



Royal College of
Obstetricians
and Gynaecologists

Management of Multiple Pregnancy

25 November 2013



Management of Multiple Pregnancy 25 November

Overview

The incidence of multiple pregnancy is rising, secondary to the use of assisted reproductive techniques. Multiple pregnancy is associated with increased maternal and perinatal mortality and morbidity.

The maternal mortality is 2.5 times higher in twin, compared to singleton, pregnancies. Almost 50% of twin pregnancies deliver before 37 weeks' gestation. Many clinicians who are confident when managing complicated singleton pregnancies feel uneasy caring for women with multiple pregnancy.

A recent survey has shown that the level of familiarity with the NICE guideline on "Antenatal Management of Multiple Pregnancy" is poor, and implementation suboptimal. It will provide a comprehensive update on the management of multiple pregnancy and all sessions will have dedicated time for audience interaction.

Why attend?

- To increase the level of knowledge of healthcare professionals involved in the care of these women
- To update their knowledge in line with the recommendations of the published NICE guideline
- To promote a multidisciplinary approach to the management of women with multiple pregnancy
- To gain expertise and confidence in managing multiple pregnancy
- To appreciate the roles and interaction of the multidisciplinary team members
- Claim up to 5 CPD credits for full attendance at this meeting

Who should attend?

- Trainees and Consultants in obstetrics and gynaecology
- GP's
- Midwives
- Sonographers
- SAS Drs

Course organisers:

Professor Basky Thilaganathan FRCOG, London
Ms Asma Khalil MRCOG, London

Honorary Director of Conferences:

Ms Raneer Thakar MD MRCOG, London

**5
CPD**

**DURATION
1 DAY**

**LOCATION
RCOG**

COST

£327

£276.60

£226.20

£132.00



PROGRAMME

Monday 25 November

8.30am *REGISTRATION AND REFRESHMENTS*

9.00am **Welcome and introduction**

Ms Asma Khalil, Consultant in Fetal Medicine, St George's Hospital, London

Session I

Chair: Mr Keith Reed, Chief Executive, Twins and Multiple Births Association (TAMBA)

9.20am **Multiple pregnancy – early assessment**

Professor Basky Thilaganathan, Professor of Fetal Medicine, St George's Hospital, London

9.50am **Twin to twin transfusion syndrome – prediction and management**

Professor Dick Oepkes, Professor of Obstetrics and Fetal Therapy, Leiden University Medical Centre, The Netherlands

10.20am **Antenatal management of multiple pregnancy: NICE Guideline**

Professor Mark Kilby, Professor in Maternal and Fetal Medicine, Birmingham Women's Hospital

10.50am **Discussion**

11.10am *REFRESHMENTS*

Session II

Chair: Ms Jane Denton, Director, The Multiple Births Foundation (MBF), Imperial College Health Care NHS Trust, London

11.50am **Discordant abnormality and selective reduction**

Professor Liesbeth Lewi, Consultant in Feto-Maternal Medicine, University Hospitals Leuven, Belgium

12.20pm **Preterm birth in multiple pregnancy – prediction and prevention**

Professor Jane Norman, Professor of Maternal and Fetal Health, University of Edinburgh

12.50pm **Discussion**

1.00pm *LUNCH (2 course standing fork lunch)*

Session III

Chair: Ms Asma Khalil

- 2.00pm **Multiple pregnancy – late assessment (growth discordance)**
Ms Asma Khalil
- 2.30pm **The role of the midwife in multiple pregnancy**
Ms Joanna Fitzsimons, Midwife, Brighton and Sussex University Hospitals (BSUH) Trust
- 3.00pm **Timing and mode of delivery in multiple pregnancy**
Dr Leanne Bricker, Consultant in Fetal and Maternal Medicine Co-Director of the Fetal Medicine Unit, Liverpool Women's NHS Foundation Trust
- 3.30pm Discussion
- 4.00pm *CLOSE*

Sponsorship and Exhibition:

From sponsorship of the meeting, to exhibition stands and delegate pack inserts, there are plenty of ways to promote your product or service at this event.

For more information and to discuss the packages available please contact Andreia Gomes Tel: +44 (0)20 7772 6281 Email: agomes@rcog.org.uk

Save the Date

RCOG Annual Professional Development Conference

19 – 21 November 2013



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Obstetricians
and Gynaecologists

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relevant to the profession*

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*This event sold out last year so be sure to
book your place early!*



Royal College of Obstetricians and Gynaecologists
27 Sussex Place, Regent's Park, London NW1 4RG

tel +44 20 7772 6245 email events@rcog.org.uk visit www.rcog.org.uk/events

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Venue

Venue: RCOG, 27 Sussex Place, Regent's Park, London NW1 4RG.

Tel: 020 7772 6200 **Fax:** 020 7772 6388 Registered Charity No. 213280

Train: Marylebone Station - 10 minute walk

Underground: Baker Street - 10 minute walk

Parking: Regent's Park Outer Circle (pay and display), NCP on corner of Park Road and Rossmore Road,

Tel: 0870 242 7144 for further information

Fee and payment

Fees must be paid in full before or on the morning of the first day of the meeting. The RCOG reserves the right to refuse admission in the event of non-payment. The fee includes refreshments, lunch, admission to the lectures and any technical exhibitions. You are not guaranteed a place until you receive confirmation. If you have not received confirmation of your place before the start of the event, please telephone the Conference Office on +44 20 7772 6245.

Cancellations

Cancellations must be received in writing by **Monday 11 November 2013** and be accompanied by a copy of your confirmation letter and receipt. An administrative charge of £25 will be made on all cancellations received before or on the above date. We regret the College cannot refund fees after this date. Substitutions are welcome at any time. In the unlikely event the course is cancelled by the RCOG, we regret we are unable to refund any travel and/or accommodation costs that have already been incurred by the delegate, or any administration charges relating to cancellation or travel tickets or accommodation.

Visa Information

If you are from a country outside the European Union, you may be required to have a valid visa to enter Britain. Please check your visa requirements before you book a place on any of our events and before you travel. We are unable to refund course fees outside of our cancellation deadline in the event that your visa is denied or not received in time for you to travel. More information on visa requirements is available from the UK Border Agency.

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RCOG Conference Office

Our team are here to help and advise you in your choice of courses. If you have any further questions, you can contact the RCOG Conference Office on events@rcog.org.uk or by calling +44 20 7772 6245