

Minutes of the meeting held on 20th January 2012

Public Health Interventions Advisory Committee (PHIAC)

PHIAC 56: Social and emotional wellbeing - early years

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Attendees	<p>PHIAC attendees Catherine Law (Chair), Bren McInerney, Muriel James, Adam Oliver (10:30-15:00), David Sloan, Jane Putsey, Sarah Byford, Sue Atkinson, Kamran Siddiqi, Matt Kearney, John Barker, Toby Prevost, Jo Cooke, Ruth Hall, Stephen Morris, Stephanie Taylor, Lesley de Meza, Dagmar Zeuner, Amanda Hoey, Mike Rayner</p> <p>Co-optees and Experts Liz James, Barnados Briony Hallam, Family Action Lynne Reay Family Nurse Partnership, Lambeth</p> <p>Jane Verity, Department of Health (DH) (until 13:00) Kate Billingham, DH (until 13:00) Jacqueline Barnes, Birbeck University of London Anita Schrader, McMillan Warwick University Eva Lloyd, University of East London Sarah Stewart Brown – Warwick University (until 14:00)</p> <p>NICE Attendees Mike Kelly Antony Morgan Amanda Killoran Lesley Owen Natalie Bartle (Minutes)</p> <p>Contractors Lindsay Blank (SchARR) (until 13:00) Nick Axford The Social Research Unit, Dartington (until 13:00) Michael Little The Social Research Unit, Dartington (from 11:00-13:00)</p> <p>Observers Rachel Kettle (NICE) Katie Williamson (NICE) Alix Johnson (NICE) Madeline Stevens (LSE)</p>
Authors	Natalie Bartle, Antony Morgan
Audience	Members of the public, PHIAC

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Agenda Item	Minutes	Action
<p>1. Welcome and introductions. (Chair)</p>	<p>The Chair welcomed attendees to the 56th PHIAC meeting. The meeting was declared quorate.</p>	
<p>2. Apologies for Absence (Chair)</p>	<p>Peter Shearn (NICE), Ann Hoskins, Philip Cutler, John Macleod, Susan Michie, Stephen Walters, Joyce Rothschild, Dale Robinson, KK Cheng, Richard Fordham, Alastair Hogarth, Tracey Sach and David McDaid.</p>	
<p>3. Declarations of Interest (All)</p>	<p>Members, contractors and experts were requested to declare their interests in relation to “Social and Emotional Wellbeing – Early Years”. A number of declarations of interest had been received in writing prior to the meeting.</p> <p>Meeting attendees were asked to declare these interests again and any additional declarations were requested.</p> <p><u>Personal pecuniary interest</u> None</p> <p><u>Personal family interest</u> David Sloan (PHIAC) – David’s wife is an academic in the field of early years and has been and continues to research the topic. She is also a non- executive director of a Trust which runs a preschool programme. And she is currently on a Department for Education (DFE) advisory group.</p> <p><u>Non-personal pecuniary interest</u> Eva Lloyd – Eva’s department at the University of East London has in the past received research funding in this field and may benefit from future research funding.</p> <p>Kate Billingham – Kate manages the Family Nurse Partnership Programme (FNP) National Unit, which is funded by the Government to implement FNP in England. There may be changes in the future funding arrangements of FNP that affect this declaration.</p> <p>Catherine Law - Catherine researches in the field of early years, though not specifically in interventions to promote social and emotional wellbeing. Her research relates to the wider determinants of health (particularly physical</p>	

	<p>health) in the early years and the relationship to national policy. Catherine may benefit from future research funding in this topic area;</p> <p>Sarah Byford – Potential future research funding;</p> <p>Jo Cooke – Potential future research funding;</p> <p>Nick Axford - Potential future research funding;</p> <p>Jacqueline Barnes - Potential future research funding;</p> <p>Anita Schrader-McMillan - Potential future research funding;</p> <p>Sarah Stewart Brown – Sarah is Vice Chair for Parenting UK and may benefit from future research funding in this topic area.</p> <p><u>Personal non-pecuniary interest</u></p> <p>Eva Lloyd – Eva has been part of multi-agency teams undertaking DFE funded academic research in the area under consideration and they have stated clear opinions in the conclusions of the co-authored reports on these projects. One of these studies has been included by the SchARR team in its evidence review: SMITH, R., SCHNEIDER, V., PURDON, S., LA VALLE, I., WOLLNY, Y., OWEN, R., BRYSON, C. MATHERS, S., SYLVA, K. AND LLOYD, E. (2009) Early Education Pilot for Two Year Old Children – Evaluation. Research Report No DCSF –FR134. London: DCSF</p> <p>On occasion she gets quoted in the early years practitioner press in relation to these matters.</p> <p>For some time now she has been a media spokesperson on early childhood related matters for the British Psychological Society (BPS) and in this capacity may be contacted by written and broadcasting media practitioners for a discussion or a quote. She is also a member of a small network of developmental psychologists who may respond to official consultations in this area on behalf of BPS.</p> <p>Eva is a trustee/Director of an Islington based community trust, the Manor Gardens Welfare Trust, which runs a pre-school for children aged 2 to 5 as part of its programme of activities.</p>	
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	<p>Since January 2011 she has been a member of a DFE advisory group, the Co-production Steering Group, which advises the Minister for Children on early childhood policy development and implementation; in this capacity she also co-Chairs the Early Education Co-production group which considers a range of issues related to early education and care, including provision for vulnerable and disadvantaged children and advises DFE accordingly.</p> <p>Nick Axford – Nick submitted a paper to the Committee for consideration.</p> <p>Michael Little – Michael submitted a paper to the Committee for consideration.</p> <p>Sarah Stewart-Brown – Sarah is vice Chair of parenting UK. She undertakes research on parenting and so applies for grants for research in this area which does not bring her personal income but are important for her job.</p> <p>Catherine Law (PHIAC) - Catherine advocates for the promotion of health in the early years, particularly in relation to reduction of health inequalities.</p> <p>Bren McInerney (PHIAC) – Bren has implementation interests in this topic;</p> <p>The Chair stated that she and the Director of CPHE are content that none of the declarations of interest prevent participants from taking part in the meeting.</p> <p>The Director of CPHE is content that none of the declarations of interest prevent Catherine Law from Chairing the meeting. This has been verified by NICE Deputy Chief Executive, Dr Gillian Leng.</p>	
<p>4. Social and emotional wellbeing - early years: Considering the evidence</p>	<p>a) Presentation: an overview of the guidance in development (Amanda Killoran, NICE) Amanda Killoran gave an overview of the development of the guidance with a focus on vulnerable children and listed the evidence to be considered.</p> <p>b) Presentation on Policy for maternity, first years and families (Jane Verity, DH) Jane Verity explained the key</p>	

	<p>aspects of policy that provide the context for this guidance on Social and Emotional Wellbeing.</p> <p>c) PHIAc Lay and practitioner perspective (Lesley de Meza, PHIAc practitioner discussant and Phillip Cutler, PHIAc Lay discussant) Lesley de Meza introduced the issues and read the written contribution from Phillip Cutler.</p> <p>d) Presentation of findings from the review of reviews (Lindsay Blank, ScHARR). Lindsay Blank presented the findings from the review of review level evidence on the effectiveness of interventions-home visiting, early education and childcare in promoting the social and emotional wellbeing of vulnerable children under 5</p> <p>e) Presentation of findings from the review of UK Primary Evaluation (Lindsay Blank, ScHARR) Lindsey Blank presented the review of UK primary evaluation studies – on both effectiveness and delivery of interventions.</p>	
<p>5. Social and emotional wellbeing - early years: Considering the evidence</p>	<p>a) Presentation of findings from the review of UK Primary Evaluation Continued (Lindsay Blank, ScHARR) Lindsay Blank continued her presentation on the review of UK primary evaluation studies– on both effectiveness and delivery of interventions.</p> <p>b) Presentation of an expert paper (prepared by Jacqueline Barnes, Birkbeck University, London, Anita Schrader- McMillan, Warwick University and Jane Barlow, Warwick University) The paper, delivered by Jacqueline Barnes, complemented the ScHARR review with a focus on critical characteristics for effectiveness.</p> <p>c) Update on Family Nurse Partnership</p>	

	<p>(Kate Billingham, DH) Kate Billingham provided an update on the FNP, which is for young first-time parents from early pregnancy to 2 years.</p> <p>d) Presentation of findings from the US based project on evidence based early interventions –that supported the Allen review (Nick Axford and Michael Little, Social Research Unit, Dartington Group) Nick Axford and Michael Little presented an expert paper reporting on the findings from the US based project on evidence based early interventions –that supported the Allen review.</p> <p>e) Comments by lead PHAC Technical discussant (Stephanie Taylor) Stephanie Taylor provided comments on the SchARR reviews.</p> <p>f) Discussion (All) The committee raised issues for clarification and discussed the evidence reviews and expert papers.</p>	
<p>6. Social and emotional wellbeing - early years: Considering the evidence</p>	<p>a) Discussion (All) The committee raised a number of issues arising from the evidence reviews and expert testimonies.</p> <p>b) Summary (Chair) The chair noted a number of points.</p> <p>The scope focuses on interventions on social and emotional well-being of children under five. By focusing on these needs the guidance will need to consider both universal and targeted services;</p> <p>The guidance should stress the importance of a life course approach;</p> <p>The context, process, operating model and implementation of interventions is significant. It was noted that there were many services being offered and at different levels (national, local, regional etc);</p>	

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	<p>There will be important cross overs to other NICE Guidance.</p> <p>It would be necessary to consider</p> <ul style="list-style-type: none"> • Potential unintended consequences • The potential for stigmatisation • Cultural transferability • Training needs • Timing of interventions • The commissioning context and audience for the guidance • The role of fathers <p>c) Agreeing and drafting the recommendations (All) Given the amount of evidence discussed, this session was used to develop an organising framework for recommendations.</p>	
<p>7. Social and emotional wellbeing early years: starting to draft recommendations continued</p>	<p>a. Presentation of outline areas for recommendations (Amanda Killoran, NICE) Amanda Killoran provided an outline of possible areas for recommendations.</p> <p>b. Agreeing and drafting the recommendations (All) There was a discussion about drafting the recommendations.</p> <p>It was agreed that the next meeting would discuss definitions of ‘vulnerability’ and ‘social and emotional wellbeing’.</p> <p>c. Next steps in guidance production This topic will be discussed again at the February meeting with a specific focus on the economic appraisal and assessment of risk. Further key areas are: Draft guidance sent to PHIAC for comment on the 13th March; Final sign off by chair 12 April. Consultation is between 17th April and 15th June.</p> <p>It was explained that Fieldwork would be carried out for this topic and that contractors have been appointed.</p>	
<p>8. Minutes of the meeting of PHIAC 53 and PHIAC 55</p>	<p>a) Minutes of the meeting of PHIAC 53 (All) The draft minutes of PHIAC 53 were agreed to be a correct record of the meeting held on 10th December 2010.</p>	<p>Natalie Bartle to upload draft minutes to NICE website from PHIAC</p>

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	<p>b) Minutes of the meeting of PHIAC 55 (All) The draft minutes of PHIAC 55 were agreed to be an accurate record of the meeting held on 9th December 2011.</p>	<p>53 and PHIAC 55.</p>
<p>9. Topic Selection</p>	<p>a) Topic selection – possible topics for the future</p> <p>Effectiveness of taxes and subsidies on food;</p> <p>Keeping vulnerable people warm in their own homes (including for children and families);</p>	
<p>10. AOB (Chair)</p>	<p>a. PHIAC members were reminded that accommodation requests for PHIAC 60, taking place 20th July in Manchester are being processed now due to a high demand for accommodation that day.</p> <p>b. PHIAC members were reminded that discussants are needed for BMI and waist circumference - black and minority ethnic groups and for Physical Activity Advice in Primary Care;</p> <p>c. A request was made for provision of presentations (to be emailed in advance of the meeting);</p> <p>d. The Chair thanked Dagmar Zeuner for her contributions to PHIAC as this will be her final meeting.</p> <p>Meeting closed at 16.05</p>	<p>ALL PHIAC members to email phiac@nice.org.uk with requirements for accommodation and also to volunteer to be a PHIAC discussant.</p> <p>Mike Kelly to raise the issue of presentations at the CPHE Project Manager meeting</p>