

## Managing common infections NICE guideline committee meeting 4

**Date:** 28/04/2017

**Location:** National Institute for Health and Care Excellence, Level 1A, City Tower, Piccadilly Plaza, Manchester, M1 4BT

**Minutes:** Final

### Committee members present:

Tessa Lewis – Chair (TL)	Present for notes 1 – 8
Kieran Hand (KH)	Present for notes 1 – 8
Alastair Hay (AH)	Present for notes 2 - 7
Susan Hopkins (SH)	Present for notes 1 – 8
Peter Jenks (PJ)	Present for notes 1 – part of 3
Cliona McNulty (CM)	Present for notes 2 - 8
Mitul Patel (MP)	Present for notes 1 – 8
Carole Pitkeathley (CP)	Present for notes 1 – 8

### In attendance:

Francesca Fasesin (FF)	Present for notes 1 – 8
Gareth Franklin (GF)	Present for notes 1 – 8
Ruth Garnett (RG)	Present for notes 1 – 8
Johanna Hulme (JH)	Present for notes 1 – 8
James Jagroo (JJ)	Present for notes 1 – 8
Louise Picton (LP)	Present for notes 1 – 8
Ian Pye (IP)	Present for notes 1 – 8

### Observers

Sonali Sanghvi

### Apologies

Jan Alford (JA)

Avril Tucker (AT)

Caroline Ward (CW)

## **1. Welcome, introductions and apologies**

The Chair welcomed the Committee members and attendees to the 4<sup>th</sup> public health advisory committee 4 (PHAC 4) meeting on managing common infections.

The committee members and attendees introduced themselves.

The Chair outlined the objectives of the meeting, which included:

- reviewing and discussing the evidence for acute sore throat and drafting and agreeing the recommendations.
- providing an update on sinusitis
- providing an update on acute otitis media

The chair asked the committee to declare any relevant interests. No additional interests were declared.

Minutes of the previous meeting were reviewed

## **2. GRADE**

LP gave a presentation on GRADE.

10.13 CM arrived. CM introduced herself and confirmed she had no new declarations of interest.

10.15 AH arrived. AH introduced himself and confirmed he had no new declarations of interest.

## **3. Managing common infections – Discussion of evidence and recommendations: sore throat**

GF introduced the topic and the evidence found. GF presented symptoms and signs of sore throat. The committee discussed the evidence.

GF presented the evidence on self-care in relation to oral analgesia. The committee discussed the evidence.

GF presented the evidence on self-care in relation to medicated lozenges. The committee discussed the evidence.

GF presented the evidence on self-care in relation to throat sprays. The committee discussed the evidence.

GF presented the evidence on corticosteroids (with antibiotics). AH informed the

committee at this point that he is a co-author of a paper the committee raised (Hayward Gail, Hay Alastair, Moore Michael, Jawad Sena, Williams Nicola, Voysey Merryn, Cook Johanna, Allen Julie, Thompson Matthew, Little Paul, Perera Rafael, Wolstenholme Jane, Harman Kim, Heneghan Carl (2017) Effect of Oral Dexamethasone Without Immediate Antibiotics vs Placebo on Acute Sore Throat in Adults- A Randomized Clinical Trial. JAMA 317(15), 1535-1543. doi:10.1001/jama.2017.3417). As a result at 11.43 the Chair asked AH to leave the meeting for the discussion of the paper in relation to any recommendations. The committee discussed the evidence.

AH re-joined the meeting.

GF presented the evidence on antibiotics. The committee discussed the evidence.

13.00 PJ left the meeting.

GF presented the evidence on identifying people more likely to have a bacterial infection. The committee discussed the evidence. CM highlighted to the committee that she is an author in one of the FeverPAIN papers and will therefore leave the meeting for the discussion of recommendations relating to this. The committee discussed the FeverPAIN and Centor scoring systems.

14.15 CM left the meeting. The committee considered recommendation wording.

14.45 CM re-joined the meeting.

GF presented the evidence on complications related to antibiotics. The committee discussed the evidence.

GF presented the evidence on delayed or no prescribing. The committee discussed the evidence and the methods of delaying prescriptions.

The committee discussed and agreed the key messages for the guideline.

#### **4. Update: Acute otitis media**

JJ presented an update on acute otitis media. The committee agreed with the process to date. The committee agreed that they are happy to receive future topic updates via email. SH requested that future updates include links to the relevant papers.

#### **5. Possible additional search: prostatitis**

RG gave a presentation on a possible additional search on prostatitis. AH and TL stated that prostatitis is difficult to diagnose. He suggested circulating current guidelines to check diagnosis.

**6. Update: Sinusitis**

RG gave an update on sinusitis. Following discussion the committee agreed to changes to the draft recommendations.

**7. Summary and next steps**

JH outlined the next steps in the development process, advising on the process if committee members are approached about the guideline during consultation.

15.50 AH left the meeting

**8. Any other business**

No additional items were raised. The meeting closed at 16.00

**Date of next meeting:** Friday 19 May 2017, 10.00 – 16.00

**Location of next meeting:** National Institute for Health and Care Excellence,  
Level 1A, City Tower, Piccadilly Plaza, Manchester,  
M1 4BT