

# Easy Read information about NICE

# NICE

**NICE** is the short name for the National Institute for Health and Care Excellence.



We find out what works well in health and social care and write advice about it.



The advice says what care and support people using services should have. And it says how those care services should work.



Everyone who works with people with learning disabilities should know what NICE says. It helps them give good care and support.



People using services and their families, carers and advocates should know what NICE says too. It can help them get the right care and support.



NICE is writing advice about how services should work for people with learning disabilities who behave in a way that is **challenging**.



**Challenging** often means something that is difficult. It means families, carers and staff might not know what to do or how to help.



Lots of people are helping to work out how services should be run to work best.



We have asked some people with learning disabilities what they think works. And we have asked families, carers and advocates too.



We have asked staff who work with children, young people and adults with learning disabilities what they think as well. They could be support workers, social workers and health staff like doctors and nurses.



And we have looked at lots of research about what care and support works well and what doesn't.



Now we want to know what you think about our advice.



Telling us what matters most to you will help us get it right.



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