Overview
The incidence of multiple pregnancy is rising, secondary to the use of assisted reproductive techniques. Multiple pregnancy is associated with increased maternal and perinatal mortality and morbidity.

The maternal mortality is 2.5 times higher in twin, compared to singleton, pregnancies. Almost 50% of twin pregnancies deliver before 37 weeks’ gestation. Many clinicians who are confident when managing complicated singleton pregnancies feel uneasy caring for women with multiple pregnancy.

A recent survey has shown that the level of familiarity with the NICE guideline on “Antenatal Management of Multiple Pregnancy” is poor, and implementation suboptimal. It will provide a comprehensive update on the management of multiple pregnancy and all sessions will have dedicated time for audience interaction.

Why attend?
- To increase the level of knowledge of healthcare professionals involved in the care of these women
- To update their knowledge in line with the recommendations of the published NICE guideline
- To promote a multidisciplinary approach to the management of women with multiple pregnancy
- To gain expertise and confidence in managing multiple pregnancy
- To appreciate the roles and interaction of the multidisciplinary team members
- Claim up to 5 CPD credits for full attendance at this meeting

Who should attend?
- Trainees and Consultants in obstetrics and gynaecology
- GP’s
- Midwives
- Sonographers
- SAS Drs

Course organisers:
Professor Basky Thilaganathan FRCOG, London
Ms Asma Khalil MRCOG, London

Honorary Director of Conferences:
Ms Ranee Thakar MD MRCOG, London

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Monday 25 November

8.30am  REGISTRATION AND REFRESHMENTS

9.00am  Welcome and introduction
Ms Asma Khalil, Consultant in Fetal Medicine, St George’s Hospital, London

Session I
Chair: Mr Keith Reed, Chief Executive, Twins and Multiple Births Association (TAMBA)

9.20am  Multiple pregnancy – early assessment
Professor Basky Thilaganathan, Professor of Fetal Medicine, St George’s Hospital, London

9.50am  Twin to twin transfusion syndrome – prediction and management
Professor Dick Oepkes, Professor of Obstetrics and Fetal Therapy, Leiden University Medical Centre, The Netherlands

10.20am  Antenatal management of multiple pregnancy: NICE Guideline
Professor Mark Kilby, Professor in Maternal and Fetal Medicine, Birmingham Women’s Hospital

10.50am  Discussion

11.10am  REFRESHMENTS

Session II
Chair: Ms Jane Denton, Director, The Multiple Births Foundation (MBF), Imperial College Health Care NHS Trust, London

11.50am  Discordant abnormality and selective reduction
Professor Liesbeth Lewi, Consultant in Feto-Maternal Medicine, University Hospitals Leuven, Belgium

12.20pm  Preterm birth in multiple pregnancy – prediction and prevention
Professor Jane Norman, Professor of Maternal and Fetal Health, University of Edinburgh

12.50pm  Discussion

1.00pm  LUNCH (2 course standing fork lunch)
Session III
Chair: Ms Asma Khalil

2.00pm  Multiple pregnancy – late assessment (growth discordance)
        Ms Asma Khalil

2.30pm  The role of the midwife in multiple pregnancy
        Ms Joanna Fitzsimons, Midwife, Brighton and Sussex University Hospitals (BSUH) Trust

3.00pm  Timing and mode of delivery in multiple pregnancy
        Dr Leanne Bricker, Consultant in Fetal and Maternal Medicine Co-Director of the Fetal Medicine Unit, Liverpool Women’s NHS Foundation Trust

3.30pm  Discussion

4.00pm  CLOSE

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Underground: Baker Street - 10 minute walk
Parking: Regent’s Park Outer Circle (pay and display), NCP on corner of Park Road and Rossmore Road,
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