# NATIONAL INSTITUTE FOR HEALTH AND CLINICAL EXCELLENCE

## **GUIDANCE EXECUTIVE (GE)**

#### Consideration of consultation responses on review proposal

### Review of TA 136; Structural neuroimaging in first-episode psychosis

This guidance was issued February 2008 with a review date of January 2011.

#### Background

At the GE meeting of 29 March 2011 it was agreed we would consult on the review plans for this guidance. A four week consultation has been conducted with consultees and commentators and the responses are presented below.

Proposal put to consultees:	A review of the guidance should be transferred to the 'static guidance' list	
Rationale for selecting this proposal	The cost effectiveness of structural neuroimaging for first episode psychosis could not be established without further information on the prevalence of treatable lesions in the population under test. Unfortunately no further information could be found on this crucial issue, and none is anticipated. Therefore it is appropriate to move this guidance to the static list.	

GE is asked to consider the original proposal in the light of the comments received from consultees and commentators, together with any responses from the appraisal team. It is asked to agree on the final course of action for the review.

Recommendation	Guidance should be transferred to the static list.
post consultation:	

Respondent	Response to proposal	Details	Comment from Technology Appraisals
British Association for Psychopharmacology	Disagree	I understand you are collecting opinion on the issue whether new evidence has emerged to suggest a full review should be undertaken to establish what would be the benefit of a routine MRI scan in first episode psychosis. Unfortunately, the studies conducted to date are few and there have been no recent studies that could inform guidelines. This is certainly an area where more evidence is needed in order to inform guidelines. Possible organic causes for psychosis need to be excluded when patients present with these symptoms: if these are due to an underlying organic pathology, and patients do not have schizophrenia or another 'functional' psychosis, they will not respond to psychiatric treatment, and appropriate treatment for the organic underlying cause will be delayed.	Comments noted. Thank you for highlighting the ongoing studies in this area. As stated in your comments there is currently no new evidence that would affect the recommendations in the existing guidance. If new evidence becomes available a future review would be conducted.
	le e fr 2 c p w o w t t	The presence of an organic pathology, requiring different levels of intervention, or a referral to a specialist, has been estimated, in the studies available to date, to vary widely, from 1-10% (Woolley & McGuire, 2005; McGuire, 2007) to 20% (Lubman et al, 2002). These studies have been conducted in samples not representative of the population presenting to the services with a first psychotic episode, which is the one that could most benefit from the inclusion of MRI among the routine assessment of any presentation with a first psychotic episode. Considering MRI scanning is the most effective means of detecting organic causes of psychosis, this is potentially a great tool available to guide	

Respondent	Response to proposal	Details	Comment from Technology Appraisals
		<ul> <li>clinical decisions.</li> <li>In view of these considerations, many countries have included MRI in the initial assessment of psychosis (American Psychiatric Association, 2004; Royal Australian &amp; New Zealand Psychiatric Association, 2005). In the UK, NICE considered this issue, but in the first round of discussion deferred the decision in view of the lack of large studies and of studies conducted in more representative samples. More recently a EU funded study (Optimise) is taking place across several countries in Europe, and one of the main aims of the study is specifically to fill this gap. I am one of the Lead Investigators in this study, and I trust the results will provide the much needed evidence that can inform guidelines.</li> <li>Although we agree that there is currently no new evidence, we are aware of at least two large studies looking at predictors of treatment and course outcome using structural MRI, and we anticipate these important data will become available in the future months. We would therefore recommend that the review should be deferred for at least one year</li> </ul>	

Respondent	Response to proposal	Details	Comment from Technology Appraisals
Department of Health	Agree	We have no problem with this guidance moving to the static list, providing that it can easily be put back on the active list as and when new relevant evidence comes to light	Comment noted. Topics on the static list may be transferred back to the active list for further appraisal if new evidence becomes available that is likely to have a material effect on the existing guidance.
British Psychological Society	No comment		Comment noted.
Healthcare Improvement Scotland	No comment		Comment noted.
Public Health Wales NHS Trust	Agree	We agree with the proposal to move the guidance to the static list	Comment noted.
Royal College of Nursing	Agree	Nurses caring for people with psychosis were invited to comment on the proposal to move the TA136: use of structural neuroimaging in first-episode psychosis guidance to the static list. The feedback received indicates that they are not aware of	Comment noted.
		any changes in evidence and therefore agree that the guidance should move to the static list.	

# No response received from:

Manufacturers/sponsors	General
<ul> <li>Esaote</li> <li>Fonar Corp</li> <li>GE Medical Systems</li> <li>Hitachi Medical Corporation</li> <li>Phillips Medical Systems</li> <li>Siemens Medical Solutions</li> <li>Toshiba Medical Systems</li> </ul>	<ul> <li>Association of British Healthcare Industries</li> <li>Board of Community Health Councils in Wales</li> <li>Care Quality Commission</li> <li>Commissioning Support Appraisals Service</li> <li>Department of Health, Social Services and Public Safety for Northern Ireland</li> <li>EUCOMED</li> <li>Hafal</li> </ul>
Patient/carer groups	Medicines and Healthcare products Regulatory Agency     MIND Cumru
<ul> <li>Afiya Trust</li> <li>Black Health Agency</li> <li>Chinese Mental Health Association</li> <li>Chinese National Healthy Living Centre</li> <li>Counsel and Care</li> <li>Equalities National Council</li> <li>Making Space</li> </ul>	<ul> <li>MIND Cymru</li> <li>National Association of Primary Care</li> <li>National Mental Health Development Unit</li> <li>NHS Alliance</li> <li>NHS Commercial Medicines Unit</li> <li>NHS Confederation</li> <li>Scottish Medicines Consortium</li> </ul>
<ul> <li>Mental Health Foundation</li> <li>Mental Health Matters</li> </ul>	Comparator manufacturers
<ul> <li>Mental Health Providers Forum</li> <li>MIND</li> </ul>	• None
Muslim Council of Britain	Relevant research groups
<ul> <li>Muslim Health Network</li> <li>National Perceptions Forum</li> <li>Rethink</li> <li>SANE</li> <li>South Asian Health Foundation</li> </ul>	<ul> <li>Cochrane Schizophrenia Group</li> <li>Institute of Psychiatry</li> <li>MRC Clinical Trials Unit</li> <li>National Institute for Health Research</li> </ul>

<ul> <li>Specialised Healthcare Alliance</li> <li>Together: Working for Wellbeing</li> </ul>	<ul> <li>National Primary Care Research &amp; Development Centre</li> <li>Research Institute for the Care of Older People</li> </ul>
<ul> <li>UK Advocacy Network</li> </ul>	• Research institute for the bare of bluer respic
<ul> <li>United Response</li> </ul>	Assessment Group
<ul> <li>WISH – A Voice for Women's Mental Health</li> </ul>	National Institute for Health Research Health Technology
YoungMinds	Assessment Programme
	• Tbc
Professional groups	
	Associated Guideline groups
British Association for Counselling and Psychotherapy	
British Association for Services to the Elderly	National Collaborating Centre for Mental Health
British Association of Behavioural and Cognitive	
Psychotherapies	Associated Public Health groups
British Association of Psychotherapists	• tbc
British Confederation of Psychotherapists	• tbc
British Geriatrics Society	
British Institute of Radiology	
British Neuropsychiatry Association	
Counsellors and Psychotherapists in Primary Care	
Mental Health Nurses Association	
Primary Care Mental Health Education	
Royal College of General Practitioners	
Royal College of Pathologists	
Royal College of Physicians	
Royal College of Psychiatrists	
Royal College of Radiologists	
Royal Society of Medicine	
Society of Radiographers	
United Kingdom Clinical Pharmacy Association	
United Kingdom Council for Psychotherapy	

United Kingdom Psychiatric Pharmacy Group	
<u>Others</u>	
Isle of Wight NHS Primary Care Trust	
North Tyneside PCT	
Welsh Assembly Government	

**GE paper sign-off:** Elisabeth George, Associate Director – Technology Appraisals Programme

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