

Supporting Material

U.K. Inquiry into Mental Health and Well-being in Later Life.

Outdoor Recreation as an Occupation to Improve Quality of Life for People with Enduring Mental Health Problems; British Journal of Occupational Therapy, April 2006

Without Leisure... 'It wouldn't much of a life': the Meaning of Leisure for People with Mental Health Problems; British Journal of Occupational Therapy, May 2006
An Investigation into the Leisure Occupations of Older Adults; British Journal of Occupational Therapy, September 2007

Occupational Therapy Led Health Promotion for Older People: Feasibility of the Lifestyle Matters Programme; British Journal of Occupational Therapy, October 2008
Healthy Ageing Cafes: Using Communal Lounges in Sheltered Housing Complexes; Journal of Care Services Management Vol. 3 No. 3 April-June 2009