

# NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

## QUALITY STANDARD TOPIC OVERVIEW

### 1 Quality standard title

Spondyloarthritis

### 2 Introduction

#### 2.1 *NICE quality standards*

NICE quality standards are a concise set of prioritised statements designed to drive measurable quality improvements within a particular area of health or care.

The standards are derived from high-quality guidance, such as that from NICE or [accredited](#) by NICE. They are developed independently by NICE, in collaboration with health, public health and social care practitioners, their partners and service users. Information on priority areas, people's experience of using services, safety issues, equality and cost impact are considered during the development process.

NICE quality standards are central to supporting the government's vision for a health and social care system that is focused on delivering the best possible outcomes for people who use services, as detailed in the [Health and Social Care Act \(2012\)](#).

The quality standard development process is described in detail on the [NICE website](#).

#### 2.2 *This topic overview*

This topic overview describes core elements of the quality standard. These include the population and topic to be covered, key source guidance to be used to underpin potential quality statements, any related quality standards,

published current practice information and national or routine indicators and performance measures.

If the source guidance is not NICE guidance, it should meet the minimum quality criteria defined in NICE's [accreditation programme](#).

### **3 This quality standard**

This quality standard is expected to publish in June 2018.

#### **3.1 Population and topic to be covered**

This quality standard will cover diagnosis and management of spondyloarthritis in adults who are 16 years or older.

Spondyloarthritis is a group of inflammatory conditions that have a range of manifestations. Spondyloarthritis may be predominantly:

- axial:
  - radiographic axial spondyloarthritis (ankylosing spondylitis)
  - non-radiographic axial spondyloarthritis or
- peripheral:
  - psoriatic arthritis
  - reactive arthritis
  - enteropathic spondyloarthritis.

#### **3.2 Key development sources (NICE and NICE-accredited sources)**

##### **Primary source**

- [Spondyloarthritis in over 16s: diagnosis and management](#) (2017) NICE guideline NG65.

##### **Other sources that may be used**

- British Society for Rheumatology (2016) [Guideline for the treatment of axial spondyloarthritis \(including ankylosing spondylitis\) with biologics](#)

- British Society for Rheumatology (2013) [Guideline for the treatment of psoriatic arthritis with biologics](#).
- [Psoriasis: assessment and management](#) (2012) NICE clinical guideline CG153

### **Key policy documents, reports and national audits**

Relevant policy documents, reports and national audits will be used to inform the development of the quality standard.

- Arthritis Research UK (2017) [State of musculoskeletal health 2017](#)
- Arthritis Research UK (2017) [Providing physical activity interventions for people with musculoskeletal conditions report](#)
- Arthritis Research UK (2016) [Working with arthritis](#)
- British Society for Rheumatology (2016) [National Clinical Audit for Rheumatoid and Early Inflammatory Arthritis: 2<sup>nd</sup> Annual Report](#)
- British Society for Rheumatology (2015) [The state of play in UK Rheumatology](#)

### **3.3 Related NICE quality standards**

#### **Published**

- [Low back pain and sciatica in over 16s](#) (2017) NICE quality standard 155
- [Medicines optimisation](#) (2016) NICE quality standard 120
- [Osteoarthritis](#) (2015) NICE quality standard 87
- [Psoriasis](#) (2013) NICE quality standard 40
- [Rheumatoid arthritis in over 16s](#) (2013) NICE quality standard 33
- [Patient experience in adult NHS services](#) (2012) NICE quality standard 15.

#### **Future quality standards**

This quality standard will be developed in the context of all quality standards referred to NICE, including the following quality standards scheduled for future development:

- Pain management (young people and adults)

The full list of quality standard topics referred to NICE is available from the [quality standard topic library](#) on the NICE website.

## **4 Existing indicators**

- None identified.

## **5 Further information**

See the NICE website for more information about [NICE quality standards](#) and the [progress of this quality standard](#).