

NICE PUBLIC HEALTH PROGRAMME GUIDANCE PROMOTION OF PHYSICAL ACTIVITY IN CHILDREN

1st Meeting of the Programme Development Group

Thursday 26th July 2007

Floor 24, City Tower, Piccadilly Plaza, Manchester M1 4BD

Minutes

Attendees:	<p>PDG Members Gordon Andrews, Vicki Birchwood, Issy Cole-Hamilton, Ashley Cooper, Lindsey Dugdill, John Hutton, Christopher Laws, Patricia Maude, Suzanne Priest, Catherine Rawas, John Stevens, Gareth Stratton (Chair), Malcolm Tungatt, Kim Twine, Esther van Sluijs Sarah Vaughan-Roberts, Jonathan Williams</p> <p>NICE Hilary Chatterton, Hugo Crombie (Teleconference), Adrienne Cullum (Teleconference), Simon Ellis, Karen Holden, Bhash Naidoo, Anthony Threlfall</p> <p>Contractors Stuart Biddle, Nick Cavill (Collaborating Centre)</p> <p>Cooptees and Expert witnesses</p> <p>Observers Marion Spring (NICE), Ubiquis Stenographer</p>
Apologies:	<p>PDG members Barry Causer, Peter Cooper, Martin Hagger, Paul Trueman</p> <p>NICE Melanie Iddon , Mike Kelly</p> <p>Contractors Fiona Bull, Charlie Foster (Collaborating Centre)</p>
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Audience:	PDG members, NICE team, the public (via web publication)

Item		Actions
<p>1. Welcome, Introductions and Aims of the Meeting</p>	<p>The Chair welcomed everyone to the first meeting</p> <p>PDG members, NICE staff and contractors introduced themselves to the group and apologies were received.</p> <p>The Chair referred to a paper detailing member biographies and requested that any outstanding biographies to be sent to Melinda Kay as soon as possible.</p> <p>The Chair outlined the objectives of the day:</p> <ul style="list-style-type: none"> ○ To establish ways of working as a group ○ To understand the process of guidance development ○ To have a common understanding about the parameters of the guidance and the evidence to be considered at PDG meetings ○ To discuss the findings of the Quantitative Correlates Review (PAC1-10a) ○ To consider any implications from the evidence presented in this review for the development of guidance/draft recommendations 	<p>PDG members</p>
<p>2. Ways of working / Code of Conduct / Confidentiality Agreement / Declarations of Interests</p>	<p>The Chair referred to the Ways of Working paper (PAC1-2) and highlighted a number of points.</p> <p>The Chair reminded Members that they would need to sign a Confidentiality agreement (PAC1-4) for all the papers and discussions during the development of the guidance. This applies to all NICE guidance.</p> <p>The Chair reminded members of the need to complete their Declarations of Interest form (PAC1-6) today, if they have not already done so.</p>	<p>PDG members</p> <p>PDG Members</p>
<p>3. Declarations of Interests</p>	<p>The Chair asked PDG members, NICE staff and reviewers to give verbal declaration of interests that are additional to their written declarations and any specific to the topics for discussion today.</p> <p>The Chair also requested that if the written declaration has not been submitted yet, then members were to briefly refer to all potential interests.</p> <p>The Chair reminded members that the verbal declarations of interest would be a standing item on every agenda and is a matter of public record.</p> <p>There were no additional declarations of interest at this meeting.</p>	

<p>4. Overview of Process and Key Dates</p>	<p>Simon Ellis presented an overview of the guidance development process, with reference to paper PAC 1-7a covering the key dates.</p> <p>There was a discussion about the ways in which the views of children and young people might be incorporated into the development of the guidance. This could be via:</p> <ul style="list-style-type: none"> • organisations who work with children • consulting with children and young people directly <p>It was suggested that NICE could consult with children and young people at the draft guidance stage. In addition, organisations who have panels of children could be asked to assist with consultation and fieldwork.</p> <p>Members were reminded that the views of children and young people would be the subject of the review to be presented at the second PDG meeting in October 2007.</p> <p>The options for including the views of children and young people would be outlined in a paper for the next meeting.</p>	<p>NICE Team</p>
<p>5. Promotion of Physical Activity in Children Scope</p>	<p>Hilary Chatterton gave a presentation outlining the key parameters of the scope for the guidance, including the Department of Health referral, key questions, and the populations, settings and areas to be covered.</p>	
<p>6. Overview of the evidence and economics reviews</p>	<p>Anthony Threlfall presented the parameters of the evidence reviews, with reference to paper PAC 1-9b which describes the aims and content of the reviews.</p> <p>The presentation covered the scope of each review and the type of evidence that is considered. The remit of the final review will be discussed at the December meeting and decided at the January 2008 PDG meeting.</p> <p>Bhash Naidoo gave a brief presentation on the methods for economic analyses and how economic analysis fits into the process of guidance production.</p>	
<p>7. Discussion of the Scope and Reviews</p>	<p>There was a discussion about the parameters of the scope and the reviews, to highlight any issues and to clarify inclusion/ exclusion criteria:</p> <ul style="list-style-type: none"> ○ 'active play' is included within the definition of 'physical activity' for the reviews. ○ there may be links with recommendations from the NICE guidance on Physical Activity and Environment. ○ the transition between/leaving schools and transition from participation in activity in school to the participation in the community (at all ages). This issue was suggested as a potential topic for the final review. 	

	<ul style="list-style-type: none"> o family activity and its impact on children’s activity are key questions within the reviews. o disabled children and the lack of evidence around the physical activity opportunities for this group. It was confirmed that they are included within the wider group of children targeted by the guidance. o the definition of Active travel (i.e. an origin and destination) is not limited to travel to school. o extended schools and after school clubs are covered. PE curriculum is not covered. o definition of ‘physical literacy’ to be discussed at a future meeting and that the NICE team would establish a clear definition for the review team to use. o provision of physical activity for children by the private sector and the lack of literature and statistics available on this o the level of skills and quality of the teacher / instructor in providing physical activity. o the ability to engage children in physical activity and the links to effectiveness, particularly in special needs schools. o the links with current relevant national policies and the effectiveness of local and school policies. <p>It was noted that the ‘considerations’ section of the guidance document can include issues raised at PDG meetings and not included in recommendations.</p>	<p>NICE Team</p>
<p>8. Quantitative Correlates Review – Presentation of Key Findings</p>	<p>Stuart Biddle presented a brief summary of the epidemiology review (PAC1-11) and the findings of the Quantitative Correlates Review (PAC 1-10a).</p> <p>There was a discussion about the methods and tools for measuring physical activity. It was agreed that measuring physical activity and consistency of approach would be included within the ‘considerations’ section of the guidance and listed as a research gap and/or recommendation.</p> <p>It was noted that psychological variables are very difficult to measure, especially in younger children.</p> <p>A discussion around parental support and physical activity and children also occurred.</p>	<p>NICE Team</p>
<p>9. Discussion of Quantitative Correlates Review</p>	<p>There was a discussion focused on the summary evidence statements and summary tables, in terms of the strength and quality of evidence available.</p> <ul style="list-style-type: none"> o gender and physical activity and children o correlations with ethnicity are complex and unclear o potential interventions and targeting specific groups o the link between osteoporosis and physical activity and children was discussed <p>It was agreed that epidemiology and correlates reviews would</p>	

	be referred to when creating recommendations.	
10. Quantitative Correlates Review – Implications for recommendations	<p>The Chair asked the group to work in pairs to establish a view on the evidence:</p> <ul style="list-style-type: none"> ○ gender is a key correlate ○ more evidence required on ethnicity, cultural issues ○ parental support important, but evidence for parental participation not convincing ○ need more on what factors keep active children active ○ enjoyment identified as key area for recommendations ○ evidence stronger for adolescents ○ important to involve children in planning physical activity interventions ○ community and organised sport for some have potential ○ sedentary behaviours identified as potential for intervention <p>The Chair informed the group that, while the evidence considered at this first meeting may not lead to any specific recommendations, it will be valuable in providing some context for the work to come.</p>	
11. Summary of the discussion, agreed action and next steps	<p>The Chair summarised the outcome of the day, with reference to the objectives stated at the start, in particular:</p> <ul style="list-style-type: none"> ○ Process for involving children in guidance development ○ Definition of physical literacy required ○ Quality of delivery and the influence on physical activity ○ Transition from one school to another, or from school to community ○ Ensure the guidance links to Policies ○ Acknowledgment of the barriers to accessibility and engaging communities and organisations ○ Glossary would be created by NICE and PDG members send any acronyms / jargon or definitions ○ Ensuring the focus on scope does not exclude groups such as adolescent boys ○ Acknowledging the paucity of really good evidence and how to deal with imperfections ○ Measures – research recommendation ○ Final review – potential gaps identified 	
12. Next meeting	<p>The group were informed that the focus of the next meeting on Wednesday 3rd October in Manchester will be the qualitative correlates review. This will be sent out with the paperwork on Friday 21st September.</p> <p>PDG members to let support team know if they do not require paper copies.</p>	PDG Members
13. Any Other	The Chair reminded PDG members to return their expense	

Business	forms to the NICE support team ASAP. There was no other business.	PDG Members
Close	The Chair thanked attendees and closed the meeting at 3.50pm.	