Sotagliflozin with insulin for treating type 1 diabetes

Information for the public
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Sotagliflozin with insulin is available on the NHS as a possible treatment for type 1 diabetes in adults if all of the following apply:

- It's given as a 200 mg tablet every day.
- You're on an insulin dose of more than 0.5 units per kg of body weight per day.
- You have taken part in an education programme about your diabetes that includes information about how to spot diabetic ketoacidosis and what to do about it. Diabetic ketoacidosis is a serious problem that can occur in people with diabetes if their body starts to run out of insulin.
- Your treatment is started and supervised by a consultant who specialises in endocrinology (the study of hormones) and diabetes.

Your blood glucose levels should be checked after 6 months and regularly after that. You should stop taking sotagliflozin if your blood glucose levels do not improve.

Is this treatment right for me?

Your healthcare professionals should give you clear information, talk with you about your options and listen carefully to your views and concerns. Your family can be involved too, if you wish. Read more about making decisions about your care.

Questions to think about

- How well does it work compared with other treatments?
- What are the risks or side effects? How likely are they?
- How will the treatment affect my day-to-day life?
- What happens if the treatment does not work?
- What happens if I do not want to have treatment? Are there other treatments available?

Information and support

The NHS website may be a good place to find out more.

These organisations can give you advice and support:

- Diabetes UK, 0345 123 2399
- JDRF, 020 7713 2030

You can also get support from your local Healthwatch.

NICE is not responsible for the quality or accuracy of any information or advice provided by these organisations.

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