Common Mental Health Disorders: identification and pathways to care

Development Group Meeting

Date and Time: Tuesday 8th December, 2009 10.30am – 5pm

Minutes: Confirmed

Place: The Royal College of Psychiatrists' Research and Training Unit
6th Floor Standon House
21 Mansell Street
London
E1 8AA

Present: **GDG members**

Tony Kendrick (Chair) (TK)
Mike Bessant (MB)
Mary Burd (MBu)
Alan Cohen (AC)
Barbara Compitus (BC)
Lillian Dimas (LD)
David Ekers (DE)
Linda Gask (LG)
Simon Gilbody (SG)
Terence Lewis (TL)
Francesco Palma (FP)
Matthew Ridd (MR)
Roz Shafran (RS)
Rupert Suckling (RSu)

Experts
None

NCCMH Staff: Stephen Pilling (SP)
Beth Dumonteil (BD)
Suffiya Omarjee (SO)
Ifigeneia Mavranezouli (IM) – present for notes 11 & 12
Caroline Salter (CS)
Sarah Stockton (SS)
Craig Whittington (CW)

In attendance:
NICE staff   Amanda Killoran (AK)
Victoria Thomas (VT)

Observers: None

Notes

1. TK welcomed the group to the first meeting of the GDG. Apologies were received from Simon Gilbody and Linda Gask. The Chair asked all GDG members to declare any relevant conflicts of interest. Completed declaration forms were collected.

2. There was some clarification of the scope for the guideline.

3. Steve Pilling gave a presentation on the development of NICE guidelines, the scoping process, the process from clinical question to forming recommendations and the various products produced.
    The GDG discussed confidentiality surrounding guideline development and obtaining and using unpublished evidence.

4. Amanda Killoran presented on the role of NICE, the Clinical Guideline Programme and the guideline development process (key phases and products). She also briefly outlined the role of service users and carers in forming the recommendations within the guidelines and how these might then affect practice.

5. Victoria Thomas presented an overview of the role of the Patient and Public Involvement Programme at NICE.

6. Craig Whittington gave a presentation on meta-analysis and GRADE (a system for grading evidence).

7. Craig Whittington presented the clinical questions to the group, based on what was included in the scope. The discussions included:
    - Reasons for not including phobias or under-18's within the guideline.
    - Identification and assessment of anxiety versus depression
    - Provision of self-referral and internet tools
    - Differentiation within the population by ethnicity
    - Consultation times within primary care
    - Mental health training needs of primary health care team

8. Stephen Pilling suggested Caroline Salter go through guidelines and pull out all case identification and assessment parts to build up library of existing triage and assessment systems to see what's currently available.

9. Alternative guideline title of: "Identification and provision of care for common mental health disorders" proposed by Stephen Pilling.

10. Sarah Stockton introduced the role of the information scientist and outlined the search terms.
    - Send Beth Dumonteil any marker papers or obscure journals that might be relevant.

11. Ifigeneia Mavranezouli gave a presentation on health economics.

12. Date, time and venue of the next meeting:

    Tuesday 2nd February, 2010, 10.00am – 3.30pm
    Room 544,
    Research Dept in Clinical, Educational and Health Psychology,
    University College London,
    1-19 Torrington Place,
    London WC1E 7HB