

NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

QUALITY STANDARD TOPIC OVERVIEW

1 Quality standard title

Eating disorders

2 Introduction

2.1 *NICE quality standards*

NICE quality standards are a concise set of prioritised statements designed to drive measurable quality improvements within a particular area of health or care.

The standards are derived from high-quality guidance, such as that from NICE or [accredited](#) by NICE. They are developed independently by NICE, in collaboration with health, public health and social care practitioners, their partners and service users. Information on priority areas, people's experience of using services, safety issues, equality and cost impact are considered during the development process.

NICE quality standards are central to supporting the government's vision for a health and social care system that is focused on delivering the best possible outcomes for people who use services, as detailed in the [Health and Social Care Act \(2012\)](#).

The quality standard development process is described in detail on the [NICE website](#).

2.2 *This topic overview*

This topic overview describes core elements of the quality standard. These include the population and topic to be covered, key source guidance to be used to underpin potential quality statements, any related quality standards,

published current practice information and national or routine indicators and performance measures.

If the source guidance is not NICE guidance, it should meet the minimum quality criteria defined in NICE's [accreditation programme](#).

3 This quality standard

This quality standard is expected to publish in April 2018.

3.1 Population and topic to be covered

This quality standard will cover identification, assessment, management, treatment, service organisation and delivery in children, young people and adults with an eating disorder.

3.2 Key development sources (NICE and NICE-accredited sources)

Primary source

- [Eating disorders: recognition and treatment](#) (2017) NICE guideline NG69.

Other sources that may be used

- Royal College of Psychiatrists (2014) [MARSIPAN: Management of really sick patients with Anorexia Nervosa](#)
- Joint Commissioning Panel for Mental Health (2013) [Guidance for commissioners of eating disorder services](#)
- Royal College of Psychiatrists (2012) [Junior MARSIPAN: Management of Really Sick Patients under 18 with Anorexia Nervosa](#)

Key policy documents, reports and national audits

Relevant policy documents, reports and national audits will be used to inform the development of the quality standard.

- NHS England (2015) [Access and waiting time standard for children and young people with an eating disorder: commissioning guide](#)

- NHS Digital (2017) [Provisional Monthly Hospital Episode Statistics for Admitted Patient Care, Outpatients and Accident and Emergency Data - April 2016 to February 2017](#)
- NHS England (2013) [NHS Standard Contract for specialised eating disorders adults](#)
- NHS England (2013) [NHS Standard Contract for severe obsessive compulsive disorder and body dysmorphic disorder service \(adults and adolescents\)](#)
- Royal College of Psychiatrists (2012) [Eating disorders in the UK: service distribution, service development and training](#)

3.3 Related NICE quality standards

Published

- [Transition from children's to adults' services](#) (2016) NICE quality standard 140.
- [Diabetes in adults](#) (update, 2016) NICE quality standard 6.
- [Diabetes in children and young people](#) (2016) NICE quality standard 125.
- [Anxiety disorders](#) (2014) NICE quality standard 53.
- [Depression in children and young people](#) (2013) NICE quality standard 48.
- [Self-harm](#) (2013) NICE quality standard 34.
- [Service user experience in adult mental health services](#) (2011) NICE quality standard 14.
- [Depression in adults](#) (2011) NICE quality standard 8.

In development

- [Transition between inpatient mental health settings and community and care homes](#). Publication expected August 2017.

Future quality standards

This quality standard will be developed in the context of all quality standards referred to NICE. The full list of quality standard topics referred to NICE is available from the [quality standard topic library](#) on the NICE website.

4 Existing indicators

- NICE menu CCG66: [Proportion of children and young people with diabetes who receive the following individual care processes in the past 12 months:](#) • [Glycated Haemoglobin A1c \(HbA1c\) monitoring](#) • [Body Mass Index \(BMI\)](#) • [Blood pressure](#) • [Urinary Albumin](#) • [Eye screening](#) • [Foot examination](#) • [Smoking](#) • [Screening for thyroid disease](#) • [Psychological assessment](#)

5 Further information

See the NICE website for more information about [NICE quality standards](#) and the [progress of this quality standard](#).