

## ECONOMIC EVIDENCE PROFILES – high intensity psychological interventions

Clinical / economic question: Should CBT versus comparator be used for GAD?

Individual CBT versus waiting list							
Study & country	Limitations	Applicability	Other comments	Incremental cost (£) <sup>1</sup>	Incremental effect	ICER (£/effect)	Uncertainty
Guideline analysis UK	Potentially serious limitations <sup>2</sup>	Directly applicable <sup>3</sup>		£1,125	n/a	n/a	Not estimated

  

Group CBT versus waiting list							
Study & country	Limitations	Applicability	Other comments	Incremental cost (£) <sup>1</sup>	Incremental effect	ICER (£/effect)	Uncertainty <sup>1</sup>
Guideline analysis UK	Potentially serious limitations <sup>2</sup>	Directly applicable <sup>3</sup>		£300-350	n/a	n/a	£300-350

1. Costs expressed in 2009 UK pounds
2. Simple cost analysis; only intervention costs considered; resource use estimated based on data reported in RCTs included in the guideline systematic review supported by the GDG expert opinion
3. Cost analysis conducted to assist guideline development; NHS perspective

Clinical / economic question: Should AR versus comparator be used for GAD?

AR versus waiting list							
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