

**NICE PUBLIC HEALTH GUIDANCE**  
**Smoking Cessation: mental health services**  
**Smoking Cessation: acute and maternity services**

**6th PDG meeting - Tuesday 9<sup>th</sup> October 2012**

**Derwent Room, MidCity Place, 71 High Holborn, London WC1V 6NA**

<b>Attendees</b>	<p><b>PDG Members</b>                  Matthew Alford, Gary Bickerstaffe, John Britton (Chair), ,Amanda Farley, Elizabeth Fisher, Gill Grimshaw, Yvonne Hermon, Jo McCullagh, Lisa McNally, John Moxham, Rachael Murray, Carmel O’Gorman, Giri Rajaratnam, Elena Ratschen (by TC am only), Fraser Serle, Matthew Taylor, Hilary Wareing.</p> <p><b>NICE</b>                  Patricia Mountain (PM), Lesley Owen (LO), Linda Sheppard (LS), Peter Shearn (PS), Tricia Younger (TY)</p> <p><b>Contractors - Stirling University</b>                  Kathryn Angus (am only), Douglas Eadie (am only), Laura MacDonald (am only)</p> <p><b>Matrix Evidence</b>                  Mariana Bacelar (pm only), Evelina Bertranou (pm only), Jacque Mallender ( from 3pm)</p>
<b>Apologies</b>	<p><b>PDG Members</b>                  Jonathan Campion, Liz Hughes, Shalini Patni</p> <p><b>NICE Team</b>                  Patti White</p>

<b>Authors</b>	PM, TY
<b>Audience</b>	PDG members, NICE team, the public (via web publication)
<b>Version</b>	Final

No.	Item	Action
1	<p><b>Welcome, Introductions and Aims of the Meeting</b></p> <p>The Chair welcomed the team from the University of Stirling and the team from Matrix, attending in the afternoon. He also conveyed apologies that had been received.</p> <p>The declarations previously made are available within the minutes of PDG 1.  <a href="http://guidance.nice.org.uk/PHG/Wave23/36">http://guidance.nice.org.uk/PHG/Wave23/36</a>  <a href="http://guidance.nice.org.uk/PHG/Wave23/22">http://guidance.nice.org.uk/PHG/Wave23/22</a></p> <p>There were no changes to the previously declared interests.</p> <p><b>Rachael Murray - For clarification</b> - Rachael clarified that she is a member of the review team for Reviews 6 and 7 and attends the morning session of PDG 6 in her capacity as a researcher rather than as a PDG member.</p> <p>The role of the review team is to contribute clarification on the evidence as required, during the development of the recommendations.</p> <p>Elena Ratschen joined the meeting by teleconference</p> <p>The aims of the meeting were:</p> <ul style="list-style-type: none"> <li>• To discuss the findings of Reviews 6 &amp; 7: effectiveness of smoke-free strategies and interventions, and barriers and facilitators to implementing the strategies and interventions, in secondary care services</li> <li>• To consider any implications of Reviews 6 &amp; 7 for recommendations, considerations and research recommendations</li> <li>• To discuss the current draft recommendations, considerations and research recommendations for acute and maternity services and for mental health services</li> <li>• To consider the economic modelling – and the interventions included in the model</li> </ul>	
2	<p><b>Minutes of PDG 5 and Matters arising</b></p> <p>The minutes of PDG 5 were discussed and confirmed as an accurate record of the last meeting and all actions were completed, or in progress.</p>	
3,4	<p><b>Review 6: effectiveness of smoke-free strategies and interventions in secondary care settings.</b></p> <ul style="list-style-type: none"> <li>• <b>Presentation of key findings</b></li> </ul> <p>Rachael Murray presented the key findings of the review.</p> <ul style="list-style-type: none"> <li>• <b>Questions and discussion</b></li> </ul> <p>Discussions included:</p> <ul style="list-style-type: none"> <li>• Definitions of ‘smoke free’ as described in non-UK studies</li> <li>• Whether smoke free strategies/interventions influence patient smoking rates , willingness to be admitted to hospital and patient-initiated early discharge</li> <li>• Whether smoke free strategies/interventions influence staff absenteeism</li> </ul>	

<p>5,6</p>	<p><b>Review 7: barriers and facilitators to implementing smoke-free strategies and interventions in secondary care settings.</b></p> <ul style="list-style-type: none"> <li>• <b>Presentation of key findings</b></li> </ul> <p>Douglas Eadie and Laura MacDonald presented the key findings of the review.</p> <ul style="list-style-type: none"> <li>• <b>Questions and discussion</b></li> </ul> <p>Discussions included:</p> <ul style="list-style-type: none"> <li>• The role of smokefree signs on visitor behaviour</li> <li>• The role of a stop-smoking champion and the importance of consistency across specialisms within a hospital trust</li> </ul>	
<p>7</p>	<p><b>Discussion of the evidence Reviews 6 and 7 - smoke free strategies and interventions</b></p> <ul style="list-style-type: none"> <li>• <b>Drafting tentative recommendations</b></li> <li>• <b>Identifying gaps and research recommendations</b></li> </ul> <p>The PDG worked in groups with a NICE team member .</p> <p><b>Group work feedback:</b></p> <ul style="list-style-type: none"> <li>• <b>Agreeing tentative recommendations &amp; considerations</b></li> <li>• <b>Identifying gaps and research recommendations</b></li> </ul> <p>Draft recommendations drawn up by each group were discussed in plenary. NICE team will add to and amend the draft recommendations in advance of the next meeting.</p>	<p><b>NICE</b></p>
<p>8</p>	<p><b>Recommendations and considerations to date- mental health &amp; acute and maternity</b></p> <p>The PDG discussed the draft recommendations and considerations developed so far, and suggested revisions and additions</p> <p><b>Action: NICE team will add to and amend the draft recommendations in advance of the next meeting.</b></p> <p>PDG members proposed combining both sets of guidance, to cover acute, maternity and mental health care services and settings. There was no rationale for providing separate guidance.</p> <p>There are mental health beds and wards in acute hospitals. Mental health units may also be on acute hospital sites and have to abide by the same smoke free policy.</p> <p>Mental health patients/service users have equal rights to protection from environmental tobacco smoke. All secondary care patients, no matter what their reason for admission or diagnosis, deserve equality of access to stop smoking support.</p> <p>The PDG voted on combining the two sets of guidance. The majority were in favour. It was agreed that the title of the new combined guidance should include mental health services and that mental health services should be an important focus for communication and implementation when the guidance is published.</p> <p><b>Action: NICE team to look at the possibility of combining into one guidance</b></p>	<p><b>NICE</b></p> <p><b>NICE</b></p>

9,10	<p><b>Draft economic modelling report</b></p> <ul style="list-style-type: none"> <li>• <b>Presentation</b></li> <li>• <b>Questions and discussion</b></li> </ul> <p>Evelina Bertranou, Matrix Evidence, gave a presentation on the work on draft economic modelling report so far. Action: Matrix to continue to develop the report for presentation at the next PDG meeting on 13<sup>th</sup> November.</p>	
10	<p><b>Summary of the day, agreed actions and next steps</b></p> <p>The Chair summarised the agreed actions from the meeting</p>	
11	<p><b>AOB</b></p> <ul style="list-style-type: none"> <li>• At the next meeting on 13<sup>th</sup> November will include expert testimony from contributors to the forthcoming RCP report on Tobacco and Mental Health</li> </ul>	
<p>The meeting closed at 4.00pm</p>		