

Diabetes: structured education within 12 months of diagnosis

NICE indicator

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Indicator

The proportion of adults with diabetes referred to a structured education programme within 12 months of diagnosis.

Indicator type

Network / system level indicator.

The indicator would be appropriate to understand and report on the performance of networks or systems of providers.

This document does not represent formal NICE guidance. For a full list of NICE indicators, see our [menu of indicators](#).

To find out how to use indicators and how we develop them, see our [NICE indicator process guide](#).

Rationale

Multiple vascular risk factors and wide-ranging complications make diabetes care complex and time consuming, and many areas of healthcare services must be involved for optimal management. Necessary lifestyle changes, the complexities and possible side effects of therapy make patient education and self-management important aspects of diabetes care.

Source guidance

[Type 1 diabetes in adults: diagnosis and management. NICE guideline NG17](#) (2015, updated 2022), recommendations 1.3.1, 1.3.2 and 1.3.4

[Type 2 diabetes in adults: management. NICE guideline NG28](#) (2015, updated 2022), recommendations 1.2.1 and 1.2.2

Specification

Numerator: The number of people in the denominator referred to structured education in the 12 months following diagnosis.

Denominator: The number of new diagnoses of diabetes.

Calculation: Numerator divided by the denominator, multiplied by 100.

Exclusions: People aged under 18 years.

Data source: [National Diabetes Audit \(NDA\)](#).

Minimum population: The indicator would be appropriate to understand and report on the

performance of networks or systems of providers.

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