

NICE public health guideline on ‘Overweight and obese adults’ (PH53)

Relevant ongoing NIHR research

April 2014

The NICE [public health guideline PH53](#) includes details of the evidence that supports the recommendations. It also identifies gaps in the evidence and makes [recommendations for future research](#). Guideline users may also be interested to know about research already underway which relates to the topic of the guidance.

Examples of research from the current portfolio of the National Institute for Health Research (NIHR) are listed in the table below. These are just a few of the NIHR research projects that are in progress, or at a pre-publication stage (at the time of publication of the NICE guideline).

Further NIHR research projects may also be of relevance to the guideline topic. The NIHR portfolio can be explored in detail by visiting www.nihr.ac.uk or by following the hyperlink to a specific NIHR programme, all of which have a public health research portfolio:

- [Efficacy and Mechanism Evaluation \(EME\) Programme¹](#)
- [Health Services and Delivery Research \(HS&DR\) Programme](#)
- [Health Technology Assessment \(HTA\) Programme](#)
- [Invention for Innovation \(i4i\) Programme](#)
- [NIHR Fellowships](#)
- [Programme Grants for Applied Research \(PGfAR\) Programme](#)
- [Public Health Research \(PHR\) Programme](#)
- [Research for Patient Benefit \(RfPB\) Programme](#)
- [Systematic Reviews \(SR\) Programme](#)
- [School for Public Health Research \(SPHR\)](#)
- [School for Primary Care Research \(SPCR\)](#)
- [School for Social Care Research \(SSCR\)](#)

For more about NICE public health guidance: <http://www.nice.org.uk/guidance/phg/>

¹ Funded by the Medical Research Council (MRC) and National Institute for Health Research (NIHR), and managed by the NIHR on behalf of the MRC-NIHR partnership.

NIHR programme	Reference	Project title	Start date	End date	URL
HTA	09/127/34	A peer-support weight management programme to supplement brief advice in general practice for obese adults from deprived communities	01/02/2012	31/07/2015	http://www.nets.nihr.ac.uk/projects/hta/0912734
HTA	09/127/19	Positive Online WEight Reduction (POWER)	01/01/2012	31/12/2014	http://www.nets.nihr.ac.uk/projects/hta/0912719
PGfAR	RP-PG-0606-1272	A community based primary prevention programme for Type 2 Diabetes integrating identification, lifestyle intervention and community services for prevention	01/08/2007	30/11/2014	http://europepmc.org/GrantLookup/grants.php?all=&init=&name=&title=&key=&i=&gid=RP-PG-0606-1272&f%5B%5D=DH
PGfAR	RP-PG-0109-10013	Delivering a realistic Diabetes Prevention Programme in a UK Community	01/03/2011	29/02/2016	http://europepmc.org/GrantLookup/grants.php?all=&init=&name=&title=&key=&i=&gid=RP-PG-0109-10013&f%5B%5D=DH
PHR	09/3010/06	Football Fans in Training (FFIT): a randomized controlled trial of a gender-sensitive weight loss and healthy living programme delivered to men aged 35-65 by Scottish Premier League (SPL) football clubs	01/06/2011	31/12/2013	http://www.nets.nihr.ac.uk/projects/phr/09301006
RfPB	PB-PG-0610-22352	ACTID Follow up: A 3 year follow up of patients who took part in the Early ACTID study	01/11/2011	31/10/2014	http://europepmc.org/GrantLookup/grants.php?all=&init=&name=&title=&key=&i=&gid=PB-PG-0610-22352&f%5B%5D=DH