

## NICE PUBLIC HEALTH PROGRAMME GUIDANCE

### Contraceptive services for socially disadvantaged young people 7<sup>th</sup> meeting of the Programme Development Group

Thursday 10<sup>th</sup> December 2009

Derwent room, NICE Offices, MidCity Place, 71 High Holborn,  
London WC1V 6NA

### Final Minutes

<b>Attendees:</b>	<p><b>PDG Members</b></p> <p>Anne Weyman – Chair, Karen Harrison, Ruth Hine, Lesley Hoggart, Ifigeneia Mavranezouli, Faye Sutton, Kim Tanner, Amar Abass, Pauline McGough, Ros Delaney, Alaina Dingwall, Babs Young, Penny Barber, Pat Farley, Simran Chawla, Lucy Dallimore.</p> <p><b>NICE</b></p> <p>Tricia Younger (TY), Chris Carmona (CC), Alastair Fischer (AF), Kay Nolan (KN), Clare Wohlgemuth (CW) Patricia Mountain (PM),</p> <p><b>Collaborating Centre – ScHARR</b></p> <p>Hazel Pilgrim (HP), Jim Chilcott (JC)</p> <p><b>Experts</b></p> <p>Catherine Dennison - Department of Health</p> <p>Kate Guthrie - Sexual and Reproductive Healthcare Partnership, Hull and East Yorkshire</p>	
<b>Apologies:</b>	<p><b>PDG Members</b></p> <p>Terri Ryland, Karen Spooner, Rhiannon Holder, Richard Burack</p> <p><b>Nice Team</b></p> <p>Mike Kelly (MK)</p>	
<b>Author</b>	Patricia Mountain – final minutes	

Item		Action
1	<p><b>Welcome, Introductions and Aims of the Meeting</b></p> <p>The Chair welcomed the PDG to the seventh meeting. The aims of the meeting were:</p> <ul style="list-style-type: none"> <li>• To consider evidence from policy and from practice to support and inform the US based evidence in the effectiveness reviews</li> <li>• To consider the economic modelling report and inform its future development</li> <li>• To discuss the updated views review</li> </ul> <p>The Chair welcomed a new member - Lucy Dallimore, a GP in North Devon with a special interest in GU medicine and family planning.</p> <p>The Chair informed the PDG that another member had also been appointed but had sent apologies. Richard Burack is a GP member of the RCGP Sexual health and HIV Group.</p> <p>The Chair introduced two invited experts - Catherine Dennison from the Department of Health and Kate Guthrie from Sexual and Reproductive Healthcare Partnership, Hull and East Yorkshire.</p>	
2	<p><b>Declarations of interest</b></p> <p>One declaration of interest was updated: Pauline McGough - Non personal pecuniary.</p> <p>No changes were made to previous declarations of interest</p> <p>All members of the SchHARR team declared a non personal pecuniary interest with regard to potential future research in the area.</p>	
3	<p><b>Minutes of last meeting and matters arising</b></p> <ul style="list-style-type: none"> <li>• The minutes were approved.</li> <li>• PDG members were invited to contribute to the glossary for the guidance by drafting a short definition/explanation of terms that may need to be clarified.</li> </ul>	<b>PDG members</b>
4	<p><b>Presentation of evidence</b></p> <p>Catherine Dennison, from the Department of Health presented on some of the evidence that is informing government policy on contraceptive services, including the teenage health demonstration sites.</p>	
5	<p><b>Questions and discussion</b></p> <p>The discussion included the following:</p> <ul style="list-style-type: none"> <li>• Peer mentors and volunteers</li> <li>• Role of counsellors.</li> <li>• Relationship with 'You're welcome'</li> <li>• Workforce planning- moving from doctor led to nurse led teams</li> <li>• Local partnerships</li> <li>• Professionals perceptions of the impact of their work</li> </ul>	

	<ul style="list-style-type: none"> <li>• Impact on teenage pregnancies</li> <li>• Training and development</li> </ul>	
6	<p><b>Health Economic modelling presentation</b></p> <p>Hazel Pilgrim from ScHARR gave a presentation to inform the discussions on the economic modelling which included:</p> <ul style="list-style-type: none"> <li>• Update and brief overview of the methods employed</li> <li>• Results of the economic evaluation.</li> </ul>	
7,8,9	<p><b>What can we recommend following the economic modelling and how does it affect our previous ideas for recommendations?</b></p> <p>The PDG discussed the following:</p> <ul style="list-style-type: none"> <li>• Costs of education for school age mothers and childcare costs</li> <li>• Costs of further education</li> <li>• Prevention of second pregnancies</li> <li>• Impact of mental health issues</li> <li>• Inclusion of state benefit costs</li> </ul> <p>ScHARR to undertake a sensitivity analysis.</p> <p>NICE to provide some copies of the DH/DCSF report on 'improving access to sexual health services for young people in further education' at the next meeting. Copies can be downloaded from <a href="http://www.dcsf.gov.uk/everychildmatters/resources-and-practice/IG00244/">www.dcsf.gov.uk/everychildmatters/resources-and-practice/IG00244/</a></p>	ScHARR NICE
10,11	<p><b>Presentation of evidence</b></p> <p>Kate Guthrie from the Sexual and Reproductive Healthcare Partnership, in Hull and East Yorkshire presented and discussed the factors that make an effective service for socially deprived young people.</p> <p><b>Questions and discussion</b></p> <p>Points covered in the discussion included:</p> <ul style="list-style-type: none"> <li>• Active follow-up:</li> <li>• Outreach referrals</li> <li>• Different approaches required for different age groups</li> <li>• Peer mentors</li> <li>• Location of services</li> <li>• Staff training</li> <li>• Record keeping</li> <li>• Child protection issues</li> </ul> <p>The NICE team was asked to highlight key issues from this discussion that might be relevant to the development of the guidance</p>	NICE
12,13	<p><b>Making recommendations in the absence of clear evidence</b></p> <p>CC reminded the PDG of key issues that need to be taken into account when developing the recommendations. He summarised some of the main challenges, such as weak or only partially applicable evidence and discussed ways of overcoming them.</p>	

14	<p><b>Economics next steps</b></p> <p>Hazel Pilgrim and Alastair Forsyth outlined the next steps for the health economic work, based on the earlier discussion. Points raised that may be included in the health economics were:</p> <ul style="list-style-type: none"><li>• Sensitivity analysis by age and sexual activity</li><li>• Depression and disadvantage</li><li>• Further education colleges: see SEF mapping and assess US data</li><li>• Audit of EHC/unprotected sex</li><li>• Education and childcare costs</li><li>• Salary costs</li><li>• Costs of adverse health outcomes and neonatal care</li></ul>	
14	<p><b>Any Other Business</b></p> <ul style="list-style-type: none"><li>• Consultation on the Evidence – 8<sup>th</sup> February – 8<sup>th</sup> March 2010</li><li>• Consultation and fieldwork on the draft guidance/recommendations – 25<sup>th</sup> May to 23<sup>rd</sup> June 2010</li><li>• Final guidance published – 27<sup>th</sup> October 2010</li><li>• Please note that PDG meeting 9 will be on March 24<sup>th</sup>, not March 25<sup>th</sup>.</li></ul>	
	<p><b>The meeting ended at 3.50pm</b></p>	
	<p><b>DATE OF NEXT MEETING: 18<sup>th</sup> February 2010</b> <b>NICE Offices, London</b></p> <p><b>MEETING PAPERS TO BE MAILED: 8<sup>th</sup> February 2010</b></p>	