

4.0.3 DOC Cmte minutes

Eating Disorders Committee meeting



Date: 23/02/2016

Location: NCCMH, 21 Prescott St, London E1 8BB

Minutes: Confirmed

Anthony Bateman (AB) (Chair)
Tim Kendall (GC) (Clinical Director)
Jane Dalgliesh (JD)
Ivan Eisler (IE)
Philip Taylor (PT)
Dasha Nicholls (DN)
Jessica Parker (JP)
Daniel Perry (DP)
Lucy Serpell (LS)
Dominique Thompson (DT)
Janet Treasure (JT)
Hannah Turner (HT)
Christine Vize (CV)
Glenn Waller (GW)
Lee Hudson (LH)
Ursula Philpot (UP)
Mandy Scott (MS)

In attendance:		
Leanne Saxon (LSa)	NCCMH	Systematic Reviewer
Linyun Fou (LF)	NCCMH	Research Assistant
Jo Wolfreys (JW)	NCCMH	Project Manager
Eric Slade (ES)	NCCMH	Health Economist

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Observers: None

Apologies:

Chris Fairburn

Committee member

Clifford Middleton

Guidelines Commissioning Manager

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the seventh meeting of the Eating Disorders Guideline Committee.

No members of the public asked to observe the meeting.

The Chair informed the Committee that apologies had been received. These are noted above.

Introductions

There were no additional introductions.

2. Confirmation of matter under discussion, and declarations of interest

The Chair asked everyone to verbally declare any conflicts of interest that have arisen since the last meeting.

There were no new declarations of interest.

3. Minutes of last meeting

The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. The Committee agreed that the minutes were a true and accurate account of the meeting.

The Chair followed up on the inclusion of studies with inpatient treatment and the Guideline Committee made decisions on which to include on the basis of evidence presented by the technical team.

Clarification on the use of zinc as a single nutritional intervention was also discussed and the data on bone mineral density and fracture estimate.

4. Presentations

The Chair introduced Ifigeneia Mavranouzouli, Senior Health Economist who led a discussion on the network meta-analysis for Bulimia Nervosa as well as Binge Eating

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Disorder.

The Chair introduced Leanne Saxon, Systematic Reviewer, who presented the evidence for the review question on the settings and coordination of care for treating people with eating disorders.

The Chair introduced Linyun Fou, Research Assistant who presented evidence on stepped care in the treatment of eating disorders.

This was followed by a presentation from Ifigeneia Mavranouzouli, Senior Health Economist on the health economic evidence related to the setting and coordination of care in the treatment of eating disorders

The Committee then discussed the issues presented in relation to this guideline. The Chair thanked the technical team for their presentations.

5. Questions and discussion

The Committee discussed the evidence presented to inform a network meta-analysis for Binge Eating Disorder therapies and agreed to proceed with this.

The Committee discussed the coordination of care and settings for adults and adolescents and evidence on interventions to support carers and families.

Other business:

An outline of the new National Guideline Alliance was presented to the Guideline Committee.

Date of next meeting: 05/04/2016

Location of next meeting: National Guideline Alliance

Royal College of Obstetricians and Gynecologists, 27
Sussex PI, London NW1 4RG