

# Chronic obstructive pulmonary disease



## Actions to take after a confirmed diagnosis

### Fundamentals of care

If relevant, address these points at **every review, before referral to a specialist, and before considering biological therapy.**

#### 1 Offer treatment and support to stop smoking

See the [NICE guideline on tobacco: preventing uptake, promoting quitting and treating independence.](#)

#### 2 Offer pneumococcal vaccination and annual influenza vaccination

See the [UK Health Security Agency \(UKHSA\) Green Book.](#)

#### 3 Offer pulmonary rehabilitation if indicated

See [NICE's early value assessment on digital technologies to deliver pulmonary rehabilitation programmes for adults with COPD](#) as an option.

#### 4 Co-develop a personalised self-management plan

See [NICE's early value assessment on digital technologies to support self-management of COPD](#) as an option.

#### 5 Optimise treatment for comorbidities

See the [NICE guideline on multimorbidity: clinical assessment and management.](#)

#### 6 Assess inhaler technique

Provide support to improve technique and consider an alternative device if appropriate.