

Rimegepant for preventing migraine

Information for the public

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Rimegepant (Vyndura) is available on the NHS as a possible treatment for migraine in adults if they have:

- between 4 and 14 migraine attacks per month and
- already tried at least 3 preventive medicines that have not worked, or are not tolerated or are unsuitable because of safety concerns.

You will need to stop taking rimegepant after 12 weeks of treatment if the frequency of your attacks has not reduced by at least 50% (such as from 10 attacks to 5 attacks per month).

If you are not eligible for rimegepant but are already having it, you should be able to continue until you and your doctor decide when best to stop.

Is this treatment right for me?

Your healthcare professionals should give you clear information, talk with you about your options and listen carefully to your views and concerns. Your family can be involved too, if you wish. See [our webpage on making decisions about your care](#).

Questions to think about

- How well does it work compared with other treatments?
- What are the risks or side effects? How likely are they?
- How will the treatment affect my day-to-day life?
- What happens if the treatment does not work?
- What happens if I do not want to have treatment? Are there other treatments available?

Information and support

The [NHS webpage on migraine](#) may be a good place to find out more.

[Migraine Trust](#), 0808 802 0066 can give you advice and support.

You can also get support from your local [Healthwatch](#).

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