Final Minutes PDG 8 Alcohol use disorders (prevention) 2nd July 2009

NICE PUBLIC HEALTH PROGRAMME GUIDANCE
Alcohol- use disorders (prevention)

8th meeting of the Programme Development Group
Thursday 2nd July 2009

Level 1A, City Tower, Piccadilly Plaza, Manchester M1 4BD

Final Minutes

<table>
<thead>
<tr>
<th>Attendees:</th>
<th>PDG Members</th>
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<tr>
<td></td>
<td>John Dervan (JD), Vivienne Evans (VE), Jayne Gosnall (JG), Nick Heather (NH), Sajid Ishaq (SI), Eileen Kaner (EK), Anne Ludbrook (AL), Harshad Mistri (HM), Paul McArdle (PMc), Jim McEachrane (JM), Trevor McCarthy (TM), Lynn Owens (LO), Ian Treasure (IT).</td>
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<td>NICE</td>
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<td>Andrew Hoy (AH), James Jagroo (JJ), Dylan Jones (DJ), Antony Morgan (AM), Patricia Mountain (PM), Bhash Naidoo (BN)</td>
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<td>Contractors - SchARR</td>
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<td>Rachel Jackson (RJ)</td>
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<td>Experts</td>
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<td>Robert Stanbury (RS), Caroline Bonds (CB)</td>
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<tr>
<th>Apologies:</th>
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<td>Jane Benanti (JB), Vivienne Evans (VE), Paul Edmondson-Jones (PE), Chris Record (CR), Don Shenker (DS), Patrick Smythe (PS).</td>
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<td></td>
<td>NICE Team</td>
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<td>Linda Sheppard (LS),</td>
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<p>| Authors | Patricia Mountain |
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<th>Item</th>
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| 1    | **Welcome, Introductions and Aims of the Meeting**  
The Chair welcomed everyone to the eighth meeting. PDG members, NICE staff, contractors and the co-optees introduced themselves to the group and apologies were received.  
The Chair outlined the objective of the day:  
• To revise and agree the screening and brief intervention recommendations |
| 2    | **Minutes from the previous meeting, Declarations of Interest and matters arising**  
The Chair asked the PDG Members for any accuracy amendments to the minutes of the previous meeting. These minutes were approved with three minor amendments. All actions have been completed.  
Previously declared interests;  
*Paul Edmondson-Jones – potential personal non-pecuniary interest as a commissioner of services and member of National screening group on Alcohol  
Ian Treasure - potential personal non-pecuniary interest as a commissioner of services  
Paul McArdle – potential personal pecuniary interest - pharmaceutical company paid for his attendance at an international meeting and personal non pecuniary interest - published a randomised trial of group work which may potentially be used in the prevention of alcohol abuse  
Jim McCambridge – potential personal non-pecuniary interest – conclusions drawn in research studies that are in this area of guidance  
Trevor McCarthy- potential personal non-pecuniary interest - Presentations at conferences; development of *Model of care for Alcohol Misuse*, Review of effectiveness of treatment for alcohol problems  
Lynne Owens – potential personal non – pecuniary as a chair of nursing counsel on alcohol  
Eileen Kaner – potential personal non – pecuniary as someone who has developed screening tools and brief intervention material and drawn conclusions in this area in published review.  
*Jane Benati – potential non personal pecuniary as someone with a research interest.  
Trevor McCarthy – potential personal pecuniary interest – self employed as a consultant, both directly by alcohol charities and indirectly by alcohol |
commissioning bodies.

*Don Shenker – potential personal non pecuniary interest as Chief Executive of Alcohol Concern, a professional organisation with a direct interest in matters under consideration.

Anne Ludbrook – potential personal non-pecuniary interest – as some of her staff received research grants from public sector sources. Also, personal non-pecuniary interest – research into alcohol related topics. Anne Ludbrook – potential non personal pecuniary interest – as family members hold a small amount of shares in organisations that have retail alcohol sales; Tesco, Diageo and The Restaurant Group.

Members were asked for any new declarations of interests.

Jim McCambridge – potential non personal pecuniary interest – as in receipt of a research grant from Alcohol Education and Research Council. Also, potential non personal pecuniary interest – Research fellowship evaluating brief interventions. Also, potential pecuniary interest, received an honorarium for supervising a PHD student in the field of brief interventions.

Nick Heather - potential non personal pecuniary interest and personal pecuniary interest – as has received payment for consultancy work from bodies concerned with the reduction of alcohol-related harm in general and alcohol brief interventions in particular.

Robert Stanbury and Caroline Bonds declared they had no conflict (* - not present at this meeting)

The Chair ruled that none of these interests prevented any member from taking full part in the meeting.

### 3 Moving towards draft guidance

Antony Morgan from NICE provided the PDG with an overview of moving towards the draft guidance and some of the key dates in the process.

- PDG 8 – 2nd July (Screening and Brief Interventions)
- PDG 9 – 23rd July (Macro level Interventions)
- August (17th to 25th August) – recommendations sent to the PDG for comment, they are amended, re-edited and approved by the chair
- Guidance Consultation - 21st September to 19th October
- PDG 10 and 11 – 11th and 12th November (Guidance is finalised)

Antony suggested that the PDG should consider during the meeting:

- How far should the evidence be extrapolated?
- Potential recommendations for children and young people

### 4 SBI and Young People – Presentation and Discussion on Recommendations

Paul McArdle gave a presentation on the suitability of brief interventions when dealing with children and young people. Some of the issues raised related to the difference of the effect of alcohol on young people and children from adults.
The Chair thanked Paul for his presentation and opened the discussion.

The discussion points were:

- Involving parents in treatment of children
- The difficulty of conducting research in children due to the requirements of ethics committees.
- Physical impact of alcohol on the body of a developing young person
- Are different approaches needed for children when treating?
- Other factors within a child's life that leads them to abuse alcohol
- Potential research recommendations and considerations
- Different treatment requirements for a child compared to a young person

### 5 Identification of alcohol problems and early intervention with offenders.

The Chair welcomed Robert Stanbury, Alcohol Operational Policy & Delivery Manager, and Caroline Bonds, Head of Strategic Drug and Alcohol treatment team from Interventions and Substance Misuse Group (ISMG).

Robert and Caroline gave a short presentation on the identification of alcohol problems and early intervention with offenders both within the community (NOMS) and the prison setting. There was further discussion and questions from the PDG and the Chair thanked Robert and Caroline for their pertinent presentation.

The Chair then asked the PDG to read the tabled paper which is an early draft of the guidance document. This contained the revised, edited draft recommendations that the PDG had written so far. As the meeting was running slightly late, the PDG meeting then moved on to agenda item 7.

The PDG agreed the need for separate recommendations for the under 18's. They also felt that we should have different sections for \( \leq 15 \) and 16-17 year olds.

### 7 Role of implementation, costing and commissioning

Tom Conyers from the Implementation team at NICE gave a brief overview of the role of implementation in the guidance process. Tom is also the implementation adviser for the alcohol related guidance being created by the clinical guidelines team at NICE. This is to ensure that the implementation strategies are consistent.

Tom asked for two volunteers from the PDG for each of the following to help with:

- The slide set
- The costing report
- The audit support tool
- The planning meeting with stakeholders that will be held prior to the publication of this guidance

*tom.conyers@nice.org.uk*

### 6,8,9 Revision of re-drafted Screening and Brief Intervention recommendations in plenary
The NICE team presented to the PDG the revised, edited draft recommendations created so far. The Chair asked the PDG to work through and agree each core element of the draft recommendations, and for the NICE team to change according to the direction of the PDG. The recommendations were projected onto a screen and the changes were made in the meeting, to the direction of the PDG.

During the discussion Jim McCambridge highlighted a gap in the evidence base regarding the use of BIs in higher education. It was agreed that he would send these to the NICE team to forward to ScHARR for consideration.

Members of the PDG agreed to work on the draft recommendations outside of the meeting and return to NICE team before the next PDG.

Recommendation 6 – EK and TM
Recommendations 7, 8 – NH, JMc, LO
Recommendation for 15 and under – EK and PMc
Recommendation for 16-17 was J Mc
Recommendation 9 - IT and JG
Overall wording - JD

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<th>Evidence consultation overview</th>
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<th>12</th>
<th>Any Other Business</th>
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The Chair thanked all attendees and closed the meeting at 4pm.

**DATE OF NEXT MEETING: 23rd July 2009**
**MEETING PAPERS TO BE MAILED: Monday 13th July 2009**