Appendix U: Clinical evidence – NGT blank questionnaires

Appendix U: Nominal group technique questionnaires 1 Nominal group technique questionnaires Error! Bookmark not defined. Appendix U: U.1 Staff training 2 U.2 Assessment 7 U.2.1 Principles 7 U.2.2 Purpose 12 U.2.3 Structure 16 U.2.4 Outcomes 19 U.2.5 Risk management 24 U.2.6 Additional considerations 27 U.2.7 Re-rated statements 31 U.3 Personality disorders (excluding BPD and APD) 35

U.1 Staff training

Name:										
Mental health awareness and general	al prir	nciple	es							
	Strongly disagree								Strongly agree	Insufficient knowledge
Staff should receive training regarding the prevalence of mental health problems in the criminal justice service.	1	2	3	4	5	6	7	8	9	
Comments:										
 Staff should receive training about commonly occurring mental health problems (e.g., substance misuse, neurodevelopmental disorders, acquired cognitive impairment, personality disorder) in the criminal justice system and the impact these may have. 	1	2	3	4	5	6	7	8	9	
Comments:										
 Staff working in the criminal justice service should be trained to recognise possible mental health problems. 	1	2	3	4	5	6	7	8	9	
Comments:										

 Staff should receive training in recognising and responding to communication problems arising from or related to mental health problems. 	1	2	3	4	5	6	7	8	9	
Comments:										
5. Frontline staff should have knowledge of mental health problems and have an understanding of their impact on behaviour in the criminal justice context.	1	2	3	4	5	6	7	8	9	
Comments:										
6. Staff with regular and sustained contact with service users should be aware of changes in behaviour and consider that these may indicate the onset of, or changes to, mental health problems.	1	2	3	4	5	6	7	8	9	
Comments:										
7. Staff should receive training to enable them to respond effectively to service users' needs.	1	2	3	4	5	6	7	8	9	
Comments:										
8. All staff should be educated about the stigma and discrimination that is associated with mental health problems and associated behaviours such as self-harm, and the need to avoid judgemental attitudes.	1	2	3	4	5	6	7	8	9	
Comments:										

9. Where possible, training should be multi-disciplinary to increase consistency and promote the development of positive working relationships.	1	2	3	4	5	6	7	8	9	
Comments:										
10. Staff should receive training in common protocols for dealing with mental health problems in the criminal justice system (e.g., in-possession medication, side-effects, withdrawal.)	1	2	3	4	5	6	7	8	9	
Comments:										
Delivering interventions										
	Strongly disagree								Strongly agree	Insufficient knowledge
	ngly gree								ngly ree	icient ledge
Staff working in the criminal justice service should be trained to make, or seek advice on, appropriate referrals.	1	2	3	4	5	6	7	8	9	
Comments:										
Staff should be informed about the effectiveness of interventions and management strategies.	1	2	3	4	5	6	7	8	9	

Comments:										
 Teams carrying out assessments and delivering interventions should have the training and supervision needed to ensure they have the necessary skills and competencies. 	1	2	3	4	5	6	7	8	9	
Comments:										
4. Teams should receive training regarding dealing with critical incidents.	1	2	3	4	5	6	7	8	9	
Comments:										
5. Staff working in the criminal justice service should have routine supervision and access to support to enable them to deliver interventions.	1	2	3	4	5	6	7	8	9	
Comments:										
6. All staff should receive training in stress management and how this may affect their interactions with service users and their own mental health and wellbeing.	1	2	3	4	5	6	7	8	9	
Comments:										
7. All staff should be trained in the assessment, treatment, and management of self-harm.	1	2	3	4	5	6	7	8	9	
Comments:										

8. Staff should be trained in de-escalation methods to minimise the use of restrictive interventions.	1	2	3	4	5	6	7	8	9	
Comments:	1					•			•	
 Staff should receive training and support in delivering mental health interventions within the constraints of the criminal justice system. 	1	2	3	4	5	6	7	8	9	
Comments:						ı				
Knowledge of mental health and criminal	l justi	ce se	rvice	s						
	Strongly disagree								Strongly agree	Insufficient knowledge
 All staff working in the criminal justice service should have a comprehensive induction in which the purpose of the service, and the role and availability of other related local services, is made clear. 	1	2	3	4	5	6	7	8	9	
Comments:										
 All staff should receive a comprehensive induction regarding the roles and responsibilities of criminal justice, health and social care staff. 	1	2	3	4	5	6	7	8	9	
Comments:										

3. Staff should receive training regarding legislation and local policies for sharing information with others involved in the service user's care.	1	2	3	4	5	6	7	8	9	
Comments:										
4. Staff should receive information regarding common terms and acronyms used in the criminal justice system (e.g. remand, licence).	1	2	3	4	5	6	7	8	9	
Comments:										

U.2 Assessment

U.2.1 Principles

Name:										
General principles										
	Strongly disagree								Strongly agree	Insufficient knowledge
11. All assessments should be conducted with an understanding of the context and setting in which they are undertaken and the use of the outcome of the assessment.	1	2	3	4	5	6	7	8	9	
Comments:	·			•				•	•	

12. Assessments should be reviewed and revised as further information emerges during ongoing contact with the service user.	1	2	3	4	5	6	7	8	9	
Comments:										
13. A comprehensive assessment should identify service users' strengths that may support therapeutic change.	1	2	3	4	5	6	7	8	9	
Comments:										
14. Staff conducting a comprehensive assessment should understand how the service user's physical and social environment may contribute to the development or maintenance of their psychological problems and emotional distress.	1	2	3	4	5	6	7	8	9	
Comments:		•								
15. A comprehensive assessment should lead to an understanding of the purpose and function of the offending behaviour within the service user's environment and to the development of alternative adaptive strategies.	1	2	3	4	5	6	7	8	9	
Comments:		•								
16. Service users should be offered a follow-up appointment and be given the opportunity to discuss outcomes and implications of the comprehensive assessment.	1	2	3	4	5	6	7	8	9	
Comments:										

Collaborative assessment

	Strongly disagree								Strongly agree	Insufficient knowledge
17. Comprehensive assessment should be undertaken in a collaborative manner and maximise the contribution of all people involved.	1	2	3	4	5	6	7	8	9	
Comments:	1									
18. A comprehensive assessment should include all services involved in the care of the service user.	1	2	3	4	5	6	7	8	9	
Comments:	1				1					
19. Staff conducting the assessment should engage the service user in a collaborative discussion of their treatment options and support their participation in decision making.	1	2	3	4	5	6	7	8	9	
Comments:	I		L	L		L			L	
20. Staff conducting a comprehensive assessment should consider involving a family member, partner, carer or advocate to support the service user and help explain feedback from the assessment.	1	2	3	4	5	6	7	8	9	
Comments:			ı	ı		ı	<u> </u>		ı	
21. Families and carers should be included in decision making if the service user agrees.	1	2	3	4	5	6	7	8	9	
Comments:	•									

22. At the beginning of a comprehensive assessment the preferred format for feedback about the outcome of the assessment and formulation should be discussed with the service user.	1	2	3	4	5	6	7	8	9	
Comments:										
23. How information about the service user will be shared with families, carers and other staff members should be negotiated with service users and carers.	1	2	3	4	5	6	7	8	9	
Comments:										
24. Staff conducting a comprehensive assessment should be able to identify and consider the reasons for any significant differences between the service user's and practitioner's views.	1	2	3	4	5	6	7	8	9	
Comments:										
25. Staff should discuss any queries or concerns that the service user may have regarding the assessment process and ensure they feel comfortable about asking questions.	1	2	3	4	5	6	7	8	9	
Comments:										
26. A collaborative formulation should clearly acknowledge the factors that the service user perceives are pertinent to their presentation.	1	2	3	4	5	6	7	8	9	
Comments:										

Accessible assessments

	Strongly disagree								Strongly agree	Insufficient knowledge
27. The structure and pace of an assessment should be tailored to the service user's level of comprehension and emotional readiness.	1	2	3	4	5	6	7	8	9	
Comments:	1									
28. The presentation of information should be tailored to the level of comprehension and emotional readiness of the individual.	1	2	3	4	5	6	7	8	9	
Comments:										
29. Assessments should involve an appropriate adult or relevant specialist where appropriate.	1	2	3	4	5	6	7	8	9	
Comments:										
30. Adjustments should be made for physical and learning disabilities when necessary.	1	2	3	4	5	6	7	8	9	
Comments:										
31. A comprehensive assessment should be flexible and responsive to new information and concerns.	1	2	3	4	5	6	7	8	9	
Comments:										
32. Staff conducting a comprehensive assessment should be competent in a range of communication skills, including the assessment of people with communication difficulties and sensory impairments.	1	2	3	4	5	6	7	8	9	

Comments:										
Rigorous assessments										
	Strongly disagree								Strongly agree	Insufficient knowledge
33. A comprehensive assessment should use validated tools relevant to the disorder or problem being assessed.	1	2	3	4	5	6	7	8	9	
Comments:										
34. Staff conducting comprehensive assessments should maintain a clear and detailed record of the content and outcome of the assessments.	1	2	3	4	5	6	7	8	9	
Comments:										

U.2.2 Purpose

Name:			
General statements			
Strongly		Strongly agree	Insufficient knowledge

35. The purpose of the assessment, and how the data may be used, should be made clear to any individuals involved in the assessment, including other staff members.	1	2	3	4	5	6	7	8	9	
Comments:										
36. A comprehensive assessment should take into account symptom severity, the service user's understanding of the problem, degree of distress and functional impairment.	1	2	3	4	5	6	7	8	9	
Comments:										
37. A comprehensive assessment should assess the impact that mental health problems may have on treatment planning.	1	2	3	4	5	6	7	8	9	
Comments:	1	1						•	•	
Needs assessment										
	Strongly disagree								Strongly agree	Insufficient knowledge
38. A comprehensive assessment should assess multiple areas of need, including social and personal circumstances, physical health, occupational rehabilitation, and previous care and support.	1	2	3	4	5	6	7	8	9	
Comments:	•	•	•	•	•	•	•	•	•	
Diagnosis or problem specific	ration									

	Strongly disagree								Strongly agree	Insufficient knowledge
39. Obtaining a diagnosis or problem specification is central to a comprehensive assessment.	1	2	3	4	5	6	7	8	9	
Comments:	1			I					ı	
40. A comprehensive assessment should determine the nature, duration and severity of the presenting disorder or problem.	1	2	3	4	5	6	7	8	9	
Comments:		1		ı					<u> </u>	
41. A comprehensive assessment should assess for possible coexisting problems.	1	2	3	4	5	6	7	8	9	
Comments:	1						ı			
Risk assessment and manage	emen	t								
	Strongly disagree								Strongly agree	Insufficient knowledge
42. Risk to self (self-harm, self-neglect and victimisation) should be assessed as part of a comprehensive assessment.	1	2	3	4	5	6	7	8	9	
Comments:										
43. Risk to others (aggression, violence and sexual offending) should be assessed as part of a comprehensive assessment.	1	2	3	4	5	6	7	8	9	

Comments:										
44. Risk assessment should assess the type of events that may occur and potential triggers.	1	2	3	4	5	6	7	8	9	
Comments:										
45. Risk assessment should assess the likelihood, imminence, and severity of events.	1	2	3	4	5	6	7	8	9	
Comments:										
46. Risk assessment should involve a systematic assessment of demographic, psychological, social and historical factors.	1	2	3	4	5	6	7	8	9	
Comments:										
47. Risk assessment should be informed by knowledge of the service user and their social context.	1	2	3	4	5	6	7	8	9	
Comments:										
48. Risk assessment should always inform a risk management plan.	1	2	3	4	5	6	7	8	9	
Comments:										
49. A risk management plan should identify interventions and protective factors that may reduce risk.	1	2	3	4	5	6	7	8	9	
Comments:										
Formulation										

	Strongly disagree								Strongly agree	Insufficient knowledge
50. A formulation should provide a shared understanding of the nature of any problems and the factors leading to their development and maintenance.	1	2	3	4	5	6	7	8	9	
Comments:										
51. A formulation should provide a shared understanding of the focus and potential impact of any interventions.	1	2	3	4	5	6	7	8	9	
Comments:										
52. A formulation should consider potential barriers to accessing and engaging in interventions.	1	2	3	4	5	6	7	8	9	
Comments:										
53. A formulation should consider any risk factors and the impact of the social and physical environment.	1	2	3	4	5	6	7	8	9	
Comments:										

U.2.3 Structure

Name:

Staff conducting the assessment

	Strongly disagree								Strongly agree	Insufficient knowledge
54. A comprehensive assessment should be conducted by a multidisciplinary team.	1	2	3	4	5	6	7	8	9	
Comments:										
55. Staff conducting a comprehensive assessment should be trained and competent in using a range of assessment and routine outcome measures.	1	2	3	4	5	6	7	8	9	
Comments:										
56. Staff conducting a comprehensive assessment should have knowledge of diagnostic classification systems and their limitations.	1	2	3	4	5	6	7	8	9	
Comments:	1				•					•
57. Staff conducting a comprehensive assessment should be aware that base rates of behaviour and thresholds for interventions may differ in criminal justice populations.	1	2	3	4	5	6	7	8	9	
Comments:		I	I	I	I	I	I	I	I	I

Involving service users, families and carers in the assessment														
	Strongly disagree								Strongly agree	Insufficient knowledge				
58. A comprehensive assessment should consider the views of individuals relevant to the care of the service user, including families, carers and other staff members.	1	2	3	4	5	6	7	8	9					
Comments:	1								1					
59. A comprehensive assessment should elicit service users' views and corroborate these with families, carers, or other informants.	1	2	3	4	5	6	7	8	9					
Comments:														
60. A comprehensive assessment should corroborate information with families and carers, if agreed by the service user.	1	2	3	4	5	6	7	8	9					
Comments:									1					
Data sources														
	Strongly disagree								Strongly agree	Insufficient knowledge				
61. A comprehensive assessment should evaluate and integrate information from multiple sources, including structured interviews with service users and others, standardised assessments and clinical records.	1	2	3	4	5	6	7	8	9					

Comments:										
62. A comprehensive assessment should review history and past behaviour.	1	2	3	4	5	6	7	8	9	
Comments:										
63. Staff conducting a comprehensive assessment should be able to appraise the reliability and validity of data sources.	1	2	3	4	5	6	7	8	9	
Comments:										
64. Staff conducting a comprehensive assessment should use measures that have been developed in, or adapted for, the criminal justice system.	1	2	3	4	5	6	7	8	9	
Comments:										
65. When selecting assessment tools, staff should consider their utility, cost and availability.	1	2	3	4	5	6	7	8	9	
Comments:										

U.2.4 Outcomes

Name:

General statements

	Strongly disagree								Strongly agree	Insufficient knowledge
66. Staff conducting a comprehensive assessment should collaborate with the service user to agree appropriate outcome measures (for example, symptom severity and quality of life).	1	2	3	4	5	6	7	8	9	
Comments:										
67. Staff conducting a comprehensive assessment should inform the service user that they may be required to monitor behaviours that may indicate a risk to self or others.	1	2	3	4	5	6	7	8	9	
Comments:										
Personal goals and priorit	ies									
	Strongly disagree								Strongly agree	Insufficient knowledge
68. An outcome of a comprehensive assessment should be the identification of realistic and optimistic long-term goals.	1	2	3	4	5	6	7	8	9	
Comments:										

69. An outcome of a comprehensive assessment should be the identification of short-	Ι.	_	_											
term goals (linked to long-term goals) and steps to achieve them.	1	2	3	4	5	6	7	8	9					
Comments:														
70. Goals for interventions should be prioritised and start with areas most likely to be amenable to change.	1	2	3	4	5	6	7	8	9					
Comments:								l		1				
The care plan to address goals														
	Strongly disagree								Strongly agree	Insufficient knowledge				
71. The care plan should be informed by the comprehensive assessment, the formulation that emerges from this and the service user's goals.	1	2	3	4	5	6	7	8	9					
Comments:														
72. Initial care and risk management plans appropriate for the current setting should be developed as soon as possible following assessment.	1	2	3	4	5	6	7	8	9					
Comments:	•	l						l	l					
73. Initial care and risk management plans should be communicated verbally and in writing to the service user and all agencies involved in their care in a timely manner.	1	2	3	4	5	6	7	8	9					
Comments:	1	ı	ı	1	1			ı	1					

74. The care plan should be multidisciplinary and developed collaboratively with the service user and, if they agree, their family or carers.	1	2	3	4	5	6	7	8	9	
Comments:										
75. The care plan should identify appropriate evidence-based interventions.	1	2	3	4	5	6	7	8	9	
Comments:										
76. The care plan should include a profile of the service user's needs, including any necessary adaptations to the social or physical environment.	1	2	3	4	5	6	7	8	9	
Comments:		_				_				
77. The care plan should take into account the needs of families and carers.	1	2	3	4	5	6	7	8	9	
Comments:										
78. Risk and crisis management plans should be incorporated into the care plan.	1	2	3	4	5	6	7	8	9	
Comments:										
79. The care plan should identify the roles and responsibilities of individuals involved in the service user's care.	1	2	3	4	5	6	7	8	9	
Comments:										
Referral to other services	S									

	Strongly disagree								Strongly agree	Insufficient knowledge
80. A comprehensive assessment should identify appropriate treatment and referral options in line with relevant NICE guidance.	1	2	3	4	5	6	7	8	9	
Comments:										
81. When making a referral, sufficient information should be provided to allow the service to make an informed decision about how to proceed.	1	2	3	4	5	6	7	8	9	
Comments:			ı							
Monitoring of individualised and stand	dard o	outco	mes							
	Strongly disagree								Strongly agree	Insufficient knowledge
82. Service users should be monitored regularly for changes in symptoms and functioning.	1	2	3	4	5	6	7	8	9	
Comments:		1	•		•	•			•	
83. Criteria should be agreed to determine when assessments should be reviewed.	1	2	3	4	5	6	7	8	9	
Comments:										
84. The care plan should establish a timetable to review whether goals have been met by an agreed time or point in treatment.	1	2	3	4	5	6	7	8	9	

U.2.5

Comments:										
85. Outcome measures should be selected that are designed to detect changes in the areas targeted by interventions.	1	2	3	4	5	6	7	8	9	
Comments:		1		1	1					1
Dick management										
Risk management Name:										
Name.										
	Stro disa								Strc ag	knov
	Strongly disagree								Strongly agree	Insufficient knowledge
	⊕ <								~	
86. Risk management plans should include interventions aimed at preventing negative events from occurring.	1	2	3	4	5	6	7	8	9	
Comments:										

87. Risk management plans should include interventions aimed at minimising any harm that may be caused.	1	2	3	4	5	6	7	8	9	
Comments:										
88. Risk management plans should be based on awareness of the possibility that the service user's risk level may change over time.	1	2	3	4	5	6	7	8	9	
Comments:										
89. Risk management plans should recognise that each service user requires a consistent and individualised approach.	1	2	3	4	5	6	7	8	9	
Comments:										
90. Risk management plans should include interventions to reduce risk.	1	2	3	4	5	6	7	8	9	
Comments:										
91. Risk management plans should include agreed measures of risk and how these will be monitored and reported.	1	2	3	4	5	6	7	8	9	

Comments:										
92. Risk management plans should assist service users to identify, anticipate and prevent high risk situations.	1	2	3	4	5	6	7	8	9	
Comments:										
93. Risk management plans should be shared with appropriate individuals and agencies to facilitate effective monitoring and reduction of risk behaviour.	1	2	3	4	5	6	7	8	9	
Comments:										
94. Risk management plans should specify how and when the risk will be reviewed.	1	2	3	4	5	6	7	8	9	
Comments:										
95. Risk management plans should take into account protocols and procedures for the management of risk for the setting(s) in which they are developed.	1	2	3	4	5	6	7	8	9	
Comments:										

96. Risk management plans should take account of any legal or statutory responsibilities placed on the individuals or services in the setting in which they are used.	1	2	3	4	5	6	7	8	9	
Comments:										

U.2.6 Additional considerations

Name: Constraints associated with the criminal justice system Strongly disagree Strongly 97. Staff conducting a comprehensive assessment should be aware that service users may have negative expectations based on prior experiences with mental health 2 3 4 5 6 7 8 9 services or the criminal justice system. Comments: 98. Staff should ensure that comprehensive assessments are undertaken in an 7 9 3 5 environment that is suitable and private. 2 4 6 8

Comments:										
99. Staff conducting a comprehensive assessment should inform service users that										
they may have a legal or ethical duty to disclose information relating to the security of the institution or the safety of others.	1	2	3	4	5	6	7	8	9	
Comments:										
100.Confidentiality in relation to sharing information with other agencies should be discussed with the service user.	1	2	3	4	5	6	7	8	9	
Comments:										
101.Consent to share information with other agencies should be sought.	1	2	3	4	5	6	7	8	9	
Comments:										
Transition between services – repeating asse	ssme	nts/s	harin	g dat	a					
	Strongly disagree								Strongly agree	Insufficient knowledge
102. The outcomes of a comprehensive assessment should be shared appropriately and securely with relevant agencies on a need-to-know basis, in accordance with local	1	2	3	4	5	6	7	8	9	

policies and legislation.										
Comments:					I	I	I			
103.Staff should make use of reliable pre-existing information to avoid duplicating areas of assessment that have already been undertaken.	1	2	3	4	5	6	7	8	9	
Comments:									1	
Dealing with misleading or withheld	infor	matic	n							
	Strongly disagree								Strongly agree	Insufficient knowledge
104.Staff conducting a comprehensive assessment should be aware that service users may be feigning or minimising mental health problems which may affect test scores.	1	2	3	4	5	6	7	8	9	
Comments:	1			1	ı	ı	I			l
Ethos										
	Strongly disagree								Strongly agree	Insufficient knowledge
105.Staff conducting a comprehensive assessment should be empathic, neutral and non-judgemental.	1	2	3	4	5	6	7	8	9	

Comments:										
106.Mental health problems should be discussed with the service user in a manner that engenders hope by indicating the possibility of change.	1	2	3	4	5	6	7	8	9	
Comments:				l						
Timing of assessments										
	Strongly disagree								Strongly agree	Insufficient knowledge
107. Service users should be reassessed upon transfer between or out of institutions and following major legal events.	1	2	3	4	5	6	7	8	9	
Comments:					1					
108. Service users with, or at risk of, mental health problems should be reassessed before discharge and have a care plan in place.	1	2	3	4	5	6	7	8	9	
Comments:										
Organisation of services										
	Strongly disagree								Strongly agree	Insufficient knowledge

109. Systems should be developed for routine data sharing between criminal justice agencies to reduce redundancy in the assessment process.	1	2	3	4	5	6	7	8	9	
Comments:										

U.2.7 Re-rated statements

Name:										
Principles										
	Strongly disagree								Strongly agree	Insufficient knowledge
110. Where offending behaviour is linked to mental health problems, a comprehensive assessment should aim to increase understanding of the relationship between the mental health problems and the offending behaviour and develop alternative adaptive strategies.	1	2	3	4	5	6	7	8	9	
Comments:										
10. Where appropriate, staff conducting a comprehensive assessment should consider involving a family member, partner, carer or advocate to support the service user and help explain feedback from the assessment. Staff should consider the service user's wishes, the quality of family relationships and obtaining consent for sharing information.	1	2	3	4	5	6	7	8	9	

Comments:										
23. Staff conducting a comprehensive should consider using validated tools relevant to the disorders or problems being assessed.	1	2	3	4	5	6	7	8	9	
Comments:										
25. Where possible, a comprehensive assessment should take into account, and be integrated with, care plans from other services.	1	2	3	4	5	6	7	8	9	
Comments:										
Purpose										
	Strongly disagree								Strongly agree	Insufficient knowledge
 A comprehensive assessment should identify any adaptations to interventions or the environment that are required as a result of the service users' mental health problems. 	1	2	3	4	5	6	7	8	9	
Comments:										

5. Obtaining an understanding of the service user's problems is an important component of a comprehensive assessment.	1	2	3	4	5	6	7	8	9	
Comments:										
6. A comprehensive assessment should seek to determine the nature, severity and, where possible, duration of any presenting problems or disorders.	1	2	3	4	5	6	7	8	9	
Comments:										
12. Comprehensive risk assessment should involve a review of demographic, psychological, social and historical factors.	1	2	3	4	5	6	7	8	9	
Comments:										
Structure										
	Strongly disagree								Strongly agree	Insufficient knowledge
When required, a comprehensive assessment should be conducted by a multidisciplinary team with a named lead person and organisation.	1	2	3	4	5	6	7	8	9	

Comments:										
Staff conducting a comprehensive assessment should have knowledge and awareness of diagnostic classification systems and their limitations.	1	2	3	4	5	6	7	8	9	
Comments:										
Outcomes										
	Strongly disagree								Strongly agree	Insufficient knowledge
An outcome of a comprehensive assessment should be the identification of realistic and optimistic goals and steps to achieve them.	1	2	3	4	5	6	7	8	9	
Comments:										
4. Goals should be agreed upon by the staff and service user.	1	2	3	4	5	6	7	8	9	
Comments:										

20. Outcomes that require monitoring should be selected based on the service user's goals and areas targeted by interventions.	1	2	3	4	5	6	7	8	9	
Comments:										

U.3 Personality disorders (excluding BPD and APD)

Name:										
	Strongly disagree								Strongly agree	Insufficient knowledge
Principles	1									
111.People with personality disorders should not be excluded from any health or social care service because of their diagnosis	1	2	3	4	5	6	7	8	9	
Comments:										

112.Staff should be aware that people with personality disorder may have difficulties with interpersonal functioning; including being very avoidant, perfectionistic, or self-absorbed: having difficulties in forming relationships; and frequent and unpredictable changes in feelings	1	2	3	4	5	6	7	8	9	
Comments:										
113.Staff should be aware that people with personality disorder difficulties that are often long-standing and affect a range of personal, social, occupational areas of functioning	1	2	3	4	5	6	7	8	9	
Comments:										
114.Staff should be aware that structure is important for the effective care of people with personality disorder including clear roles and responsibilities, collaborative and explicit agreements about what is expected from a service and what is expected from a client	1	2	3	4	5	6	7	8	9	
Comments:										
115.Staff should be aware that the presence of a personality disorder may complicate the treatment of other mental disorders	1	2	3	4	5	6	7	8	9	
Comments:										
116.Interactions with people with personality disorder and should be validating but also judiciously challenged	1	2	3	4	5	6	7	8	9	
Comments:	1	1	ı	I	ı	ı	ı		I	

Assessment										
Staff should be able to identify common features of personality disorder and make appropriate adjustments for them	1	2	3	4	5	6	7	8	9	
Comments:										
2. Staff should be aware that people with personality disorder may have difficulties with accurately interpreting and controlling emotions	1	2	3	4	5	6	7	8	9	
Comments:										
3. Staff should be aware that people with personality disorder may have difficulties with impulse control (e.g. difficulty in planning, seeking out high levels of stimulation, being insensitive to consequences of actions)	1	2	3	4	5	6	7	8	9	
Comments:										
4. Staff should be aware that people with personality disorder may experience themselves as having a lack of autonomy (e.g. perceive their actions as pointless, find it difficult to set and achieve goals)	1	2	3	4	5	6	7	8	9	
Comments:										
5. Staff should be aware that people with personality disorder may have an unstable sense of self that is dependent on the context or individuals with whom they are interacting	1	2	3	4	5	6	7	8	9	
Comments:	,	•			•					

6. Staff should be aware that people with personality disorder may have difficulties with social functioning (e.g., have a sense of entitlement that overrides the needs of other, find it difficult to relate to and co-operate with others).	1	2	3	4	5	6	7	8	9	
Comments:										
7. Staff should establish which partner agencies are also involved in the care of a person with personality disorder and clarify the roles/responsibilities of other agencies	1	2	3	4	5	6	7	8	9	
Comments:										
Interventions										
Where complex interventions for personality disorder are delivered this should be a multi-disciplinary context	1	2	3	4	5	6	7	8	9	
Comments:										
2. Staff involved in the delivery of interventions for people with personality disorder should ensure that adequate case management and advocacy is in place	1	2	3	4	5	6	7	8	9	
Comments:										
3. Interventions for people with personality disorders should aim to be: supportive (e.g. development of positive therapeutic relationship); facilitate learning (e.g. through feedback and advice); and develop new behaviours (e.g. reality testing and experiencing of successful coping)	1	2	3	4	5	6	7	8	9	

Comments:										
4. Staff should work with people with personality disorder to develop a crisis plan including early warning signs, triggers and strategies to reduce the intensity and frequency of crises.	1	2	3	4	5	6	7	8	9	
Comments:										
5. The following components should be considered when developing plans for the general care and management of people with personality disorder: problem solving; articulation and management of emotion; managing interpersonal relationships; managing impulse control, self-harm and medication management (including reducing poly-pharmacy)	1	2	3	4	5	6	7	8	9	
Comments:										
6. Plans for the general care and management of people with personality disorder should be implemented in a flexible and responsive to manner	1	2	3	4	5	6	7	8	9	
Comments:										
7. People with personality disorders should be offered treatment for any comorbid disorders in line with recommendations in the relevant NICE clinical guideline	1	2	3	4	5	6	7	8	9	
Comments:	·									
8. The duration or intensity of psychological interventions for people with personality disorder should be increased.	1	2	3	4	5	6	7	8	9	

Comments:										
9. Changes to any treatments or services for people with personality disorder should be discussed carefully with the individual beforehand and extra effort should be made to engage them in a participatory process for designing and implementing their care	1	2	3	4	5	6	7	8	9	
Comments:										
10. Effort should be made to ensure that patients feel responsible for their care to generate a sense of self-efficacy	1	2	3	4	5	6	7	8	9	
Comments:										
11. A structured, phased approach should be used when changing treatments or services for people with personality disorder	1	2	3	4	5	6	7	8	9	
Comments:										