

NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

QUALITY STANDARD TOPIC OVERVIEW

1 Quality standard title

Challenging behaviour and learning disabilities

2 Introduction

2.1 *NICE quality standards*

NICE quality standards are a concise set of prioritised statements designed to drive measurable quality improvements within a particular area of health or care.

The standards are derived from high-quality guidance, such as that from NICE or [accredited](#) by NICE. They are developed independently by NICE, in collaboration with health, public health and social care practitioners, their partners and service users. Information on priority areas, people's experience of using services, safety issues, equality and cost impact are considered during the development process.

NICE quality standards are central to supporting the Government's vision for a health and social care system that is focused on delivering the best possible outcomes for people who use services, as detailed in the [Health and Social Care Act \(2012\)](#).

The quality standard development process is described in detail on the [NICE website](#).

2.2 *This topic overview*

This topic overview describes core elements of the quality standard. These include the population and topic to be covered, key source guidance to be used to underpin potential quality statements, any related quality standards,

published current practice information and national or routine indicators and performance measures.

If the source guidance is not NICE guidance, it should meet the minimum quality criteria defined in NICE's [accreditation programme](#).

3 This quality standard

This quality standard is expected to publish in October 2015.

3.1 Population and topic to be covered

This quality standard will cover the care of adults, children and young people with learning disabilities and behaviour that challenges.

3.2 Key development sources (NICE and NICE-accredited sources)

Primary source

- [Challenging behaviour and learning disabilities](#) (2015) NICE guideline CGXX (in development).

Key policy documents, reports and national audits

Relevant policy documents, reports and national audits will be used to inform the development of the quality standard.

- Black, P (2014) [What councils need to know about people with learning disabilities: a local government knowledge navigator evidence review. Need to Know: Review 1.](#)
- Challenging Behaviour Foundation (2014) [Early intervention project.](#)
- Challenging Behaviour Foundation (2014) [Children with learning disabilities whose behaviours challenge: what do we know from national data.](#)
- Department of Health (2014) [Positive and Proactive Care: reducing the need for restrictive interventions.](#)
- Health & Social Care Information Centre (2014) [Learning Disabilities Census Report.](#)

- Local Government Association (2014) [Ensuring quality services: Core principles for the commissioning of services for children, young people, adults and older people with learning disabilities and/or autism who display or are at risk of displaying behaviour that challenges.](#)
- NHS England (2014) [Winterbourne View – Time for Change: transforming the commissioning of services for people with learning disabilities and/or autism.](#)
- Royal College of Psychiatrists (2014) [Executive Summary and Recommendations: National Audit of Learning Disabilities - Feasibility Study.](#)
- United Response (2014) [Transforming care: supporting people with learning disabilities, autism and challenging behaviour to live happily in their local community.](#)
- Joint Commissioning Panel for Mental Health (2013) [Guidance for commissioners of mental health services for people with learning disabilities.](#)
- Royal College of Psychiatrists' Faculty of Psychiatry of Intellectual Disability (2013) [People with learning disability and mental health, behavioural or forensic problems: the role of in-patient services.](#)
- Skills for Care and National Development Team for Inclusion (2013) [Supporting staff working with people who challenge services.](#)
- Care Quality Commission (2012) [Review of learning disability services.](#)
- Department of Health (2012) [Transforming Care: a national response to Winterbourne View hospital.](#)
- Public Health England (2012) [A&T and other specialist inpatient care for people with LD in the Count-Me-In census.](#)
- Public Health England (2012) [Improving Health and Lives: A review of the results of the 2011/2012 focused CQC inspections of services for people with learning disabilities.](#)
- Royal College of Nursing (2011) [Meeting the health needs of people with learning disabilities.](#)
- SCIE (2011) [At a glance 37: Challenging behaviour: a guide for family carers on getting the right support for adults.](#)

- SCIE (2011) [At a glance 38: Challenging behaviour: a guide for family carers on getting the right support for children. at a glance 38.](#)
- SCIE (2011) [At a glance 39: Challenging behaviour: a guide for family carers on getting the right support for teenagers. at a glance 39.](#)
- Department of Health (2010) [Development of services for people with learning disabilities or mental illness in England.](#)
- Department of Health (2010) [Raising our sights: services for adults with profound intellectual and multiple disabilities.](#)
- National Development Team for Inclusion (2010) [Guide for commissioners of services for people with learning disabilities who challenge services.](#)
- World Health Organization (2010) [Better health, better lives: Research priorities.](#)
- Royal College of Nursing (2010) [Dignity in health care for people with learning disabilities.](#)
- Royal College of Nursing (2010) [Mental health nursing of adults with learning disabilities.](#)
- Department of Health (2007) [Services for people with learning disability and challenging behaviour or mental health needs \(Mansell report\).](#)
- Royal College of Psychiatrists, British Psychological Society and Royal College of Speech and Language Therapists (2007). [Challenging behaviour: a unified approach. Clinical and service guidelines for supporting people with learning disabilities who are at risk of receiving abusive or restrictive practices.](#)
- University of Birmingham (2006) [Using medication to manage behavioural problems in adults with learning disabilities](#)
- University of Birmingham (2006) [Guide to Services for Young People with Learning Difficulties/ Disabilities and Mental Health Problems/Challenging Behaviours.](#)
- British Psychological Society (2004) [Psychological interventions for severely challenging behaviours shown by people with learning disabilities: clinical practice guidelines.](#)

- Department of Health (2002) [Guidance on restrictive physical interventions for people with learning disability and autistic spectrum disorder, in health, education and social care settings.](#)

3.3 Related NICE quality standards

Published

- [Antisocial behaviour and conduct disorders in children and young people](#) (2014) NICE quality standard 59.
- [Autism](#) (2014) NICE quality standard 51.
- [Attention deficit hyperactivity disorder](#) (2013) NICE quality standard 39.
- [The epilepsies in adults](#) (2013) NICE quality standard 26.
- [The epilepsies in children and young people](#) (2013) NICE quality standard 27.
- [Service user experience in adult mental health](#) (2011) NICE quality standard 14.

In development

- None identified.

Future quality standards

This quality standard will be developed in the context of all quality standards referred to NICE, including the following quality standards scheduled for future development:

- Care and support of older people with learning disabilities. Status: referred.
- Mental health problems in people with learning disability. Status: referred.
- Transition between social care and health care services. Status: referred.
- Transition from children's to adult services. Status: referred.

The full list of quality standard topics referred to NICE is available from the [quality standard topic library](#) on the NICE website.

4 Existing indicators

- [The contractor establishes and maintains a register of patients with learning disabilities](#). NICE menu: NM73.
- [Percentage of patients on the Learning Disability register with Down's Syndrome aged 18 and over who have a record of blood TSH in the previous 15 months \(excluding those who are on the thyroid disease register\)](#). NICE menu: NM04.

5 Further information

See the NICE website for more information about [NICE quality standards](#) and the [progress of this quality standard](#).