

Membership of Eating disorders: treatment and recognition guideline Committee

The Committee will operate as an advisory Committee to NICE's Board, developing a guideline on eating disorders.

The terms of reference and standing orders for the Committee can be found in [appendix D of Developing NICE guidelines: the manual](#).

Membership list

Name	Job Title, Organisation
Chair	
Anthony Bateman	Consultant Psychiatrist and Psychotherapist and Honorary Senior Lecturer. Visiting Professor in the Psychoanalysis Unit at University College London.
Vice-chair	
Mike Hunter	Consultant Psychiatrist Clinical Director (Inpatient Services) and Associate Medical Director (Research and Strategy) Sheffield Health and Social Care NHS Foundation Trust.
Core members / Members	
Jane Dalgliesh	Nurse Practitioner/Team Manager/Head of Service, Eating Disorders Service, South Essex University Foundation Trust
Ivan Eisler	Emeritus Professor of Family Psychology and Family Therapy, Kings College Institute of Psychiatry, Psychology and Neuroscience Consultant Clinical Psychologist and Joint Head of Child and Adolescent Eating Disorders Service, South London and Maudsley NHS Foundation Trust. Lead for Psychological Treatments, CAMHS, South London and Maudsley NHS Foundation Trust.
Christopher Fairburn	Welcome Principal Research Fellow, University of Oxford. Professor of Psychiatry, University of Oxford. Honorary Consultant Psychiatrist, Oxford Health NHS Foundation Trust. Governor, MQ – Research for Mental Health. Governor, Oxford Mindfulness Foundation
Lee Hudson	Consultant Paediatrician Great Ormond St Hospital, London. Consultant Paediatrician, Ellen Mead Eating Disorders Unit, Holcombe Hill, London. Honorary Senior Lecturer, University College London Institute of Child Health.
Dasha Nicholls	Consultant Child and Adolescent Psychiatrist, Great Ormond Street Hospital, London. Honorary Senior Lecturer, University College London Institute of Child Health.
Jessica Parker	Service User
Daniel Perry	Service User

Committee membership list – Eating disorders: treatment and recognition

Ursula Philpot	Senior Lecturer in Nutrition and Dietetics, Leeds Beckett University. Director and Advanced Practice Dietitian, Insight Eating, The Orchard, Leeds.
Susan Ringwood	Carer Representative
Mandy Scott	Mental Health Nurse and Co-Founder of PEDS (Personalised Eating Disorder Support) Charity (previously CAMHS Case Management NHS England)
Lucy Serpell	Senior Lecturer, Research Department of Clinical, Educational and Health Psychology, University College London. Clinical Lead for Eating Disorders, North East London Foundation NHS.
Philip Taylor	Clinical Director Dentistry and Oral and Maxillo-Facial Surgery (OMFS). Clinical Lead Restorative Dentistry, Barts Health NHS Trust, The Dental Hospital, London.
Dominique Thompson	GP and Director of the University of Bristol Student Health Service. Lead GP Bristol For Eating Disorders.
Janet Treasure	Director of Eating Disorders Unit and Professor of Psychiatry, Kings College, London.
Hannah Turner	Consultant Lead Clinical Psychologist, Southern Health NHS Foundation Trust Eating Disorders Service.
Christine Vize	Retired Consultant Psychiatrist, Cotswald House Eating Disorders Unit, and Wiltshire Community Eating Disorder Service, and Medical Lead, Oxford Health NHS Foundation Trust.
Glen Waller	Professor of Psychology, Department of Psychology, University of Sheffield.

Date last reviewed: 01/12/2016

Declaration of Interests

The effective management of conflicts of interests is an essential element in the development of the guidance and advice that NICE publishes. Please refer to the NICE website for the [Policy on Conflicts of Interest](#).

Name	Job title, organisation	Declarations of Interest, date declared	Type of interest	Decision taken
Anthony Bateman	Consultant Psychiatrist and Psychotherapist and Honorary Senior Lecturer. Visiting Professor in the Psychoanalysis Unit at University College London.	None	n/a	No action needed

Committee membership list – Eating disorders: treatment and recognition

Jane Dalglish	Nurse Practitioner/Team Manager/Head of Service Eating Disorders Service, South Essex University Foundation Trust	None	n/a	No action needed
Ivan Eisler	Emeritus Professor of Family Psychology and Family Therapy, Kings College Institute of Psychiatry, Psychology and Neuroscience. Consultant Clinical Psychologist and Joint Head of Child and Adolescent Eating Disorders Service, South London and Maudsley NHS Foundation Trust. Lead for Psychological Treatments, CAMHS, South London and Maudsley NHS Foundation Trust.	Published a significant number of academic papers/chapters on psychological treatments for eating disorders. This includes papers on the use of family interventions and published studies on psychodynamic psychotherapy, CBT and cognitive analytic therapy. Also published researched and expressed opinions on specialist and non-specialist services for child and adolescent eating disorders.	Personal, non-financial, specific	No action needed

Committee membership list – Eating disorders: treatment and recognition

Ivan Eisler	<p>Emeritus Professor of Family Psychology and Family Therapy, Kings College Institute of Psychiatry, Psychology and Neuroscience. Consultant Clinical Psychologist and Joint Head of Child and Adolescent Eating Disorders Service, South London and Maudsley NHS Foundation Trust. Lead for Psychological Treatments, CAMHS, South London and Maudsley NHS Foundation Trust.</p>	<p>Member of the curriculum group for Systemic Family Practice for the Children’s and Young People’s Increasing Access to Psychological Treatments (CYP IAPT) and co-writer of the CYP IAPT specialist ED training module.</p> <p>Evidence has been submitted to the House of Commons Health Select Committee CAMHS Inquiry as well as to the NHS England London Region Group on the organisation of Child and Adolescent Eating Disorders Services.</p>	Personal, non-financial, specific	No action needed
Christopher Fairburn	<p>Welcome Principal Research Fellow, University of Oxford. Professor of Psychiatry, University of Oxford. Honorary Consultant Psychiatrist, Oxford Health NHS Foundation Trust. Governor, MQ – Research for Mental Health. Governor, Oxford Mindfulness Foundation</p>	<p>Author of research papers, review articles and books that have commented on the effectiveness of various treatments for eating disorders. Royalties received from publishers of the books concerned.</p>	Personal, financial, specific	No action needed

Committee membership list – Eating disorders: treatment and recognition

<p>Christopher Fairburn</p>	<p>Welcome Principal Research Fellow, University of Oxford. Professor of Psychiatry, University of Oxford. Honorary Consultant Psychiatrist, Oxford Health NHS Foundation Trust. Governor, MQ – Research for Mental Health. Governor, Oxford Mindfulness Foundation</p>	<p>Co-author of one of the studies included in the evidence review on comorbidities of eating disorders and another study included in the assessment and monitoring review.</p>	<p>Personal, non-financial, specific</p>	<p>Withdrew from discussion of evidence and only answered questions in relation to the study for clarity</p>
<p>Christopher Fairburn</p>	<p>Welcome Principal Research Fellow, University of Oxford. Professor of Psychiatry, University of Oxford. Honorary Consultant Psychiatrist, Oxford Health NHS Foundation Trust. Governor, MQ – Research for Mental Health. Governor, Oxford Mindfulness Foundation</p>	<p>Co-author of a study included in the evidence review on bulimia nervosa.</p>	<p>Personal, non-financial, specific</p>	<p>Withdrew from discussion of evidence and only answered questions in relation to the study for clarity</p>

Committee membership list – Eating disorders: treatment and recognition

<p>Christopher Fairburn</p>	<p>Welcome Principal Research Fellow, University of Oxford. Professor of Psychiatry, University of Oxford. Honorary Consultant Psychiatrist, Oxford Health NHS Foundation Trust. Governor, MQ – Research for Mental Health. Governor, Oxford Mindfulness Foundation</p>	<p>Author of CBT-ED manuals related to the psychological interventions reviews.</p>	<p>Personal, non-financial, specific</p>	<p>Withdrew from discussion of evidence and only answered questions in relation to the study for clarity</p>
<p>Christopher Fairburn</p>	<p>Welcome Principal Research Fellow, University of Oxford. Professor of Psychiatry, University of Oxford. Honorary Consultant Psychiatrist, Oxford Health NHS Foundation Trust. Governor, MQ – Research for Mental Health. Governor, Oxford Mindfulness Foundation</p>	<p>Invited to be part of a group looking at completing an NMA for anorexia nervosa.</p>	<p>Personal, non-financial, specific</p>	<p>No action needed</p>

Committee membership list – Eating disorders: treatment and recognition

<p>Christopher Fairburn</p>	<p>Welcome Principal Research Fellow, University of Oxford. Professor of Psychiatry, University of Oxford. Honorary Consultant Psychiatrist, Oxford Health NHS Foundation Trust. Governor, MQ – Research for Mental Health. Governor, Oxford Mindfulness Foundation</p>	<p>Held (paid and unpaid) training workshops for clinicians on eating disorders; on eating disorder treatment in general; and on specific treatments for eating disorders (CBT; IPT; guided self-help).</p>	<p>Personal, financial, specific</p>	<p>No action needed</p>
<p>Christopher Fairburn</p>	<p>Welcome Principal Research Fellow, University of Oxford. Professor of Psychiatry, University of Oxford. Honorary Consultant Psychiatrist, Oxford Health NHS Foundation Trust. Governor, MQ – Research for Mental Health. Governor, Oxford Mindfulness Foundation</p>	<p>Funding from Wellcome Trust to develop an online means of training therapists in a specific treatment for eating disorders, CBT-E, and in a treatment for depressions (behavioural activation). The training is cost-free</p>	<p>Non-personal, financial, specific</p>	<p>No action needed</p>

Committee membership list – Eating disorders: treatment and recognition

<p>Christopher Fairburn</p>	<p>Welcome Principal Research Fellow, University of Oxford. Professor of Psychiatry, University of Oxford. Honorary Consultant Psychiatrist, Oxford Health NHS Foundation Trust. Governor, MQ – Research for Mental Health. Governor, Oxford Mindfulness Foundation</p>	<p>Author of a book for sufferers from eating disorders (Overcoming Binge Eating). Receive royalties from the publisher.</p>	<p>Personal, financial, specific</p>	<p>No action needed</p>
<p>Lee Hudson</p>	<p>Consultant Paediatrician Great Ormond St Hospital, London. Consultant Paediatrician, Ellen Mead Eating Disorders Unit, Holcombe Hill, London. Honorary Senior Lecturer, University College London Institute of Child Health.</p>	<p>Co-author of one of the studies included in the physical complications review.</p>	<p>Personal, non-financial, specific</p>	<p>Withdrew from discussion of evidence and only answered questions in relation to the study for clarity</p>

Committee membership list – Eating disorders: treatment and recognition

Lee Hudson	Consultant Paediatrician Great Ormond St Hospital, London. Consultant Paediatrician, Ellen Mead Eating Disorders Unit, Holcombe Hill, London. Honorary Senior Lecturer, University College London Institute of Child Health.	Co-lead of the MARSIPAN group	Personal, non-financial, specific	Withdrew from discussion of evidence and only answered questions in relation to the study for clarity
Lee Hudson	Consultant Paediatrician Great Ormond St Hospital, London. Consultant Paediatrician, Ellen Mead Eating Disorders Unit, Holcombe Hill, London. Honorary Senior Lecturer, University College London Institute of Child Health.	Work privately as a paediatrician in eating disorders in a private eating disorders clinic	Personal, financial, specific	No action needed
Mike Hunter	Consultant Psychiatrist Clinical Director (Inpatient Services) and Associate Medical Director (Research and Strategy) Sheffield Health and Social Care NHS Foundation Trust.	None	n/a	No action needed

Committee membership list – Eating disorders: treatment and recognition

Dasha Nicholls	Consultant Child and Adolescent Psychiatrist, Great Ormond Street Hospital, London. Honorary Senior Lecturer, University College London Institute of Child Health.	Co-author of one of the studies included in the physical complications review	Personal, non-financial, specific	Withdrew from discussion of evidence and only answered questions in relation to the study for clarity
Jessica Parker	Service User	None	n/a	No action needed
Daniel Perry	Service User	In discussions with BEAT regarding establishing a Manchester based support group	Personal, non-financial, non-specific	No action needed
Daniel Perry	Service User	Ongoing work with BEAT speaking at national media outlets	Personal, non-financial, non-specific	No action needed
Daniel Perry	Service User	New role as community leader for eating disorders and body image for LGBT Foundation (Greater Manchester)	Personal, financial, non-specific	No action needed
Ursula Philpot	Senior Lecturer in Nutrition and Dietetics, Leeds Beckett University. Director and Advanced Practice Dietitian, Insight Eating, The Orchard, Leeds.	None	n/a	No action needed
Susan Ringwood	Carer Representative	None	n/a	No action needed
Mandy Scott	CAMHS Case Manager NHS, England, East Anglia Area Team	None	n/a	No action needed

Committee membership list – Eating disorders: treatment and recognition

Lucy Serpell	Senior Lecturer, Research Department of Clinical, Educational and Health Psychology, University College London. Clinical Lead for Eating Disorders, North East London Foundation NHS.	None	n/a	No action needed
Philip Taylor	Clinical Director Dentistry and Oral and Maxillo-Facial Surgery (OMFS). Clinical Lead Restorative Dentistry, Barts Health NHS Trust, The Dental Hospital, London.	None	n/a	No action needed
Dominique Thompson	GP and Director of the University of Bristol Student Health Service. Lead GP Bristol For Eating Disorders.	Member of GPCare, a local GP federation in Bristol.	Non-personal, non-financial, non-specific	No action needed
Dominique Thompson	GP and Director of the University of Bristol Student Health Service. Lead GP Bristol For Eating Disorders.	Member of OneCare (BNSSG) Ltd, a local GP Federation in Bristol	Non-personal, non-financial, non-specific	No action needed
Dominique Thompson	GP and Director of the University of Bristol Student Health Service. Lead GP Bristol For Eating Disorders.	Set up a new network for Primary Care Professionals	Personal, non-financial, non-specific	No action needed

Committee membership list – Eating disorders: treatment and recognition

Janet Treasure	Director of Eating Disorders Unit and Professor of Psychiatry, Kings College, London.	Edited professional texts, and written several self-help books for people with eating disorders (AN and BN) (Schmidt & Treasure, 1993; Treasure, 1997) and a book for carers to share expertise and understanding (Treasure J et al., 2007).	Personal, financial, specific	No action needed
Janet Treasure	Director of Eating Disorders Unit and Professor of Psychiatry, Kings College, London.	Author of papers looking at carer training and talks delivered on same topic.	Personal, non-financial, non-specific	No action needed
Janet Treasure	Director of Eating Disorders Unit and Professor of Psychiatry, Kings College, London.	Meeting at RCP (Eli Lilly) 25 September 2015 (fee paid)	Personal, financial, non-specific	No action needed
Janet Treasure	Director of Eating Disorders Unit and Professor of Psychiatry, Kings College, London.	Charity work: Trustee or other various roles on several eating disorders charities: BEAT, SUCCEED, Student Minds, FEAST, Diabetics with Eating Disorders DWED, Psychiatry Research Trust, Charlottes Helix.	Personal, non-financial, specific	No action needed
Janet Treasure	Director of Eating Disorders Unit and Professor of Psychiatry, Kings College, London.	Funding from BRC Biomedical Research Centre at South London and Maudsley NHS Foundation Trust and King's College London, National Institute for Health Research (NIHR), Swiss Anorexia Foundation, Psychiatric Research Trust, Guys and St Thomas Research Trust	Non-personal, financial, specific	No action needed

Committee membership list – Eating disorders: treatment and recognition

Janet Treasure	Director of Eating Disorders Unit and Professor of Psychiatry, Kings College, London.	Invited to be part of a group looking at completing an NMA on anorexia nervosa.	Personal, non-financial, specific	No action needed
Janet Treasure	Director of Eating Disorders Unit and Professor of Psychiatry, Kings College, London.	Honorarium for participation in: AACAP meeting, Lilly diabetic meeting, ECNP, Hilda Bruch lecture	Personal, non-financial, specific	No action needed

Committee membership list – Eating disorders: treatment and recognition

<p>Janet Treasure</p>	<p>Director of Eating Disorders Unit and Professor of Psychiatry, Kings College, London.</p>	<p>Royalties from the following books from Routledge, Wiley, Oxford University press: Szmukler, Dare Treasure, The Essential Handbook of Eating Disorders Date 1995 Publisher: Wiley ISBN: 0-47194327-4 Ulrike Schmidt & Janet Treasure Title: Getting Better Bit(e) by Bit(e) Publisher: Routledge ISBN: 0-86377-322-2 Hoek HW, Treasure, JL, Katzman MA Title: Neurobiology in the treatment of Eating Disorders Publisher: Wiley ISBN: 0-471-98102-8 J Treasure, U Schmidt & Evan Furth Title: The Essential Handbook of Eating Disorders Publisher: Wiley ISBN: 0-470-01463-6 M Nasser, K Baistow, J Treasure Title: The Female Body in Mind Publisher: Routledge ISBN:978-0-415-38514-5 (pbk), 978-0-415-38515-2 (pbk) Date 2007</p>	<p>Personal, financial, specific</p>	<p>No action needed</p>
-----------------------	--	---	--------------------------------------	-------------------------

Committee membership list – Eating disorders: treatment and recognition

		<p>Janet Treasure Title: Anorexia Nervosa – a survival guide for families, friends and sufferers. Publisher: Routledge ISBN: 0-86377-760-0</p> <p>Janet Treasure, Grainne Smith and Anna Crane S. Title: Skills-based Learning for Caring for a Loved One with an Eating Disorder. Publisher: Routledge ISBN: 978-0-415-43158-3 Date: 2007</p> <p>Janet Treasure, Pam MacDonald, Ulrike Schmidt Title: A Clinicians Guide to Collaborative Care Publisher: Routledge ISBN: 978-0-415</p> <p>Janet Treasure, Pam MacDonald, Ulrike Schmidt Title: A Clinicians Guide to Collaborative Care Publisher: Routledge ISBN: 978-0-415-48424-4 hbk 978-0-415-48425-1 pbk Date: 2009</p> <p>Laird Birmingham, Janet Treasure. Title: Medical Management of Eating Disorders Publisher: Oxford University Press ISBN: 978-0-521-72710-5 Date: 2010</p>	<p>Personal, financial, specific</p>	<p>No action needed</p>
--	--	--	--------------------------------------	-------------------------

Committee membership list – Eating disorders: treatment and recognition

		<p>June Alexander Janet Treasure, Title: A Collaborative Approach to Eating Disorders Publisher: Routledge ISBN: 978-0-415-58146-2 Date: 2012</p> <p>Janet Treasure, June Alexander. Title: Anorexia Nervosa: A Recovery Guide for Sufferers, Families and Friends 2nd Edition. Publisher: Routledge ISBN: 978-0-415-63366-6 (hard), 978-0-415-63367-3 (pbk), 978-0-203-64019-7 Date: 2013</p> <p>Schmidt, U., J. Treasure, and J. Alexander, Getting Better Bite by Bite: A Survival Kit for Sufferers of Bulimia Nervosa and Binge Eating Disorders. 2015: Routledge.</p>		
Hannah Turner	Consultant Lead Clinical Psychologist, Southern Health NHS Foundation Trust Eating Disorders Service.	Teaching and research/publications in CBT	Personal, non-financial, specific	No action needed
Hannah Turner	Consultant Lead Clinical Psychologist, Southern Health NHS Foundation Trust Eating Disorders Service.	Involved in the development and evaluation of brief CBT interventions for eating disorders and in an effectiveness study of CBT when delivered in routine clinical settings.	Personal non-financial, specific	No action needed

Committee membership list – Eating disorders: treatment and recognition

Hannah Turner	Consultant Lead Clinical Psychologist, Southern Health NHS Foundation Trust Eating Disorders Service.	Research interest in medical aspects of eating disorders.	Personal, non-financial, specific	No action needed
---------------	---	---	-----------------------------------	------------------

Committee membership list – Eating disorders: treatment and recognition

Christine Vize	Retired Consultant Psychiatrist, Cotswald House Eating Disorders Unit, and Wiltshire Community Eating Disorder Service, and Medical Lead, Oxford Health NHS Foundation Trust.	Fellow of the Royal College of Psychiatrists and an Executive Member of the College Eating Disorders Section (now the Faculty of Eating Disorders) since July 2011. Re-elected once but not eligible for further re-election, will step down in June 2015. Held the position of Policy Lead for the Faculty.	Personal, non-financial, specific	No action needed
Christine Vize	Retired Consultant Psychiatrist, Cotswald House Eating Disorders Unit, and Wiltshire Community Eating Disorder Service, and Medical Lead, Oxford Health NHS Foundation Trust.	Vice-Chair of the Clinical Reference Group for Specialist Eating Disorders for NHS England.	Personal, non-financial, specific	No action needed
Christine Vize	Retired Consultant Psychiatrist, Cotswald House Eating Disorders Unit, and Wiltshire Community Eating Disorder Service, and Medical Lead, Oxford Health NHS Foundation Trust.	Developing an App with a company called The App Garden in collaboration with NHS Trust IT Department. The app is a food and eating diary for patients with eating disorders.	Personal, non-financial, specific	No action needed

Committee membership list – Eating disorders: treatment and recognition

Glen Waller	Professor of Psychology, Department of Psychology, University of Sheffield.	Published two books and a range of papers and book chapters on CBT for eating disorders; regularly gives workshops on evidence-based CBT for eating disorders; membership of NICE GDG likely to be related to an Impact Case Study under the 2021 Research Excellence Framework	Personal, financial, specific	No action needed
Glen Waller	Professor of Psychology, Department of Psychology, University of Sheffield.	Involved in studies that have been included in the assessment and monitoring review.	Personal, non-financial, specific	Withdrew from discussion of evidence and only answered questions in relation to the study for clarity

Date last reviewed: 01/12/2016