

NATIONAL INSTITUTE FOR HEALTH AND CLINICAL EXCELLENCE

QUALITY STANDARD TOPIC OVERVIEW

1 Quality standard title

Smoking cessation: supporting people to stop smoking.

2 Background

This will be an NHS facing quality standard, and as such will only include services provided or commissioned by the NHS.

NICE quality standards are concise sets of statements designed to drive and measure priority quality improvements within a particular topic.

NICE quality standards are derived from NICE guidance and other guidance [accredited](#) by NICE. Quality standards are developed independently by NICE, in collaboration with NHS and social care professionals, their partners and service users. Recommendations relating to effectiveness and cost effectiveness, people's experience of using services, safety issues, equality and cost impact are considered during the development process.

NICE quality standards are central to supporting the Government's vision for an NHS and social care system that is focused on delivering the best possible outcomes for people who use services as detailed in the [Health and Social Care Act \(2012\)](#).

The quality standard development process is described in detail on the [NICE website](#).

3 Topic overview

This topic overview describes core elements of the quality standard. These include the population and topic to be covered, key source guidance to be used to underpin potential quality statements, any related NICE guidance and quality standards, published current practice information and national or

routine indicators and performance measures. If the source guidance is not NICE guidance, it should meet the minimum quality criteria defined in NICE's [accreditation](#) programme.

3.1 Timing

The development of the quality standard will begin in January 2013 following the first QSAC meeting.

4 Population and topic to be covered

This quality standard will cover referral to and delivery of smoking cessation services provided or commissioned by the NHS.

5 Key development sources (NICE and NICE accredited sources)

5.1 Primary sources

- [Tobacco – harm reduction](#). NICE public health guidance (expected May 2013)
- [Quitting smoking in pregnancy and following childbirth](#). NICE public health guidance 26 (2010).
- [Smoking cessation services in primary care, pharmacies, local authorities and workplaces, particularly for manual working groups, pregnant women and hard to reach communities](#). NICE public health guidance 10 (2008).
- [Reducing the rate of premature deaths from cardiovascular disease and other smoking-related diseases: finding and supporting those most at risk and improving access to services](#). NICE public health guidance 15 (2008).
- [Brief interventions and referral for smoking cessation](#). NICE public health guidance 1 (2006).

5.2 Other sources that may be used

- [Smokeless tobacco cessation - South Asian communities](#). NICE public health guidance 39 (2012).

- [School-based interventions to prevent the uptake of smoking among children](#). NICE public health guidance 23 (2010).
- [Preventing the uptake of smoking by children and young people](#). NICE public health guidance 14 (2008).
- [Workplace interventions to promote smoking cessation](#). NICE public health guidance 5 (2007).

5.3 NICE guidance under development

- [Smoking cessation - mental health services](#). NICE public health guidance (expected November 2013)
- [Smoking cessation - acute and maternity services](#). NICE public health guidance (expected November 2013).

6 Related NICE quality standards

6.1 Published

- [Antenatal care](#). NICE quality standard 22 (2012)
- [Lung cancer](#). NICE quality standard 17 (2012)
- [Patient experience in adult NHS services](#). NICE quality standard 15 (2012)
- [Chronic obstructive pulmonary disease \(COPD\)](#). NICE quality standard 10 (2011)
- [Diabetes in adults](#). NICE quality standard 6 (2011).

6.2 Quality standards topic library

In March 2012, the Department of Health referred a [library of quality standard topics](#) for the NHS to NICE for development.

The [NICE library of quality standards](#) (published and in development) covers many of the diseases associated with smoking.

7 Key policy documents, reports and national audits

Relevant national policy documents, reports and audits will be used to inform the development of the quality standard.

- Department of Health (2012) [Local stop smoking services – Key updates to the 2011/12 service delivery and monitoring guidance for 2012/13.](#)
- Department of Health (2011) [Healthy lives, healthy people: a tobacco control plan for England.](#)
- Department of Health (2011) [Stop smoking service delivery and monitoring guidance 2011/12.](#)
- Department of Health (2010) [A smokefree future: a comprehensive tobacco control strategy for England.](#)
- Department of Health (2009) [Tackling health inequalities: targeting routine and manual smokers in support of the Public Service Agreement smoking prevalence and health inequality targets.](#)
- Department of Health (2008) [Excellence in tobacco control: 10 high impact changes to achieve tobacco control.](#)

8 Existing indicators

The [public health outcomes framework](#) contains a number of smoking related indicators:

- Smoking status at time of delivery
- Smoking prevalence – 15 year olds
- Smoking prevalence – adult (over 18s)

There are a number of smoking-related indicators in the 2012/13 Quality and Outcome Framework (QOF), as outlined in [QOF guidance published by NHS Employers](#):

- SMOKING 5. The percentage of patients with any or any combination of the following conditions: CHD, PAD, stroke or TIA, hypertension, diabetes,

COPD, CKD, asthma, schizophrenia, bipolar affective disorder or other psychoses whose notes record smoking status in the preceding 15 months (NICE 2011 menu ID: NM38).

- SMOKING 6. The percentage of patients with any or any combination of the following conditions: CHD, PAD, stroke or TIA, hypertension, diabetes, COPD, CKD, asthma, schizophrenia, bipolar affective disorder or other psychoses who smoke whose notes contain a record of an offer of support and treatment within the preceding 15 months (NICE 2011 menu ID: NM39).
- SMOKING 7. The percentage of patients aged 15 years and over whose notes record smoking status in the preceding 27 months.
- SMOKING 8. The percentage of patients aged 15 years and over who are recorded as current smokers who have a record of an offer of support and treatment within the preceding 27 months (NICE 2011 menu ID: NM40).
- PP2 (cardiovascular disease – primary prevention). The percentage of patients diagnosed with hypertension (diagnosed after 1 April 2009) who are given lifestyle advice in the preceding 15 months for: increasing physical activity, smoking cessation, safe alcohol consumption and healthy diet.
- ASTHMA 10. The percentage of patients with asthma between the ages of 14 and 19 years in whom there is a record of smoking status in the preceding 15 months.
- Information 5. The practice supports smokers in stopping smoking by a strategy which includes providing literature and offering appropriate therapy.

QOF indicators have been developed by NICE since 2009, and indicators from this process are published on the [NICE menu of indicators](#).

[QOF data](#) are published annually by the [Health and Social Care Information Centre](#) (the latest available information is for 2011/12).

The [Health and Social Care Information Centre](#) (2012) also publish a number of other smoking indicators:

- Smoking cessation advice for smokers with selected conditions.
- Cigarette smoking.
- Smoking among patients with selected conditions.
- Local basket of indicators (LBOI) Indicator 7.1 – The number of smokers who had successfully quit at the four week follow up.
- LBOI Indicator 13.14 – Rate of deaths attributable to smoking in persons older than 35.
- Cotinine level.
- Whether the respondents smoke, from the GP Patient Survey.

9 Further information

[More information about NICE quality standards](#) and [the progress of this quality standard](#) is available from the NICE website¹.

Information on the quality standard development process is provided in:

- [Developing NICE quality standards: process guide](#).

¹ www.nice.org.uk