

**HEALTH TECHNOLOGY APPRAISAL: NICE Health Technology
Appraisal - Assessment Report**

On

**Continuous Positive Airways Pressure (CPAP) for the treatment of
obstructive sleep apnoea/hypopnoea syndrome (OSAHS)**

TO: NICE

**FROM: NHS Quality
Improvement Scotland**

This document is the most complete review of the use of CPAP / mandibular advancement devices yet written and demonstrates their uses in a reasonable and unbiased review. The review has been written in a well authenticated fashion and draws appropriate conclusions. Although I and many other Respiratory / Sleep Physicians use CPAP commonly in our patient populations and have seen convincing clinical benefits from its use this document clearly outlines the evidence base which now exists to support the use of CPAP and mandibular splint devices in patients with varying severities of sleep apnoea and will hopefully allow NICE to recommend the use of CPAP and mandibular splint devices.

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11 July 2007