NICE National Institute for Health and Care Excellence



Trauma

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Contents

Quality statements	5
Quality statement 1: Airway management	6
Quality statement	6
Rationale	6
Quality measures	6
What the quality statement means for different audiences	8
Source guidance	9
Definitions of terms used in this quality statement	9
Quality statement 2: Image reporting	10
Quality statement	10
Rationale	10
Quality measures	10
What the quality statement means for different audiences	12
Source guidance	13
Definitions of terms used in this quality statement	13
Quality statement 3: Open fractures	14
Quality statement	14
Rationale	14
Quality measures	14
What the quality statement means for different audiences	16
Source guidance	17
Definitions of terms used in this quality statement	17
Quality statement 4: Assessment for cervical spine injury	19
Quality statement	19
Rationale	19
Quality measures	19
What the quality statement means for different audiences	20

Source guidance	21
Definitions of terms used in this quality statement	21
Quality statement 5: Major trauma service	24
Quality statement	24
Rationale	24
Quality measures	24
What the quality statement means for different audiences	25
Source guidance	26
Definitions of terms used in this quality statement	26
Quality statement 6: Specialist services	28
Quality statement	28
Rationale	28
Quality measures	28
What the quality statement means for different audiences	29
Source guidance	30
Definitions of terms used in this quality statement	30
Update information	32
About this quality standard	33
Diversity, equality and language	33

This standard is based on NG37, NG39, NG40 and NG41.

This standard should be read in conjunction with QS158, QS138, QS131, QS86, QS74, QS66, QS16 and QS116.

Quality statements

<u>Statement 1</u> People with major trauma who cannot maintain their airway and/or ventilation have drug-assisted rapid sequence induction (RSI) of anaesthesia and intubation within 45 minutes of the initial call to the emergency services.

<u>Statement 2</u> People who have had urgent 3D imaging for major trauma have a provisional written radiology report within 60 minutes of the scan.

<u>Statement 3</u> People with open fractures of long bones, the hindfoot or midfoot have fixation and definitive soft tissue cover within 72 hours of injury if this cannot be performed at the same time as wound excision.

<u>Statement 4</u> People with full in-line spinal immobilisation have their risk of cervical spine injury assessed using the Canadian C-spine rule.

<u>Statement 5</u> Major trauma centres have a dedicated trauma ward for patients with multisystem injuries and a designated consultant available to contact 24 hours a day, 7 days a week.

<u>Statement 6</u> Major trauma centres have acute specialist services for rehabilitation after major trauma, and for children and older people.

Quality statement 1: Airway management

Quality statement

People with major trauma who cannot maintain their airway and/or ventilation have drugassisted rapid sequence induction (RSI) of anaesthesia and intubation within 45 minutes of the initial call to the emergency services.

Rationale

Failure to provide an adequate airway for people who cannot maintain one can result in brain injury, with long-term implications for function and quality of life, or death. Performing drug-assisted RSI of anaesthesia and intubation quickly, and preferably at the scene of the incident rather than by diverting to an emergency department, improves ventilation, increasing the probability of survival and reducing long-term morbidity.

Quality measures

The following measures can be used to assess the quality of care or service provision specified in the statement. They are examples of how the statement can be measured, and can be adapted and used flexibly.

Structure

a) Evidence of the availability of healthcare professionals trained to perform drug-assisted RSI of anaesthesia and intubation at the scene, or of systems to transport people to the nearest emergency department where it can be performed.

Data source: No routinely collected national data for this measure has been identified. Data can be collected from information recorded locally by healthcare professionals and provider organisations, for example, from training records and local protocols.

b) Evidence of local arrangements to support decision making about whether to dispatch trained healthcare professionals to the scene to deliver drug-assisted RSI of anaesthesia and intubation, or transport the person to the nearest emergency department where it can be performed.

Data source: No routinely collected national data for this measure has been identified. Data can be collected from information recorded locally by healthcare professionals and provider organisations, for example, from local protocols.

Process

a) Proportion of people with major trauma who cannot maintain their airway and/or ventilation who have drug-assisted RSI of anaesthesia and intubation.

Numerator – the number in the denominator who have drug-assisted RSI of anaesthesia and intubation.

Denominator – the number of people with major trauma who cannot maintain their airway and/or ventilation.

Data source: Data can be collected from information recorded locally by healthcare professionals and provider organisations, for example, from patient records. The <u>Trauma</u> <u>Audit and Research Network</u> collects data on intubation ventilation and use of drugs at the scene and in the emergency department.

b) Proportion of people with major trauma who cannot maintain their airway and/or ventilation who have drug-assisted RSI of anaesthesia and intubation within 45 minutes of the initial call to the emergency services.

Numerator – the number in the denominator who have drug-assisted RSI of anaesthesia and intubation within 45 minutes of the initial call to the emergency services.

Denominator – the number of people with major trauma who cannot maintain their airway and/or ventilation and have drug-assisted RSI of anaesthesia and intubation.

Data source: Data can be collected from information recorded locally by healthcare professionals and provider organisations, for example, from patient records. The <u>Trauma</u> <u>Audit and Research Network</u> collects data on intubation ventilation and use of drugs at the scene and in the emergency department.

Outcomes

a) Mortality rates from major trauma.

Data source: Data can be collected using the <u>Office for National Statistics mortality</u> <u>database</u>. The <u>Trauma Audit and Research Network</u> also collects data on deaths of trauma patients.

b) Rates of brain injury resulting from lack of oxygen caused by major trauma.

Data source: No routinely collected national data for this measure has been identified. Data can be collected from information recorded locally by healthcare professionals and provider organisations, for example, from patient records.

What the quality statement means for different audiences

Service providers (ambulance services, major trauma centres and trauma units) ensure that there are protocols operating in ambulance control to identify people with major trauma who need drug-assisted RSI of anaesthesia and intubation and deliver it at the scene, or transport people to the nearest emergency department if this is not possible, so that it is received within 45 minutes of the initial call to the emergency services.

Healthcare professionals (paramedics, advanced pre-hospital doctors and anaesthetists) trained in RSI deliver drug-assisted RSI of anaesthesia and intubation at the scene of the major trauma within 45 minutes of the initial call to the emergency services. If a trained professional is not available at the scene, healthcare professionals decide whether to call out someone trained in RSI to the scene, or transport the person to the nearest emergency department. They maintain the person's airway using a suitable technique until trained healthcare professionals arrive at the scene, or until the person arrives at the emergency department. Drug-assisted RSI of anaesthesia and intubation is performed by anaesthetists or other doctors in emergency departments within 45 minutes of the initial call to the emergency services if it cannot be performed at the scene.

Commissioners (integrated care systems and NHS England) ensure that they commission services that have local protocols on performing drug-assisted RSI of anaesthesia and intubation at the scene of the major trauma, or, if this is not possible, at the nearest

emergency department within 45 minutes of the initial call to the emergency services. They monitor contracts and seek evidence that service providers have this in place.

People who have had a major injury and are not able to breathe on their own are given a general anaesthetic (a drug that puts a person to sleep) by a doctor at the scene of the injury. A breathing tube is then placed into their mouth and down into their windpipe to help them breathe. If a doctor is not available at the scene of the injury, or if the breathing tube does not work well enough, the ambulance team should use other methods to help the person breathe until they can be taken to a major trauma centre or a trauma unit.

Source guidance

- Major trauma: service delivery. NICE guideline NG40 (2016), recommendation 1.11.2
- <u>Major trauma: assessment and initial management. NICE guideline NG39</u> (2016), recommendations 1.2.1 and 1.2.3

Definitions of terms used in this quality statement

People with major trauma who cannot maintain their airway and/ or ventilation

Major trauma describes serious and often multiple injuries that may require lifesaving interventions. People might not be able to maintain their airway and/or ventilation if they are in a coma (Glasgow Coma Score less than 9), if they are not breathing adequately or their mouth is obstructed, for example by vomit, their tongue or debris. [Expert opinion and <u>NICE's full guideline on major trauma: assessment and initial management</u>]

Rapid sequence induction (RSI) of anaesthesia and intubation

A medical procedure involving prompt administration of general anaesthesia and subsequent intubation of the trachea. The procedure results in rapid unconsciousness (induction) and neuromuscular blockade (paralysis) and is used to maintain a patient's airway following a traumatic incident. [NICE's full guideline on major trauma: assessment and initial management, glossary]

Quality statement 2: Image reporting

Quality statement

People who have had urgent 3D imaging for major trauma have a provisional written radiology report within 60 minutes of the scan.

Rationale

Obtaining the results of 3D imaging for chest trauma, haemorrhage and spinal injury as soon as possible allows for earlier diagnosis and decisions to be made on management, for example whether interventions such as surgery or interventional radiology are needed. Earlier treatment can reduce mortality and length of hospital stay, and improve healthrelated quality of life.

Quality measures

The following measures can be used to assess the quality of care or service provision specified in the statement. They are examples of how the statement can be measured, and can be adapted and used flexibly.

Structure

Evidence of local arrangements to ensure that provisional written radiology reports of urgent 3D imaging for chest trauma, haemorrhage and spinal injury are available within 60 minutes of the scan.

Data source: No routinely collected national data for this measure has been identified. Data can be collected from information recorded locally by healthcare professionals and provider organisations, for example, from staff rotas.

Process

a) Proportion of urgent 3D images for chest trauma with a provisional written radiology

report available within 60 minutes of the scan.

Numerator – the number in the denominator with a provisional written radiology report available within 60 minutes of the scan.

Denominator – the number of urgent 3D images for chest trauma.

Data source: Data can be collected from information recorded locally by healthcare professionals and provider organisations, for example, from local audits of radiology reporting. The <u>Trauma Audit and Research Network</u> collects data on the timing of CT and when the CT report is issued.

b) Proportion of urgent 3D images for haemorrhage with a provisional written radiology report available within 60 minutes of the scan.

Numerator – the number in the denominator with a provisional written radiology report available within 60 minutes of the scan.

Denominator – the number of urgent 3D images for haemorrhage.

Data source: Data can be collected from information recorded locally by healthcare professionals and provider organisations, for example, from local audits of radiology reporting. The <u>Trauma Audit and Research Network</u> collects data on the timing of CT and when the CT report is issued.

c) Proportion of urgent 3D images for spinal injury with a provisional written radiology report available within 60 minutes of the scan.

Numerator – the number in the denominator with a provisional written radiology report available within 60 minutes of the scan.

Denominator – the number of urgent 3D images for spinal injury.

Data source: Data can be collected from information recorded locally by healthcare professionals and provider organisations, for example, from local audits of radiology reporting. The <u>Trauma Audit and Research Network</u> collects data on the timing of CT and when the CT report is issued.

Outcomes

a) Mortality rates from major trauma.

Data source: Data can be collected using the <u>Office for National Statistics mortality</u> <u>database</u>. The <u>Trauma Audit and Research Network</u> also collects data on deaths of trauma patients.

b) Length of hospital stay for people with major trauma.

Data source: Data can be collected using <u>NHS Digital Hospital Episode Statistics</u> data. The <u>Trauma Audit and Research Network</u> also collects data on length of stay in hospital for trauma patients.

c) Health-related quality of life for people who have experienced major trauma.

Data source: No routinely collected national data for this measure has been identified. Data can be collected from information recorded locally by healthcare professionals and provider organisations, for example, from patient surveys.

What the quality statement means for different audiences

Service providers (major trauma centres and trauma units) ensure that healthcare professionals trained in image reporting are available to interpret urgent 3D imaging for chest trauma, haemorrhage and spinal injury and deliver a provisional written radiology report within 60 minutes of the scan.

Healthcare professionals (radiologists, radiographers and other trained reporters) interpret urgent 3D imaging for chest trauma, haemorrhage and spinal injury and deliver a provisional written radiology report within 60 minutes of the scan.

Commissioners (integrated care systems and NHS England) ensure that they commission services that have the capacity and expertise to interpret urgent 3D imaging for chest trauma, haemorrhage and spinal injury and deliver a provisional written radiology report within 60 minutes of the scan. They monitor contracts and seek evidence that service providers have this in place.

People who have had an urgent CT or MRI scan for a chest injury, serious bleeding or a spinal injury have the first result of their scan reported to their doctor in writing within 1 hour of having the scan.

Source guidance

- <u>Spinal injury: assessment and initial management. NICE guideline NG41</u> (2016), recommendation 1.5.1
- <u>Major trauma: assessment and initial management. NICE guideline NG39</u> (2016), recommendations 1.4.3 and 1.5.28
- The timeframe of 60 minutes is based on the <u>NHS England service specification for</u> <u>major trauma</u> and expert opinion

Definitions of terms used in this quality statement

Urgent 3D imaging for major trauma

3D imaging that takes place immediately on arrival at hospital for chest trauma, haemorrhage and spinal injury. This includes CT for chest trauma, haemorrhage and spinal injury and MRI for spinal injury. [NICE's guideline on major trauma: assessment and initial management, recommendations 1.4.5 and 1.5.31, and NICE's guideline on spinal injury: assessment and initial management, recommendations 1.5.2, 1.5.6, 1.5.7 and 1.5.10, and expert opinion]

Quality statement 3: Open fractures

Quality statement

People with open fractures of long bones, the hindfoot or midfoot have fixation and definitive soft tissue cover within 72 hours of injury if this cannot be performed at the same time as wound excision.

Rationale

Delays in the fixation and cover of open fractures of the long bones of the lower and upper limbs, hindfoot or midfoot can lead to infections and further complications, such as amputations. Ideally fixation and soft tissue cover should be performed at the same time as first wound excision, but this might not be possible if it would prevent completion of wound excision within the recommended time scales. In these circumstances, ensuring that fixation and soft tissue cover are completed within 72 hours of injury should result in fewer complications, reductions in unplanned surgery and length of hospital stays, and faster return to normal activities.

Quality measures

The following measures can be used to assess the quality of care or service provision specified in the statement. They are examples of how the statement can be measured, and can be adapted and used flexibly.

Structure

Evidence that orthopaedic and plastic surgery specialities have a joint orthoplastic surgery service that allows for fixation and definitive soft tissue cover of open fractures of long bones, the hindfoot or midfoot within 72 hours of injury if this cannot be performed at the same time as wound excision.

Data source: No routinely collected national data for this measure has been identified. Data can be collected from information recorded locally by healthcare professionals and provider organisations, for example, from local protocols.

Process

a) Proportion of open fractures of long bones, the hindfoot or midfoot with fixation and definitive soft tissue cover performed within 72 hours of injury if this cannot be performed at the same time as wound excision.

Numerator – the number in the denominator with fixation and definitive soft tissue cover performed within 72 hours of injury.

Denominator – the number of open fractures of long bones, the hindfoot or midfoot where fixation and soft tissue cover cannot be performed at the same time as wound excision.

Data source: No routinely collected national data for this measure has been identified. Data can be collected from information recorded locally by healthcare professionals and provider organisations, for example, from patient records.

b) Proportion of open fractures of long bones, the hindfoot or midfoot with fixation and definitive soft tissue cover performed within 72 hours of injury.

Numerator – the number in the denominator with fixation and definitive soft tissue cover performed within 72 hours of injury.

Denominator – the number of open fractures of long bones, the hindfoot or midfoot.

Data source: Data can be collected from information recorded locally by healthcare professionals and provider organisations, for example from patient records. The <u>Trauma</u> <u>Audit and Research Network</u> collects data on BOAST4 patients who received soft tissue coverage within the target of 72 hours.

Outcomes

a) Rates of unplanned surgery after surgery on open fractures.

Data source: No routinely collected national data for this measure has been identified. Data can be collected from information recorded locally by healthcare professionals and provider organisations, for example, from patient records.

b) Non-emergency amputation rates for people with open fractures.

Data source: No routinely collected national data for this measure has been identified. Data can be collected from information recorded locally by healthcare professionals and provider organisations, for example, from patient records.

c) Length of hospital stay for people with open fractures.

Data source: Data can be collected using <u>NHS Digital Hospital Episode Statistics</u> data. The <u>Trauma Audit and Research Network</u> also collects data on length of stay in hospital for trauma patients.

d) Time taken to return to normal activities for people with open fractures.

Data source: No routinely collected national data for this measure has been identified. Data can be collected from information recorded locally by healthcare professionals and provider organisations, for example, from patient surveys.

What the quality statement means for different audiences

Service providers (major trauma centres, specialist orthoplastic centres, trauma units and district general hospitals) ensure that orthoplastic surgery lists and joint working arrangements are in place for consultants in orthopaedic and plastic surgery to perform fixation and definitive soft tissue cover of open fractures of long bones, the hindfoot or midfoot concurrently and within 72 hours of injury if this cannot be performed at the same time as wound excision.

Healthcare professionals (orthopaedic and plastic surgery consultants) perform fixation and definitive soft tissue cover of open fractures of long bones, the hindfoot or midfoot concurrently and within 72 hours of injury if this cannot be performed at the same time as wound excision.

Commissioners (integrated care systems and NHS England) ensure that they commission services that have an orthoplastic surgery list and a combined orthoplastic approach to performing fixation and definitive soft tissue cover of open fractures of long bones, the hindfoot or midfoot within 72 hours of injury if this cannot be performed at the same time as wound excision.

People with breaks in a bone complicated by a wound have their broken bones fixed using wires, plates, screws or rods (known as internal fixation) or an external frame (known as external fixation). The wound then needs to be repaired to reduce the chance of infection. When possible, all of these steps should be done during a single operation. When more than 1 operation is needed, the steps should be completed within 72 hours.

Source guidance

Fractures (complex): assessment and management. NICE guideline NG37 (2016, updated 2022), recommendations 1.2.27 and 1.2.29

Definitions of terms used in this quality statement

Open fractures of long bones, the hindfoot or midfoot

A fracture of long bones, the hindfoot or midfoot associated with an open wound. The skin may be pierced by the bone or by a blow that breaks the skin at the time of the fracture. The bone may or may not be visible in the wound. This term is synonymous with 'compound fracture'. [NICE's full guideline on fractures (complex): assessment and management, glossary]

Fixation

The final surgical implantation of internal or external metalwork for the purposes of repairing a bone and fixing it into place. [NICE's full guideline on fractures (complex): assessment and management, glossary]

Definitive soft tissue cover

Final closure of the open fracture wound, using a local flap of skin, or skin grafted from another part of the body. [NICE's full guideline on fractures (complex): assessment and management, glossary]

Wound excision

Also known as debridement, this refers to the separation of tissues that are contaminated

or non-viable from those that are healthy and viable. Wound excision should be performed:

- immediately for highly contaminated open fractures
- within 12 hours of injury for high-energy open fractures (likely Gustilo–Anderson classification type IIIA or type IIIB) that are not highly contaminated
- within 24 hours of injury for all other open fractures.

[NICE's guideline on fractures (complex), terms used section and recommendation 1.2.28]

Quality statement 4: Assessment for cervical spine injury

Quality statement

People with full in-line spinal immobilisation have their risk of cervical spine injury assessed using the Canadian C-spine rule.

Rationale

If a person might have a spinal injury, it is important to immobilise their spine during assessment to prevent any damage. However, continuing immobilisation for longer than necessary can lead to avoidable adverse effects, such as discomfort and skin breakdown. Using a risk assessment tool as soon as possible to determine whether to carry out, maintain or remove immobilisation will reduce the risk of spinal cord injury and minimise discomfort for the person. It will also help to determine whether further investigations, such as prompt imaging, are needed.

Quality measures

The following measures can be used to assess the quality of care or service provision specified in the statement. They are examples of how the statement can be measured, and can be adapted and used flexibly.

Structure

Evidence of the documented use of checklists to ensure that the Canadian C-spine rule is used to assess people with full in-line spinal immobilisation for their risk of cervical spine injury.

Data source: No routinely collected national data for this measure has been identified. Data can be collected from information recorded locally by healthcare professionals and provider organisations, for example, from service specifications.

Process

Proportion of people with full in-line spinal immobilisation who have had their risk of cervical spine injury assessed using the Canadian C-spine rule.

Numerator – the number in the denominator who have had their risk of cervical spine injury assessed using the Canadian C-spine rule.

Denominator – the number of people with full in-line spinal immobilisation.

Data source: Data can be collected from information recorded locally by healthcare professionals and provider organisations, for example, from patient records. The <u>Trauma</u> <u>Audit and Research Network</u> collects data on spinal immobilisation.

Outcomes

a) Rates of neurological deterioration caused by inappropriate removal of spinal immobilisation.

Data source: No routinely collected national data for this measure has been identified. Data can be collected from information recorded locally by healthcare professionals and provider organisations, for example, from patient records.

b) Rates of appropriate removal of full in-line spinal immobilisation.

Data source: No routinely collected national data for this measure has been identified. Data can be collected from information recorded locally by healthcare professionals and provider organisations, for example, from patient records.

What the quality statement means for different audiences

Service providers (ambulance services, major trauma centres, trauma units and district general hospitals) train staff in using the Canadian C-spine rule and implement its use in pre-hospital and hospital settings to carry out risk assessment for cervical spine injury for people with full in-line spinal immobilisation.

Healthcare professionals (paramedics and trauma teams) use the Canadian C-spine rule to carry out risk assessment for people with full in-line spinal immobilisation, and document this. A digital reference tool that contains the Canadian C-spine rule, such as the <u>MDCalc website</u>, can be used when doing the assessment. The level of risk of cervical spine injury should be used to make decisions on whether spinal immobilisation and prompt imaging are needed.

Commissioners (integrated care systems and NHS England) ensure that they commission services that have checklists to document the use of the Canadian C-spine rule to assess the risk of cervical spine injury for people with full in-line spinal immobilisation, and inform decisions about when to carry out or continue with spinal immobilisation and request prompt imaging.

People with a possible spinal injury who have their spine immobilised to prevent further injury, using a special collar and head supports, are asked questions by the ambulance team to try to find out how likely it is that they have a spinal injury, and which part of the spine might be injured. These questions include their age, the type of injury they have had and how they became injured. The same questions are asked again when the person arrives at the hospital. If the hospital staff think the person might have a spinal injury, they offer a scan. If the spine is unlikely to be injured, hospital staff remove the collar and head supports.

Source guidance

Spinal injury: assessment and initial management. NICE guideline NG41 (2016), recommendations 1.1.5 and 1.4.5

Definitions of terms used in this quality statement

People with full in-line spinal immobilisation

Full in-line spinal immobilisation usually involves fitting the person with a collar, placing them on a scoop stretcher, and using head blocks and tape to keep their head still. [NICE's information for the public on the guideline on spinal injury: assessment and initial management]

Canadian C-spine rule

The person with suspected spine injury should be assessed as having high, low or no risk of cervical spine injury using the following rule:

- the person is at high risk if they have at least 1 of the following high-risk factors:
 - age 65 years or older
 - dangerous mechanism of injury (fall from a height of greater than 1 metre or 5 steps, axial load to the head – for example diving, high-speed motor vehicle collision, rollover motor accident, ejection from a motor vehicle, accident involving motorised recreational vehicles, bicycle collision, horse riding accidents)
 - paraesthesia in the upper or lower limbs
- the person is at low risk if they have no high-risk features and at least 1 of the following low-risk factors:
 - involved in a minor rear-end motor vehicle collision
 - comfortable in a sitting position
 - ambulatory at any time since the injury
 - no midline cervical spine tenderness
 - delayed onset of neck pain
- the person remains at low risk if they are:
 - unable to actively rotate their neck 45 degrees to the left and right (the range of the neck can only be assessed safely if the person is at low risk and there are no high-risk factors).
- the person has no risk if they:
 - have 1 of the above low-risk factors and
 - are able to actively rotate their neck 45 degrees to the left and right.

Applying the Canadian C-spine rule to children is difficult and the child's developmental stage should be taken into account. [Expert opinion and <u>NICE's guideline on spinal injury:</u>

assessment and initial management, recommendations 1.1.5 and 1.1.6]

Quality statement 5: Major trauma service

Quality statement

Major trauma centres have a dedicated trauma ward for patients with multisystem injuries and a designated consultant available to contact 24 hours a day, 7 days a week.

Rationale

People with major trauma frequently have multisystem injuries that need management input from more than 1 specialist. This can mean that management is spread across multiple settings and specialities, which can lead to delays in treatment and a lack of coordinated care, resulting in a poorer outcome for the person. Having a consultant-led multidisciplinary service with input from all the relevant specialties can improve continuity of care, prevent delays in treatment and result in shorter hospital stays, lower mortality and improved patient experience.

Quality measures

The following measures can be used to assess the quality of care or service provision specified in the statement. They are examples of how the statement can be measured, and can be adapted and used flexibly.

Structure

a) Evidence of a dedicated trauma ward for patients with multisystem injuries.

Data source: No routinely collected national data for this measure has been identified. Data can be collected from information recorded locally by healthcare professionals and provider organisations, for example, from service specifications.

b) Evidence of the availability of a designated consultant 24 hours a day, 7 days a week, who has responsibility and authority for the hospital trauma service and leads the multidisciplinary team care.

Data source: No routinely collected national data for this measure has been identified. Data can be collected from information recorded locally by healthcare professionals and provider organisations, for example, from staff rotas.

Outcomes

a) Mortality rates from major trauma.

Data source: Data can be collected using the <u>Office for National Statistics mortality</u> <u>database</u>. The <u>Trauma Audit and Research Network</u> also collects data on deaths of trauma patients.

b) Length of hospital stay for people who have had major trauma.

Data source: Data can be collected using <u>NHS Digital Hospital Episode Statistics</u> data. The <u>Trauma Audit and Research Network</u> also collects data on length of stay in hospital for trauma patients.

c) Patient experience of major trauma services.

Data source: No routinely collected national data for this measure has been identified. Data can be collected from information recorded locally by healthcare professionals and provider organisations, for example, from patient surveys.

What the quality statement means for different audiences

Service providers (major trauma centres) ensure that they have a dedicated multidisciplinary trauma ward led by a consultant 24 hours a day, 7 days a week, to treat patients with multisystem injuries.

Healthcare professionals (doctors, nurses and allied health professionals) work together to treat patients with multisystem injuries in a dedicated trauma ward. A consultant is available to lead the multidisciplinary team 24 hours a day, 7 days a week. A key worker (often a senior nurse) coordinates care at each stage of the care pathway.

Commissioners (NHS England) ensure that they commission services using a service

specification that states that there should be a dedicated trauma ward for patients with multisystem injuries and a designated consultant available to contact 24 hours a day, 7 days a week. They monitor contracts and seek evidence that service providers have these available.

People who have serious injuries to different areas of the body can have all of their injuries treated in a special trauma ward. A consultant doctor is available who can be contacted 24 hours a day, 7 days a week and is in charge of the ward. Each person also has a named key worker, such as a senior nurse, who coordinates their care in hospital. The key worker stays in contact with the person, their family and carers, and the other healthcare professionals who are providing their care.

Source guidance

Major trauma: service delivery. NICE guideline NG40 (2016), recommendation 1.6.2

Definitions of terms used in this quality statement

Major trauma centre

A specialist hospital responsible for the care of the most severely injured patients involved in major trauma across the region. It provides 24/7 emergency access to consultantdelivered care for a wide range of specialist clinical services and expertise. It is optimised for the definitive care of injured patients. [NICE's full guideline on major trauma: assessment and initial management, glossary]

Dedicated trauma ward

A multidisciplinary ward for people with multisystem injuries where different specialties input into the care of the patient. [NICE's full guideline on major trauma: assessment and initial management]

Designated consultant

A consultant who has responsibility and authority for the hospital trauma service and leads the multidisciplinary team care. This can be a subspecialty consultant who has extensive experience of trauma. [NICE's full guideline on major trauma: assessment and initial management]

Quality statement 6: Specialist services

Quality statement

Major trauma centres have acute specialist services for rehabilitation after major trauma, and for children and older people.

Rationale

People with major trauma might need input from specialist services, but access and provision of these services varies between major trauma centres. This can mean that there are delays in treatment and suboptimal outcomes for the person. Ensuring that major trauma centres provide all the specialist services that a patient might need can reduce length of hospital stay, lower mortality and improve patient experience.

Quality measures

The following measures can be used to assess the quality of care or service provision specified in the statement. They are examples of how the statement can be measured, and can be adapted and used flexibly.

Structure

a) Evidence of the availability of acute specialist services for rehabilitation after major trauma.

Data source: No routinely collected national data for this measure has been identified. Data can be collected from information recorded locally by healthcare professionals and provider organisations, for example, from service specifications.

b) Evidence of the availability of acute specialist services for children.

Data source: No routinely collected national data for this measure has been identified. Data can be collected from information recorded locally by healthcare professionals and provider organisations, for example, from service specifications. c) Evidence of the availability of acute specialist services for older people.

Data source: No routinely collected national data for this measure has been identified. Data can be collected from information recorded locally by healthcare professionals and provider organisations, for example, from service specifications.

Outcomes

a) Morbidity from major trauma.

Data source: No routinely collected national data for this measure has been identified. Data can be collected from information recorded locally by healthcare professionals and provider organisations, for example, from patient records.

b) Length of hospital stay for people who have had major trauma.

Data source: Data can be collected using <u>NHS Digital Hospital Episode Statistics</u> data. The <u>Trauma Audit and Research Network</u> also collects data on length of stay in hospital for trauma patients.

c) Patient experience of major trauma services.

Data source: No routinely collected national data for this measure has been identified. Data can be collected from information recorded locally by healthcare professionals and provider organisations, for example, from patient surveys.

What the quality statement means for different audiences

Service providers (major trauma centres) ensure that they have acute specialist services for rehabilitation after major trauma, and for children and older people. Acute specialist services for trauma rehabilitation have a multiprofessional team who have undergone recognised specialist training in rehabilitation, which is led or supported by a consultant trained and accredited in rehabilitation medicine. Acute specialist services for children and older people have a multidisciplinary team that specialises in care for these age groups, and is led or supported by a consultant from the speciality.

Health and social care practitioners (consultants in rehabilitation medicine, geriatricians, paediatricians, nurses, allied health professionals, social workers and safeguarding teams) work together as part of a multidisciplinary trauma service to ensure that people with major trauma receive the specialist input they need to get the best outcomes.

Commissioners (NHS England) ensure that they commission services that have acute specialist services for rehabilitation after major trauma, and for children and older people. They monitor contracts and seek evidence that service providers have these available.

People who have had a major injury have access to specialist rehabilitation services to help them recover and get back to their normal activities as much as possible.

Children and older peoplewho have had a major injury have access to special services that care for their age group.

Source guidance

Major trauma: service delivery. NICE guideline NG40 (2016), recommendation 1.6.2

Definitions of terms used in this quality statement

Major trauma centre

A specialist hospital responsible for the care of the most severely injured patients involved in major trauma across the region. It provides 24/7 emergency access to consultantdelivered care for a wide range of specialist clinical services and expertise. It is optimised for the definitive care of injured patients. [NICE's full guideline on major trauma: assessment and initial management, glossary]

Acute specialist services for rehabilitation after major trauma

Specialist rehabilitation is the total active care of patients with complex disabilities by a multi-professional team who have undergone recognised specialist training in rehabilitation, led or supported by a consultant trained and accredited in rehabilitation medicine. [Healthcare Quality Improvement Partnership's report on specialist rehabilitation for patients with complex needs following major injury]

Acute specialist services for children and older people

Specialist inpatient acute paediatrics, acute ageing and complex medicine multidisciplinary teams that can ensure age-appropriate care for children and older people in hospital. They are led or supported by consultants in those specialities, and liaise closely with social workers and safeguarding teams. [Expert opinion]

Update information

November 2022: We made changes to statement 3 of this quality standard to align it with the updated <u>NICE guideline on fractures (complex): assessment and management</u>. The recommendation numbers, definitions and links to the source guidance have been updated. Data sources and links have also been updated throughout.

About this quality standard

NICE quality standards describe high-priority areas for quality improvement in a defined care or service area. Each standard consists of a prioritised set of specific, concise and measurable statements. NICE quality standards draw on existing NICE or NICE-accredited guidance that provides an underpinning, comprehensive set of recommendations, and are designed to support the measurement of improvement.

Expected levels of achievement for quality measures are not specified. Quality standards are intended to drive up the quality of care, and so achievement levels of 100% should be aspired to (or 0% if the quality statement states that something should not be done). However, this may not always be appropriate in practice. Taking account of safety, shared decision making, choice and professional judgement, desired levels of achievement should be defined locally.

Information about how NICE quality standards are developed is available from the NICE website.

See our <u>webpage on quality standard advisory committees</u> for details of standing committee 1 members who advised on this quality standard. Information about the topic experts invited to join the standing members is available from the <u>webpage for this quality standard</u>.

NICE has produced a <u>quality standard service improvement template</u> to help providers make an initial assessment of their service compared with a selection of quality statements. This tool is updated monthly to include new quality standards.

NICE guidance and quality standards apply in England and Wales. Decisions on how they apply in Scotland and Northern Ireland are made by the Scottish government and Northern Ireland Executive. NICE quality standards may include references to organisations or people responsible for commissioning or providing care that may be relevant only to England.

Diversity, equality and language

Equality issues were considered during development and equality assessments for this

<u>quality standard</u> are available. Any specific issues identified during development of the quality statements are highlighted in each statement.

Commissioners and providers should aim to achieve the quality standard in their local context, in light of their duties to have due regard to the need to eliminate unlawful discrimination, advance equality of opportunity and foster good relations. Nothing in this quality standard should be interpreted in a way that would be inconsistent with compliance with those duties.

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Endorsing organisation

This quality standard has been endorsed by NHS England, as required by the Health and Social Care Act (2012)

Supporting organisations

Many organisations share NICE's commitment to quality improvement using evidencebased guidance. The following supporting organisations have recognised the benefit of the quality standard in improving care for patients, carers, service users and members of the public. They have agreed to work with NICE to ensure that those commissioning or providing services are made aware of and encouraged to use the quality standard.

- Resuscitation Council (UK)
- Society and College of Radiographers (SOR)
- Royal College of Nursing (RCN)
- <u>Royal College of General Practitioners (RCGP)</u>
- College of Paramedics
- <u>Royal College of Radiologists</u>