

# Reslizumab for treating severe eosinophilic asthma

Information for the public

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Reslizumab (Cinqaero) is available on the NHS. It is a possible additional treatment for severe eosinophilic asthma in adults, if all of the following apply:

- the number of eosinophils in their blood has been high (400 cells/microlitre or more) and
- their asthma worsened at least 3 times in the last 12 months and
- they are taking high-dose inhaled corticosteroids plus another drug.

Reslizumab can be continued after 12 months only if it is working well enough.

If you are not eligible for reslizumab but are already taking it, you should be able to continue until you and your doctor decide when best to stop.

## Is this treatment right for me?

Your healthcare professionals should give you clear information, talk with you about your options and listen carefully to your views and concerns. Your family can be involved too, if you wish. Read more about [making decisions about your care](#).

## Questions to think about

- How well does it work compared with other treatments?
- What are the risks or side effects? How likely are they?
- How will the treatment affect my day-to-day life?
- What happens if the treatment does not work?
- What happens if I do not want to have treatment? Are there other treatments available?

## Information and support

[NHS Choices](#) may be a good place to find out more.

These organisations can give you advice and support:

- [Asthma UK](#), 0300 222 5800
- [Allergy UK](#), 0132 261 9898
- [Action Against Allergy](#), 0208 892 2711
- [British Lung Foundation](#), 0300 003 0555

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