# NICE PUBLIC HEALTH PROGRAMME GUIDANCE Alcohol- use disorders (prevention)

### 8<sup>th</sup> meeting of the Programme Development Group Thursday 2<sup>nd</sup> July 2009

Level 1A, City Tower, Piccadilly Plaza, Manchester M1 4BD

### **Final Minutes**

Attendees:	PDG Members John Dervan (JD), Vivienne Evans (VE), Jayne Gosnall (JG), Nick Heather (NH), Sauid Ishaq (SI), Eileen Kaner (EK), Anne Ludbrook (AL), Harshad Mistri (HM), Paul McArdle (PMc), Jim McCambridge (JMc), Trevor McCarthy (TM), Lynn Owens (LO), Ian Treasure (IT).  NICE Andrew Hoy (AH), James Jagroo (JJ), Dylan Jones (DJ), Antony Morgan (AM), Patricia Mountain (PM), Bhash Naidoo (BN)  Contractors - ScHARR Rachel Jackson (RJ)  Experts Robert Stanbury (RS), Caroline Bonds (CB)
Apologies:	PDG Members
	Jane Benanti (JB), Vivienne Evans (VE), Paul Edmondson- Jones (PE), Chris Record (CR), Don Shenker (DS), Patrick Smythe (PS).
	NICE Team
	Linda Sheppard ( <b>LS</b> ),
Authors	Patricia Mountain
File Ref	
Version	Final minutes 280709
Audience	PDG members, NICE team, the public (via web publication)

Item		Action
1	Welcome, Introductions and Aims of the Meeting	
	The Chair welcomed everyone to the eighth meeting. PDG members, NICE staff, contractors and the co-optees introduced themselves to the group and apologies were received.	
	The Chair outlined the objective of the day:	
	To revise and agree the screening and brief intervention recommendations	
2	Minutes from the previous meeting, Declarations of Interest and matters arising	
	The Chair asked the PDG Members for any accuracy amendments to the minutes of the previous meeting. These minutes were approved with three minor amendments. All actions have been completed.	
	Previously declared interests;	
	*Paul Edmondson-Jones – potential personal non-pecuniary interest as a commissioner of services and member of National screening group on Alcohol	
	lan Treasure - potential personal non-pecuniary interest as a commissioner of services	
	Paul McArdle – potential personal pecuniary interest -pharmaceutical company paid for his attendance at an international meeting and personal non pecuniary interest - published a randomised trial of group work which may potentially be used in the prevention of alcohol abuse	
	Jim McCambridge – potential personal non-pecuniary interest – conclusions drawn in research studies that are in this area of guidance	
	Trevor McCarthy- potential personal non- pecuniary interest - Presentations at conferences; development of <i>Model of care for Alcohol Misuse,</i> Review of effectiveness of treatment for alcohol problems	
	Lynne Owens – potential personal non – pecuniary as a chair of nursing counsel on alcohol	
	Eileen Kaner – potential personal non – pecuniary as someone who has developed screening tools and brief intervention material and drawn conclusions in this area in published review.	
	*Jane Benati – potential non personal pecuniary as someone with a research interest.	
	Trevor McCarthy – potential personal pecuniary interest – self employed as a consultant, both directly by alcohol charities and indirectly by alcohol	

commissioning bodies.

\*Don Shenker – potential personal non pecuniary interest as Chief Executive of Alcohol Concern, a professional organisation with a direct interest in matters under consideration.

Anne Ludbrook – potential personal non - pecuniary interest – as some of her staff received research grants from public sector sources. Also, personal non-pecuniary interest – research into alcohol related topics. Anne Ludbrook – potential non personal pecuniary interest – as family members hold a small amount of shares in organisations that have retail alcohol sales; Tesco, Diageo and The Restaurant Group.

Members were asked for any new declarations of interests.

Jim McCambridge – potential non personal pecuniary interest – as in receipt of a research grant from Alcohol Education and Research Council. Also, potential non personal pecuniary interest – Research fellowship evaluating brief interventions. Also, potential pecuniary interest, received an honorarium for supervising a PHD student in the field of brief interventions.

Nick Heather - potential non personal pecuniary interest and personal pecuniary interest — as has received payment for consultancy work from bodies concerned with the reduction of alcohol-related harm in general and alcohol brief interventions in particular.

Robert Stanbury and Caroline Bonds declared they had no conflict (\* - not present at this meeting)

The Chair ruled that none of these interests prevented any member from taking full part in the meeting.

#### 3 Moving towards draft guidance

Antony Morgan from NICE provided the PDG with an overview of moving towards the draft guidance and some of the key dates in the process.

- PDG 8 2<sup>nd</sup> July (Screening and Brief Interventions)
- PDG 9 23<sup>rd</sup> July (Macro level Interventions)
- August (17<sup>th</sup> to 25<sup>th</sup> August) recommendations sent to the PDG for comment, they are amended, re-edited and approved by the chair
- Guidance Consultation 21<sup>st</sup> September to 19<sup>th</sup> October
- PDG 10 and 11 11<sup>th</sup> and 12<sup>th</sup> November (Guidance is finalised)

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Antony suggested that the PDG should consider during the meeting:

- How far should the evidence be extrapolated?
- Potential recommendations for children and young people

## 4 SBI and Young People – Presentation and Discussion on Recommendations

Paul McArdle gave a presentation on the suitability of brief interventions when dealing with children and young people. Some of the issues raised related to the difference of the effect of alcohol on young people and children from adults.

Final Minutes PDG 8 Alcohol use disorders (prevention) 2<sup>nd</sup> July 2009 The Chair thanked Paul for his presentation and opened the discussion. The discussion points were: Involving parents in treatment of children The difficulty of conducting research in children due to the requirements of ethics committees. Physical impact of alcohol on the body of a developing young person Are different approaches needed for children when treating? Other factors within a child's life that leads them to abuse alcohol Potential research recommendations and considerations Different treatment requirements for a child compared to a young person Identification of alcohol problems and early intervention with offenders. The Chair welcomed Robert Stanbury, Alcohol Operational Policy & Delivery Manager, and Caroline Bonds, Head of Strategic Drug and Alcohol treatment team from Interventions and Substance Misuse Group (ISMG). Robert and Caroline gave a short presentation on the identification of alcohol problems and early intervention with offenders both within the community (NOMS) and the prison setting. . There was further discussion and questions from the PDG and the Chair thanked Robert and Caroline for their pertinent presentation. The Chair then asked the PDG to read the tabled paper which is an early draft of the guidance document. This contained the revised, edited draft recommendations that the PDG had written so far. As the meeting was running slightly late, the PDG meeting then moved on to agenda item 7. The PDG agreed the need for separate recommendations for the under 18's. They also felt that we should have different sections for <15 and 16-17 year olds. Role of Implementation, costing and commissioning Tom Convers from the Implementation team at NICE gave a brief overview of the role of implementation in the guidance process. Tom is also the implementation adviser for the alcohol related guidance being created by the clinical guidelines team at NICE. This is to ensure that the implementation strategies are consistent. Tom asked for two volunteers from the PDG for each of the following to help with: • The slide set The costing report The audit support tool The planning meeting with stakeholders that will be held prior to the publication of this guidance

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# Revision of re-drafted Screening and Brief Intervention recommendations in plenary

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	The NICE team presented to the PDG the revised, edited draft recommendations created so far. The Chair asked the PDG to work through and agree each core element of the draft recommendations, and for the NICE team to change according to the direction of the PDG. The recommendations were projected onto a screen and the changes were made in the meeting, to the direction of the PDG.  During the discussion Jim McCambridge highlighted a gap in the evidence base regarding the use of Bls in higher education. It was agreed that he would send these to the NICE team to forward to ScHARR for consideration.  Members of the PDG agreed to work on the draft recommendations outside of the meeting and return to NICE team before the next PDG.  Recommendation 6 – EK and TM  Recommendations 7, 8 – NH, JMc, LO  Recommendation for 15 and under – EK and PMc  Recommendation 9 - IT and JG	PDG
	Overall wording - JD	
10	Evidence consultation overview	
	In order to continue with the revision of the redrafted recommendations this was deferred.	
11	Next Steps In order to continue with the revision of the redrafted recommendations this was deferred	
12	Any Other Business	
	None	
	The Chair thanked all attendees and closed the meeting at 4pm.	

DATE OF NEXT MEETING: 23<sup>rd</sup> July 2009 MEETING PAPERS TO BE MAILED: Monday 13<sup>th</sup> July 2009