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Disclaimer
Healthcare professionals are expected to take NICE clinical guidelines fully into account when exercising their clinical judgement. However, the guidance does not override the responsibility of healthcare professionals to make decisions appropriate to the circumstances of each patient, in consultation with the patient and/or their guardian or carer.

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Appendices

Appendix K: Flow charts

Figure 1: Flow diagram of clinical article selection for review on case identification of eating disorders

- Titles and abstracts identified, N= 19914
- Full copies retrieved and assessed for eligibility, N= 40
- Excluded, N= 19874 (not relevant population, design, intervention, comparison, outcomes, unable to retrieve)
- Publications included in review, N= 10 (DAWBA=2; SCOFF=8)
- Publications excluded from review, N= 30 (refer to excluded studies list)
Figure 2: Flow diagram of clinical article selection for review on assessment tools for eating disorders

1. Titles and abstracts identified, N= 19914

2. Full copies retrieved and assessed for eligibility, N= 478

3. Excluded, N= 19436 (not relevant population, design, intervention, comparison, outcomes, unable to retrieve)

4. Publications included in review, N= 13

5. Publications excluded from review, N= 465 (refer to excluded studies list)
Figure 3: Flow diagram of clinical article selection for review on psychological interventions for eating disorders

1. Titles and abstracts identified, N= 11228
2. Full copies retrieved and assessed for eligibility, N= 250
3. Excluded, N= 10978 (not relevant population, design, intervention, comparison, outcomes, unable to retrieve)

Publications included in review, N= 137
- Individual=53 [AN 16, BN 28, BED 6, EDNOS/ANY 1]
- Group=25 [BN 10, BED 15]
- Family=20 [AN 16, BN 3, BED 1]
- Self-Help=39 [AN 1, BN 9, BED 16, EDNOS 3]

Publications excluded from review, N= 115 (refer to excluded studies list)
Figure 4: Flow diagram of clinical article selection for review on interventions for carers of people with eating disorders

1. Titles and abstracts identified, N= 11228
2. Full copies retrieved and assessed for eligibility, N= 39
3. Excluded, N= 11189 (not relevant population, design, intervention, comparison, outcomes, unable to retrieve)
4. Publications included in review, N= 7 (Any eating disorder=2; Anorexia nervosa=5)
5. Publications excluded from review, N= 32 (refer to excluded studies list)
Figure 5: Flow diagram of clinical article selection for review on pharmacological interventions for eating disorders

- Titles and abstracts identified, N= 11228
- Full copies retrieved and assessed for eligibility, N= 174
- Excluded, N= 11046 (not relevant population, design, intervention, comparison, outcomes, unable to retrieve)
- Publications included in review, N=68 (Anorexia nervosa=16, Bulimia nervosa=28, BED=24)
- Publications excluded from review, N= 106 (refer to excluded studies list)
Figure 6: Flow diagram of clinical article selection for review on nutritional interventions for eating disorders

- Titles and abstracts identified, N= 11228
- Full copies retrieved and assessed for eligibility, N= 53
- Excluded, N= 11178 (not relevant population, design, intervention, comparison, outcomes, unable to retrieve)
- Publications included in review, N= 27 (Anorexia nervosa=4; Bulimia nervosa=6; BED=17)
- Publications excluded from review, N= 26 (refer to excluded studies list)
1. **Figure 7: Flow diagram of clinical article selection for review on physical interventions for eating disorders**

   - Titles and abstracts identified, N= 11228
   - Full copies retrieved and assessed for eligibility, N= 63
   - Excluded, N= 11165 (not relevant population, design, intervention, comparison, outcomes, unable to retrieve)
   - Publications included in review, N= 21
     - (Anorexia nervosa=8; Bulimia nervosa=4; BED=3; Any eating disorder=6)
   - Publications excluded from review, N= 42 (refer to excluded studies list)
Figure 8: Flow diagram of clinical article selection for review on interventions for physical complications of eating disorders

1. Titles and abstracts identified, N= 12225

2. Full copies retrieved and assessed for eligibility, N= 86

3. Excluded, N= 12139 (not relevant population, design, intervention, comparison, outcomes, unable to retrieve)

4. Publications included in review, N= 20
   (Low body weight/malnutrition in AN=6;
   Cardiac dysfunction in AN=1
   BMD/low hormones =13)

5. Publications excluded from review, N= 66
   (refer to excluded studies list)
1 Figure 9: Flow diagram of clinical article selection for review on interventions for people with eating disorders and a comorbidity

Titles and abstracts identified, N= 13727

Full copies retrieved and assessed for eligibility, N= 61

Excluded, N= 13666 (not relevant population, design, intervention, comparison, outcomes, unable to retrieve)

Publications included in review, N= 7
  (BED+major depressive disorder=1; BN+history of substance abuse; EDNOS+alcohol use=1 ED) ED+diabetes=5

Publications excluded from review, N= 54 (refer to excluded studies list)
Figure 10: Flow diagram of clinical article selection for review on care settings

1. Titles and abstracts identified, N= 4603
2. Full copies retrieved and assessed for eligibility, N= 127
   - Excluded, N= 4476 (not relevant population, design, intervention, comparison, outcomes, unable to retrieve)
3. Publications included in review, N= 32
4. Publications excluded from review, N= 95 (refer to excluded studies list)
Figure 11: Flow diagram of clinical article selection for review on stepped care

- Titles and abstracts identified, N = 4603
  - Full copies retrieved and assessed for eligibility, N = 61
    - Excluded, N = 4596 (not relevant population, design, intervention, comparison, outcomes, unable to retrieve)
    - Publications included in review, N = 4 (AN=1; BN=3)
    - Publications excluded from review, N = 57 (refer to excluded studies list)
Figure 12: Flow diagram of clinical article selection for review on compulsory treatment

1. Titles and abstracts identified, N= 1399
2. Full copies retrieved and assessed for eligibility, N= 39
3. Excluded, N= 1360 (not relevant population, design, intervention, comparison, outcomes, unable to retrieve)
4. Publications included in review, N= 9 (AN =7, Any eating disorder=2)
5. Publications excluded from review, N= 30 (refer to excluded studies list)
1 Figure 13: Flow diagram of economic article selection all review questions

- Titles and abstracts identified, N= 2111
  - Full copies retrieved and assessed for eligibility, N= 17
    - Articles included, N= 13 in 14 publications
    - Excluded, N= 2094 (not relevant population, design, intervention, comparison, outcomes, unable to retrieve)
  - Publications excluded, N= 3 (refer to excluded studies list)