	RCTs and SRs will be included in the first instance. If insufficient RCT evidence to form a recommendation is found, non-randomised studies will be included.		
Unit of randomisation	Patient		
Crossover study	Not permitted		
Minimum duration of study	Not defined		
Other exclusions	 Mixed chronic pain (not just low back pain) Abstracts Non-English language. Within-class comparisons 'Back school' has been considered a specific intervention that is excluded from the protocol on the basis that it is outdated and no longer used Peripheral nerve-field stimulation for chronic low back pain (covered by NICE IPG 451) Pharmacological therapies for management of sciatica Intervention or comparison group containing an invasive intervention (e.g. guarantee and the second structure) 		
Population stratification	surgery, epidurals, facet-joint blocks/injections). Overall (acute, chronic) with sciatica Overall (acute, chronic) without sciatica		
Reasons for stratification	Individuals with sciatica may respond differently to those with lower back pain		
Sensitivity/other analysis	See subgroup analysis		
Subgroup analyses if there is heterogeneity	 Chronicity (Acute pain; Chronic pain); People with acute pain may respond differently to those with chronic pain Individual therapies within a 'class' of therapies (e.g. type of acupuncture, type of manipulation (e.g. high velocity thrust)) 		
Search criteria	Databases: Medline, Embase, Cochrane Library, CINAHL		

Language: English

C.5 Exercise therapies

Table 6: Review protocol: Exercise therapies

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Review question	What is the clinical and cost-effectiveness of exercise therapies in the management of non-specific low back pain and sciatica?	
Objectives	To assess the clinical and cost effectiveness of exercise therapies in the management of people with non-specific low back pain and sciatica	
Review population	 People aged 16 or above with non-specific low back pain People aged 16 or above with sciatica 	
Interventions and comparators: generic/class; specific/drug (All interventions will be compared with each other, unless otherwise stated)	 Exercise Individual Biomechanical exercise Individual Aerobic exercise Individual Mind-body exercise Individual Mixed modality exercise Group biomechanical exercise Group aerobic exercise Group mind-body exercise Group mixed modality exercise Group mixed modality exercise Any other non-invasive intervention included in the guideline Combination of interventions: any combination of the non-invasive interventions Placebo/Sham/Attention control Usual care/waiting-list 	
Outcomes	 Quality of life at ≤ 4 months (continuous) CRITICAL Quality of life at > 4 months (continuous) CRITICAL Pain severity at ≤ 4 months (continuous) CRITICAL Pain severity at >4 months (continuous) CRITICAL Function (disability scores) at ≤ 4 months (continuous) CRITICAL Function (disability scores) at ≤ 4 months (continuous) CRITICAL Function (disability scores) at ≤ 4 months (continuous) CRITICAL Psychological distress at ≤ 4 months (continuous) CRITICAL Psychological distress at >4 months (continuous) CRITICAL Healthcare utilisation (prescribing, investigations, hospitalisation or health professional visit) at ≤ 4 months (dichotomous) IMPORTANT Healthcare utilisation (prescribing, investigations, hospitalisation or health professional visit) at > 4 months (dichotomous) IMPORTANT Adverse events (morbidity) at ≤ 4 months (dichotomous) IMPORTANT Adverse events (morbidity) at > 4 months (dichotomous) IMPORTANT Responder criteria (> 30% improvement in pain or function) at ≤ 4 months (dichotomous) IMPORTANT Responder criteria (> 30% improvement in pain or function) at ≤ 4 months (dichotomous) IMPORTANT 	
Study design	RCTs and SRs will be included in the first instance. If insufficient RCT evidence to form a recommendation is found, non-randomised studies will be included.	
Unit of randomisation	Patient	
Crossover study	Not permitted	
Minimum duration of study	Not defined	

Review question	What is the clinical and cost-effectiveness of exercise therapies in the management of non-specific low back pain and sciatica?
Other exclusions	 Mixed chronic pain (not just low back pain) Abstracts Non-English language Within-class comparison 'Back school' has been considered a specific intervention that is excluded from the protocol on the basis that it is outdated and no longer used Peripheral nerve-field stimulation for chronic low back pain (covered by NICE IPG 451) Pharmacological therapies for management of sciatica Intervention or comparison group containing an invasive intervention (e.g.
Population stratification	surgery, epidurals, facet-joint blocks/injections). Overall (acute, chronic) with sciatica Overall (acute, chronic) without sciatica
Reasons for stratification	Individuals with sciatica may respond differently to those with lower back pain
Sensitivity/other analysis	See subgroup analysis
Subgroup analyses if there is heterogeneity	 Chronicity (Acute pain; Chronic pain); People with acute pain may respond differently to those with chronic pain Individual therapies within a 'class' of therapies (e.g. type of acupuncture, type of manipulation (e.g. high velocity thrust))
Search criteria	Databases: Medline, Embase, Cochrane Library, AMED, CINAHL Language: English

C.6 Postural therapies

Review question	What is the clinical and cost effectiveness of postural therapies in the management of non-specific low back pain and sciatica?
Objectives	To assess the clinical and cost effectiveness of postural therapies in the management of people with non-specific low back pain and sciatica
Review population	 People aged 16 or above with non-specific low back pain People aged 16 or above with sciatica
Interventions and comparators: generic/class; specific/drug (All interventions will be compared with each other, unless otherwise stated)	 Postural therapy postural education/exercise Alexander technique Any other non-invasive intervention included in the guideline Combination of interventions: any combination of the non-invasive interventions Placebo/Sham/Attention control Usual care/ waiting-list
Outcomes	 Quality of life at ≤ 4 months (continuous) CRITICAL Quality of life at > 4 months (continuous) CRITICAL Pain severity at ≤ 4 months (continuous) CRITICAL Pain severity at >4 months (continuous) CRITICAL Function (disability scores) at ≤ 4 months (continuous) CRITICAL Function (disability scores) at ≤ 4 months (continuous) CRITICAL Psychological distress at ≤ 4 months (continuous) CRITICAL

Table 7: Review protocol: Postural therapies

	 Psychological distress at >4 months (continuous) CRITICAL Healthcare utilisation (prescribing, investigations, hospitalisation or health professional visit) at ≤ 4 months (dichotomous) IMPORTANT Healthcare utilisation (prescribing, investigations, hospitalisation or health professional visit) at > 4 months (dichotomous) IMPORTANT Adverse events (morbidity) at ≤ 4 months (dichotomous) IMPORTANT Adverse events (morbidity) at > 4 months (dichotomous) IMPORTANT Adverse events (morbidity) at > 4 months (dichotomous) IMPORTANT Responder criteria (> 30% improvement in pain or function) at ≤ 4 months (dichotomous) IMPORTANT Responder criteria (> 30% improvement in pain or function) at ≤ 4 months (dichotomous) IMPORTANT
Study design	RCTs and SRs will be included in the first instance. If insufficient RCT evidence to form a recommendation is found, non-randomised studies will be included.
Unit of randomisation	Patient
Crossover study	Not permitted
Minimum duration of study	Not defined
Other exclusions	 Mixed chronic pain (not just low back pain) Abstracts Non-English language Within-class comparison 'Back school' has been considered a specific intervention that is excluded from the protocol on the basis that it is outdated and no longer used Peripheral nerve-field stimulation for chronic low back pain (covered by NICE IPG 451) Pharmacological therapies for management of sciatica Intervention or comparison group containing an invasive intervention (e.g. surgery, epidurals, facet-joint blocks/injections).
Population stratification	Overall (acute, chronic) with sciatica Overall (acute, chronic) without sciatica
Reasons for stratification	Individuals with sciatica may respond differently to those with lower back pain
Sensitivity/other analysis	See subgroup analysis
Subgroup analyses if there is heterogeneity	 Chronicity (Acute pain; Chronic pain); People with acute pain may respond differently to those with chronic pain Individual therapies within a 'class' of therapies (e.g. type of acupuncture, type of manipulation (e.g. high velocity thrust))
Search criteria	Databases: Medline, Embase, Cochrane Library, AMED, CINAHL Language: English

C.7 Orthotics

Table 8: Review protocol: Orthotics and appliances

Review question	What is the clinical and cost effectiveness of orthotics and appliances in the management of non-specific low back pain and sciatica?
Objectives	To assess the clinical and cost effectiveness of orthotics in the management of people with non-specific low back pain and sciatica
Review population	 People aged 16 or above with non-specific low back pain People aged 16 or above with sciatica
Interventions and	• Orthotics

comparators: generic/class; specific/drug (All interventions will be compared with each other, unless otherwise stated)	 Orthopaedic shoes Belts/corsets Any other non-invasive intervention included in the guideline Combination of interventions: any combination of the non-invasive interventions Placebo/Sham/Attention control Usual care/waiting-list 		
Outcomes	 Quality of life at ≤ 4 months (continuous) CRITICAL Quality of life at > 4 months (continuous) CRITICAL Pain severity at ≤ 4 months (continuous) CRITICAL Pain severity at >4 months (continuous) CRITICAL Function (disability scores) at ≤ 4 months (continuous) CRITICAL Function (disability scores) at ≤ 4 months (continuous) CRITICAL Function (disability scores) at ≤ 4 months (continuous) CRITICAL Psychological distress at ≤ 4 months (continuous) CRITICAL Psychological distress at >4 months (continuous) CRITICAL Healthcare utilisation (prescribing, investigations, hospitalisation or health professional visit) at ≤ 4 months (dichotomous) IMPORTANT Healthcare utilisation (prescribing, investigations, hospitalisation or health professional visit) at > 4 months (dichotomous) IMPORTANT Adverse events (morbidity) at ≤ 4 months (dichotomous) IMPORTANT Adverse events (morbidity) at > 4 months (dichotomous) IMPORTANT Responder criteria (> 30% improvement in pain or function) at ≤ 4 months (dichotomous) IMPORTANT Responder criteria (> 30% improvement in pain or function) at ≤ 4 months (dichotomous) IMPORTANT 		
Study design	RCTs and SRs will be included in the first instance. If insufficient RCT evidence to form a recommendation is found, non-randomised studies will be included.		
Unit of randomisation	Patient		
Crossover study	Not permitted		
Minimum duration of study	Not defined		
Other exclusions	 Mixed chronic pain (not just low back pain) Abstracts Non-English language. Within-class comparison 'Back school' has been considered a specific intervention that is excluded from the protocol on the basis that it is outdated and no longer used Peripheral nerve-field stimulation for chronic low back pain (covered by NICE IPG 451) Pharmacological therapies for management of sciatica Intervention or comparison group containing an invasive intervention (e.g. surgery, epidurals, facet-joint blocks/injections). 		
Population stratification	Overall (acute, chronic) with sciatica Overall (acute, chronic) without sciatica		
Reasons for stratification	Individuals with sciatica may respond differently to those with lower back pain		
Sensitivity/other analysis	See subgroup analysis		
Subgroup analyses if there is heterogeneity	 Chronicity (Acute pain; Chronic pain); People with acute pain may respond differently to those with chronic pain Individual therapies within a 'class' of therapies (e.g. type of acupuncture, type of manipulation (e.g. high velocity thrust)) 		

Search criteria	Databases: Medline, Embase, Cochrane Library, AMED, CINAHL
	Language: English

C.8 Manual therapies

Table 9:	Review	protocol: Manual therapies

Review question	What is the clinical and cost effectiveness of manual therapies in the management of non-specific low back pain and sciatica?	
Objectives	To assess the clinical and cost effectiveness of manual therapies in the management of people with non-specific low back pain and sciatica	
Review population	 People aged 16 or above with non-specific low back pain People aged 16 or above with sciatica 	
Interventions and comparators: generic/class; specific/drug (All interventions will be compared with each other, unless otherwise stated)	 Manual therapy soft tissue techniques (including massage, muscle energy technique and myofascial release) traction manipulation/mobilisation (including spinal manipulation therapy (SMT) and Maitland technique) mixed modality manual therapy Any other non-invasive intervention included in the guideline Combination of interventions: any combination of non-invasive interventions Placebo/Sham/Attention control Usual care/waiting-list 	
Outcomes		
Study design	RCTs and SRs will be included in the first instance. If insufficient RCT evidence to form a recommendation is found, non-randomised studies will be included	
Unit of randomisation	Patient	
Crossover study	Not permitted	
Minimum duration of study	Not defined	

Review question	What is the clinical and cost effectiveness of manual therapies in the management of non-specific low back pain and sciatica?
Other exclusions	 Mixed chronic pain (not just low back pain) Abstracts
	Non-English language
	Within-class comparison
	• 'Back school' has been considered a specific intervention that is excluded from the protocol on the basis that it is outdated and no longer used
	 Peripheral nerve-field stimulation for chronic low back pain (covered by NICE IPG 451)
	 Pharmacological therapies for management of sciatica
	 Intervention or comparison group containing an invasive intervention (e.g. surgery, epidurals, facet-joint blocks/injections).
Population stratification	Overall (acute, chronic) with sciatica Overall (acute, chronic) without sciatica
Reasons for stratification	Individuals with sciatica may respond differently to those with low back pain
Sensitivity/other analysis	See subgroup analysis
Subgroup analyses if there is heterogeneity	• Chronicity (Acute pain; Chronic pain); People with acute pain may respond differently to those with chronic pain
	 Individual therapies within a 'class' of therapies (e.g. type of acupuncture, type of manipulation (e.g. high velocity thrust))
Search criteria	Databases: Medline, Embase, Cochrane Library, AMED, CINAHL Language: English

C.9 Acupuncture

Review question	What is the clinical and cost-effectiveness of acupuncture in the management of non-specific low back pain and sciatica?
Objectives	To assess the clinical and cost effectiveness of acupuncture in the management of people with non-specific low back pain and sciatica
Review population	 People aged 16 years or above with non-specific low back pain People aged 16 years or above with sciatica
Interventions and comparators: generic/class; specific/drug (All interventions will be compared with each other, unless otherwise stated)	 Acupuncture Any other non-invasive intervention included in the guideline Combination of interventions: any combination of the non-invasive interventions Placebo/Sham/Attention control Usual care/waiting list
Outcomes	 Quality of life at ≤ 4 months (continuous) CRITICAL Quality of life at > 4 months (continuous) CRITICAL Pain severity at ≤ 4 months (continuous) CRITICAL Pain severity at >4 months (continuous) CRITICAL Function (disability scores) at ≤ 4 months (continuous) CRITICAL Function (disability scores) at ≤ 4 months (continuous) CRITICAL Psychological distress at ≤ 4 months (continuous) CRITICAL Psychological distress at >4 months (continuous) CRITICAL

Table 10: Review protocol: Acupuncture

	What is the clinical and cost-effectiveness of acupuncture in the management
Review question	of non-specific low back pain and sciatica?
	 Healthcare utilisation (prescribing, investigations, hospitalisation or health professional visit) at ≤ 4 months (dichotomous) IMPORTANT Healthcare utilisation (prescribing, investigations, hospitalisation or health professional visit) at > 4 months (dichotomous) IMPORTANT Adverse events (morbidity) at ≤ 4 months (dichotomous) IMPORTANT Adverse events (morbidity) at > 4 months (dichotomous) IMPORTANT Adverse events (morbidity) at ≤ 4 months (dichotomous) IMPORTANT Adverse events (mortality) at ≤ 4 months (dichotomous) IMPORTANT Adverse events (mortality) at ≤ 4 months (dichotomous) IMPORTANT Adverse events (mortality) at > 4 months (dichotomous) IMPORTANT Adverse events (mortality) at > 4 months (dichotomous) IMPORTANT Responder criteria (> 30% improvement in pain or function) at ≤ 4 months (dichotomous) IMPORTANT Responder criteria (> 30% improvement in pain or function) at ≤ 4 months (dichotomous) IMPORTANT
Study design	RCTs and SRs will be included in the first instance. If insufficient RCT evidence to form a recommendation is found, non-randomised studies will be included
Unit of randomisation	Patient
Crossover study	Not permitted
Minimum duration of study	Not defined
Other exclusions	 Mixed chronic pain (not just low back pain) Abstracts Non-English language Within-class comparison 'Back school' has been considered a specific intervention that is excluded from the protocol on the basis that it is outdated and no longer used Peripheral nerve-field stimulation for chronic low back pain (covered by NICE IPG 451) Pharmacological therapies for management of sciatica Intervention or comparison group containing an invasive intervention (e.g. surgery, epidurals, facet-joint blocks/injections).
Population stratification	Overall (acute, chronic) with sciatica Overall (acute, chronic) without sciatica
Reasons for stratification	Individuals with sciatica may respond differently to those with low back pain
Sensitivity/other analysis	See subgroup analysis
Subgroup analyses if there is heterogeneity	 Chronicity (Acute pain; Chronic pain); People with acute pain may respond differently to those with chronic pain Individual therapies within a 'class' of therapies (e.g. type of acupuncture, type of manipulation (e.g. high velocity thrust))
Search criteria	Databases: Medline, Embase, Cochrane Library, AMED, CINAHL Language: English

C.10 Electrotherapies

Table 11. Review protocol. electrotherapies	
Component	What is the clinical and cost effectiveness of electrotherapy (non-invasive interventions) in the management of non-specific low back pain and sciatica?
Objectives	To assess the clinical and cost effectiveness of electrotherapies in the management of people with non-specific low back pain and sciatica

 Table 11:
 Review protocol: electrotherapies

Component	What is the clinical and cost effectiveness of electrotherapy (non-invasive interventions) in the management of non-specific low back pain and sciatica?
Review population	 People aged 16 years or above with non-specific low back pain People aged 16 years or above with sciatica
Interventions and comparators: generic/class; specific/drug	 Electrotherapy TENS (Transcutaneous Electrical Nerve Stimulation) PENS (Percutaneous Electric Nerve Stimulation) Interferential therapy Laser therapy
(All interventions will be compared with each other, unless otherwise stated)	 Therapeutic ultrasound Any other non-invasive intervention included in the guideline Combination of interventions: any combination of the non-invasive interventions Placebo/Sham/Attention control
Outcomes	 Usual care/waiting-list Quality of life at ≤ 4 months (continuous) CRITICAL Quality of life at > 4 months (continuous) CRITICAL Pain severity at ≤ 4 months (continuous) CRITICAL Pain severity at >4 months (continuous) CRITICAL Pain severity at >4 months (continuous) CRITICAL Function (disability scores) at ≤ 4 months (continuous) CRITICAL Function (disability scores) at ≤ 4 months (continuous) CRITICAL Psychological distress at ≤ 4 months (continuous) CRITICAL Psychological distress at >4 months (continuous) CRITICAL Healthcare utilisation (prescribing, investigations, hospitalisation or health professional visit) at ≤ 4 months (dichotomous) IMPORTANT Healthcare utilisation (prescribing, investigations, hospitalisation or health professional visit) at > 4 months (dichotomous) IMPORTANT Adverse events (morbidity) at > 4 months (dichotomous) IMPORTANT Adverse events (morbidity) at > 4 months (dichotomous) IMPORTANT Adverse events (mortality) at > 4 months (dichotomous) IMPORTANT Adverse events (mortality) at > 4 months (dichotomous) IMPORTANT Adverse events (mortality) at > 4 months (dichotomous) IMPORTANT Adverse events (mortality) at > 4 months (dichotomous) IMPORTANT Adverse events (mortality) at > 4 months (dichotomous) IMPORTANT Adverse events (mortality) at > 4 months (dichotomous) IMPORTANT Adverse events (mortality) at > 4 months (dichotomous) IMPORTANT Adverse events (mortality) at > 4 months (dichotomous) IMPORTANT Responder criteria (> 30% improvement in pain or function) at ≤ 4 months (dichotomous) IMPORTANT Responder criteria (> 30% improvement in pain or function) at ≤ 4 months
Study design	(dichotomous) IMPORTANT RCTs and SRs will be included in the first instance. If insufficient RCT evidence to form a recommendation is found, non-randomised studies will be included.
Unit of randomisation	Patient
Crossover study	Not permitted
Minimum duration of study	Not defined
Other exclusions	 Mixed chronic pain (not just low back pain) Abstracts Non-English language Within-class comparison 'Back school' has been considered a specific intervention that is excluded from the protocol on the basis that it is outdated and no longer used Peripheral nerve-field stimulation for chronic low back pain (covered by NICE IPG 451)

Component	What is the clinical and cost effectiveness of electrotherapy (non-invasive interventions) in the management of non-specific low back pain and sciatica?
	 Pharmacological therapies for management of sciatica
	 Intervention or comparison group containing an invasive intervention (e.g. surgery, epidurals, facet-joint blocks/injections).
Population stratification	Overall (acute, chronic) with sciatica
	Overall (acute, chronic) without sciatica
Reasons for stratification	Individuals with sciatica may respond differently to those with lower back pain
Sensitivity/other analysis	See subgroup analysis
Subgroup analyses if there is heterogeneity	 Chronicity (Acute pain; Chronic pain); People with acute pain may respond differently to those with chronic pain
	 Individual therapies within a 'class' of therapies (e.g. type of acupuncture, type of manipulation (e.g. high velocity thrust))
Search criteria	Databases: Medline, Embase, Cochrane Library, CINAHL Language: English

C.11 Psychological interventions

Table 12: Review protocol: Psychological interventions		
Review question	What is the clinical and cost effectiveness of psychological interventions in the management of non-specific low back pain and sciatica?	
Objectives	To assess the clinical and cost effectiveness of psychological interventions in the management of people with non-specific low back pain and sciatica	
Review population	 People aged 16 years or above with non-specific low back pain People aged 16 years or above with sciatica 	
Interventions and comparators: generic/class; specific/drug (All interventions will be compared with each other, unless otherwise stated)	 Psychological interventions Cognitive therapy Behavioural therapy Cognitive behavioural approach (CBA) Acceptance and commitment therapy (ACT) Mindfulness Any other non-invasive intervention included in the guideline Combination of interventions: any combination of the non-invasive interventions Placebo/Sham/Attention control Usual care/waiting-list 	
Outcomes	 Quality of life at ≤ 4 months (continuous) CRITICAL Quality of life at > 4 months (continuous) CRITICAL Pain severity at ≤ 4 months (continuous) CRITICAL Pain severity at >4 months (continuous) CRITICAL Function (disability scores) at ≤ 4 months (continuous) CRITICAL Function (disability scores) at ≤ 4 months (continuous) CRITICAL Function (disability scores) at ≤ 4 months (continuous) CRITICAL Psychological distress at ≤ 4 months (continuous) CRITICAL Psychological distress at >4 months (continuous) CRITICAL Healthcare utilisation (prescribing, investigations, hospitalisation or health professional visit) at ≤ 4 months (dichotomous) IMPORTANT Healthcare utilisation (prescribing, investigations, hospitalisation or health professional visit) at > 4 months (dichotomous) IMPORTANT Adverse events (morbidity) at ≤ 4 months (dichotomous) IMPORTANT 	

Table 12: Review protocol: Psychological interventions

	What is the clinical and cost effectiveness of psychological interventions in
Review question	the management of non-specific low back pain and sciatica?
	 Adverse events (morbidity) at > 4 months (dichotomous) IMPORTANT
	 Responder criteria (> 30% improvement in pain or function) at ≤ 4 months (dichotomous) IMPORTANT
	 Responder criteria (> 30% improvement in pain or function) at ≤ 4 months (dichotomous) IMPORTANT
Study design	RCTs and SRs will be included in the first instance. If insufficient RCT evidence to form a recommendation is found, non-randomised studies will be included.
Unit of randomisation	Patient
Crossover study	Not permitted
Minimum duration of study	Not defined
Other exclusions	 Mixed chronic pain (not just low back pain) Abstracts
	 Conference abstracts will not automatically be excluded from the review but will be initially assessed against the inclusion criteria and then further processed only if no other full publication is available for that review question, in which case the authors of the selected abstracts will be contacted for further information.
	Non-English language
	Within-class comparison
	 'Back school' has been considered a specific intervention that is excluded from the protocol on the basis that it is outdated and no longer used
	• Peripheral nerve-field stimulation for chronic low back pain (covered by NICE IPG 451)
	 Pharmacological therapies for management of sciatica
	 Intervention or comparison group containing an invasive intervention (e.g. surgery, epidurals, facet-joint blocks/injections).
Population stratification	Overall (acute, chronic) with sciatica Overall (acute, chronic) without sciatica
Reasons for stratification	Individuals with sciatica may respond differently to those with lower back pain
Sensitivity/other analysis	See subgroup analysis
Subgroup analyses if there is heterogeneity	• Chronicity (Acute pain; Chronic pain); People with acute pain may respond differently to those with chronic pain
	 Individual therapies within a 'class' of therapies (e.g. type of acupuncture, type of manipulation (e.g. high velocity thrust))
Search criteria	Databases: Medline, Embase, Cochrane Library, PsycINFO, Language: English

C.12 Pharmacological interventions

Table 13: Review protocol: pharmacological interventions

Review question	What is the clinical and cost effectiveness of pharmacological treatment in the management of non-specific low back pain?
Objectives	To assess the clinical and cost effectiveness of pharmacological interventions in the management of people with non-specific low back pain and sciatica
Review population	 People aged 16 or above with non-specific low back pain People aged 16 or above with sciatica

Review question	What is the clinical and cost effectiveness of pharmacological treatment in the management of non-specific low back pain?
Interventions and comparators: generic/class; specific/drug (All interventions will be compared with each other, unless otherwise stated)	 Pharmacological treatment (oral/sublingual, rectal, intra-muscular and transdermal but not intravenous) Paracetamol Non-steroidal anti-inflammatory drugs Opioid analgesics Muscle relaxants Antidepressants SSRIs SNRIs Tri-cyclic antidepressants Anticonvulsants Gabapentinoids Other anticonvulsants Antibiotics Vitamin D Any other non-invasive intervention included in the guideline Combination of interventions: any combination of the non-invasive interventions Placebo/Sham/Attention control Usual care/waiting-list
Outcomes	 Usual care/Waiting-list Quality of life at ≤ 4 months (continuous) CRITICAL Quality of life at > 4 months (continuous) CRITICAL Pain severity at ≤ 4 months (continuous) CRITICAL Pain severity at >4 months (continuous) CRITICAL Function (disability scores) at ≤ 4 months (continuous) CRITICAL Function (disability scores) at ≤ 4 months (continuous) CRITICAL Psychological distress at ≤ 4 months (continuous) CRITICAL Psychological distress at >4 months (continuous) CRITICAL Psychological distress at >4 months (continuous) CRITICAL Healthcare utilisation (prescribing, investigations, hospitalisation or health professional visit) at ≤ 4 months (dichotomous) IMPORTANT Healthcare utilisation (prescribing, investigations, hospitalisation or health professional visit) at > 4 months (dichotomous) IMPORTANT Adverse events (morbidity) at ≤ 4 months (dichotomous) IMPORTANT Adverse events (morbidity) at ≤ 4 months (dichotomous) IMPORTANT Adverse events (morbidity) at ≤ 4 months (dichotomous) IMPORTANT Adverse events (mortality) at ≤ 4 months (dichotomous) IMPORTANT Adverse events (mortality) at > 4 months (dichotomous) IMPORTANT Adverse events (mortality) at > 4 months (dichotomous) IMPORTANT Responder criteria (> 30% improvement in pain or function) at ≤ 4 months (dichotomous) IMPORTANT Responder criteria (> 30% improvement in pain or function) at ≤ 4 months (dichotomous) IMPORTANT
Study design	RCTs and SRs will be included in the first instance. If insufficient RCT evidence to form a recommendation is found, non-randomised studies will be included.
Unit of randomisation	Patient
Crossover study	Not permitted
Minimum duration of study	Not defined
Other exclusions	Mixed chronic pain (not just low back pain)Abstracts

Review question	What is the clinical and cost effectiveness of pharmacological treatment in the management of non-specific low back pain?
	Non-English language
	Within-class comparison
	 'Back school' has been considered a specific intervention that is excluded from the protocol on the basis that it is outdated and no longer used
	• Peripheral nerve-field stimulation for chronic low back pain (covered by NICE IPG 451)
	 Pharmacological therapies for management of sciatica
	 Intervention or comparison group containing an invasive intervention (e.g. surgery, epidurals, facet-joint blocks/injections).
Population stratification	Overall (acute, chronic) with sciatica Overall (acute, chronic) without sciatica
Reasons for stratification	Individuals with sciatica may respond differently to those with lower back pain
Sensitivity/other analysis	See subgroup analysis
Subgroup analyses if there is heterogeneity	 Chronicity (Acute pain; Chronic pain); People with acute pain may respond differently to those with chronic pain
	 Individual therapies within a 'class' of therapies (e.g. type of acupuncture, type of manipulation (e.g. high velocity thrust))
Search criteria	Databases: Medline, Embase, Cochrane Library, AMED, CINAHL, PsycINFO Language: English

C.13 Multidisciplinary biopsychosocial rehabilitation (MBR) programmes

Table 14: Review protocol: combined interventions: multidisciplinary biopsychosocial rehabilitation (MBR) programmes

Review question	What is the clinical and cost effectiveness of multidisciplinary biopsychosocial rehabilitation (MBR) programmes in the management of non-specific low back pain and sciatica?
Objectives	To assess the clinical and cost effectiveness of multidisciplinary biopsychosocial rehabilitation (MBR) programmes in the management of people with non-specific low back pain and sciatica
Review population	 People aged 16 years or above with non-specific low back pain People aged 16 years or above with sciatica
Interventions and comparators: generic/class; specific/drug (All interventions will be compared with each other, unless otherwise stated)	 Combinations of interventions: Any combination of the non-invasive interventions (Exercise interventions, Postural therapies, Manual therapies, Electrotherapy, Orthotics and appliances, Acupuncture, Self-management strategies, Psychological interventions, Pharmacological treatment (oral/sublingual, rectal, intra-muscular and transdermal but not intravenous)). All patients should receive the same specified combination of intervention for a study to be included. Uni-disciplinary programmes including combined concepts: where it is one profession (usually Physio) who may be using cognitive - behavioural principles or a cognitive - behavioural approach, alongside exercise / education. Multidisciplinary biopsychosocial programmes that target factors from the different domains (physical, psychological and social), delivered by clinicians from at least two different professional backgrounds'. Irrespective of the number of people who deliver the programme (Uni- and

	What is the clinical and cost effectiveness of multidisciplinary biopsychosocial rehabilitation (MBR) programmes in the management of non-specific low
Review question	back pain and sciatica?
	 multi-disciplinary pooled) Must have a physical component plus at least 1 other core elements (psychological/educational) 3 core elements: Physical + psychological + educational 2 core elements: Physical + psychological 2 core elements: Physical + educational Tailored components are acceptable as long as these components are described, and must be given in addition to a defined component (eg. acupuncture + tailored vs. tailored = acceptable; tailored vs. tailored = exclude) Interventions/multidisciplinary programmes with a specified return to work focus (or including ergonomic interventions). Studies will only be included in this category if the intervention description suggests a specific return to work element. Having 'return to work' as an outcome will not be used as a way to determine which studies should be included in this category. Any other non-invasive intervention included in the guideline Placebo/Sham/Attention control Usual care/waiting list
Outcomes	 Quality of life at ≤ 4 months (continuous) CRITICAL Quality of life at > 4 months (continuous) CRITICAL Pain severity at ≤ 4 months (continuous) CRITICAL Pain severity at >4 months (continuous) CRITICAL Pain severity at >4 months (continuous) CRITICAL Pain severity at >4 months (continuous) CRITICAL Function (disability scores) at ≤ 4 months (continuous) CRITICAL Function (disability scores) at ≤ 4 months (continuous) CRITICAL Psychological distress at ≤ 4 months (continuous) CRITICAL Psychological distress at >4 months (continuous) CRITICAL Psychological distress at >4 months (continuous) CRITICAL Healthcare utilisation (prescribing, investigations, hospitalisation or health professional visit) at ≤ 4 months (dichotomous) IMPORTANT Healthcare utilisation (prescribing, investigations, hospitalisation or health professional visit) at > 4 months (dichotomous) IMPORTANT Adverse events (morbidity) at ≤ 4 months (dichotomous) IMPORTANT Adverse events (morbidity) at > 4 months (dichotomous) IMPORTANT Adverse events (mortality) at > 4 months (dichotomous) IMPORTANT Adverse events (mortality) at > 4 months (dichotomous) IMPORTANT Adverse events (mortality) at > 4 months (dichotomous) IMPORTANT Responder criteria (> 30% improvement in pain or function) < 4 months (dichotomous) IMPORTANT Responder criteria (> 30% improvement in pain or function) > 4 months (dichotomous) IMPORTANT Return to work at ≤ 4 months (dichotomous) IMPORTANT
Study design	RCTs and SRs will be included in the first instance. If insufficient RCT evidence to form a recommendation is found, non-randomised studies will be included.
Unit of randomisation	Patient
Crossover study	Not permitted
Minimum duration of study	Not defined
Other exclusions	Mixed chronic pain (not just low back pain)
	- mixed enrolle pair (not just low back pair)

Review question	What is the clinical and cost effectiveness of multidisciplinary biopsychosocial rehabilitation (MBR) programmes in the management of non-specific low back pain and sciatica?
Review question	 Abstracts Non-English language. 'Back school' has been considered a specific intervention that is excluded from the protocol on the basis that it is outdated and no longer used. Peripheral nerve-field stimulation for chronic low back pain (covered by NICE IPG 451) Pharmacological therapies for management of sciatica If a study includes additional interventions to the above any of the 3 core elements, it will be excluded (unless it is considered a standard background therapy – standard background therapy can include paracetamol, NSAIDs). Study not clearly describing the interventions used (it must specify the modality as well as the class). If both arms receive these interventions they would not be excluded. Note that the specified combinations interventions Multidisciplinary pain programmes and interventions/multidisciplinary programmes with a specified return to work focus are an exception to this as it is considered a recommendation regarding such a programme could be
	 appropriate. Intervention or comparison group containing an invasive intervention (e.g. surgery, epidurals, facet-joint blocks/injections).
Population stratification	Overall (acute, chronic) with sciatica Overall (acute, chronic) without sciatica
Reasons for stratification	Individuals with sciatica may respond differently to those with low back pain
Sensitivity/other analysis	See subgroup analysis
Subgroup analyses if there is heterogeneity	 Chronicity (Acute pain; Chronic pain); People with acute pain may respond differently to those with chronic pain Individual therapies within a 'class' of therapies (e.g. type of acupuncture, type of manipulation (e.g. high velocity thrust))
Search criteria	Databases: Medline, Embase, Cochrane Library, AMED, CINAHL, PsycINFO Language: English

C.14 Return to work programmes

Table 15: Review protocol: combination of intervention: return to work programmes		

Review question	What is the clinical and cost effectiveness of return to work programmes in the management of non-specific low back pain and sciatica?
Objectives	To assess the clinical and cost effectiveness of return to work programmes in the management of people with non-specific low back pain and sciatica
Review population	 People aged 16 years or above with non-specific low back pain People aged 16 years or above with sciatica
Interventions and comparators: generic/class; specific/drug (All interventions will be compared with each other, unless otherwise	 Combinations of interventions: Any combination of the non-invasive interventions (Exercise interventions, Postural therapies, Manual therapies, Electrotherapy, Orthotics and appliances, Acupuncture, Self-management strategies, Psychological interventions, Pharmacological treatment (oral/sublingual, rectal, intra-muscular and transdermal but not intravenous)). All patients should receive the same specified combination of intervention

Review question	What is the clinical and cost effectiveness of return to work programmes in the management of non-specific low back pain and sciatica?
stated)	for a study to be included.
stateuj	 Uni-disciplinary programmes including combined concepts: where it is one profession (usually Physio) who may be using cognitive - behavioural principles or a cognitive - behavioural approach, alongside exercise / education.
	• Multidisciplinary biopsychosocial programmes. Multidisciplinary defined as: 'multidisciplinary biopsychosocial programmes that target factors from the different domains (physical, psychological and social), delivered by clinicians from at least two different professional backgrounds'.
	 Irrespective of the number of people who deliver the programme (Uni- and multi-disciplinary pooled)
	 Must have a physical component plus at least 1 other core elements (psychological/educational)
	 Tailored components are acceptable as long as these components are described, and must be given in addition to a defined component (eg. acupuncture + tailored vs. tailored = acceptable; tailored vs. tailored = exclude)
	 Interventions/multidisciplinary programmes with a specified return to work focus (or including ergonomic interventions).
	 Studies will only be included in this category if the intervention description suggests a specific return to work element. Having 'return to work' as an outcome will not be used as a way to determine which studies should be included in this category.
	 Any other non-invasive intervention included in the guideline
	Placebo/Sham/Attention control
	Usual care/waiting list
Outcomes	 Quality of life at ≤ 4 months (continuous) CRITICAL
	 Quality of life at > 4 months (continuous) CRITICAL
	 Pain severity at ≤ 4 months (continuous) CRITICAL
	 Pain severity at >4 months (continuous) CRITICAL
	• Function (disability scores) at ≤ 4 months (continuous) CRITICAL
	• Function (disability scores) at ≤ 4 months (continuous) CRITICAL
	 Psychological distress at ≤ 4 months (continuous) CRITICAL
	 Psychological distress at >4 months (continuous) CRITICAL
	 Return to work at ≤ 4 months (dichotomous) CRITICAL
	 Return to work at > 4 months (dichotomous) CRITICAL
	 Responder criteria (> 30% improvement in pain or function) ≤ 4 months (dichotomous) IMPORTANT
	 Responder criteria (> 30% improvement in pain or function) > 4 months (dichotomous) IMPORTANT
	 Healthcare utilisation (prescribing, investigations, hospitalisation or health professional visit) at ≤ 4 months (dichotomous) IMPORTANT
	 Healthcare utilisation (prescribing, investigations, hospitalisation or health professional visit) at > 4 months (dichotomous) IMPORTANT
	 Adverse events (morbidity) at ≤ 4 months (dichotomous) IMPORTANT Adverse events (morbidity) at > 4 months (dichotomous) IMPORTANT
Study design	RCTs and SRs will be included in the first instance. If insufficient RCT evidence to form a recommendation is found, non-randomised studies will be included.
Unit of randomisation	Patient
Crossover study	Not permitted
,	

Review question	What is the clinical and cost effectiveness of return to work programmes in the management of non-specific low back pain and sciatica?
Minimum duration of study	Not defined
Other exclusions	 Mixed chronic pain (not just low back pain) Abstracts Non-English language. 'Back school' has been considered a specific intervention that is excluded from the protocol on the basis that it is outdated and no longer used. Peripheral nerve-field stimulation for chronic low back pain (covered by NICE IPG 451) Pharmacological therapies for management of sciatica Intervention or comparison group containing an invasive intervention (e.g. surgery, epidurals, facet-joint blocks/injections). If a study includes additional interventions to the above any of the 3 core elements, it will be excluded (unless it is considered a standard background therapy – standard background therapy can include paracetamol, NSAIDs). Study not clearly describing the interventions used (it must specify the modality as well as the class). If both arms receive these interventions they would not be excluded. Note that the specified combinations interventions Multidisciplinary pain programmes and interventions/multidisciplinary programmes with a specified return to work focus are an exception to this as it is considered a recommendation regarding such a programme could be appropriate.
Population stratification	Overall (acute, chronic) with sciatica Overall (acute, chronic) without sciatica
Reasons for stratification	Individuals with sciatica may respond differently to those with low back pain
Sensitivity/other analysis	See subgroup analysis
Subgroup analyses if there is heterogeneity	 Chronicity (Acute pain; Chronic pain); People with acute pain may respond differently to those with chronic pain Individual therapies within a 'class' of therapies (e.g. type of acupuncture, type of manipulation (e.g. high velocity thrust))
Search criteria	Databases: Medline, Embase, Cochrane Library, AMED, CINAHL, PsycINFO Language: English

C.15 Spinal injections

Table 16: Review protocol: Spinal Injections	
Review question	What is the clinical and cost effectiveness of spinal injections in the management of non-specific low back pain?
Objectives	To assess the clinical and cost effectiveness of spinal injections in the management of people with non-specific low back pain
Review population	People aged 16 years or above with non-specific low back pain.Populations with low back pain only and low back pain with/without sciatica will be pooled for analysis.
Interventions and comparators: generic/class; specific/drug (All interventions will be	Agents (alone and in combination): • Steroid • Local anaesthetic • Sclerosants • Botox

Table 16: Review protocol: Spinal Injections

Review question	What is the clinical and cost effectiveness of spinal injections in the management of non-specific low back pain?
compared with each other, unless otherwise stated)	• Hyaluronans Interventional agents to be compared versus each other (across class
	 comparisons) and versus other treatments below: Sham (needle alone)/placebo/saline
	Usual care
	 Other treatment (non-invasive and invasive treatments being considered by the guideline)
Outcomes	• Quality of life at ≤4 months (Continuous) CRITICAL
	• Quality of life at >4 months (Continuous) CRITICAL
	 Pain severity at ≤4 months (Continuous) CRITICAL
	Pain severity at >4 months (Continuous) CRITICAL
	 Function (disability scores) at ≤4 months (Continuous) CRITICAL Function (disability scores) at ≤ 4 months (Continuous) CRITICAL
	• Function (disability scores) at >4 months (Continuous) CRITICAL
	 Psychological distress at ≤4 months (Continuous) CRITICAL Dsuch algorized distress at ≥4 months (Continuous) CRITICAL
	 Psychological distress at >4 months (Continuous) CRITICAL Responder criteria (> 30% improvement in pain or function) at ≤4 months
	(Dichotomous) IMPORTANT
	 Responder criteria (> 30% improvement in pain or function) at >4 months (Dichotomous) IMPORTANT
	 Healthcare utilisation (prescribing, investigations, hospitalisation or health professional visit) at ≤4 months (Dichotomous) IMPORTANT
	 Healthcare utilisation at >4 months (Dichotomous) IMPORTANT
	 Adverse events (morbidity) at ≤4 months (Dichotomous) CRITICAL
	 Adverse events (morbidity) at >4 months (Dichotomous) CRITICAL
	 Adverse events (mortality) at ≤4 months (Dichotomous) CRITICAL
	 Adverse events (mortality) at >4 months (Dichotomous) CRITICAL
Study design	RCTs and SRs will be included in the first instance. If insufficient RCT evidence to form a recommendation is found (for strata rather than agent), non-randomised studies will be included.
Unit of randomisation	Patient
Crossover study	Not permitted
Minimum duration of study	Not defined
Other exclusions	 Mixed chronic pain (not just low back pain)
	Abstracts
	Non-English language
	 Studies where the primary aim is treatment of sciatica (populations with low back pain with sciatica as inclusion criteria for the study)
	 Studies that focus on the sacroiliac joint
	• Therapeutic endoscopic division of epidural adhesions (this has already been covered by NICE interventional procedures guidance IPG333)
Population stratification	Image-guided facet joint injections
	Other image-guided injections
	Prolotherapy/Sclerosants

Review question	What is the clinical and cost effectiveness of spinal injections in the management of non-specific low back pain?
	 Other non-image guided injections (eg trigger point injection)
Reasons for stratification	Cannot pool the different types of injections together as they are inherently different
Other stratifications	Type of treatment - image guided/non-image guided/sclerosant therapy
Sensitivity/other analysis	 Number of injections and number of injection sessions will be reported if available.
	 People also receiving anaesthetic injections will be reported if available.
Subgroup analyses if there is heterogeneity	• Choice of agent; different types of steroid (for example) may vary in efficacy
Search criteria	Databases: Medline, Embase, Cochrane Library Language: English

C.16 Radiofrequency denervation

Review question	What is the clinical and cost effectiveness of radiofrequency denervation for facet joint pain in the management of non-specific low back pain?
Objectives	To assess the clinical and cost effectiveness of radiofrequency denervation for facet joint pain in the management of non-specific low back pain.
Population	People aged 16 or above with non-specific low back pain.
	 Populations with low back pain only and low back pain with/without sciatica will be pooled for analysis.
Interventions	Radiofrequency denervation of facet joint medial branch
Comparisons	Placebo/Sham/Attention control
	Usual care/waiting list
	Other treatment within guideline scope
Outcomes	 Quality of life at ≤4 months (Continuous) CRITICAL
	 Quality of life at >4 months (Continuous) CRITICAL
	 Pain severity at ≤4 months (Continuous) CRITICAL
	 Pain severity at >4 months (Continuous) CRITICAL
	 Function (disability scores) at ≤4 months (Continuous) CRITICAL
	 Function (disability scores) at >4 months (Continuous) CRITICAL
	 Psychological distress at ≤4 months (Continuous) CRITICAL
	 Psychological distress at >4 months (Continuous) CRITICAL
	 Responder criteria (> 30% improvement in pain or function) at ≤4 months (Dichotomous) IMPORTANT
	 Responder criteria (> 30% improvement in pain or function) at >4 months (Dichotomous) IMPORTANT
	 Healthcare utilisation (prescribing, investigations, hospitalisation or health professional visit) at ≤4 months (Dichotomous) IMPORTANT
	• Healthcare utilisation at >4 months (Dichotomous) IMPORTANT
	 Adverse events (morbidity) at ≤4 months (Dichotomous) CRITICAL
	 Adverse events (morbidity) at >4 months (Dichotomous) CRITICAL
Study design	RCTs and SRs will be included in the first instance. If insufficient RCT evidence to form a recommendation is found, non-randomised studies will be included.
Unit of randomisation	Patient

Table 17: Review protocol: radiofrequency denervation

Review question	What is the clinical and cost effectiveness of radiofrequency denervation for facet joint pain in the management of non-specific low back pain?
Crossover study	Not permitted
Minimum duration of study	Not defined
Other exclusions	 Mixed chronic pain (not just low back pain) Abstracts Non-English language Pulsed radiofrequency (not an denervation procedure) Low back pain with sciatica Studies where the primary aim is treatment of sciatica (populations with low back pain with sciatica as inclusion criteria for the study)
Population stratification	n/a
Subgroup analyses if there is heterogeneity	People with nerve block prior to procedurePeople without prior nerve block
Sensitivity/other analysis	• Number of nerve blocks administered will be recorded if available, data will be pooled for analysis
Search criteria	Databases: Medline, Embase, Cochrane Library Language: English

C.17 Epidural injections for sciatica

Table 18: Review protocol: epidural injections (sciatica)

	What is the clinical and cost effectiveness of epidural injections in the
Review question	management of people with sciatica?
Objectives	To assess the clinical and cost effectiveness of epidural injections in the management of people with sciatica.
Population	People aged 16 or above with sciatica and:
	 Primarily (≥70%) disc prolapse (likely to be confirmed by imaging), other spinal pathologies may or may not also be present.
	 ○ Primarily (≥70%) not disc prolapse (confirmed by imaging).
	 Mixed population / unclear spinal pathology (no clinical diagnosis); Trial participants required to have pathology confirmed by imaging but could have either disc prolapse or other spinal pathology for inclusion.
	 Pathology not confirmed (may or may not have had imaging).
Interventions	Epidural injections:
	 Steroid (including steroid plus saline)
	Local anaesthetic
	Anti-TNF
	Combination: local anaesthetic+ steroid
Comparisons	Sham (needle alone) / placebo / saline
	Usual care
	 Each other (including head to head comparisons between strata)
	 Other treatment (non-invasive and invasive treatments being considered by the guideline for sciatica)
Outcomes	 Quality of life at ≤4 months (Continuous) CRITICAL
	 Quality of life at >4 months (Continuous) CRITICAL
	 Pain severity at ≤4 months (Continuous) CRITICAL
	 Pain severity at >4 months (Continuous) CRITICAL

	What is the clinical and cost effectiveness of epidural injections in the
Review question	management of people with sciatica?
	 Function (disability scores) at ≤4 months (Continuous) CRITICAL
	 Function (disability scores) at >4 months (Continuous) CRITICAL
	 Psychological distress at ≤4 months (Continuous) CRITICAL
	 Psychological distress at >4 months (Continuous) CRITICAL
	 Responder criteria (> 30% improvement in pain or function) at ≤4 months (Dichotomous) IMPORTANT
	 Responder criteria (> 30% improvement in pain or function) at >4 months (Dichotomous) IMPORTANT
	 Healthcare utilisation (prescribing, investigations, hospitalisation or health professional visit) at ≤4 months (Dichotomous) IMPORTANT
	 Healthcare utilisation at >4 months (Dichotomous) IMPORTANT
	 Adverse events (morbidity) at ≤4 months (Dichotomous) CRITICAL
	 Adverse events (morbidity) at >4 months (Dichotomous) CRITICAL
	 Adverse events (mortality) at ≤4 months (Dichotomous) CRITICAL
	 Adverse events (mortality) at >4 months (Dichotomous) CRITICAL
Study design	RCTs and SRs will be included in the first instance. If insufficient RCT evidence to form a recommendation is found, non-randomised studies will be included.
Unit of randomisation	Patient
Crossover study	Not permitted
Minimum duration of study	Not defined
Other exclusions	 Mixed chronic pain (not just low back pain)
	• Abstracts
	Non-English language
	 Studies which focus on the sacroiliac joint
	• Therapeutic endoscopic division of epidural adhesions [This has already been covered by NICE interventional procedures guidance 333 (2010)]
Population stratification	Image guided injections
	Non-image guided injections
Sensitivity/other analysis	 Number of injections and/or injection sessions will be recorded if available
Subgroup analyses if there is heterogeneity	Route of administration (caudal, interlaminar, transforaminal)
Search criteria	Databases: Medline, Embase, Cochrane Library
	Language: English

C.18 Referral for surgery

Table 19: Review protocol: Referral for surgery (low back pain)

Review question	Does history of previous fusion surgery, smoking status, BMI or psychological distress predict response to surgery in people with non-specific low back pain?
Objectives	To determine the optimal clinically and cost effective criteria for referral for surgical opinion of people with non-specific low back pain.
Population	People aged 16 or above with non-specific low back pain (with or without sciatica) or low back pain without sciatica who have failed to respond to appropriate conservative therapy.

Review question	Does history of previous fusion surgery, smoking status, BMI or psychological distress predict response to surgery in people with non-specific low back pain?
Prognostic Factor (predictor of response to surgery)	 History of previous fusion surgery Smoking BMI >30 Psychological distress
Confounders	Duration of symptoms
Outcomes	 Quality of life (Continuous) CRITICAL Pain severity (Continuous) CRITICAL Function (disability scores) (Continuous) CRITICAL Psychological distress (Continuous) CRITICAL Adverse events (mortality) (dichotomous) CRITICAL Adverse events (morbidity) (dichotomous) CRITICAL Adverse events (re-operation rate) (dichotomous) CRITICAL Surgery conversion rate (dichotomous) IMPORTANT
Study design (order of preference)	 Prospective and retrospective cohorts (with multivariate analysis adjusted for key confounders) (if none are identified those with multivariate analysis adjusted for other confounders will be included) Randomised trials (if appropriate) with multivariate analysis adjusted for key confounders (if none are identified those with multivariate analysis adjusted for other confounders will be included) Systematic reviews of the above
Exclusions	 Mixed chronic pain (not just low back pain) Abstracts Non-English language Case-control studies Cross-sectional studies Univariate analysis studies Any studies that have not adjusted for all of the minimum required confounders in the multivariable analysis (unless there are no such studies identified) Studies where the person giving the opinion / decision for surgery is not a surgeon.
Search criteria	Databases: Medline, Embase, Cochrane Library Language: English

Table 20: Review protocol: Referral for surgery (sciatica)

Review question	Does image concordant pathology or presence of radicular symptoms predict response to surgery in people with sciatica?
Objectives	To determine the optimal clinically and cost effective criteria for referral for surgical opinion of people with sciatica.
Population	People aged 16 or above with sciatica who have failed to respond to appropriate conservative therapy
Prognostic Factor (predictor of response to surgery)	 Image concordant pathology (diagnosis supported by imaging - i.e. MRI or CT-to see if compression is present or not) Radicular symptoms (pain that extends to leg vs. pain in back/buttock only)
Confounders	Duration of symptoms
Outcomes	Quality of life (Continuous) CRITICAL

Review question	Does image concordant pathology or presence of radicular symptoms predict response to surgery in people with sciatica?
	 Pain severity (Continuous) CRITICAL Function (disability scores) (Continuous) CRITICAL Psychological distress (Continuous) CRITICAL Adverse events (mortality) (dichotomous) CRITICAL Adverse events (morbidity) (dichotomous) CRITICAL Adverse events (re-operation rate) (dichotomous) CRITICAL Surgery conversion rate (dichotomous) IMPORTANT
Study design (order of preference)	 Prospective and retrospective cohorts (with multivariate analysis adjusted for key confounders (if none are identified those with multivariate analysis adjusted for other confounders will be included) Randomised trials (if appropriate) with multivariate analysis adjusted for key confounders (if none are identified those with multivariate analysis adjusted for key confounders will be included) Systematic reviews of the above
Exclusions	 Mixed chronic pain (not just low back pain) Abstracts Non-English language Case-control studies Cross-sectional studies Univariate analysis studies Any studies that have not adjusted for all of the minimum required confounders in the multivariable analysis (unless there are no such studies identified) Studies where the person giving the opinion / decision for surgery is not a surgeon.
Search criteria	Databases: Medline, Embase, Cochrane Library Language: English

C.19 Disc replacement

Table 21: Review protocol: Disc replacement

Review question	What is the clinical and cost-effectiveness of disc replacement surgery in people with non-specific low back pain?
Objectives	To assess the clinical and cost effectiveness of disc replacement in the management of people with non-specific low back pain
Review population	 People aged 16 or above with suspected non-specific low back pain (low back pain without sciatica or mixed population with low back pain with or without sciatica) Populations with low back pain only and low back pain with/without sciatica will be pooled for analysis
Interventions and comparators: generic/class; specific/drug (All interventions will be compared with each other, unless otherwise	 Disc replacement Usual Care Other invasive and non-invasive treatments included in this guideline

Review question	What is the clinical and cost-effectiveness of disc replacement surgery in people with non-specific low back pain?
stated)	
Outcomes	 Quality of life at ≤4 months (Continuous) CRITICAL
	 Quality of life at >4 months (Continuous) CRITICAL
	 Pain severity at ≤4 months (Continuous) CRITICAL
	 Pain severity at >4 months (Continuous) CRITICAL
	 Function (disability scores) at ≤4 months (Continuous) CRITICAL
	 Function (disability scores) at >4 months (Continuous) CRITICAL
	 Psychological distress at ≤4 months (Continuous) CRITICAL
	 Psychological distress at >4 months (Continuous) CRITICAL
	 Responder criteria (> 30% improvement in pain or function) at ≤4 months (Dichotomous) IMPORTANT
	 Responder criteria (> 30% improvement in pain or function) at >4 months (Dichotomous) IMPORTANT
	 Healthcare utilisation (prescribing, investigations, hospitalisation or health professional visit) at ≤4 months (Dichotomous) IMPORTANT
	 Healthcare utilisation at >4 months (Dichotomous) IMPORTANT
	 Adverse events (morbidity) at ≤4 months (Dichotomous) IMPORTANT
	 Adverse events (morbidity) at >4 months (Dichotomous) IMPORTANT
	 Adverse events (mortality) at ≤4 months (Dichotomous) IMPORTANT
	 Adverse events (mortality) at >4 months (Dichotomous) IMPORTANT
	 Failure rate at ≤4 months (Dichotomous) IMPORTANT
	 Failure rate >4 months (Dichotomous) IMPORTANT
	 Revision rate ≤4 months (Dichotomous) IMPORTANT
	 Revision rate >4 months (Dichotomous) IMPORTANT
	Outcomes to be recorded at:
	 Short term (≤ 4 months) (8 weeks to 4 months)
	Long-term:
	$_{\odot}$ >4 months - 1 year (4 months to 1 year) for all outcomes
	 0-2 years for critical outcomes
	\circ 0-10 years for failure rates and revision rates
Study design	RCTs and SRs will be included in the first instance. If insufficient RCT evidence to form a recommendation is found, non-randomised studies will be included.
Unit of randomisation	Patient
Crossover study	Not permitted
Minimum duration of study	Not defined
Other exclusions	 Mixed chronic pain (not just low back pain)
	Abstracts
	Non-English language
	Cross-over studies
	Sciatica is main problem for patient
Population stratification	n/a
Reasons for stratification	People with non-specific low back pain without sciatica or mixed population LBP with/without sciatica
Sensitivity/other analysis	n/a

Review question	What is the clinical and cost-effectiveness of disc replacement surgery in people with non-specific low back pain?
Subgroup analyses if there is heterogeneity	None specified
Search criteria	Databases: Medline, Embase, Cochrane Library Language: English

C.20 Spinal fusion

	•
Review question	What is the clinical and cost effectiveness of spinal fusion/arthrodesis in people with non-specific low back pain?
Objectives	Long term relief of symptoms and interventions for living with chronic lower back pain and sciatica
Review population	People aged 16 or above with non-specific low back pain
	 Populations with low back pain only and low back pain with or without sciatica will be pooled for analysis
Interventions and	Spinal fusion/arthrodesis
comparators:	Placebo/Sham
generic/class;	Usual care; waiting list
specific/drug	No surgery
(All interventions will be	 Different type of surgery (eg. anterior approach fusion versus disc replacement)
compared with each other, unless otherwise stated)	Other treatment (interventions listed in our guideline review protocols)
Outcomes	 Quality of life at ≤4 months (Continuous) CRITICAL
	 Quality of life at >4 months (Continuous) CRITICAL
	 Pain severity at ≤4 months (Continuous) CRITICAL
	• Pain severity at >4 months (Continuous) CRITICAL
	 Function (disability scores) at ≤4 months (Continuous) CRITICAL
	 Function (disability scores) at >4 months (Continuous) CRITICAL
	 Psychological distress at ≤4 months (Continuous) CRITICAL
	 Psychological distress at >4 months (Continuous) CRITICAL
	 Responder criteria (> 30% improvement in pain or function) at ≤4 months (Dichotomous) IMPORTANT
	 Responder criteria (> 30% improvement in pain or function) at >4 months (Dichotomous) IMPORTANT
	 Healthcare utilisation (prescribing, investigations, hospitalisation or health professional visit) at ≤4 months (Dichotomous) IMPORTANT
	 Healthcare utilisation at >4 months (Dichotomous) IMPORTANT
	 Adverse events (post-op complications) at follow up (Dichotomous) IMPORTANT
	 Adverse events (increased risk of requiring surgery at adjacent segments) at follow up (Dichotomous) IMPORTANT
	 Adverse events (mortality) at >follow up (Dichotomous) IMPORTANT
	• Failure rate at follow up (Dichotomous) IMPORTANT
	Revision rate at follow up (Dichotomous) IMPORTANT
	Outcomes to be recorded at:

Review question	What is the clinical and cost effectiveness of spinal fusion/arthrodesis in people with non-specific low back pain?
	 Short term (≤4 months) (8 weeks to 4 months)
	 >4 months (4 months to 1 year) 1-2 years for critical outcomes
	 5-10 years for failure rates and revision rates
Study design	RCTs and SRs will be included in the first instance. If insufficient RCT evidence to form a recommendation is found, non-randomised studies will be included.
Unit of randomisation	Patient
Crossover study	Not permitted
Minimum duration of study	Not defined
Other exclusions	Mixed chronic pain (not just low back pain)
	Abstracts
	Non-English language
	Studies which focus on the sacroiliac joint
	 Studies which include a study population with spondylolisthesis > 20%
	 Lateral (including extreme, extra and direct lateral) interbody fusion in the lumbar spine, (this has already been covered by NICE interventional procedures guidance 321)
	 Transaxial interbody lumbosacral fusion (this has already been covered by NICE interventional procedures guidance IPG387)
Population stratification	n/a
Sensitivity/other analysis	n/a
Subgroup analyses if there is heterogeneity	Number of levels fused (Single level; >1 level); Different levels may affect outcome
Search criteria	Databases: Medline, Embase, Cochrane Library Language: English

C.21 Spinal decompression

Table 23: Review protocol: Spinal Decompression

Review question	What is the clinical and cost effectiveness of spinal decompression in people with sciatica?
Objectives	To assess the clinical and cost effectiveness of spinal decompression in the management of people with sciatica
Review population	People aged 16 or above with sciaticaPopulations with neurogenic claudication causing leg pain will be included
Interventions and comparators: generic/class; specific/drug (All interventions will be compared with each other, unless otherwise stated)	 Spinal decompression Laminectomy Discectomy Facetectomy Foraminotomy Fenestration Spinal decompression Sequestration Laminotomy Usual care

Review question	What is the clinical and cost effectiveness of spinal decompression in people with sciatica?
	Other treatment (interventions listed in our guideline review protocols)
Outcomes	 Quality of life at ≤4 months (Continuous) CRITICAL
	 Quality of life at >4 months (Continuous) CRITICAL
	 Pain severity at ≤4 months (Continuous) CRITICAL
	 Pain severity at >4 months (Continuous) CRITICAL
	 Function (disability scores) at ≤4 months (Continuous) CRITICAL
	 Function (disability scores) at >4 months (Continuous) CRITICAL
	 Psychological distress at ≤4 months (Continuous) CRITICAL
	 Psychological distress at >4 months (Continuous) CRITICAL
	 Responder criteria (> 30% improvement in pain or function) at ≤4 months (Dichotomous) IMPORTANT
	 Responder criteria (> 30% improvement in pain or function) at >4 months (Dichotomous) IMPORTANT
	 Healthcare utilisation (prescribing, investigations, hospitalisation or health professional visit) at ≤4 months (Dichotomous) IMPORTANT
	 Healthcare utilisation at >4 months (Dichotomous) IMPORTANT
	Adverse events (morbidity) at follow up (Dichotomous) IMPORTANT
	 Adverse events (mortality) at follow up (Dichotomous) IMPORTANT
	 Failure rate at follow up (Dichotomous) IMPORTANT
	Revision rate at follow up (Dichotomous) IMPORTANT
	Outcomes to be recorded at:
	 Short term (≤4 months) (8 weeks to 4 months)
	o Long-term:
	 > 4 months (4 months to 1 year) for all outcomes
	- 1-2 years for critical outcomes
	 0-10 years for failure rates and revision rates (recurrence / repeat surgery at adjacent segments or at the same segment, will be reported narratively only, for GDG
Study design	RCTs and SRs will be included in the first instance. If insufficient RCT evidence to form a recommendation is found, non-randomised studies will be included.
Unit of randomisation	Patient
Crossover study	Not permitted
Minimum duration of study	Not defined
Other exclusions	• Mixed chronic pain (not just low back pain)
	Abstracts
	Non-English language
	Intra-class comparison
	• The following techniques, as they do not fully achieve decompression:
	 Nucleolysis
	 Nucleoplasty
	\circ IDET (intradiscal electrothermal therapy)
	◦ distraction
	• Insertion of an annular disc implant lumbar discectomy ((this has already
	been covered by NICE interventional procedures guidance IPG509))
	 Endoscopic laser foraminoplasty [this has already been covered by NICE interventional procedures guidance 31 (2003)].
	 Automated percutaneous mechanical lumbar discectomy [this has already

Review question	What is the clinical and cost effectiveness of spinal decompression in people with sciatica?
	been covered by NICE interventional procedures guidance 141 (2005)].
	 Percutaneous intradiscal laser ablation [this has already been covered by NICE interventional procedures guidance 357 (2010)]
	 Interspinous distraction procedures for lumbar spinal stenosis causing neurogenic claudication [this has already been covered by NICE interventional procedures guidance 365 (2010)]
Population stratification	Overall (acute, chronic) with sciatica
Reasons for stratification	Not all of these procedures are done for LBP (for instance, people without sciatica)
Subgroup analyses if there is heterogeneity	Laminectomy vs. discectomy); Different categories / types of decompression surgery compared
Search criteria	Databases: Medline, Embase, Cochrane Library
	Language: English

Appendix D: Health economic review protocol

Table 24: H	lealth economic review protocol
Review question	All questions – health economic evidence
Objectives	To identify economic evaluations relevant to the review questions set out above.
Criteria	 Populations, interventions and comparators must be as specified in the individual review protocols above.
	 In addition to the comparisons listed in the review protocols, economic evaluations will be included in they look at sequencing of those interventions
	 Studies must be of a relevant economic study design (cost-utility analysis, cost-benefit analysis, cost-effectiveness analysis, cost-consequence analysis, comparative cost analysis).
	• Studies must not be an abstract only, a letter, editorial or commentary, or a review of economic evaluations.(a) Unpublished reports will not be considered unless submitted as part of a call for evidence.
	• Studies must be in English.
	• Studies must not be published before 1999.
Search strategy	An economic study search will be undertaken using population-specific terms and an economic study filter – see Appendix F [in Full Guideline].
Review strategy	Each study fulfilling the criteria above will be assessed for applicability and methodological limitations using the NICE economic evaluation checklist which can be found in Appendix G of the NICE guidelines manual (2012). ¹
	Inclusion and exclusion criteria
	• If a study is rated as both 'Directly applicable' and with 'Minor limitations' then it will be included in the guideline. An economic evidence table will be completed and it will be included in the economic evidence profile.
	• If a study is rated as either 'Not applicable' or with 'Very serious limitations' then it will usually be excluded from the guideline. If it is excluded then an economic evidence table will not be completed and it will not be included in the economic evidence profile.
	• If a study is rated as 'Partially applicable', with 'Potentially serious limitations' or both then there is discretion over whether it should be included.
	Where there is discretion
	The health economist will make a decision based on the relative applicability and quality of the available evidence for that question, in discussion with the GDG if required. The ultimate aim is to include studies that are helpful for decision-making in the context of the guideline and the current NHS setting. If several studies are considered of sufficiently high applicability and methodological quality that they could all be included, then the health economist, in discussion with the GDG if required, may decide to include only the most applicable studies and to selectively exclude the remaining studies. All studies excluded on the basis of applicability or methodological limitations will be listed with explanation as excluded economic studies in Appendix I.
	The health economist will be guided by the following hierarchies. Setting:
	• UK NHS
	• OECD countries with predominantly public health insurance systems (for example, France,

Table 24: Health economic review protocol

• OECD countries with predominantly private health insurance systems (for example, USA,

Germany, Sweden)

Switzerland)

• non-OECD settings (always 'Not applicable').

Economic study type:

- cost-utility analysis
- other type of full economic evaluation (cost-benefit analysis, cost-effectiveness analysis, cost-consequence analysis)
- comparative cost analysis
- non-comparative cost analyses including cost-of-illness studies (always 'Not applicable'). *Year of analysis:*
- The more recent the study, the more applicable it is.
- Studies that are based on resource use and unit costs from before 1999 will be downgraded in terms of applicability.

Quality and relevance of effectiveness data used in the economic analysis:

- The more closely the effectiveness data used in the economic analysis matches with the outcomes of the studies included in the clinical review the more useful the analysis will be for decision-making in the guideline.
- (a) Recent reviews will be ordered although not reviewed. The bibliographies will be checked for relevant studies, which will then be ordered.

Appendix E: Clinical article selection



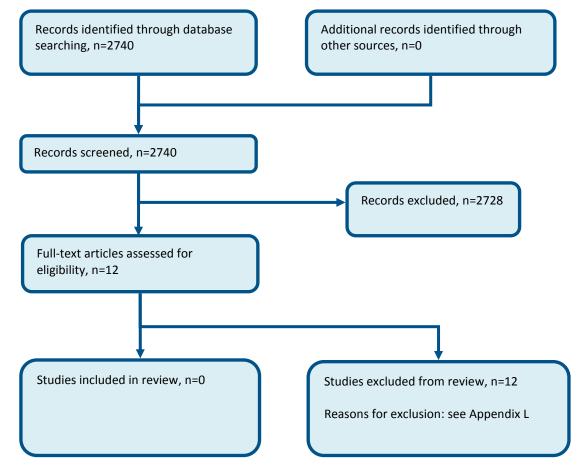


Figure 2: Flow chart of clinical article selection for the review of risk assessment tools and risk stratification

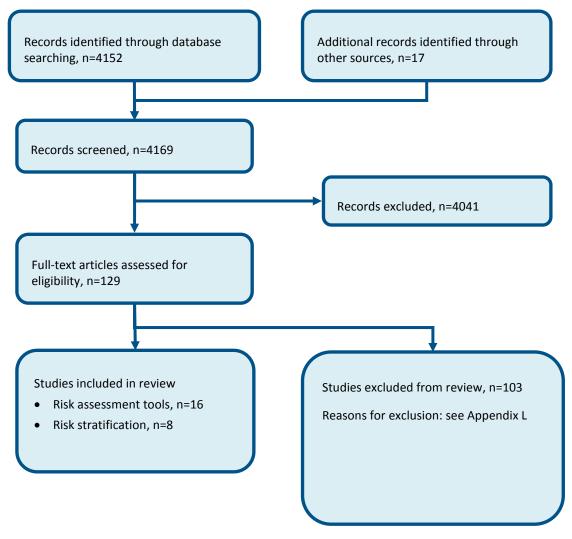


Figure 3: Flow chart of clinical article selection for the review of imaging

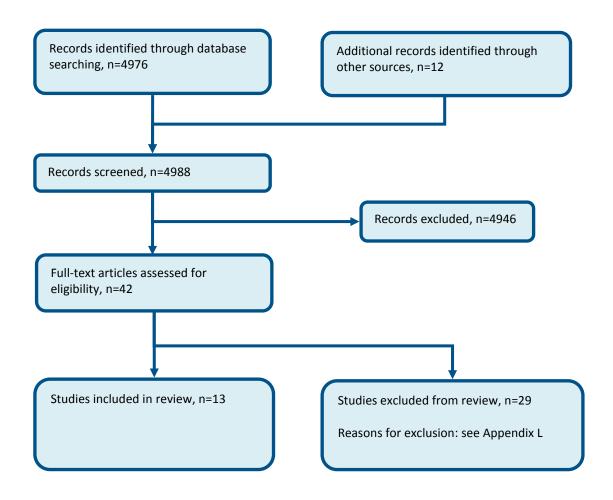
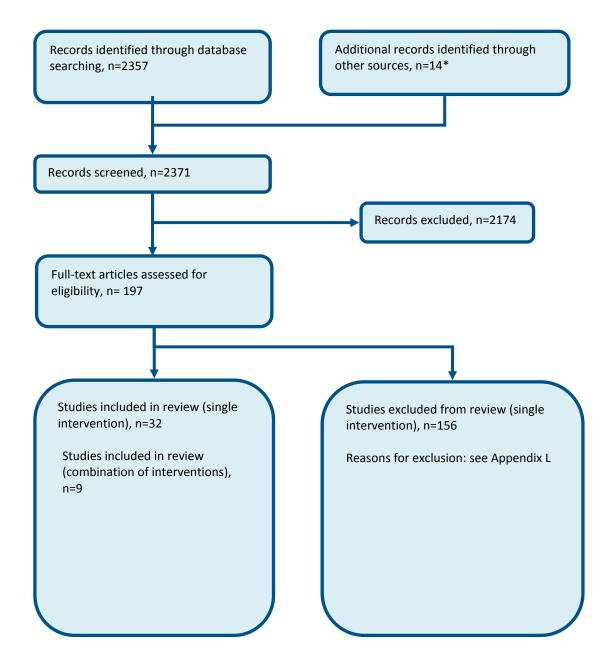
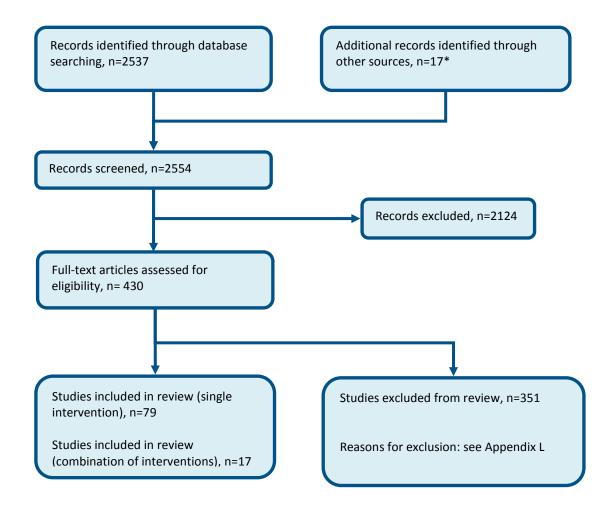


Figure 4: Flow chart of clinical article selection for the review of self-management



*9 were identified through combination of interventions, MBR and RTW searches. For studies excluded from review for combination of interventions, see Appendix L

Figure 5: Flow chart of clinical article selection for the review of exercise therapies



*n=17 were identified through combination of interventions, MBR and RTW searches. For studies excluded from review for combination of interventions, see Appendix L

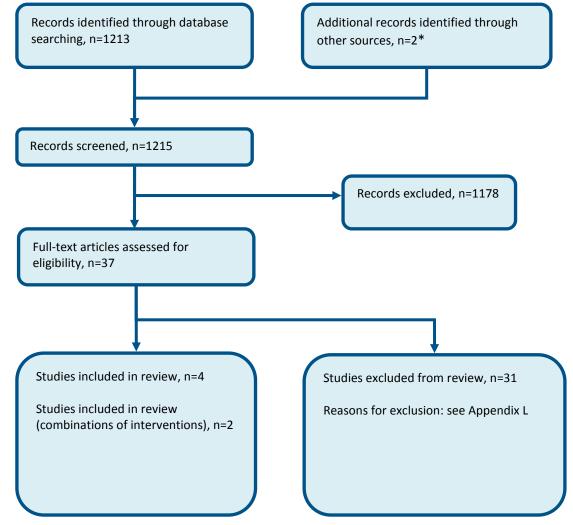
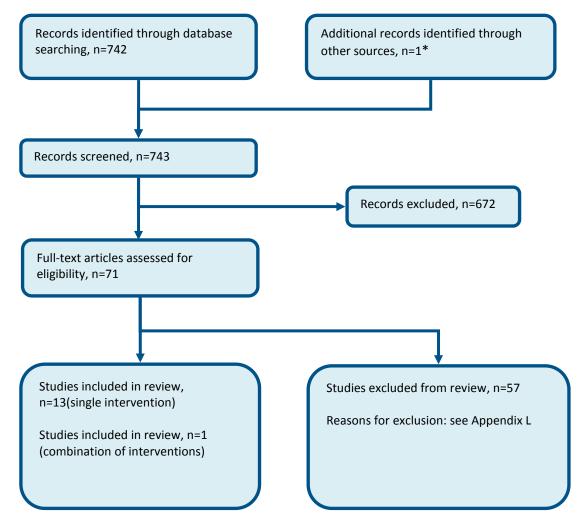


Figure 6: Flow chart of clinical article selection for the review of postural therapies

*n=2 were identified through combination of interventions, MBR and RTW searches. For studies excluded from review for combination of interventions, see Appendix L

Figure 7: Flow chart of clinical article selection for the review of orthotics and appliances



*n=1 was identified through combination of interventions, MBR and RTW searches. For studies excluded from review for combination of interventions, see Appendix L

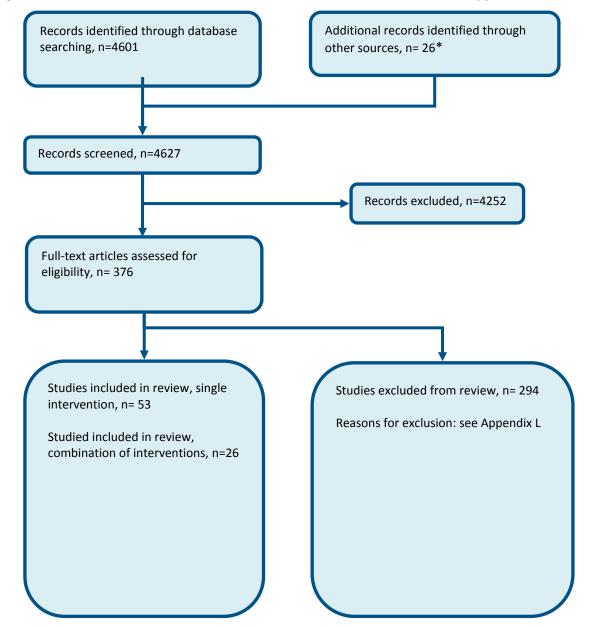


Figure 8: Flow chart of clinical article selection for the review of manual therapy

*n=26 were identified through combination of interventions, MBR and RTW searches. For studies excluded from review for combination of interventions, see Appendix L

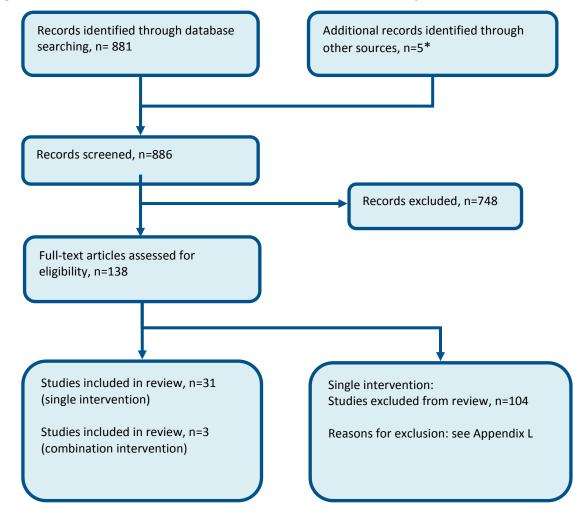
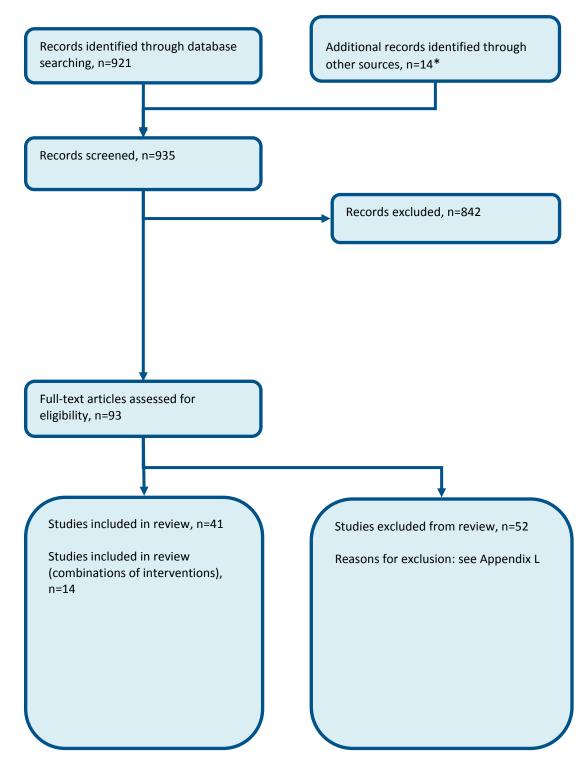


Figure 9: Flow chart of clinical article selection for the review of acupuncture

*n=3 were identified through combination of interventions, MBR and RTW searches. For studies excluded from review for combination of interventions, see Appendix L

Figure 10: Flow chart of clinical article selection for the review of electrotherapies



*n=14 were identified through combination of interventions, MBR and RTW searches. For studies excluded from review for combination of interventions, see Appendix H

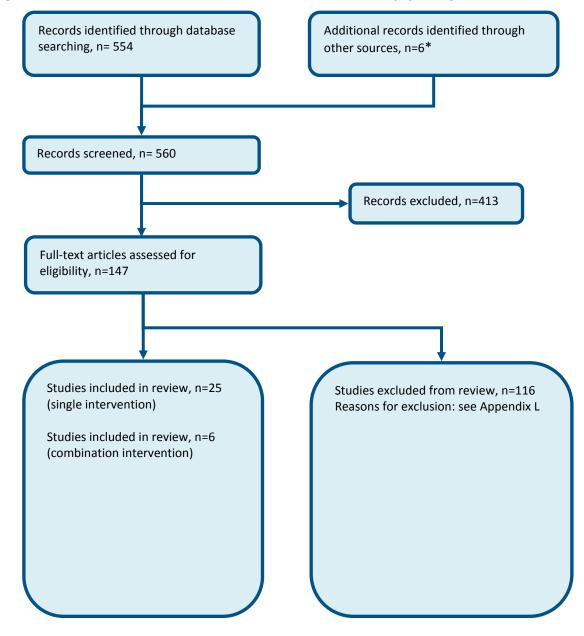
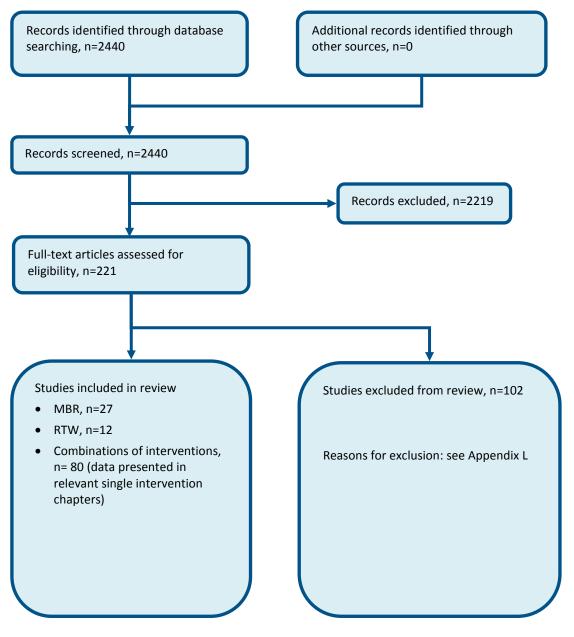


Figure 11: Flow chart of clinical article selection for the review of psychological interventions

*n=6 were identified through combination of interventions, MBR and RTW searches. For studies excluded from review for combination of interventions, see Appendix H

Figure 12: Flow chart of clinical article selection for the review of combination of interventions, MBR and RTW



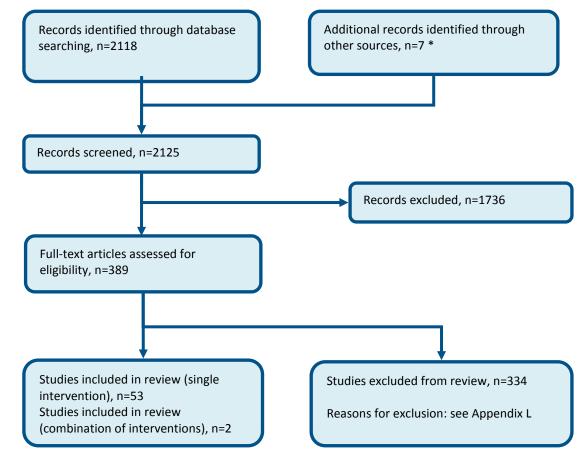
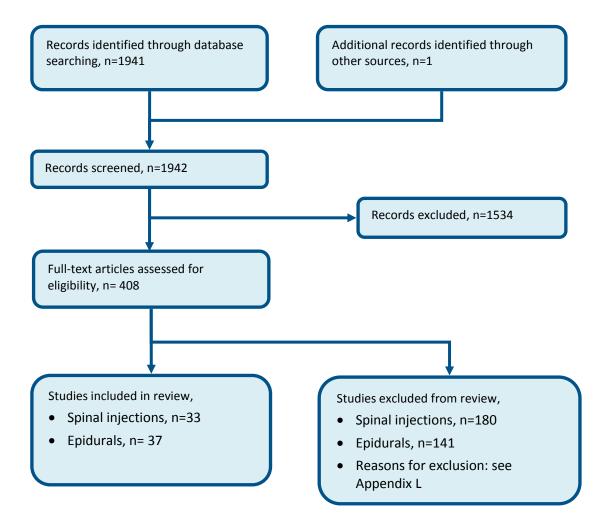


Figure 13: Flow chart of clinical article selection for the review of pharmacological interventions

*n=2 were identified through combination of interventions, MBR and RTW searches. For studies excluded from review for combination of interventions, see Appendix H

Figure 14: Flow chart of clinical article selection for the review of Spinal Injections and epidurals



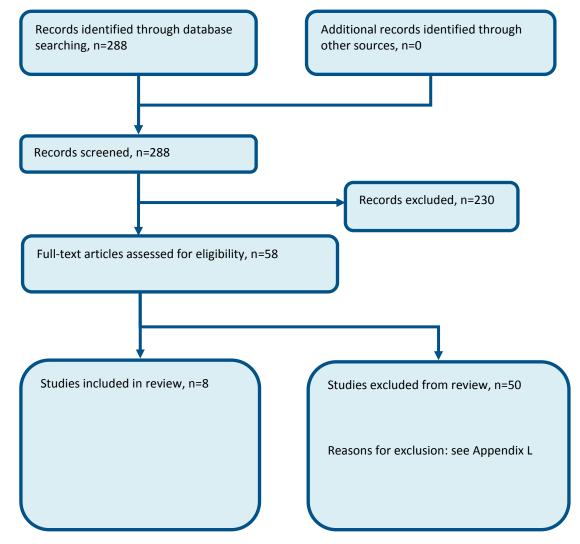


Figure 15: Flow chart of clinical article selection for the review of radiofrequency denervation

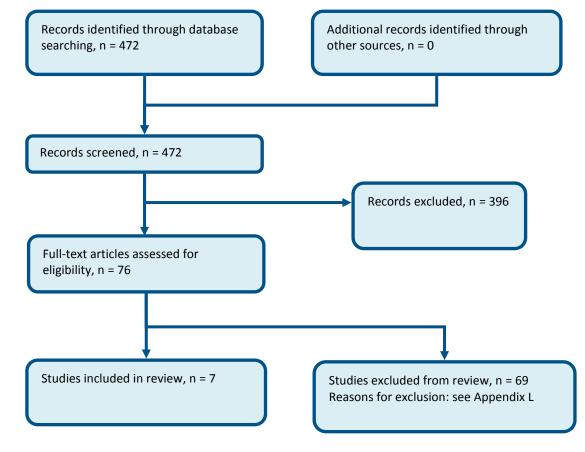


Figure 16: Flow diagram of article selection for referral for surgery review

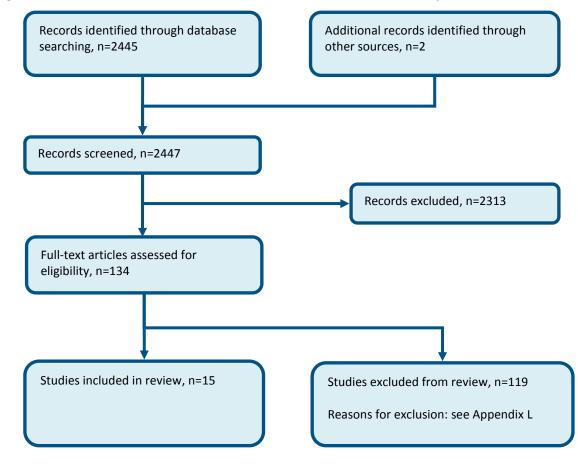


Figure 17: Flow chart of clinical article selection for the review of Disc replacement

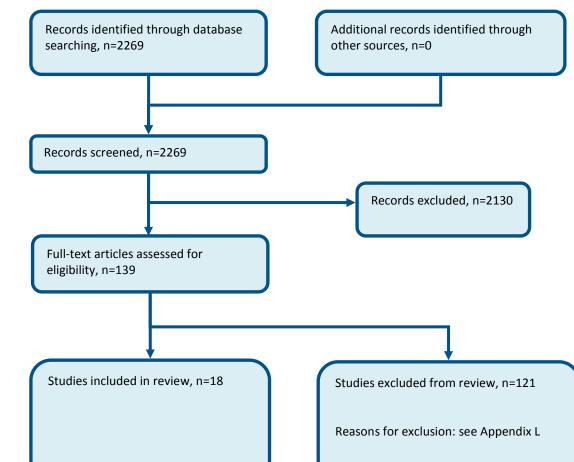
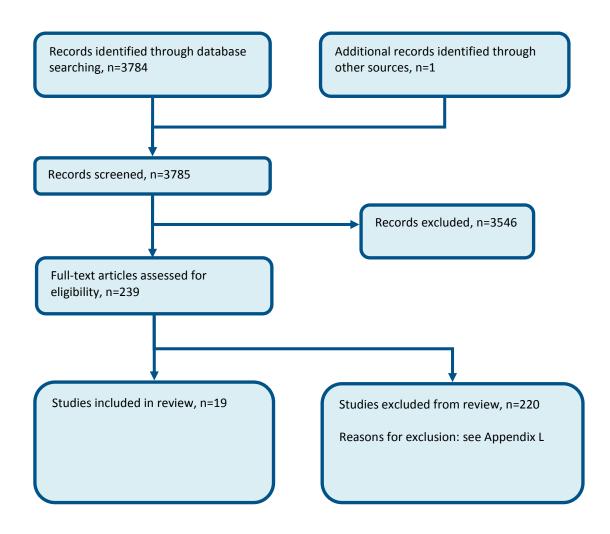


Figure 18: Flow chart of clinical article selection for the review of Spinal Fusion

Figure 19: Flow chart of clinical article selection for the review of Spinal Decompression



Appendix F: Health economic article selection

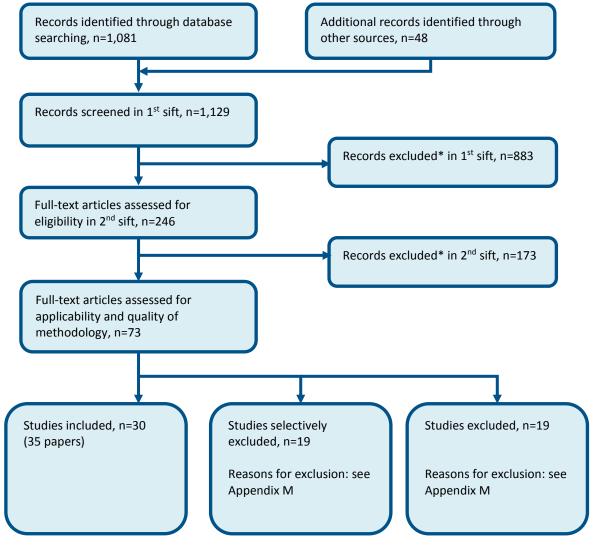


Figure 20: Flow chart of economic article selection for the guideline

* Non-relevant population, intervention, comparison, design or setting; non-English language

Appendix G: Literature search strategies

G.1.1 Contents Introduction Search methodology Section G.1.2 Standard population search strategy This population was used for all search questions unless stated Section G.1.3 Study filter terms G.1.3.1 Excluded study designs and publication types G.1.3.2 Randomised controlled trials (RCT) G.1.3.3 Systematic reviews (SR) G.1.3.4 Health economic studies (HE) G.1.3.5 Diagnostic filter (DIAG) G.1.3.6 Observational studies (OBS) G.1.3.7 Prognostic filter (PROG) Section G.1.4 Searches for specific questions with intervention G.1.4.1 Assessment: clinical examination G.1.4.2 Assessment: risk assessment tools G.1.4.3 Assessment: imaging G.1.4.4 Lifestyle interventions: self-management strategies G.1.4.5 Combinations of interventions G.1.4.6 Non-invasive interventions: exercise interventions G.1.4.7 Non-invasive interventions: postural therapies G.1.4.8 Non-invasive interventions: orthotics and appliances G.1.4.9 Non-invasive interventions: manual therapies G.1.4.10 Non-invasive interventions: acupuncture G.1.4.11 Non-invasive interventions: electrotherapy G.1.4.12 Non-invasive interventions: psychological interventions (RCTs and SRs) Non-invasive interventions: psychological interventions (observational studies) G.1.4.13 G.1.4.12 Non-invasive interventions: pharmacological treatment (RCTs and SRs) G.1.4.15 Non-invasive interventions: pharmacological treatment (observational studies) G.1.4.16 Invasive and surgical procedures: radiofrequency ablation G.1.4.17 Invasive and surgical procedures: epidural injections G.1.4.18 Referral for surgical opinion: non-specific LBP and suspected sciatica G.1.4.19 Invasive and surgical procedures: disc replacement surgery G.1.4.20 Invasive and surgical procedures: spinal fusion or arthrodesis Invasive and surgical procedures: spinal decompression G.1.4.18 Health economics searches Section G.1.5 G.1.5.1 Health economic reviews G.1.5.2 QoL EQ5D

Search strategies used for the lower back pain guideline are outlined below and were run in accordance with the methodology in the NICE guidelines manual 2012.¹ All searches were run up to **15 December 2015** unless otherwise stated. Any studies added to the databases after this date (even those published prior to this date) were not included unless specifically stated in the text. We do not routinely search for electronic, ahead of print or 'online early' publications. Where possible searches were limited to retrieve material published in English.

Database	Dates searched
Medline	1946 – 15 December 2015
Embase	1980 – 15 December 2015
The Cochrane Library	Cochrane Reviews to 2015 Issue 12 of 12 CENTRAL to 2015 Issue 11 of 12 DARE to 2015 Issue 2 of 4 HTA to 2015 Issue 4 of 4 NHSEED to 2015 Issue 2 of 4
Amed (Allied and Complementary Medicine)	1985 to 15 December 2015
PsycINFO (Ovid) PsycINFO (ProQuest)	1806 – 15 December 2015 1806 – 2015
CINAHL	1981 – 15 December 2015

Table 25: Database date parameters

Table 26: Databases searched

	Question	Databases
G.1.4.1	Assessment: clinical examination	Medline/Embase/Cochrane Library
G.1.4.2	Assessment: imaging	Medline/Embase/Cochrane Library
G.1.4.2	Assessment: risk assessment tools	Medline/Embase/Cochrane Library
G.1.4.4	Lifestyle interventions: self-management strategies	Medline/Embase/Cochrane Library/CINAHL
G.1.4.5	Combinations of interventions	Medline/Embase/Cochrane Library/AMED/CINAHL/PsycINFO
G.1.4.6	Non-invasive interventions: acupuncture	Medline/Embase/Cochrane/AMED/CINA HL
G.1.4.11	Non-invasive interventions: electrotherapy	Medline/Embase/Cochrane Library/CINAHL
G.1.4.6	Non-invasive interventions: exercise interventions	Medline/Embase/Cochrane Library/AMED/CINAHL
G.1.4.9	Non-invasive interventions: manual therapies	Medline/Embase/Cochrane Library/AMED/CINAHL
G.1.4.8	Non-invasive interventions: orthotics and appliances	Medline/Embase/Cochrane Library/AMED/CINAHL
G.1.4.12	Non-invasive interventions: pharmacological treatment (RCTs and SRs)	Medline/Embase/Cochrane Library
G.1.4.15	Non-invasive interventions: pharmacological treatment (observational studies)	Medline/Embase
G.1.4.7	Non-invasive interventions: postural therapies	Medline/Embase/Cochrane Library/AMED/CINAHL

	Question	Databases
G.1.4.12	Non-invasive interventions: psychological interventions (RCTs and SRs)	Medline/Embase/Cochrane Library/PsycINFO
G.1.4.13	Non-invasive interventions: psychological interventions (observational studies)	Medline/Embase/Cochrane Library/PsycINFO
G.1.4.18	Referral for surgical opinion: non-specific LBP and suspected sciatica	Medline/Embase/Cochrane Library
G.1.4.16	Invasive and surgical procedures: radiofrequency ablation	Medline/Embase/Cochrane Library
G.1.4.17	Invasive and surgical procedures: epidural injections	Medline/Embase/Cochrane Library
G.1.4.18	Invasive and surgical procedures: spinal decompression	Medline/Embase/Cochrane Library
G.1.4.20	Invasive and surgical procedures: spinal fusion or arthrodesis	Medline/Embase/Cochrane Library
G.1.4.19	Invasive and surgical procedures: disc replacement surgery	Medline/Embase/Cochrane Library

Searches for the **clinical reviews** were run in Medline (OVID), Embase (OVID) and the Cochrane Library (Wiley). Additional searches were run in AMED (OVID), CINAHL (EBSCO) and PsycINFO (OVID/ProQuest) for some questions

Searches for **intervention and diagnostic studies** were usually constructed using a PICO format where population (P) terms were combined with Intervention (I) and sometimes Comparison (C) terms. An intervention can be a drug, a procedure or a diagnostic test. Outcomes (O) are rarely used in search strategies for interventions. Search filters were also added to the search where appropriate.

Searches for **prognostic studies** were usually constructed combining population terms with prognostic variable terms and sometimes outcomes. Search filters were added to the search where appropriate.

Searches for the **health economic reviews** were run in Medline (OVID), Embase (OVID), the NHS Economic Evaluations Database (NHS EED), the Health Technology Assessment (HTA) database and the Health Economic Evaluation Database (HEED). The Health Economic Evaluation Database (HEED) ceased production in 2014 with access ceasing in January 2015. For the final dates of HEED searches, please see individual economic questions. Searches in NHS EED and HEED were constructed using population terms only. For Medline and Embase an economic filter (instead of a study type filter) was added to the same clinical search strategy.

G.1.2 Population search strategies

Medline search terms

1.	low back pain/
2.	sciatica/
3.	radiculopathy/
4.	((lumbar or lumbosacral or lumbo-sacral or back) adj5 (pain* or ache* or aching)).ti,ab.
5.	(backache* or lumbago or sciatica).ti,ab.
6.	(radiculopathy or radiculitis or radicular pain*).ti,ab.
7.	(nerve root* adj5 (pain* or avulsion or compress* or disorder* or pinch* or inflam* or imping*

	or irritat* or entrap* or trap*)).ti,ab.
8.	or/6-7
9.	(back* or lumbosacral or lumbo-sacral or lumbar).ti,ab.
10.	8 and 9
11.	or/1-5,10

Embase search terms

1.	*low back pain/
2.	*sciatica/
3.	*radiculopathy/
4.	*radicular pain/
5.	*radiculitis/
6.	exp *"nerve root injury"/
7.	(backache* or lumbago or sciatica).ti,ab.
8.	((lumbar or lumbosacral or lumbo-sacral or back) adj5 (pain* or ache* or aching)).ti,ab.
9.	(radiculopathy or radiculitis or radicular pain*).ti,ab.
10.	(nerve root* adj5 (pain* or avulsion or compress* or disorder* or pinch* or inflam* or imping* or irritat* or entrap* or trap*)).ti,ab.
11.	or/9-10
12.	(back* or lumbosacral or lumbo-sacral or lumbar).ti,ab.
13.	11 and 12
14.	or/1-8,13

Cochrane search terms

#1.	[mh "low back pain"]	
#2.	[mh sciatica]	
#3.	[mh radiculopathy]	
#4.	((lumbar or lumbosacral or lumbo-sacral or back) near/5 (pain* or ache* or aching)):ti,ab,kw	
#5.	(backache* or lumbago or sciatica):ti,ab,kw	
#6.	(radiculopathy or radiculitis or radicular pain*):ti,ab,kw	
#7.	(nerve root* near/5 (pain* or avulsion or compress* or disorder* or pinch* or inflam* or imping* or irritat* or entrap* or trap*)):ti,ab,kw	
#8.	{or #6-#7}	
#9.	(back* or lumbosacral or lumbo-sacral or lumbar):ti,ab,kw	
#10.	#8 and #9	
#11.	{or #1-#5, #10}	

AMED search terms

1.	low back pain/
2.	sciatica/
3.	((lumbar or lumbosacral or lumbo-sacral or back) adj5 (pain* or ache* or aching)).ti,ab.
4.	(backache* or lumbago or sciatica).ti,ab.
5.	(radiculopathy or radiculitis or radicular pain*).ti,ab.
6.	(nerve root* adj5 (pain* or avulsion or compress* or disorder* or pinch* or inflam* or imping* or irritat* or entrap* or trap*)).ti,ab.
7.	or/5-6
8.	(back* or lumbosacral or lumbo-sacral or lumbar).ti,ab.

9.	7 and 8
10.	or/1-4,9

CINAHL search terms

S1.	(MH "low back pain")
S2.	(MH "sciatica")
S3.	(MH "radiculopathy")
S4.	(lumbar or lumbosacral or lumbo-sacral or back) N5 (pain* or ache* or aching)
S5.	backache* or lumbago or sciatica
S6.	radiculopathy or radiculitis or radicular pain*
S7.	nerve root* n5 (pain* or avulsion or compress* or disorder* or pinch* or inflam* or imping* or irritat* or entrap* or trap*)
S8.	S6 or S7
S9.	back* or lumbosacral or lumbo-sacral or lumbar
S10.	S8 and S9
S11.	S1 or S2 or S3 or S4 or S5 or S10

PsycINFO search terms

1.	back pain/
2.	((lumbar or lumbosacral or lumbo-sacral or back) adj5 (pain* or ache* or aching)).ti,ab.
3.	(backache* or lumbago or sciatica).ti,ab.
4.	(radiculopathy or radiculitis or radicular pain*).ti,ab.
5.	(nerve root* adj5 (pain* or avulsion or compress* or disorder* or pinch* or inflam* or imping* or irritat* or entrap* or trap*)).ti,ab.
6.	4 or 5
7.	(back* or lumbosacral or lumbo-sacral or lumbar).ti,ab.
8.	6 and 7
9.	or/1-3,8

PsycINFO search terms (ProQuest)

S1.	(((su.exact("back pain") or ti,ab((lumbar or lumbosacral or lumbo-sacral or back) near/5 (pain* or ache* or aching)) or ti,ab (backache* or lumbago or sciatica)) or ((ti,ab(radiculopathy or radiculitis or radicular pain*) or ti,ab(nerve root* near/5 (pain* or avulsion or compress* or
	disorder* or pinch* or inflam* or imping* or irritat* or entrap* or trap*))) and ti,ab(back* or lumbosacral or lumbo-sacral or lumbar)))

CRD search terms

MeSH descriptor low back pain explode all trees	
MeSH descriptor sciatica explode all trees	
MeSH descriptor radiculopathy explode all trees	
MeSH descriptor polyradiculoneuropathy explode all trees	
MeSH descriptor polyradiculopathy explode all trees	
(((lumbar or lumbosacral or lumbo-sacral or back) near (pain* or ache* or aching)))	
((backache* or lumbago or sciatica))	
((radiculopathy or radiculitis or radicular pain*))	
((nerve root* near (pain* or avulsion or compress* or disorder* or pinch* or inflam* or imping* or irritat* or entrap* or trap*)))	
((polyradiculoneuritis or polyradiculitis))	
((back* or lumbosacral or lumbo-sacral or lumbar))	

#12.	#8 or #9 or #10
#13.	#11 and #12
#14.	#1 or #2 or #3 or #4 or #5 or #6 or #7 or #13

HEED search terms

1.	ax=(lumbar or lumbosacral or lumbo-sacral or back) and (pain* or ache* or aching)	
2.	ax=backache* or lumbago or sciatica	
3.	ax=radiculopathy or radiculitis or radicular pain	
4.	ax=nerve root or nerve roots	
5.	ax=pain* or avulsion or compress* or disorder* or pinch* or inflam* or imping* or irritat* or entrap* or trap*	
6.	cs=4 and 5	
7.	ax=polyradiculoneuritis or polyradiculitis or polyradiculopathy or polyradiculoneuropathy	
8.	cs=3 or 6 or 7	
9.	ax=(back* or lumbosacral or lumbo-sacral or lumbar)	
10.	cs=8 and 9	
11.	cs=1 or 2 or 10	

G.1.3 Study filter search terms

G.1.3.1 Excluded study designs and publication types

The following study designs and publication types were removed from retrieved results using the NOT operator.

Medline search terms

1.	letter/	
2.	editorial/	
3.	news/	
4.	exp historical article/	
5.	anecdotes as topic/	
6.	comment/	
7.	case report/	
8.	(letter or comment*).ti.	
9.	or/1-8	
10.	randomized controlled trial/ or random*.ti,ab.	
11.	9 not 10	
12.	animals/ not humans/	
13.	exp animals, laboratory/	
14.	exp animal experimentation/	
15.	exp models, animal/	
16.	exp rodentia/	
17.	(rat or rats or mouse or mice).ti.	
18.	or/11-17	

Embase search terms

1.	letter.pt. or letter/
2.	note.pt.

3.	editorial.pt.
4.	case report/ or case study/
5.	(letter or comment*).ti.
6.	or/1-5
7.	randomized controlled trial/ or random*.ti,ab.
8.	6 not 7
9.	animal/ not human/
10.	nonhuman/
11.	exp animal experiment/
12.	exp experimental animal/
13.	animal model/
14.	exp rodent/
15.	(rat or rats or mouse or mice).ti.
16.	or/8-15

AMED search terms

1.	case report/	
2.	(letter or comment*).ti.	
3.	or/1-2	
4.	randomized controlled trials/ or random*.ti,ab.	
5.	3 not 4	
6.	animals/ not humans/	
7.	(rat or rats or mouse or mice).ti.	
8.	or/5-7	

CINAHL search terms

S1.	PT anecdote or PT audiovisual or PT bibliography or PT biography or PT book or PT book
	review or PT brief item or PT cartoon or PT commentary or PT computer program or PT
	editorial or PT games or PT glossary or PT historical material or PT interview or PT letter or PT
	listservs or PT masters thesis or PT obituary or PT pamphlet or PT pamphlet chapter or PT
	pictorial or PT poetry or PT proceedings or PT "questions and answers" or PT response or PT
	software or PT teaching materials or PT website

G.1.3.2 Randomised controlled trials (RCTs) search terms

Medline search terms

1.	randomized controlled trial.pt.	
2.	controlled clinical trial.pt.	
3.	randomi#ed.ab.	
4.	placebo.ab.	
5.	drug therapy.fs.	
6.	randomly.ab.	
7.	trial.ab.	
8.	groups.ab.	
9.	or/1-8	

Embase search terms

1.	random*.ti,ab.	
----	----------------	--

2.	factorial*.ti,ab.
3.	(crossover* or cross over*).ti,ab.
4.	((doubl* or singl*) adj blind*).ti,ab.
5.	(assign* or allocat* or volunteer* or placebo*).ti,ab.
6.	crossover procedure/
7.	double blind procedure/
8.	single blind procedure/
9.	randomized controlled trial/
10.	or/1-9

AMED search terms

1.	randomized controlled trial.pt.
2.	randomized controlled trials/
3.	controlled clinical trial.pt.
4.	placebo.ab.
5.	random*.ti,ab.
6.	trial.ti,ab.
7.	groups.ab.
8.	or/1-7

G.1.3.3 Systematic review search terms

Medline search terms

viedime search terms	
1.	meta-analysis/
2.	meta-analysis as topic/
3.	(meta analy* or metanaly* or metaanaly*).ti,ab.
4.	((systematic* or evidence*) adj3 (review* or overview*)).ti,ab.
5.	(reference list* or bibliograph* or hand search* or manual search* or relevant journals).ab.
6.	(search strategy or search criteria or systematic search or study selection or data extraction).ab.
7.	(search* adj4 literature).ab.
8.	(medline or pubmed or cochrane or embase or psychlit or psyclit or psychinfo or psycinfo or CINAHL or science citation index or bids or cancerlit).ab.
9.	cochrane.jw.
10.	((multiple treatment* or indirect or mixed) adj2 comparison*).ti,ab.
11.	or/1-10

Embase search terms

1.	systematic review/
2.	meta-analysis/
3.	(meta analy* or metanaly* or metaanaly*).ti,ab.
4.	((systematic or evidence) adj3 (review* or overview*)).ti,ab.
5.	(reference list* or bibliograph* or hand search* or manual search* or relevant journals).ab.
6.	(search strategy or search criteria or systematic search or study selection or data extraction).ab.
7.	(search* adj4 literature).ab.
8.	(medline or pubmed or cochrane or embase or psychlit or psyclit or psychinfo or psycinfo or CINAHL or science citation index or bids or cancerlit).ab.
9.	((pool* or combined) adj2 (data or trials or studies or results)).ab.

10.	cochrane.jw.
11.	or/1-10

AMED search terms

1.	Meta-Analysis/
2.	(meta analy* or metanaly* or metaanaly* or meta regression).ti,ab.
3.	((systematic* or evidence*) adj3 (review* or overview*)).ti,ab.
4.	(reference list* or bibliograph* or hand search* or manual search* or relevant journals).ab.
5.	(search strategy or search criteria or systematic search or study selection or data extraction).ab.
6.	(search* adj4 literature).ab.
7.	(medline or pubmed or cochrane or embase or psychlit or psyclit or psychinfo or psycinfo or cinahl or science citation index or bids or cancerlit).ab.
8.	((multiple treatment* or indirect or mixed) adj2 comparison*).ti,ab.
9.	or/1-8

G.1.3.4 Health economics search terms

Medline search terms

1.	economics/
2.	value of life/
3.	exp "costs and cost analysis"/
4.	exp economics, hospital/
5.	exp economics, medical/
6.	economics, nursing/
7.	economics, pharmaceutical/
8.	exp "fees and charges"/
9.	exp budgets/
10.	budget*.ti,ab.
11.	cost*.ti.
12.	(economic* or pharmaco?economic*).ti.
13.	(price* or pricing*).ti,ab.
14.	(cost* adj2 (effective* or utilit* or benefit* or minimi* or unit* or estimat* or variable*)).ab.
15.	(financ* or fee or fees).ti,ab.
16.	(value adj2 (money or monetary)).ti,ab.
17.	or/1-16

Embase search terms

1.	health economics/	
2.	exp economic evaluation/	
3.	exp health care cost/	
4.	exp fee/	
5.	budget/	
6.	funding/	
7.	budget*.ti,ab.	
8.	cost*.ti.	
9.	(economic* or pharmaco?economic*).ti.	
10.	(price* or pricing*).ti,ab.	

11.	(cost* adj2 (effective* or utilit* or benefit* or minimi* or unit* or estimat* or variable*)).ab.
12.	(financ* or fee or fees).ti,ab.
13.	(value adj2 (money or monetary)).ti,ab.
14.	or/1-13

G.1.3.5 Diagnostic studies search terms

Medline search terms

1.	exp "sensitivity and specificity"/	
2.	(sensitivity or specificity).ti,ab.	
3.	((pre test or pretest or post test) adj probability).ti,ab.	
4.	(predictive value* or ppv or npv).ti,ab.	
5.	likelihood ratio*.ti,ab.	
6.	likelihood function/	
7.	(roc curve* or auc).ti,ab.	
8.	(diagnos* adj3 (performance* or accurac* or utilit* or value* or efficien* or effectiveness)).ti,ab.	
9.	gold standard.ab.	
10.	or/1-9	

Embase search terms

1.	exp "sensitivity and specificity"/	
2.	(sensitivity or specificity).ti,ab.	
3.	((pre test or pretest or post test) adj probability).ti,ab.	
4.	(predictive value* or ppv or npv).ti,ab.	
5.	likelihood ratio*.ti,ab.	
6.	(roc curve* or auc).ti,ab.	
7.	(diagnos* adj3 (performance* or accurac* or utilit* or value* or efficien* or effectiveness)).ti,ab.	
8.	diagnostic accuracy/	
9.	diagnostic test accuracy study/	
10.	gold standard.ab.	
11.	or/1-10	

G.1.3.6 Observational studies search terms

Medline search terms

1.	epidemiologic studies/
2.	exp case control studies/
3.	exp cohort studies/
4.	cross-sectional studies/
5.	case control.ti,ab.
6.	(cohort adj (study or studies or analys*)).ti,ab.
7.	((follow up or observational or uncontrolled or non randomi#ed or nonrandomi#ed or epidemiologic*) adj (study or studies)).ti,ab.
8.	((longitudinal or retrospective or prospective or cross sectional) and (study or studies or review or analys* or cohort*)).ti,ab.
9.	or/1-8

Embase search terms

LIIIbuse		
1.	clinical study/	
2.	exp case control study/	
3.	family study/	
4.	longitudinal study/	
5.	retrospective study/	
6.	prospective study/	
7.	cross-sectional study/	
8.	cohort analysis/	
9.	follow-up/	
10.	cohort*.ti,ab.	
11.	9 and 10	
12.	case control.ti,ab.	
13.	(cohort adj (study or studies or analys*)).ti,ab.	
14.	((follow up or observational or uncontrolled or non randomi#ed or nonrandomi#ed or epidemiologic*) adj (study or studies)).ti,ab.	
15.	((longitudinal or retrospective or prospective or cross sectional) and (study or studies or review or analys* or cohort*)).ti,ab.	
16.	or/1-8,11-15	

G.1.3.7 Prognostic studies search terms

Medline search terms

1.	predict.ti.	
2.	(validat* or rule*).ti,ab.	
3.	(predict* and (outcome* or risk* or model*)).ti,ab.	
4.	((history or variable* or criteria or scor* or characteristic* or finding* or factor*) and (predict* or model* or decision* or identif* or prognos*)).ti,ab.	
5.	decision*.ti,ab. and logistic models/	
6.	(decision* and (model* or clinical*)).ti,ab.	
7.	(prognostic and (history or variable* or criteria or scor* or characteristic* or finding* or factor* or model*)).ti,ab.	
8.	(stratification or discrimination or discriminate or c statistic or "area under the curve" or auc or calibration or indices or algorithm or multivariable).ti,ab.	
9.	roc curve/	
10.	or/1-9	

Embase search terms

1.	predict*.ti.
2.	(validat* or rule*).ti,ab.
3.	(predict* and (outcome* or risk* or model*)).ti,ab.
4.	((history or variable* or criteria or scor* or characteristic* or finding* or factor*) and (predict* or model* or decision* or identif* or prognos*)).ti,ab.
5.	decision*.ti,ab. and statistical model/
6.	(decision* and (model* or clinical*)).ti,ab.
7.	(prognostic and (history or variable* or criteria or scor* or characteristic* or finding* or factor* or model*)).ti,ab.
8.	(stratification or discrimination or discriminate or c statistic or "area under the curve" or auc or

	calibration or indices or algorithm or multivariable).ti,ab.
9.	receiver operating characteristic/
10.	or/1-9

Cochrane search terms

#1.	predict:ti
#2.	(validat* or rule*):ti,ab
#3.	(predict* and (outcome* or risk* or model*)):ti,ab
#4.	((history or variable* or criteria or scor* or characteristic* or finding* or factor*) and (predict* or model* or decision* or identif* or prognos*)):ti,ab
#5.	decision*:ti,ab and [mh "logistic models"]
#6.	(decision* and (model* or clinical*)):ti,ab
#7.	(prognostic and (history or variable* or criteria or scor* or characteristic* or finding* or factor* or model*)):ti,ab
#8.	(stratification or discrimination or discriminate or c statistic or "area under the curve" or auc or calibration or indices or algorithm or multivariable):ti,ab
#9.	[mh "roc curve"]
#10.	{or #1-#9}

G.1.4 Searches for specific questions

G.1.4.1 Assessment: clinical examination

• What is the diagnostic accuracy of clinical examination in the assessment of sciatica?

Medline search terms

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]
3.	1 not 2
4.	Limit 3 to English language
5.	*physical examination/
6.	exp range of motion, articular/
7.	exp muscle strength/
8.	exp neurologic examination/
9.	((neurological or physical or clinical) adj2 exam*).ti,ab.
10.	(stretch* adj4 test*).ti,ab.
11.	(leg adj3 (raise* or raising)).ti,ab.
12.	(muscle* adj2 (strength or strong or motor*)).ti,ab.
13.	(prone knee* adj2 (bend* or flex*)).ti,ab.
14.	((dermatome* or dermatomal) adj4 (sense* or sensory) adj4 (loss or lost)).ti,ab.
15.	reflex* impair*.ti,ab.
16.	slump* test*.ti,ab.
17.	or/5-16
18.	Study filters RCT [G.1.3.2] or SR [G.1.3.3]
19.	4 and 17 and 18
20.	See Table 25 for date parameters
l	

Embase search terms

r	
1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]
3.	1 not 2
4.	Limit 3 to English language
5.	*physical examination/
6.	exp muscle strength/
7.	exp neurologic examination/
8.	exp "joint characteristics and functions"/
9.	((neurological or physical or clinical) adj2 exam*).ti,ab.
10.	(stretch* adj4 test*).ti,ab.
11.	(leg adj3 (raise* or raising)).ti,ab.
12.	(muscle* adj2 (strength or strong or motor*)).ti,ab.
13.	(prone knee* adj2 (bend* or flex*)).ti,ab.
14.	((dermatome* or dermatomal) adj4 (sense* or sensory) adj4 (loss or lost)).ti,ab.
15.	reflex* impair*.ti,ab.
16.	slump* test*.ti,ab.
17.	or/5-16
18.	Study filters RCT [G.1.3.2] or SR [G.1.3.3]
19.	4 and 17 and 18
20.	See Table 25 for date parameters

Cochrane search terms

#1.	Standard lower back pain population [G.1.2]
#2.	MeSH descriptor: [physical examination] this term only
#3.	MeSH descriptor: [range of motion, articular] explode all trees
#4.	MeSH descriptor: [muscle strength] explode all trees
#5.	MeSH descriptor: [neurologic examination] explode all trees
#6.	((neurological or physical or clinical) near/2 exam*):ti,ab
#7.	(stretch* near/4 test*):ti,ab
#8.	(leg near/3 (raise* or raising)):ti,ab
#9.	(muscle* near/2 (strength or strong or motor*)):ti,ab
#10.	(prone knee* near/2 (bend* or flex*)):ti,ab
#11.	((dermatome* or dermatomal) near/4 (sense* or sensory) near/4 (loss or lost)):ti,ab
#12.	reflex* impair*:ti,ab
#13.	slump* test*:ti,ab
#14.	{or #2-#13}
#15.	#1 and #14
#16.	See Table 25 for date parameters

G.1.4.2 Assessment: risk assessment tools

Searches for the following two questions were run as one search:

- Which validated risk assessment tools are the most accurate for identifying people with low back pain or sciatica at risk of poor outcome/delayed improvement?
- What is the clinical and cost effectiveness of stratifying management of non-specific low back pain or sciatica according to outcome of a risk assessment tool/questionnaire?

Medline search terms

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]
3.	1 not 2
4.	Limit 3 to English language
5.	dram.ti,ab.
6.	orebro.ti,ab.
7.	(gatchel or delitto or flynn or hancock or sullivan).ti,ab.
8.	gatchel rj.au.
9.	delitto a.au.
10.	flynn t.au.
11.	hancock mj.au.
12.	(o'sullivan p or o'sullivan pb).au.
13.	childs jd.au.
14.	risk assessment/
15.	((risk* or stratif* or predict* or assess* or screen* or score* or scoring or equation* or algorithm) adj4 (tool* or rule* or instrument*1 or index* or test* or technique* or analys* or criteria or calculat* or questionnaire*)).ti,ab.
16.	or/5-15
17.	4 and 16
18.	(start back or startback).ti,ab.
19.	Study filters OBS [G.1.3.6] or DIAG [G.1.3.5] or PROG [G.1.3.7]
20.	(17 or 18) and 19
21.	Date parameters: 1985-15/12/15

Embase search terms

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]
3.	1 not 2
4.	Limit 3 to English language
5.	dram.ti,ab.
6.	orebro.ti,ab.
7.	(gatchel or delitto or flynn or hancock or sullivan or "o'sullivan").ti,ab.
8.	gatchel rj.au.
9.	delitto a.au.
10.	flynn t.au.
11.	hancock mj.au.
12.	(o'sullivan p or o'sullivan pb).au.
13.	childs jd.au.
14.	risk assessment/
15.	((risk* or stratif* or predict* or assess* or screen* or score* or scoring or equation* or algorithm) adj4 (tool* or rule* or instrument*1 or index* or test* or technique* or analys* or criteria or calculat* or questionnaire*)).ti,ab.
16.	or/5-15
17.	4 and 16
18.	(start back or startback).ti,ab.
19.	Study filters OBS [G.1.3.6] or DIAG [G.1.3.5] or PROG [G.1.3.7]

20.	(17 or 18) and 19
21.	Date parameters: 1985-15/12/15

#1.	Standard lower back pain population [G.1.2]
#2.	(dram or 'orebro' or gatchel or delitto or flynn or hancock or sullivan or "o'sullivan"):ti,ab,kw
#3.	gatchel rj:au
#4.	delitto a:au
#5.	flynn t:au
#6.	hancock mj:au
#7.	(o'sullivan p or o'sullivan pb):au
#8.	childs jd:au
#9.	MeSH descriptor: [risk assessment] explode all trees
#10.	((risk* or stratif* or predict* or assess* or screen* or score* or scoring or equation* or algorithm) near/4 (tool* or rule* or instrument*1 or index* or test* or technique* or analys* or criteria or calculat* or questionnaire*)):ti,ab
#11.	{or #2-#10}
#12.	#1 and #11
#13.	(start back or startback):ti,ab
#14.	#12 or #13
#15.	Date parameters: 1985-15/12/15

G.1.4.3 Assessment: imaging

• What is the clinical and cost effectiveness of performing imaging (X-ray or MRI) compared with no investigation to improve functional disability, pain or psychological distress in people with low back pain and/or sciatica?

Standard lower back pain population [G.1.2]	
Excluded study designs and publication types [G.1.3.1]	
1 not 2	
Limit 3 to English language	
exp radiography/	
ra.fs.	
x-ray.ti,ab.	
exp magnetic resonance imaging/	
mri.ti,ab.	
((magnetic resonance or mr or nmr) adj2 (tomogra* or imag* or scan*)).ti,ab.	
exp tomography, x-ray computed/	
((ct or cat) adj2 (imag* or scan* or diagnos*)).ti,ab.	
(compute* adj3 tomogra*).ti,ab.	
or/5-13	
Study filters RCT [G.1.3.2] or SR [G.1.3.3] or OBS [G.1.3.6]	
4 and 14 and 15	
See Table 25 for date parameters	

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]
3.	1 not 2
4.	limit 3 to english language
5.	exp radiography/
6.	rt.fs.
7.	x ray.ti,ab.
8.	exp nuclear magnetic resonance imaging/
9.	mri.ti,ab.
10.	((magnetic resonance or mr or nmr) adj2 (tomogra* or imag* or scan*)).ti,ab.
11.	exp computer assisted tomography/
12.	((ct or cat) adj2 (imag* or scan* or diagnos*)).ti,ab.
13.	(compute* adj3 tomogra*).ti,ab.
14.	or/4-13
15.	Study filters RCT [G.1.3.2] or SR [G.1.3.3] or OBS [G.1.3.6]
16.	4 and 14 and 15
17.	See Table 25 for date parameters

	Standard lower back pain population [G.1.2] MeSH descriptor: [radiography] explode all trees Any MeSH descriptor with qualifier(s): [radiography - ra]
#2. N	
	Any MaSH descriptor with qualifior(s): [radiography_ra]
#3. A	any mean descriptor with qualitients). [radiography - Ta]
#4. x	k-ray:ti,ab,kw
#5. N	MeSH descriptor: [magnetic resonance imaging] explode all trees
#6. n	nri:ti,ab,kw
#7. ((magnetic resonance or mr or nmr) near/2 (tomogra* or imag* or scan*)):ti,ab,kw
#8. ((ct or cat) near/2 (imag* or scan* or diagnos*)):ti,ab,kw
#9. (compute* near/3 tomogra*):ti,ab,kw
#10. {	or #2-#9}
#11. #	#1 and #10
#12. S	See Table 25 for date parameters

G.1.4.4 Lifestyle interventions: self-management strategies

• What is the clinical and cost effectiveness of self-management strategies in the management of non-specific low back pain and sciatica?

1.	Standard lower back pain population [G.1.2]	
2.	Excluded study designs and publication types [G.1.3.1]	
3.	1 not 2	
4.	Limit 3 to English language	
5.	self care/	
6.	patient education as topic/	
7.	self-help groups/	
8.	((support* or help*) adj2 group*).ti,ab.	
9.	back book*.ti,ab.	

Medline search terms

10.	back school* ti ab
	back school*.ti,ab.
11.	rest/
12.	bed rest/
13.	((people or person or patient* or carer* or caregiver*) adj3 (information* or educat* or learn* or train* or program* or advi?e* or instruction* or teach* or assurance* or reassurance* or support*)).ti,ab.
14.	pamphlets/
15.	"activities of daily living"/
16.	(advi?e adj3 exercis*).ti,ab.
17.	((stay* or keep* or remain*) adj2 (active or mobile or moving)).ti,ab.
18.	((personal or daily or day* or ordinary or normal* or usual or avoid*) adj2 activit*).ti,ab.
19.	((self or own or personal) adj3 (rehab* or efficacy or treatment* or programme* or program* or technique* or manage* or intervention* or therap* or train* or strateg* or method* or counsel* or care* or caring or treat* or help*)).ti,ab.
20.	(pamphlet* or leaflet* or booklet* or manual* or brochure* or handout* or website* or web site* or web page* or webpage* or video* or dvd*).ti,ab.
21.	((bed* adj2 rest*) or bedrest*).ti,ab.
22.	or/5-21
23.	Study filters RCT [A.3.2] or SR [A.3.3]
24.	4 and 22 and 23
25.	See Table 25 for date parameters

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]
3.	1 not 2
4.	Limit 3 to English language
5.	((people or person or patient* or carer* or caregiver*) adj3 (information* or educat* or learn* or train* or program* or advi?e* or instruction* or teach* or assurance* or reassurance* or support*)).ti,ab.
6.	((support* or help*) adj2 group*).ti,ab.
7.	back book*.ti,ab.
8.	back school*.ti,ab.
9.	(advi?e adj3 exercis*).ti,ab.
10.	((stay* or keep* or remain*) adj2 (active or mobile or moving)).ti,ab.
11.	((personal or daily or day* or ordinary or normal* or usual or avoid*) adj2 activit*).ti,ab.
12.	(pamphlet* or leaflet* or booklet* or manual* or brochure* or handout* or website* or web site* or web page* or webpage* or video* or dvd*).ti,ab.
13.	((bed* adj2 rest*) or bedrest*).ti,ab.
14.	((self or own or personal) adj3 (rehab* or efficacy or treatment* or programme* or program* or technique* or manage* or intervention* or therap* or train* or strateg* or method* or counsel* or care* or caring or treat* or help*)).ti,ab.
15.	*support group/
16.	exp *self care/
17.	*patient education/
18.	*bed rest/
19.	*rest/
20.	*daily life activity/

21.	or/5-20
22.	Study filters RCT [A.3.2] or SR [A.3.3]
23.	4 and 21 and 22
24.	See Table 25 for date parameters

CUCIII alle	Conrane search terms	
#1.	Standard lower back pain population [G.1.2]	
#2.	[mh "patient education as topic"]	
#3.	[mh "self-help groups"]	
#4.	[mh rest]	
#5.	[mh "bed rest"]	
#6.	[mh pamphlets]	
#7.	[mh "activities of daily living"]	
#8.	((support* or help*) near/2 group*):ti,ab	
# 9.	back book*:ti,ab	
#10.	back school*:ti,ab	
#11.	((people or person or patient* or carer* or caregiver*) near/3 (information* or educat* or learn* or train* or program* or advi?e* or instruction* or teach* or assurance* or reassurance* or support*)):ti,ab	
#12.	(advi?e near/3 exercis*):ti,ab	
#13.	((stay* or keep* or remain*) near/2 (active or mobile or moving)):ti,ab	
#14.	((personal or daily or day* or ordinary or normal* or usual or avoid*) near/2 activit*):ti,ab	
#15.	((self or own or personal) near/3 (rehab* or efficacy or treatment* or programme* or program* or technique* or manage* or intervention* or therap* or train* or strateg* or method* or counsel* or care* or caring or treat* or help*)):ti,ab	
#16.	(pamphlet* or leaflet* or booklet* or manual* or brochure* or handout* or website* or web site* or web page* or webpage* or video* or dvd*):ti,ab	
#17.	((bed* near/2 rest*) or bedrest*):ti,ab	
#18.	{or #2-#17}	
#19.	#1 and #18	
#20.	See Table 25 for date parameters	

CINAHL search terms

•		
S1.	Standard lower back pain population [G.1.2]	
S2.	Excluded study designs and publication types [G.1.3.1]	
S3.	1 not 2	
S4.	Limit 3 to English language	
S5.	(support* or help*) n2 group*	
S6.	back book*	
S7.	back school*	
S8.	(people or person or patient* or carer* or caregiver*) n3 (information* or educat* or learn* or train* or program* or advi?e* or instruction* or teach* or assurance* or reassurance* or support*)	
S9.	advi?e n3 exercis*	
S10.	(stay* or keep* or remain*) n2 (active or mobile or moving)	
S11.	(personal or daily or day* or ordinary or normal* or usual or avoid*) n2 activit*	
S12.	(self or own or personal) n3 (rehab* or efficacy or treatment* or programme* or program* or technique* or manage* or intervention* or therap* or train* or strateg* or method* or	

	counsel* or care* or caring or treat* or help*)
S13.	pamphlet* or leaflet* or booklet* or manual* or brochure* or handout* or website* or web site* or web page* or webpage* or video* or dvd*
S14.	(bed* n2 rest*) or bedrest*
S15.	(mh "patient education")
S16.	(mh "self care")
S17.	(mh "support groups")
S18.	(mh "bed rest")
S19.	(mh "activities of daily living+")
S20.	(mh "pamphlets")
S21.	S5 or S6 or S7 or S8 or S9 or S10 or S11 or S12 or S13 or S14 or S15 or S16 or S17 or S18 or S19 or S20
S22.	S4 and S21 Limiters – Human
S23.	See Table 25 for date parameters

G.1.4.5 Combinations of interventions

- What is the clinical and cost effectiveness of combinations of non-invasive interventions in the management of non-specific LBP and sciatica?
- What is the clinical and cost effectiveness of workplace / return to work interventions in the management of non-specific low back pain and sciatica?

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]
3.	1 not 2
4.	Limit 3 to English language
5.	combined modality therapy/
6.	((combin* or multi*) adj3 (facet* or interven* or treat* or therap* or approach* or manag* or program*)).ti,ab.
7.	(package* or bundle* or pathway*).ti,ab.
8.	(multifacet* or multimod* or multidisc*).ti,ab.
9.	(combin* adj2 psych* adj2 physical*).ti,ab.
10.	(pain adj2 program*).ti,ab.
11.	(function* adj2 (restor* or recover*)).ti,ab.
12.	workplace/
13.	return to work/
14.	(work* adj3 (modification* or modify or program* or train* or therap* or treat* or exercise* or intervention*)).ti,ab.
15.	interdisc*.ti,ab.
16.	or/5-15
17.	Study filters RCT [A.3.2] or SR [A.3.3]
18.	4 and 16 and 17
19.	See Table 25 for date parameters

Medline search terms

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]

1 not 2
Limit 3 to English language
((combin* or multi*) adj3 (facet* or interven* or treat* or therap* or approach* or manag* or program*)).ti,ab.
(package* or bundle* or pathway*).ti,ab.
(multifacet* or multimod* or multidisc*).ti,ab.
(combin* adj2 psych* adj2 physical*).ti,ab.
(pain adj2 program*).ti,ab.
(function* adj2 (restor* or recover*)).ti,ab.
workplace/
return to work/
(work* adj3 (modification* or modify or program* or train* or therap* or treat* or exercise* or intervention*)).ti,ab.
interdisc*.ti,ab.
or/5-14
Study filters RCT [A.3.2] or SR [A.3.3]
4 and 15 and 16
See Table 25 for date parameters
· · · · · · · · · · · · · · · · · · ·

#1.	Standard lower back pain population [G.1.2]
#2.	((combin* or multi*) near/3 (facet* or interven* or treat* or therap* or approach* or manag* or program*)):ti,ab
#3.	(package* or bundle* or pathway* or multifacet* or multimod* or multidisc* or interdisc*):ti,ab
#4.	(combin* near/2 psych* near/2 physical*):ti,ab
#5.	(pain near/2 program*):ti,ab
#6.	(function* near/2 (restor* or recover*)):ti,ab
#7.	[mh workplace]
#8.	[mh "return to work"]
#9.	(work* near/3 (modification* or modify or program* or train* or therap* or treat* or exercise* or intervention*)):ti,ab
#10.	[mh "combined modality therapy"]
#11.	{or #2-#10}
#12.	#1 and #11
#13.	See Table 25 for date parameters

AMED search terms

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]
3.	1 not 2
4.	Limit 3 to English language
5.	((combin* or multi*) adj3 (facet* or interven* or treat* or therap* or approach* or manag* or program*)).ti,ab.
6.	(package* or bundle* or pathway*).ti,ab.
7.	(multifacet* or multimod* or multidisc*).ti,ab.
8.	(combin* adj2 psych* adj2 physical*).ti,ab.

9.	(pain adj2 program*).ti,ab.
10.	(function* adj2 (restor* or recover*)).ti,ab.
11.	workplace/
12.	(work* adj3 (modification* or modify or program* or train* or therap* or treat* or exercise* or intervention*)).ti,ab.
13.	interdisc*.ti,ab.
14.	combined modality therapy/
15.	or/5-14
16.	Study filters RCT [A.3.2] or SR [A.3.3]
17.	4 and 15 and 16
18.	See Table 25 for date parameters

CINAHL search terms

S1.	Standard lower back pain population [G.1.2]
S2.	Excluded study designs and publication types [G.1.3.1]
S3.	1 not 2
S4.	Limit 3 to English language
S5.	(mh "combined modality therapy")
S6.	((combin* or multi*) n3 (facet* or interven* or treat* or therap* or approach* or manag* or program*))
S7.	(package* or bundle* or pathway* or multifacet* or multimod* or multidisc* or interdisc*)
S8.	(pain n2 program*)
S9.	(function* n2 (restor* or recover*))
S10.	(work* n3 (modification* or modify or program* or train* or therap* or treat* or exercise* or intervention*))
S11.	(mh "work environment")
S12.	(mh "job re-entry")
S13.	S5 or S6 or S7 or S8 or S9 or S10 or S11 or S12
S14.	S4 and S13
S15.	See Table 25 for date parameters

PsycINFO (Ovid) search terms

1.	Standard lower back pain population [G.1.2]
2.	Limit 1 to English language
3.	interdisciplinary treatment approach/
4.	multimodal treatment approach/
5.	((combin* or multi*) adj3 (facet* or interven* or treat* or therap* or approach* or manag* or program*)).ti,ab.
6.	(package* or bundle* or pathway*).ti,ab.
7.	(multifacet* or multimod* or multidisc*).ti,ab.
8.	interdisc*.ti,ab.
9.	(combin* adj2 psych* adj2 physical*).ti,ab.
10.	(pain adj2 program*).ti,ab.
11.	(function* adj2 (restor* or recover*)).ti,ab.
12.	(work* adj3 (modification* or modify or program* or train* or therap* or treat* or exercise* or intervention*)).ti,ab.
13.	or/3-12

14.	2 and 13
15.	See Table 25 for date parameters

PsycINFO search terms (ProQuest)

S1.	Standard lower back pain population [G.1.2]
S2.	Limit S1 to English language
S3.	((su.exact("interdisciplinary treatment approach") or su.exact("multimodal treatment approach")) or ti,ab((combin* or multi*) near/3 (facet* or interven* or treat* or therap* or approach* or manag* or program*)) or (ti,ab(package* or bundle* or pathway*) or ti,ab(multifacet* or multimod* or multidisc*) or ti,ab(interdisc*) or ti,ab(combin* near/2 psych* near/2 physical*)) or (ti,ab(pain near/2 program*) or ti,ab(function* near/2 (restor* or recover*)) or ti,ab(work* near/3 (modification* or modify or program* or train* or therap* or treat* or exercise* or intervention*))))
S4.	S2 and S3
S5.	See Table 25 for date parameters

G.1.4.6 Non-invasive interventions: exercise interventions

• What is the clinical and cost effectiveness of non-invasive interventions in the management of non-specific LBP and sciatica?

Medline search terms

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]
3.	1 not 2
4.	Limit 3 to English language
5.	exp exercise/
6.	exp exercise therapy/
7.	exp "physical education and training"/
8.	(pilates or yoga or mckenzie or feldenkrais or swim* or walk* or run* or jog* or treadmill* or tread mill*).ti,ab.
9.	(stretch* adj3 (active* or passive* or relax* or static* or dynamic* or gentl* or ballistic* or force* or isometric or technique* or exercis* or therap*)).ti,ab.
10.	(aerobic* adj (exercise* or train* or therap*)).ti,ab.
11.	((corrective* or biomechanic*) adj (exercise* or train* or therap*)).ti,ab.
12.	(biomechanic* adj (method* or course*)).ti,ab.
13.	((strength* or stabil* or program* or train* or therap* or technique* or treat*) adj3 exercise*).ti,ab.
14.	(fitness* adj3 (program* or train* or therap*)).ti,ab.
15.	(tai ji or tai chi or taichi or taiji or taijiquan).ti,ab.
16.	(qigong or ch'i k#ng or ch'i g#ng or chi k#ng or chi g#ng or qi k#ng or qi g#ng).ti,ab.
17.	core stability.ti,ab.
18.	yoga/
19.	qigong/
20.	tai ji/
21.	exercise movement techniques/
22.	exp hydrotherapy/
23.	exp balneology/
24.	(balneology or balneotherap*).ti,ab.

25.	((water* or bath* or pool or pools or shower* or underwater* or spa or spas or aqua*) adj2 (exercise* or train* or therap* or treat* or manag*)).ti,ab.
26.	(hydrotherap* or hydro-therap*).ti,ab.
27.	or/5-26
28.	Study filters RCT [G.1.3.2] or SR [G.1.3.3] or OBS [G.1.3.6]
29.	4 and 27 and 28
30.	See Table 25 for date parameters

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]
3.	1 not 2
4.	Limit 3 to English language
5.	exp *exercise/
6.	exp *kinesiotherapy/
7.	exp *physical education/
8.	*yoga/
9.	*tai chi/
10.	(qigong or ch'i k#ng or ch'i g#ng or chi k#ng or chi g#ng or qi k#ng or qi g#ng).ti,ab.
11.	feldenkrais method/
12.	pilates/
13.	*walking/
14.	*running/
15.	*stretching/
16.	*jogging/
17.	*treadmill/
18.	(pilates or yoga or mckenzie or feldenkrais or swim* or walk* or run* or jog* or treadmill* or tread mill*).ti,ab.
19.	(stretch* adj3 (active* or passive* or relax* or static* or dynamic* or gentl* or ballistic* or force* or isometric or technique* or exercis* or therap*)).ti,ab.
20.	(aerobic* adj (exercise* or train* or therap*)).ti,ab.
21.	((corrective* or biomechanic*) adj (exercise* or train* or therap*)).ti,ab.
22.	(biomechanic* adj (method* or course*)).ti,ab.
23.	((strength* or stabil* or program* or train* or therap* or technique* or treat*) adj3 exercise*).ti,ab.
24.	(fitness* adj3 (program* or train* or therap*)).ti,ab.
25.	(tai ji or tai chi or taichi or taiji or taijiquan).ti,ab.
26.	core stability.ti,ab.
27.	exp *balneotherapy/
28.	(balneology or balneotherap*).ti,ab.
29.	((water* or bath* or pool or pools or shower* or underwater* or spa or spas or aqua*) adj2 (exercise* or train* or therap* or treat* or manag*)).ti,ab.
30.	(hydrotherap* or hydro-therap*).ti,ab.
31.	or/5-31
32.	Study filters RCT [G.1.3.2] or SR [G.1.3.3] or OBS [G.1.3.6]
33.	4 and 31 and 32
34.	See Table 25 for date parameters

Lochran	e search terms
#1.	Standard lower back pain population [G.1.2]
#2.	[mh exercise]
#3.	[mh "exercise therapy"]
#4.	[mh "physical education and training"]
#5.	[mh yoga]
#6.	[mh qigong]
#7.	[mh "tai ji"]
#8.	[mh "exercise movement techniques"]
#9.	(pilates or yoga or mckenzie or feldenkrais or swim* or walk* or run* or jog* or treadmill* or tread mill*):ti,ab
#10.	(stretch* near/3 (active* or passive* or relax* or static* or dynamic* or gentl* or ballistic* or force* or isometric or technique* or exercis* or therap*)):ti,ab
#11.	(aerobic* near (exercise* or train* or therap*)):ti,ab
#12.	((corrective* or biomechanic*) near (exercise* or train* or therap*)):ti,ab
#13.	(biomechanic* near (method* or course*)):ti,ab
#14.	((strength* or stabil* or program* or train* or therap* or technique* or treat*) near/3 exercise*):ti,ab
#15.	(fitness* near/3 (program* or train* or therap*)):ti,ab
#16.	(tai ji or tai chi or taichi or taiji or taijiquan):ti,ab
#17.	(qigong or ch'i k?ng or ch'i g?ng or chi k?ng or chi g?ng or qi k?ng or qi g?ng):ti,ab
#18.	core stability:ti,ab
#19.	(balneology or balneotherap* or hydrotherap* or hydro-therap*):ti,ab
#20.	((water* or bath* or pool or pools or shower* or underwater* or spa or spas or aqua*) near/2 (exercise* or train* or therap* or treat* or manag*)):ti,ab
#21.	{or #2-#20}
#22.	#1 and #21
#23.	See Table 25 for date parameters

AMED search terms

1.	Standard lower back pain population [G.1.2]	
2.	Excluded study designs and publication types [G.1.3.1]	
3.	1 not 2	
4.	Limit 3 to English language	
5.	(pilates or yoga or mckenzie or feldenkrais or swim* or walk* or run* or jog* or treadmill* or tread mill*).ti,ab.	
6.	(stretch* adj3 (active* or passive* or relax* or static* or dynamic* or gentl* or ballistic* or force* or isometric or technique* or exercis* or therap*)).ti,ab.	
7.	(aerobic* adj (exercise* or train* or therap*)).ti,ab.	
8.	((corrective* or biomechanic*) adj (exercise* or train* or therap*)).ti,ab.	
9.	(biomechanic* adj (method* or course*)).ti,ab.	
10.	((strength* or stabil* or program* or train* or therap* or technique* or treat*) adj3 exercise*).ti,ab.	
11.	(fitness* adj3 (program* or train* or therap*)).ti,ab.	
12.	(tai ji or tai chi or taichi or taiji or taijiquan).ti,ab.	
13.	(qigong or ch'i k#ng or ch'i g#ng or chi k#ng or chi g#ng or qi k#ng or qi g#ng).ti,ab.	
14.	core stability.ti,ab.	

45	
15.	exp exercise/
16.	exp exercise therapy/
17.	exp physical education/
18.	yoga/
19.	exp tai chi/
20.	qigong/
21.	feldenkrais technique/
22.	swimming/
23.	jogging/
24.	walking/
25.	running/
26.	exp hydrotherapy/
27.	(balneology or balneotherap*).ti,ab.
28.	(hydrotherap* or hydro-therap*).ti,ab.
29.	((water* or bath* or pool or pools or shower* or underwater* or spa or spas or aqua*) adj2 (exercise* or train* or therap* or treat* or manag*)).ti,ab.
30.	or/5-29
31.	Study filters RCT [G.1.3.2] or SR [G.1.3.3]
32.	4 and 30 and 31
33.	See Table 25 for date parameters

CINAHL search terms

S1.	Standard lower back pain population [G.1.2]
S2.	Excluded study designs and publication types [G.1.3.1]
S3.	1 not 2
S4.	Limit 3 to English language
S5.	(pilates or yoga or mckenzie or feldenkrais or swim* or walk* or run* or jog* or treadmill* or tread mill*)
S6.	(stretch* n3 (active* or passive* or relax* or static* or dynamic* or gentl* or ballistic* or force* or isometric or technique* or exercis* or therap*))
S7.	(aerobic* n1 (exercise* or train* or therap*))
S8.	((corrective* or biomechanic*) n1 (exercise* or train* or therap*))
S9.	(biomechanic* n1 (method* or course*))
S10.	((strength* or stabil* or program* or train* or therap* or technique* or treat*) n3 exercise*)
S11.	(fitness* n3 (program* or train* or therap*))
S12.	(tai ji or tai chi or taichi or taiji or taijiquan)
S13.	(qigong or ch'i k?ng or ch'i g?ng or chi k?ng or chi g?ng or qi k?ng or qi g?ng)
S14.	core stability
S15.	(mh "exercise+")
S16.	(mh "therapeutic exercise+")
S17.	(mh "physical education and training")
S18.	(mh "feldenkrais method")
S19.	(mh "hydrotherapy+")
S20.	(mh "balneology")
S21.	balneology or balneotherap* or hydrotherap* or hydro-therap*
S22.	((water* or bath* or pool or pools or shower* or underwater* or spa or spas or aqua*) n2

	(exercise* or train* or therap* or treat* or manag*))
S23.	S5 or S6 or S7 or S8 or S9 or S10 or S11 or S12 or S13 or S14 or S15 or S16 or S17 or S18 or S19 or S20 or S21 or S22
S24.	S4 and S23
S25.	See Table 25 for date parameters

G.1.4.7 Non-invasive interventions: postural therapies

• What is the clinical and cost effectiveness of non-invasive interventions in the management of non-specific LBP and sciatica?

Medline search terms

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]
3.	1 not 2
4.	Limit 3 to English language
5.	posture/
6.	postural balance/
7.	(postur* adj2 (balanc* or train* or therap* or treat* or educat* or reeducat* or exercis* or stabili* or stable or fitness or strength*)).ti,ab.
8.	alexander technique*.ti,ab.
9.	or/5-8
10.	Study filters RCT [G.1.3.2] or SR [G.1.3.3] or OBS [G.1.3.6]
11.	4 and 9 and 10
12.	See Table 25 for date parameters

Embase search terms

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]
3.	1 not 2
4.	Limit 3 to English language
5.	alexander technique/
6.	*body posture/
7.	*body equilibrium/
8.	(postur* adj2 (balanc* or train* or therap* or treat* or educat* or reeducat* or exercis* or stabili* or stable or fitness or strength*)).ti,ab.
9.	alexander technique*.ti,ab.
10.	or/5-9
11.	Study filters RCT [G.1.3.2] or SR [G.1.3.3] or OBS [G.1.3.6]
12.	4 and 10 and 11
13.	See Table 25 for date parameters

Cochrane search terms

#1.	Standard lower back pain population [G.1.2]
#2.	posture:kw
#3.	(postur* near/2 (balanc* or train* or therap* or treat* or educat* or reeducat* or exercis* or stabili* or stable or fitness or strength*)):ti,ab,kw
#4.	alexander technique*:ti,ab,kw

#5.	{or #2-#4}
#6.	#1 and #5
#7.	See Table 25 for date parameters

AMED search terms

1.	Standard lower back pain population [G.1.2]
2.	Limit 1 to English language
3.	alexander technique/
4.	postural therapies/
5.	posture/
6.	alexander technique*.ti,ab.
7.	(postur* adj2 (balanc* or train* or therap* or treat* or educat* or reeducat* or exercis* or stabili* or stable or fitness or strength*)).ti,ab.
8.	or/3-7
9.	2 and 8
10.	See Table 25 for date parameters

CINAHL search terms

S1.	Standard lower back pain population [G.1.2]
S2.	Limit 1 to English language
S3.	(mh "posture")
S4.	(mh "alexander technique")
S5.	(mh "balance, postural")
S6.	postur* n2 (balanc* or train* or therap* or treat* or educat* or reeducat* or exercis* or stabili* or stable or fitness or strength*)
S7.	alexander technique*
S8.	S3 or S4 or S5 or S6 or S7
S9.	S2 and S8
S10.	See Table 25 for date parameters

G.1.4.8 Non-invasive interventions: orthotics and appliances

What is the clinical and cost effectiveness of non-invasive interventions in the management of non-specific low back pain and sciatica?

Medline search terms

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]
3.	1 not 2
4.	Limit 3 to English language
5.	exp orthotic devices/
6.	((foot or feet or insole* or shoe*) adj2 orthotic*).ti,ab.
7.	((foot or feet) adj2 (orthos* or support*)).ti,ab.
8.	(belt* or corset*).ti,ab.
9.	((back* or lumbosacral or lumbo-sacral or lumbar) adj2 (device* or support* or orthos* or orthotic* or brace*)).ti,ab.
10.	or/5-9

11.	Study filters RCT [G.1.3.2] or SR [G.1.3.3] or OBS [G.1.3.6]
12.	4 and 10 and 11
13.	See Table 25 for date parameters

1.	Standard lower back pain population [G.1.2]	
2.	Excluded study designs and publication types [G.1.3.1]	
3.	1 not 2	
4.	Limit 3 to English language	
5.	exp *orthosis/	
6.	((foot or feet or insole* or shoe*) adj2 orthotic*).ti,ab.	
7.	((foot or feet) adj2 (orthos* or support*)).ti,ab.	
8.	(belt* or corset*).ti,ab.	
9.	((back* or lumbosacral or lumbo-sacral or lumbar) adj2 (device* or support* or orthos* or orthotic*)).ti,ab.	
10.	or/5-9	
11.	Study filters RCT [G.1.3.2] or SR [G.1.3.3] or OBS [G.1.3.6]	
12.	4 and 10 and 11	
13.	See Table 25 for date parameters	

Cochrane search terms

#1.	Standard lower back pain population [G.1.2]
#2.	[mh "orthotic devices"]
#3.	((foot or feet or insole* or shoe*) near/2 orthotic*):ti,ab
#4.	((foot or feet) near/2 (orthos* or support*)):ti,ab
#5.	(belt* or corset*):ti,ab
#6.	((back* or lumbosacral or lumbo-sacral or lumbar) near/2 (device* or support* or orthos* or orthotic* or brace*)):ti,ab
#7.	{or #2-#6}
#8.	#1 and #7
#9.	See Table 25 for date parameters

AMED search terms

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]
3.	1 not 2
4.	Limit 3 to English language
5.	exp orthotic devices/
6.	((foot or feet or insole* or shoe*) adj2 orthotic*).ti,ab.
7.	((foot or feet) adj2 (orthos* or support*)).ti,ab.
8.	(belt* or corset*).ti,ab.
9.	((back* or lumbosacral or lumbo-sacral or lumbar) adj2 (device* or support* or orthos* or orthotic*)).ti,ab.
10.	or/5-9
11.	Study filters RCT [G.1.3.2] or SR [G.1.3.3]
12.	4 and 10 and 11

13. See **Table 25** for date parameters

CINAHL search terms

S1.	Standard lower back pain population [G.1.2]
S2.	Excluded study designs and publication types [G.1.3.1]
S3.	1 not 2
S4.	Limit 3 to English language
S5.	(mh "orthoses+")
S6.	((foot or feet or insole* or shoe*) n2 orthotic*)
S7.	((foot or feet) n2 (orthos* or support*))
S8.	(belt* or corset*)
S9.	((back* or lumbosacral or lumbo-sacral or lumbar) n2 (device* or support* or orthos* or orthotic*))
S10.	S5 or S6 or S7 or S8 or S9
S11.	S4 and S10
S12.	See Table 25 for date parameters

G.1.4.9 Non-invasive interventions: manual therapies

What is the clinical and cost effectiveness of non-invasive interventions in the management of non-specific LBP and sciatica?

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]
3.	1 not 2
4.	Limit 3 to English language
5.	exp musculoskeletal manipulations/
6.	physical therapy modalities/
7.	physiotherap*.ti,ab.
8.	(massage* or rolfing).ti,ab.
9.	(acupressure or shiat#u or chih ya or zhi ya).ti,ab.
10.	(musculoskeletal adj manipulation*).ti,ab.
11.	((manual or manipulat* or mobili*) adj3 (therap* or treat*)).ti,ab.
12.	((osteopath* or chiropract* or manual* or ortho*) adj3 (manipulat* or mobili#ation or adjust*)).ti,ab.
13.	((spine or spinal or lumbosacral or lumbo-sacral or lumbar) adj3 (manipulat* or mobili#ation or adjust*)).ti,ab.
14.	somatic dysfunct*.ti,ab.
15.	(bone sett* or bone-sett* or bonesett*).ti,ab.
16.	traction/
17.	traction*.ti,ab.
18.	or/5-17
19.	Study filters RCT [G.1.3.2] or SR [G.1.3.3] or OBS [G.1.3.6]
20.	4 and 18 and 19
21.	See Table 25 for date parameters

Medline search terms

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]
3.	1 not 2
4.	Limit 3 to English language
5.	exp *manipulative medicine/
6.	exp *soft tissue/
7.	exp *physiotherapy/
8.	physiotherap*.ti,ab.
9.	(massage* or rolfing).ti,ab.
10.	(acupressure or shiat#u or chih ya or zhi ya).ti,ab.
11.	(musculoskeletal adj manipulation*).ti,ab.
12.	((manual or manipulat* or mobili*) adj3 (therap* or treat*)).ti,ab.
13.	((osteopath* or chiropract* or manual* or ortho*) adj3 (manipulat* or mobili#ation or adjust*)).ti,ab.
14.	((spine or spinal or lumbosacral or lumbo-sacral or lumbar) adj3 (manipulat* or mobili#ation or adjust*)).ti,ab.
15.	somatic dysfunct*.ti,ab.
16.	(bone sett* or bone-sett* or bonesett*).ti,ab.
17.	traction/
18.	traction*.ti,ab.
19.	or/5-18
20.	Study filters RCT [G.1.3.2] or SR [G.1.3.3] or OBS [G.1.3.6]
21.	4 and 19 and 20
22.	See Table 25 for date parameters

#1.	Standard lower back pain population [G.1.2]
#2.	MeSH descriptor: [musculoskeletal manipulations] explode all trees
#3.	MeSH descriptor: [traction] explode all trees
#4.	MeSH descriptor: [physical therapy modalities] this term only
#5.	physiotherap*:ti,ab
#6.	(massage* or rolfing):ti,ab
#7.	(acupressure or shiat?u or chih ya or zhi ya):ti,ab
#8.	(musculoskeletal near manipulation*):ti,ab
#9.	((manual or manipulat* or mobili*) near/3 (therap* or treat*)):ti,ab
#10.	((osteopath* or chiropract* or manual* or ortho*) near/3 (manipulat* or mobili?ation or adjust*)):ti,ab
#11.	((spine or spinal or lumbosacral or lumbo-sacral or lumbar) near/3 (manipulat* or mobili?ation or adjust*))
#12.	somatic dysfunct*.ti,ab.
#13.	(bone sett* or bone-sett* or bonesett*) .ti,ab.
#14.	{or #2-#13}
#15.	#1 and #14
#16.	See Table 25 for date parameters

AMED search terms

1.Standard lower back pain population [G.1.2]2.Excluded study designs and publication types [G.1.3.1]3.1 not 24.Limit 3 to English language5.exp musculoskeletal manipulations/6.traction/7.massage/ or exp mobilisation/8.soft tissue/9.exp physical therapy modalities/10.physiotherap*.ti,ab.11.(massage* or rolfing).ti,ab.12.(acupressure or shiat#u or chih ya or zhi ya).ti,ab.	
3. 1 not 2 4. Limit 3 to English language 5. exp musculoskeletal manipulations/ 6. traction/ 7. massage/ or exp mobilisation/ 8. soft tissue/ 9. exp physical therapy modalities/ 10. physiotherap*.ti,ab. 11. (massage* or rolfing).ti,ab.	
4. Limit 3 to English language 5. exp musculoskeletal manipulations/ 6. traction/ 7. massage/ or exp mobilisation/ 8. soft tissue/ 9. exp physical therapy modalities/ 10. physiotherap*.ti,ab. 11. (massage* or rolfing).ti,ab.	
5. exp musculoskeletal manipulations/ 6. traction/ 7. massage/ or exp mobilisation/ 8. soft tissue/ 9. exp physical therapy modalities/ 10. physiotherap*.ti,ab. 11. (massage* or rolfing).ti,ab.	
6. traction/ 7. massage/ or exp mobilisation/ 8. soft tissue/ 9. exp physical therapy modalities/ 10. physiotherap*.ti,ab. 11. (massage* or rolfing).ti,ab.	
7. massage/ or exp mobilisation/ 8. soft tissue/ 9. exp physical therapy modalities/ 10. physiotherap*.ti,ab. 11. (massage* or rolfing).ti,ab.	
8. soft tissue/ 9. exp physical therapy modalities/ 10. physiotherap*.ti,ab. 11. (massage* or rolfing).ti,ab.	
9. exp physical therapy modalities/ 10. physiotherap*.ti,ab. 11. (massage* or rolfing).ti,ab.	
10.physiotherap*.ti,ab.11.(massage* or rolfing).ti,ab.	
11. (massage* or rolfing).ti,ab.	
12 (ocuproscure or shipt#u or ship va or zhi va) ti ah	
13. (musculoskeletal adj manipulation*).ti,ab.	
14. ((manual or manipulat* or mobili*) adj3 (therap* or treat*)).ti,ab.	
15. ((osteopath* or chiropract* or manual* or ortho*) adj3 (manipulat* or mobili#ationadjust*)).ti,ab.	on or
16. ((spine or spinal or lumbosacral or lumbo-sacral or lumbar) adj3 (manipulat* or madjust*)).ti,ab.	obili#ation or
17. somatic dysfunct*.ti,ab.	
18. (bone sett* or bone-sett* or bonesett*).ti,ab.	
19. traction*.ti,ab.	
20. or/5-19	
21. Study filters RCT [G.1.3.2] or SR [G.1.3.3]	
22. 4 and 20 and 21	
23. See Table 25 for date parameters	

CINAHL search terms

S1.	Standard lower back pain population [G.1.2]
S2.	Limit 1 to English language
S3.	(mh "manipulation, chiropractic") or (mh "manipulation, orthopedic") or (mh "manipulation, osteopathic")
S4.	(mh "joint mobilization")
S5.	(mh "manual therapy+")
S6.	(mh "physical therapy")
S7.	(mh "massage+")
S8.	(mh "traction")
S9.	physiotherap*
S10.	massage* or rolfing
S11.	(acupressure or shiat?u or chih ya or zhi ya)
S12.	(musculoskeletal n1 manipulation*)
S13.	((manual or manipulat* or mobili*) n3 (therap* or treat*))
S14.	((osteopath* or chiropract* or manual* or ortho*) n3 (manipulat* or mobili?ation or adjust*))
S15.	((spine or spinal or lumbosacral or lumbo-sacral or lumbar) n3 (manipulat* or mobili?ation or adjust*))
S16.	somatic dysfunct*
S17.	(bone sett* or bone-sett* or bonesett*)

S18.	S3 or S4 or S5 or S6 or S7 or S8 or S9 or S10 or S11 or S12 or S13 or S14 or S15 or S16 or 17
S19.	S2 and 18
S20.	See Table 25 for date parameters

G.1.4.10 Non-invasive interventions: acupuncture

• What is the clinical and cost effectiveness of non-invasive interventions in the management of non-specific LBP and sciatica?

Medline search terms

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]
3.	1 not 2
4.	Limit 3 to English language
5.	exp acupuncture therapy/
6.	(acupuncture or electroacupuncture).ti,ab.
7.	5 or 6
8.	Study filters RCT [A.3.2] or SR [A.3.3]
9.	4 and 7 and 8
10.	See Table 25 for date parameters

Embase search terms

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]
3.	1 not 2
4.	Limit 3 to English language
5.	exp acupuncture/
6.	(acupuncture or electroacupuncture).ti,ab.
7.	5 or 6
8.	Study filters RCT [A.3.2] or SR [A.3.3]
9.	4 and 7 and 8
10.	See Table 25 for date parameters

Cochrane search terms

#1.	Standard lower back pain population [G.1.2]
#2.	(acupuncture or electroacupuncture or electro-acupuncture):ti,ab,kw
#3.	#1 and #2
#4.	See Table 25 for date parameters

AMED search terms

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]
3.	1 not 2
4.	Limit 3 to English language
5.	exp acupuncture therapy/
6.	(acupuncture or electroacupuncture).ti,ab.
7.	5 or 6
8.	Study filters RCT [A.3.2] or SR [A.3.3]

9.	4 and 7 and 8
10.	See Table 25 for date parameters

CINAHL search terms

S1.	Standard lower back pain population [G.1.2]
S2.	Excluded study designs and publication types [G.1.3.1]
S3.	1 not 2
S4.	Limit 3 to English language
S5.	(mh "acupuncture+")
S6.	acupuncture or electroacupuncture
S7.	S5 or S6
S8.	S4 and S7
S9.	See Table 25 for date parameters

G.1.4.11 Non-invasive interventions: electrotherapy

• What is the clinical and cost effectiveness of non-invasive interventions in the management of non-specific LBP and sciatica?

Medline search terms

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]
3.	1 not 2
4.	Limit 3 to English language
5.	transcutaneous electric nerve stimulation/
6.	(tens or pens).ti,ab.
7.	(electroanalges* or electro analges*).ti,ab.
8.	electric stimulation therapy/
9.	electrotherap*.ti,ab.
10.	((transcutaneous or percutaneous or cutaneous or transderm*) adj3 (stimulat* or electr*)).ti,ab.
11.	electrostimulat*.ti,ab.
12.	(interferential adj2 current*).ti,ab.
13.	((electric* or electro or interferential) adj2 (stimulat* or therap*)).ti,ab.
14.	laser therapy, low-level/
15.	(laser adj2 (therap* or treat* or phototherap* or irradiat* or biostimulat* or stimulat*)).ti,ab.
16.	ultrasonic therapy/
17.	((ultrasound or ultrasonic) adj3 (contin* or therap* or treat* or stimulat*)).ti,ab.
18.	or/5-17
19.	Study filters RCT [G.1.3.2] or SR [G.1.3.3] or OBS [G.1.3.6]
20.	4 and 18 and 19
21.	See Table 25 for date parameters

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]
3.	1 not 2

4.	Limit 3 to English language
5.	transcutaneous nerve stimulation/
6.	electrostimulation therapy/
7.	low level laser therapy/
8.	ultrasound therapy/
9.	electroanalgesia/
10.	(tens or pens).ti,ab.
11.	(electroanalges* or electro analges*).ti,ab.
12.	electrotherap*.ti,ab.
13.	((transcutaneous or percutaneous or cutaneous or transderm*) adj3 (stimulat* or electr*)).ti,ab.
14.	electrostimulat*.ti,ab.
15.	(interferential adj2 current*).ti,ab.
16.	((electric* or electro or interferential) adj2 (stimulat* or therap*)).ti,ab.
17.	(laser adj2 (therap* or treat* or phototherap* or irradiat* or biostimulat* or stimulat*)).ti,ab.
18.	((ultrasound or ultrasonic) adj3 (contin* or therap* or treat* or stimulat*)).ti,ab.
19.	or/5-18
20.	Study filters RCT [G.1.3.2] or SR [G.1.3.3] or OBS [G.1.3.6]
21.	4 and 19 and 20
22.	See Table 25 for date parameters

-	
#1.	Standard lower back pain population [G.1.2]
#2.	(tens or pens or electroanalges* or electro analges* or electrotherap* or electrostimulat*):ti,ab,kw
#3.	(interferential near/2 current*):ti,ab,kw
#4.	((electric* or electro or interferential) near/2 (stimulat* or therap*)):ti,ab,kw
#5.	(laser near/2 (therap* or treat* or phototherap* or irradiat* or biostimulat* or stimulat*)):ti,ab,kw
#6.	((ultrasound or ultrasonic) near/3 (contin* or therap* or treat* or stimulat*)):ti,ab,kw
#7.	((transcutaneous or percutaneous or cutaneous or transderm*) near/3 (stimulat* or electr*)):ti,ab,kw
#8.	{or #2-#7}
#9.	#1 and #8
#10.	See Table 25 for date parameters

CINAHL search terms

Standard lower back pain population [G.1.2] Excluded study designs and publication types [G.1.3.1] 1 not 2
1 not 2
imit 2 to English longuage
Limit 3 to English language
tens or pens or electroanalges* or electro analges* or electrotherap* or electrostimulat*
((transcutaneous or percutaneous or cutaneous or transderm*) n3 (stimulat* or electr*))
(interferential n2 current*)
((electric* or electro or interferential) n2 (stimulat* or therap*))
(laser n2 (therap* or treat* or phototherap* or irradiat* or biostimulat* or stimulat*))
((ultrasound or ultrasonic) n3 (contin* or therap* or treat* or stimulat*))
te (((i (l

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S11.	(mh "transcutaneous electric nerve stimulation")
S12.	(mh "electric stimulation")
S13.	(mh "electrotherapy")
S14.	(mh "laser therapy+")
S15.	(mh "ultrasonic therapy")
S16.	S5 or S6 or S7 or S8 or S9 or S10 or S11 or S12 or S13 or S14 or S15
S17.	S4 and S16
S18.	See Table 25 for date parameters

G.1.4.12 Non-invasive interventions: psychological interventions (RCTs and SRs)

• What is the clinical and cost effectiveness of non-invasive interventions in the management of non-specific LBP and sciatica?

Medline search terms

1.	Standard lower back pain population [G.1.2]	
2.	Excluded study designs and publication types [G.1.3.1]	
3.	1 not 2	
4.	Limit 3 to English language	
5.	exp cognitive therapy/	
6.	behavior therapy/	
7.	((acceptance* or commitment*) adj2 (therap* or psychotherap*)).ti,ab.	
8.	(cbt or mindful*).ti,ab.	
9.	((cognitive or cognition or behavio?r*) adj2 (therap* or psychotherap*)).ti,ab.	
10.	(psych* adj2 (therap* or treatment*)).ti,ab.	
11.	or/5-10	
12.	Study filters RCT [G.1.3.2] or SR [G.1.3.3]	
13.	4 and 11 and 12	
14.	See Table 25 for date parameters	

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]
3.	1 not 2
4.	Limit 3 to English language
5.	exp *cognitive therapy/
6.	*behavior therapy/
7.	*mindfulness/
8.	((acceptance* or commitment*) adj2 (therap* or psychotherap*)).ti,ab.
9.	(cbt or mindful*).ti,ab.
10.	((cognitive or cognition or behavio?r*) adj2 (therap* or psychotherap*)).ti,ab.
11.	(psych* adj2 (therap* or treatment*)).ti,ab.
12.	or/5-11
13.	Study filters RCT [G.1.3.2] or SR [G.1.3.3]
14.	4 and 12 and 13
15.	See Table 25 for date parameters

Standard lower back pain population [G.1.2]
[mh "cognitive therapy"]
[mh "behavior therapy"]
((acceptance* or commitment*) near/2 (therap* or psychotherap*)):ti,ab
(cbt or mindful*):ti,ab
((cognitive or cognition or behavio?r*) near/2 (therap* or psychotherap*)):ti,ab
(psych* near/2 (therap* or treatment*)):ti,ab
{or #2-#7}
#1 and #8
See Table 25 for date parameters
-

PsycINFO search terms

1.	Standard lower back pain population [G.1.2]
2.	Limit 1 to English language
3.	exp cognitive behavior therapy/
4.	cognitive therapy/
5.	behavior therapy/
6.	mindfulness/
7.	((acceptance* or commitment*) adj2 (therap* or psychotherap*)).ti,ab.
8.	(cbt or mindful*).ti,ab.
9.	((cognitive or cognition or behavio?r*) adj2 (therap* or psychotherap*)).ti,ab.
10.	(psych* adj2 (therap* or treatment*)).ti,ab.
11.	or/3-10
12.	2 and 11
13.	See Table 25 for date parameters

PsycINFO search terms (ProQuest)

S1.	Standard lower back pain population [G.1.2]
S2.	su.exact.explode("cognitive behavior therapy") or su.exact("cognitive therapy") or su.exact("behavior therapy") or su.exact("mindfulness") or ti,ab((acceptance* or commitment*) near/2 (therap* or psychotherap*)) or ti,ab(cbt or mindful*) or ti,ab((cognitive or cognition or behavio*r*) near/2 (therap* or psychotherap*)) or ti,ab(psych* near/2 (therap* or treatment*))
S3.	S1 and S2
S4.	See Table 25 for date parameters

G.1.4.13 Non-invasive interventions: psychological interventions (observational studies)

• What is the clinical and cost effectiveness of non-invasive interventions in the management of non-specific LBP and sciatica?

Medline search terms

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]
3.	1 not 2
4.	Limit 3 to English language
5.	mindfulness/

6.	"acceptance and commitment therapy"/
7.	((acceptance* or commitment*) adj2 (therap* or psychotherap*)).ti,ab.
8.	mindful*.ti,ab.
9.	or/5-8
10.	Study filter OBS [G.1.3.6]
11.	4 and 9 and 10
12.	See Table 25 for date parameters

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]
3.	1 not 2
4.	Limit 3 to English language
5.	"acceptance and commitment therapy"/
6.	mindfulness/
7.	((acceptance* or commitment*) adj2 (therap* or psychotherap*)).ti,ab.
8.	mindful*.ti,ab.
9.	or/5-8
10.	Study filter OBS [G.1.3.6]
11.	4 and 9 and 10
12.	See Table 25 for date parameters

PsycINFO search terms

1.	Standard lower back pain population [G.1.2]
2.	Limit 1 to English language
3.	mindfulness/
4.	((acceptance* or commitment*) adj2 (therap* or psychotherap*)).ti,ab.
5.	"acceptance and commitment therapy"/
6.	mindful*.ti,ab.
7.	or/3-6
8.	2 and 8
9.	See Table 25 for date parameters

PsycINFO search terms (ProQuest)

S1.	standard lower back pain population [G.1.2]
S2.	<pre>su.exact("mindfulness") or ti,ab((acceptance* or commitment*) near/2 (therap* or psychotherap*)) or su.exact("acceptance and commitment therapy") or ti,ab(mindful*)</pre>
S3.	S1 and S2
S4.	See Table 25 for date parameters

G.1.4.14 Non-invasive interventions: pharmacological treatment (RCTs and SRs)

• Pharmacological treatment (oral/sublingual, rectal, intra-muscular and transdermal but not intravenous)

Medline search terms

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]

3.	1 not 2
3. 4.	Limit 3 to English language
4. 5.	analgesics/
5. 6.	analgesic*.ti,ab.
7.	((antiinflamm* or anti-inflamm*) adj2 (non- steroid* or nonsteroid*)).ti,ab.
8.	((cox2 or cox-2 or coxii or cox-ii) adj2 inhibitor*).ti,ab.
8. 9.	((cyclo-oxygenase2 or cyclo-oxygenase-2 or cyclooxygenase-2 or cyclooxygenase2) adj2
9.	inhibitor*).ti,ab.
10.	((cyclo-oxygenase-ii or cyclo-oxygenaseii or cyclooxygenase-ii or cyclooxygenaseii) adj2 inhibitor*).ti,ab.
11.	exp anti-inflammatory agents, non-steroidal/
12.	exp cyclooxygenase 2 inhibitors/
13.	nsaid*.ti,ab.
14.	acetaminophen/
15.	(acetaminophen or paracetamol).ti,ab.
16.	exp analgesics, opioid/
17.	fentanyl.ti,ab.
18.	hydrocodone.ti,ab.
19.	hydromorphone.ti,ab.
20.	levorphanol.ti,ab.
21.	meperidine.ti,ab.
22.	morphine.ti,ab.
23.	oxycodone.ti,ab.
24.	oxymorphone.ti,ab.
25.	pentazocine.ti,ab.
26.	propoxyphene.ti,ab.
27.	sufentanil.ti,ab.
28.	tramadol.ti,ab.
29.	codeine.ti,ab.
30.	tapentadol.ti,ab.
31.	acetylsalicyl*.ti,ab.
32.	carbasalate calcium.ti,ab.
33.	diflunisal.ti,ab.
34.	aceclofenac.ti,ab.
35.	alclofenac.ti,ab.
36.	diclofenac.ti,ab.
37.	indometacin.ti,ab.
38.	sulindac.ti,ab.
39.	meloxicam.ti,ab.
40.	piroxicam.ti,ab.
41.	dexibuprofen.ti,ab.
42.	dexketoprofen.ti,ab.
43.	fenoprofen.ti,ab.
44.	flurbiprofen.ti,ab.
45.	ibuprofen.ti,ab.

10	katannafan ti ah
46.	ketoprofen.ti,ab.
47.	naproxen.ti,ab.
48.	tiapro*.ti,ab.
49.	metamizol.ti,ab.
50.	phenylbutazone.ti,ab.
51.	phenazone.ti,ab.
52.	propyphenazone.ti,ab.
53.	celecoxib.ti,ab.
54.	etoricoxib.ti,ab.
55.	nabumeton.ti,ab.
56.	parecoxib.ti,ab.
57.	exp muscle relaxants, central/
58.	muscle relaxant*.ti,ab.
59.	diazepam.ti,ab.
60.	tetrazepam.ti,ab.
61.	cyclobenzaprine.ti,ab.
62.	carisoprodol.ti,ab.
63.	chlorzoxazone.ti,ab.
64.	meprobramate.ti,ab.
65.	methocarbamol.ti,ab.
66.	metaxalone.ti,ab.
67.	orphenadrine.ti,ab.
68.	tizanidine.ti,ab.
69.	flupirtine.ti,ab.
70.	baclofen.ti,ab.
71.	dantrolene.ti,ab.
72.	exp antidepressive agents/
73.	(antidepress* or anti-depress*).ti,ab.
74.	serotonin norepinephrine reuptake inhibitor*.ti,ab.
75.	selective serotonin reuptake inhibitor*.ti,ab.
76.	(ssri or snri).ti,ab.
77.	amoxapine.ti,ab.
78.	bupropion.ti,ab.
79.	citalopram.ti,ab.
80.	fluoxetine.ti,ab.
81.	fluvoxamine.ti,ab.
82.	maprotiline.ti,ab.
83.	mianserin.ti,ab.
84.	paroxetine.ti,ab.
85.	quipazine.ti,ab.
86.	ritanserin.ti,ab.
87.	sulpiride.ti,ab.
88.	trazodone.ti,ab.
89.	tryptophan.ti,ab.
90.	viloxazine.ti,ab.

91.	amitriptyline.ti,ab.
92.	clomipramine.ti,ab.
93.	desipramine.ti,ab.
94.	dothiepin.ti,ab.
95.	doxepin.ti,ab.
96.	imipramine.ti,ab.
97.	iprindole.ti,ab.
98.	lofepramine.ti,ab.
99.	nortriptyline.ti,ab.
100.	opipramol.ti,ab.
101.	protriptyline.ti,ab.
102.	trimipramine.ti,ab.
103.	exp anticonvulsants/
104.	gabapentin.ti,ab.
105.	pregabalin.ti,ab.
106.	carbamazepine.ti,ab.
107.	phenytoin.ti,ab.
108.	topiramate.ti,ab.
109.	exp anti-bacterial agents/
110.	antibiotic*.ti,ab.
111.	(anti-bacterial* or antibacterial*).ti,ab.
112.	(anti-microbial* or antimicrobial*).ti,ab.
113.	(anti-mycobacterial* or antimycobacterial*).ti,ab.
114.	(bacteriocid* or bactericid*).ti,ab.
115.	exp vitamin d/
116.	vitamin d.ti,ab.
117.	or/5-116
118.	Study filters RCT [G.1.3.2] or SR [G.1.3.3]
119.	4 and 117 and 118
120.	See Table 25 for date parameters

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]
3.	1 not 2
4.	Limit 3 to English language
5.	exp *analgesic agent/
6.	analgesic*.ti,ab.
7.	((antiinflamm* or anti-inflamm*) adj2 (non- steroid* or nonsteroid*)).ti,ab.
8.	((cox2 or cox-2 or coxii or cox-ii) adj2 inhibitor*).ti,ab.
9.	((cyclo-oxygenase2 or cyclo-oxygenase-2 or cyclooxygenase-2 or cyclooxygenase2) adj2 inhibitor*).ti,ab.
10.	((cyclo-oxygenase-ii or cyclo-oxygenaseii or cyclooxygenase-ii or cyclooxygenaseii) adj2 inhibitor*).ti,ab.
11.	exp *nonsteroid antiinflammatory agent/
12.	exp *cyclooxygenase 2 inhibitor/

13.	nsaid*.ti,ab.
13.	*paracetamol/
14.	(acetaminophen or paracetamol).ti,ab.
15.	exp *narcotic analgesic agent/
17.	fentanyl.ti,ab.
18.	hydrocodone.ti,ab.
19.	hydromorphone.ti,ab.
20.	levorphanol.ti,ab.
21.	meperidine.ti,ab.
22.	morphine.ti,ab.
23.	oxycodone.ti,ab.
24.	oxymorphone.ti,ab.
25.	pentazocine.ti,ab.
26.	propoxyphene.ti,ab.
27.	sufentanil.ti,ab.
28.	tramadol.ti,ab.
29.	codeine.ti,ab.
30.	tapentadol.ti,ab.
31.	acetylsalicyl*.ti,ab.
32.	carbasalate calcium.ti,ab.
33.	diflunisal.ti,ab.
34.	aceclofenac.ti,ab.
35.	alclofenac.ti,ab.
36.	diclofenac.ti,ab.
37.	indometacin.ti,ab.
38.	sulindac.ti,ab.
39.	meloxicam.ti,ab.
40.	piroxicam.ti,ab.
41.	dexibuprofen.ti,ab.
42.	dexketoprofen.ti,ab.
43.	fenoprofen.ti,ab.
44.	flurbiprofen.ti,ab.
45.	ibuprofen.ti,ab.
46.	ketoprofen.ti,ab.
47.	naproxen.ti,ab.
48.	tiapro*.ti,ab.
49.	metamizol.ti,ab.
50.	phenylbutazone.ti,ab.
51.	phenazone.ti,ab.
52.	propyphenazone.ti,ab.
53.	celecoxib.ti,ab.
54.	etoricoxib.ti,ab.
55.	nabumeton.ti,ab.
56.	parecoxib.ti,ab.
57.	exp *muscle relaxant agent/

58.	muscle relaxant*.ti,ab.
59.	diazepam.ti,ab.
60.	tetrazepam.ti,ab.
61.	cyclobenzaprine.ti,ab.
62.	carisoprodol.ti,ab.
63.	chlorzoxazone.ti,ab.
64.	meprobramate.ti,ab.
65.	methocarbamol.ti,ab.
66.	metaxalone.ti,ab.
67.	orphenadrine.ti,ab.
68.	tizanidine.ti,ab.
69.	flupirtine.ti,ab.
70.	baclofen.ti,ab.
71.	dantrolene.ti,ab.
72.	exp *antidepressant agent/
73.	(antidepress* or anti-depress*).ti,ab.
74.	serotonin norepinephrine reuptake inhibitor*.ti,ab.
75.	selective serotonin reuptake inhibitor*.ti,ab.
76.	(ssri or snri).ti,ab.
77.	amoxapine.ti,ab.
78.	bupropion.ti,ab.
79.	citalopram.ti,ab.
80.	fluoxetine.ti,ab.
81.	fluvoxamine.ti,ab.
82.	maprotiline.ti,ab.
83.	mianserin.ti,ab.
84.	paroxetine.ti,ab.
85.	quipazine.ti,ab.
86.	ritanserin.ti,ab.
87.	sulpiride.ti,ab.
88.	trazodone.ti,ab.
89.	tryptophan.ti,ab.
90.	viloxazine.ti,ab.
91.	amitriptyline.ti,ab.
92.	clomipramine.ti,ab.
93.	desipramine.ti,ab.
94.	dothiepin.ti,ab.
95.	doxepin.ti,ab.
96.	imipramine.ti,ab.
97.	iprindole.ti,ab.
98.	lofepramine.ti,ab.
99.	nortriptyline.ti,ab.
100.	opipramol.ti,ab.
101.	protriptyline.ti,ab.
102.	trimipramine.ti,ab.

103.	exp *anticonvulsive agent/
104.	gabapentin.ti,ab.
105.	pregabalin.ti,ab.
106.	carbamazepine.ti,ab.
100.	phenytoin.ti,ab.
107.	topiramate.ti,ab.
100.	exp *antiinfective agent/
110.	antibiotic*.ti,ab.
111.	(anti-bacterial* or antibacterial*).ti,ab.
112.	(anti-microbial* or antimicrobial*).ti,ab.
113.	(anti-mycobacterial* or antimycobacterial*).ti,ab.
114.	(bacteriocid* or bactericid*).ti,ab.
115.	exp *vitamin d/
116.	vitamin d.ti,ab.
117.	or/5-116
118.	Study filters RCT [G.1.3.2] or SR [G.1.3.3]
119.	4 and 117 and 118
120.	See Table 25 for date parameters

Cociniana	
#1.	Standard lower back pain population [G.1.2]
#2.	[mh analgesics]
#3.	analgesic*:ti,ab,kw
#4.	((antiinflamm* or anti-inflamm*) near/2 (non- steroid* or nonsteroid*)):ti,ab,kw
#5.	((cox2 or cox-2 or coxii or cox-ii) near/2 inhibitor*):ti,ab,kw
#6.	((cyclo-oxygenase2 or cyclo-oxygenase-2 or cyclooxygenase-2 or cyclooxygenase2) near/2 inhibitor*):ti,ab,kw
#7.	((cyclo-oxygenase-ii or cyclo-oxygenaseii or cyclooxygenase-ii or cyclooxygenaseii) near/2 inhibitor*):ti,ab,kw
#8.	[mh "anti-inflammatory agents, non-steroidal"]
#9.	[mh "cyclooxygenase 2 inhibitors"]
#10.	nsaid*:ti,ab,kw
#11.	[mh acetaminophen]
#12.	(acetaminophen or paracetamol):ti,ab,kw
#13.	[mh "analgesics, opioid"]
#14.	(fentanyl or hydrocodone or hydromorphone or levorphanol or meperidine or morphine or oxycodone or oxymorphone or pentazocine or propoxyphene or sufentanil or tramadol or codeine or tapentadol or acetylsalicyl* or carbasalate calcium or diflunisal or aceclofenac or alclofenac or diclofenac or indometacin or sulindac or meloxicam or piroxicam or dexibuprofen or dexketoprofen or fenoprofen or flurbiprofen or ibuprofen or ketoprofen or naproxen or tiapro* or metamizol or phenylbutazone or phenazone or propyphenazone or celecoxib or etoricoxib or nabumeton or parecoxib):ti,ab,kw
#15.	[mh "muscle relaxants, central"]
#16.	muscle relaxant*:ti,ab,kw
#17.	(diazepam or tetrazepam or cyclobenzaprine or carisoprodol or chlorzoxazone or meprobramate or methocarbamol or metaxalone or orphenadrine or tizanidine or flupirtine or baclofen or dantrolene):ti,ab,kw
#18.	[mh "antidepressive agents"]

-	
#19.	(antidepress* or anti-depress*):ti,ab,kw
#20.	serotonin norepinephrine reuptake inhibitor*:ti,ab,kw
#21.	selective serotonin reuptake inhibitor*:ti,ab,kw
#22.	(ssri or snri):ti,ab,kw
#23.	(amoxapine or bupropion or citalopram or fluoxetine or fluvoxamine or maprotiline or mianserin or paroxetine or quipazine or ritanserin or sulpiride or trazodone or tryptophan or viloxazine or amitriptyline or clomipramine or desipramine or dothiepin or doxepin or imipramine or iprindole or lofepramine or nortriptyline or opipramol or protriptyline or trimipramine):ti,ab,kw
#24.	[mh anticonvulsants]
#25.	(gabapentin or pregabalin or carbamazepine or phenytoin or topiramate):ti,ab,kw
#26.	[mh "anti-bacterial agents"]
#27.	antibiotic*:ti,ab,kw
#28.	(anti-bacterial* or antibacterial*):ti,ab,kw
#29.	(anti-microbial* or antimicrobial*):ti,ab,kw
#30.	(anti-mycobacterial* or antimycobacterial*):ti,ab,kw
#31.	(bacteriocid* or bactericid*):ti,ab,kw
#32.	[mh "vitamin d"]
#33.	vitamin d:ti,ab,kw
#34.	{or #2-#33}
#35.	#1 and #34
#36.	See Table 25 for date parameters

G.1.4.15 Non-invasive interventions: pharmacological treatment (observational studies)

• Pharmacological treatment (oral/sublingual, rectal, intra-muscular and transdermal but not intravenous)

Medline search terms

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]
3.	1 not 2
4.	Limit 3 to English language
5.	acetaminophen/
6.	(acetaminophen or paracetamol).ti,ab.
7.	exp muscle relaxants, central/
8.	muscle relaxant*.ti,ab.
9.	diazepam.ti,ab.
10.	tetrazepam.ti,ab.
11.	cyclobenzaprine.ti,ab.
12.	carisoprodol.ti,ab.
13.	chlorzoxazone.ti,ab.
14.	meprobramate.ti,ab.
15.	methocarbamol.ti,ab.
16.	metaxalone.ti,ab.
17.	orphenadrine.ti,ab.
18.	tizanidine.ti,ab.

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19.	flupirtine.ti,ab.
20.	baclofen.ti,ab.
21.	dantrolene.ti,ab.
22.	exp anticonvulsants/
23.	gabapentin.ti,ab.
24.	pregabalin.ti,ab.
25.	carbamazepine.ti,ab.
26.	phenytoin.ti,ab.
27.	topiramate.ti,ab.
28.	exp anti-bacterial agents/
29.	antibiotic*.ti,ab.
30.	(anti-bacterial* or antibacterial*).ti,ab.
31.	(anti-microbial* or antimicrobial*).ti,ab.
32.	(anti-mycobacterial* or antimycobacterial*).ti,ab.
33.	(bacteriocid* or bactericid*).ti,ab.
34.	exp vitamin d/
35.	vitamin d.ti,ab.
36.	or/5-35
37.	Study filter OBS [G.1.3.6]
38.	4 and 36 and 37
39.	See Table 25 for date parameters

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]
3.	1 not 2
4.	Limit 3 to English language
5.	((cyclo-oxygenase2 or cyclo-oxygenase-2 or cyclooxygenase-2 or cyclooxygenase2) adj2 inhibitor*).ti,ab.
6.	exp *nonsteroid antiinflammatory agent/
7.	*paracetamol/
8.	(acetaminophen or paracetamol).ti,ab.
9.	exp *muscle relaxant agent/
10.	muscle relaxant*.ti,ab.
11.	diazepam.ti,ab.
12.	tetrazepam.ti,ab.
13.	cyclobenzaprine.ti,ab.
14.	carisoprodol.ti,ab.
15.	chlorzoxazone.ti,ab.
16.	meprobramate.ti,ab.
17.	methocarbamol.ti,ab.
18.	metaxalone.ti,ab.
19.	orphenadrine.ti,ab.
20.	tizanidine.ti,ab.
21.	flupirtine.ti,ab.
22.	baclofen.ti,ab.

23.	dantrolene.ti,ab.
24.	exp *anticonvulsive agent/
25.	gabapentin.ti,ab.
26.	pregabalin.ti,ab.
27.	carbamazepine.ti,ab.
28.	phenytoin.ti,ab.
29.	topiramate.ti,ab.
30.	exp *antiinfective agent/
31.	antibiotic*.ti,ab.
32.	(anti-bacterial* or antibacterial*).ti,ab.
33.	(anti-microbial* or antimicrobial*).ti,ab.
34.	(anti-mycobacterial* or antimycobacterial*).ti,ab.
35.	(bacteriocid* or bactericid*).ti,ab.
36.	exp *vitamin d/
37.	vitamin d.ti,ab.
38.	or/5-37
39.	Study filter OBS [G.1.3.6]
40.	4 and 38 and 39
41.	See Table 25 for date parameters

G.1.4.16 Invasive and surgical procedures: radiofrequency ablation

• What is the clinical and cost effectiveness of radiofrequency ablation for facet joint pain in the management of non-specific LBP?

Medline search terms

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]
3.	1 not 2
4.	Limit 3 to English language
5.	catheter ablation/
6.	rhizotomy/
7.	rhizotom*.ti,ab.
8.	(radiofrequency or radio frequency).ti,ab.
9.	neurotom*.ti,ab.
10.	rhizoly*.ti,ab.
11.	denervat*.ti,ab.
12.	denervation/
13.	neuroly*.ti,ab.
14.	pulsed radiofrequency treatment/
15.	chemodenervation.ti,ab.
16.	cryoablat*.ti,ab.
17.	exp ablation techniques/
18.	cryosurg*.ti,ab.
19.	ablat*.ti,ab.
20.	(catheter* adj2 (electric* or percutaneous or transvenous or cool* or cold or cryo*)).ti,ab.

21.	or/5-20
22.	(media# adj3 (branch* or nerve*)).ti,ab.
23.	(facet* or zygapophys#al* or apophyseal* or z joint*).ti,ab.
24.	zygapophyseal joint/
25.	or/22-24
26.	4 and 21 and 25
27.	See Table 25 for date parameters

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]
3.	1 not 2
4.	Limit 3 to English language
5.	radiofrequency ablation/
6.	catheter ablation/
7.	exp rhizotomy/
8.	denervation/
9.	neurolysis/
10.	ablation therapy/
11.	pulsed radiofrequency treatment/
12.	radiofrequency ablation device/
13.	cryoablation/
14.	rhizotom*.ti,ab.
15.	(radiofrequency or radio frequency).ti,ab.
16.	neurotom*.ti,ab.
17.	rhizoly*.ti,ab.
18.	denervat*.ti,ab.
19.	neuroly*.ti,ab.
20.	chemodenervation.ti,ab.
21.	cryoablat*.ti,ab.
22.	cryosurg*.ti,ab.
23.	ablat*.ti,ab.
24.	(catheter* adj2 (electric* or percutaneous or transvenous or cool* or cold or cryo*)).ti,ab.
25.	or/5-24
26.	(media# adj3 (branch* or nerve*)).ti,ab.
27.	(facet* or zygapophys#al* or apophyseal* or z joint*).ti,ab.
28.	zygapophyseal joint/
29.	or/26-28
30.	4 and 25 and 29
31.	See Table 25 for date parameters

Cochrane search terms

#1.	Standard lower back pain population [G.1.2]
#2.	(rhizotom* or radiofrequency or radio frequency or neurotom* or rhizoly* or denervat* or neuroly* or chemodenervation or cryoablat* or cryosurg* or ablat*):ti,ab,kw
#3.	(catheter* near/2 (electric* or percutaneous or transvenous or cool* or cold or cryo*)):ti,ab

#4.	#2 or #3
#5.	(media* near/3 (branch* or nerve*)):ti,ab,kw
#6.	(facet* or zygapophys* or apophyseal* or z joint*):ti,ab,kw
#7.	#5 or #6
#8.	1 and #4 and #7
#9.	See Table 25 for date parameters

G.1.4.17 Invasive and surgical procedures: epidural injections

Searches for the following two questions were run as one search:

- What is the clinical and cost effectiveness of epidural injections in the management of people with sciatica?
- What is the clinical and cost effectiveness of spinal injections in the management of non-specific low back pain?

Medline search terms

wieunnes	
1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]
3.	1 not 2
4.	Limit 3 to English language
5.	exp injections/
6.	exp sclerosing solutions/
7.	(scleros* or sclerotherapy or prolotherapy).ti,ab.
8.	((proliferat* or regenerat*) adj2 therap*).ti,ab.
9.	exp botulinum toxins/
10.	(botox or botulin*).ti,ab.
11.	exp hyaluronic acid/
12.	viscosupplements/
13.	viscosupplementation/
14.	viscosupplement*.ti,ab.
15.	(hyaluronic or hyaluronate* or hyaluronan*).ti,ab.
16.	exp anesthetics, local/
17.	lidocaine/
18.	(lidocaine or lignocaine).ti,ab.
19.	inject*.ti,ab.
20.	exp adrenal cortex hormones/
21.	exp steroids/
22.	(glucocorticosteroid* or corticosteroid* or glucocorticoid* or steroid*).ti,ab.
23.	(local* adj2 (an*esthetic* or an*esthes*)).ti,ab.
24.	analgesia, epidural/
25.	(epidural or peridural or extradural).ti,ab.
26.	((caudal or sacral or sacrum or interlaminar or transforaminal or lumbar) adj2 (epidural* or analges* or block*)).ti,ab.
27.	exp tumor necrosis factors/ai
28.	(antitnf or anti-tnf or ((tnf or tumo*r necrosis factor*) adj1 (antagonist* or inhibit*))).ti,ab.
29.	or/5-28
30.	Study filters RCT [G.1.3.2] or SR [G.1.3.3]

31.	4 and 29 and 30
32.	See Table 25 for date parameters

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]
3.	1 not 2
4.	Limit 3 to English language
5.	exp *injection/
6.	exp *sclerosing agent/
7.	(scleros* or sclerotherapy or prolotherapy).ti,ab.
8.	((proliferat* or regenerat*) adj2 therap*).ti,ab.
9.	exp *botulinum toxin/
10.	(botox or botulin*).ti,ab.
11.	exp *hyaluronic acid/
12.	*viscosupplement/
13.	*viscosupplementation/
14.	viscosupplement*.ti,ab.
15.	(hyaluronic or hyaluronate* or hyaluronan*).ti,ab.
16.	exp *local anesthetic agent/
17.	*lidocaine/
18.	(lidocaine or lignocaine).ti,ab.
19.	inject*.ti,ab.
20.	exp *corticosteroid/
21.	exp *steroid/
22.	(glucocorticosteroid* or corticosteroid* or glucocorticoid* or steroid*).ti,ab.
23.	(local* adj2 (an*esthetic* or an*esthes*)).ti,ab.
24.	*epidural anesthesia/
25.	(epidural or peridural or extradural).ti,ab.
26.	((caudal or sacral or sacrum or interlaminar or transforaminal or lumbar) adj2 (epidural* or analges* or block*)).ti,ab.
27.	exp *tumor necrosis factor/
28.	(antitnf or anti-tnf or ((tnf or tumo*r necrosis factor*) adj1 (antagonist* or inhibit*))).ti,ab.
29.	or/5-28
30.	Study filters RCT [G.1.3.2] or SR [G.1.3.3]
31.	4 and 29 and 30
32.	See Table 25 for date parameters

Cochrane search terms

#1.	Standard lower back pain population [G.1.2]
#2.	MeSH descriptor: [injections] explode all trees
#3.	MeSH descriptor: [sclerosing solutions] explode all trees
#4.	(scleros* or sclerotherapy or prolotherapy):ti,ab
#5.	((proliferat* or regenerat*) near/2 therap*):ti,ab
#6.	MeSH descriptor: [botulinum toxins] explode all trees
#7.	(botox or botulin*):ti,ab

#8.	MeSH descriptor: [hyaluronic acid] explode all trees
#9.	MeSH descriptor: [viscosupplements] explode all trees
#10.	MeSH descriptor: [viscosupplementation] explode all trees
#11.	viscosupplement*:ti,ab
#12.	(hyaluronic or hyaluronate* or hyaluronan*):ti,ab
#13.	MeSH descriptor: [anesthetics, local] explode all trees
#14.	MeSH descriptor: [lidocaine] explode all trees
#15.	(lidocaine or lignocaine):ti,ab
#16.	inject*:ti,ab
#17.	MeSH descriptor: [adrenal cortex hormones] explode all trees
#18.	MeSH descriptor: [steroids] explode all trees
#19.	(glucocorticosteroid* or corticosteroid* or glucocorticoid* or steroid*):ti,ab
#20.	(local* near/2 (an*esthetic* or an*esthes*)):ti,ab
#21.	MeSH descriptor: [analgesia, epidural] explode all trees
#22.	(epidural or peridural or extradural):ti,ab
#23.	((caudal or sacral or sacrum or interlaminar or transforaminal or lumbar) near/2 (epidural* or analges* or block*)):ti,ab
#24.	mesh descriptor: [tumor necrosis factors] explode all trees
#25.	(antitnf or anti-tnf or ((tnf or tumo*r necrosis factor*) near/1 (antagonist* or inhibit*))):ti,ab
#26.	{or #2-#25}
#27.	#1 and #26
#28.	See Table 25 for date parameters

G.1.4.18 Referral for surgical opinion: non-specific LBP and suspected sciatica

Searches for the following two questions were run as one search:

- In people with non-specific low back pain or sciatica, what are the factors (clinical signs and symptoms, patient reported outcomes or prognostic tests) that predict increased benefit or harm from surgical assessment?
- In people with non-specific low back pain or sciatica, what is the optimal timing of referral to a surgeon to improve outcomes?

Medline search terms

1.	Standard lower back pain population [G.1.2]	
2.	Excluded study designs and publication types [G.1.3.1]	
3.	1 not 2	
4.	Limit 3 to English language	
5.	((surg* or spondylodesis or spondylosyndesis or artificial ankylosis or syndesis or arthrodesis or fusion or dis#ectom* or laminectom* or laminotom* or dis# replace* or dis# arthroplast*) adj5 (refer* or assess* or opinion* or criteria* or select* or evaluat* or advice or advise or consult*)).ti,ab.	
6.	Study filter PROG [G.1.3.7]	
7.	4 and 5 and 6	
8.	See Table 25 for date parameters	

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]

3.	1 not 2
4.	Limit 3 to English language
5.	((surg* or spondylodesis or spondylosyndesis or artificial ankylosis or syndesis or arthrodesis or fusion or dis#ectom* or laminectom* or laminotom* or dis# replace* or dis# arthroplast*) adj5 (refer* or assess* or opinion* or criteria* or select* or evaluat* or advice or advise or consult*)).ti,ab.
6.	Study filter PROG [G.1.3.7]
7.	4 and 5 and 6
8.	See Table 25 for date parameters

#1.	Standard lower back pain population [G.1.2]
#2.	((surg* or spondylodesis or spondylosyndesis or artificial ankylosis or syndesis or arthrodesis or fusion or discectom* or diskectom* or laminectom* or laminotom* or disc replace* or disc arthroplast* or disk replace* or disk arthroplast*) near/5 (refer* or assess* or opinion* or criteria* or select* or evaluat* or advice or advise or consult*)):ti,ab
#3.	#1 and #2
#4.	See Table 25 for date parameters

G.1.4.19 Invasive and surgical procedures: disc replacement surgery

• What is the clinical and cost effectiveness of disc replacement surgery in people with non-specific low back pain?

Medline search terms

1.	Standard lower back pain population [G.1.2]	
2.	Excluded study designs and publication types [G.1.3.1]	
3.	1 not 2	
4.	Limit 3 to English language	
5.	exp diskectomy/	
6.	total disc replacement/	
7.	dis#ectom*.ti,ab.	
8.	(dis# adj4 (prosthe* or artificial or remov* or excis* or surg* or resect* or replac* or displac* or hernia* or arthroplast*)).ti,ab.	
9.	((spine or spinal or intervertebra*) adj2 (device* or arthroplast*)).ti,ab.	
10.	or/5-9	
11.	Study filters RCT [G.1.3.2] or SR [G.1.3.3]	
12.	4 and 10 and 11	
13.	See Table 25 for date parameters	

Embase search terms

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1]
3.	1 not 2
4.	Limit 3 to English language
5.	*intervertebral diskectomy/
6.	*total disc replacement/
7.	dis#ectom*.ti,ab.
8.	(dis# adj4 (prosthe* or artificial or remov* or excis* or surg* or resect* or replac* or displac*

	or hernia* or arthroplast*)).ti,ab.
9.	((spine or spinal or intervertebra*) adj2 (device* or arthroplast*)).ti,ab.
10.	or/5-9
11.	Study filters RCT [G.1.3.2] or SR [G.1.3.3]
12.	4 and 10 and 11
13.	See Table 25 for date parameters

#1.	Standard lower back pain population [G.1.2]
#2.	MeSH descriptor: [diskectomy] explode all trees
#3.	MeSH descriptor: [total disc replacement] explode all trees
#4.	dis?ectom*:ti,ab
#5.	(dis? near/4 (prosthe* or artificial or remov* or excis* or surg* or resect* or replac* or displac* or hernia* or arthroplast)):ti,ab
#6.	((spine or spinal or intervertebra*) near/2 (device* or arthroplast*)):ti,ab
#7.	{or #2-#6}
#8.	#1 and #7
#9.	See Table 25 for date parameters

G.1.4.20 Invasive and surgical procedures: spinal fusion or arthrodesis

• What is the clinical and cost effectiveness of spinal fusion/arthrodesis in people with non-specific low back pain?

Medline search terms

1.	Standard lower back pain population [G.1.2]	
2.	Excluded study designs and publication types [G.1.3.1]	
3.	1 not 2	
4.	Limit 3 to English language	
5.	spinal fusion/	
6.	fusion.ti,ab.	
7.	(alif or plif or tlif or dlif or xlif or ollif or axlif or axialif or lif).ti,ab.	
8.	(arthrodesis or syndesis).ti,ab.	
9.	(spondylodesis or spondylosyndesis).ti,ab.	
10.	artificial ankylosis.ti,ab.	
11.	arthroplasty/	
12.	total disc replacement/	
13.	arthroplasty, replacement/	
14.	((disc or disk) adj2 (replac* or arthroplast*)).ti,ab.	
15.	((vertebra* or spine or spinal or lumbar) adj2 arthroplast*).ti,ab.	
16.	or/5-15	
17.	Study filters RCT [G.1.3.2] or SR [G.1.3.3] or OBS [G.1.3.6]	
18.	4 and 16 and 17	
19.	See Table 25 for date parameters	

1.	Standard lower back pain population [G.1.2]	
2.	Excluded study designs and publication types [G.1.3.1]	

3.	1 not 2
4.	Limit 3 to English language
5.	exp spine fusion/
6.	arthroplasty/
7.	total disc replacement/
8.	fusion.ti,ab.
9.	(alif or plif or tlif or dlif or xlif or ollif or axlif or axialif or lif).ti,ab.
10.	(arthrodesis or syndesis).ti,ab.
11.	(spondylodesis or spondylosyndesis).ti,ab.
12.	artificial ankylosis.ti,ab.
13.	((disc or disk) adj2 (replac* or arthroplast*)).ti,ab.
14.	((vertebra* or spine or spinal or lumbar) adj2 arthroplast*).ti,ab.
15.	or/5-14
16.	Study filters RCT [G.1.3.2] or SR [G.1.3.3] or OBS [G.1.3.6]
17.	4 and 15 and 16
18.	See Table 25 for date parameters

#1.	Standard lower back pain population [G.1.2]
#2.	[mh "spinal fusion"]
#3.	[mh arthroplasty]
#4.	[mh "total disc replacement"]
#5.	[mh "arthroplasty, replacement"]
#6.	(fusion or arthrodesis or syndesis or spondylodesis or spondylosyndesis):ti,ab
#7.	(alif or plif or tlif or dlif or xlif or ollif or axlif or axialif or lif):ti,ab
#8.	(artificial next ankylosis):ti,ab
#9.	((disc or disk) near/2 (replac* or arthroplast*)):ti,ab
#10.	((vertebra* or spine or spinal or lumbar) near/2 arthroplast*):ti,ab
#11.	{or #2-#10}
#12.	#1 and #11
#13.	See Table 25 for date parameters

G.1.4.21 Invasive and surgical procedures: spinal decompression

• What is the clinical and cost effectiveness of spinal decompression in people with sciatica?

Medline search terms

Standard lower back pain population [G.1.2]	
Excluded study designs and publication types [G.1.3.1]	
1 not 2	
Limit 3 to English language	
dis#ectom*.ti,ab.	
(dis# adj2 (remov* or excis* or surg* or resect* or replac*)).ti,ab.	
(lumb* adj2 (remov* or excis* or surg* or resect* or replac* or arthroplast*)).ti,ab.	
exp diskectomy/	
total disc replacement/	
laminectomy/	

11.	(laminectom* or laminotom* or laminoplast*).ti,ab.
12.	(lamina adj2 (remov* or excis* or surg* or resect* or replac* or arthroplast*)).ti,ab.
13.	foraminotomy/
14.	(facetectom* or foraminotom* or fenestrat*).ti,ab.
15.	decompression, surgical/
16.	((surg* or lumb* or dis# or intradiscal) adj2 decompress*).ti,ab.
17.	microdis#ectom*.ti,ab.
18.	(micro* adj2 (surg* or endoscop* or laser)).ti,ab.
19.	((dis# or intradiscal or intervertebral or percutaneous) adj2 (arthroplast* or biacuplast* or annuloplast* or electrothermal or thermomodulation)).ti,ab.
20.	(accutherm or disctrode or spinecath or transdiscal).ti,ab.
21.	(thermal adj2 procedure*).ti,ab.
22.	apld.ti,ab.
23.	microdecompression*.ti,ab.
24.	sequestrectom*.ti,ab.
25.	lumbar vertebrae/su [surgery]
26.	or/5-25
27.	Study filters RCT [G.1.3.2] or SR [G.1.3.3] or OBS [G.1.3.6]
28.	4 and 26 and 27
29.	See Table 25 for date parameters

Standard lower back pain population [G.1.2]
Excluded study designs and publication types [G.1.3.1]
1 not 2
Limit 3 to English language
dis#ectom*.ti,ab.
(dis# adj2 (remov* or excis* or surg* or resect* or replac*)).ti,ab.
(lumb* adj2 (remov* or excis* or surg* or resect* or replac* or arthroplast*)).ti,ab.
intervertebral diskectomy/
total disc replacement/
laminectomy/
(laminectom* or laminotom* or laminoplast*).ti,ab.
(lamina adj2 (remov* or excis* or surg* or resect* or replac* or arthroplast*)).ti,ab.
foraminotomy/
fenestration/
(facetectom* or foraminotom* or fenestration*).ti,ab.
decompression surgery/
((surg* or lumb* or dis# or intradiscal) adj2 decompress*).ti,ab.
microdis#ectom*.ti,ab.
(micro* adj2 (surg* or endoscop* or laser)).ti,ab.
((dis# or intradiscal or intervertebral or percutaneous) adj2 (arthroplast* or biacuplast* or annuloplast* or electrothermal or thermomodulation)).ti,ab.
(accutherm or disctrode or spinecath or transdiscal).ti,ab.
(thermal adj2 procedure*).ti,ab.
apld.ti,ab.

24.	microdecompression*.ti,ab.
25.	sequestrectom*.ti,ab.
26.	lumbar vertebra/su [surgery]
27.	or/5-26
28.	Study filters RCT [G.1.3.2] or SR [G.1.3.3] or OBS [G.1.3.6]
29.	4 and 27 and 28
30.	See Table 25 for date parameters

#1.	Standard lower back pain population [G.1.2]
#2.	dis*ectom*:ti,ab,kw
#3.	(dis* near/2 (remov* or excis* or surg* or resect* or replac*)):ti,ab,kw
#4.	(lumb* near/2 (remov* or excis* or surg* or resect* or replac* or arthroplast*)):ti,ab,kw
#5.	MeSH descriptor: [diskectomy] explode all trees
#6.	MeSH descriptor: [total disc replacement] this term only
#7.	MeSH descriptor: [laminectomy] this term only
#8.	(laminectom* or laminotom* or laminoplast*):ti,ab,kw
#9.	(lamina near/2 (remov* or excis* or surg* or resect* or replac* or arthroplast*)):ti,ab,kw
#10.	MeSH descriptor: [foraminotomy] this term only
#11.	(facetectom* or foraminotom* or fenestrat*):ti,ab,kw
#12.	MeSH descriptor: [decompression, surgical] this term only
#13.	((surg* or lumb* or dis* or intradiscal) near/2 decompress*):ti,ab,kw
#14.	microdis*ectom*:ti,ab,kw
#15.	(micro* near/2 (surg* or endoscop* or laser)):ti,ab,kw
#16.	((dis* or intradiscal or intervertebral or percutaneous) near/2 (arthroplast* or biacuplast* or annuloplast* or electrothermal or thermomodulation)):ti,ab,kw
#17.	(accutherm or disctrode or spinecath or transdiscal):ti,ab,kw
#18.	(thermal near/2 procedure*):ti,ab,kw
#19.	apld:ti,ab,kw
#20.	microdecompression*:ti,ab,kw
#21.	sequestrectom*:ti,ab,kw
#22.	MeSH descriptor: [lumbar vertebrae] this term only and with qualifier(s): [surgery - su]
#23.	{or #2-#22}
#24.	#1 and #23
#25.	See Table 25 for date parameters

G.1.5 Health economics search

G.1.5.1 Health economic reviews

Economic searches were conducted in Medline, Embase, CRD (for NHS EED and HTA) and HEED.

Medline & Embase search terms

1.	Standard lower back pain population [G.1.2]
2.	Excluded study designs and publication types [G.1.3.1Error! Reference source not found.]
3.	1 not 2
4.	Limit 3 to English language

	5.	Study filter HE [G.1.3.4]
ſ	6.	4 and 5
ſ	7.	Date parameters: 2013-15 December 2015

CRD search terms

CIAD Scare		
#1.	Standard lower back pain population [G.1.2]	
#2.	Date parameters: Inception to 15 December 2015	

HEED search terms

1.	Standard lower back pain population [G.1.2]
2.	Date parameters: Inception to 29 October 2013

G.1.5.2 Quality of life reviews

Medline & Embase search terms

1.	Standard lower back pain population [G.1.2]
2.	(euroqol* or eq5d* or eq 5*).ti,ab.
3.	1 and 2
4.	See Table 25 for date parameters – 21 December 2015

1 National Institute for Health and Clinical Excellence. The guidelines manual. London: National Institute for Health and Clinical Excellence; 2012. Available from: http://publications.nice.org.uk/the-guidelines-manual-pmg6/