

NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

QUALITY STANDARD TOPIC OVERVIEW

1 Quality standard title

Diabetes in adults (update)

This quality standard will update the [NICE quality standard for diabetes in adults](#), which was identified as needing to be updated by the 2014 annual review of published quality standards. This is because some of the source guidance for that quality standard has been replaced by updated NICE guidelines on diabetes in adults (see Key development sources).

2 Introduction

2.1 *NICE quality standards*

NICE quality standards are a concise set of prioritised statements designed to drive measurable quality improvements within a particular area of health or care.

The standards are derived from high-quality guidance, such as that from NICE or [accredited](#) by NICE. They are developed independently by NICE, in collaboration with health, public health and social care practitioners, their partners and service users. Information on priority areas, people's experience of using services, safety issues, equality and cost impact are considered during the development process.

NICE quality standards are central to supporting the Government's vision for a health and social care system that is focused on delivering the best possible outcomes for people who use services, as detailed in the [Health and Social Care Act \(2012\)](#).

The quality standard development process is described in detail on the [NICE website](#).

2.2 This topic overview

This topic overview describes core elements of the quality standard. These include the population and topic to be covered, key source guidance to be used to underpin potential quality statements, any related quality standards, published current practice information and national or routine indicators and performance measures.

If the source guidance is not NICE guidance, it should meet the minimum quality criteria defined in NICE's [accreditation programme](#).

3 This quality standard

This quality standard is expected to publish in August 2016.

3.1 Population and topic to be covered

This quality standard will cover preventing diabetes, diagnosing type 1 diabetes in adults, care and treatment for adults with type 1 or type 2 diabetes, and preventing and managing foot problems in adults with diabetes.

It will not cover diabetes in pregnancy or diabetes in children and young people.

It will update the existing quality standard for [diabetes in adults](#).

3.2 Key development sources (NICE and NICE-accredited sources)

Primary sources

- [Diabetic foot problems](#) (2015) NICE guideline NG19
- [Type 1 diabetes in adults](#) (2015) NICE guideline NG17
- [Preventing type 2 diabetes: risk identification and interventions for individuals at high risk](#) (2012) NICE guideline PH38
- [Preventing type 2 diabetes: population and community-level interventions](#) (2011) NICE guideline PH35
- [Type 2 diabetes in adults](#) NICE guideline. Publication date to be confirmed.

Other sources that may be used

- [Exercise referral schemes to promote physical activity](#) (2014) NICE guideline PH54
- [Obesity](#) (2014) NICE guideline CG189
- [Chronic kidney disease](#) (2014) NICE guideline CG182
- [Lipid modification](#) (2014) NICE guideline CG181
- [Neuropathic pain – pharmacological management](#) (2013) NICE guideline CG173
- [Management of diabetes](#) (2010) Scottish Intercollegiate Guidelines Network (SIGN) guideline 116

Key policy documents, reports and national audits

Relevant policy documents, reports and national audits will be used to inform the development of the quality standard.

- Health & Social Care Information Centre (2015) [National Diabetes Audit – 2012–2013, Report 2](#)
- Health & Social Care Information Centre (2014) [National Diabetes Audit – 2012–2013: Report 1, Care processes and treatment targets](#)
- NHS England (2014) [Action for diabetes](#)
- Public Health England (2014) [Adult obesity and type 2 diabetes](#)
- Scottish Government (2014) [Diabetes improvement plan](#)
- Welsh Government (2014) [Together for health – a diabetes delivery plan](#)
- Diabetes UK (2013) [State of the nation 2013](#)
- House of Commons Public Accounts Committee (2012) [Seventeenth report: Department of Health: The management of adult diabetes services in the NHS](#)
- Department of Health (2011) [Assessment of services to reduce diabetes-related mortality](#)

3.3 Related NICE quality standards

Published

- [Cardiovascular risk assessment and lipid modification](#) (2015) NICE quality standard 100
- [Peripheral arterial disease](#) (2014) NICE quality standard 52
- [Hypertension](#) (2013) NICE quality standard 28
- [Patient experience in adult NHS services](#) (2012) NICE quality standard 15
- [Chronic heart failure](#) (2011) NICE quality standard 9
- [Chronic kidney disease](#) (2011) NICE quality standard 5

In development

- [Obesity in adults – prevention and lifestyle weight management programmes](#). Publication expected January 2016
- [Diabetes in pregnancy](#). Publication expected January 2016
- [Medicines optimisation](#). Publication expected March 2016
- [Diabetes in children and young people](#). Publication expected June 2016

Future quality standards

This quality standard will be developed in the context of all quality standards referred to NICE, including the following quality standards scheduled for future development:

- Long-term conditions, people with comorbidities, complex needs
- Preventing sight loss

The full list of quality standard topics referred to NICE is available from the [quality standard topic library](#) on the NICE website.

4 Existing indicators

Relevant indicators are included in the [Quality and outcomes framework \(QOF\) for England 2015/16](#) and the [NICE menu of QOF indicators](#), under the domains of diabetes mellitus, cardiovascular disease – primary prevention, obesity and smoking.

5 Further information

See the NICE website for more information about [NICE quality standards](#) and the [progress of this quality standard](#).