## NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

#### QUALITY STANDARD TOPIC OVERVIEW

## 1 Quality standard title

Personality disorders (borderline and antisocial)

### 2 Introduction

## 2.1 NICE quality standards

NICE quality standards are a concise set of prioritised statements designed to drive measurable quality improvements within a particular area of health or care.

The standards are derived from high-quality guidance, such as that from NICE or <u>accredited</u> by NICE. They are developed independently by NICE, in collaboration with health, public health and social care practitioners, their partners and service users. Information on priority areas, people's experience of using services, safety issues, equality and cost impact are considered during the development process.

NICE quality standards are central to supporting the Government's vision for a health and social care system that is focused on delivering the best possible outcomes for people who use services, as detailed in the <u>Health and Social</u> <u>Care Act (2012)</u>.

The quality standard development process is described in detail on the <u>NICE</u> website.

## 2.2 This topic overview

This topic overview describes core elements of the quality standard. These include the population and topic to be covered, key source guidance to be used to underpin potential quality statements, any related quality standards,

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published current practice information and national or routine indicators and performance measures.

If the source guidance is not NICE guidance, it should meet the minimum quality criteria defined in NICE's <u>accreditation</u> programme.

## 3 This quality standard

The development of the quality standard will begin in July 2014 and is expected to take 10 months to complete.

## 3.1 Population and topic to be covered

This quality standard will cover treating and managing borderline and antisocial personality disorders. For borderline personality disorder this quality standard will apply to adults and young people under 18. For antisocial personality disorder this quality standard will apply to adults over 18 only.

NICE quality standard 59 covers antisocial behaviour and conduct disorder in children and young people.

# 3.2 Key development sources (NICE and NICE-accredited sources)

#### **Primary sources**

- Borderline personality disorder. NICE clinical guideline 78 (2009).
- Antisocial personality disorder. NICE clinical guideline 77 (2009).

#### Key policy documents, reports and national audits

Relevant policy documents, reports and national audits will be used to inform the development of the quality standard.

- Closing the gap: priorities for essential change in mental health.
   Department of Health (2014).
- No health without mental health: implementation framework. Department of Health (2012).
- Prescribing for people with borderline personality disorder. Royal College of Psychiatrists, Prescribing Observatory for Mental Health (2012).
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- No health without mental health: a cross-government mental health outcomes strategy for people of all ages. Department of Health (2011).
- No health without mental health: delivering better mental health outcomes for people of all ages. Department of Health (2011).
- A guide to working with offenders with personality disorders. Department of Health (2011).

## 3.3 Related NICE quality standards

#### **Published**

- Antisocial behaviour and conduct disorders in children and young people.
   NICE quality standard 59 (2014).
- Anxiety disorders. NICE quality standard 53 (2014).
- Smoking cessation: supporting people to stop smoking. NICE quality standard 43 (2013).
- <u>Self-harm</u>. NICE quality standard 34 (2013).
- Drug use disorders. NICE quality standard 23 (2012).
- <u>Service user experience in adult mental health</u>. NICE quality standard 14 (2011).
- Alcohol dependence and harmful alcohol use. NICE quality standard 11 (2011).
- <u>Depression in adults</u>. NICE quality standard 8 (2011).

#### In development

- Alcohol: preventing harmful alcohol use in the community. Publication expected December 2014.
- <u>Psychosis and schizophrenia in adults</u>. Publication expected February 2015.
- Bipolar disorder in adults. Publication expected June 2015.

#### **Future quality standards**

This quality standard will be developed in the context of all quality standards referred to NICE, including the following quality standards scheduled for future development:

• Eating disorders.

## 4 Existing indicators

No specific borderline or antisocial personality disorder indicators have been identified. However, wider mental health indicators that include personality disorders have been identified.

- Adults Social Care Outcomes Framework within the 'Enhancing quality of life for people with care and support needs' domain includes:
  - proportion of adults in contact with secondary mental health services in paid employment
  - proportion of adults in contact with secondary mental health services
     living independently, with or without support.
- <u>Clinical Commissioning Group Indicators</u> within the 'Enhancing quality of life for people with long term conditions' domain include:
  - access to community mental health services by people from black,
     Asian and minority ethnic groups
  - access to psychological therapies services by people from black, Asian and minority ethnic groups.
- NHS Outcomes Framework within the five domain includes improvement areas on:
  - preventing people from dying prematurely: excess under 75 mortality
     rate in adults with serious mental illness
  - enhancing quality of life for people with mental illness: employment of people with mental illness
  - ensuring people have a positive experience of care: patient experience of community mental health services.
- No health without mental health: mental health dashboard (Department of Health).

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- <u>Public Health Outcomes Framework</u> within the 'Wider determinants of health' domain includes:
  - proportion of adults in contact with secondary mental health services
     who live in stable and appropriate accommodation
  - gap in the employment rate for those in contact with secondary mental health services and the overall employment rate.

## 5 Further information

See the NICE website for more information about <u>NICE quality standards</u> and the <u>progress of this quality standard</u>.