NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

HEALTH AND SOCIAL CARE DIRECTORATE

QUALITY STANDARDS

Quality standard topic: Transition from children's to adults' services **Output:** Equality analysis form – meeting 1

Introduction

As outlined in the <u>Quality Standards process guide</u> (available from <u>www.nice.org.uk</u>), NICE has a duty to have due regard to the need to eliminate unlawful discrimination, advance equality of opportunity, and foster good relations between people from different groups. The purpose of this form is to document the consideration of equality issues in each stage of the development process before reaching the final output that will be approved by the NICE Guidance Executive. This equality analysis is designed to support compliance with NICE's obligations under the Equality Act 2010 and Human Rights Act 1998.

Table 1 lists the equality characteristics and other equality factors NICE needs to consider, i.e. not just population groups sharing the 'protected characteristics' defined in the Equality Act but also those affected by health inequalities associated with socioeconomic factors or other forms of disadvantage. The table does not attempt to provide further interpretation of the protected characteristics. This is because it is likely to be simpler, and more efficient, to use the evidence underpinning the quality standard to define population groups within the broad protected characteristic categories rather than to start with possibly unsuitable checklists created for other purposes, such as social surveys or HR monitoring tools.

The form should be used to:

- confirm that equality issues have been considered and identify any relevant to the topic
- ensure that the quality standards outputs do not discriminate against any of the equality groups
- highlight planned action relevant to equality
- highlight areas where quality standards may advance equality of opportunity.

This form is completed by the NICE quality standards internal team at each stage within the development process:

- Topic –Overview (to elicit additional comments as part of active stakeholder engagement)
- Quality Standards Advisory Committee meeting 1
- Quality Standards Advisory Committee meeting 2

Table 1

Protected characteristics
Age
Disability
Gender reassignment
Pregnancy and maternity
Race
Religion or belief
Sex
Sexual orientation
Other characteristics
Socio-economic status
Depending on policy or other context, this may cover factors such as social exclusion and deprivation associated with geographical areas or inequalities or variations associated with other geographical distinctions (e.g. the North/South divide, urban versus rural).
Marital status (including civil partnership)

Other categories

Other groups in the population experience poor health because of circumstances often affected by, but going beyond, sharing a protected characteristic or socioeconomic status. Whether such groups are identifiable depends on the guidance topic and the evidence. The following are examples of groups covered in NICE guidance:

- Refugees and asylum seekers
- Migrant workers
- Looked after children
- Homeless people.

Quality standards equality analysis

Stage: Meeting 1

Topic: Transition from children's to adults' services

- 1. Have any equality issues impacting upon equality groups been identified during this stage of the development process?
 - Please state briefly any relevant equality issues identified and the plans to tackle them during development.

In addition to those groups identified during the scoping and development of the clinical guideline, several groups were highlighted during meeting 1 as requiring specific consideration during the development of the quality standard. These groups were:

- young people with disabilities to include those that cannot make their own decisions and would therefore require assessment of their mental capacities in making decisions about their care.
- young people in complex and/or unstable living situations to include those in care settings and those in secure settings.
- young people with gender dysphoria.
- young women who are pregnant as they require the coordination of several services, some of which will not usually deal with young people transitioning from children's to adults' services.
- 2. Have relevant bodies and stakeholders been consulted, including those with a specific interest in equalities?
 - Have comments highlighting potential for discrimination or advancing equality been considered?

Standing members for Quality Standards Advisory Committees (QSACs) have been recruited by open advert with relevant bodies and stakeholders given the opportunity to apply. In addition to these standing committee members, specialist committee members from a range of professional and lay backgrounds relevant to transition from children's to adults' services were recruited. The topic overview and request for areas of quality improvement was published and wide stakeholder comment invited, including from those with a specific interest in equalities.

This is the second stage of the process which will look to elicit comments from stakeholders on the draft quality standard during consultation.

- 3. Have any population groups, treatments or settings been excluded from coverage by the quality standard at this stage in the process? Are these exclusions legal and justified?
 - Are the reasons for justifying any exclusion legitimate?

The quality standard will cover all young people (aged up to 25) using children's health and social care services at the time when they are making the transition into adult health and social care services. It will include young people with mental health problems, disabilities, long-term, life-limiting or complex needs and those in local authority care.

The quality standard will cover all settings in which transitions from children's to adult health or social care services take place.

- 4. If applicable, do any of the quality statements make it impossible or unreasonably difficult in practice for a specific group to access a service or element of a service?
 - Does access to a service or element of a service depend on membership of a specific group?
 - Does a service or element of the service discriminate unlawfully against a group?
 - Do people with disabilities find it impossible or unreasonably difficult to receive a service or element of a service?

The statements do not prevent any specific groups from accessing services.

5. If applicable, does the quality standard advance equality?

• Please state if the quality standard, including statements, measures and indicators, as described will advance equality of opportunity, for example by making access more likely for certain groups, by tailoring the service to certain groups, or by making reasonable adjustments for people with disabilities?

When implementing the statements some adjustments may need to be made to ensure young people can be fully involved in their transition process and take part in its planning. These adjustments involve ensuring the principles of the mental capacity act are followed, that treatment, care and support and the information given about it, is both developmentally-appropriate and culturally appropriate. It should also be accessible to people with additional needs such as physical, sensory or learning disabilities, and to people who do not speak or read English. Young people making the transition to adult services and their parents or carers (if appropriate) should have access to an interpreter or advocate if needed especially looked after children.