

NATIONAL INSTITUTE FOR HEALTH AND CLINICAL EXCELLENCE

QUALITY STANDARD TOPIC OVERVIEW

1 Quality standard title

Depression in children and young people

2 Quality standard background

A NICE quality standard is a concise set of statements designed to drive and measure priority quality improvements within a particular area of care.

A NICE quality standard is derived from NICE guidance and other guidance accredited by [NICE](#). They are developed independently by NICE, in collaboration with NHS and social care professionals, their partners and service users. Recommendations relating to effectiveness and cost effectiveness, people's experience of using services, safety issues, equality and cost impact are considered during the development process.

NICE quality standards are central to supporting the Government's vision for an NHS and social care system that is focused on delivering the best possible outcomes for people who use services as detailed in the [Health and Social Care Act \(2012\)](#).

The quality standard development process is described in detail on the [NICE website](#).

3 Topic overview

This topic overview describes core elements of the quality standard. These include the population and condition to be covered, key source guidance to be used to underpin potential quality statements, any related quality standards, published current practice information from national policy documents, reports and audits, and national or routine indicators and performance measures.

Where the source guidance is not NICE guidance, it should meet the minimum quality criteria defined in NICE's [accreditation](#) programme.

3.1 Timing

The development of the quality standard will begin in January 2013 and is expected to take 10 months to complete.

4 Population and condition to be covered

This quality standard will cover the care of children and young people (aged under 18 years) with depression.

5 Key development sources (NICE and NICE accredited sources)

Primary source

- [Depression in children and young people](#). NICE clinical guideline 28 (2005).

Other sources that may be used in the development of the quality standard

- None.

6 Related NICE quality standards

Published

- [Depression in adults](#). NICE quality standard 8 (2011).

In development

- Self-harm. NICE quality standard. Publication date to be confirmed.

Quality standards topic library

In March 2012, the Department of Health referred a [library of quality standard topics](#) for the NHS to NICE for development.

This quality standard will be developed in the context of the following NICE quality standards, including the following quality standards scheduled for future development:

- Anxiety. NICE quality standard. Publication date to be confirmed.

7 Key policy documents and national audits

Relevant national policy documents will be used to inform the development of the quality standard.

- Department of Health (2012) [Improving Access to Psychological Therapies \(IAPT\) programme](#).
- Department of Health (2012) [No health without mental health: implementation framework](#).
- Department of Health (2012) [Preventing suicide in England](#)
- Department of Health (2011) [Launch of phase one of children and young people's IAPT](#).
- Department of Health (2011) [Delivering better mental health outcomes for people of all ages](#).
- Department of Health (2011) [Talking therapies: a four year plan of action](#).
- Royal College of Psychiatrists (2011) [National audit of psychological therapies for anxiety and depression](#).
- Department for Children, Schools and Families and the Department of Health (2010) [Keeping children and young people in mind: the Government's full response to the independent review of CAMHS](#).
- Department of Health (2009) [Improving access to child and adolescent mental health services](#).
- Department of Health, Department for Children, Schools and Families (2009) [Healthy lives, brighter futures: the strategy for children and young people's health](#).
- HM Government (2009) [New horizons: a shared vision for mental health](#).

8 Existing indicators

None identified.

9 Further information

[More information about NICE quality standards](#) and [the progress of this quality standard](#) is available from the [NICE website](#)¹.

Information on the quality standard development process is provided in:

- [‘Developing NICE quality standards: interim process guide’](#).

¹ www.nice.org.uk