



# Contraception: LARC for people on oral or patch contraceptives

NICE indicator

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[www.nice.org.uk/indicators/ind148](https://www.nice.org.uk/indicators/ind148)

## Indicator

The percentage of women, on the register, prescribed an oral or patch contraceptive method in the preceding 12 months who have also received information from the contractor about long acting reversible methods of contraception in the preceding 12 months.

## Indicator type

General practice indicator suitable for use in the Quality and Outcomes Framework.

This document does not represent formal NICE guidance. For a full list of NICE indicators, see our [menu of indicators](#).

To find out how to use indicators and how we develop them, see our [NICE indicator process guide](#).

## Rationale

The effectiveness of the barrier method and oral contraceptive pills depends on their correct and consistent use. By contrast, the effectiveness of long-acting reversible contraceptive (LARC) methods does not depend on daily concordance. Enabling women to make an informed choice about LARC and addressing women's preferences is important. This indicator aims to increase the use of long-action reversible contraception by improving the information given to women about their contraceptive choices.

## Source guidance

[Long-acting reversible contraception. NICE guideline CG30 \(2005\), recommendation 1.1.1.1](#)

## Specification

**Numerator:** The number of women in the denominator who have also received information from the contractor about long acting reversible methods of contraception in the preceding 12 months.

**Denominator:** The number of women aged 54 or under who have been prescribed an oral or patch contraception method at least once in the last 12 months.

**Calculation:** Numerator divided by the denominator, multiplied by 100.

**Exclusions:**

- patients who had a long-acting reversible method of contraception advice exception in the 12 months leading up to and including the payment period end date
- patients who had a sexual health exception in the 12 months leading up to and

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Minimum population: The indicator would be appropriate to assess performance at individual general practice level.

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