

NICE PUBLIC HEALTH GUIDANCE

Needle and Syringe Programmes (update of PH18)

1st Meeting of the Public Health Advisory Committee

7th June 2013

Derwent, NICE Offices, Spring Gardens, London

Final Minutes

Attendees:	<p>PHAC Members</p> <p>Core members Susan Jebb (Chair), Mireia Jofre Bonet (left at 2.30pm), Alison Lloyd, Chris Packham, Toby Prevost, Amanda Sowden, Lucy Yardley</p> <p>Topic members Vicky Fenwick, Adam Mackridge, Tony Margett, Fortune Ncube, , April Wareham, Paul Wells,</p> <p>Co-optees Joe Kean, Steroid Project Lead, Lifeline and Senior Trainer, Nine Zero Five</p> <p>NICE Team Simon Ellis, Chris Carmona, Emma Doohan (minutes), Alastair Fischer, James Jagroo, Suzi Peden</p> <p>Review Teams <i>Liverpool John Moores University:</i> Lisa Jones, Geoff Bates, Jim McVeigh <i>London School of Hygiene and Tropical Medicine:</i> Lucy Platt, Neil Hunt, Bethan McDonald</p> <p>Observers Mandy Harling (NICE), Craig Moss (Addaction), Natalie Wood (Tiny Sparks Project)</p>
Apologies:	<p>PHAC Members Joyce Rothschild</p>

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Version	FINAL
Audience	PHAC members, NICE team, members of the public

Item		Action
<p>1. Welcome and objectives for the meeting</p>	<p>The Chair welcomed the Public Health Advisory Committee (PHAC), the NICE team, the review team and the observers to the 1st meeting on Needle and Syringe Programmes (update).</p> <p>The Chair also welcomed the members of public to the meeting.</p> <p>The Chair outlined the general housekeeping for the venue which included noting all fire exits. The PHAC were asked to check and sign a form to confirm their job title and that they were happy for email addresses to be shared amongst the committee.</p> <p>The Chair outlined that the aim of the meeting was to begin the process of updating NICE's public health guidance (PH18) on 'Needle and syringe programmes' (NSPs). The objectives of the meeting were:</p> <ul style="list-style-type: none"> • To receive an oral update on the interim findings from a survey of commissioners and providers about implementation of PH18 • To discuss the findings of the update evidence review, with a particular focus on drop boxes, outreach schemes and vending machines for out-of-hours provision • To discuss the findings of the evidence review and policy review/ consensus development exercise relating to NSPs for young people under 18 • To discuss the findings of the evidence review relating to NSPs for users of performance and image enhancing drugs (PIEDs) • To consider whether anything should be added to the recommendations in PH18 in light of the new evidence • To consider whether to make any new recommendations relating to the provision of NSPs to young people under 18 and to PIED users • To consider whether to make any additional 'Considerations'. <p>The Chair informed the PHAC that apologies had been received. These are noted above.</p>	
<p>2. Declarations of</p>	<p>The Chair explained that verbal declarations of interest</p>	

<p>Interests</p>	<p>are a standing item on every agenda and are recorded in the minutes as a matter of public record. The Chair asked everyone to verbally declare the interests they had made in writing at the time of their application to join the PHAC and also to declare any additional interests that may have arisen since then.</p> <p>The potential conflicts of interest declared were as follows:</p> <p><u>Personal pecuniary interests</u></p> <p>Susan Jebb Salary - Medical Research Council Advisory Board – Tanita Ltd Writing and lecture fees – Rosemary Conley Diet and Fitness magazine Supervision fees – University of Cambridge</p> <p>Chris Packham Associate Medical Director and Consultant Public Health Physician, Nottinghamshire Healthcare NHS Trust GP Associate, St Luke’s Surgery, Radford Health Centre, Nottingham GP, Nottingham Emergency Medical Services</p> <p><u>Personal family interest</u></p> <p>Toby Prevost AstraZeneca - shares owned by his wife</p> <p>Chris Packham Partner, Designated Nurse for Child Safeguarding, Nottingham City CCG</p> <p><u>Non-personal pecuniary interest</u></p> <p>Toby Prevost Co-investigator on health research grants principally from NIHR</p> <p>Adam Mackridge Supervisor for PhD students part-funded by non-restricted educational grant to the Royal Liverpool & Broadgreen University Hospitals Trust Pfizer UK Ltd</p> <p>April Wareham Both SMMGP and NUN have accepted money from Reckitt Benckiser. Various pharmaceutical companies sponsor the annual SMMGP Conference</p> <p><u>Personal non-pecuniary interest</u></p>	
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	<p>Susan Jebb Chair – Public Health Responsibility Deal Food Network Trustee – Association for the Study of Obesity Member – European and International Associations for the Study of Obesity Member - National Heart Forum</p> <p>Chris Packham GP Associate, St Lukes Surgery, Nottingham – practicing GP Member DH Advisory Group on Hepatitis Chair of Examiners, Part B membership examination for FPH RCP Special Professor at Nottingham University Honorary Professor of Public Health Practice, Faculty of Medicine, University of Nottingham UK Chair of Examiners (final professional examination), Faculty of Public Health, Royal College of Physicians (London). Clinical Commissioning Champion, Centre for Commissioning, Royal College of General Practitioners, London.</p> <p>Vicky Fenwick Trustee of The Alliance (Methadone Alliance) and on the Planning Group of the National Needle Exchange Forum</p> <p>Adam Mackridge Has written a letter to the British Medical Journal supporting the involvement of community pharmacies in providing needle and syringe programme services. Has also conducted research in this field and published a paper concluding that community pharmacies could provide expanded services to needle and syringe programme clients.</p> <p>Paul Wells Chair, UK Harm Reduction Alliance Trustee, The Alliance</p> <p>The Chair and Associate Director of CPH had reviewed these interests before the meeting and determined that the interests declared did not prevent the attendees from fully participating in the meeting.</p> <p>The following additional DOIs were made:</p> <p><u>Personal pecuniary interests</u></p> <p>Neil Hunt Funded to attend the Harm Reduction International conference to present a session on foil provision in NSPs.</p>	
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	<p><u>Non-personal pecuniary interest</u></p> <p>Neil Hunt Potentially involved in future research based on this programme of work.</p> <p>Bethan Macdonald Potentially involved in future research on the evaluation of NSP. Researcher in the centre for Drugs and Health behaviour, LSHTM.</p> <p>Lucy Platt Have just been awarded an NIHR grant to evaluate effectiveness of NSP in reducing HCV incidence and cost effectiveness.</p> <p>Jim McVeigh Currently undertaking this work for NICE and may undertake future work in this area.</p> <p>Lisa Jones Holds contracts on this topic (past and current) with NICE. Funded to undertake work in this topic area.</p> <p><u>Personal non-pecuniary interest</u></p> <p>Adam Mackridge Author of two papers relating to NSP provision which concluded that pharmacy based NSP providers and commissioners need to take account of a need for mutual respect and that training should include this.</p> <p>Alison Lloyd Trustee of a Manchester action on street health charity.</p> <p>The Chair confirmed that these interests did not prevent the attendees from fully participating in the meeting.</p>	
<p>3. Overview from NICE</p>	<p>Chris Carmona gave a presentation entitled 'overview of the current guidance (PH18) and the scope and process for update'.</p>	
<p>4.Presentation by Geoff Bates, LJMU</p>	<p>Geoff Bates from the Liverpool John Moores University (LJMU) gave a presentation entitled 'Survey of NSP providers and commissioners re implementation of PH18: presentation of interim findings'.</p>	
<p>5. Questions and discussion</p>	<p>The committee were invited to ask any questions in regard to the presentation.</p>	

	<p>A number of issues were raised and discussed.</p> <p>LJMU will consider the comments in preparing their report.</p>	LJMU
6. Presentation by Lisa Jones, LJMU	<p>Lisa Jones from LJMU gave a presentation entitled 'Update of evidence review: presentation of findings'.</p>	
7. Questions and discussion	<p>The committee were given an opportunity to make any comments or ask any questions about the review.</p>	
8. Presentations from LSHTM	<p>Lucy Platt from London School of Hygiene and Tropical Medicine (LSHTM) gave a presentation on the findings from the quantitative review of evidence relating to young people under 18 years.</p> <p>Bethan McDonald from LSHTM gave a presentation on the findings from the qualitative review of evidence relating to young people under 18 years.</p> <p>A number of questions and points of clarification were raised in relation to the reviews.</p>	
9. Presentation by Neil Hunt, LSHTM	<p>Neil Hunt (LSHTM) gave a presentation entitled 'an analysis of national and local policy and protocols on the delivery of NSP services to young people under 18.'</p> <p>Action: NICE to circulate copies of the presentations to meeting attendees following the meeting.</p>	NICE
10. Comments, questions and discussion	<p>There was an opportunity for the committee to ask any questions or points of clarification.</p> <p>The Chair then asked the committee to discuss some of the key issues that had been raised during the morning's presentations.</p> <p>There was a discussion about:</p> <ul style="list-style-type: none"> • How to address young people in the guidance • Training and education for practitioners • The role of pharmacies <p>Some possible research recommendations were also suggested.</p> <p>The Chair briefly summarised the morning's discussions and outlined the agenda for the afternoon.</p>	

<p>11. Presentation by Geoff Bates, LJMU</p>	<p>Geoff Bates from LJMU presented the findings from their Performance and Image Enhancing Drugs (PIEDs) review.</p> <p>The committee were given an opportunity to ask any questions or points of clarification.</p>	
<p>12. Expert testimony</p>	<p>Joe Kean, cooptee to the PHAC and lead for the Lifeline Steroid Project in Middlesbrough briefly outlined what he does and his experiences. He then gave his opinions on the review, highlighting where the findings resonated with his own practice.</p>	
<p>13. Drafting recommendations</p>	<p>The PHAC discussed each of the existing guidance recommendations in turn, considering how they might be amended.</p> <p>Action: It was agreed that the terminology 'Injecting drug user' should change to 'people who inject drugs' throughout the guidance.</p> <p>The Chair suggested that some of the issues raised during the morning's discussions should be further considered by the committee. The committee discussed:</p> <ul style="list-style-type: none"> • PIEDs and whether it was possible to make a recommendation in this area • The tension between safeguarding and provision of needles for under 16s • The primary purpose of needle and syringe schemes • Parental engagement around young people and NSPs • The link between NSP and other health needs such as sexual health • The tension between recovery and harm reduction. <p>The Chair asked the committee to consider whether it was possible to make any recommendations or say any more on the following:</p> <ul style="list-style-type: none"> • Outreach, mobile vans and vending machines • Drop boxes • Peer to peer engagement and secondary exchange. 	<p>NICE</p>
<p>14. Chair's</p>	<p>The Chair summarised the day's discussions as</p>	

<p>summary</p>	<p>follows:</p> <ul style="list-style-type: none"> • Services need to be tailored to different users. • The primary aim of NSPs is to ensure that people who inject drugs have clean needles, syringes and other equipment. However, the committee acknowledged other important aims and considerations (i.e. safeguarding principles and harm reduction). • There is a mix of possible services available and every area will need to look at needs and tailor them to their particular circumstance. • Outreach is an important component in the guidance. • The committee considered that boosting coverage by engaging parents and peer to peer networks was helpful. • The committee agreed that there was a need for NSPs to achieve good coverage for different subgroups. <p>Action: NICE team to consider these themes in relation to the original recommendations and then bring back a draft to the next committee meeting to further revise and nuance.</p>	<p>NICE</p>
<p>15. Next steps</p>	<p>Simon Ellis outlined the next steps in guidance production as follows:</p> <ul style="list-style-type: none"> • NICE team to consider how to revise current recommendations and begin to draft any additional recommendations, considerations and research recommendations. These will be brought back to the next meeting for discussion. • At the next meeting, the committee will discuss health economics and also refine the recommendations ready for consultation after the summer. • The PHAC will be able to comment on the recommendations in August before the consultation. • The next mail out is on 9th July 2013. 	
<p>16. AOB</p>	<ul style="list-style-type: none"> • Mike Kelly joined the meeting and explained that a PhD student is planning to do their PhD on deliberative democracy and would like to observe this PHAC for her studies. MK asked for the committee members to consent to this study and circulated a consent form to be signed by committee members. • Action: PHAC members to email any 	<p>PHAC</p>

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	<p>questions about the project to Emma Doohan who will forward them to the PhD student.</p> <ul style="list-style-type: none"> • Action: Copies of the forms will be circulated to the committee. These should be signed and returned to Emma Doohan by 28th June 2013. • The committee were reminded that expenses should be submitted within 3 months of the meeting. • The next meeting is being held on 19th July 2013 at the Royal College of Paediatricians. 	<p>members</p> <p>NICE/ PHAC</p>
<p>17. Close</p>	<p>The meeting closed at 4.20pm.</p>	