

## NICE PUBLIC HEALTH PROGRAMME GUIDANCE

### Contraceptive services for socially disadvantaged young people

Thursday 16<sup>th</sup> July 2009  
4<sup>th</sup> meeting of the Programme Development Group

The Royal College of Anaesthetists, Churchill House, 35, Red Lion Square, London WC1R 4SG

### Draft Minutes

<b>Attendees:</b>	<p><b><i>PDG Members</i></b></p> <p>Anne Weyman – Chair, Penny Barber, Pat Farley, Karen Harrison, Ruth Hine, Lesley Hoggart, Ifigeneia Mavranezouli, Faye Sutton, Kim Tanner,</p> <p><b><i>NICE</i></b></p> <p>Chris Carmona (CC), Alastair Fischer (AF), Kay Nolan (KN), Patricia Mountain (PM), Tricia Younger (TY).</p> <p><b><i>Contractors – SchARR</i></b></p> <p>Nick Payne (NP), Hazel Pilgrim (HP)</p> <p><b><i>Expert</i></b></p> <p>Lily Makurah (LM)</p>	
<b>Apologies:</b>	<p><b><i>PDG Members</i></b></p> <p>Amar Abass, Pauline McGough, Terri Ryland, Carola Sander, Karen Spooner, Ros Delaney, Alaina Dingwall, Babs Young, Simran Chawla, Rhiannon Holder,</p> <p><b><i>Nice Team</i></b></p> <p>Mike Kelly (MK) Clare Wohlgemuth (CW)</p>	
<b>Author</b>	Patricia Mountain Final version	

Contraceptive services for socially disadvantaged young people.  
PDG 4 – 16<sup>th</sup> July 2009

Item		Action
1	<p><b>Welcome, Introductions and Aims of the Meeting</b></p> <p>There was no review under consideration at this meeting. The review on contraceptive services for young people in health care settings will be presented and discussed at the next meeting on 17<sup>th</sup> September. The meeting focused on the costs, benefits and related issues that need to be considered in the cost effectiveness analysis.</p>	
2	<p><b>Declarations of interest</b></p> <p>No new declarations of interest were received from PDG members or from the Collaborating Centre.</p> <ul style="list-style-type: none"> <li>• Lily Makurah - Personal non-pecuniary interest – Employed by NHS on secondment to Department of Health.</li> </ul>	
3	<p><b>Minutes of last meeting</b></p> <p>These were approved.</p>	
4	<p><b>Matters arising</b></p> <ul style="list-style-type: none"> <li>• Ilfigeneia Mavfranezouli had sent information about methods of contraception used by young people.</li> <li>• A glossary will be developed and updated during the guidance development process. At the last meeting it was agreed that a glossary for the guidance will be developed and updated as the work progresses. The NICE team will send some early drafts for consideration by the PDG. It was suggested that short definitions or explanations of terms such as ‘unwanted’ ‘unplanned’ and ‘mistimed’ pregnancy might be needed.</li> <li>• An overview of current evidence-based guidance and professional and service guidance to be included in the next version of the ‘views’ review.</li> </ul>	<p><b>PDG members/ NICE</b></p> <p><b>ScHARR</b></p>
5	<p><b>‘You’re Welcome’ presentation</b></p> <p>Lily Makurah from the Department of Health, programme manager for ‘You’re Welcome’, quality criteria for young people’s health services gave a presentation to the PDG outlining the key themes, the evidence underpinning the “You’re Welcome” programme and progress to date. 68% of PCTs have adopted YW to date</p> <p>Points discussed included:</p> <ul style="list-style-type: none"> <li>• Unaccompanied attendance by young people in primary care</li> <li>• Poor understanding of consent</li> <li>• Training for receptionists and staff in GP practices</li> <li>• A self-review tool for local health services to be developed in 2009.</li> <li>• Services for looked after children and other groups that may need extra support.</li> </ul>	

<p>6</p>	<p><b>An example of a model of economic analysis in contraceptive services – Economic modelling in the long acting reversible contraception (LARC) NICE clinical guideline.</b></p> <p>Ifigeneia Mavrenezouli, PDG member, explained the economic modelling that was carried out during the development of the clinical guideline on long acting reversible contraception (LARC). This presentation set out what was included and what was not - and what estimates and assumptions were made. The main discussion points were:</p> <ul style="list-style-type: none"> <li>• Discussion about defining the different types of pregnancies unwanted, mistimed, unplanned.</li> <li>• Inclusion of adoption and fostering as costs in the model.</li> <li>• The diversity of the age groups within the scope of the guidance, and how the different impact of a pregnancy related to age.</li> </ul>	
<p>7</p>	<p><b>Updating the health economic conceptual model for contraceptive services and explanation of small group work</b></p> <p>HP outlined some of the key issues for the PDG to consider in the development of an economic model for this guidance, which is focused not on contraceptive methods but on services for young people up to the age of 25.</p> <p>HP asked the PDG to consider a range of questions to assist SchARR with the development of a model, using the evidence of interventions carried out in education settings review. The questions covered included:</p> <ul style="list-style-type: none"> <li>• Is it possible to generalise results from one age group to another?</li> <li>• Would having a child earlier than planned generally result in an ultimate increase in the number of children?</li> <li>• If a pregnancy is mistimed, what would the impact be:             <ul style="list-style-type: none"> <li>(i) on the parent(s)</li> <li>(ii) on the child if born?</li> </ul> </li> <li>• What are the key benefits for delaying pregnancy at different ages? Are these similar across a range of age groups?</li> <li>• What is the evidence of relationships between contraceptive use and:             <ul style="list-style-type: none"> <li>(a) knowledge of contraception</li> <li>(b) intent to use contraception</li> <li>(c) service provision</li> </ul> </li> <li>• Does the conceptual model capture all aspects that you think are relevant or include aspects which you think are incorrect/ not relevant?</li> </ul>	
<p>8</p>	<p><b>Discussion of questions for Alison Hadley, Teenage Pregnancy Unit</b></p> <p>Alison Hadley, from the Teenage Pregnancy Unit has kindly agreed to provide expert testimony at the next meeting of the PDG. The PDG considered the main issues that they would like to be included.</p>	<p><b>PDG members</b></p>

Contraceptive services for socially disadvantaged young people.  
PDG 4 – 16<sup>th</sup> July 2009

<b>9</b>	<b>AOB</b>  PDG members were also invited to suggest potential areas where expert testimony or input from a co-opted member might be needed. Any further suggestions to be forwarded to the NICE team.	<b>NICE/PDG members</b>
<b>10</b>	<b>CLOSE</b>  <b>The meeting closed at 3.30 pm.</b>	
	<b>DATE OF NEXT MEETING: 17<sup>th</sup> September 2009</b> <b>NICE Offices, London</b>  <b>MEETING PAPERS TO BE MAILED: 7<sup>th</sup> September 2009</b>	