

Weight management guideline committee 2 meeting minutes

Weight Management Guideline Update – Committee Meeting 2

Date: 05/08/2021

Location: Virtual

Minutes: Final

Committee members present:	
Marie Burnham (Chair) (MB)	Present for notes 1 – 7
Kate Anderson	Present for notes 1 – 7
Mfon Archibong	Present for notes 1 – 7
Margaret Ashwell	Present for notes 1 – 7
Nivedita Aswani	Present for notes 1 – 7
Jamie Blackshaw	Present for notes 1 – 7
Sarah Britton	Present for notes 1 – 7
Twané Celliers	Present for notes 1 – 7
Preetpal Doklu	Present for notes 1 – 7
Julian Hamilton-Shield	Present for notes 1 – 7
Lisa Hodgson	Present for notes 1 – 7
Phoebe Kalungi	Present for notes 3 – 7
Omar Khan	Present for notes 1 – 7
Sarah le Brocq	Present for notes 2 – 7
Kathryn Melia	Present for notes 1 – 6
Grace O’Malley	Present for notes 1 – 7
Helen Parretti	Present for notes 1 – 7
Samantha Scholtz	Present for notes 1 – 2, 4 - 7
Laurence Taggart	Present for notes 1 – 7
Suzy Taylor	Present for notes 1 – 7
Billy White	Present for notes 1 – 7

In attendance:		
Alex Allen (AA)	Technical Analyst	Present for notes 1 – 7
Victoria Axe (VA)	Guideline Commissioning Manager	Present for notes 1 – 7
Linsay Claxton (LC)	Technical Adviser – Health Economics	Present for notes 1 – 7
Amy Finnegan (AF)	Information Services	Present for notes 1 – 7
Kusal Lokuge (KL)	Technical Analyst – Health Economics	Present for notes 1 – 7

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Jon Littler (JL)	Project Manager	Present for notes 1 – 7
Shreya Shukla (SSh)	Technical Adviser	Present for notes 1 – 7
Susan Spiers (SSp)	Associate Director	Present for notes 1 – 7
Miaoqing Yang (MY)	Technical Analyst – Health Economics	Present for notes 1 – 7

Apologies:

Rachel Batterham	Committee member
Jackie Durkin	NICE Administrator
Omar Khan	Committee member

1. Welcome and objectives for the meeting

The Chair welcomed the committee members and NICE attendees to the second weight management guideline committee and introduced the new members who were recruited in the weeks between.

The Chair then informed the committee that apologies had been received which are noted above.

The Chair then outlined the objectives of the meeting before asking all committee members to verbally declare any interests that have arisen since the last meeting.

The Chair and senior members of the Developer team noted that the declared interests prior to the meeting, and circulated to attendees, did not prevent the attendees from fully participating in the meeting. The Chair asked if any attendees had any further interests to declare that had not previously been mentioned.

There were no further interests to declare.

2. Guideline amalgamation

The Chair introduced SSh who presented to the committee the details of how the weight management guidelines would be developed from protocols to evidence reviews, and ultimately into amalgamated recommendations and publication of the guideline.

The committee discussed, asked questions and gave feedback on the presented information and the Chair thanked SSh for her presentation.

3. Health economics – costs and quality of life analysis

The Chair introduced KL who gave a detailed presentation to the committee on how costs would be modelled for the Weight management guideline.

The Chair then introduced MY who gave a presentation on the quality of life inputs that would be used for this guideline and how quality adjusted life years (QALYs) would be modelled.

The committee discussed, asked questions and gave feedback on both presentations and

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<p>the Chair thanked MY and KL for their presentations.</p>
<p>4. Review questions 1.1 and 1.2 – Overview of evidence and protocol</p>
<p>The Chair introduced AA who gave a presentation on the accuracy of simple measures of overweight and obesity to predict health outcomes. The committee were also given the refined versions of protocols 1.1 and 1.2 to review. The presentation was given with a view to agree on a study design for these questions and prepare the protocols for final sign-off.</p> <p>The committee discussed, asked questions and gave feedback on the presented information and the Chair thanked AA for his presentation.</p>
<p>5. Review protocol 2.4 – Healthy living programmes</p>
<p>The Chair introduced SSh who presented protocol 2.4 to the committee, which is looking at the effectiveness and cost effectiveness of healthy living programmes for preventing overweight or obesity in children and young people.</p> <p>The committee discussed, asked questions and gave feedback on the presented protocol and the Chair thanked SSh for her presentation.</p>
<p>6. Review protocol 2.1 – Diet</p>
<p>The Chair again introduced SS who presented protocol 2.1 to the committee, which is looking at the effectiveness and cost effectiveness of total or partial diet replacements, intermittent fasting, plant-based and low carbohydrate diets in achieving and maintaining weight loss in adults living with overweight or obesity.</p> <p>The committee discussed, asked questions and gave feedback on the presented protocol and the Chair thanked SSh for her presentation.</p>
<p>7. AOB, Summary and next steps</p>
<p>JL reminded the committee of when they would receive protocols 2.1 and 2.4 for further comment and when their deadline for comments was.</p> <p>The Chair thanked the committee for their time and contribution to the meeting and reminded the committee of the date of the next meeting.</p>

Date of next meeting: 23/09/2021

Location of next meeting: Virtual