

Guselkumab for treating moderately to severely active ulcerative colitis

Information for the public

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Guselkumab (Tremfya) is available on the NHS. It is a possible treatment for moderately to severely active ulcerative colitis in adults when:

- a conventional treatment, biological treatment or Janus kinase (JAK) inhibitor:
 - has not worked well enough, or
 - cannot be tolerated, and
- a tumour necrosis factor (TNF)-alpha inhibitor:
 - has not worked well enough, or
 - cannot be tolerated, or
 - is unsuitable.

If you are not eligible for guselkumab but are already having it, you should be able to continue until you and your doctor decide when best to stop.

Is this treatment right for me?

Your healthcare professionals should give you clear information, talk with you about your options and listen carefully to your views and concerns. Your family can be involved too, if you wish. See [our webpage on shared decision making](#).

Questions to think about

- How well does it work compared with other treatments?
- What are the risks or side effects? How likely are they?
- How will the treatment affect my day-to-day life?
- What happens if the treatment does not work?
- What happens if I do not want to have treatment? Are there other treatments available?

Information and support

The [NHS webpage on ulcerative colitis](#) may be a good place to find out more.

[Crohn's and Colitis UK](#), 0300 222 5700, can give you advice and support.

You can also get support from your local [Healthwatch](#).

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