

1. QUESTIONS FOR THE PARENTERS

Parenters Name(s): _____

Date of interview: _____

Form completed by: _____

LOGGING-ON:

Before embarking on the questions below you will of course have completed the professional courtesies of introducing yourself etc. You may also want to ask 'general' questions (which often yield important information) such as:

1. How can I help?
2. What's gone wrong?
3. How are things at the moment generally?
4. What's the most helpful thing I could do for you at the moment?

QUESTIONS ABOUT RISK, TO ASK PARENTERS ABOUT THE CHILD(REN).

Instructions: Simply respond to the following questions by writing; **N** (no), **DK** (don't know) and **Y** (yes) in the boxes. Gain the information for your answers (a) from already existing notes and (b) from gently asking the questions on this list if you feel you have the skill to do so, and the parenters are receptive. As far as constraints allow, you can take your time in asking the questions, listening properly for the answers. Write down their responses in brief. Introduce these questions by saying the following:

"Some of these questions might seem a bit strange but they are standard questions I have to ask. If you are alright with that, I need to go through them. Is that alright? This first section is questions about (child's name)."

- ☐ Are you worried about his/her behaviour in any way at the moment? If so, what?
- ☐ Are you worried about his/her sleeping?
- ☐ Are you worried about his/her eating at all?
- ☐ Are you worried about his/her physical condition in any way?
- ☐ Are you worried about his/her emotional state at the moment?
- ☐ Are you worried about his/her friends?

- ☐ Are you worried about the way s/he is thinking at the moment?
- ☐ Are you worried that s/he may harm him/herself or take his/her life?
- ☐ Are you worried that s/he may harm somebody else in any way at all?

QUESTIONS ABOUT RISK, TO ASK PARENTERS ABOUT THEMSELVES.

Now say: ***“Ok, that’s the end of that section, thank you. The next section is questions about yourself. Again, some questions might seem quite strange, but I hope you don’t mind?”***

- ☐ Are you worried about your own behaviour at all at the moment?
- ☐ Are you worried about your sleeping?
- ☐ Are you worried about your eating?
- ☐ Are you worried about your physical condition in any way?
- ☐ Are you worried about your emotional state?
- ☐ Are you worried about your surroundings at all?
- ☐ Are you worried about any of the people around you at the moment? This can include your family and friends.
- ☐ Are you worried about the way you’re thinking at all at the moment?
- ☐ Are you thinking of harming yourself at all?
- ☐ Are you thinking of taking your own life?
- ☐ Do you feel at risk at all, in any way, at the moment?
- ☐ Do you feel like harming anybody else at all at the moment, whether your children or anybody?
- ☐ Do you drink alcohol? If so, how much?
- ☐ Are you using any recreational drugs at the moment – if so what?
- ☐ What is the most helpful thing I could do for you at the moment?

Finish by saying: ***“Ok, that’s the end of the whole thing, thank you, but I wonder if there is anything else you want to tell me or that you think I should know at all?”***

Notes for the professional:

1. The answers to all of the above questions will have given you an excellent overview of the situation. You can now return to any of the areas and ask for expansion if you believe that would be helpful.
2. You should now administer 2. Questions for the young person.