

**-NICE PUBLIC HEALTH PROGRAMME GUIDANCE
Alcohol- use disorders (prevention)**

4th meeting of the Programme Development Group

Thursday 8th January 2009

Level 1A, City Tower, Piccadilly Plaza, Manchester M1 4BD

Final Minutes

Attendees:	<p><i>PDG Members</i> John Dervan (JD), Paul Edmondson-Jones (PE), Vivienne Evans (VE), Jayne Gosnall (JG), Nick Heather (NH), Saudid Ishaq (SI), Eileen Kaner (EK), Anne Ludbrook. (AL) Harshad Mistri (HM), Paul McArdle (PMc), Trevor McCarthy (TM) Lynn Owens (LO), Chris Record (CR), Don Shenker (DS), Patrick Smythe,(PS, Ian Treasure (IT).</p> <p><i>NICE</i> Andrew Hoy (AH) Dylan Jones (DJ), James Jagroo (JJ), Antony Morgan (AM), Patricia Mountain (PM), Bhash Naidoo (BN), Linda Sheppard (LS).</p> <p><i>Contractors - SchARR</i> Liddy Goyder (LG) Rachel Jackson (RJ)</p>	
Apologies:	<p><i>PDG Members</i> Jane Benanti (JB), Jim McCambridge (JMc),</p> <p><i>Co- Optees</i> Peter Anderson</p>	
Authors	Patricia Mountain	
File Ref		
Version	Final minutes 040309	
Audience	PDG members, NICE team, the public (via web publication)	

Item		Action
1	<p>Welcome, Introductions and Aims of the Meeting</p> <p>The Chair welcomed everyone to the fourth meeting. PDG members, NICE staff and contractors introduced themselves to the group and apologies were received.</p> <p>The Chair outlined the objectives of the day:</p> <ul style="list-style-type: none"> • To discuss the findings of the National Audit Office report and consider any implications of this report on any recommendations we may make. • To refine and maybe develop new recommendations for Brief Interventions through small group work. This is the second opportunity to look at brief interventions – members may want to add further recommendations and/or further refine them. • To discuss the initial findings of the availability evidence and feedback any initial comments to SchARR 	
2	<p>Minutes from the previous meeting, Declarations of Interest and matters arising</p> <p>The Chair asked the PDG Members for any accuracy amendments to the minutes of the previous meeting. These minutes were approved. All actions have been completed.</p> <p>Members were asked for any new declarations of interests. There were no new declarations of interest.</p>	
3	<p>Brief overview of the Dependence Scope</p> <p>The Chair asked John Dervan and Trevor McCarthy to feed back on the stakeholder meeting for the NICE clinical guideline in development - Alcohol use disorders - management of alcohol dependence -which they attended 7th January.</p> <p>Dylan Jones then gave a short presentation to provide an overview of the scope from the Alcohol dependence guideline.</p> <p>The areas that it covers are:</p> <ul style="list-style-type: none"> • Definitions of alcohol dependence and harmful alcohol • Early identification of alcohol dependence or harmful alcohol use in people in at-risk populations • Identifying people with alcohol dependence and harmful alcohol use in clinical practice • Assessment before and after diagnosis • Development of appropriate care pathways. • The range of care routinely made available by the NHS. • Common psychological and psychosocial interventions currently employed in the NHS • Low intensity psychological interventions, for example, referral to 	

	<p>Alcoholics Anonymous and guided self-help.</p> <ul style="list-style-type: none"> • Combined pharmacological and psychological/psychosocial treatments. • The role of family and carers in the treatment <p>When discussed, the PDG felt that the scope had a strong NHS focus and that a more broad representation, with increased focus on non statutory organisations would be useful. However, it was accepted that to reach the clinicians in the NHS it was important to use language that was relevant to their role, and so raise the profile of alcohol issues across the NHS and partner organisations.</p> <p>A subsequent point was raised with regard to the Guidelines Development Group scope around issues of dependence, specialist treatment and where this can be identified and treated at early onset.</p>	
<p>4</p>	<p>Small group discussions on the Dependence Scope</p> <p>The Chair directed the Committee to break into four groups, with each group being facilitated by a member of the NICE team, to discuss the Alcohol Dependence scope further.</p> <p>Areas suggested for comment were:</p> <ul style="list-style-type: none"> ▪ The proposed population ▪ The early identification proposals ▪ The inclusion of care routinely made available within the NHS ▪ The proposed psychological and psychosocial interventions <p>This was an opportunity for the committee to discuss in small groups their thoughts on the Alcohol Dependence scope. From these discussions the NICE team will compile a response.</p> <p>Antony Morgan explained to the PDG that they are a registered stakeholder in the clinical guidelines process for Alcohol Dependence clinical guideline and so could make comments. The closing date for these comments is January 20th 2009. Therefore, it was agreed that the NICE team would collate all of the PDG's initial thoughts and circulate to the committee by the 13th Jan. Antony asked for all comments to be with the NICE team by 15th January so that they could collate and forward to their clinical guidelines colleagues.</p>	<p>PDG</p> <p>NICE Team</p>
<p>5</p>	<p>National Audit Office: Health services in England for alcohol misuse</p> <p>As the National Audit Office was unable to attend the meeting, Dylan Jones gave a short presentation to the committee on the recent National Audit Office report on alcohol services within England.</p>	
<p>6</p>	<p>Discussion on the National Audit Office findings</p>	

	<p>The Chair asked the Committee to discuss the NAO report and asked that they consider which issues may be relevant to the drafting of recommendations. A plenary discussion followed.</p>	
7	<p>Availability review</p> <p>SchHARR presented a preliminary report on the availability review for both the effectiveness and cost effectiveness aspects of the guidance.</p> <p>The Chair thanked Liddy Goyder and Rachel Jackson from SchHARR.</p> <p>A brief discussion was had on the applicability of international evidence to this work. The NICE team agreed to go away and discuss these issues with SchHARR in light of the available evidence and the time and resources available. The PDG gave SchHARR directions for the continuation of this work.</p>	
8	<p>Small group work</p> <p>The Chair directed the Committee to break into the same four groups, with each group being facilitated by a member of the NICE team, to discuss and amend the edited Brief Intervention recommendations. This was a further opportunity for the committee to read and amend the recommendations, following further editing.</p> <p>The recommendations under discussion were 1, 2 and 3. These recommendations stem from the initial evidence reviews that addressed questions 6 and 7.</p> <p>The groups also discussed:</p> <ul style="list-style-type: none"> ▪ Price controls ▪ Which interventions are most effective/cost-effective ▪ Factors that increase the risk of alcohol misuse ▪ Alcohol screening questionnaires ▪ Brief interventions ▪ Barriers and facilitators to help manage behaviour <p>The groups then fed back their findings to the PDG. The Chair thanked them for their hard work and directed the NICE team to amend and revise the recommendations accordingly.</p> <p>In order to keep the momentum the NICE team would then circulate the recommendations prior to the next meeting for comment.</p> <p>The lack of evidence on those under the age of 16 was highlighted and the committee suggested that evidence for this group should be included within the review. The NICE team agreed to go away and discuss these issues with SchHARR in light of the available evidence and the time and resources available.</p>	NICE Team
9	<p>Antony Morgan reminded the PDG of where it is currently in the process of guidance development and the immediate next steps.</p> <ul style="list-style-type: none"> ▪ Comments to NICE team on Alcohol Dependence Scope by 15th January 	

	<ul style="list-style-type: none"> ▪ 29th January – Internal Steering group for all teams working on related NICE guidance on alcohol ▪ The next PDG is February 26th 2009 at the same location. The papers will be mailed to members on 16th February 2009. ▪ In the February meeting ScHARR will provide an early review of screening evidence and there will be further updates on the revisions made so far. 	ScHARR
10	<p>Any Other Business</p> <p>Due to the proximity of the April meeting to the bank holiday weekend. The Chair asked the PDG to confirm to the NICE team their attendance at the meeting on April 9th. The NICE team would then assess the utility for holding this meeting.</p>	
	<p>The Chair thanked all attendees and closed the meeting at 4pm.</p>	

DATE OF NEXT MEETING: Thursday 26th February 2009, Manchester
MEETING PAPERS TO BE MAILED: Monday 16th February 2009