# NATIONAL INSTITUTE FOR HEALTH AND CLINICAL EXCELLENCE

#### QUALITY STANDARD SCOPE

## 1 Quality standard title

The management of lower urinary tract symptoms in men.

## 2 Quality standards

NICE quality standards are a set of specific, concise statements that act as markers of high-quality, cost-effective patient care, covering the prevention and treatment of different diseases and conditions.

NICE quality standards are derived from the best available evidence, such as NICE guidance and NICE accredited sources. They are developed independently by NICE, in collaboration with the NHS, social care professionals, and their partners and service users, and address clinical and cost effectiveness, patient safety and patient experience.

This work is intended to help the NHS focus on delivering the best possible outcomes for patients.

The quality standard development process is described in detail on the NICE website (see section 5, 'Further information').

#### 3 This standard

This scope defines what the standard will (and will not) consider. It is based on the referral from the Department of Health and has been drafted following the first meeting of the Topic Expert Group.

The areas that will be considered by the standard are described in the following sections.

## 3.1 Population

#### 3.1.1 Groups that will be covered

- a) Men aged 18 years and over with lower urinary tract symptoms.
- b) No subgroups of men have been identified as needing specific consideration.

#### 3.1.2 Groups that will not be covered

- a) Men with chronic pelvic pain or infection.
- b) Men younger than 18 years with lower urinary tract symptoms.
- c) Women with lower urinary tract symptoms.

## 3.2 Healthcare settings

a) Primary and secondary care.

#### 3.3 Areas of care

The areas of care of a patient's pathway used to inform the development of the quality statements are set out in section 3.3.1. During the development of the standard the Topic Expert Group will decide which of these areas are suitable for quality statements and measures. The draft quality statements and measures will be the subject of a public consultation. The content of the quality standard statements may change during the process and may differ after consultation with stakeholders.

#### 3.3.1 Areas of care that will be considered

- a) Initial assessment including physical examination, digital rectal examination, and urinary frequency volume chart.
- b) Conservative management including urethral milking and advice on lifestyle interventions.
- c) Drug treatment.

- d) Specialist assessment.
- e) Surgery for voiding symptoms.
- f) Containment products.

#### 3.3.2 Areas of care that will not be considered

- a) Discuss active surveillance/intervention and review drug treatment.
- b) Management of urinary retention.

## 3.4 Economic aspects

The Topic Expert Group will take into account both clinical and cost effectiveness when prioritising the quality statements to be included in the quality standard. The economic evidence will be considered, and the cost and commissioning impact of implementing the quality standard will be assessed.

### 3.5 Timing

The development of the quality standard began in October 2012.

# 4 Key development sources

Relevant NICE guidance (published) will be used to develop the quality standard. If available, other NICE-accredited sources will also be used.

#### 4.1 Published sources

- Lower urinary tract symptoms. NICE clinical guideline 97 (2010).
- Referral guidelines for suspected cancer. NICE clinical guideline 27 (2005)
  (last modified April 2011).

# 4.2 Related NICE quality standards

#### 4.2.1 Published standards

Patient experience in adult NHS services. NICE quality standard (2012).

# 4.2.2 Standards referred to the core library but not yet in development

- Urinary tract infection in children
- Urinary tract infections
- Urinary incontinence in women.
- · Prostate cancer.
- Referral for suspected cancer.

## 4.3 Key policy documents and national audits

Relevant national audits and policy documents will be used to inform the development of the quality standard.

• Royal College of Physicians (2010) National audit of continence care.

### 5 Further information

More information on quality standards is available in <u>Healthcare quality</u> <u>standards: process guide</u>. Information on the <u>progress of this quality standard</u> is also available.