



Diabetes: admission rates (ketoacidosis)

NICE indicator

Published: 1 August 2016

Last updated: 31 March 2022

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Indicator

Admission rates due to diabetic ketoacidosis in people with diabetes.

Indicator type

Network / system level indicator.

The indicator would be appropriate to understand and report on the performance of networks or systems of providers.

This document does not represent formal NICE guidance. For a full list of NICE indicators, see our [menu of indicators](#).

To find out how to use indicators and how we develop them, see our [NICE indicator process guide](#).

Rationale

Uncontrolled diabetes can lead to a number of short and long-term health complications, including diabetic ketoacidosis. Admission rates due to diabetic ketoacidosis in people with diabetes are therefore used as a proxy for outcomes of care.

Source guidance

[Type 1 diabetes in adults: diagnosis and management. NICE guideline NG17 \(2015, updated 2022\)](#)

[Type 2 diabetes in adults: management. NICE guideline NG28 \(2015, updated 2022\)](#)

Specification

Numerator: The number of people in the denominator that have been admitted to hospital with diabetic ketoacidosis.

Denominator: The number of people with diabetes.

Calculation: Indirectly age and sex standardised ratio.

Exclusions: None.

Data source: [National Diabetes Audit](#) and [hospital episodes statistics](#): admitted patient care.

Minimum population: The indicator would be appropriate to assess performance of networks or systems of providers.

ISBN: 978-1-4731-5598-5