

Eating Disorders Committee meeting 11

Date: 29/06/2016

Location: National Guideline Alliance
Royal College of Obstetricians and Gynecologists, 27 Sussex Pl,
London NW1 4RG

Minutes: Confirmed

Anthony Bateman (AB) (Chair)
Mike Hunter (MH) (Clinical Lead)
Jane Dalgliesh (JD)
Christopher Fairburn (CF)
Ivan Eisler (IE)
Philip Taylor (PT)
Susan Ringwood (SR)
Daniel Perry (DP)
Lucy Serpell (LS)
Hannah Turner (HT)
Glenn Waller (GW)
Lee Hudson (LH)
Ursula Philpot (UP)
Mandy Scott (MS)
Dasha Nicholls (DN)
Jessica Parker (JP)
Dominique Thompson (DT)
Christine Vize (CV)
Janet Treasure (JT)

In attendance:		
Leanne Saxon (LSa)	NGA	Systematic Reviewer
Linyun Fou (LF)	NGA	Research Assistant
Jo Wolfreys (JW)	NCCMH	Project Manager
Eric Slade (ES)	NGA	Health Economist
Clifford Middleton	NICE	Guidelines Commissioning Manager
James Hall	NICE	Medical Editor
Edgar Masanga	NICE	Business Analyst

Observers: None

Apologies:

Tim Kendall (GC)	Clinical Director
Lee Hudson (LH)	Committee member

1. Welcome and objectives for the meeting

The Chair welcomed the Committee members and attendees to the eleventh meeting of the Eating Disorders Guideline Committee.

No members of the public asked to observe the meeting.

The Chair informed the Committee that apologies had been received. These are noted above.

Introductions

There were no additional introductions.

2. Confirmation of matter under discussion, and declarations of interest

The Chair asked everyone to verbally declare any conflicts of interest that have arisen since the last meeting.

Christopher Fairburn declared that he was a co-author of one of the studies reviewed for the comorbidities of ED and another for the assessment and monitoring review. CF withdrew from the discussions and only answered questions in relation to the studies.

Glenn Waller declared that he was involved in studies included in the assessment and monitoring review. GW withdrew from the discussion and only answered questions in relation to the studies.

Lee Hudson declared that he was co-author on one of the studies included in the physical complications review. LH withdrew from the discussion and only answered questions in relation to the study.

Dasha Nicholls declared that she was co-author on one of the studies included in the physical complications review. DN withdrew from the discussion and only answered questions in relation to the study.

Hannah Turner declared that she was involved in the development and evaluation of brief CBT interventions for eating disorders and in an effectiveness study of CBT

when delivered in routine clinical settings. It was also declared that HT has a research interest in medical aspects of eating disorders. It was agreed that no action was required.

3. Minutes of last meeting

The Chair asked the Committee if it wanted any changes made to the minutes of the last meeting. The Committee agreed that the minutes were a true and accurate account of the meeting.

4. Presentations

The Chair introduced Leanne Saxon, Systematic Reviewer and Linyun Fou, Systematic Reviewer, who took the committee through the evidence on the identification, assessment and monitoring of eating disorders and amending the recommendations.

Leanne Saxon and Linyun Fou took the committee through the evidence for comorbidities and physical complications for eating disorders and amending the recommendations.

Mike Hunter and Leanne Saxon led the Committee through a discussion on drafting research recommendations and the development of the full guideline.

The Chair thanked the technical team for their presentations.

5. Questions and discussion

The Committee discussed the evidence presented.

No other business was discussed

Date of next meeting: 26/07/2016

Location of next meeting: National Guideline Alliance

Royal College of Obstetricians and Gynecologists, 27
Sussex Pl, London NW1 4RG