

# Spesolimab for treating generalised pustular psoriasis flares

Information for the public

Published: 18 June 2025

[www.nice.org.uk](http://www.nice.org.uk)

Spesolimab (Spevigo) is available on the NHS as a possible treatment for generalised pustular psoriasis (GPP) flares in adults. It should only be used to treat:

- moderate to severe flares that have not been treated with spesolimab before (initial flares) when:
  - the Generalized Pustular Psoriasis Physician Global Assessment (GPPGA) total score is 3 or more (at least moderate), and
  - there are new or worsened pustules, and
  - the GPPGA pustulation subscore is at least 2 (at least mild), and
  - at least 5% of the body's surface area is abnormally red (erythema) and has pustules, or
- subsequent flares with a GPPGA pustulation subscore of 2 or more (at least mild), if the last flare was treated with spesolimab and improved to a GPPGA pustulation subscore of 0 or 1 (clear or almost clear skin).

A second dose of spesolimab can be used for flares that have not got better (GPPGA pustulation subscore of 0 or 1) after 8 days.

When assessing your GPPGA score, your healthcare professional should consider how your natural skin colour might affect your score and make adjustments if necessary.

## Is this treatment right for me?

Your healthcare professionals should give you clear information, talk with you about your options and listen carefully to your views and concerns. Your family can be involved too, if you wish. See [our webpage on making decisions about your care](#).

## Questions to think about

- How well does it work compared with other treatments?
- What are the risks or side effects? How likely are they?
- How will the treatment affect my day-to-day life?
- What happens if the treatment does not work?
- What happens if I do not want to have treatment? Are there other treatments available?

## Information and support

The [NHS webpage on psoriasis](#) may be a good place to find out more.

These organisations can give you advice and support:

- [Psoriasis and Psoriatic Arthritis Alliance \(PAPAA\)](#), 01923 672837
- [Psoriasis Association](#), 01604 251 620

You can also get support from your local [Healthwatch](#).

NICE is not responsible for the quality or accuracy of any information or advice provided by these organisations.

ISBN: 978-1-4731-7060-5